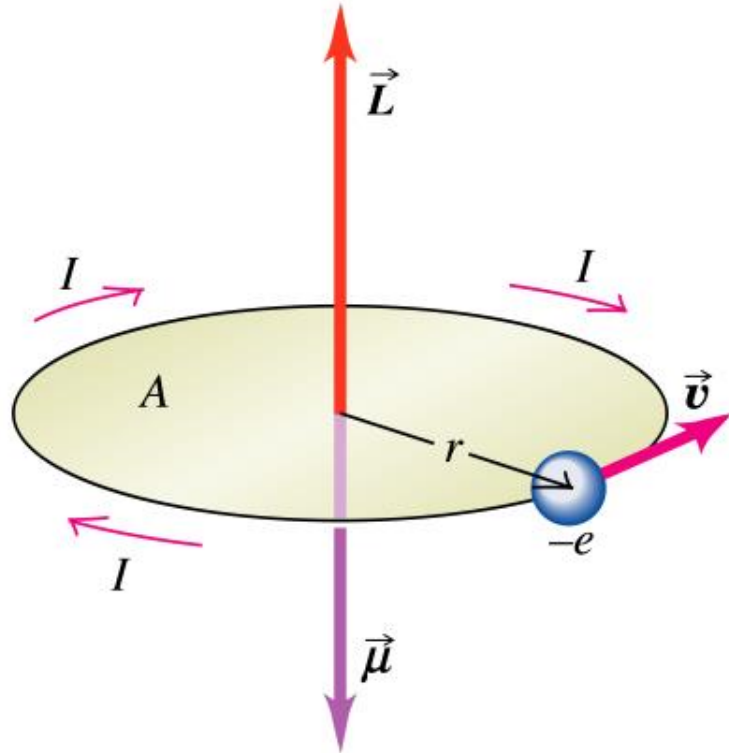


Bohr magneton

Orbiting electrons form a current loop which give rise to a magnetic field.



Magnetic moment of a current loop:

$$|\mu| = iA$$

current area enclosed by current loop

$$i = -\frac{e}{T} = -\frac{e v}{2\pi r} \quad A = \pi r^2$$

$$\mu = -\frac{e v}{2\pi} \pi r^2 = -\frac{e v r m_e}{2 m_e} \quad \hbar = v m_e r$$

For the electron:

$$\mu_b = \frac{e\hbar}{2m_e} = 9.274 \cdot 10^{-24} \frac{J}{T}$$

$$\mu_b = \frac{e\hbar}{2m_e} = 5.788 \cdot 10^{-5} \frac{eV}{T}$$

For the electron, the Bohr magneton is the simplest model possible to the smallest possible current to the smallest possible area closed by the current loop

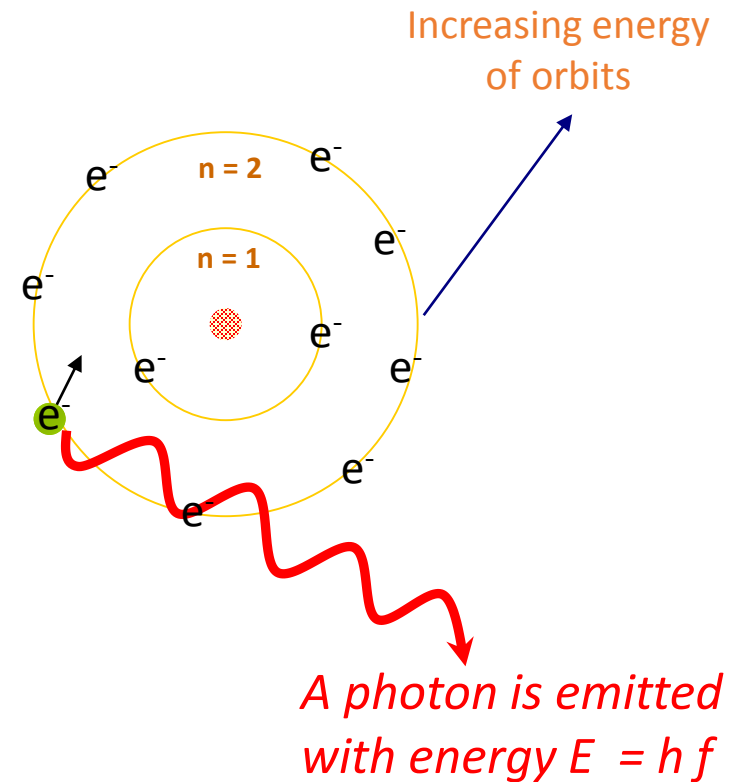
Rutherford (1911)- Bohr model of atom (1913)

- 1) Bohr use the classical mechanics.
- 2) The only permitted orbital are those for with $L_{orb} = n\hbar$.
- 3) For these orbitals the electrons don't radiate electromagnetic waves
- 4) The energy of the photon is : $E = h f$

$$m_e v r = \hbar n$$

Permitted orbitals

Photon energy \rightarrow $E = h \nu$ Bohr-Einstein interpretation



Borh radius

$$a_0 = \frac{\hbar^2}{m_e k e^2} = 52.97 \text{ pm}$$

Subshells Schrödinger (1922)



Subshell very important to capture or loss an electron

Subshell very important for the ligands

Subshell very important for the metals

Subshell very important for rare earths

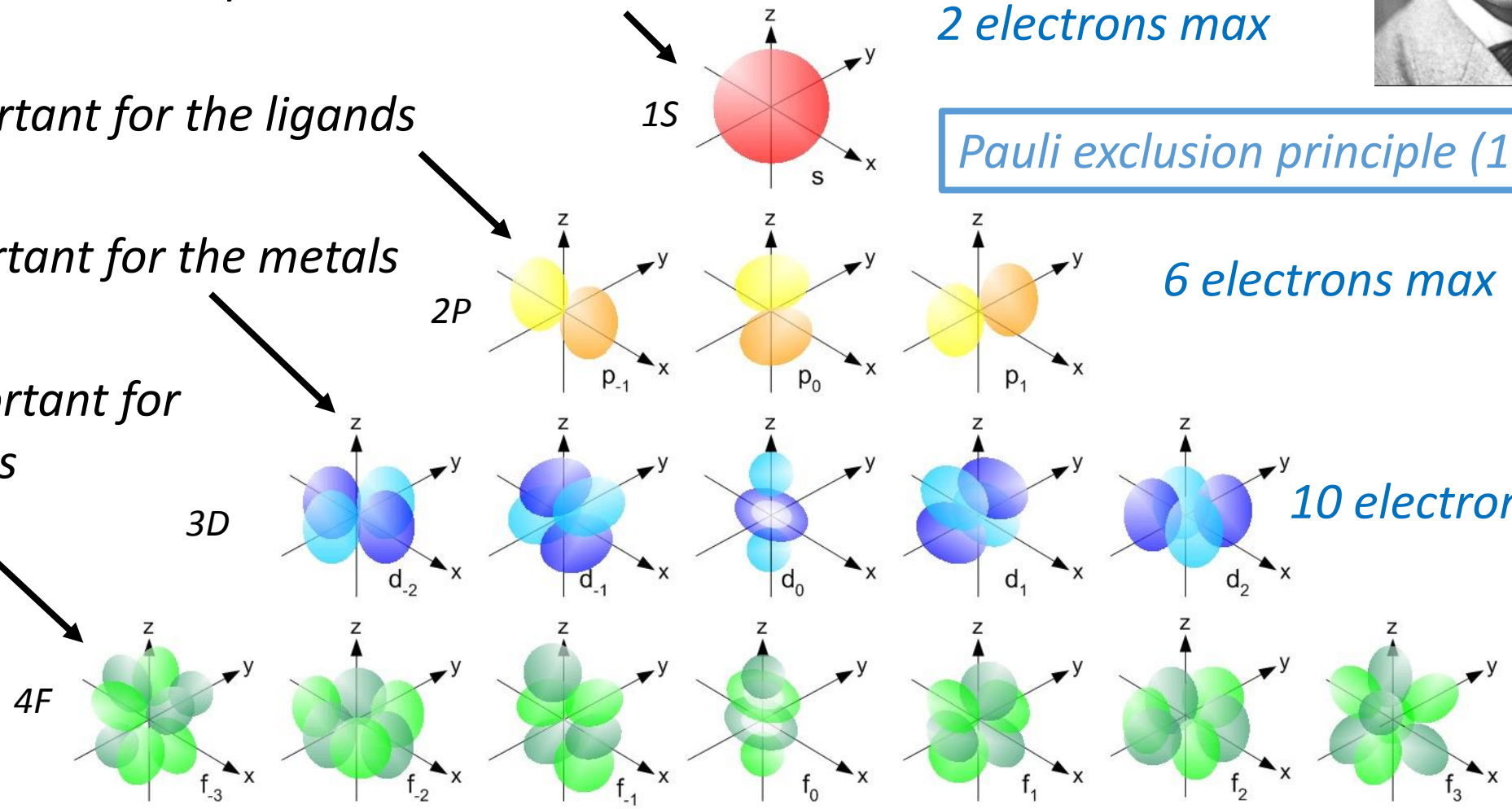
2 electrons max

Pauli exclusion principle (1925)

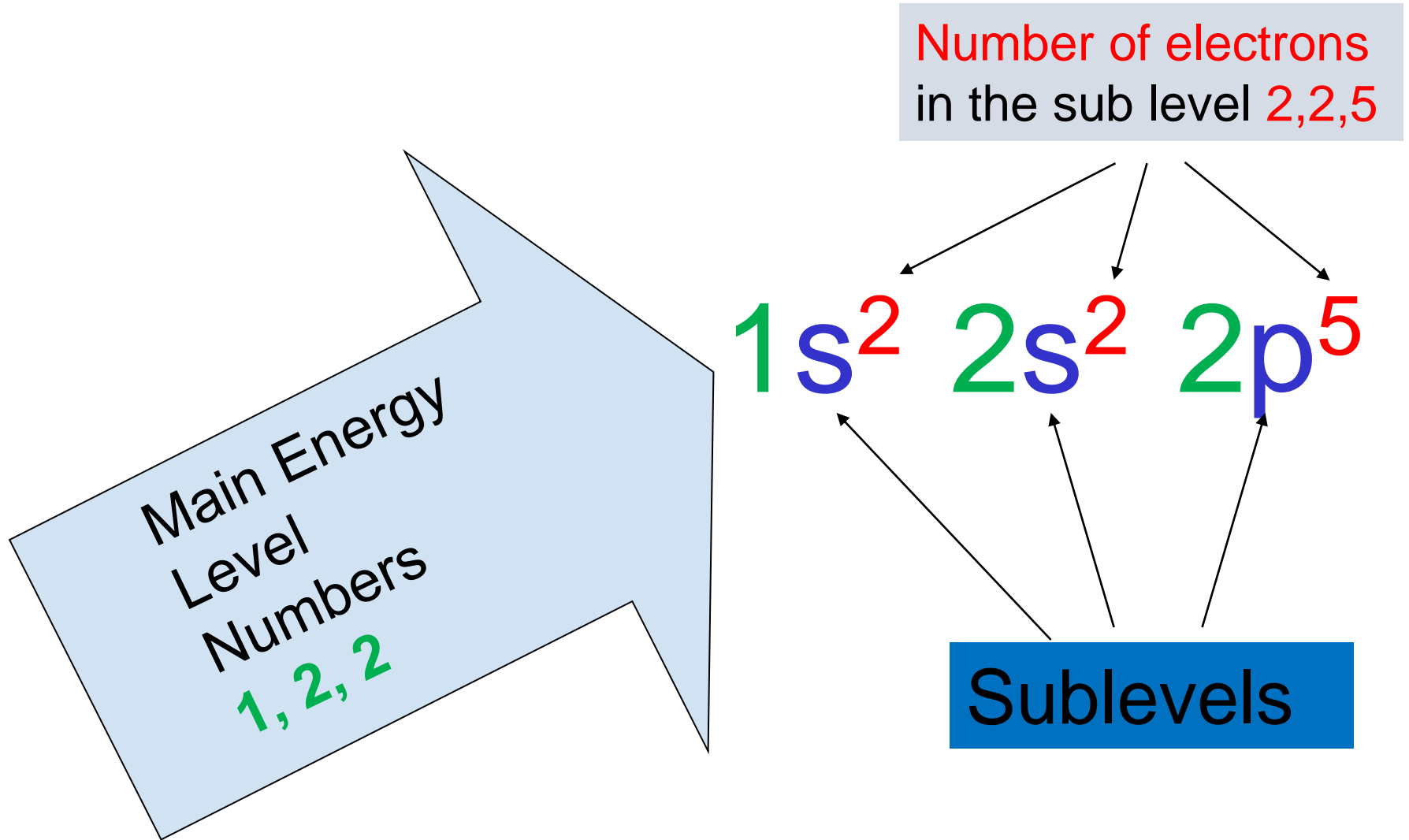
6 electrons max

10 electrons max

14 electrons max



Standard Notation of Fluorine

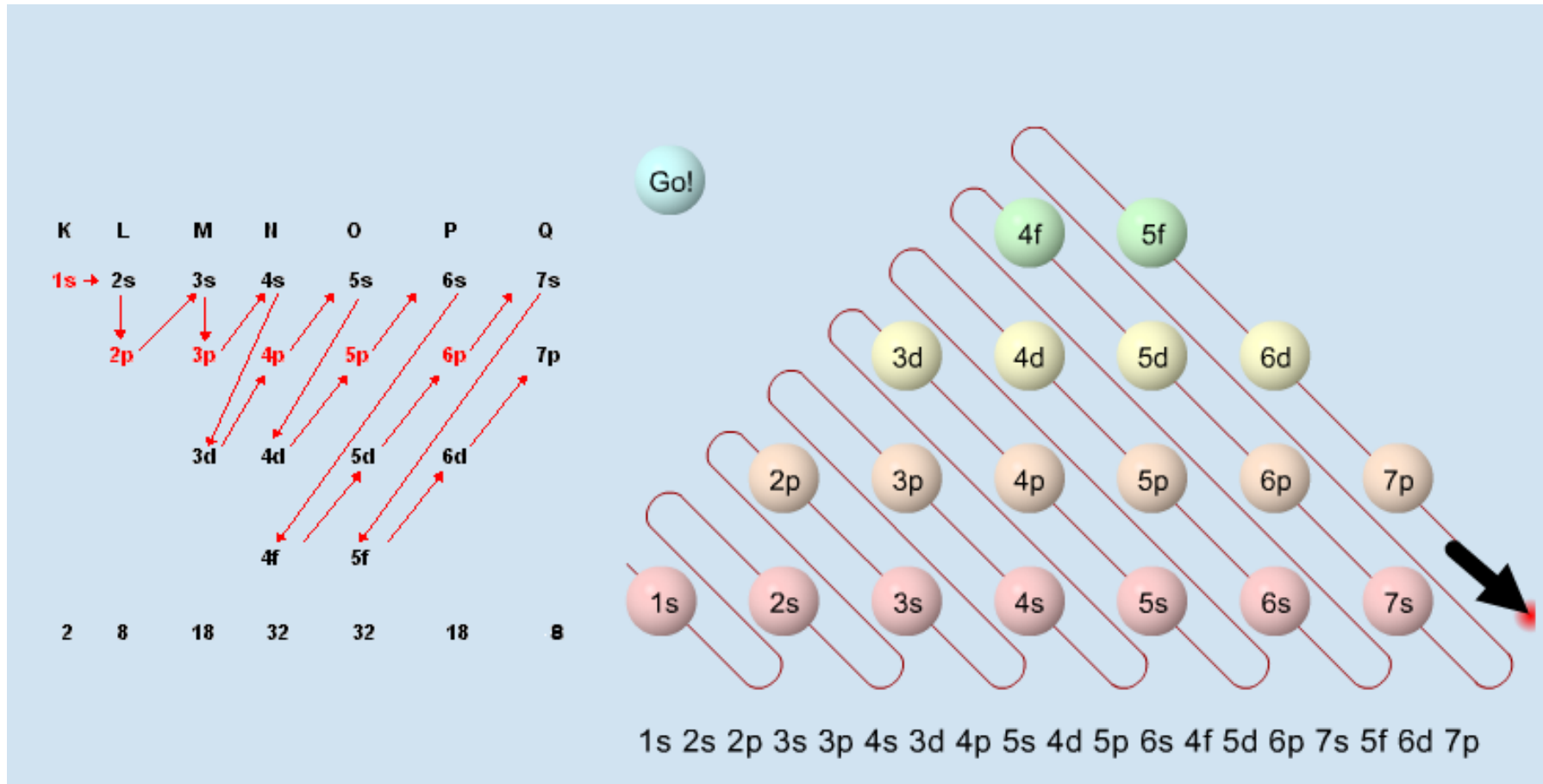


Hund's rule

Orbital Filling Order (Diagonal Rule).

It is a semi-empirical law with exceptions case

Minimize the coulomb interaction + Pauli exclusion principle.



Orbital occupancy for the transition metals

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Element	Partial Orbital Diagram			Unpaired Electrons
	4s	3d	4p	
Sc	↑↓	↑		1
Ti	↑↓	↑ ↑		2
V	↑↓	↑ ↑ ↑		3
Cr	↑	↑ ↑ ↑ ↑ ↑		6
Mn	↑↓	↑ ↑ ↑ ↑ ↑		5
Fe	↑↓	↑↓ ↑ ↑ ↑ ↑		4
Co	↑↓	↑↓ ↑↓ ↑ ↑ ↑		3
Ni	↑↓	↑↓ ↑↓ ↑↓ ↑ ↑		2
Cu	↑	↑↓ ↑↓ ↑↓ ↑↓ ↑↓		1
Zn	↑↓	↑↓ ↑↓ ↑↓ ↑↓ ↑↓		0

Paramagnetic

Antiferromagnetic !!!!

Néel temperature

Antiferromagnetic

or paramagnetic !!!!

Néel temperature

Ferromagnetic

Diamagnetic

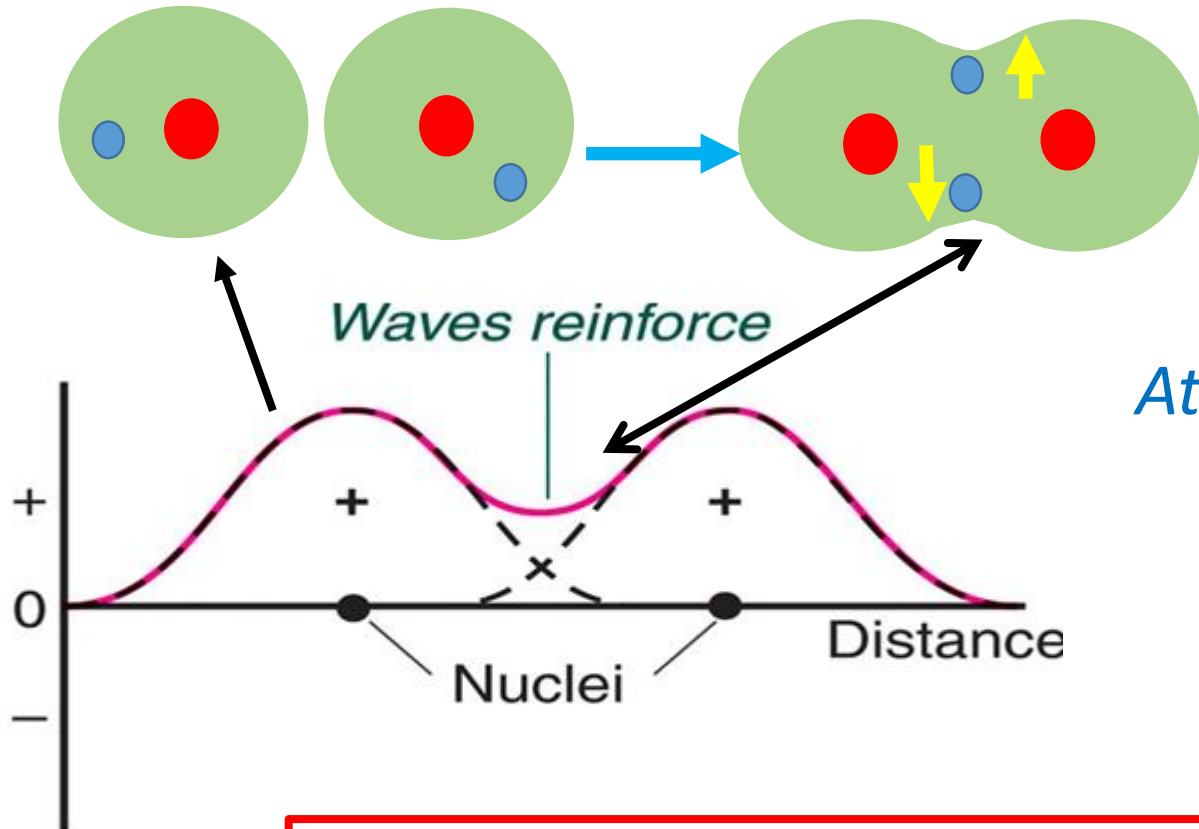
3d ferromagnetism

- 1) When the sub shell is not full.
- 2) Depend of the distance between the atoms and the radius shell 3d.
- 3) Exchange energy (Heisenberg 1927)

It is preferable to use the exchange model

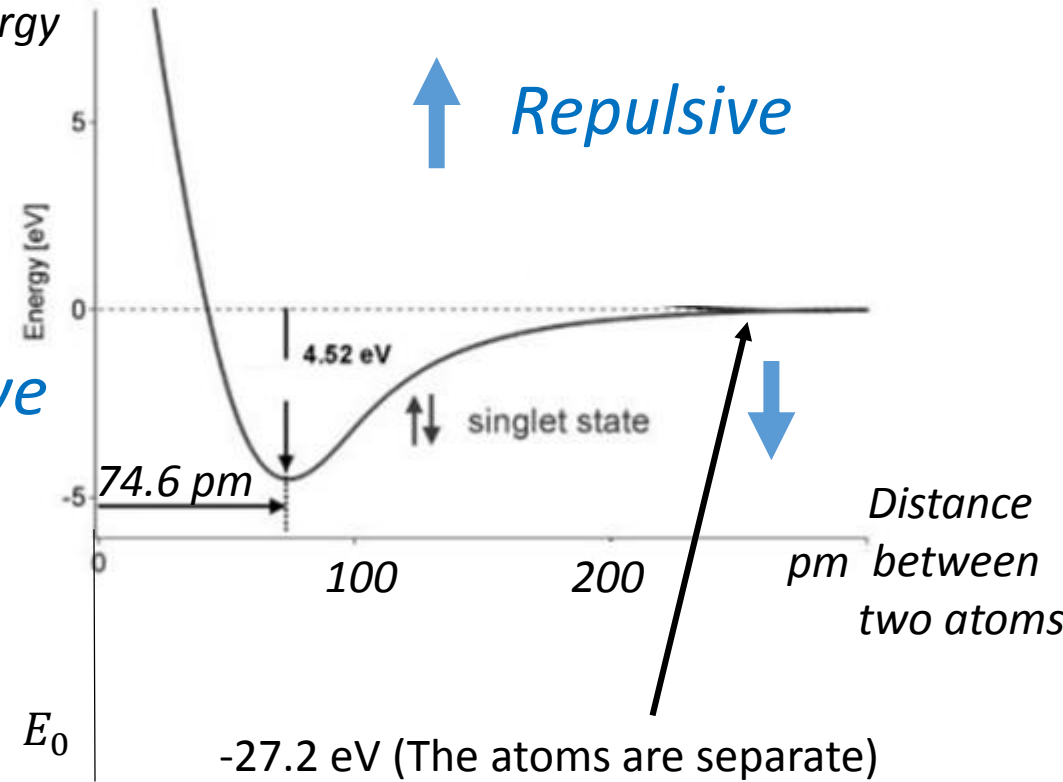
Orbital model for H_2

Bonding



Pauli exclusion principle forbid the same spin orientation.

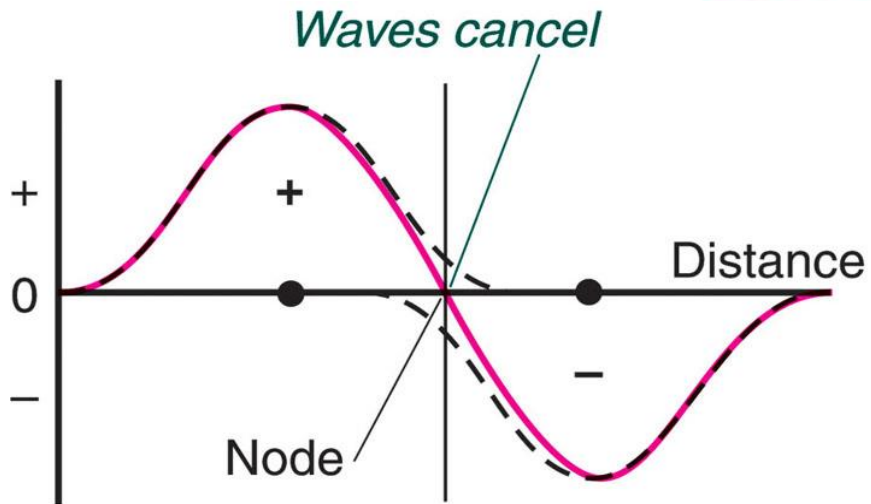
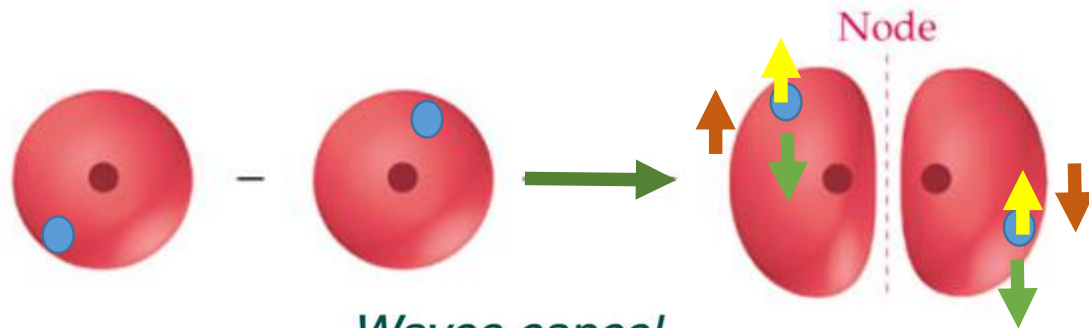
Energy



symmetric for the waves, antisymmetric for the spin

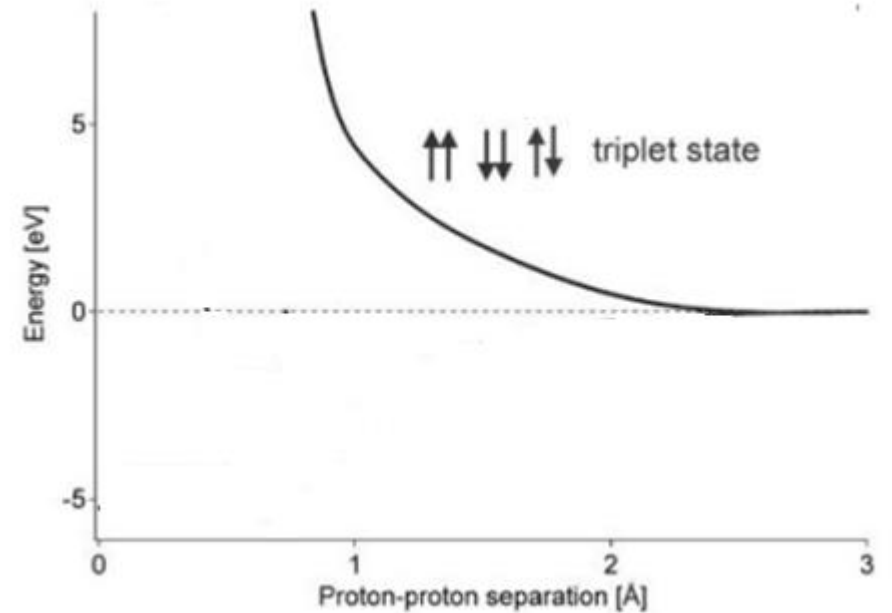
Orbital model for H_2

Antibonding



Antibonding

Not stable (Coulomb repulsion between protons)



Two different orbitals $1s$ allow the same spin orientation.

symmetric for the spin,
antisymmetric for the waves

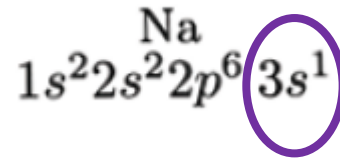
Band theory (Solid state physics)

Now let's take a closer look at the energy levels in solid sodium. Remember, the 3s is the outermost occupied level.

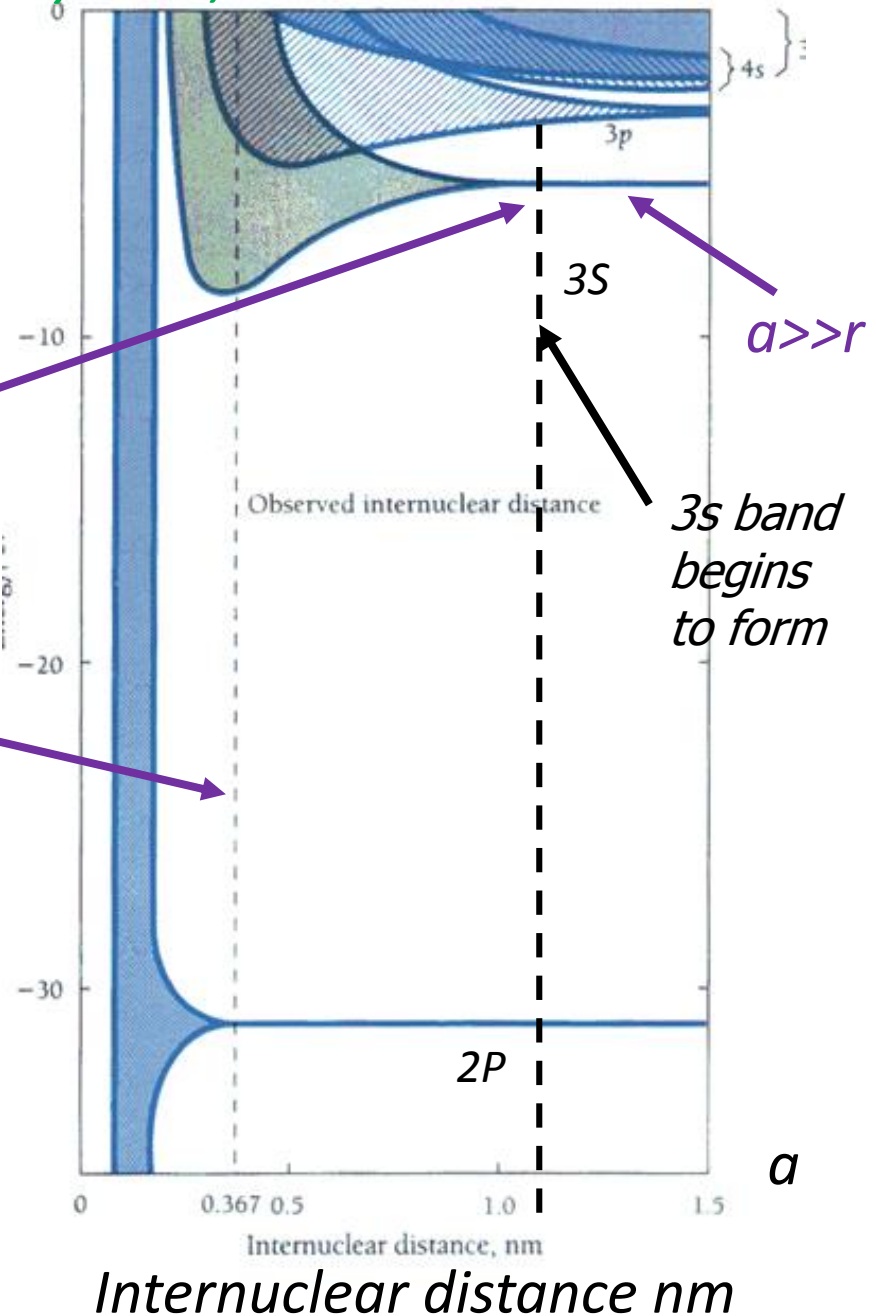
We reduce the distance between the atoms. The energy differences are very small, but enough so that a large number of electrons can be in close proximity and still satisfy the Pauli exclusion principle

The result is the formation of energy **bands**, consisting of many states close together but slightly split in energy.

Radius atom Na
= 180 pm



$$a \approx 2r$$



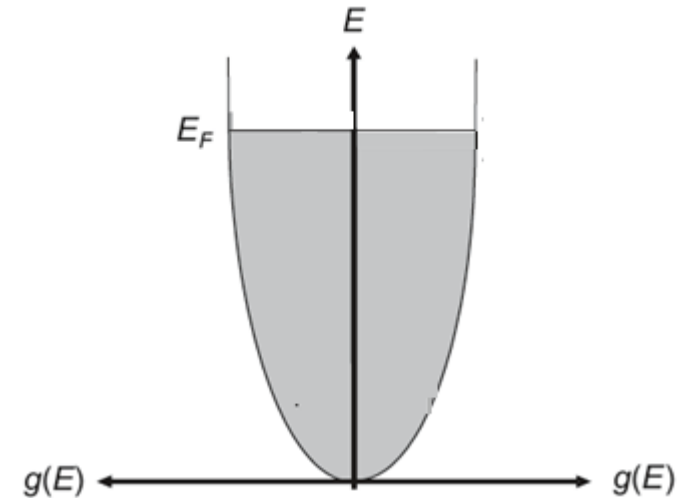
Sommerfeld model of free electrons (1928)



- 1) We are in the non relativist case.
- 2) We don't consider the full subshells $\Sigma L_i=0$ and $\Sigma S_i=0$ until the subshell 3p (included). It is a have a positive ion.
- 3) We consider the itinerant electrons as a gas (the electrons inside the subshell 3d and the last subshell 4s).
- 4) The itinerant electrons have a kinetic energy only.
- 5) It is a first approximation.

Heisenberg uncertainty principle (1927)

$$\Delta p * \Delta r \geq \hbar/2$$



1) The Pauli exclusion principle and the uncertainty principle limit the number of electrons with a low velocity.

2) If you increase the number of electrons, you must increase their velocity because all the states with a lower energy are busy...

Fermi-Dirac distribution (Sommerfeld model)

- Each state can hold 2 electrons of opposite spin (Pauli's principle).
- Near zero degree Kelvin the free electrons have a kinetic energy.

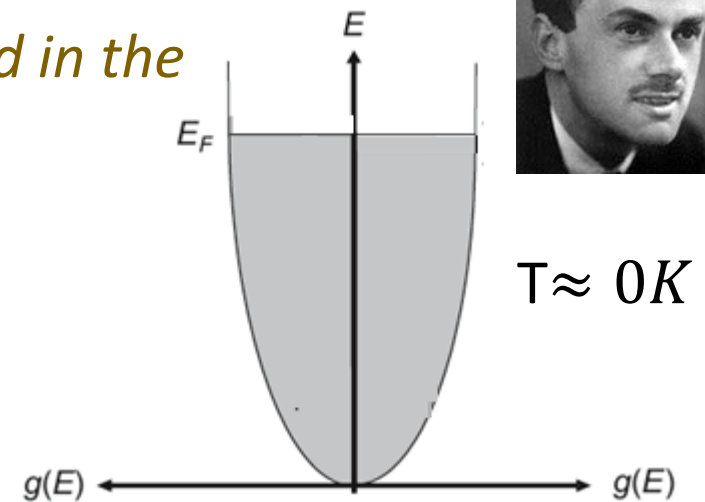
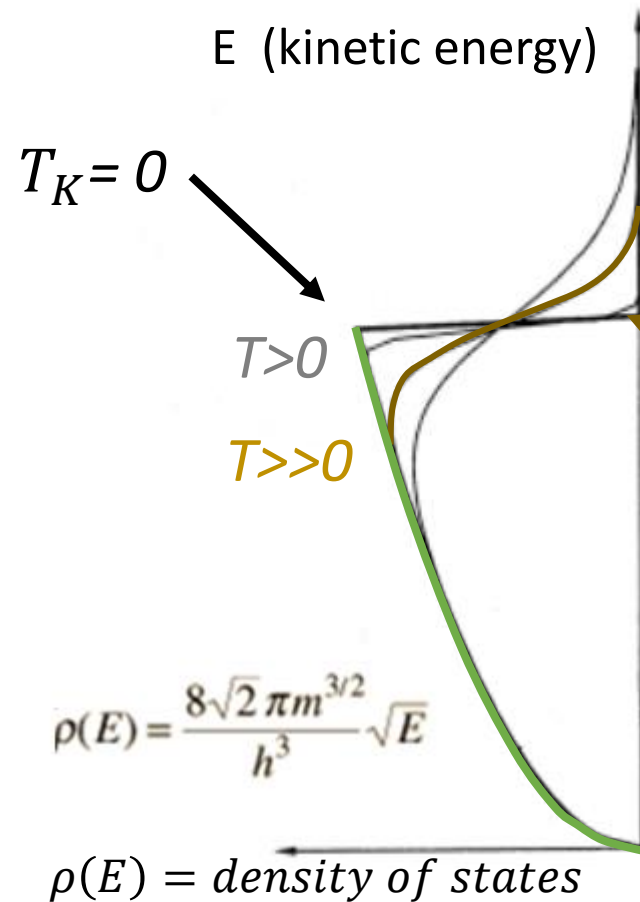
For a transition metal, the augmentation of temperature is created by the nucleus vibrations. These vibrations obey to a Bose-Einstein distribution.

Only the free electrons near the Fermi are sensitive to the temperature (Fermi-Dirac distribution).

The spin of these particles is oriented in the sense that the external field.

E_F (Fermi energy)

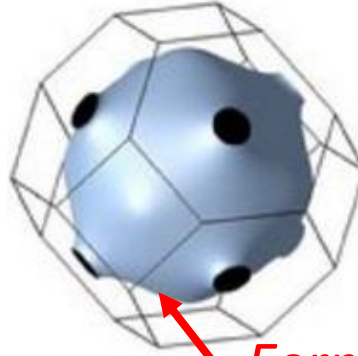
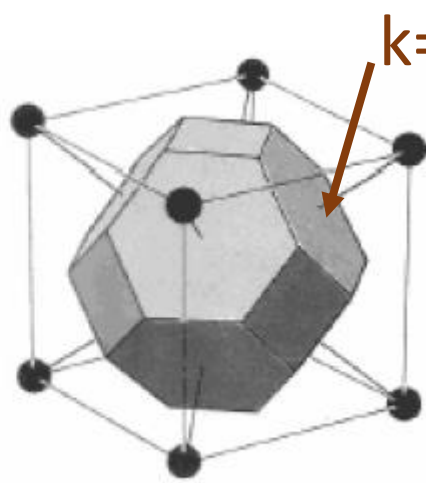
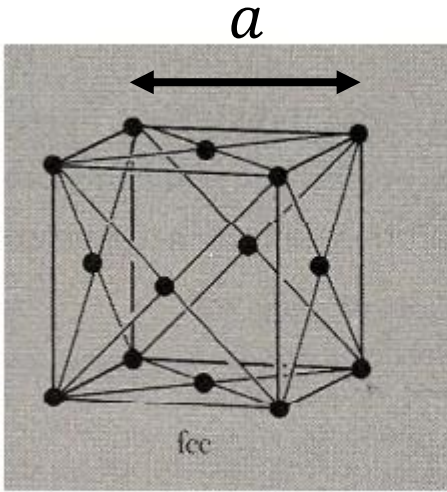
$$E_F = \frac{\hbar^2 k_F^2}{2m} = \frac{\hbar^2}{2m} (3\pi^2 \eta_e)^{2/3}$$



Fermi Parameters for some metals (Sommerfeld model)

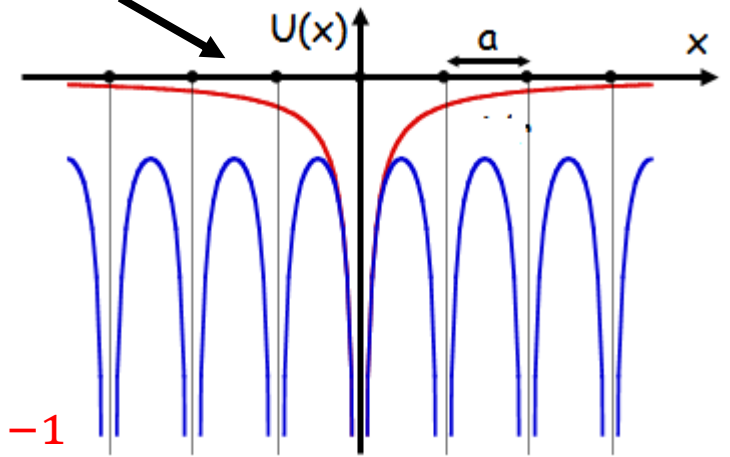
Element	Molar volume	electrons	density	Fermi energy calculated	Fermi temperature	Fermi velocity	electrons cm ⁻³
	m^3/mol		g/cm^3	$E_F [eV]$	$T_F [10^3 K]$	$10^8 cm^{-1}$	
Scandium	15,00×10 ⁻⁶	21	2.985				4.01 10 ²²
Titanium	10,64×10 ⁻⁶	22	4.506				5.67 10 ²²
Vanadium	8,32×10 ⁻⁶	23	6.01				7.20 10 ²²
Chromium	7,23×10 ⁻⁶	24	7.19				8.33 10 ²²
manganese	7,35×10 ⁻⁶	25	7.31	10.9	12.7	1.96	8.19 10 ²²
Fe	7,09×10 ⁻⁶	26	7.874	11.15	12.94	1.98	8.49 10 ²²
Co	6,67×10 ⁻⁶	27	8.9	11.7	13.58	2.03	9.01 10 ²²
Ni	6,59×10 ⁻⁶	28	8.902	11.74	13.62	2.03	9.14 10 ²²
Cu	7,11×10 ⁻⁶	29	8.96	7.04	8.17	1.57	8.47 10 ²²
Zn	9,16×10 ⁻⁶	30	7.14	9.47	10.9	1.82	6.57 10 ²²

Fermi surface for Ag Bloch model 1946



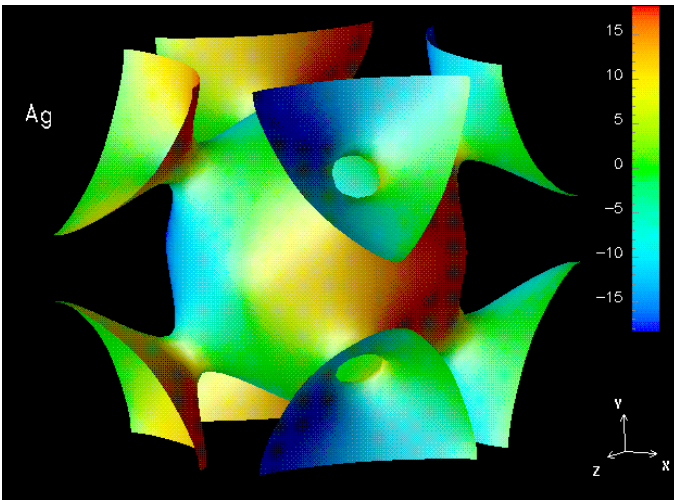
Atomic nucleus

$$k = \frac{4\pi}{a} = 39.2 \cdot 10^9 \text{ m}^{-1}$$



Crystalline structure for Ag

The reference for k is the radius of the atom



$$p * \lambda = h$$

$$p = \hbar * k$$

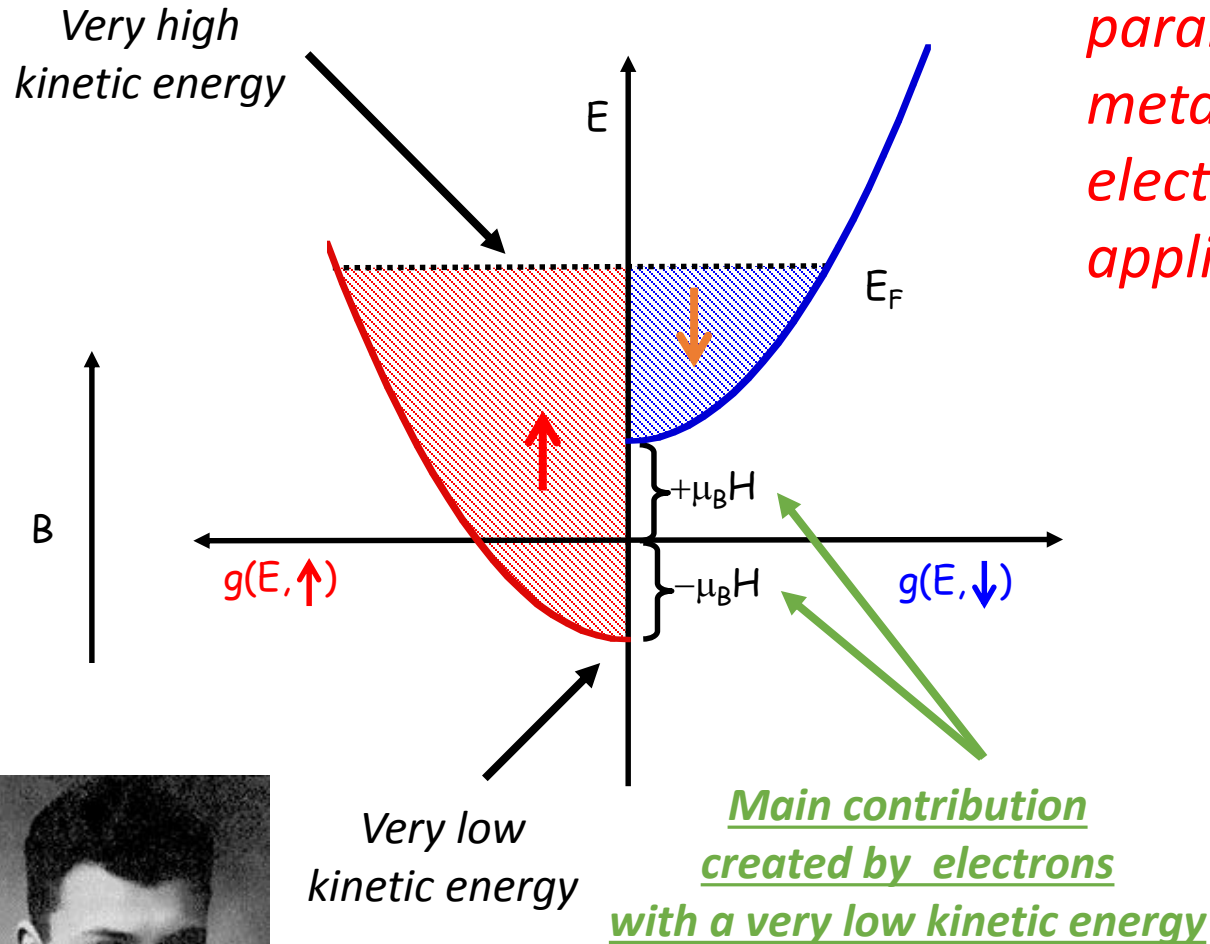
A velocity in a direction isn't possible if the wavelength is already occupied by a distance between two atoms.

$$\frac{p}{\hbar} = k < 4\pi/a$$



Free Electrons for the metals in a Magnetic Field (Pauli paramagnetism $T \approx 0K$)

“The difference between paramagnetism and Pauli paramagnetism is that the latter applies to a metal because it describes the tendency of free electrons in an electron gas to align with an applied magnetic field.” [Inna Vishik](#) (Stanford)



Magnetic Spin – Susceptibility

Low temperature

$$\chi_P = \frac{M}{H} = \frac{3\eta_e \mu_0 \mu_B^2}{2E_F}$$

(Pauli Paramagnetism)



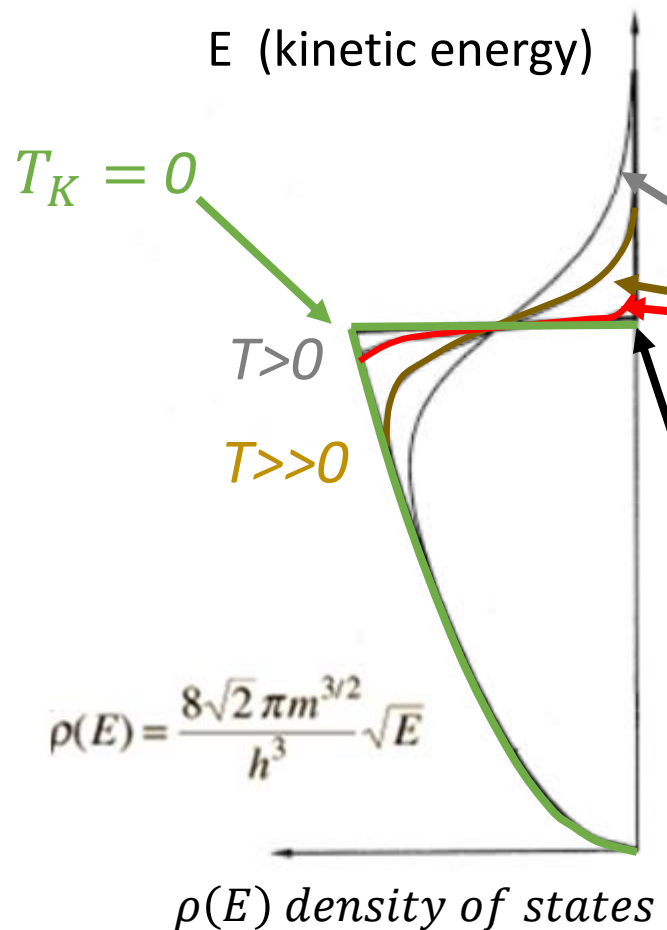
Titanium Pauli magnetic susceptibility (χ_{mol}) $33.4 \cdot 10^{-6} \text{ cm}^3 / \text{mol}$

Vanadium Pauli magnetic susceptibility (χ_{mol}) $84.2 \cdot 10^{-6} \text{ cm}^3 / \text{mol}$

Paramagnetism for free electrons.

Fermi gas of electrons without an external magnetic field.

The electrons are free (no subshell)



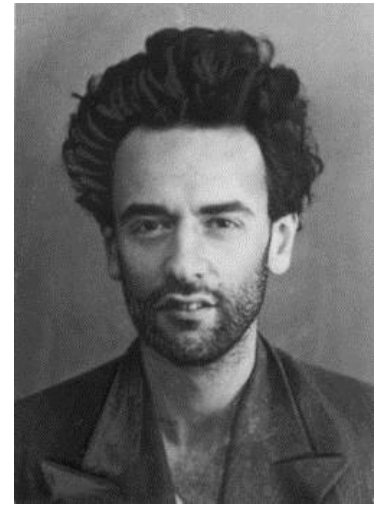
- 1) The order of the Fermi kinetic energy is high $T \approx 10\,000\text{ K}$.
- 2) The reference temperature is $\approx 300\text{ K}$.
- 3) The thermal energy can increase the kinetic energy only for a very small number of particles.
- 4) The spin of these particles is oriented in the sense that the external field.
- 5) The paramagnetism is created by these electrons...

$$\chi_{\text{Pauli}} \sim \chi_{\text{curie}} \left(\frac{T}{T_F}\right) \sim \chi_{\text{Pauli}} 10^{-2}$$

$T \approx 0\text{ K}$

$T \approx 300\text{ K}$

Landau diamagnetism (1930) $T \approx 0K$



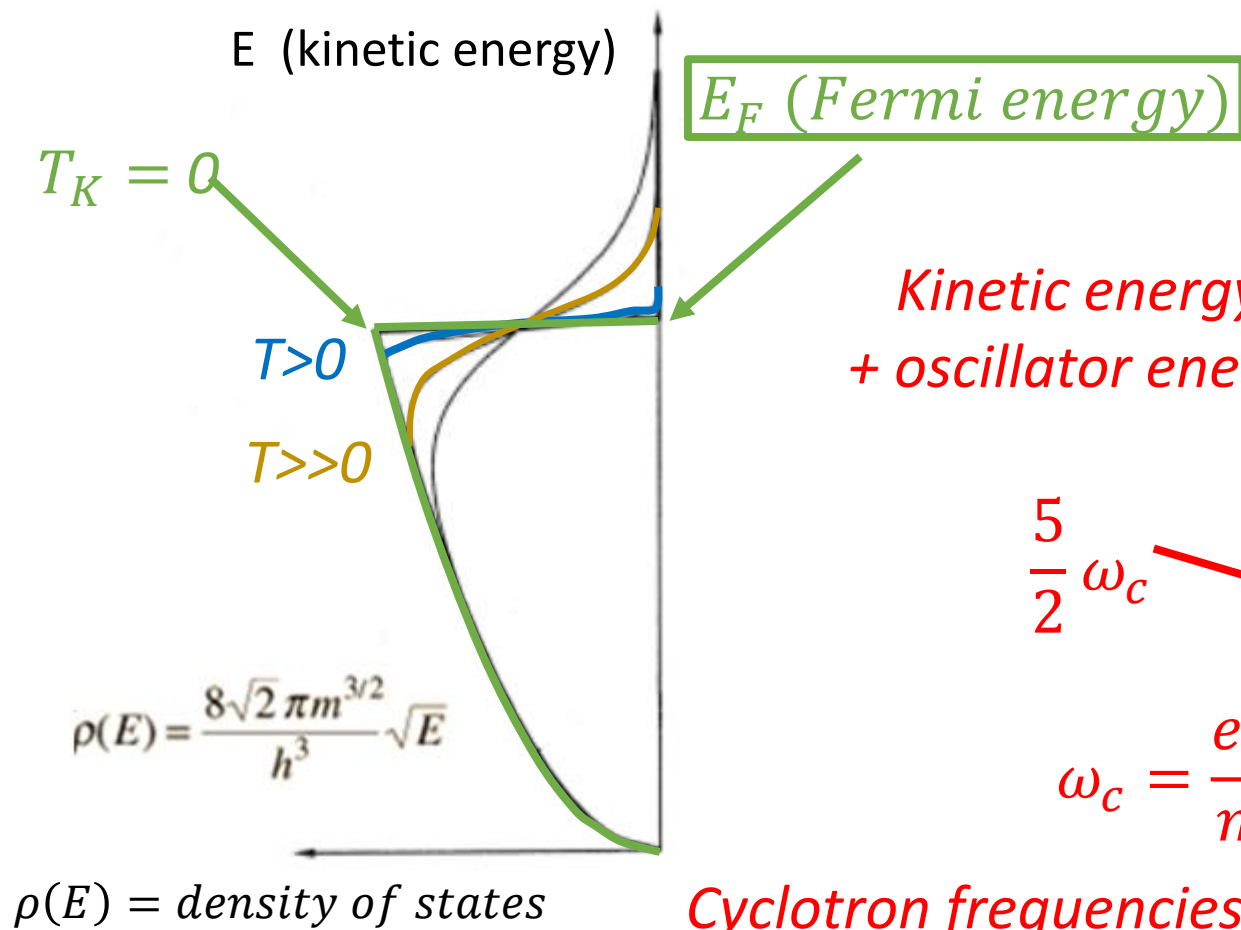
- 1) A gas of free electrons in a magnetic field.
- 2) Free electrons move along spiral trajectories.
- 3) Lenz's law.
- 4) Diamagnetic effect.
- 5) The energy of the free electrons depend of
 - A) The kinetic energy is principally limited by the energy of Fermi.
 - B) The quantification of the energy created by the circular movement of the electrons

$$E_l = \left(l + \frac{1}{2}\right) \hbar \omega_c. \quad M_{Landau} = -\frac{N \mu^2}{2k_B T_F} B \quad \chi_{Landau} = -\frac{\chi_{Pauli}}{3}$$

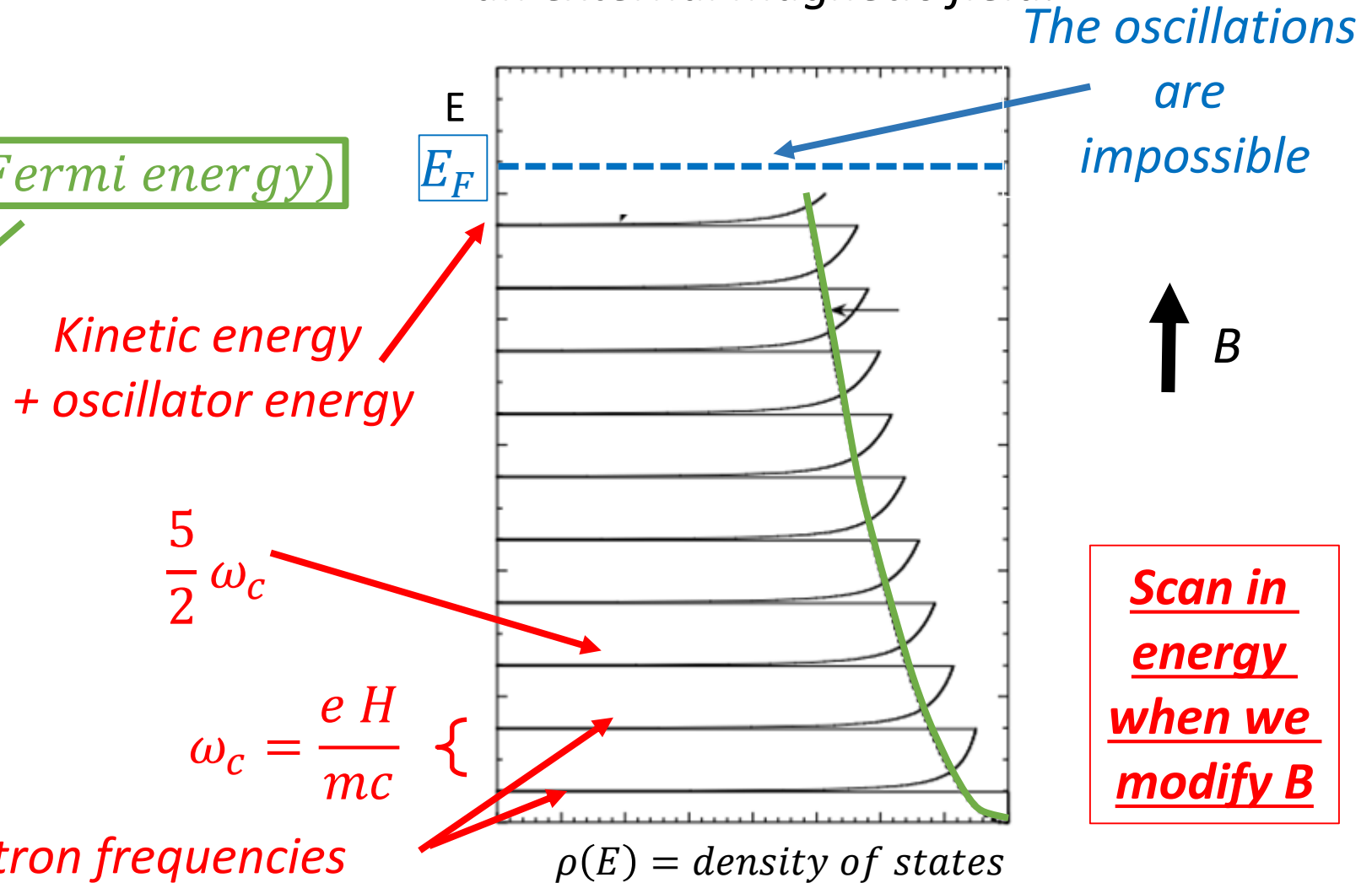
Titanium	<u>Landau diamagnetic susceptibility (χ_{mol})</u>	$-11.1 \cdot 10^{-6} \text{ cm}^3 / \text{mol}$
Vanadium	<u>Landau diamagnetic susceptibility (χ_{mol})</u>	$-28.6 \cdot 10^{-6} \text{ cm}^3 / \text{mol}$

Landau diamagnetism $T \approx 0K$

Fermi gas of electrons without an external magnetic field.

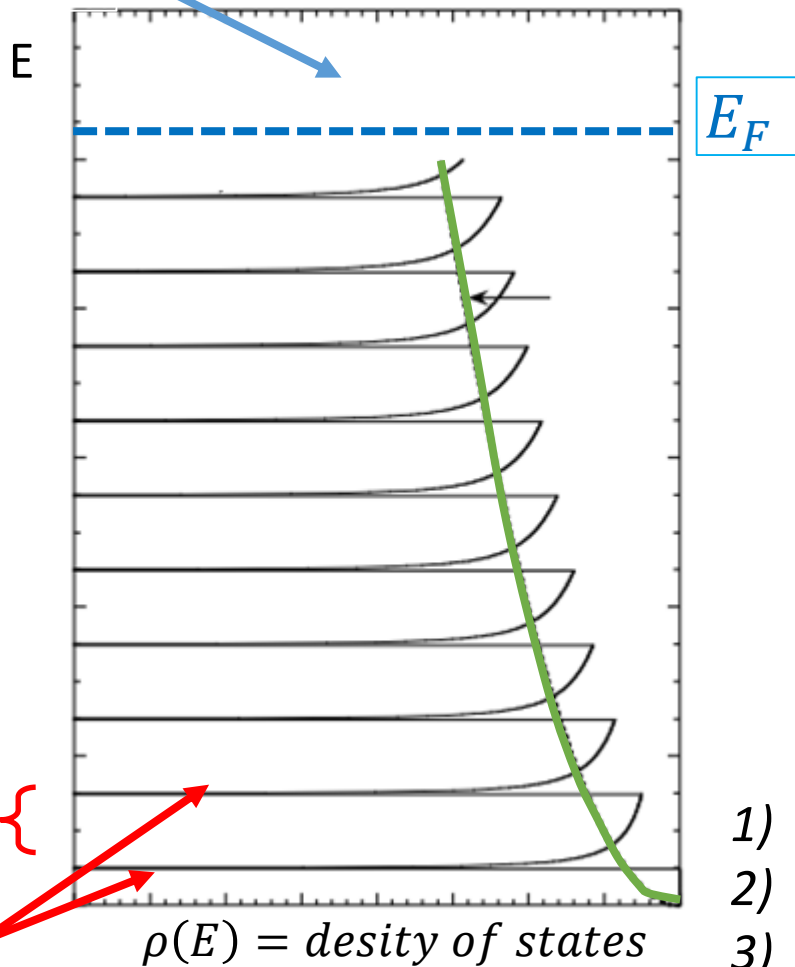


Fermi gas of electrons with an external magnetic field.



Haas-van Halphen effect (1930) $T \approx 0K$

The oscillations are impossible

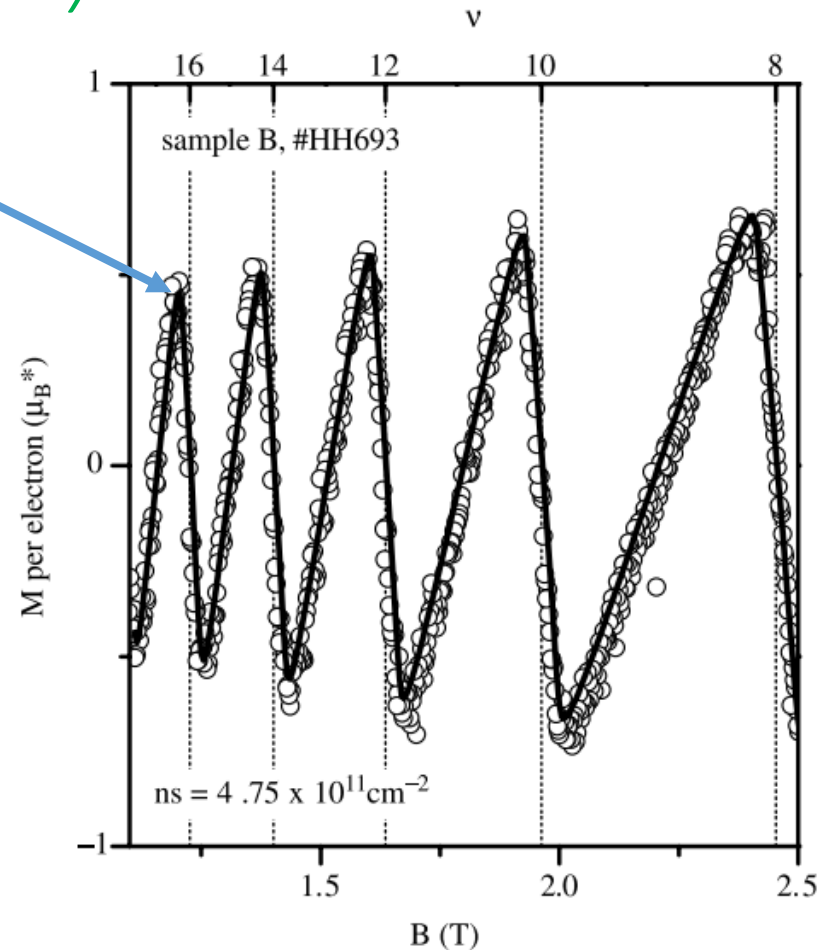


$\omega_c \uparrow$ if $H \uparrow$

$$\omega_c = \frac{eH}{mc}$$

$\rho(E) = \text{density of states}$

E_F

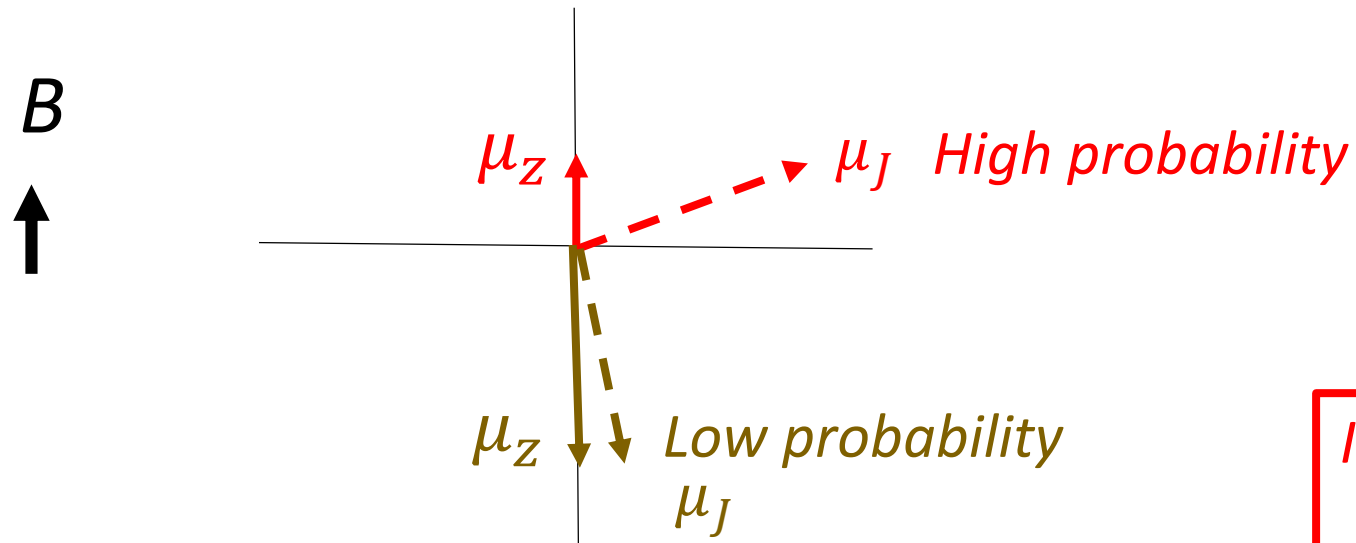


- 1) The cyclotron frequencies increase with the magnetic field.
- 2) The diamagnetic field increase with the energy.
- 3) The diamagnetic field stopped with the E_F .
- 4) The diamagnetic field increase again with the next cyclotron frequency.

Cyclotron frequencies

Brillouin-Langevin paramagnetism

- 1) Each atom is independent.
- 2) For each atom, the total magnetic moment μ_J (orbitals + spin) is the same for each atom. It is calculated with quantum mechanics.
- 3) The distribution of the magnetic moments obeys the Boltzmann distribution.
- 4) We calculate $\langle \text{total magnetic moment} \rangle$ for one atom and multiply by N .
- 5) We use the Z axis as reference.



$$\mu_J = g_J J \mu_b$$
$$\mu_z = g_J m \mu_b$$

In quantum mechanics the number of orientations is limited

Paramagnetism

Scandium	<u>Electrical resistivity</u>	$55 \times 10^{-8} \Omega \text{ m}$ (at 20 °C)
	<u>Magnetic susceptibility (χ_{mol})</u>	$+ 3.956 \times 10^{-9} \text{ m}^3/\text{mol}$
	<u>Electronegativity</u>	Pauling scale: 1.36
Titanium	<u>Electrical resistivity</u>	$40 \times 10^{-8} \Omega \text{ m}$ (at 20 °C)
	<u>Magnetic susceptibility (χ_{mol})</u>	$+1.919 \times 10^{-9} \text{ m}^3/\text{mol}$
	<u>Electronegativity</u>	Pauling scale: 1.54
Vanadium	<u>Electrical resistivity</u>	$20 \times 10^{-8} \Omega \text{ m}$ (at 20 °C)
	<u>Magnetic susceptibility (χ_{mol})</u>	$+3.199 \times 10^{-9} \text{ m}^3/\text{mol}$
	<u>Electronegativity</u>	Pauling scale: 1.63

1) The valence electrons are located in the 3d subshell and 4s.

2) The number of electrons with the same spin orientation is limited.

Remark:

Electronegativity is a chemical property that describes the tendency of an atom to attract electrons.

Element	Partial Orbital Diagram			Unpaired Electrons
	4s	3d	4p	
Sc	$\uparrow\downarrow$	\uparrow 	 	1
Ti	$\uparrow\downarrow$	\uparrow \uparrow 	 	2
V	$\uparrow\downarrow$	\uparrow \uparrow \uparrow 	 	3

← Paramagnetic

Langevin-Larmor diamagnetism

$\langle r^2 \rangle \approx 1$ →

$$\chi \approx -0.99 \cdot 10^{-5} \cdot Z \sum_{i=1}^Z \frac{1}{Z} \left\langle 0 \left[\frac{r_i^2}{a_0^2} \right] 0 \right\rangle$$

← \approx Borh radius
← Atom radius

Copper

Electrical resistivity	16.78 nΩ·m (at 20 °C)
Electronegativity	Pauling scale: 1.90
Magnetic susceptibility	-6.86×10 ⁻¹¹ m ³ /mol

Zinc

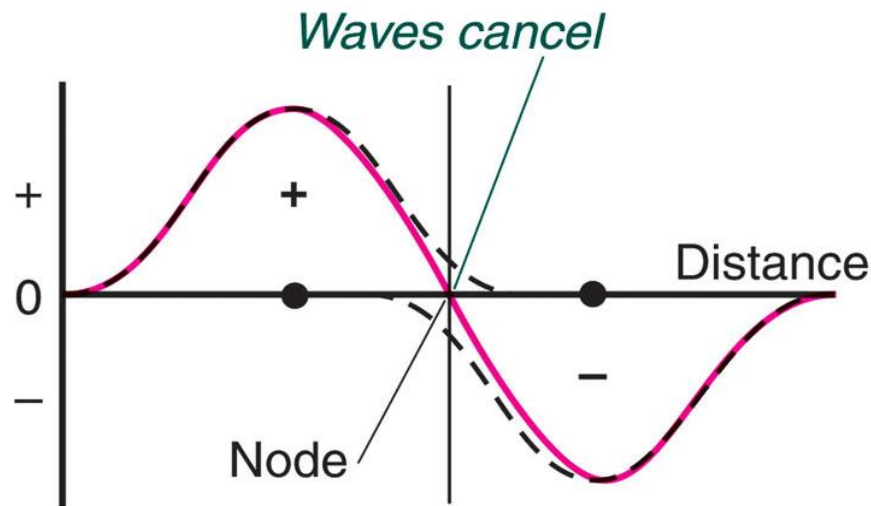
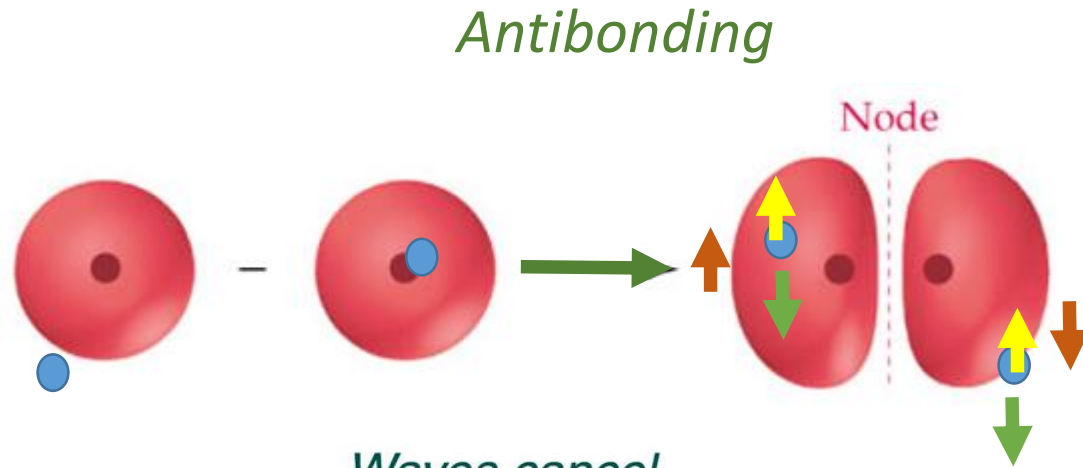
Electrical resistivity	59.0 nΩ·m (at 20 °C)
Electronegativity	Pauling scale: 1.65
Magnetic susceptibility (χ_{mol})	- 1.45×10 ⁻¹⁰ m ³ /mol

- 1) The number of electrons with the same spin orientation is limited.
- 2) The external field modify the external orbit.
- 3) By the law Lenz the electrons create a magnetic field in opposition wit the external field.
- 4) The diamagnetism is localized in the atoms.

Element	Partial Orbital Diagram			Unpaired Electrons
	4s	3d	4p	
Cu	↑	↑↓ ↑↓ ↑↓ ↑↓ ↑↓	□ □ □	1
Zn	↑↓	↑↓ ↑↓ ↑↓ ↑↓ ↑↓	□ □ □	0

← Diamagnetic

Ferromagnetism Heisenberg model (1932)

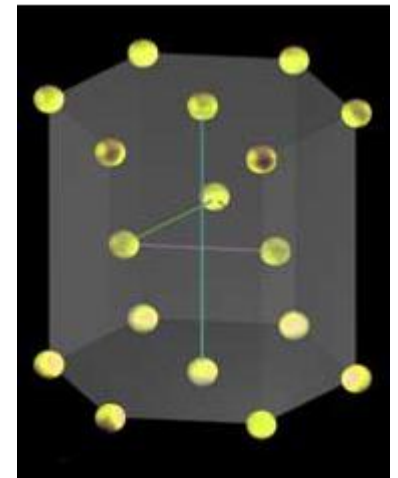
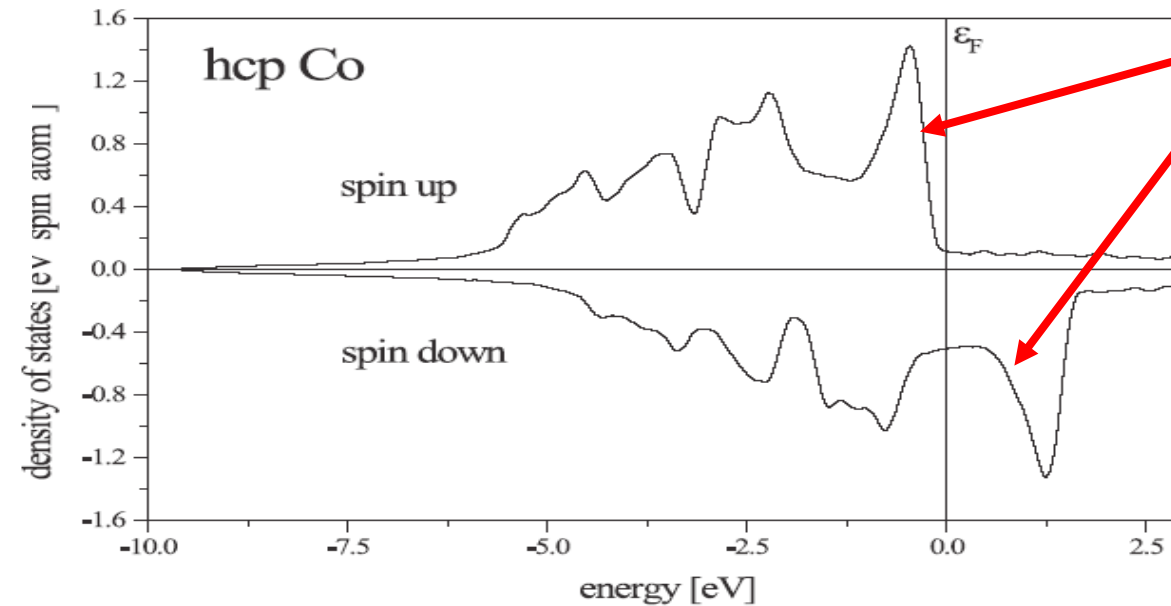
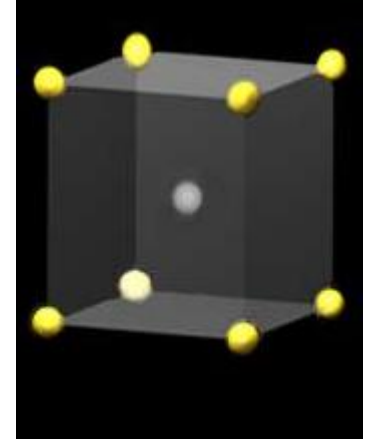
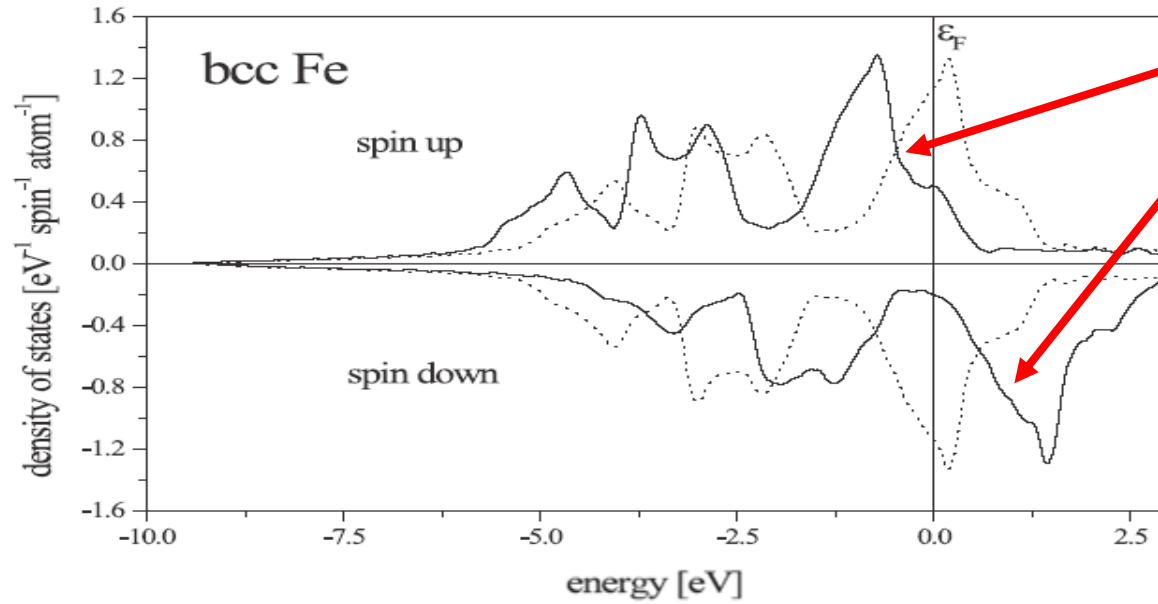
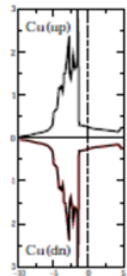
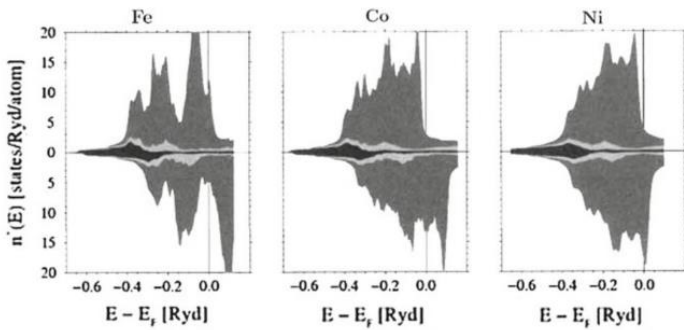
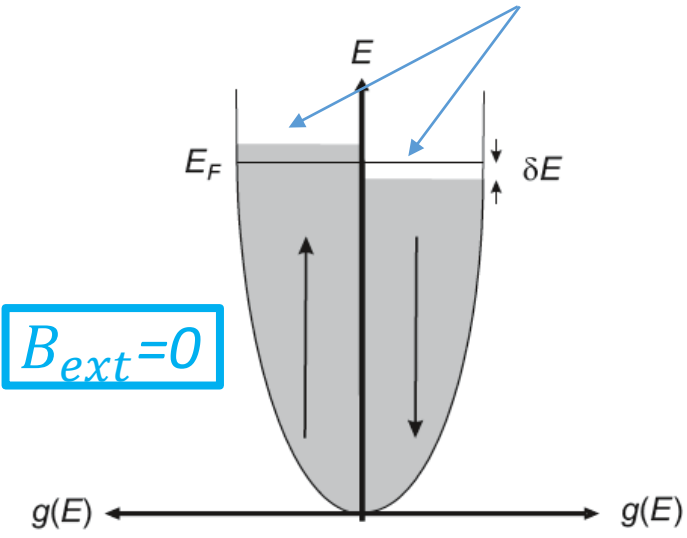


Antibonding

Not stable (Coulomb repulsion between protons)

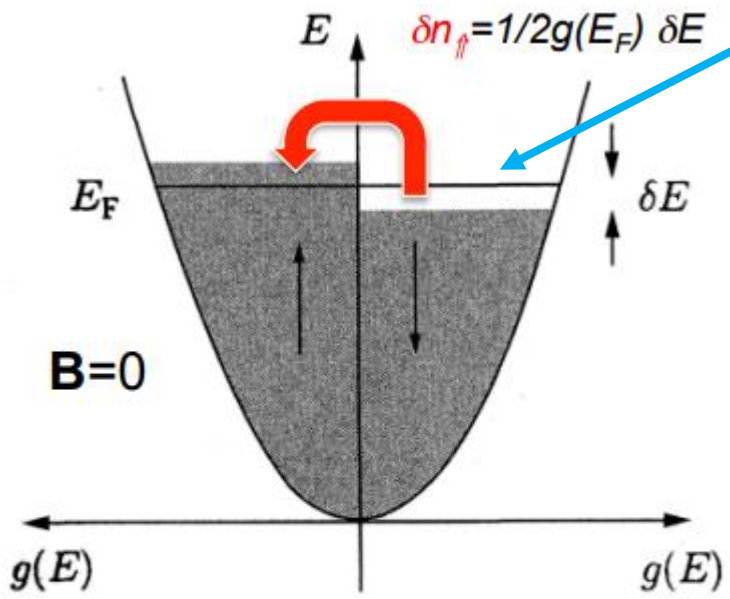
- 1) *The antibonding create the possibility to align the spin in the same direction.*
- 2) *The ferromagnetism is the result between the Coulomb interaction and the Pauli exclusion principle.*
- 3) *The spontaneous spin orientation of the others electrons create a mean magnetic field called molecular field by Weiss.*
- 4) *The model is anisotropic.*
- 5) *The electrons are localized inside the atoms.*

Ferromagnetism Fermi gas (Solid state physics)



$T_K = 300$

Ferromagnetism Stoner model (1938)



1) The molecular field magnetizes the electron gas due to the Pauli paramagnetism (bootstrapping mechanism) without external magnetic field.

2) $\delta n \downarrow$ are flip in $\delta n \uparrow$ sub-band close $E_F + \delta E$.
The number of electrons moved is δn_{\uparrow} .

3) The potential energy $\Rightarrow \Delta E_{pot} = -\frac{1}{2} U g(E_F) \delta E^2$

3) Kinetic energy cost $\Rightarrow \Delta E_{kin} = \frac{1}{2} g(E_F) \delta E^2$.

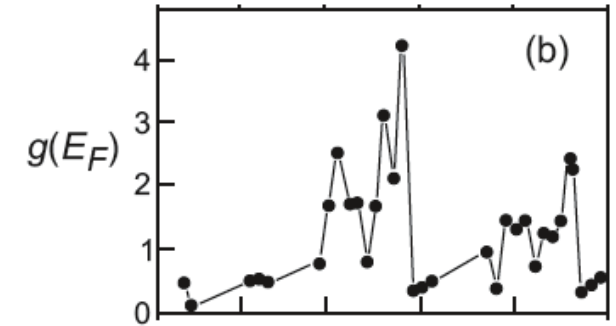
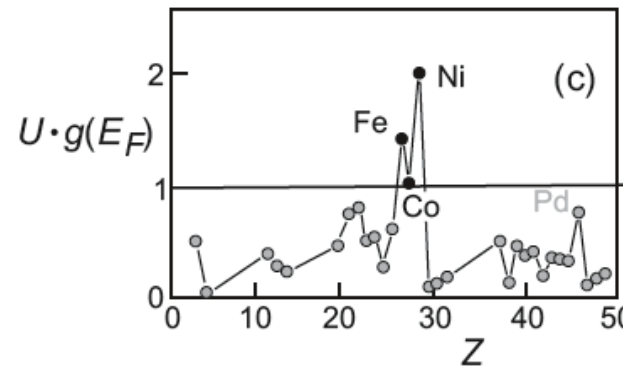
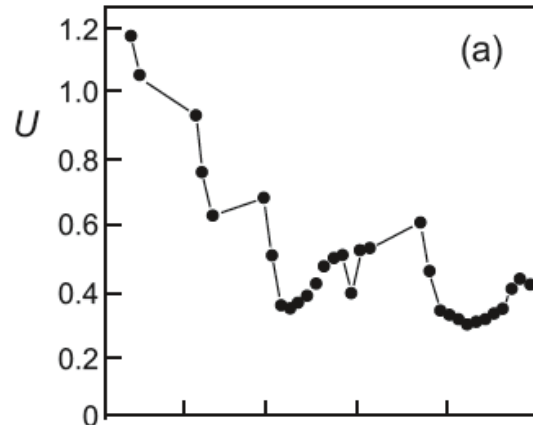
4) $\Delta E_{kin} + \Delta E_{pot} < 0$

$$U g(E_F) \geq 1$$

“Stoner criterion”

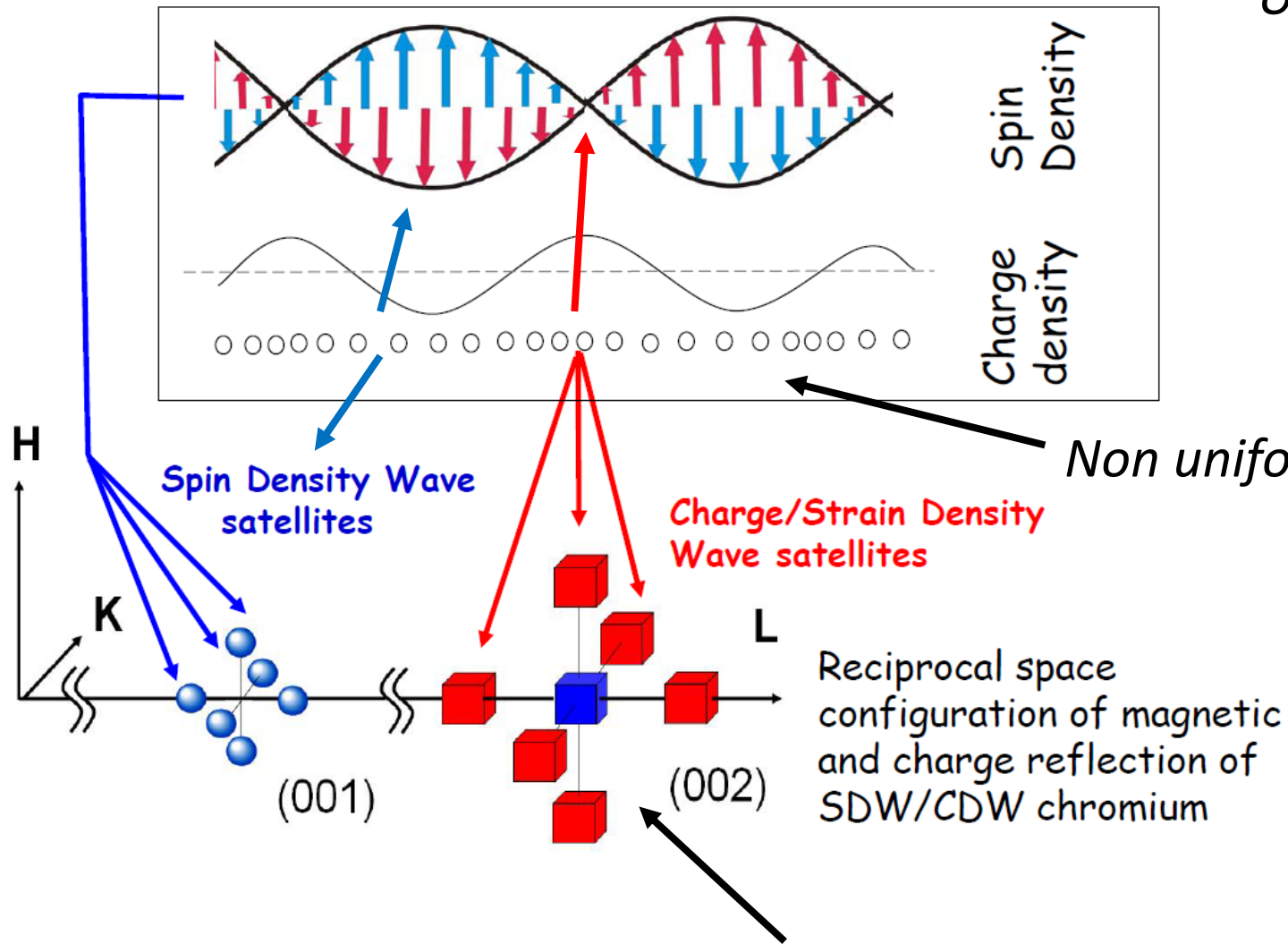
$$n_{\uparrow} = 1/2(n + g(E_F)\delta E)$$

$$n_{\downarrow} = 1/2(n - g(E_F)\delta E)$$

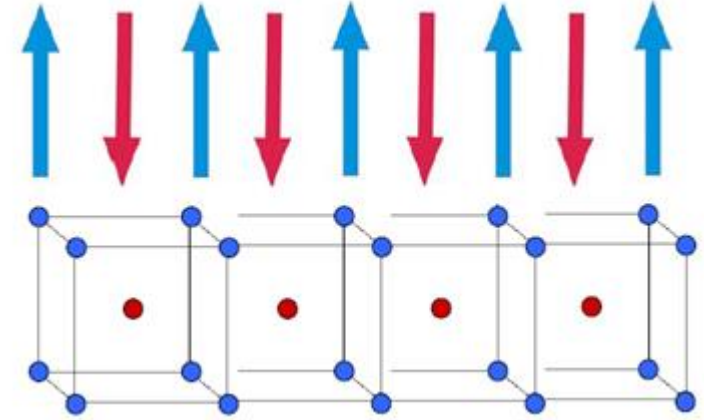


ferromagnetic
paramagnetic

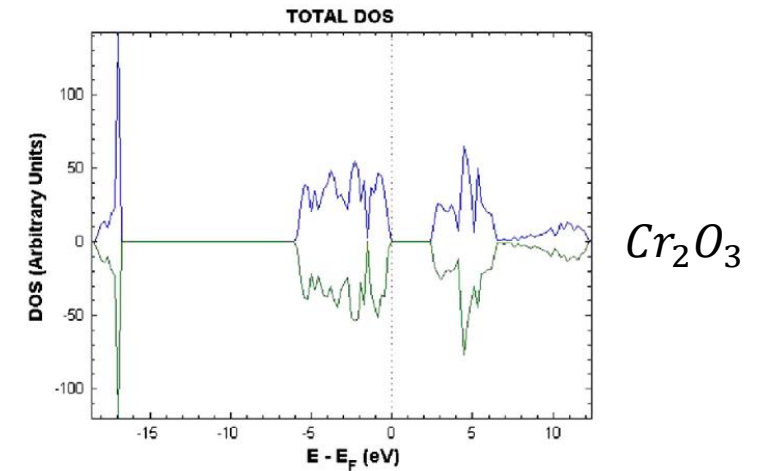
Antiferromagnetism chromium (molecular



Uniform distance between the atoms.

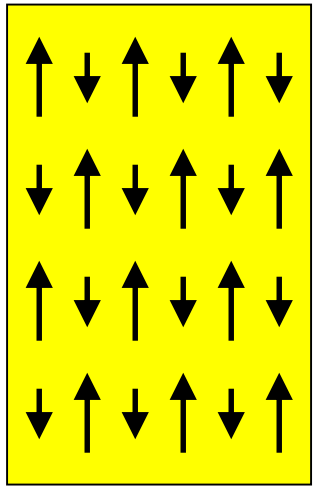


Non uniform distance between the atoms.



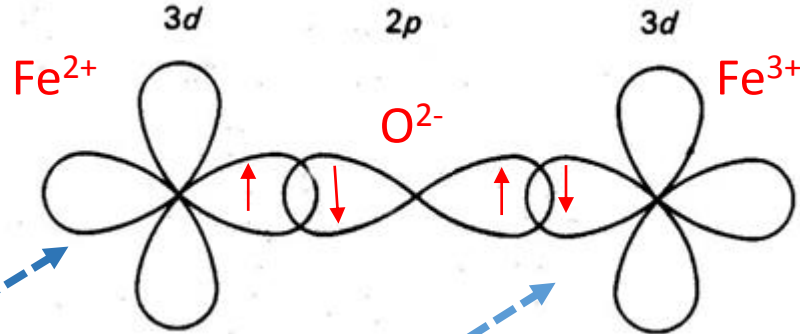
The span in energy of the band valence increase when the distance between the atoms decrease. The gas of electrons have more space and thus the opposite spin are possible.

Ferrimagnetism (molecular quantum)



M

Super-exchange interaction



$6\mu_B$

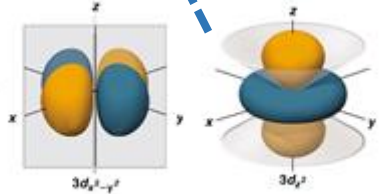
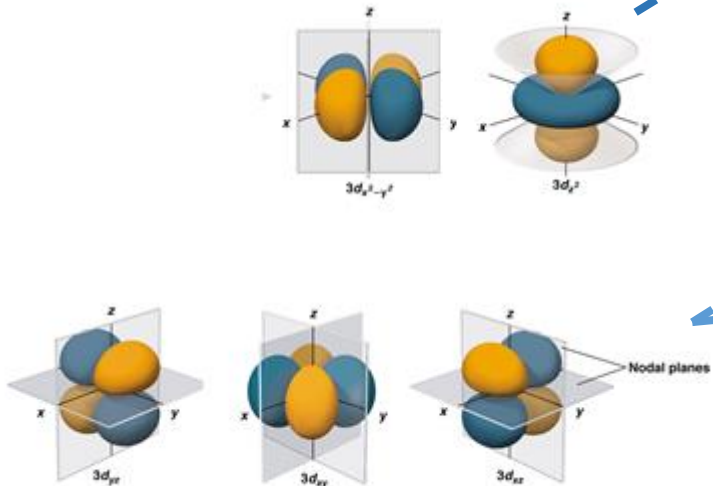
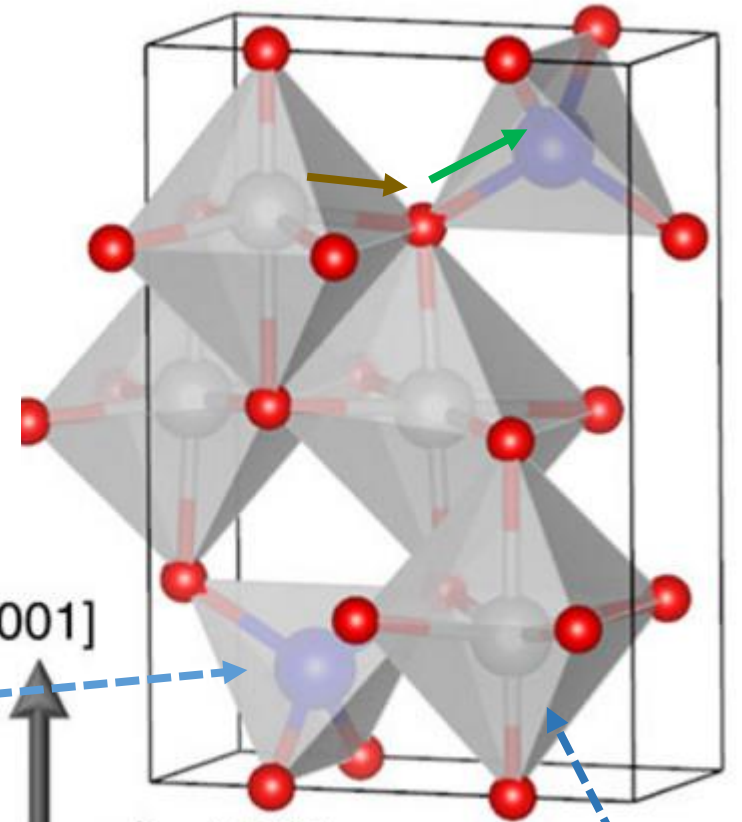
$5\mu_B$

Magnetite (Fe_3O_4)

[001]

[010]

[100]

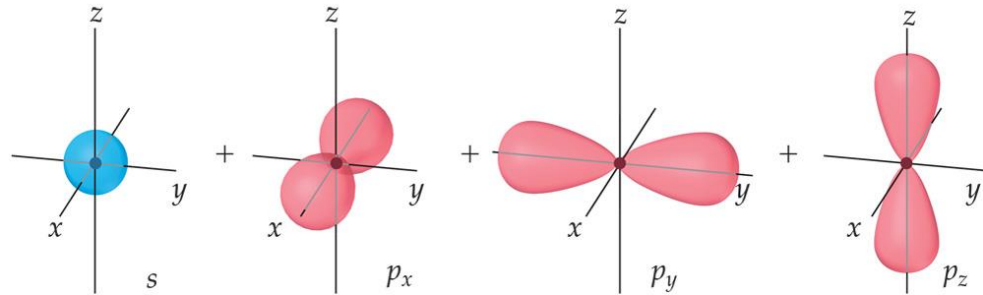


Oxygen atoms (small sphere in red)

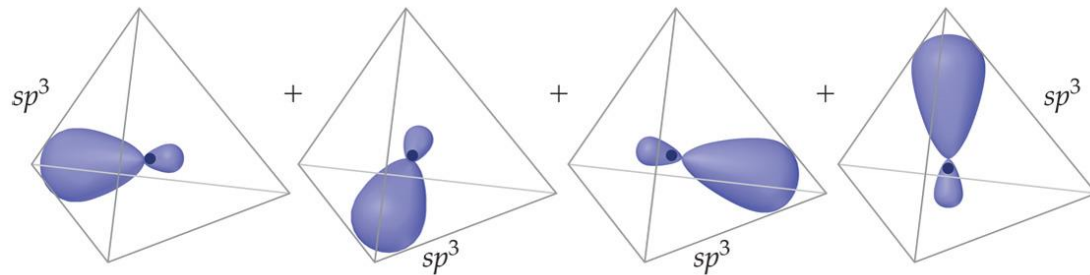
Fe²⁺ (tetrahedral sphere in blue), Fe³⁺ (octahedral sphere grey)

Valence Bond Theory (molecular physic)

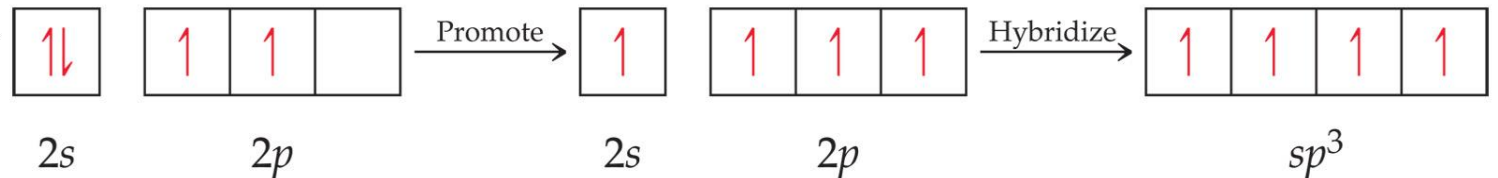
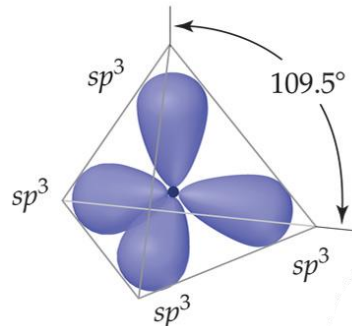
Hybridisation: the concept of mixing atomic orbitals to form a new **hybrid orbitals** suitable for the qualitative description of atomic bonding properties.



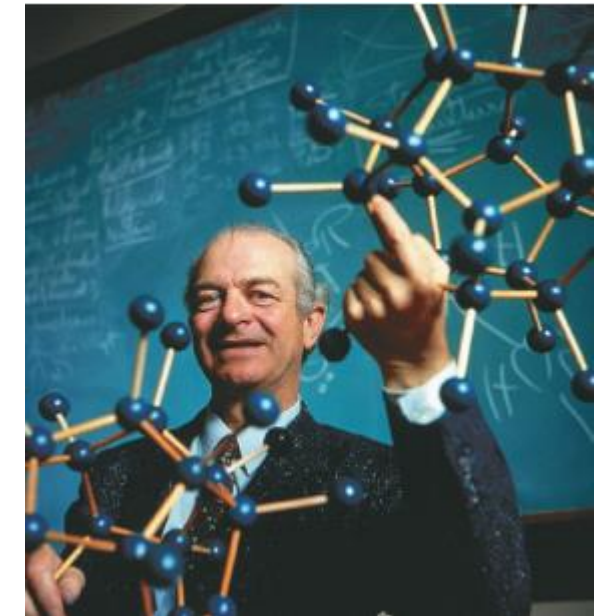
Hybridize to form four sp^3 hybrid orbitals



Shown together (large lobes only)



Linus Pauling



Example:
 sp^3 orbitals.

Magnetic Periodic Table

1 H 1.00																	2 He 4.00
3 Li 6.94 1 + 2s ¹	4 Be 9.01 2 + 2s ²											5 B 10.81	6 C 12.01	7 N 14.01	8 O 16.00 35	9 F 19.00	10 Ne 20.18
11 Na 22.99 1 + 3s ¹	12 Mg 24.21 2 + 3s ²											13 Al 26.98 3 + 2p ¹	14 Si 28.09	15 P 30.97	16 S 32.07	17 Cl 35.45	18 Ar 39.95
19 K 38.21 1 + 4s ¹	20 Ca 40.08 2 + 4s ²	21 Sc 44.96 3 + 3d ¹	22 Ti 47.88 4 + 3d ²	23 V 50.94 3 + 3d ²	24 Cr 52.00 3 + 3d ⁵ 312	25 Mn 55.85 2 + 3d ⁵ 96	26 Fe 55.85 3 + 3d ⁶ 1043	27 Co 58.93 2 + 3d ⁷ 1390	28 Ni 58.69 2 + 3d ⁸ 629	29 Cu 63.55 2 + 3d ⁹	30 Zn 65.39 2 + 3d ¹⁰	31 Ga 69.72 3 + 3d ¹⁰	32 Ge 72.61	33 As 74.92	34 Se 78.96	35 Br 79.90	36 Kr 83.80
37 Rb 85.47 1 + 5s ¹	38 Sr 87.62 2 + 5s ²	39 Y 88.91 2 + 4d ¹	40 Zr 91.22 4 + 4d ²	41 Nb 92.91 5 + 4d ¹	42 Mo 95.94 5 + 4d ⁵	43 Tc 97.9	44 Ru 101.1 3 + 4d ⁶	45 Rh 102.4 3 + 4d ⁷	46 Pd 106.4 2 + 4d ⁸	47 Ag 107.9 1 + 4d ⁹	48 Cd 112.4 2 + 4d ¹⁰	49 In 114.8 3 + 4d ¹⁰	50 Sn 118.7 4 + 4d ¹⁰	51 Sb 121.8	52 Te 127.6	53 I 126.9	54 Xe 83.80
55 Cs 132.9 1 + 6s ¹	56 Ba 137.3 2 + 6s ²	57 La 138.9 3 + 4f ¹	72 Hf 178.5 4 + 5d ²	73 Ta 180.9 5 + 5d ³	74 W 183.8 6 + 5d ⁴	75 Re 186.2 4 + 5d ⁵	76 Os 190.2 3 + 5d ⁶	77 Ir 192.2 4 + 5d ⁷	78 Pt 195.1 2 + 5d ⁸	79 Au 197.0 1 + 5d ⁹	80 Hg 200.6 2 + 5d ¹⁰	81 Tl 204.4 3 + 5d ¹⁰	82 Pb 207.2 4 + 5d ¹⁰	83 Bi 209.0	84 Po 209	85 At 210	86 Rn 222
87 Fr 223	88 Ra 226.0 2 + 7s ²	89 Ac 227.0 3 + 5f ¹															
			58 Ce 140.1 4 + 4f ¹ 13	59 Pr 140.9 3 + 4f ²	60 Nd 144.2 3 + 4f ³ 10	61 Pm 145	62 Sm 150.4 3 + 4f ⁵ 105	63 Eu 152.0 2 + 4f ⁶ 96	64 Gd 157.3 3 + 4f ⁷ 292	65 Tb 158.9 3 + 4f ⁸ 229 221	66 Dy 162.5 3 + 4f ⁹ 179 85	67 Ho 164.9 3 + 4f ¹⁰ 132 20	68 Er 167.3 3 + 4f ¹¹ 86 20	69 Tm 168.9 3 + 4f ¹² 56	70 Yb 173.0 3 + 4f ¹³	71 Lu 175.0 3 + 4f ¹⁴	
			90 Th 232.0 4 + 5f ¹	91 Pa 231.0 5 + 5f ²	92 U 238.0 4 + 5f ³	93 Np 238.0 5 + 5f ⁴	94 Pu 244	95 Am 243	96 Cm 247	97 Bk 247	98 Cf 251	99 Es 252	100 Fm 257	101 Md 258	102 No 259	103 Lr 260	

Atomic Number → 66 **Dy** ← Atomic symbol
 Atomic weight → 162.5
 Typical ionic charge → 3 + 4f⁹ ← Atomic weight
 Antiferromagnetic T_N (K) → 179 ← Ferromagnetic T_C (K) → 85

- Nonmetal
- Metal
- Radioactive
- Diamagnet
- Paramagnet
- Magnetic atom
- Ferromagnet $T_C > 290K$
- Antiferromagnet with $T_N > 290K$
- Antiferromagnet/Ferromagnet with $T_N/T_C < 290 K$

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18																			
																Frictogens	Chalcoïgens	Halogènes																			
1	H Hydrogène 1,008	Atome Sym Nom Masse	C Solide	<table border="1"> <tr> <td colspan="3">Métaux</td> <td colspan="3">Non-métaux</td> </tr> <tr> <td>Métaux alcalins</td> <td>Métaux alcalino-terreux</td> <td>Lanthanides</td> <td>Métaux de transition</td> <td>Post-transition metals</td> <td>Métalloïdes</td> <td>Non-métaux</td> <td>Gaz rares</td> </tr> <tr> <td></td> <td></td> <td>Actinides</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </table>									Métaux			Non-métaux			Métaux alcalins	Métaux alcalino-terreux	Lanthanides	Métaux de transition	Post-transition metals	Métalloïdes	Non-métaux	Gaz rares			Actinides						He Hélium 4,0026	273	
Métaux			Non-métaux																																		
Métaux alcalins	Métaux alcalino-terreux	Lanthanides	Métaux de transition	Post-transition metals	Métalloïdes	Non-métaux	Gaz rares																														
		Actinides																																			
2	Li Lithium 6,94	Be Béryllium 9,0122	Hg Liquide										B Bore 10,81	C Carbone 12,011	N Azote 14,007	O Oxygène 15,999	F Fluor 18,998	Ne Néon 20,180																			
3	Na Sodium 22,990	Mg Magnésium 24,305	H Gaz										Al Aluminium 26,982	Si Silicium 28,085	P Phosphore 30,974	S Soufre 32,06	Cl Chlore 35,45	Ar Argon 39,948																			
4	K Potassium 39,098	Ca Calcium 40,078	Sc Scandium 44,956	Ti Titane 47,867	V Vanadium 50,942	Cr Chrome 51,996	Mn Manganèse 54,938	Fe Fer 55,845	Co Cobalt 58,933	Ni Nickel 58,693	Cu Cuivre 63,546	Zn Zinc 65,38	Ga Gallium 69,723	Ge Germanium 72,630	As Arsenic 74,922	Se Sélénium 78,971	Br Brome 79,904	Kr Krypton 83,798																			
5	Rb Rubidium 85,468	Sr Strontium 87,62	Y Yttrium 88,906	Zr Zirconium 91,224	Nb Niobium 92,906	Mo Molybdène 95,95	Tc Technétium (98)	Ru Ruthénium 101,07	Rh Rhodium 102,91	Pd Palladium 106,42	Ag Argent 107,87	Cd Cadmium 112,41	In Indium 114,82	Sn Étain 118,71	Sb Antimoine 121,76	Te Tellure 127,60	I Iode 126,90	Xe Xénon 131,29																			
6	Cs Césium 132,91	Ba Baryum 137,33	57-71	Hf Hafnium 178,49	Ta Tantale 180,95	W Tungstène 183,84	Re Rhénium 186,21	Os Osmium 190,23	Ir Iridium 192,22	Pt Platine 195,08	Au Or 196,97	Hg Mercure 200,59	Tl Thallium 204,38	Pb Plomb 207,2	Bi Bismuth 208,98	Po Polonium (209)	At Astate (210)	Rn Radon (222)																			
7	Fr Francium (223)	Ra Radium (226)	89-103	Rf Rutherfordium (267)	Db Dubnium (268)	Sg Seaborgium (269)	Bh Bohrium (270)	Hs Hassium (277)	Mt Meitnérium (278)	Ds Darmstadtium (281)	Rg Roentgenium (282)	Cn Copernicium (285)	Nh Nihonium (286)	Fl Flerovium (289)	Mc Moscovium (290)	Lv Livermorium (293)	Ts Tennessine (294)	Og Oganesson (294)																			

Les masses atomiques entre parenthèses sont celles de l'isotope le plus stable ou le plus commun.

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57 La Lanthane 138,91	58 Ce Cérium 140,12	59 Pr Praséodyme 140,91	60 Nd Néodyme 144,24	61 Pm Prométhium (145)	62 Sm Samarium 150,36	63 Eu Europium 151,96	64 Gd Gadolinium 157,25	65 Tb Terbium 158,93	66 Dy Dysprosium 162,50	67 Ho Holmium 164,93	68 Er Erbium 167,26	69 Tm Thulium 168,93	70 Yb Ytterbium 173,05	71 Lu Lutécium 174,97
89 Ac Actinium (227)	90 Th Thorium 232,04	91 Pa Protactinium 231,04	92 U Uranium 238,03	93 Np Neptunium (237)	94 Pu Plutonium (244)	95 Am Américium (243)	96 Cm Curium (247)	97 Bk Berkélium (247)	98 Cf Californium (251)	99 Es Einsteinium (252)	100 Fm Fermium (257)	101 Md Mendélévium (258)	102 No Nobélium (259)	103 Lr Lawrencium (266)