



OMA School - CNAO 2017

Radiobiology of particle beams

- Basics & Hot Topics -

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<u>TIFPA-INFN ,Trento (I)</u>





Overview

- Radiobiology: the basics
- Particle beam radiobiology (PR)
- RBE
- OER
- Radiosensitizers
- Biophysical Models
- Radiobiology based treatment planning
- Selected Hot Topics in PR





Basics



Why is Radiobiology important?

SIMPSONS GUIDE TO RADIATION



Bequerel [Bq] How brightly your Cesium glows

ACTIVITY





Why is Radiobiology important?

SIMPSONS GUIDE TO RADIATION



Bequerel [Bq] How brightly your Cesium glows

ACTIVITY



Gray [Gy]
How brightly
Cesium will make
you glow

ABSORBED DOSE



Fundamental Physics

Why is Radiobiology important?

SIMPSONS GUIDE TO RADIATION



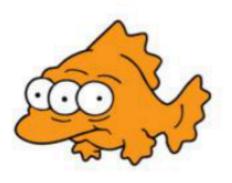
Bequerel [Bq] How brightly your Cesium glows

ACTIVITY



Gray [Gy]
How brightly
Cesium will make
you glow

ABSORBED DOSE



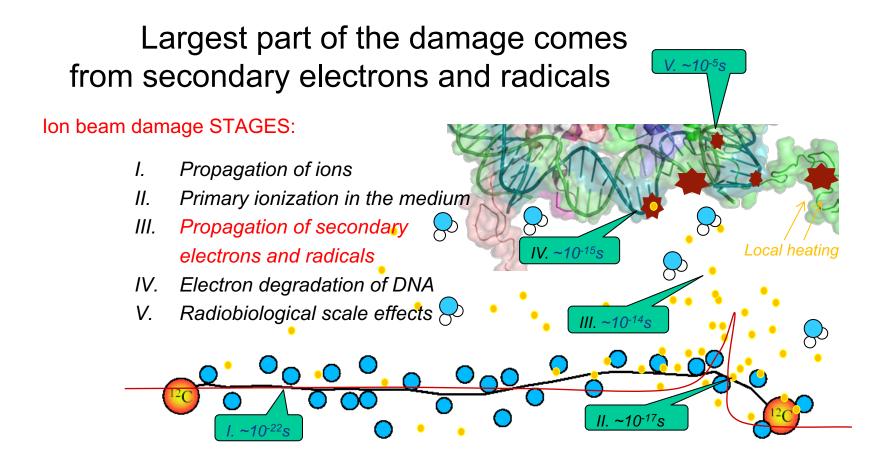
Sieverts [Sv]
How many extra
eyes will you have
after glowing?

(BIOLOGICAL) EFFECTIVE DOSE

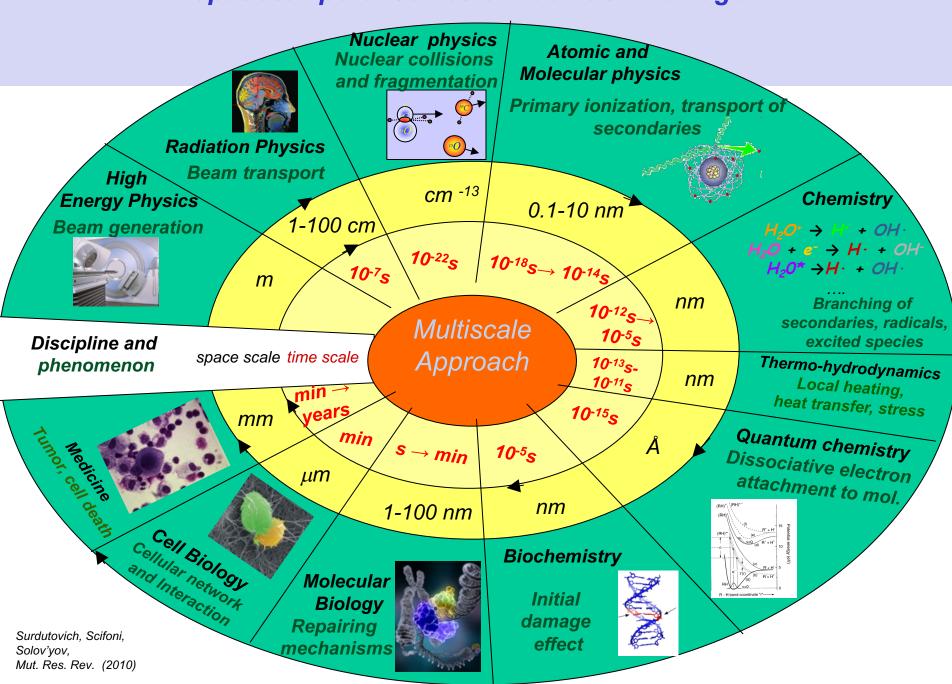




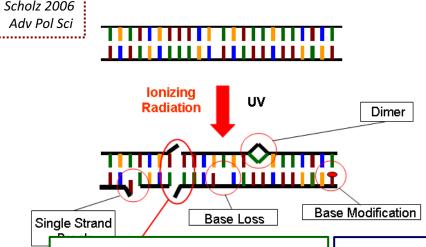
The mechanism of biological damage with ions



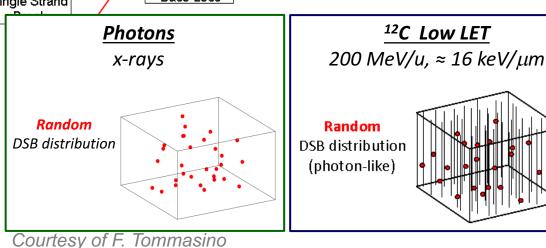
Spatiotemporal scales of Radiation Damage

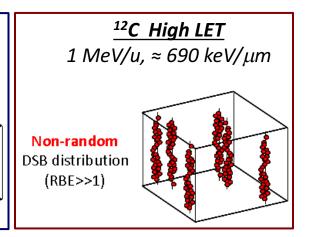


DNA Damage



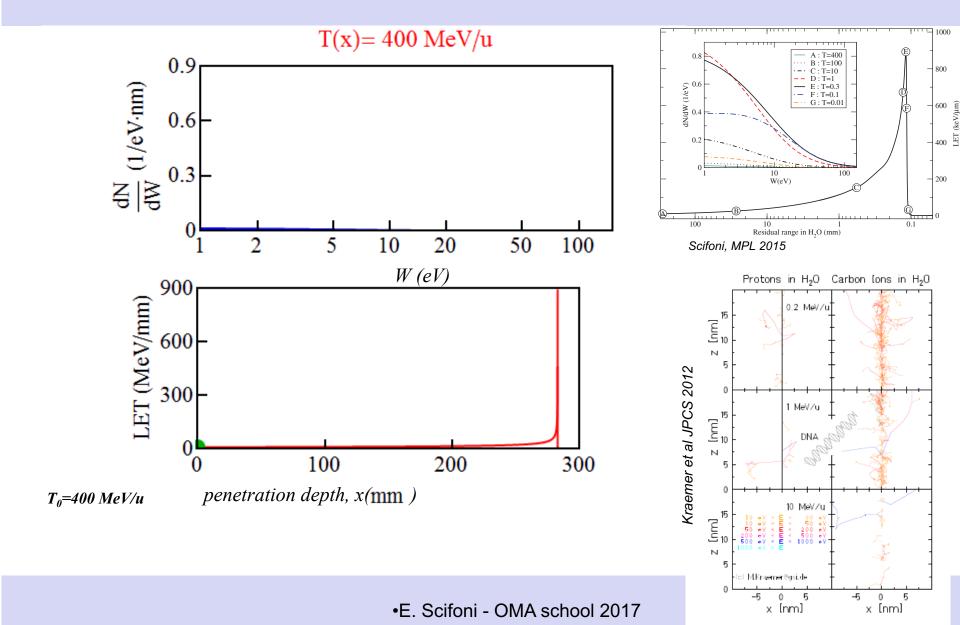
- The DNA **Double Strand Break (DSB)** is considered the type of lesion most directly related to cell killing
- Different radiation qualities produce the same spectrum of DNA lesions
- **BUT** the distribution of lesions inside the target can be very different



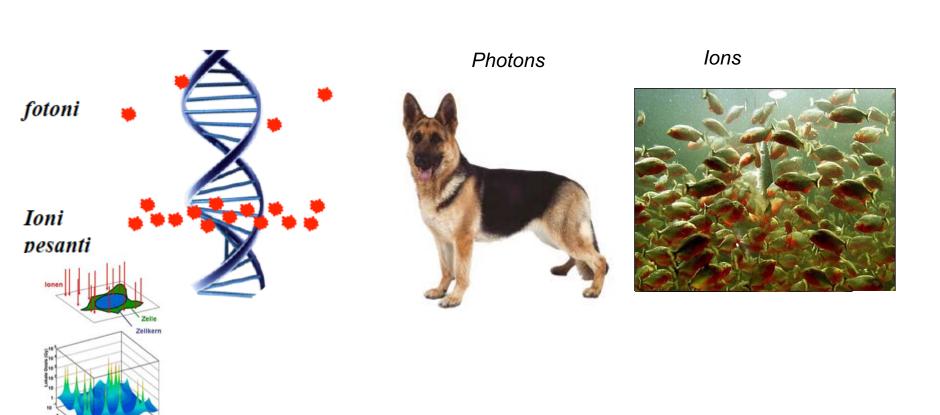




Secondary Electrons produced by an ion along a Bragg Peak



RBE: Relative Biological Effectiveness



RBE: Relative Biological Effectiveness

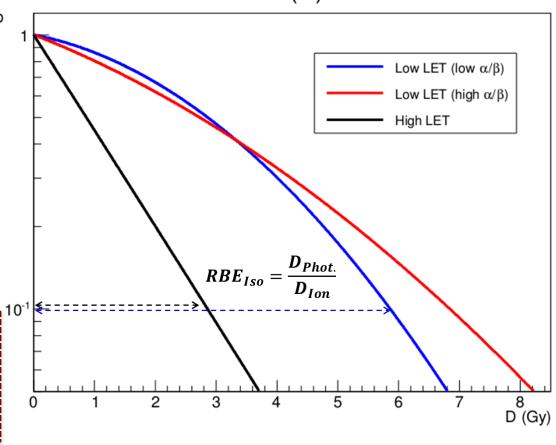
$$RBE = \frac{D_{\gamma}}{D_{Ion}} \Big|_{Isoeffect}$$

RBE depends on:

- Physical parameters (dose, LET, fractionation).
- Biological parameters (cell cycle, oxygenation, end-point).

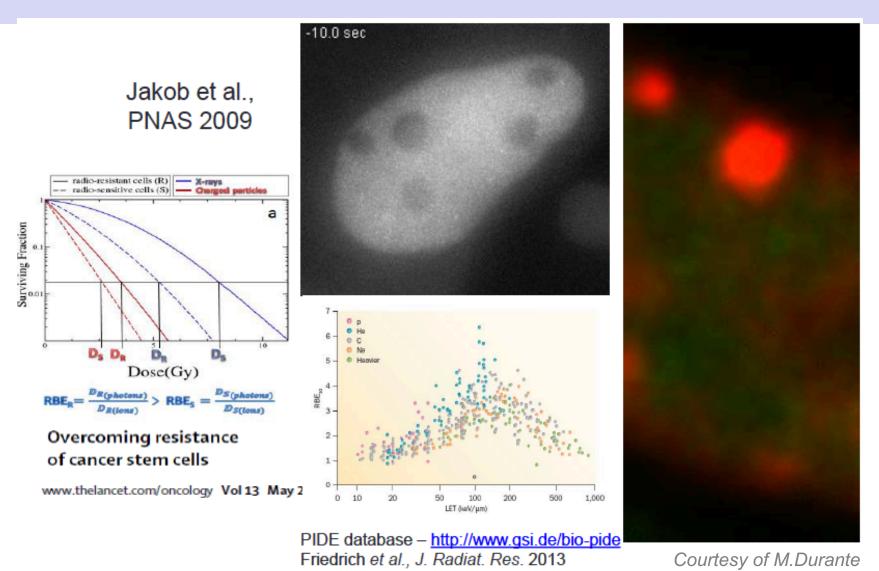
$$= \frac{RBE(\alpha_{\gamma}, \beta_{\gamma}, \alpha_{I}, \beta_{I}, S) =}{-(\alpha/\beta)_{\gamma} \pm \sqrt{(\alpha/\beta)_{\gamma}^{2} - 4(\ln S/\beta)_{\gamma}}}$$
$$= \frac{-(\alpha/\beta)_{I} \pm \sqrt{(\alpha/\beta)_{I}^{2} - 4(\ln S/\beta)_{I}}}{-(\alpha/\beta)_{I} \pm \sqrt{(\alpha/\beta)_{I}^{2} - 4(\ln S/\beta)_{I}}}$$

LQ model: $S(D) = e^{-\alpha D - \beta D^2}$

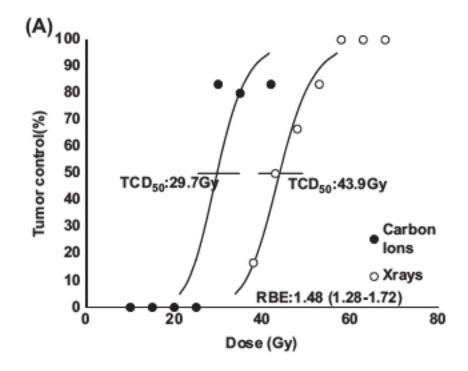




Particle beams advantage with resistant tissue



RBE in vivo



Sorensen Acta O 2016





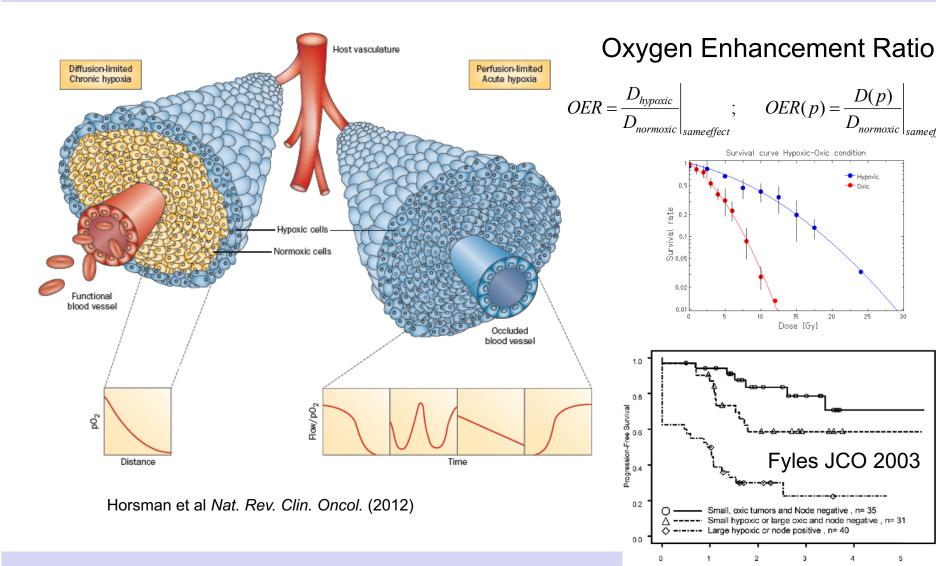
Modifiers of radiation response

- 1. Intrinsic (genetic) radiosensitivity
- 2. Fractionation/Dose rate
- 3. Cell-cycle
- 4. Oxygen/scavenger concentrations
- 5. Radioprotectors/radiosensitizers





Hypoxia and OER



Years to first failure

Fundamental Physics and Applications

Radiosensitizers

 in general a dose enhancement factor (DEF) is defined as a ratio of doses compared to normal conditions (n.c.)

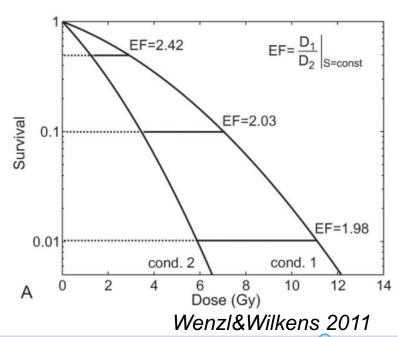
-also called Sensitizer enhancement Ratio (SER)-

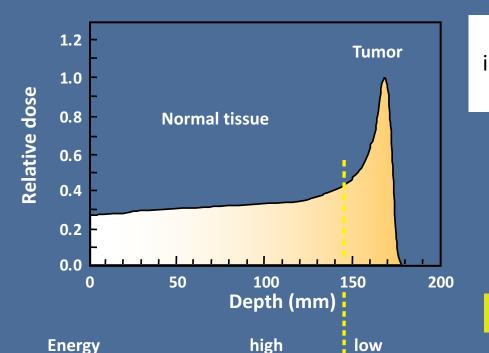
$$DEF = \frac{D_{special \, conditions}}{D_{n.c.}} \bigg|_{same \, effect(S)}; \qquad DEF([C]) = \frac{D([C])}{D_{n.c.}} \bigg|_{same \, effect(S)}$$

- instead of being a radiation quality related feature like RBE, it is more a target property (like e.g. OER)
- it is called a "dose modifying factor"
 if independent on S (or D)

Relevant effects in low-LET radiation: what about high LET?

$$DEF(LET, [C]) = \frac{D(LET, [C])}{D_{n.c.}} \bigg|_{same \, effect(S)}$$



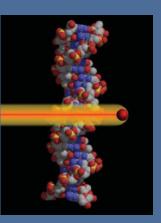


Charged particle therapy: improved physics and enhanced biological effectiveness

Durante & Loeffler,

Nature Rev Clin Oncol 2010

Potential advantages



LET	low	high
Dose	low	high
RBE	≈ 1	>1
OER	≈ 3	< 3
Cell-cycle dependence	high	low
Fractionation dependence	high	low
Angiogenesis	Increased	Decreased
Cell migration	Increased E. Scifoni -	Decreased OMA school 2017
Cell Illigiation	E. Scifoni -	OMA school 201

Effective for radioresistant tumors

High tumor dose, normal tissue sparing

Effective against hypoxic tumor cells

Increased lethality in the target because cells in radioresistant (S) phase are sensitized

Fractionation spares normal tissue more than tumor

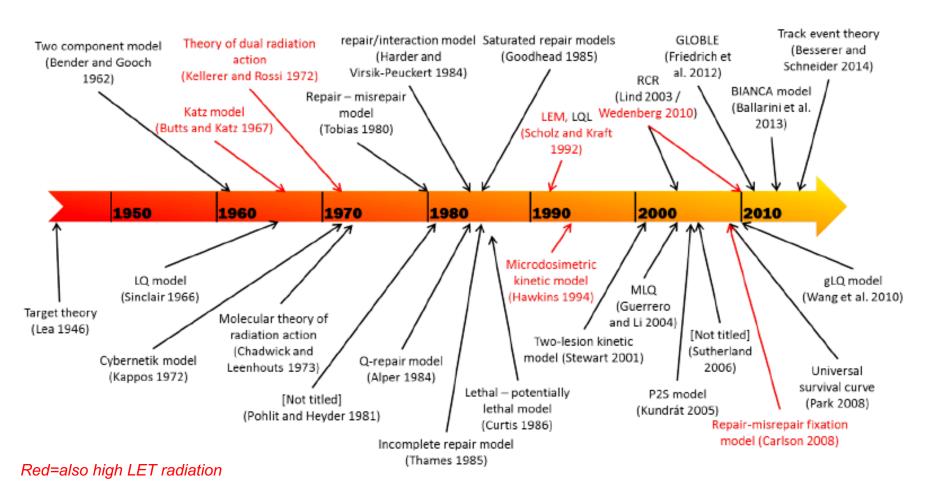
Reduced angiogenesis and metastatization

Biophysical Models





History of biophysical modeling



T. Friedrich (Habil Thesis) TUD 2016



Clinically applied models

- MKM Microdosimetric Kinetic Model (Japan)
- LEM— Local Effect Model (Europe)





Amorphous Track Structure Model Assumptions

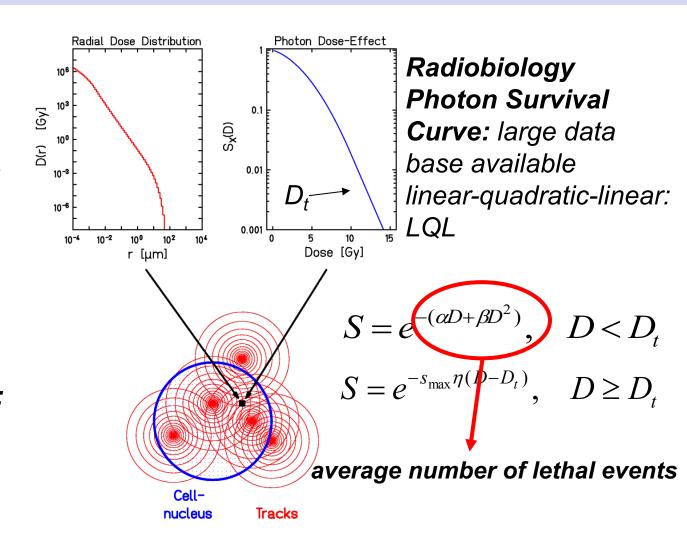
- 1. Simplification of Track Structure by neglecting the stochastic processes of secondary electron emission. The concept of an amorphous radial dose distribution is used.
- 2. No general difference between high- and low LET radiation, since all damage is generated by secondary electrons
- 3. Convolution of low-LET survival curve and radial dose distribution yields response to heavy ion irradiation.



LEM I: Three Ingredients

Physics
Radial Dose
Distribution:
Monte-Carlo (Krämer),
Experimental Data,
Semi-empirical

Geometry Target (cell nucleus):Experimental Data



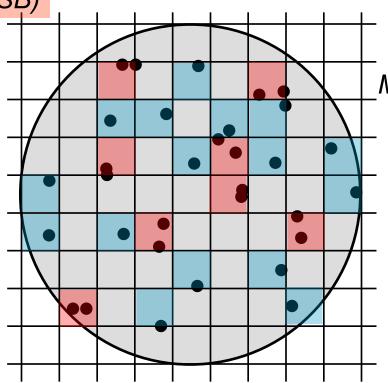
Fundamental Physics

LEM IV: Cluster Index

Distinguish between

- Isolated DSBs (iDSB)

- DSB clusters (cDSB)



Measure for complexity of lesions:

Cluster index

$$CI = \frac{\#(cDSB)}{\#(cDSB) + \#(iDSB)}$$

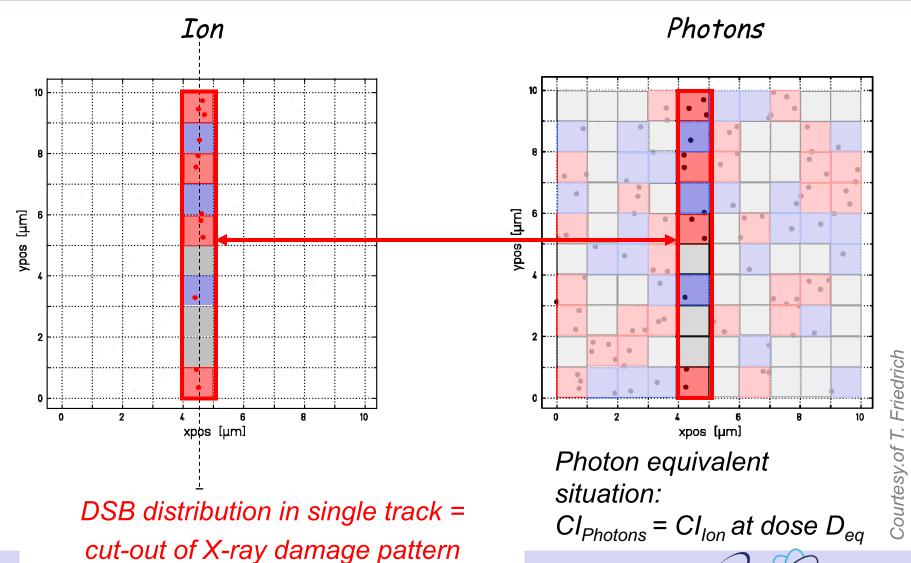
→ Derive statistics of lesions

Courtesy.of T. Friedrich

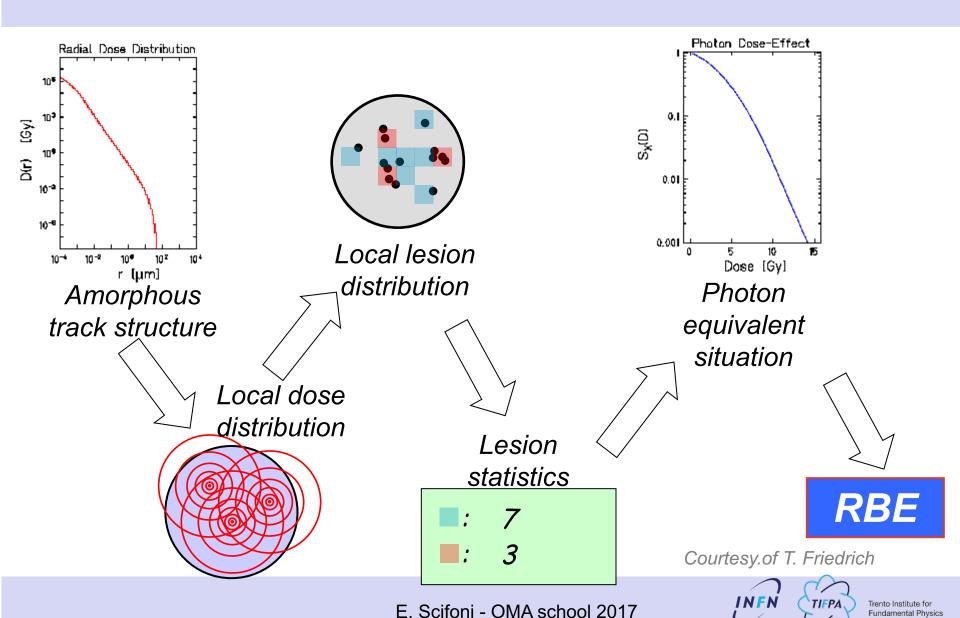




LEM IV: Ion-Photon Equivalence



LEM IV: Calculation Path



and Applications

Microdosimetric Kinetic Model

Extension of the Dual Radiation Action Model. Cell nucleus divided into a number q of microscopic sites called domains. Survival fraction s_d of a domain after a dose z is absorbed:

$$-\ln s_{\rm d} = Az + Bz^2$$

Independent of the radiation quality.

Number of hits to a domain: Poisson distribution.

Survival fraction of a cell: S.

A cell survives if all domain survive.





Biologically based Treatment planning





Advancing clinical prescription for Particle therapy

Absorbed Dose

optimized quantity:

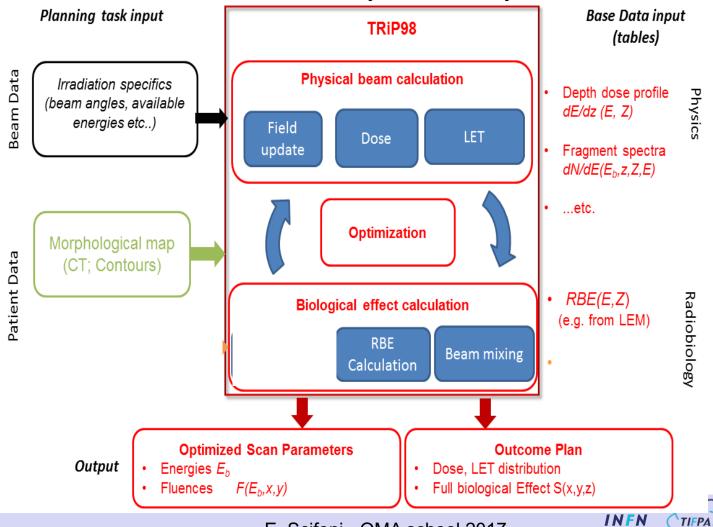


Biologically effective Dose (RBE weighted)



TRiP98 – Treatment planning for Particles

Clinical use in pilot project, Research use in GSI, HIT, Aarhus, Lyon etc. Reference for: Siemens SynGo/PT, RayStation Carbon



Trento Institute for

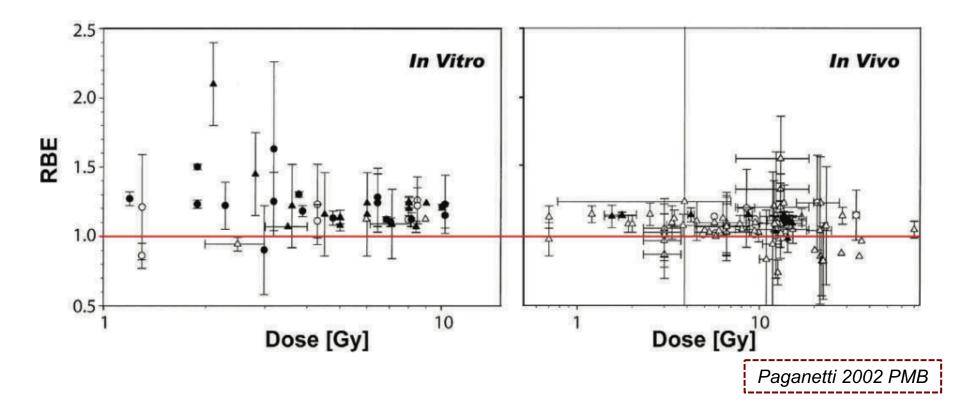
Fundamental Physics and Applications

Proton RBE

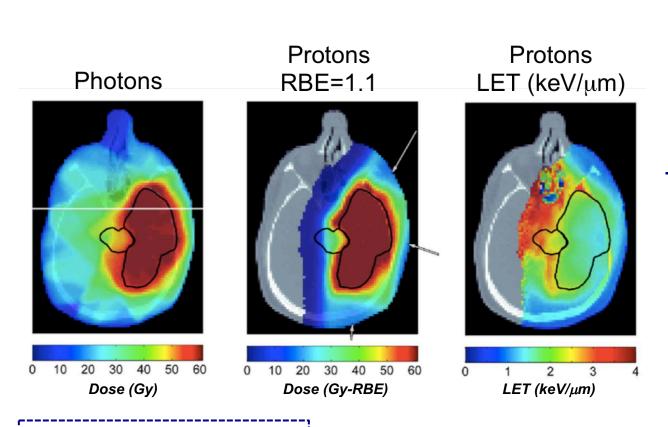




RBE=1.1 for protons in radiation therapy (ICRU recommendations)



...are deviations from 1.1 of clinical relevance?



Wedenberg 2014 Med Phys

- Potential improvements offered by biological optimization
- Possible bias when neglecting variable RBE
 - Sensitivity to RBE model
 - Only 3 patients considered!

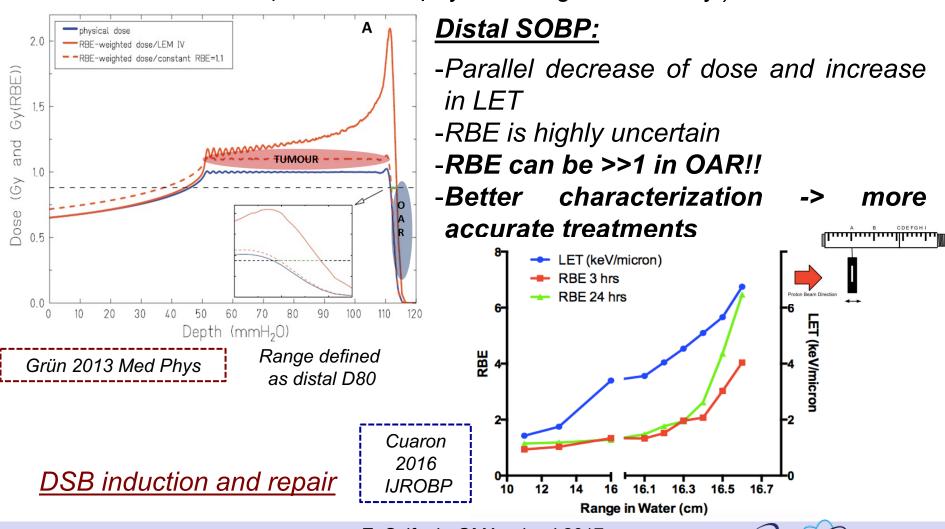
Courtesy of F. Tommasino



Fundamental Physics

Biological Range uncertainty

(additional to physical range uncertainty!)





Chasing a Clinical Impact

Proton radiotherapy

Radiotherapy and Oncology 2013

Selection of patients for radiotherapy with protons aiming at reduction of side effects: The model-based approach

Johannes A. Langendijk ^{a,*}, Philippe Lambin ^b, Dirk De Ruysscher ^c, Joachim Widder ^a, Mike Bos ^d, Marcel Verheii ^e

Original Investigation

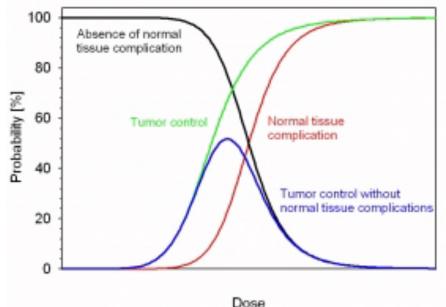
nt J Rad Oncol Biol Phys 2016

The Quest for Evidence for Proton Therapy: Model-Based Approach and Precision Medicine

CrossMark

Joachim Widder, MD, PhD,* Arjen van der Schaaf, PhD,* Philippe Lambin, MD, PhD,† Corrie A.M. Marijnen, MD, PhD,‡ Jean-Philippe Pignol, MD, PhD, Coen R. Rasch, MD, PhD, Ben J. Slotman, MD, PhD, Marcel Verheij, MD, PhD, and Johannes A. Langendijk, MD, PhD*





Protons will lead to improved clinical outcomes (less serious toxicity) if:

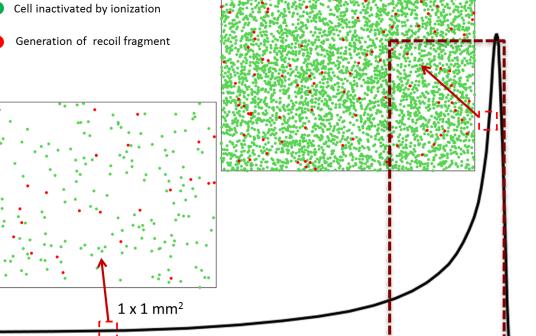
- 1. Normal tissue sparing can obtained (∆dose)
- ∆dose will result in lower clinically significant complication risks (∆NTCP)

Courtesy of F. Tommasino









Entrance channel: ≈ 2% cell killing, ≈ 0.25% cells undergoing nuclear inelastic interactions

Bragg Peak: ≈ 40% cell killing, ≈ 1% cells undergoing nuclear inelastic interactions

About 10% of biological effect in the entrance channel due to secondary fragments

Largest contributions of recoil fragments expected from

He, C, Be, O, N

I Heavy fragments have low residual energies and release low low doses -> high RBE!!

Tommasino & Durante 2015 Cancers

Depth

Courtesy of F. Tommasino





Target fragmentation in proton therapy

6.0

4.7

2.5

Fragment	E (MeV)	LET (keV/μm)	Range (µm)	
¹⁵ O	1.0	983	2.3	
¹⁵ N	1.0	925	2.5	
^{14}N	2.0	1137	3.6	
¹³ C	3.0	951	5.4	
¹² C	3.8	912	6.2	
¹¹ C	4.6	878	7.0	
$^{10}\mathbf{B}$	5.4	643	9.9	
⁸ Be	6.4	400	15.7	
⁶ Li	6.8	215	26.7	

77

89

14



About 10% of biological effect in the entrance channel due to secondary fragments

Largest contributions of recoil fragments expected from

He, C, Be, O, N

I Heavy fragments have low I residual energies and release low doses -> high RBE!!

Tommasino & Durante 2015 Cancers

⁴He

³He

 ^{2}H

Courtesy of F. Tommasino





48.5

38.8

68.9

BioTPS with New ions





(Re)introducing new ions

- •O and He available @HIT with full active scanning capabilities and potentially in future at CNAO and Med-AUSTRON
- Comparative TPS studies between different ions require an advanced modeling of the physics and radiobiology
- Such biological characterization in same cases should go beyond the concept of RBE-weighted dose.
- Biological dosimetry in vitro/in vivo, not only on monoenergetic but on extended targets
- Treatment planning tests on several levels

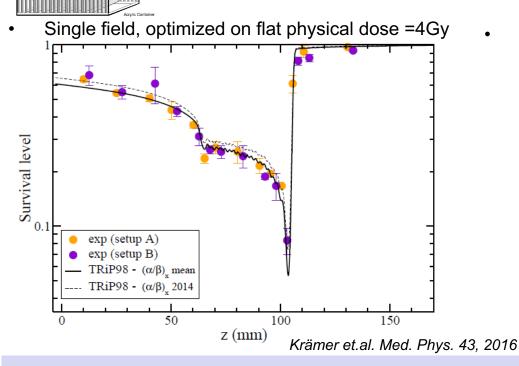


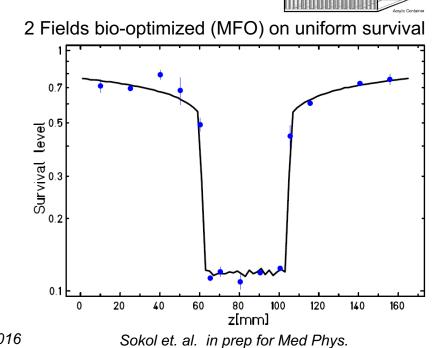


⁴He biological verification

- New Beam model + LEMIV
 - CHO cells Survival on a He planned extended volume







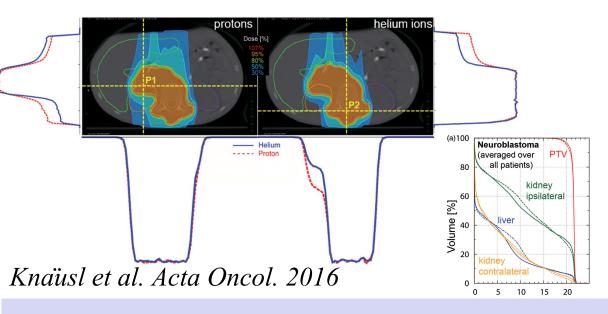
TIFPA

Fundamental Physics

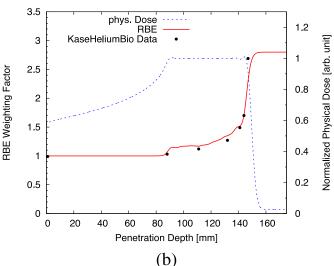
⁴He Med AUSTRON model

Fuchs et al Med Phys (2015),

- empirical "zonal" depth-dependent RBE model, independent from dose level and cell type.
- 1.0 in the plateau, then increasing RBE up to a value of 2.8 at the Bragg peak region and constant in fragmentation



TPS: HYPERION



Treatment plan quality slightly improved with ⁴He compared to proton plans, but advantages in OAR sparing were depending on indication and tumor geometries.

High sensitivity to beam model





⁴He CNAO/HIT model

Mairani et al. PMB 2016 A,B

Phys Med Biol. 2016 Jan 21;61(2):888-905

Data-driven RBE parameterization for helium ion beams.

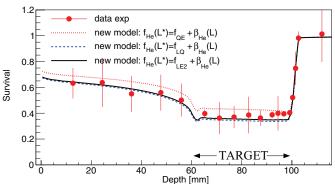
RBE(dose, LET, $(\alpha/\beta)_{ph}$)

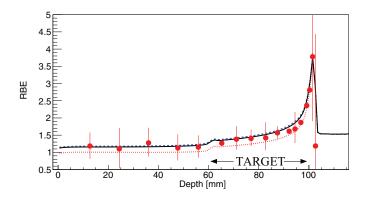
IOP Publishing | Institute of Physics and Engineering in Medicine Physics in Medicine & Biology Phys. Med. Biol. 61 (2016) 4283-4299 doi:10.1088/0031-9155/61/11/4283

Biologically optimized helium ion plans: calculation approach and its in vitro validation

A Mairani^{1,2}, I Dokic^{2,3,4,5}, G Magro¹, T Tessonnier^{5,6}, F Kamp⁷, D J Carlson⁸, M Ciocca¹, F Cerutti⁹, P R Sala¹⁰, A Ferrari⁹, T T Böhlen¹¹, O Jäkel^{2,4}, K Parodi^{2,5,6}, J Debus^{2,5} A Abdollahi^{2,3,4,5} and T Haberer²

TPS: MCTP->FLUKA

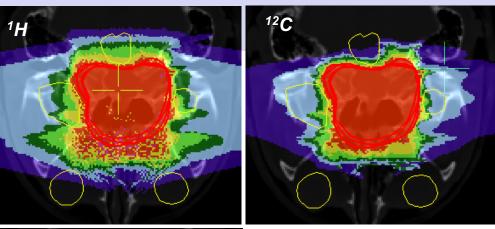






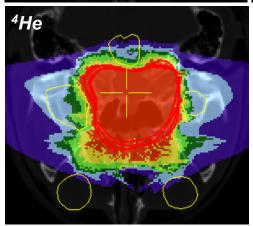


TRiP98 treatment plans comparison - a patient example



Two-dimensional dose distributions for GSI pilot project patient CT slice Plans for double-field irradiation of chordoma with ¹H, ⁴He, ¹²C

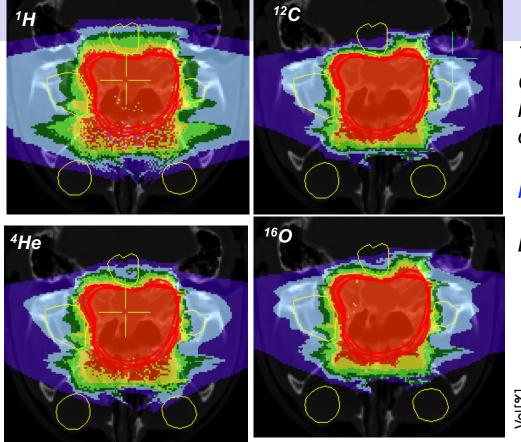
R. Grün et al, Med.Phys. 42, 1037 (2015)



Helium: a promising alternative for carbon and protons



TRiP98 treatment plans comparison - a patient example



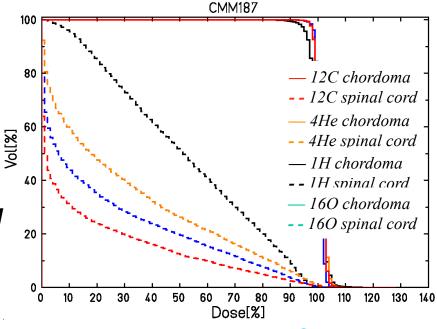
Helium: a promising alternative for carbon and protons

Special cases for using oxygen?

Two-dimensional dose distributions for GSI pilot project patient CT slice Plans for double-field irradiation of chordoma with ¹H, ⁴He, ¹²C

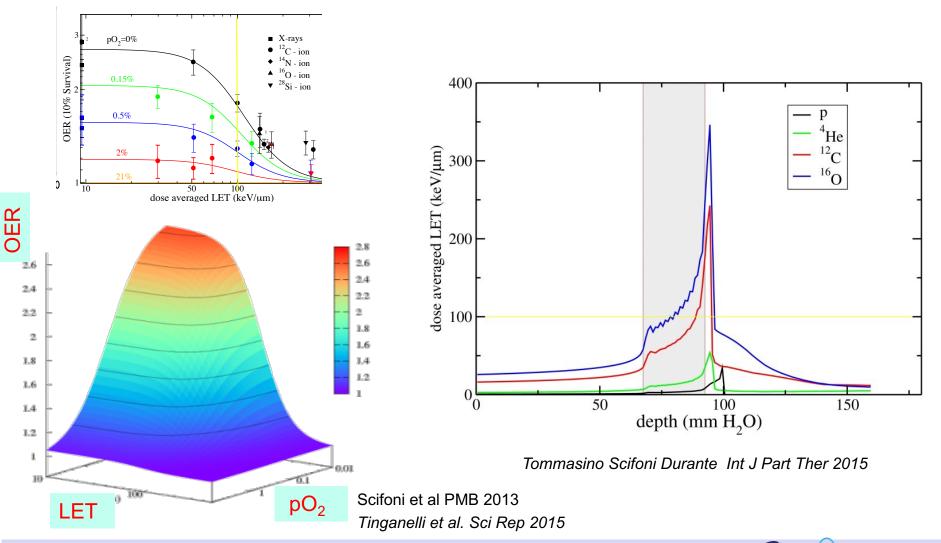
R. Grün et al, Med.Phys. 42, 1037 (2015)

Extended + 16O (Sokol et al. unpub)



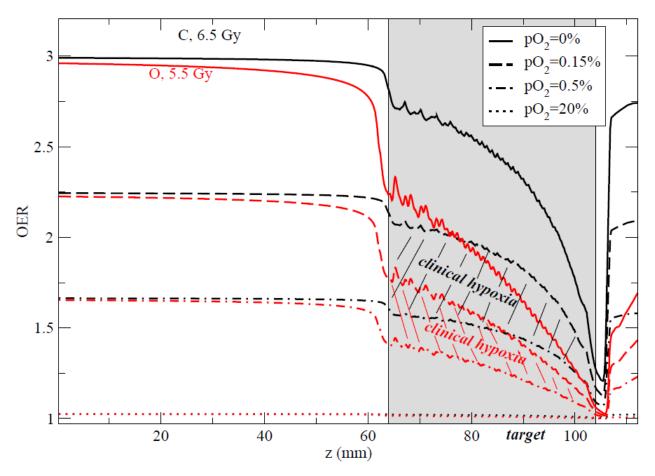


OER (pO2,LET)





OER profile O vs C



•OER along the irradiation depth for different ion and pO2

-selective advantage of O beam

Scifoni et al PMB 2013

Fundamental Physics

LET painting

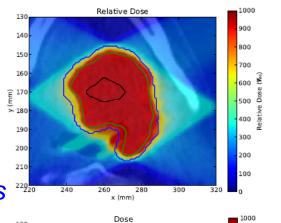
- Redistribution of LET, to be maximized in a target volume,

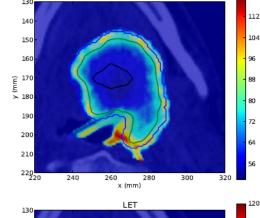
using TRiP98
with dose ramps

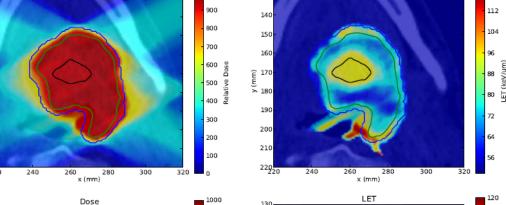
4 Flat C fields

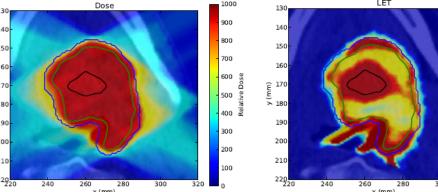
4 Dose ramped C

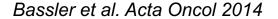
4 Dose Ramped O















The kill painting basic idea

Absorbed Dose

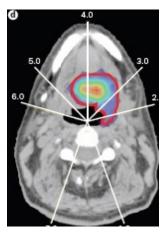
optimized quantity:



Biologically effective Dose (RBE weighted)



Biologically isoeffective Dose in the local microenvironment



Intra-tumour
Heterogeneity
revealed by functional imaging
e.g. CT/PET(FMISO)
Horsman NRCO 211

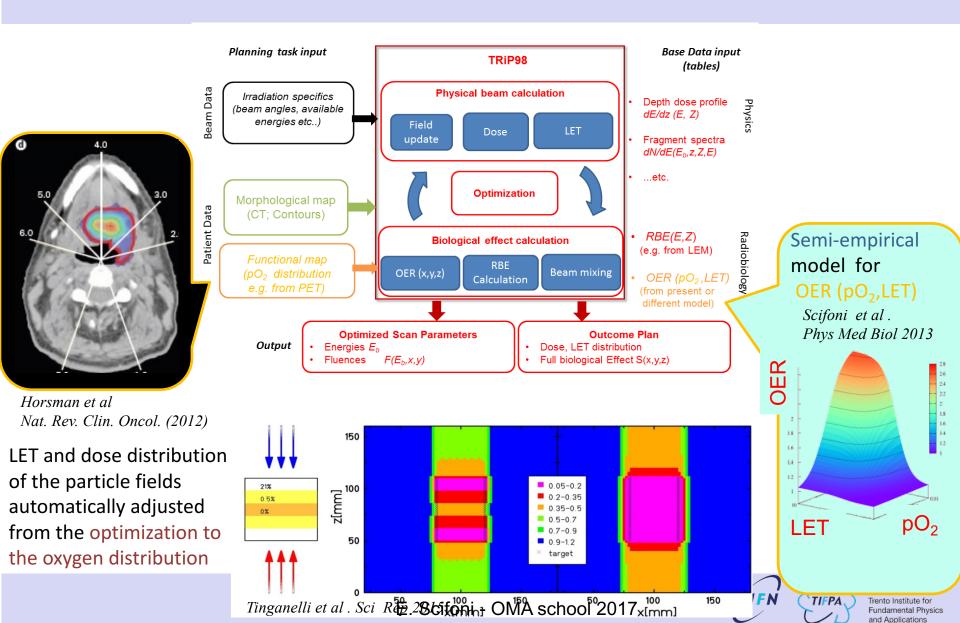
What is needed:

- ✓ Physical beam modeling
- ✓ RadioBiological modeling
- ✓ Implementation in TPS
- Experimental Verification



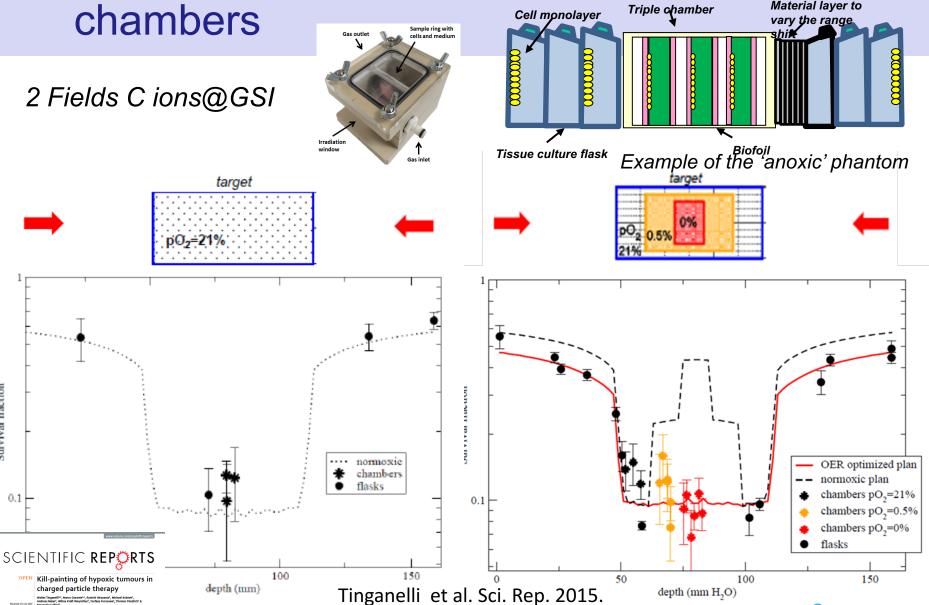


Kill painting implementation in TPS



Experimental verification: Hypoxic cell

chambers

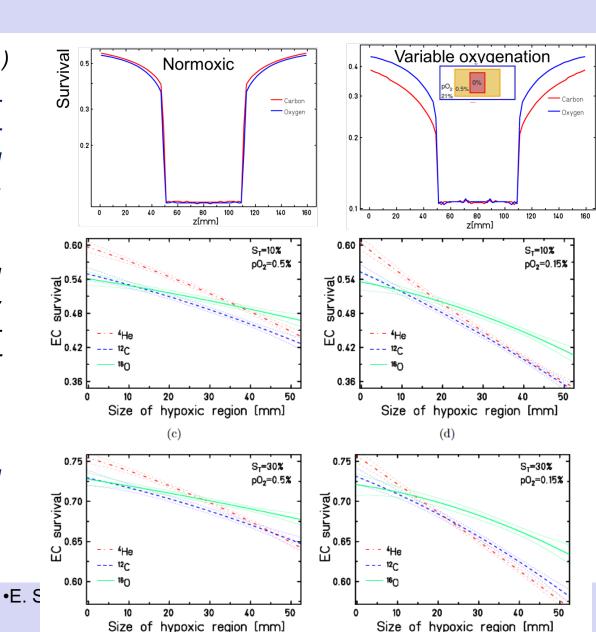


Fundamental Physics and Applications

OER optimized plans with O (kill painting)

Sokol et al. subm to PMB (minor rev.)

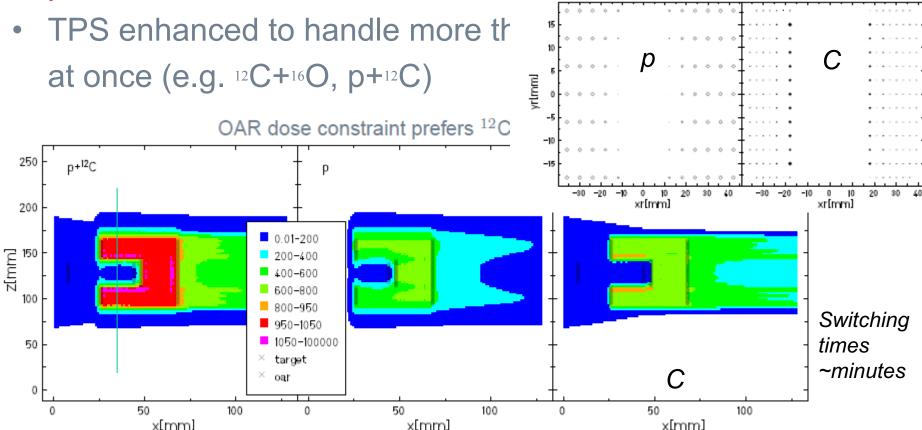
- In case of hypoxia, proper optimization accounting for OER may lead to Inverted peak-to-entrance ratios as compared to a normoxic case
- According to actual oxygenation, O beam may overcome the price of larger entrance channel with the LET advantages
- Trade-off analysis between better LET distribution and worse Fragmentation in entrance and tail



Multi-ion treatment planning

Krämer, Scifoni, ,Schmitz, Sokol, Durante, EPJD 68 (2014)

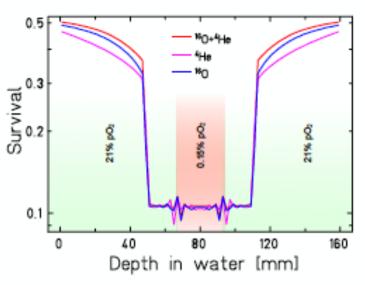
 TRiP version for a biologically optimised multi-ion treatment plan



Multi-ion plans + OER driven optimization

Towards the multi-ion treatment planning with ¹⁶O beams

O. Sokol*1,2, E. Scifoni1,3, S. Hild1,3, M. Krämer1,2, and M. Durante2



Survival distributions for single-ion double-field optimizations (4He + 4He and ¹⁸O + ¹⁸O), and multiion quadruple-field optimization (¹⁸O + ¹⁸O + ⁴He + ⁴He).

Depth	Entrance channel survival, %			
	16O	4He	16O + 4H	
5 mm	48.4	45.4	49.9	
45 mm	34.3	32.4	37.7	

GSI Sci Rep. (2017) Sokol et al. PTCOG '17

Research based TRiP98 version Including both features

The aim is let the optimization choose the ion at different Spots also according to the local oxygenation

4 Fieds (2He +2O) MF optimized



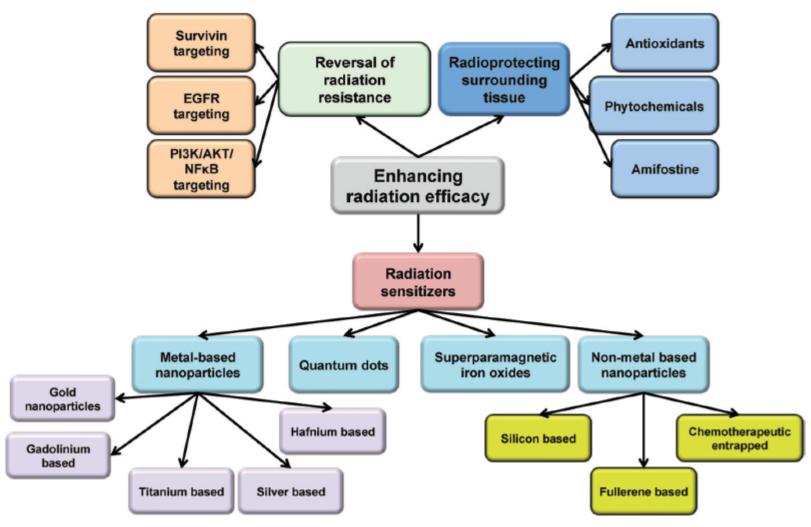


Nanoparticles as dose enhancers





Radiation sensitizers

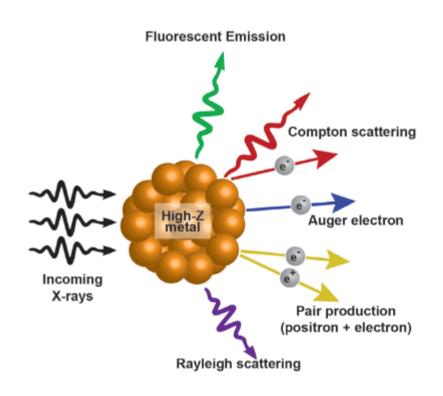


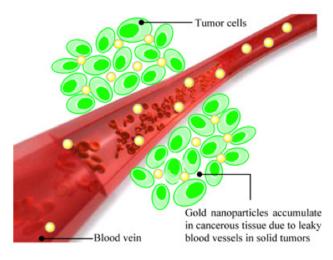
Kwatra et al. Transl. Cancer Res. 2013





High Z Nanoparticle sensitization





http://www.nanomedicine.dtu.dk

Kwatra et al. Transl. Cancer Res. 2013

NP: high cellular uptake in tumours

well known adavantage for photons; high Z → high e⁻ emission vs. high absorption

advantage with ion irradiation?



Au NP with photons – Mechanistic insight

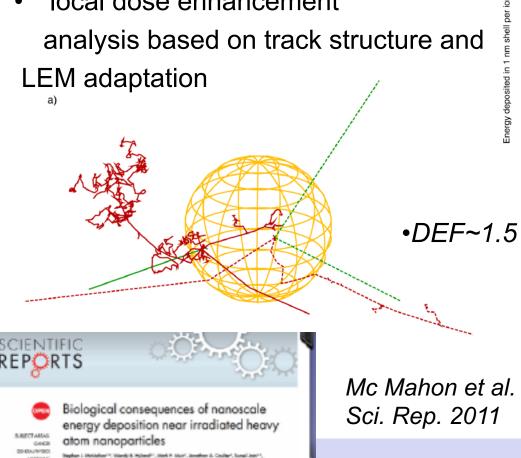
0.03

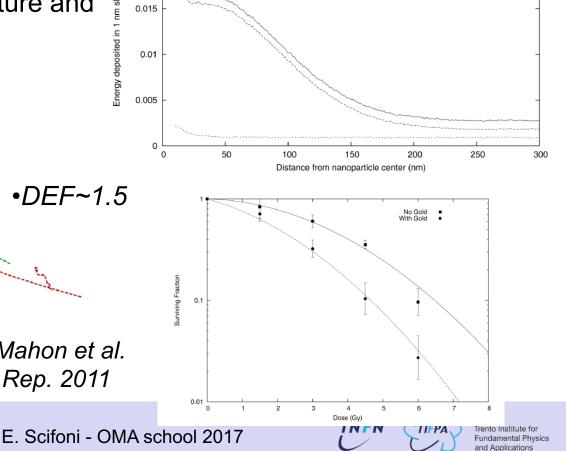
0.025

0.02

Auger electrons play a crucial role for photons

local dose enhancement





Local dose enhancement?



cal Effect Model (LEM)

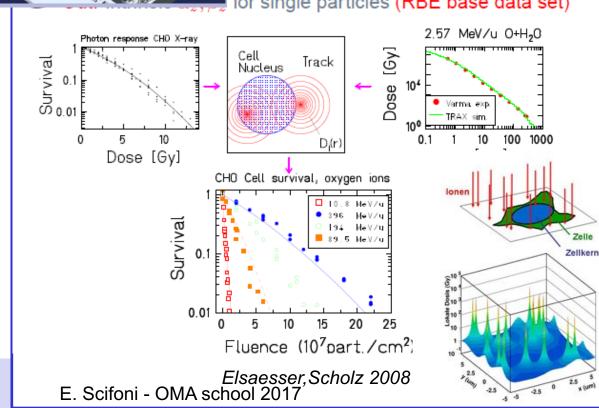
oton Dose-Effect $\propto lpha_x D + eta_x D^2$

for single particles (RBE base data set)

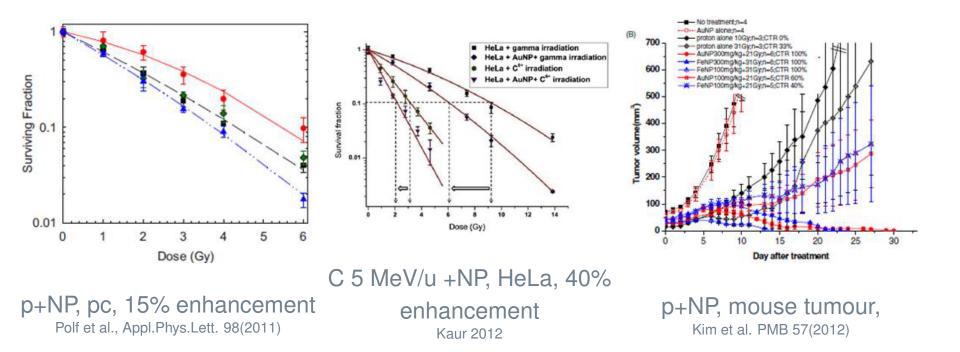
photon +NP ≈ Ion?

Then, what about:

Ion+NP= ?? Lacombe Modified Proton beam 250 MeV Depth in tissue (cm)



NP sensitization with ion beams



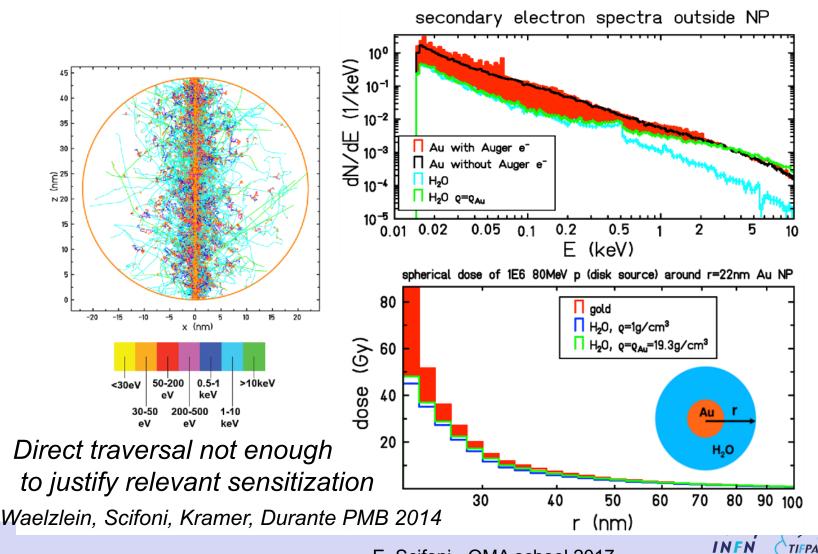
Preclinical data evidence, no explanation

→ dependence on cell line, NP conditions, ...
 → sensitive target ≠ cell nucleus?





Track structure analysis (TRAX)



E. Scifoni - OMA school 2017

Fundamental Physics

Cellular Localization

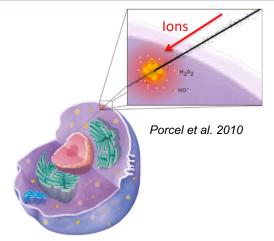
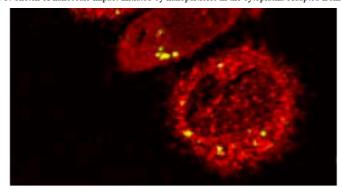
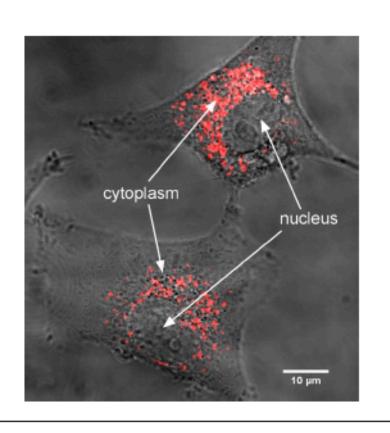


Figure 3: Sketch of nanoscale impact initiated by nanoparticles in the cytoplasm. Adapted from



b)



Confocal microscopy show evidence of localization in the citoplasm

Usami et al. 2010 Stefancikowa et al 2015

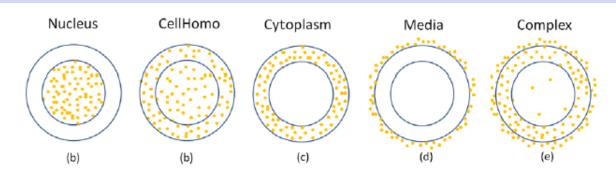




Impact of Cellular localization

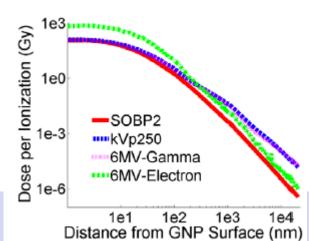
Lin et al. PMB 2015

GNP-LEM, pure dose enhancement study at differerent concentrations



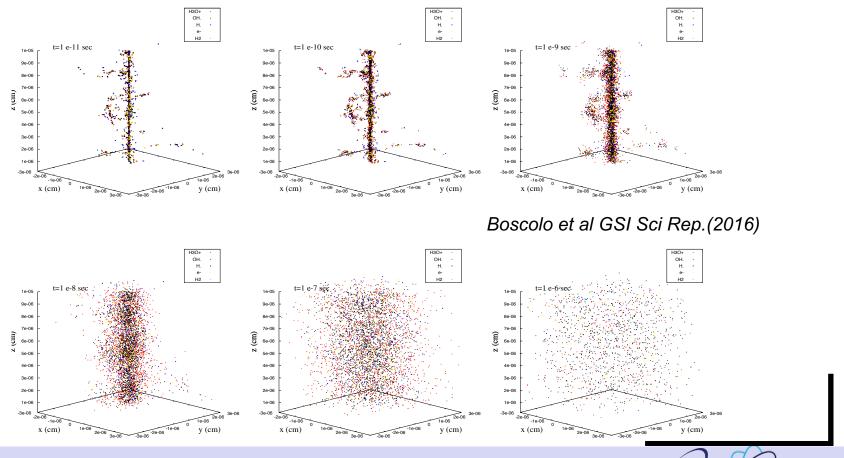
- GNPs no internalized, no DEF
- GNPs In the cytoplasm, a smaller sensitization ~1.1 after a given dose from proton treatment than when photons
- GNPs into the cell nucleus, significant effect (~1.3) for all beams

Protons induced Secondary electrons range in water much shorter compared to photons, dose enhancement ~1/30 vs kV photons at 10 µm from the GNP surface.



Direct effect + Radiation Chemistry

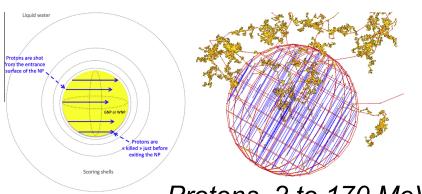
radical diffusion ¹²C 3 MeV/u (TRAX simulation, D.Boscolo)



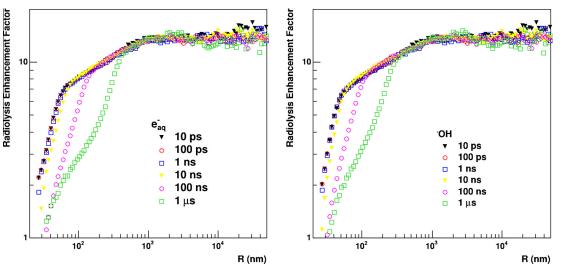
Radiolysis enhancement factor

$$REF = \frac{G(OH)^{NP}}{G(OH)^{H_2O}}$$

H.N. Tran et al. / NIMB 373 (2016) 126–139 GEANT4+GEANT4DNA



Protons 2 to 170 MeV



Relevant enhancement of radical products

Decreasing for higher LET, in contrast to higher absolute dose deposition

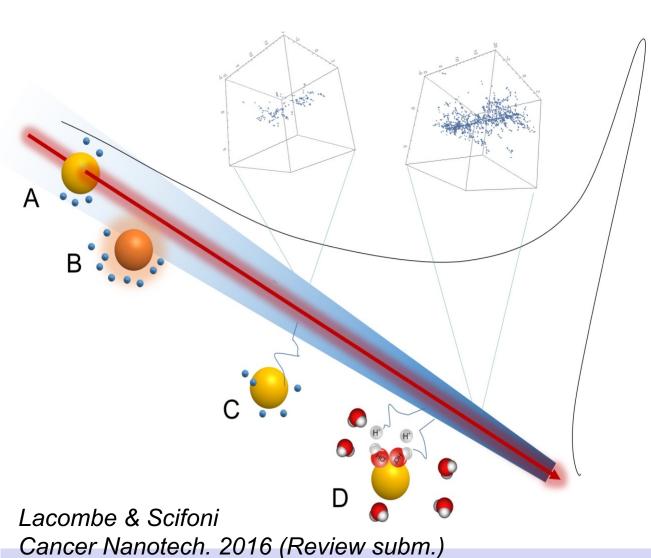
Fig. 19. Radiolysis Enhancement Factor of the distribution of chemical species (e_{sq} , 'OH) produced by incident 100 MeV protons as a function of radial distance from the NP. Results are shown at six different times after irradiation (10 ps, 100 ps, 1 ns, 10 ns, 10 ns, 10 ns, 1 µs).

Limits: cutoff in delta electrons





Possible sensitization mechanisms



- A) Direct traversal:
 enhanced electron
 production from
 Auger processes
- B) Plasmon excitation coupling with strong electron production.
- C) Secondary
 electrons on the NP,
 produces additional
 electron emission
- D) Catalytic effect on radiolytic species





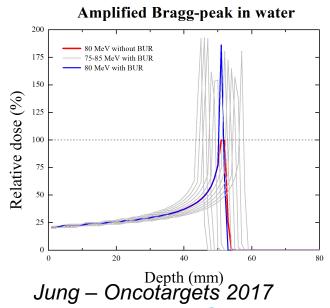
Other Hot Topics in Particle Radiobiology:

 Radioimmunotherapy: Is carbon ion more immunogenic than photons?

Proton Boron Fusion Therapy. Feasible? Relevant dose

enhancement? Better than BNCT?

 Particle radiosurgery (hypofractionation)



Summary

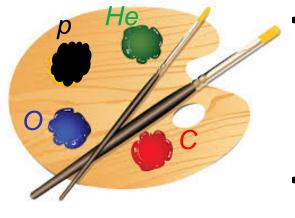
- Radiobiology of charged particles developed a lot, but still several open questions are pending
- Proton RBE is clearly differing from a constant. But the clinical impact of considering this variation seems negligible.
- Biologically optimized TPS is needed for exploiting new ions and different merits
- **Helium ions** are promising alternative to protons, their implementation in TPS has been advanced in latest years from some groups. Biology seems consistent between different models. Variable RBE is a must
- Oxygen ions are mostly useful when hypoxia is accounted via proper adaptive TP tools, so that O beam may overcome the price of larger entrance channel with the LET advantages
- Multi-ion optimization may exploit combination of different ions peculiarities for specific biological/geometrical scenarios. Mixed He/O plans promise to be a powerful combination of low/high LET.
- Nanoparticles may act as sensitizers also for ion beams, increasing the selectivity, but their mechanistic comprehensive description is still missing



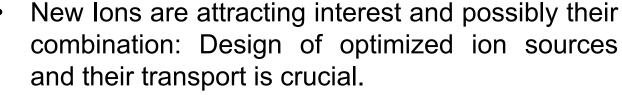


Challenges for OMA

Towards the dream "ion palette"



Optimized Accelerators and beamlines are relevant for allowing better research on these biological effects





 Future accelerators may offer fast switching time between different ions allowing combined treatments





...in case you didn't get enough:

(a few) References

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- Schardt D, Elsässer T, Schulz-Ertner D (2010) Heavy-ion tumor therapy: Physical and radiobiological benefits. Rev Mod Phys 82:383–425.
- Scifoni E (2015) Radiation biophysical aspects of charged particles: From the nanoscale to therapy. Mod Phys Lett A 30:1540019.
- Friedrich T Biophysical modeling of effects of ionizing radiation and associated uncertainties (Habilitation Thesis) TUD 2016
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 Variations as a function of biological endpoint, dose, and linear energy transfer, Phys.
 Med. Biol. 59 R419 (2014).
- Tommasino F, Scifoni E, Durante M (2015) New Ions for Therapy. Int J Part Ther IJPT-15-00027.1

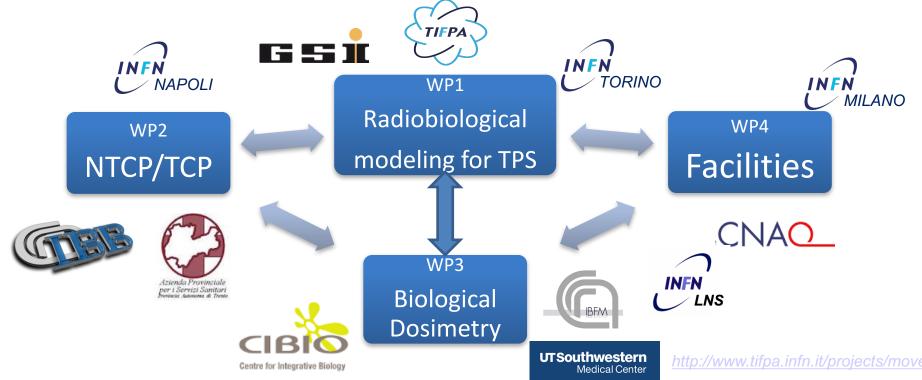


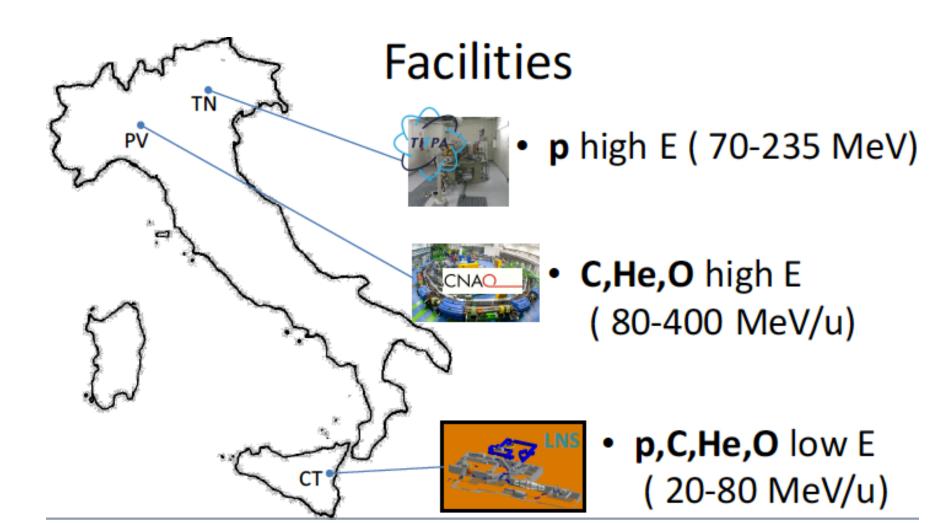


Modeling and Verification for Ion beam Treatment planning

INFN Network - Call group V - funded 2017-2019- Coordinator: E. Scifoni

- Advancing biolological treatment planning (e.g. impact of full nuclear spectra (including target fragments) on RBE, hypoxia, intra-tumour heterogeneities)
- Developing new systems and tools for biological verification





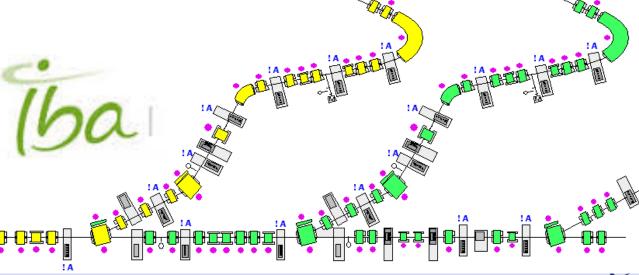


TIFPA Experimental beam facility @Trento protontherapy center











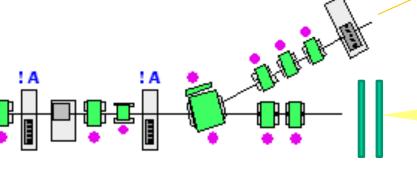
Lines details

Beam Production:

- Isochronous Cyclotron
- Energy Range: 70-225 MeV
- Beam Current: 1-320 nA
- Min Time for Energy Change: 2 s

X

Physics, narrow beam (FWHM~5mm)





PAC open for BT proposals at

http://www.tifpa.infn.it/sc-init/med-tech/p-beam-research/

- Mon/Fri 19:00-22:30

- Sat 6:00 - 14:30

Radiobiology, broad beam 5-10 cm Via Passive Scattering Or Scanning Nozzle





Thanks to



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S. Hild

C. La Tessa



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