

Roadsigns for Cosmology

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modern cosmology: prehistory

1. Big Bang nucleosynthesis late 1970s

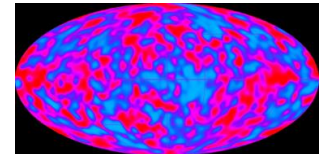
2. Guts & Guth: inflation 1980s

(Starobinsky R^2)

problems of the '80s:

has there been a Big Bang? US astronomers in '59: yes 33%
'80: yes 69%

COBE DMR '91



the age crisis

$\Omega = 1 \rightarrow t = 9 \text{ Gyrs}$

SN \rightarrow DE '97

Rapid Phase Transitions in Primordial Inflation With Flat Supergravity Potentials

K. Enqvist, Dimitri V. Nanopoulos (CERN). Mar 1984. Phys.Lett. 142B (1984) 349-354

1. - INTRODUCTION

The inflatory Universe^{1),2)} appears to offer the only natural solution to the horizon and flatness problems of cosmology. By now, it is also evident that the early inflatory models based on grand unified theories (GUTs) with a Coleman-Weinberg-type symmetry breaking³⁾ by radiative corrections have severe problems. In de Sitter space, quantum fluctuations cause density perturbations that are scale-invariant when they re-enter the Friedmann-Robertson-Walker horizon⁴⁾. This is a more than welcome feature, since this is just the Harrison-Zel'dovich⁵⁾ spectrum of fluctuations needed for galaxy formation. Unfortunately, in inflation based on GUT phase tran-

blah blah

We feel that two-component inflation is a promising candidate for unifying all the successful features of GUTs and cosmological inflation. It can lead to a reheating high enough to be compatible with both the limits on proton stability and the generation of the cosmological baryon asymmetry by superheavy ($M_{H_3} > 10^{15}$ GeV) Higgs triplets. Indeed, in two-component inflation, one can accommodate GUTs, supersymmetry and early cosmological inflation in one single consistent picture.

inflation

progress, prospects?

Starobinsky
Dimopoulos
Järv

-(seemingly) acausal correlations

-spectral index $n < 1$

dynamical order parameter

-running of n , tensor modes, NG, CMB polarization,

μ distortion, structure formation, ...

future CMB: Delabrouille

model building

-(slow roll) inflaton

-something else

e.g. Starobinsky inflation, extended gravity

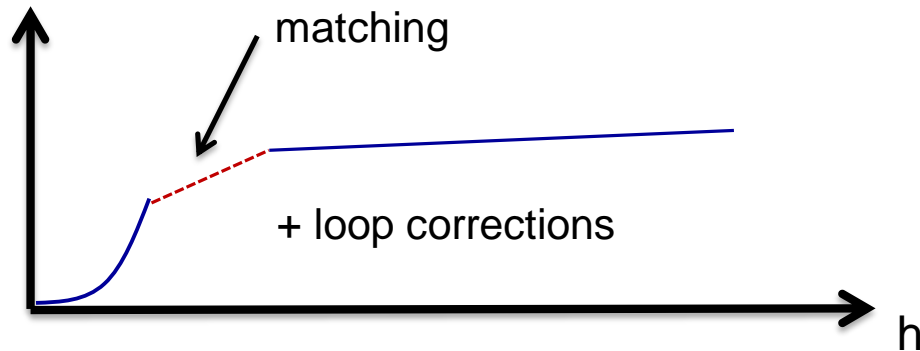
Inflation is for real

Higgs exists

Higgs is the inflaton

$$V \sim \lambda(h)h^4 + \xi h^2 R$$

large



metric/Palatini?
pert. unitarity?

RGE behaviour?

vacuum instability? very important for cosmology

Higgs is not the inflaton

$$V \sim \lambda(h)h^4 + \xi h^2 R$$

small

spectator during inflation

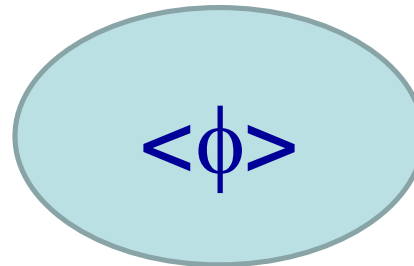
(near) massless scalars in an expanding background



stochastic treatment

(cf. Starobinsky)

$1/H$




ensemble of
Hubble patches

Perturbations: another story – e.g. curvatons

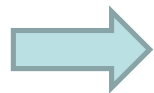
Langevin (simplified):

decompose field into UV and IR parts: $\Phi_{IR} \propto \int dk W(k, t) \phi_k(t)$

$$W(k, t) = \theta(k - xaH)$$


$$\dot{\Phi}_{IR} = -\frac{\partial}{3H\partial\Phi} V(\Phi_{IR}) + s(x, \eta) \quad k \ll aH$$

stochastic term, white noise correlators



equilibrium pdf:

$$P \propto \exp(-8\pi^2 V / 3H^4)$$

the Higgs

at equilibrium after inflation:

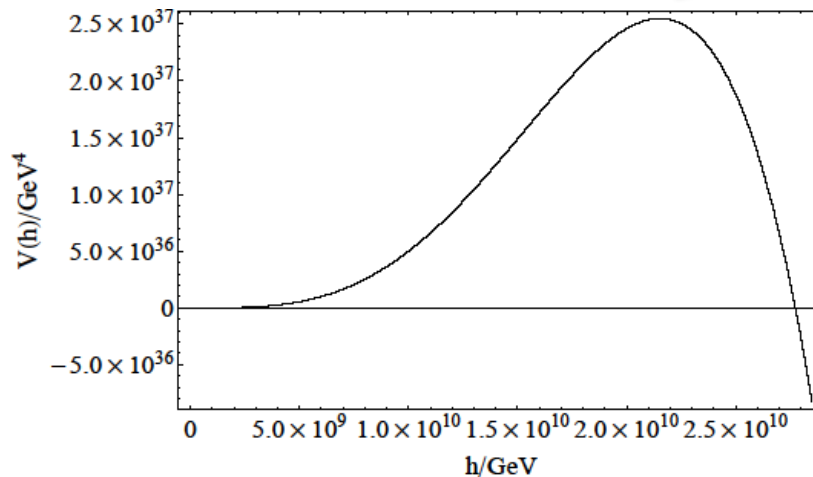
$$h_* \approx 0.36 \lambda^{-1/4} H_* \approx 1.1 H_*$$

"typical value"

followed by condensate decay

vacuum instability?

very sensitive to RGE



fluctuate over the top

Grojean

- Higgs-inflaton mixing: over the top by via preheating – [Lebedev](#)
- Higgs portal models – fluctuations may help to determine the scale of inflation

Coupling the Higgs and the inflaton

KE, Lebedev, Karciauskas, Rusak, Zatta

$$L = L_{chaotic}(\phi) + L_{higgs}(h) - \frac{1}{4} \lambda_{h\phi} h^2 \phi^2 - \frac{1}{2} \sigma_{h\phi} \phi h^2$$

$$m = 1.3 \times 10^{-6} M_{Pl}$$

$$V = \frac{1}{4} \lambda_h(h) h^4$$

preheating

tachyonic instability

inflaton oscillates $\phi = \Phi(t) \cos(mt)$

oscillating Higgs mass

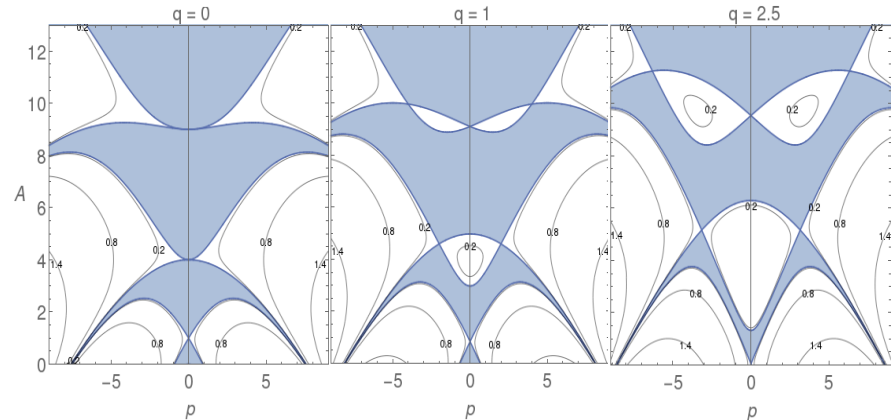
$$\omega_k^2 = \frac{k^2}{a^2} + \sigma_{h\phi} \Phi \cos(mt) + \frac{1}{2} \lambda_{h\phi} \Phi^2 \cos^2(mt) + 3\lambda_h a^{-3} \langle X^2 \rangle$$

p

q

$$X_k = a^{3/2} h_k$$

Whittaker-Hill
(= complicated Matthieu)



DARK MATTER

history: Bertone & Hooper, 1605.04909

XENON1T, [Garbini](#); review [Cirelli](#)

- WIMPs
- neutrinos
- inos
- axions
- gravitinos
- sterile neutrinos
- SIMPs
- FIMPs
- portals
- fuzzy
- wispy
- PBHs
- SIDM
- extra higgses
- Kaluza-Klein
- freeze-in
- freeze-out
- deep freeze, flash frozen, cryogenic, disney type frozen, ...

[Steigman & Turner '84](#); Roszkowski et al 1707.06277

70s; [Lee & Weinberg '77](#)

Bernal et al, 1706.07442

[Garcia-Bellido, Dolgov](#)

[Tkatchev](#)
[Hambye](#)
[D'Amico](#)
[Jaeckel](#)
[Boiarskyi](#)
[Ibarra](#)
[Heikinheimo](#)

NEED DIRECT OBSERVATION

DARK ENERGY

Euclid

Quintessence: Dimopoulos
beyond GR: Koivisto, Hassan, Frandsen

Λ CDM

(with power law inflation)

deep stuff: Wetterich, quantum gravity

the smallest scales:

Frenk: grav lensing

Penarrubbia: grav field fluctuations

"missing satellites": hydro

"too big to fail": WDM? 2nd stage of inflation? DM- γ ? PBHs?

Garcia-Bellido

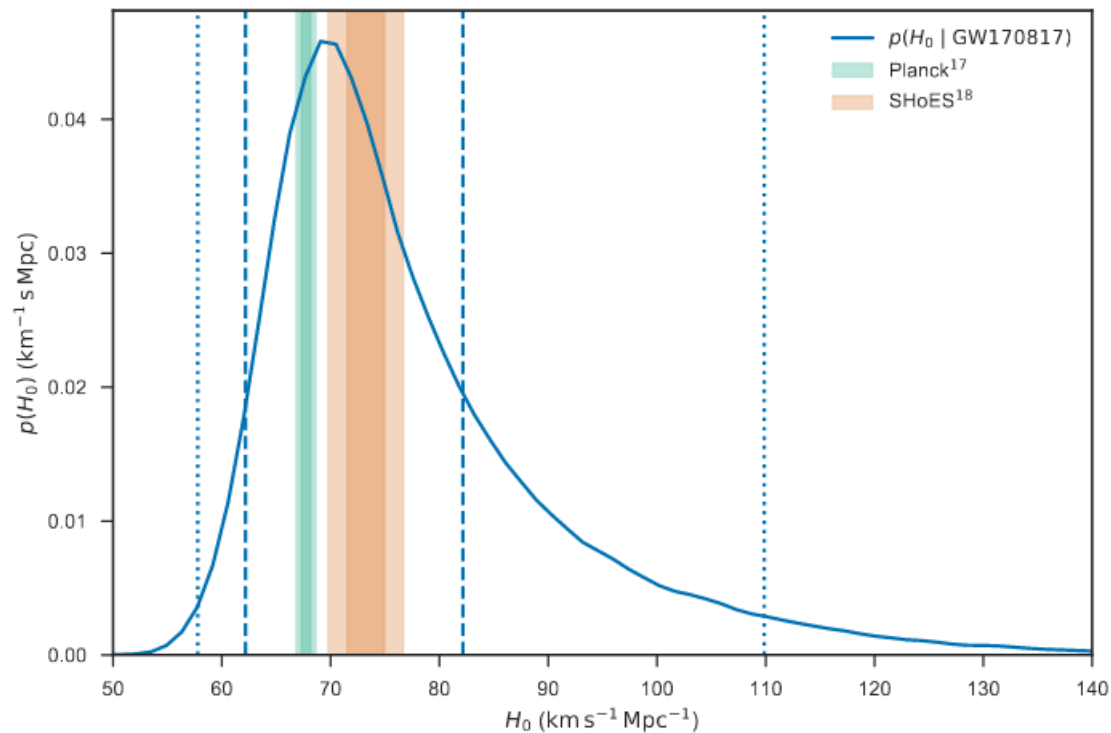
tension in σ_8 ?

exact isotropy, homogeneity? Tension
in CMB dipole? Sarkar

tension in H_0 ?

Hubble rate

Abbott et al (LIGO) , arXiv:1710.05835 [astro-ph.CO]



”Standard sirens”

back reaction, new particle species, ...

GRAVITATIONAL WAVES

5th LISA workshop, Helsinki

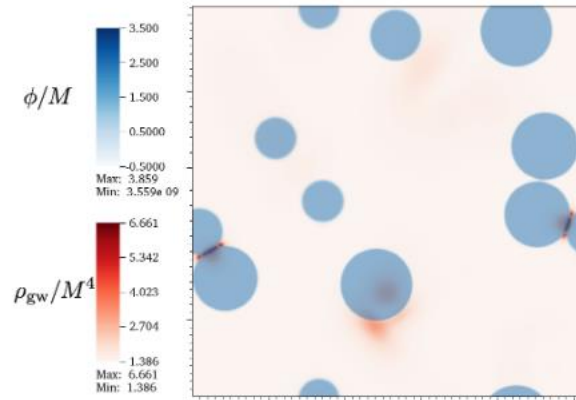
- preheating \rightarrow inhomogeneous field configs \rightarrow shear stresses \rightarrow GW
- 1st order PT: colliding bubbles

Event	Time/s	Temp/GeV	f_0/Hz	} cross- over LIGO
QCD phase transition	10^{-3}	0.1	10^{-8}	
Higgs phase transition	10^{-11}	100	10^{-5}	
?	10^{-25}	10^9	100	
End of inflation	$\geq 10^{-36}$	$\leq 10^{16}$	$\leq 10^8$	

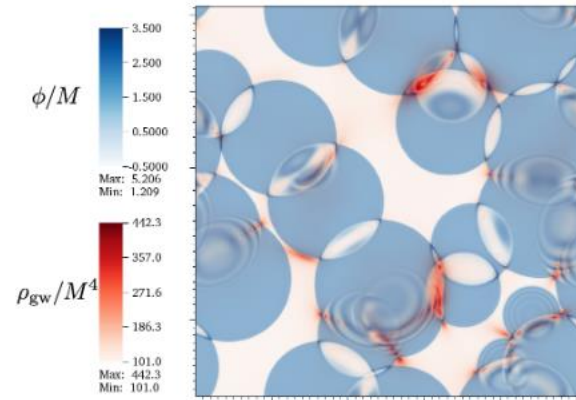
Inflation and topological defects: waves on all scales

Hindmarsh, Kubo, Rajantie

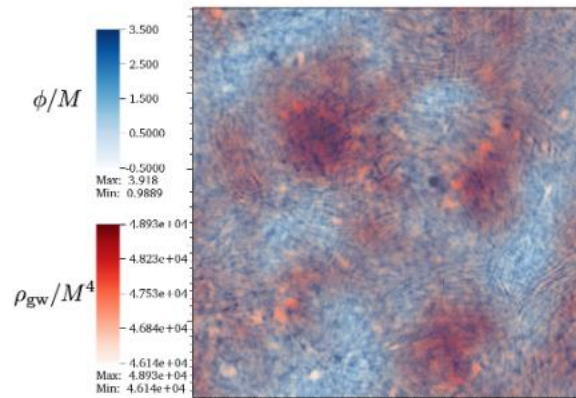
bubble collisions \rightarrow gws



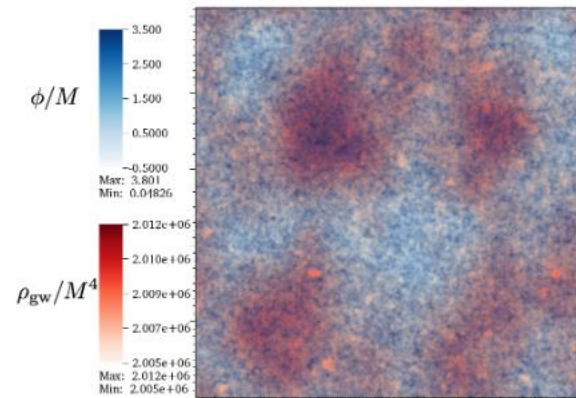
(a) $t/R_* = 0.35$



(b) $t/R_* = 0.66$

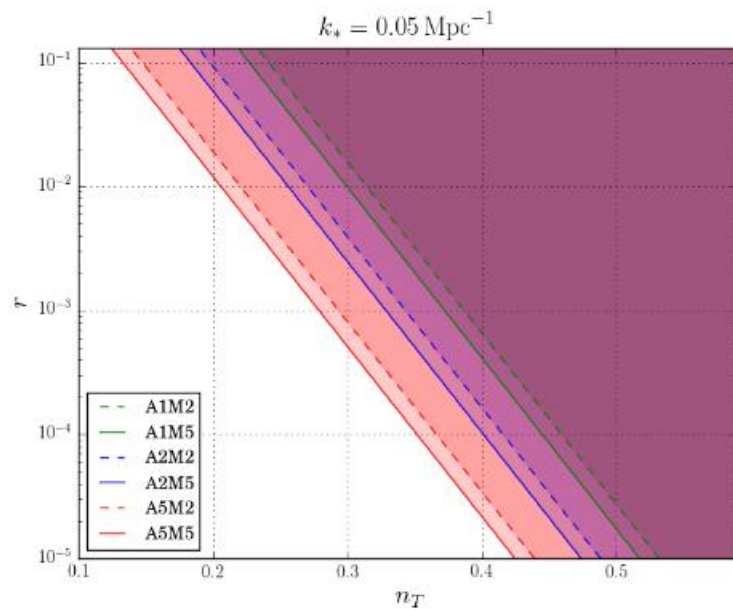


(c) $t/R_* = 2.50$



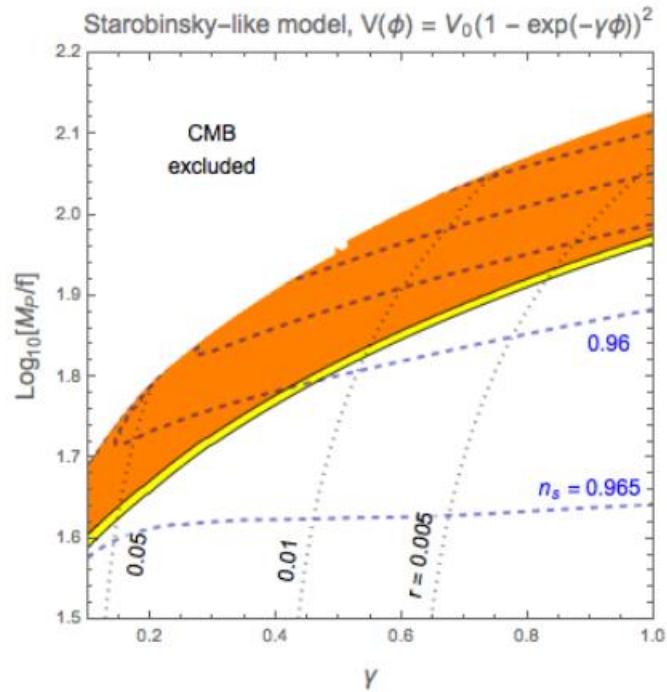
(d) $t/R_* = 7.8$

Cutting, Hindmarsh, Weir, 1802.05712

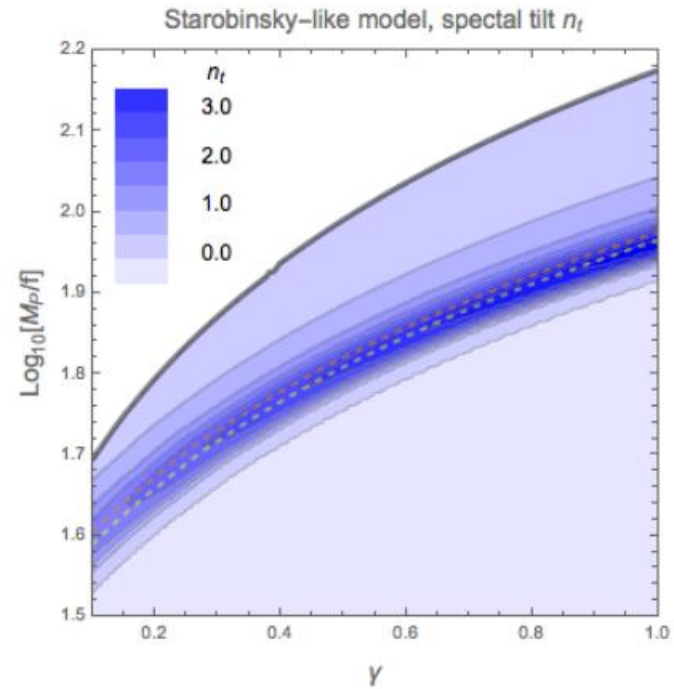


Bartolo et al, 1610.06481

- GW spectrum of PBHs formed at the end of inflation (e.g. hybrid model)
- GWs from spectator fields
- inflaton coupling to gauge fields (e.g. axion-like)



(a) CMB constraints and LISA sensitivity



(b) Spectral tilt

complementary between CMB and GW for n_s , f_{NL} , r , μ

Summary: Richard III

DM

inflation

DE