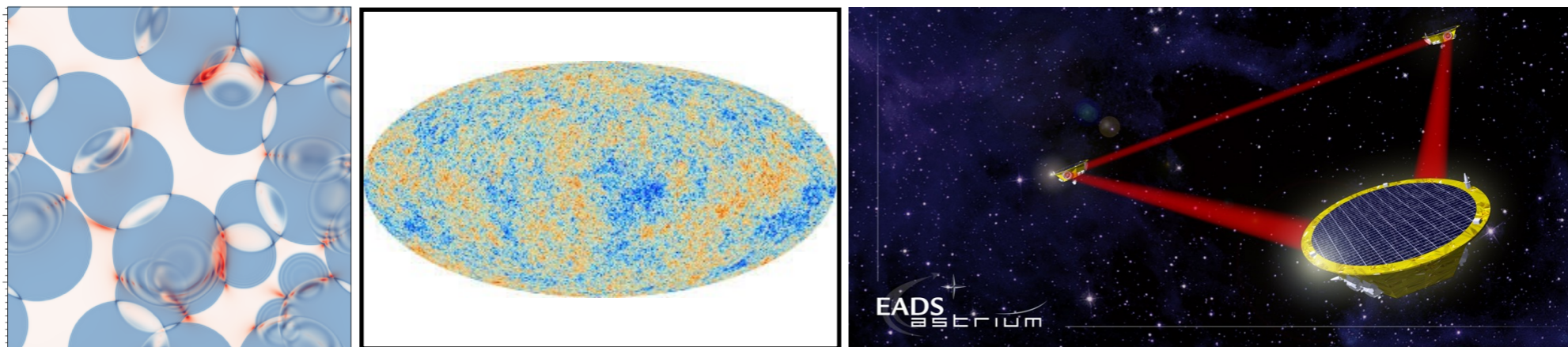


What can we learn from cosmological gravity waves?

Anson Hook

University of Maryland



Gravitational Waves (GW)

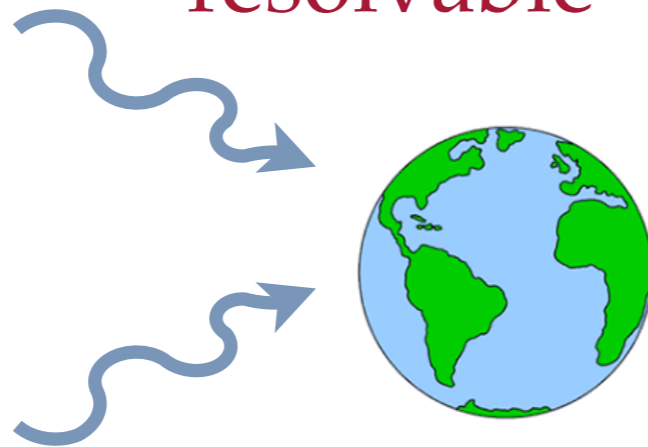
Different sources of GW in the sky

Astrophysical sources

black hole, neutron star, white dwarf mergers



resolvable



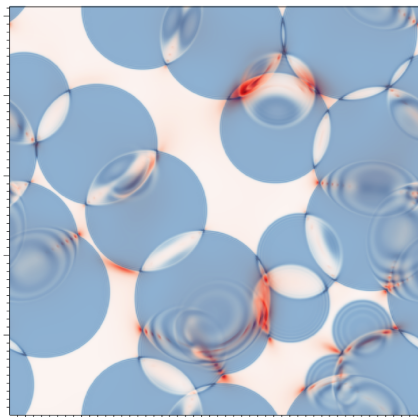
Study physics of
gravity, astro dynamics,
QCD,

Gravitational Wave (GW)

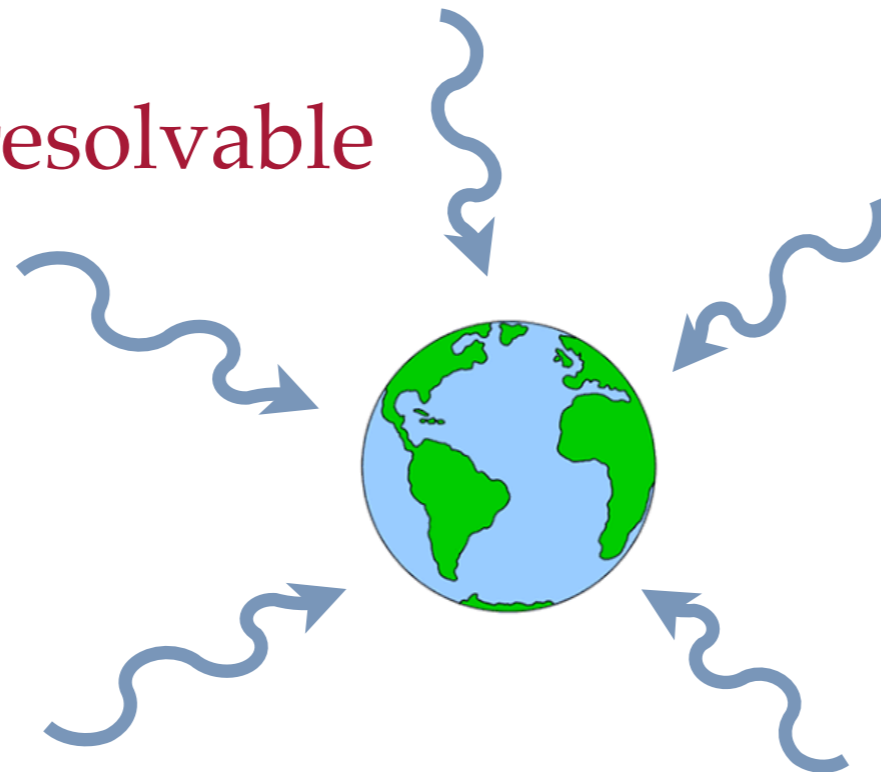
Different sources of GW in the sky

Cosmological sources

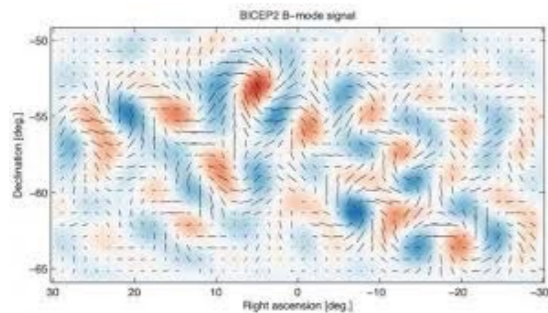
Phase transition (PT), inflation, pre-heating, cosmic string,...



unresolvable



Study physics of
inflation / reheating,
universe evolution



Gravitational Wave (GW) Cosmology

GW generated at early times

What can we learn?

Use the CMB as a guide!

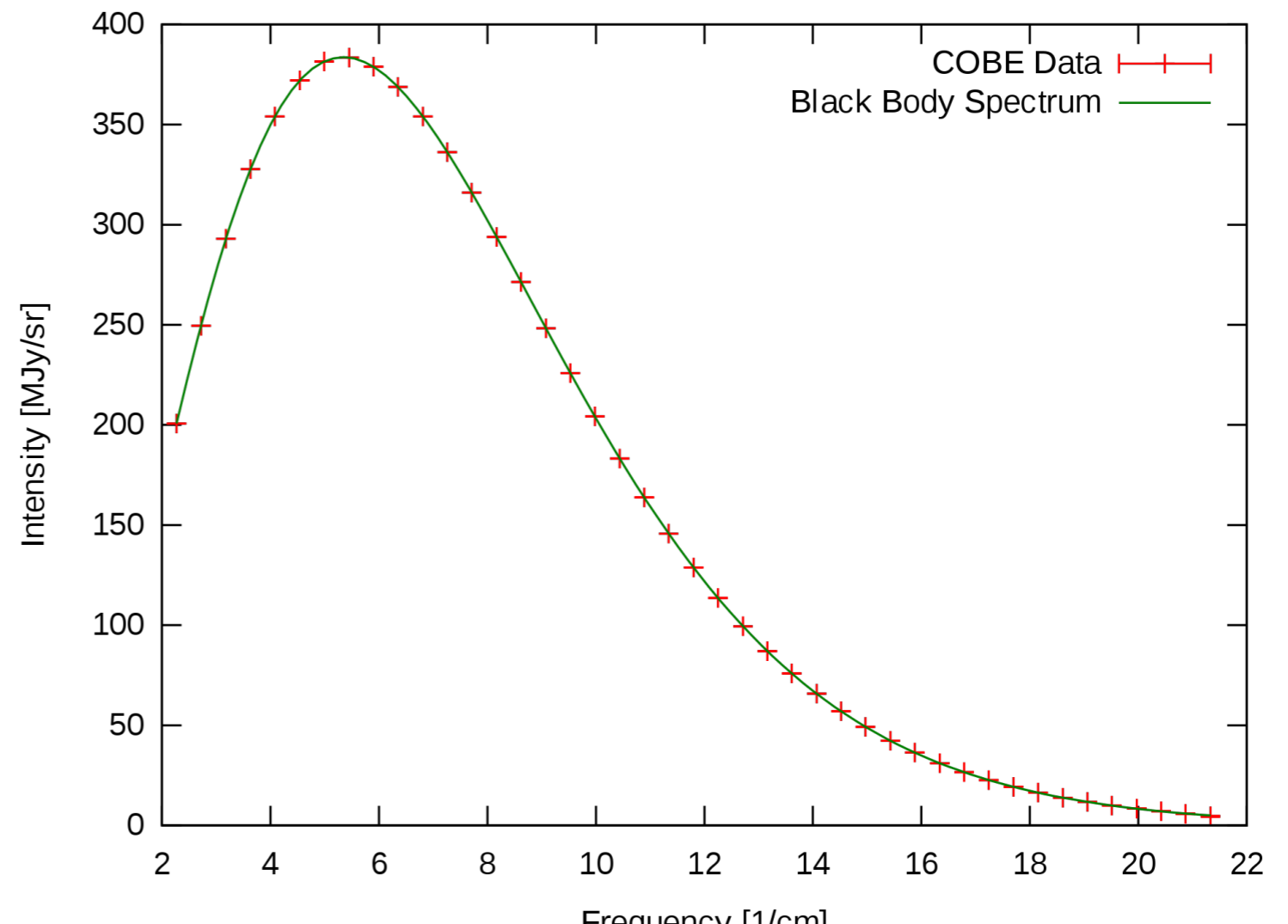
Gravitational Wave Background (GWB)

Cosmic Gravity waves are similar to the CMB spectrum
photon from last scattering = GW from cosmic source

Information about a single
instant in time

Black body spectrum
Photons in thermal
equilibrium

Cosmic Microwave Background Spectrum from COBE



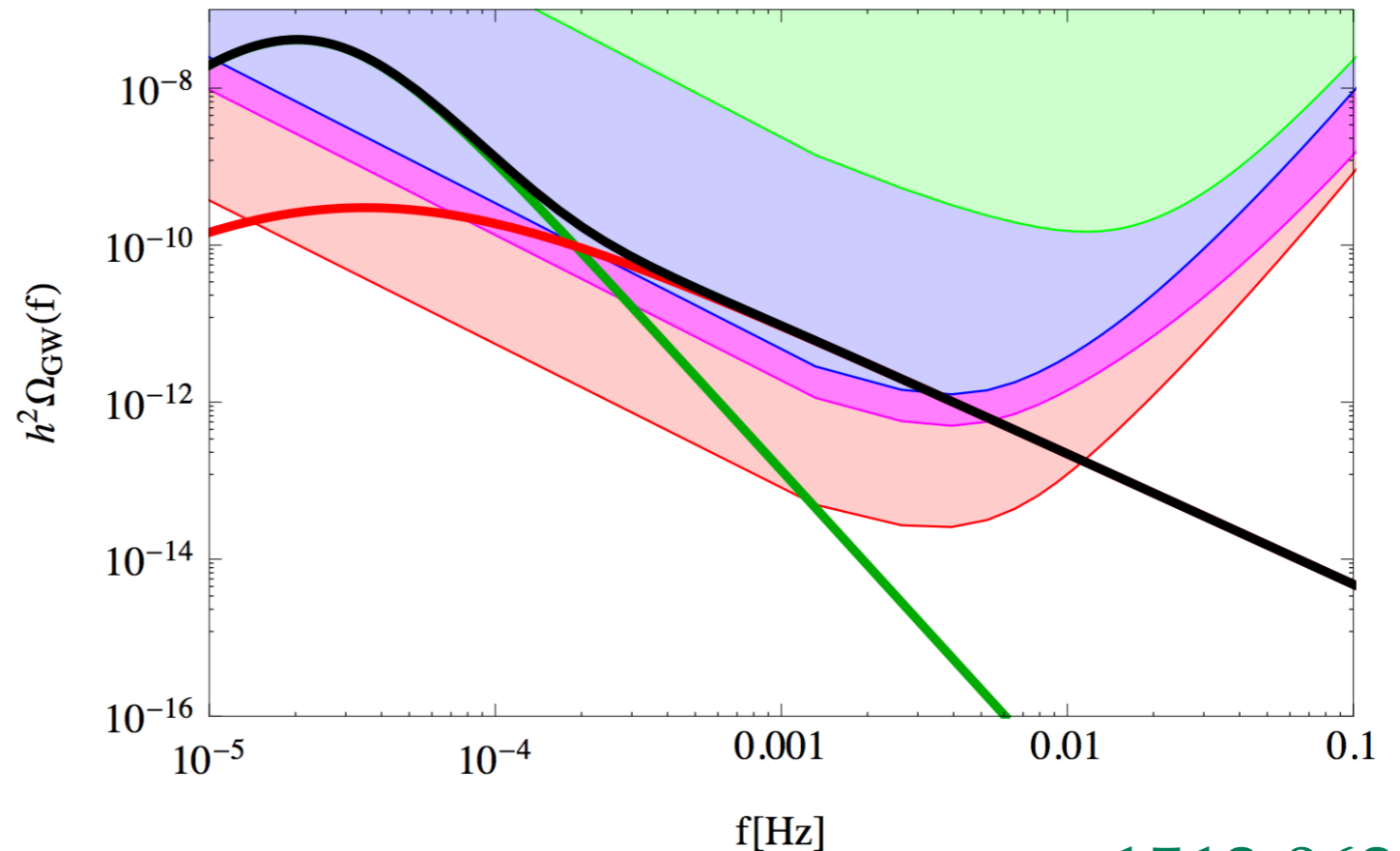
Gravitational Wave Background (GWB)

Cosmic Gravity waves are similar to the CMB spectrum
photon from last scattering = GW from cosmic source

Information about a single
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GW spectrum

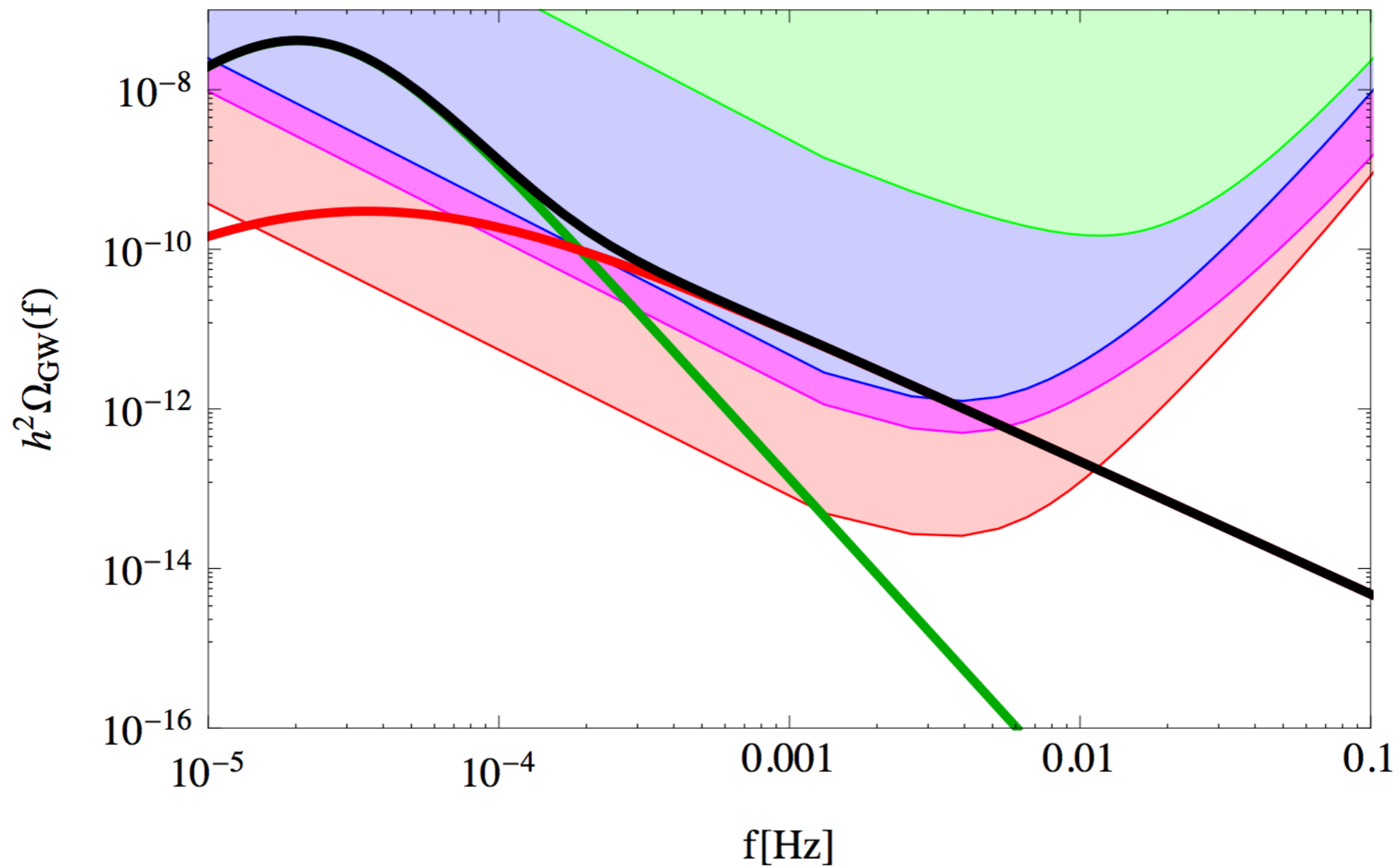
How was it generated



1512.06239

GWs

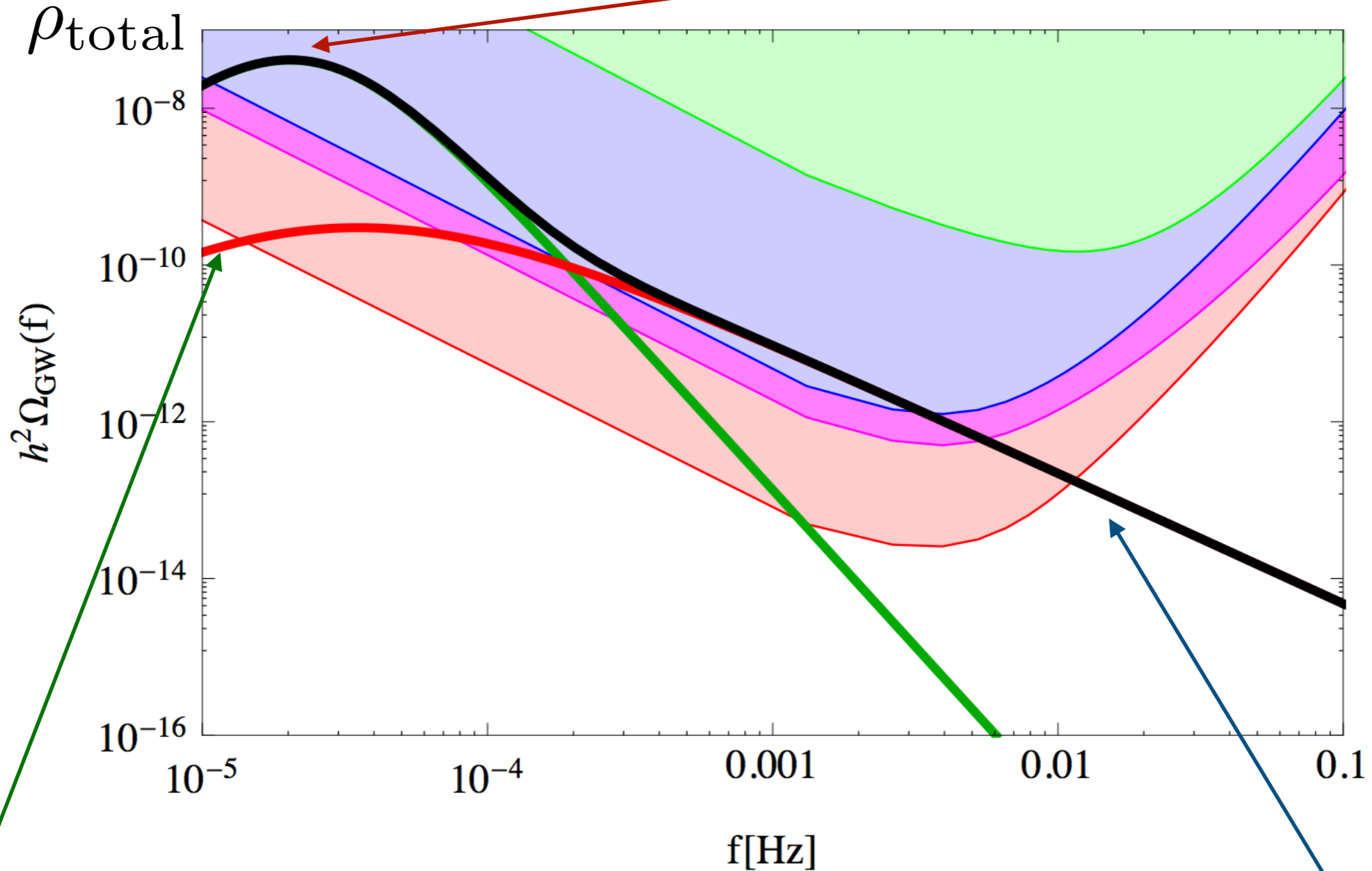
Most of the discussions so far have been focusing on GW's **energy / frequency spectrum**



GWs

$$\rho_{GW} \sim \frac{\rho_{\text{sector}}^2}{\rho_{\text{total}}}$$

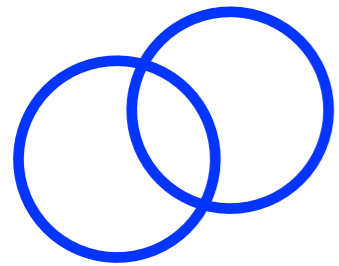
Length scale : Hubble



k fall off : Causality

Model dependent : Very uncertain

Energy density of GW from PT

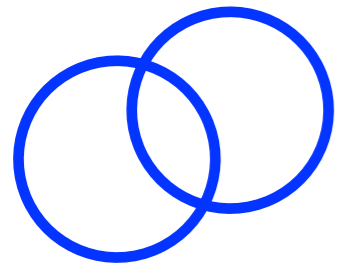


Einstein eq. $\omega_{\text{GW}}^2 \delta g_{\text{GW}} \sim G_N \rho_{PT}$

$$\square \phi = J$$

$$\square h_{\mu\nu} \sim G_N T_{\mu\nu}$$

Energy density of GW from PT

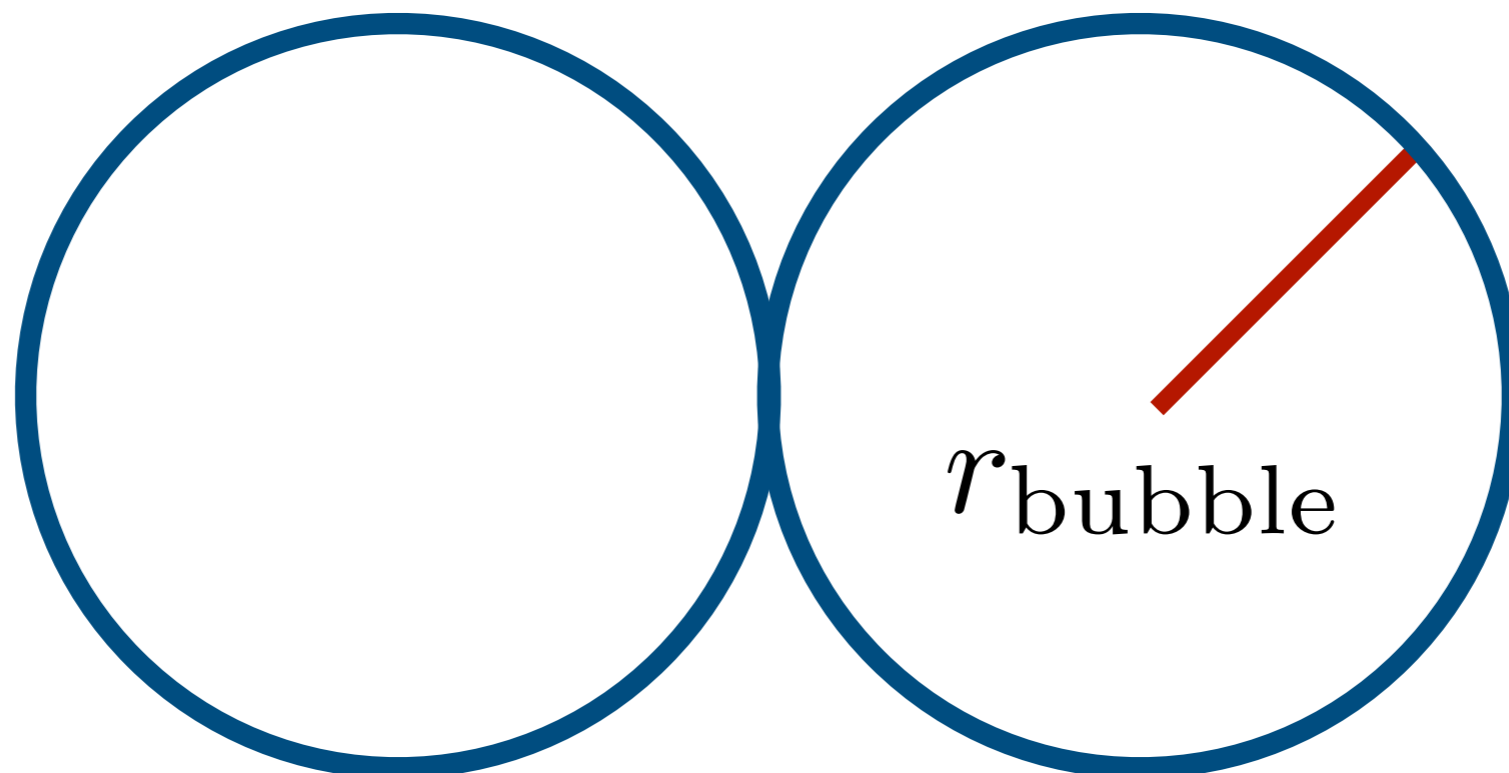


Einstein eq.

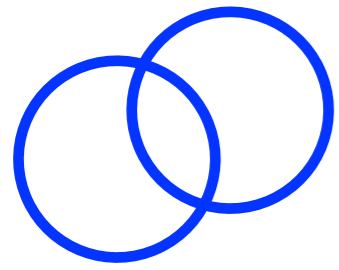
$$\omega_{\text{GW}}^2 \delta g_{\text{GW}} \sim G_N \rho_{\text{PT}}$$

Typical frequency
(micro-phys)

$$\omega_{\text{GW}} \sim \frac{v}{r_{\text{bubble}}}$$



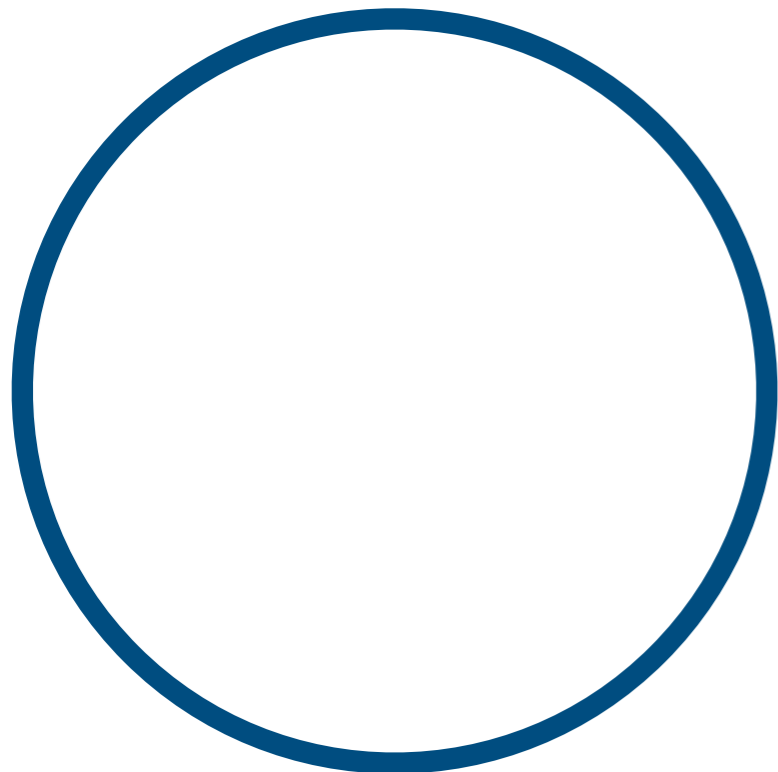
Energy density of GW from PT



Einstein eq.

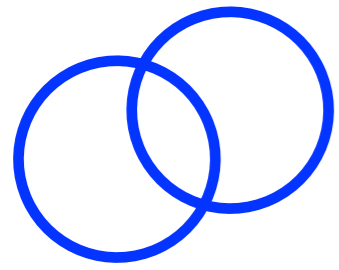
$$\omega_{\text{GW}}^2 \delta g_{\text{GW}} \sim G_N \rho_{PT}$$

Typical frequency
(micro-phys)



$$r_{\text{bubble}} \sim \Delta t_{PT} \sim \min\left(\frac{1}{H}, \frac{\Gamma}{\dot{\Gamma}}\right)$$

Energy density of GW from PT



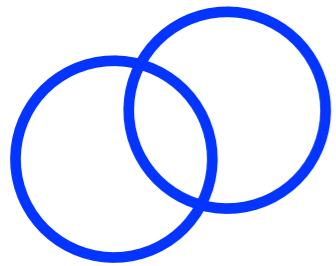
Einstein eq.

$$\omega_{\text{GW}}^2 \delta g_{\text{GW}} \sim G_N \rho_{PT}$$

Typical frequency
(micro-phys)

$$\omega_{\text{GW}} \sim \frac{1}{\Delta t_{PT}} \sim \left(\frac{\dot{\Gamma}}{\Gamma} \right)_{T_{PT}}$$

Energy density of GW from PT



Einstein eq.

$$\omega_{\text{GW}}^2 \delta g_{\text{GW}} \sim G_N \rho_{PT}$$

Typical frequency
(micro-phys)

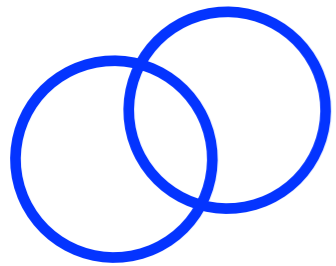
$$\omega_{\text{GW}} \sim \frac{1}{\Delta t_{PT}} \sim \left(\frac{\dot{\Gamma}}{\Gamma} \right)_{T_{PT}}$$

Energy density in GW

$$\rho_{\text{GW}} \sim \frac{1}{G_N} \omega_{\text{GW}}^2 (\delta g_{\text{GW}})^2$$

$$\rho_{\text{GW}} \sim \frac{1}{2} (\partial h)^2$$

Energy density of GW from PT



Einstein eq.

$$\omega_{\text{GW}}^2 \delta g_{\text{GW}} \sim G_N \rho_{PT}$$

Typical frequency
(micro-phys)

$$\omega_{\text{GW}} \sim \frac{1}{\Delta t_{PT}} \sim \left(\frac{\dot{\Gamma}}{\Gamma} \right)_{T_{PT}}$$

Energy density in GW

$$\rho_{\text{GW}} \sim \frac{1}{G_N} \omega_{\text{GW}}^2 (\delta g_{\text{GW}})^2$$

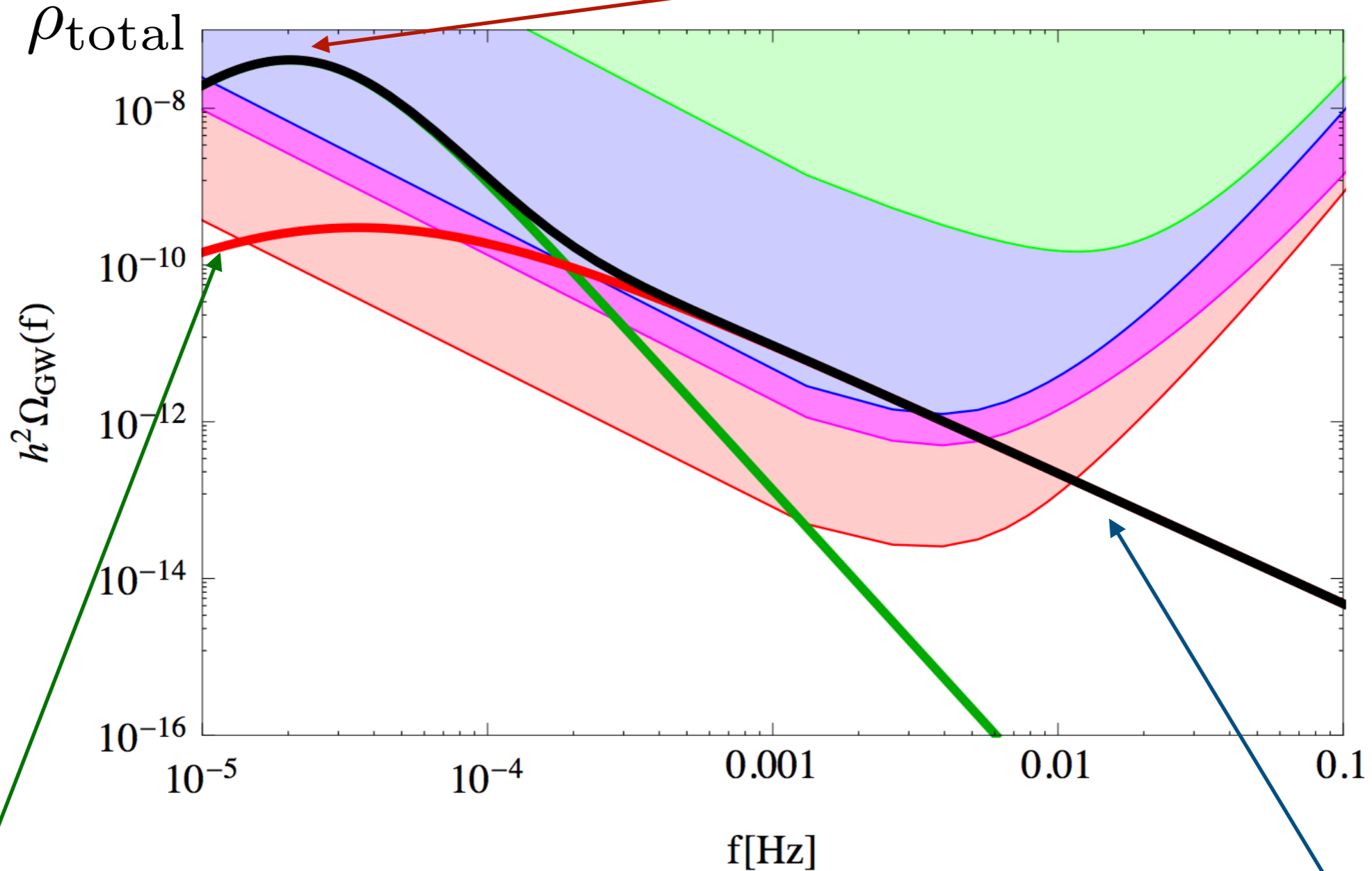
$$H_{PT}^2 \sim G_N \rho_{total}$$

$$\rho_{\text{GW}} \sim \frac{\rho_{PT}^2}{\rho_{total}} (H_{PT} \Delta t_{PT})^2$$

GWs

$$\rho_{GW} \sim \frac{\rho_{\text{sector}}^2}{\rho_{\text{total}}}$$

Length scale : Hubble



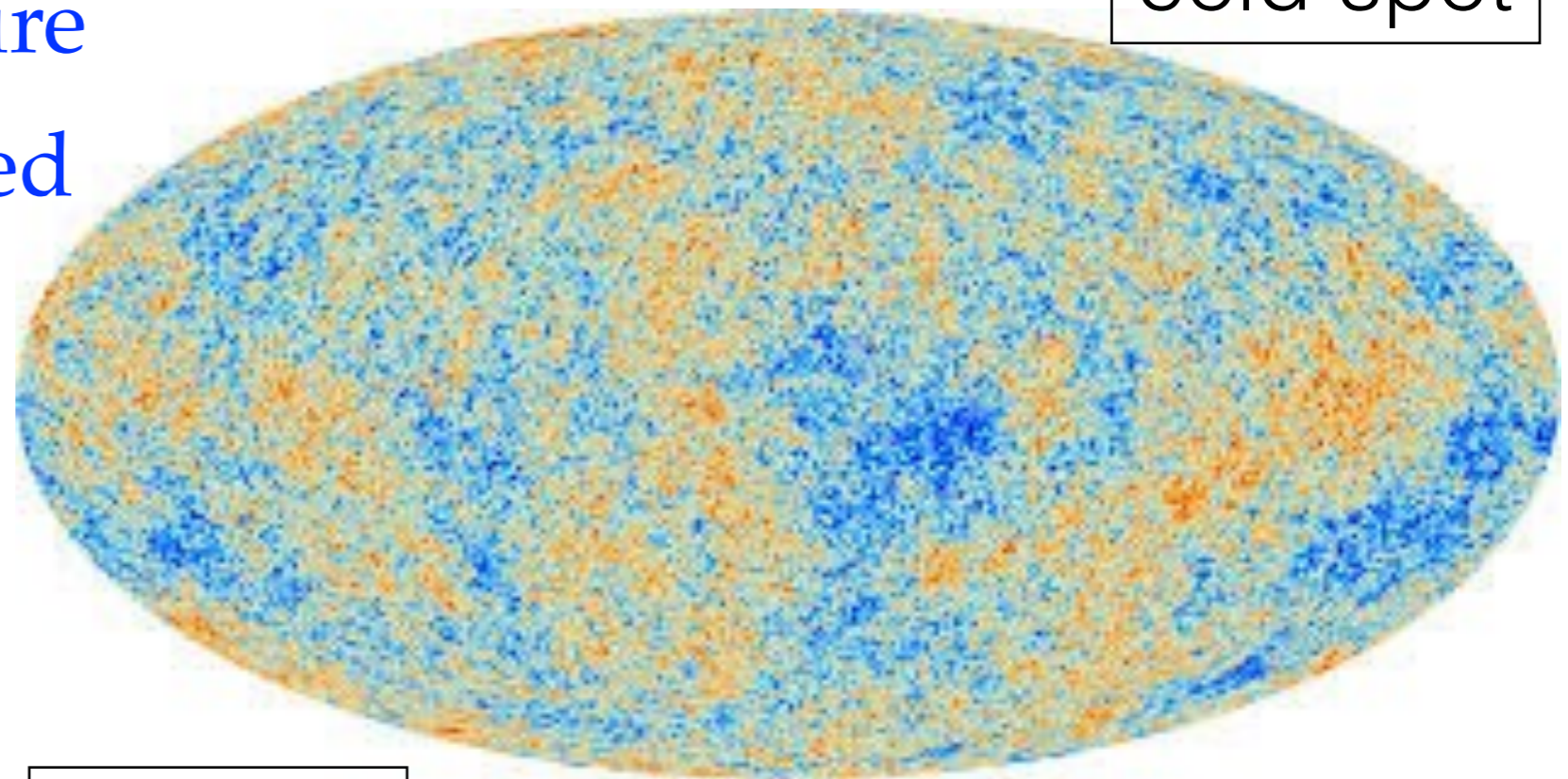
k fall off : Causality

Model dependent : Very uncertain

Gravitational Wave Background (GWB)

CMB most well known for its
information on “acausal” dynamics

Almost same temperature
for causally disconnected
patches



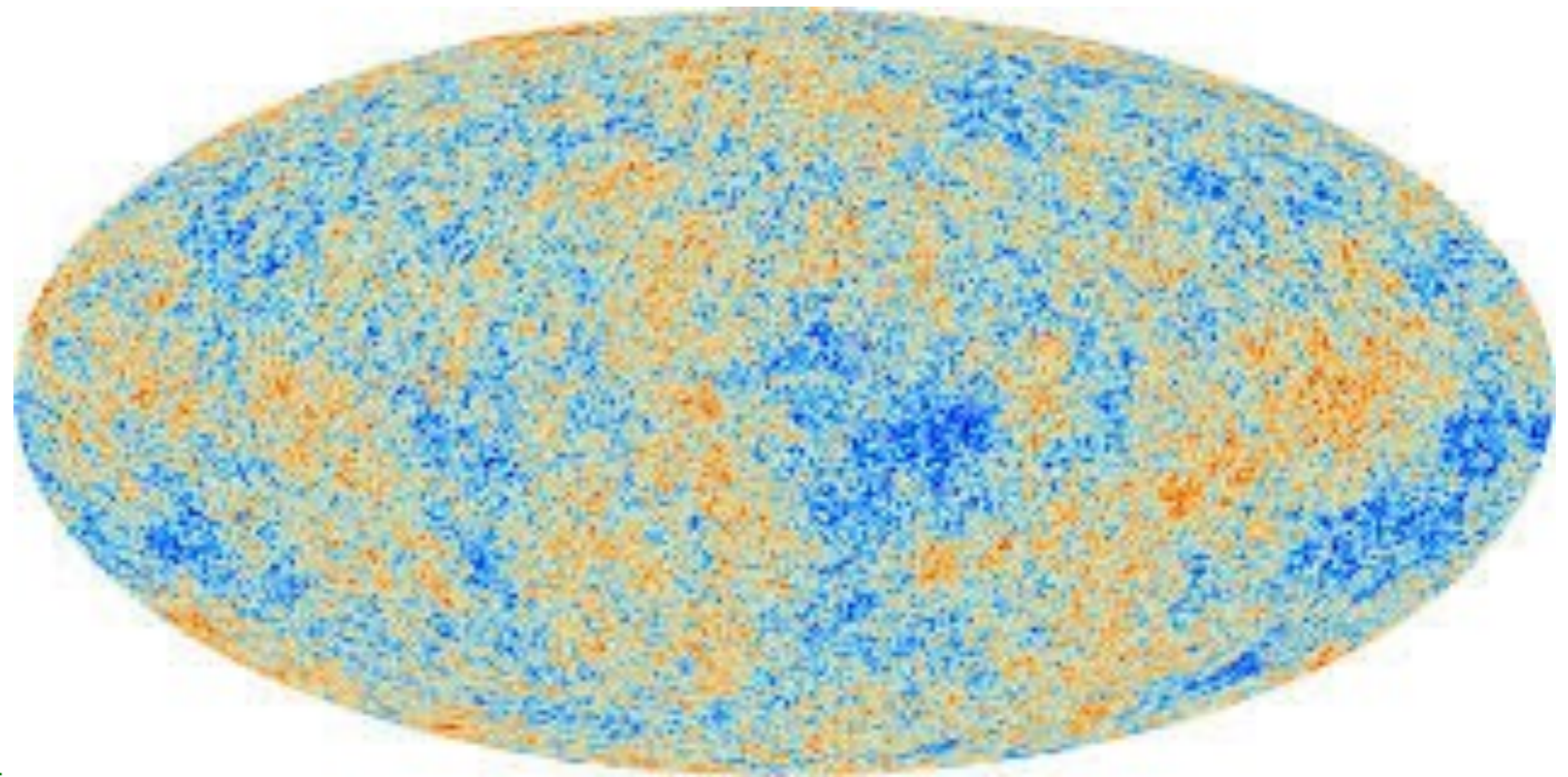
cold spot

hot spot

CMB

Gravitational Wave Background (GWB)

CMB most well known for its
information on “acausal” dynamics

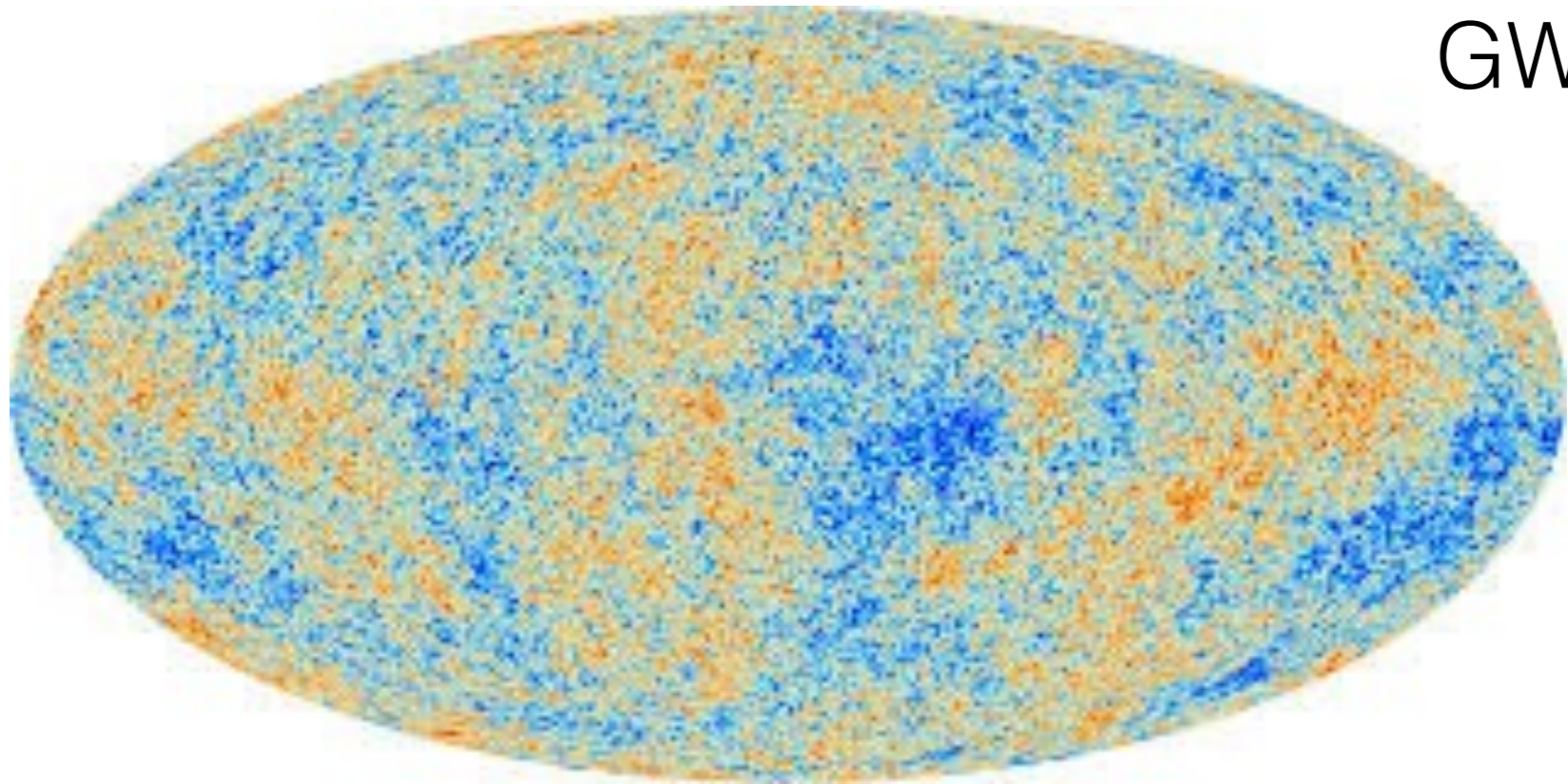


All information on
inflation comes from CMB

CMB

Gravitational Wave Background (GWB)

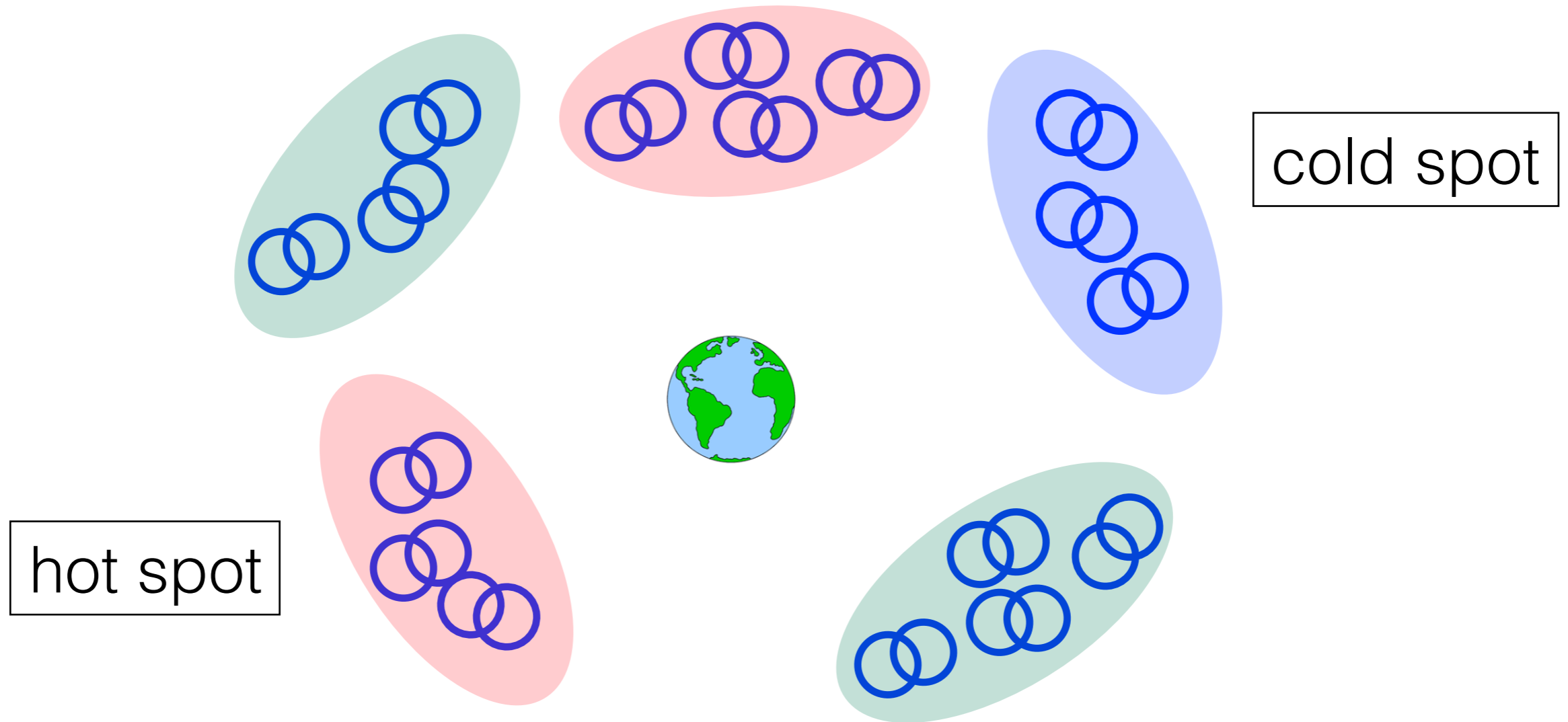
CMB most well known for its
information on “acausal” dynamics



GW?

Any new information on inflation?

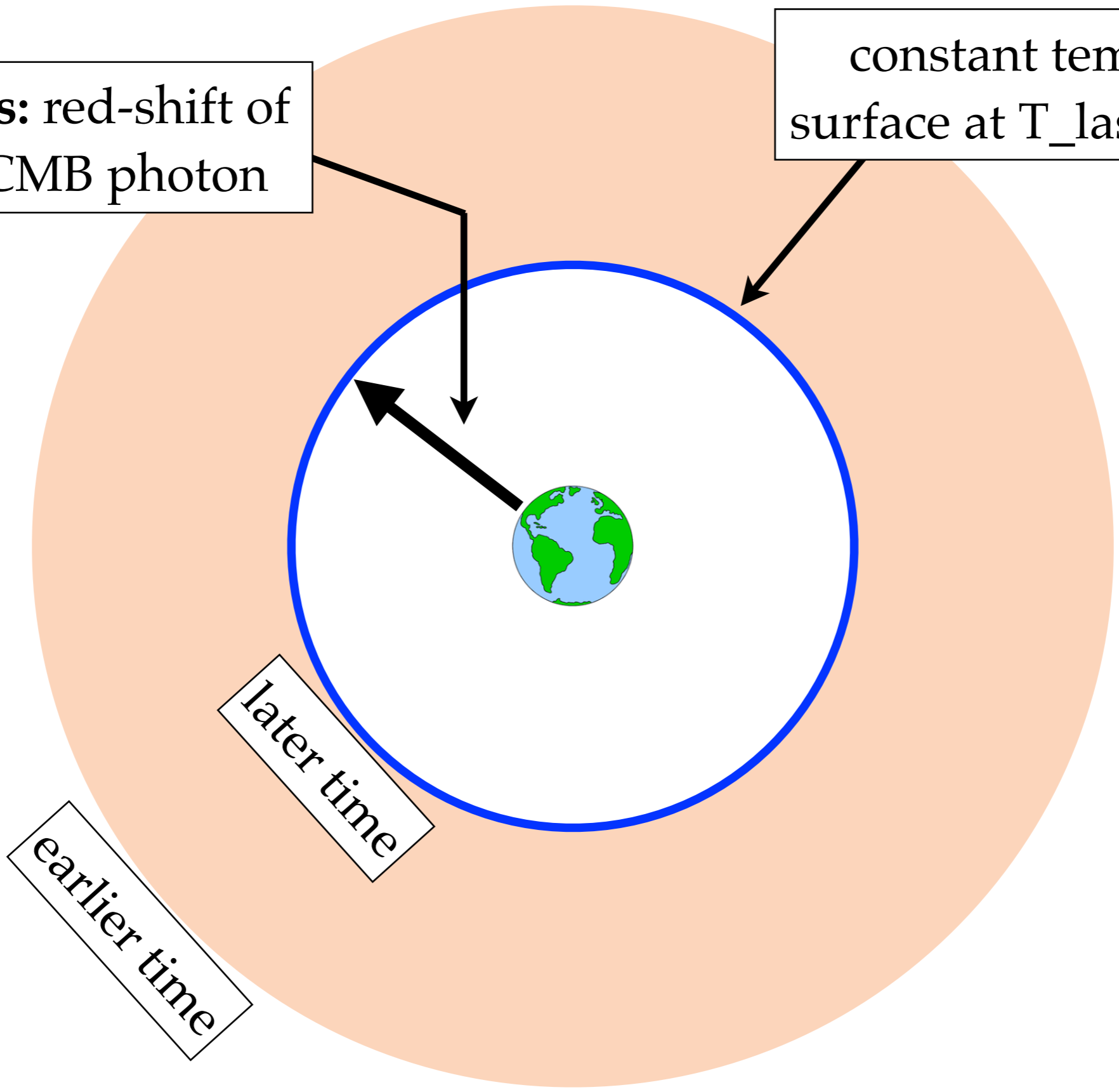
The **anisotropic pattern** of GW provides valuable info of inflation/reheating mechanism



many earlier studies on stochastic GWB,
e.g., see Romano & Cornish (2017) and the reference there

radius: red-shift of the CMB photon

constant temperature surface at $T_{\text{last scattering}}$

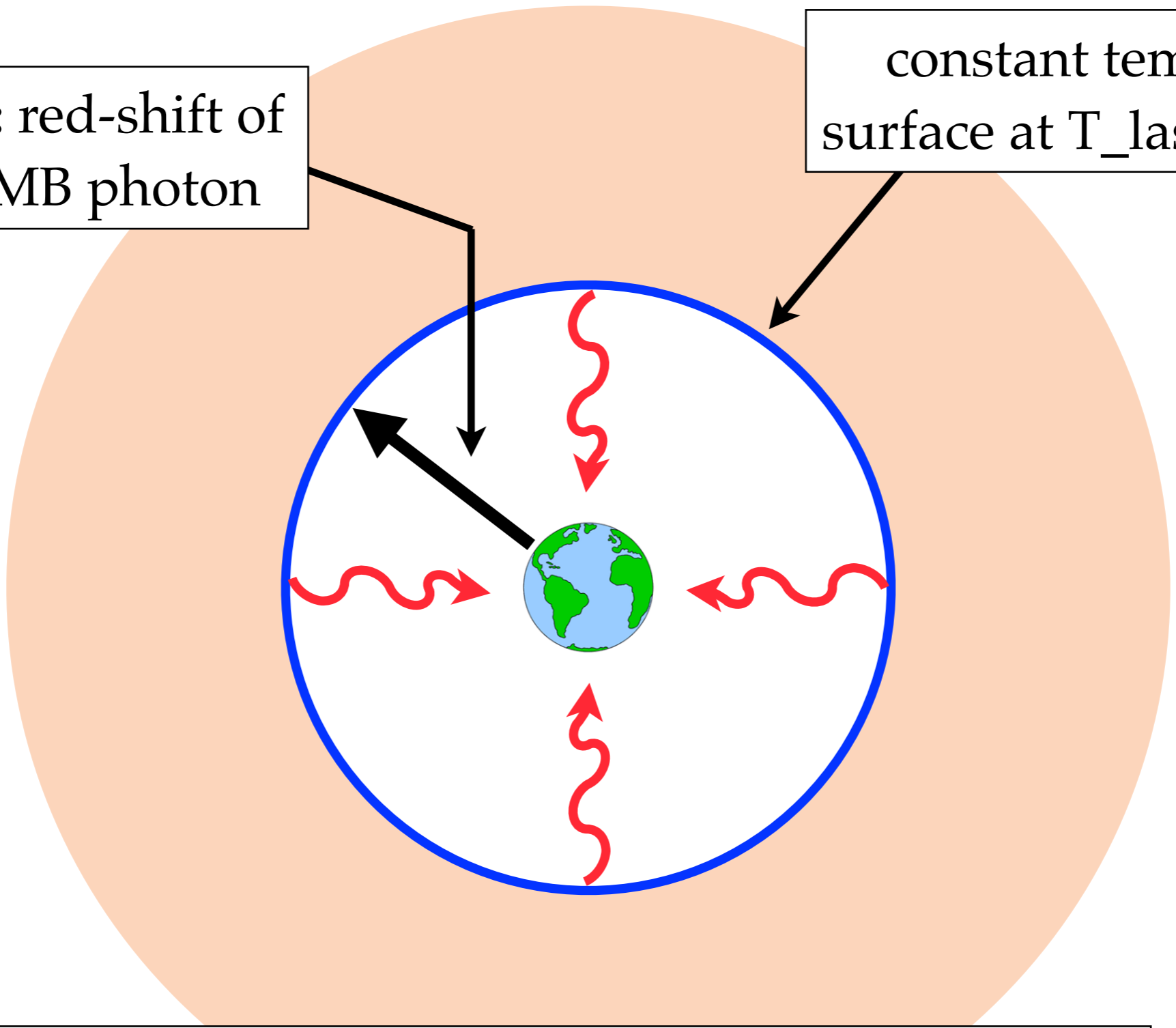


later time

earlier time

radius: red-shift of the CMB photon

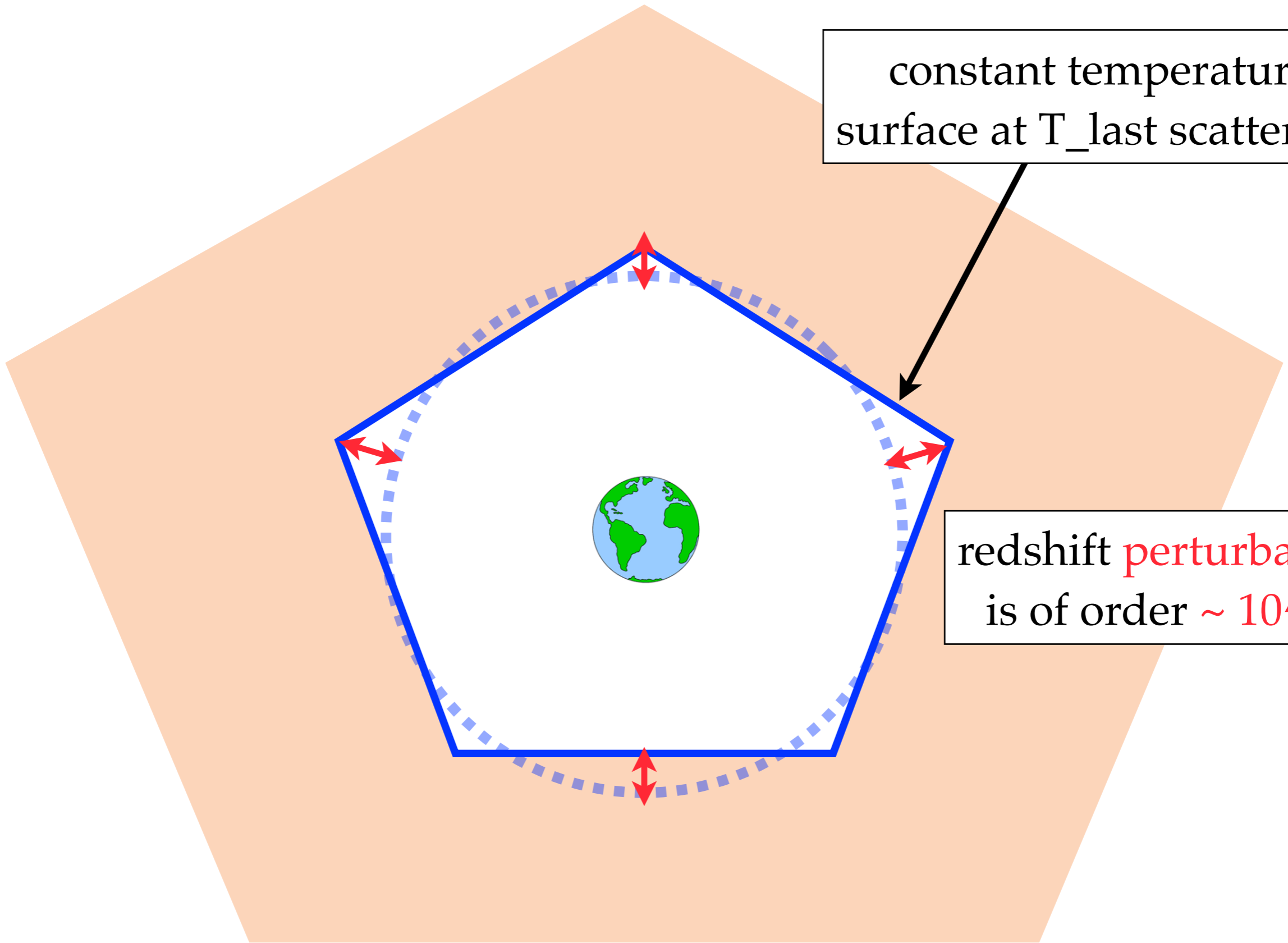
constant temperature surface at $T_{\text{last scattering}}$



In a homogeneous universe
=> uniform photon redshift from last scattering

CMB

constant temperature
surface at $T_{\text{last scattering}}$

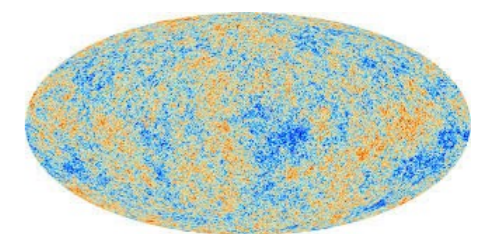


redshift **perturbation**
is of order $\sim 10^{-5}$

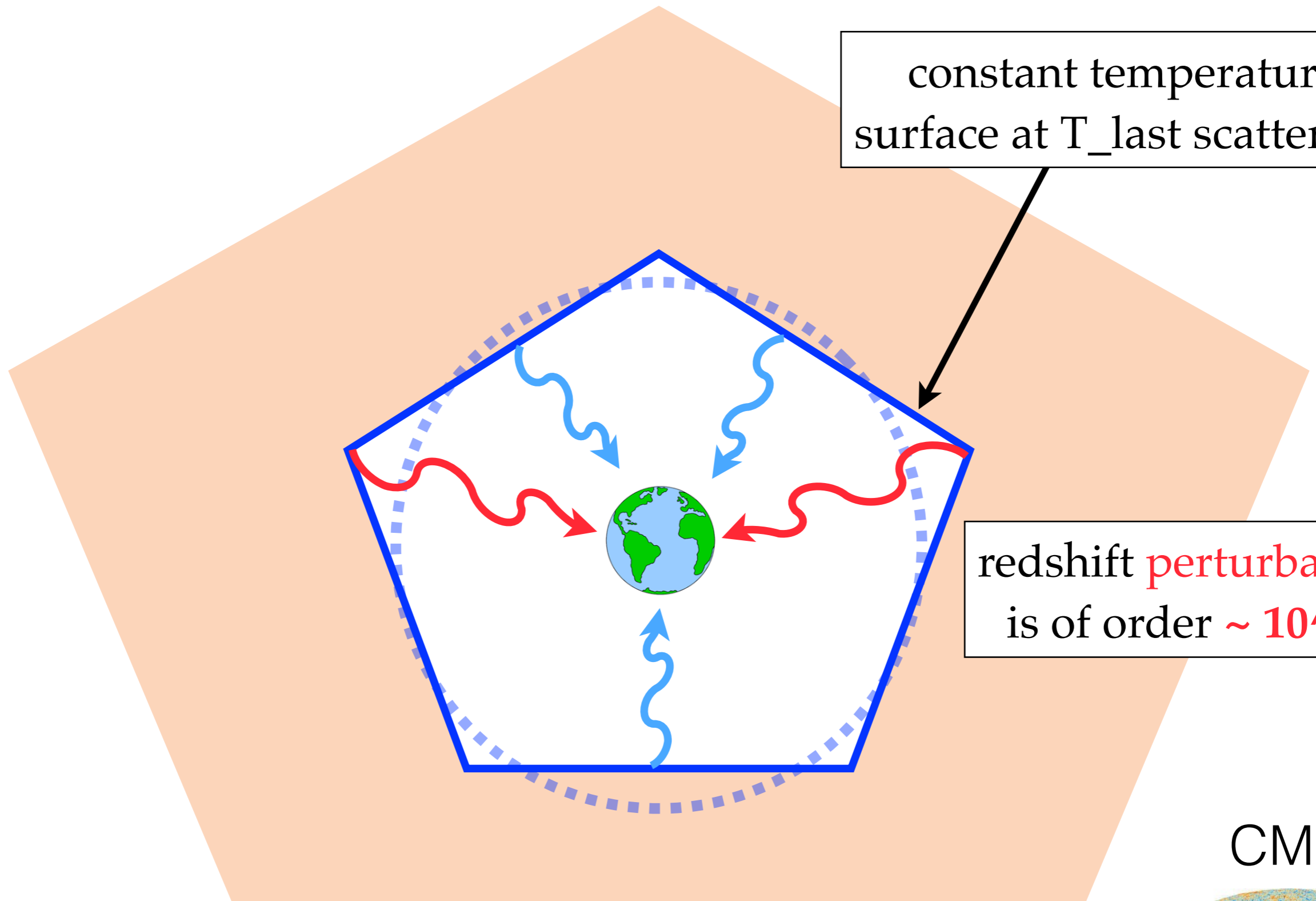
constant temperature surface at $T_{\text{last scattering}}$

redshift **perturbation** is of order $\sim 10^{-5}$

CMB



With primordial temperature perturbation
 \Rightarrow anisotropic redshift for last scattering photon

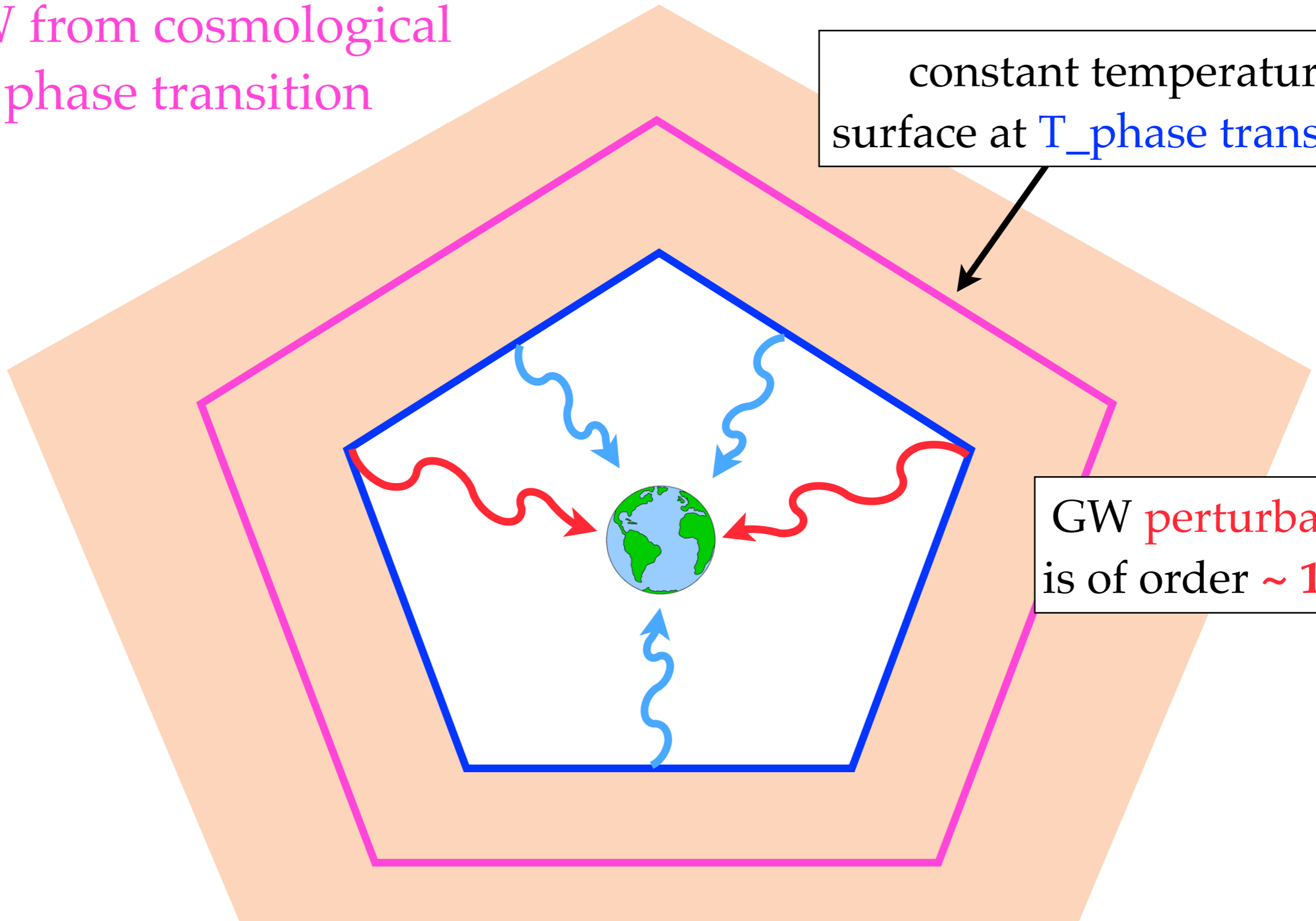


GW from cosmological
phase transition

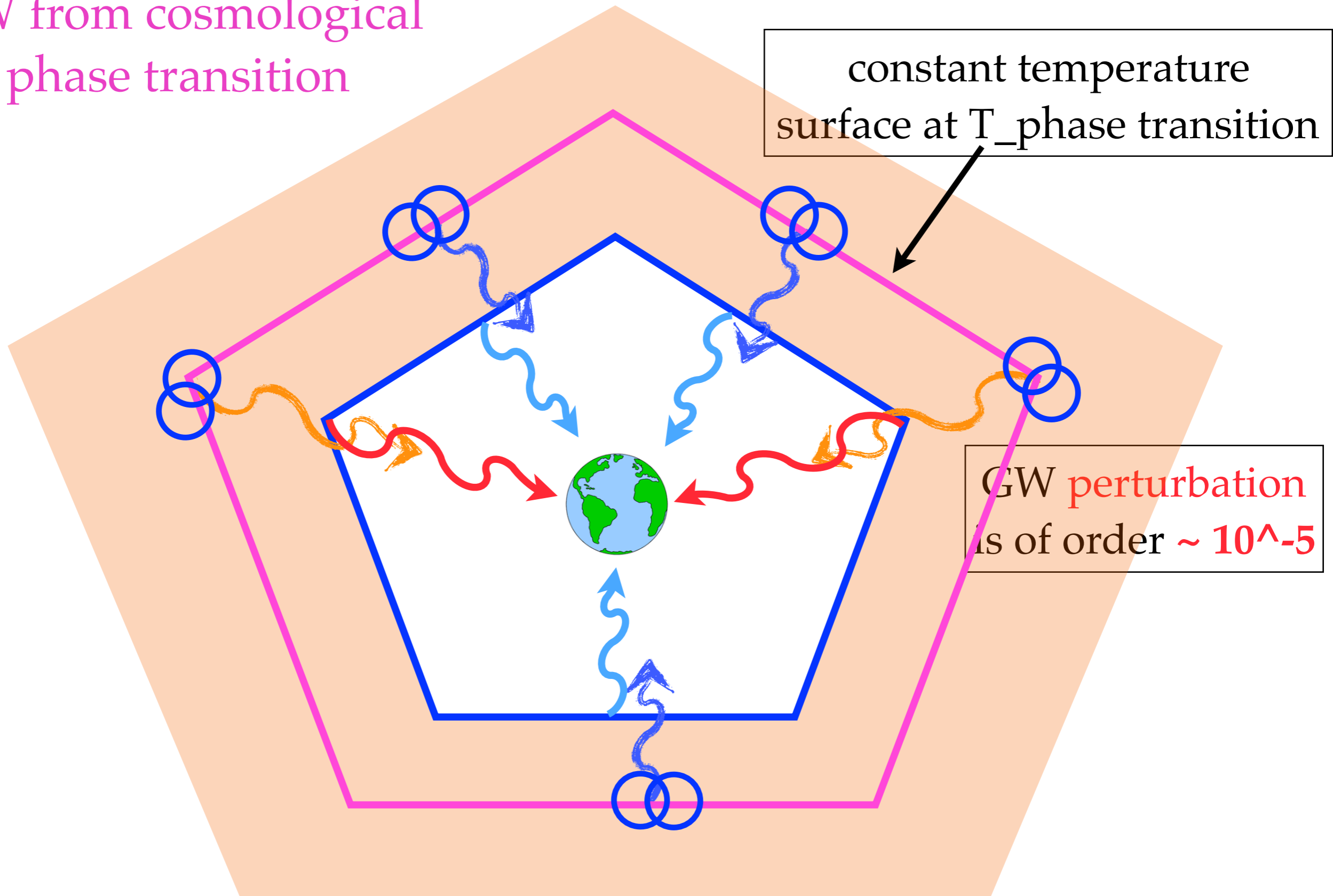
constant temperature
surface at $T_{\text{phase transition}}$

GW perturbation
is of order $\sim 10^{-5}$

With a single sector in thermal equilibrium
 \Rightarrow GW perturbation is totally correlated to CMB



GW from cosmological
phase transition

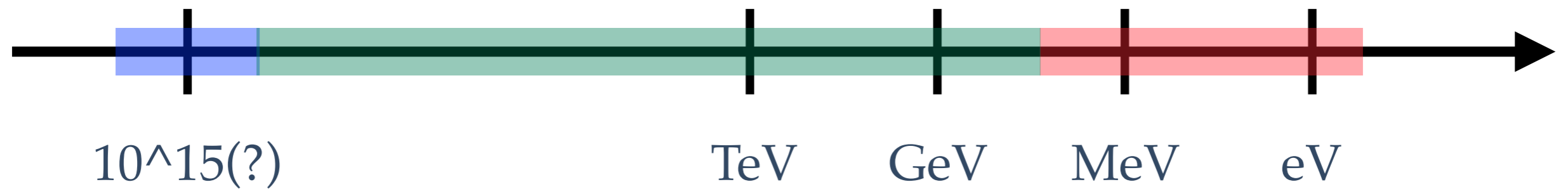


GW provides a probe of the unknown thermal history

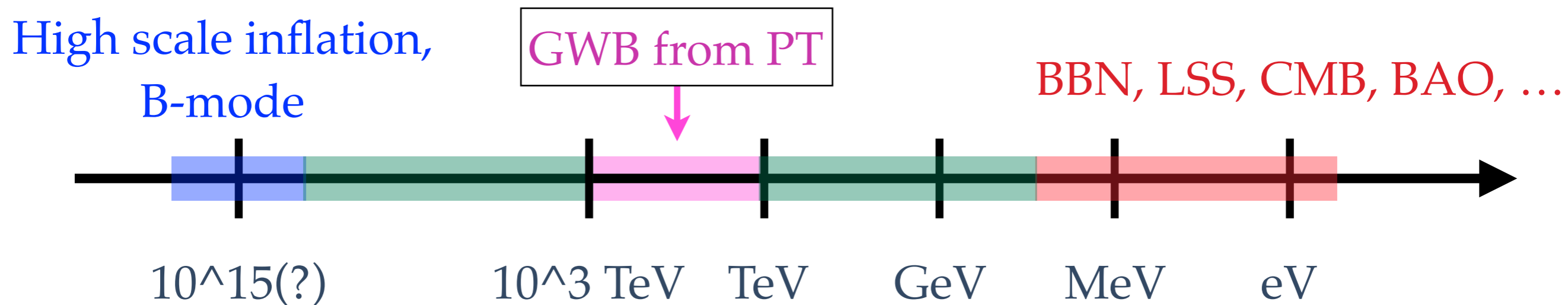
High scale inflation,
B-mode

?

BBN, LSS, CMB, BAO, ...



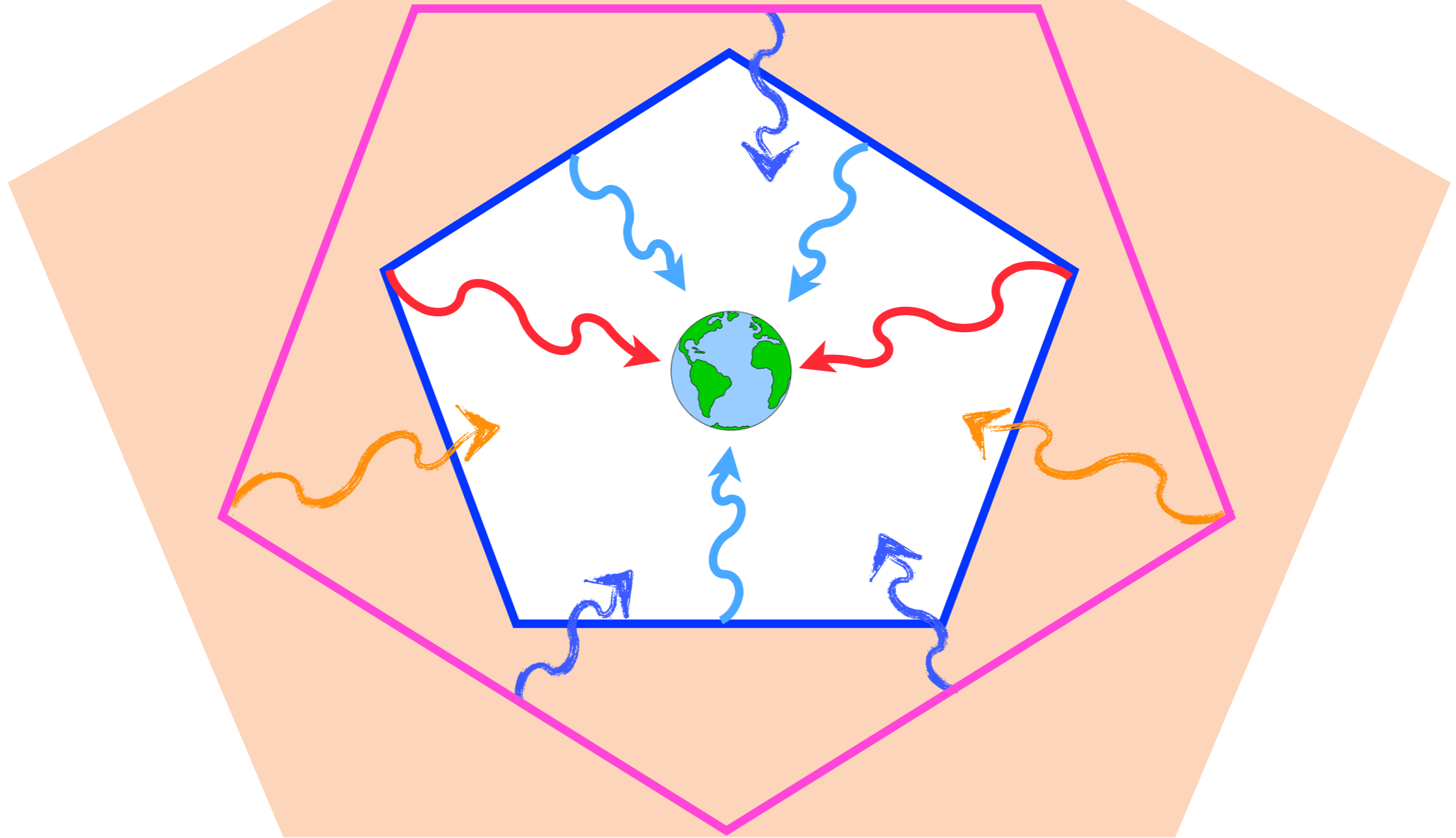
GW provides a probe of the unknown thermal history



Is there only one source of density perturbation?

Is the GW sector in thermal eq. with SM?

GW from cosmological
phase transition



If perturbation comes from different reheating process
=> GWB can be “uncorrelated” with CMB

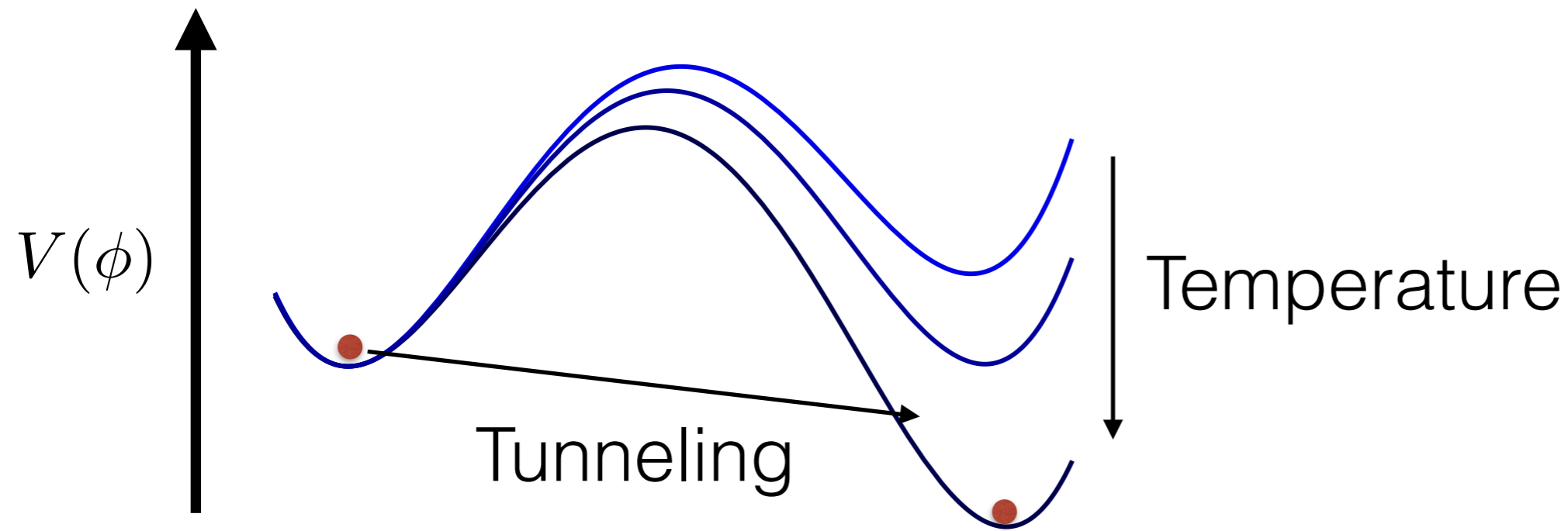
Is any of this visible?

GW from first order PT

Microscopic piece

Black body piece

First order phase transition

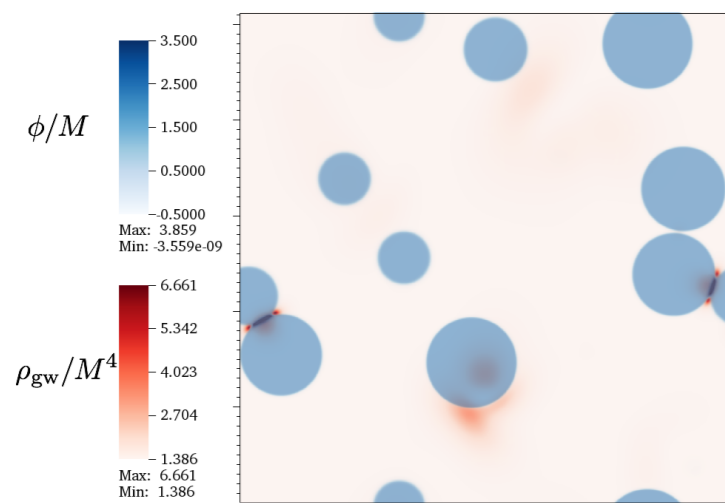


$$\Gamma(T) = A(T) e^{-S(T)}$$

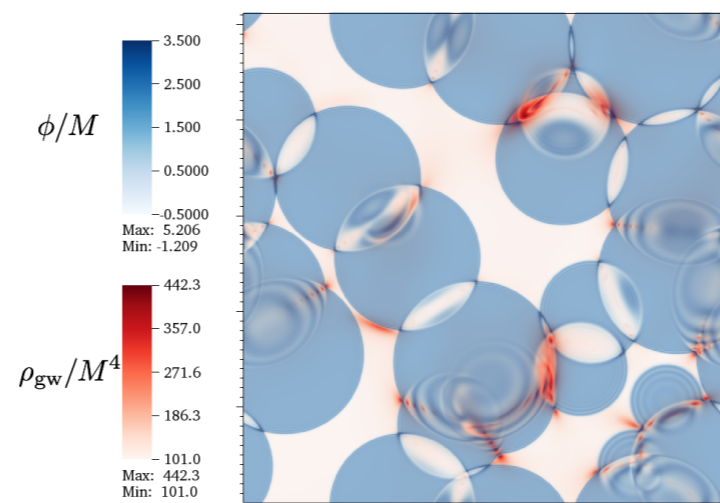
PT rate as a function of temperature

GW from first order PT

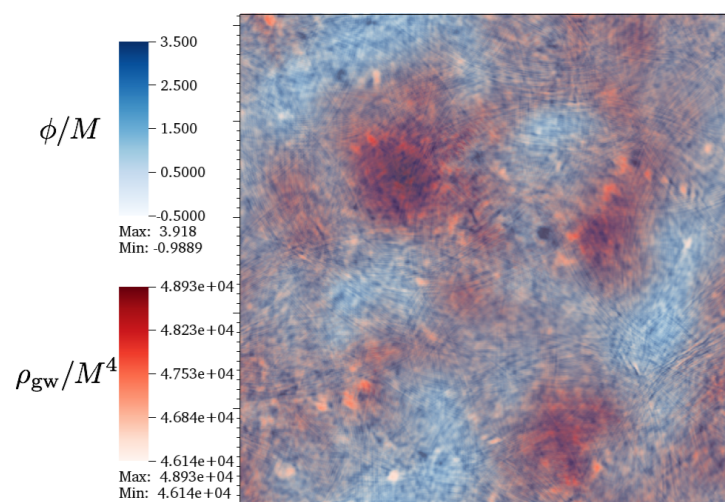
- The collisions of the bubbles generate gravity waves



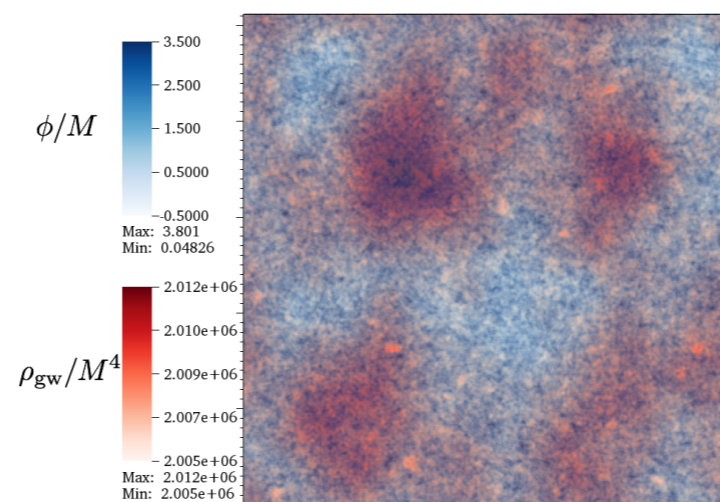
(a) $t/R_* = 0.35$



(b) $t/R_* = 0.66$



(c) $t/R_* = 2.50$

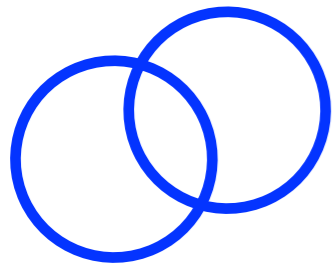


(d) $t/R_* = 7.8$

In the sky today:
 $> 10^{30}$ bubbles
from TeV scale PT

Cutting, Hindmarsh, Weir (2018)

Energy density of GW from PT



Einstein eq.

$$\omega_{\text{GW}}^2 \delta g_{\text{GW}} \sim G_N \rho_{PT}$$

Typical frequency
(micro-phys)

$$\omega_{\text{GW}} \sim \frac{1}{\Delta t_{PT}} \sim \left(\frac{\dot{\Gamma}}{\Gamma} \right)_{T_{PT}}$$

Energy density in GW

$$\rho_{\text{GW}} \sim \frac{1}{G_N} \omega_{\text{GW}}^2 (\delta g_{\text{GW}})^2$$

$$H_{PT}^2 \sim G_N \rho_{total}$$

$$\rho_{\text{GW}} \sim \frac{\rho_{PT}^2}{\rho_{total}} (H_{PT} \Delta t_{PT})^2$$

To get a strong phase transition

$$\Gamma(T) = A(T) e^{-S(T)} \quad \left(T \frac{dS}{dT} \right)_{PT} = (\Delta t_{PT} H_{PT})^{-1}$$

Need $\Delta t_{PT} H_{PT} > 10^{-2}$

Bubble nucleate too fast
=> not a strong PT

To get a strong phase transition

$$\Gamma(T) = A(T) e^{-S(T)} \quad \left(T \frac{dS}{dT}\right)_{PT} = (\Delta t_{PT} H_{PT})^{-1}$$

Need $\Delta t_{PT} H_{PT} > 10^{-2}$

Bubble nucleate too fast
 \Rightarrow not a strong PT

Need $\Delta t_{PT} H_{PT} < 1$

Bubble size cannot be larger
than Hubble

From naive dimensional analysis $H_{PT} \Delta t_{PT} \sim 10^{-2}$

To get a strong phase transition

$$\Gamma(T) = A(T) e^{-S(T)} \quad \left(T \frac{dS}{dT} \right)_{PT} = (\Delta t_{PT} H_{PT})^{-1}$$

Need $\Delta t_{PT} H_{PT} > 10^{-2}$

Bubble nucleate too fast
 \Rightarrow not a strong PT

Need $\Delta t_{PT} H_{PT} < 1$

Bubble size cannot be larger
than Hubble

For a stronger PT $H_{PT} \Delta t_{PT} \rightarrow 1$

Energy density of GW from PT

$$\rho_{\text{GW}} \sim \frac{\rho_{PT}^2}{\rho_{\text{total}}} (H_{PT} \Delta t_{PT})^2$$

$$\rho_{\text{GW}}^{\text{today}} \approx 0.1 (H_{PT} \Delta t_{PT})^2 \rho_{\gamma} \approx 10^{-5} - 10^{-2} \rho_{\gamma}$$

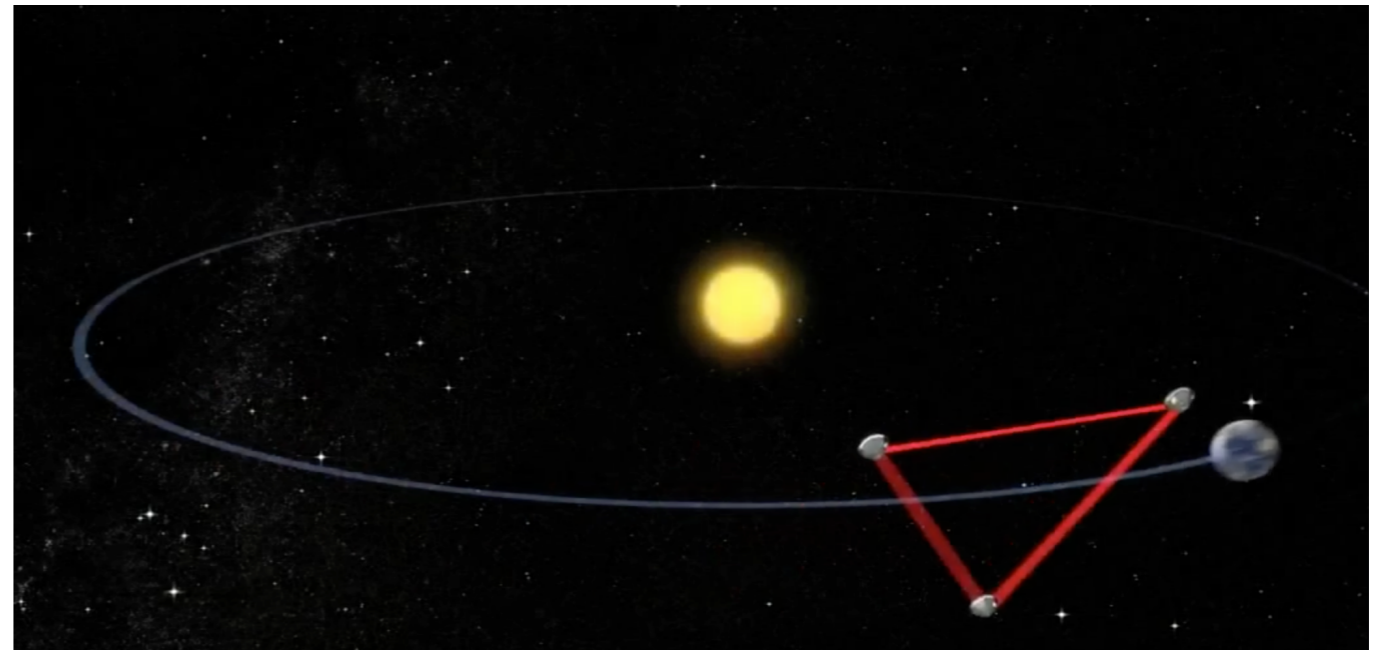
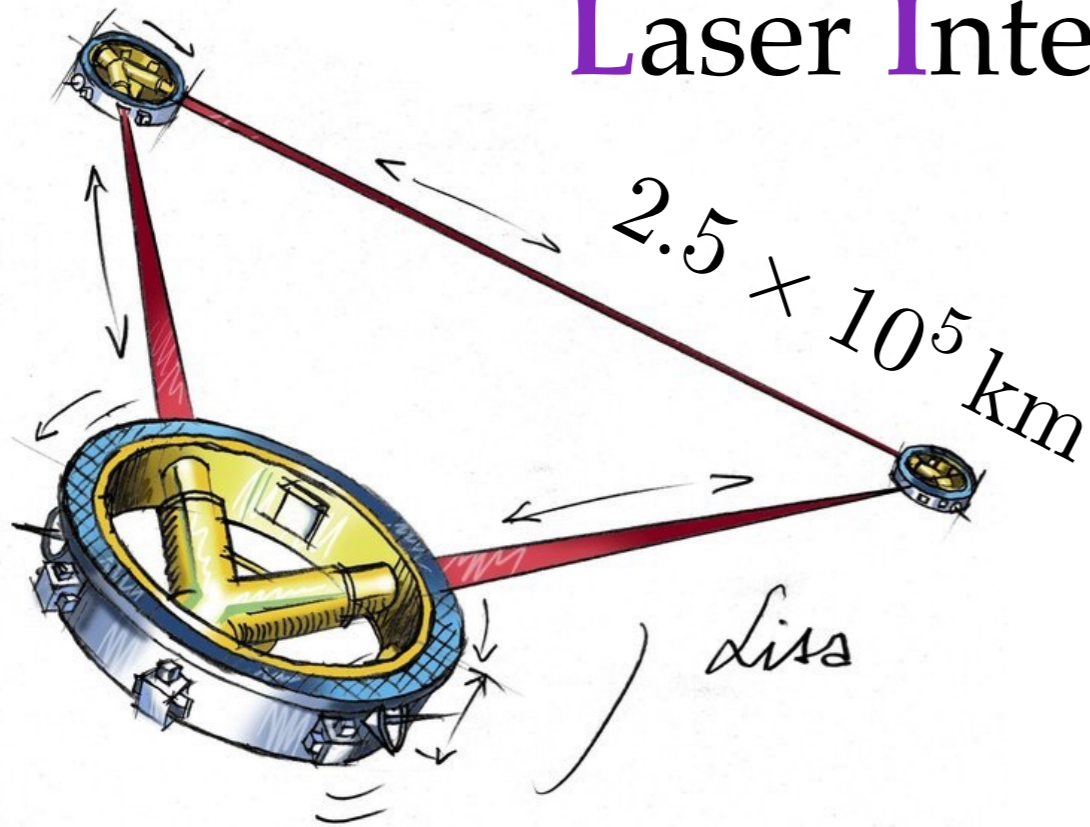
$$\omega_{\text{GW}}^{\text{today}} \sim \omega_{\text{GW}} \left(\frac{T_{\text{CMB}}^{\text{today}}}{T_{PT}} \right) \gtrsim \text{mHz} - \text{Hz}$$

For

$$T_{PT} \sim \text{TeV} - \text{PeV}$$

GW detectors

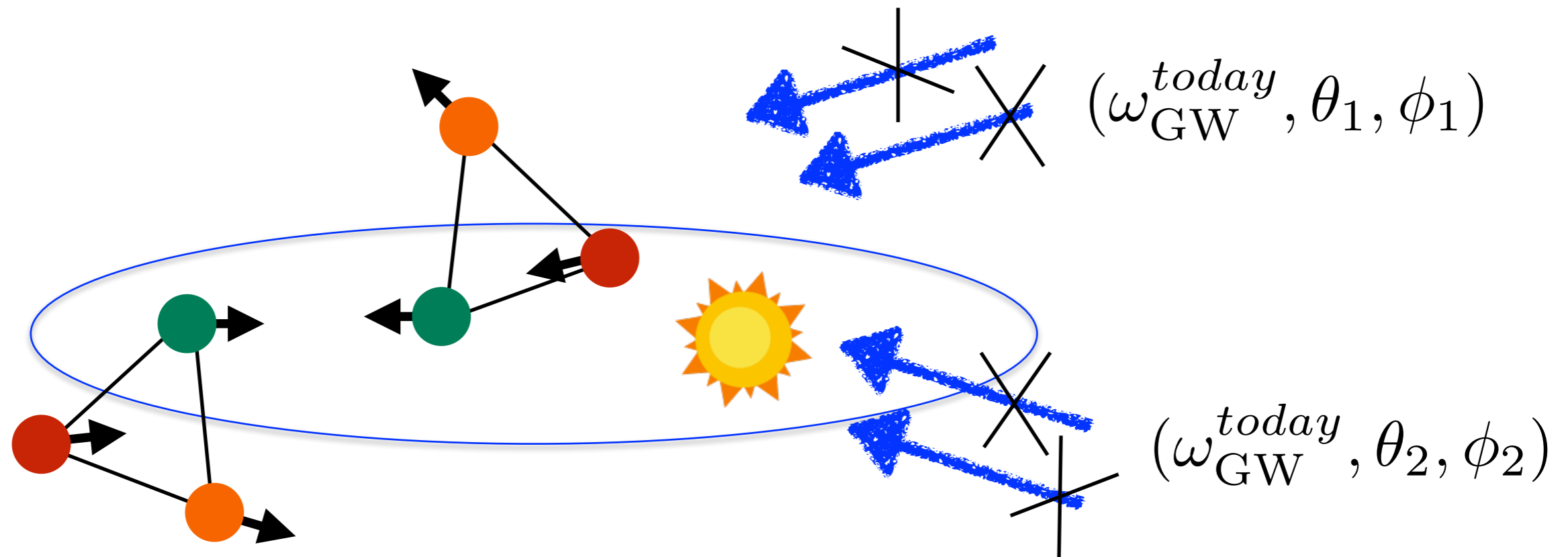
Laser Interferometer Space Antenna



Similar ideas, more futuristic

BBO, DECIGO, ALIA

Angular measurement



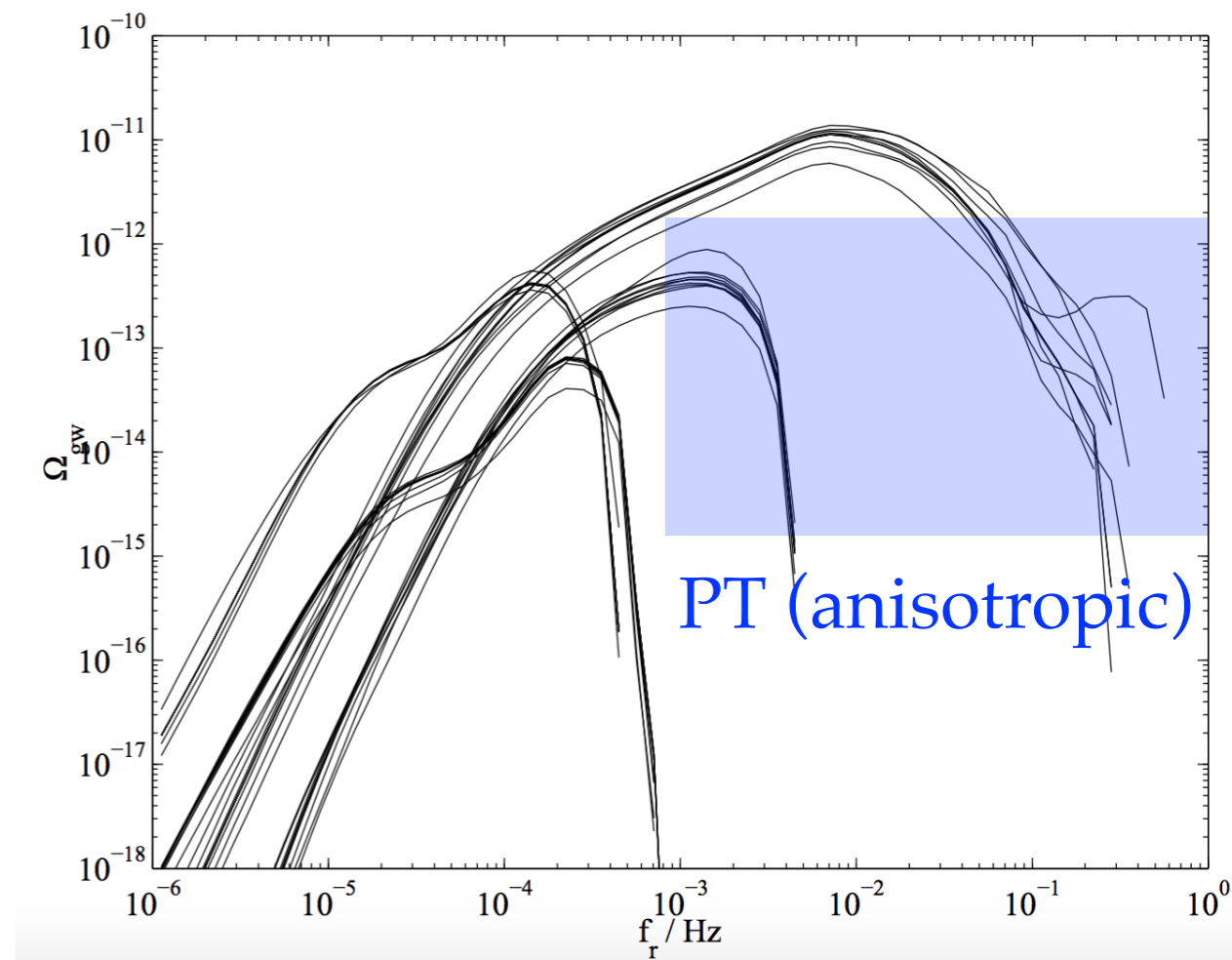
- **Method:** variation of **strains** in time for each **polarization** mode with different **detector location/Doppler shift**
- LISA may get to ~ 0.01 steradians ($\ell_{\text{max}} = \mathcal{O}(10)$), more detectors (BBO/DECIGO) can do better [Cutler(1997), Giampieri et al (1997)]

Astrophysical foreground

Unresolvable white dwarf merger
generates the dominant
background to our signal

However, most of these background
follow galaxy distribution and can
be subtracted with enough data

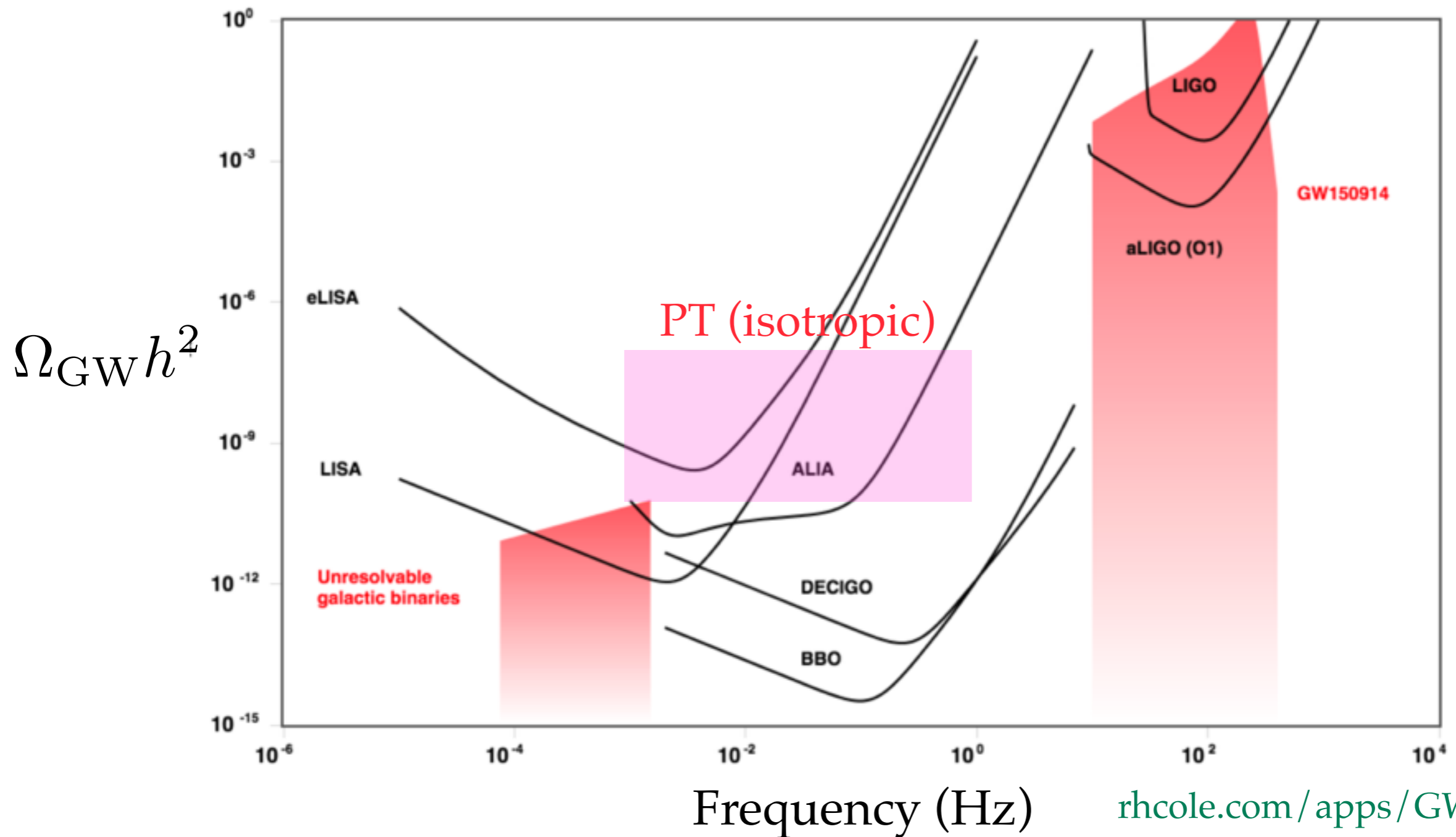
Adams & Cornish (2013)



Farmer & Phinney (2003)

Energy density of GW from PT

$$\rho_{\text{GW}}^{\text{today}} \approx 10^{-5} - 10^{-2} \rho_{\gamma}$$



Anisotropy maximal size

CMB constraints

Absolute magnitude of gravity wave perturbations less than CMB perturbations

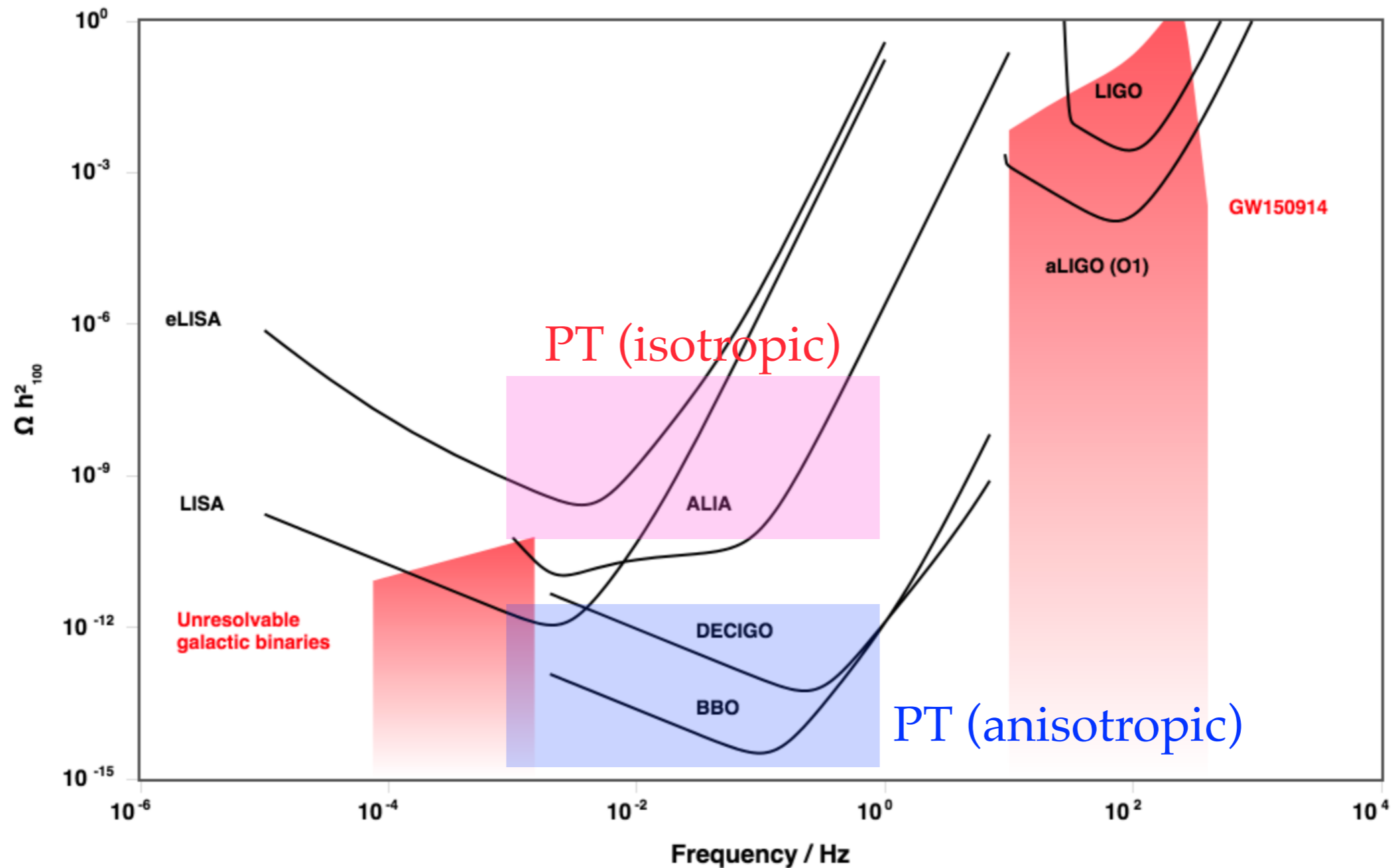
$$\delta\rho_{GW} < \delta\rho_\gamma \sim 10^{-5} \rho_\gamma$$

Gravitational back-reaction measurable

Difficult to saturate

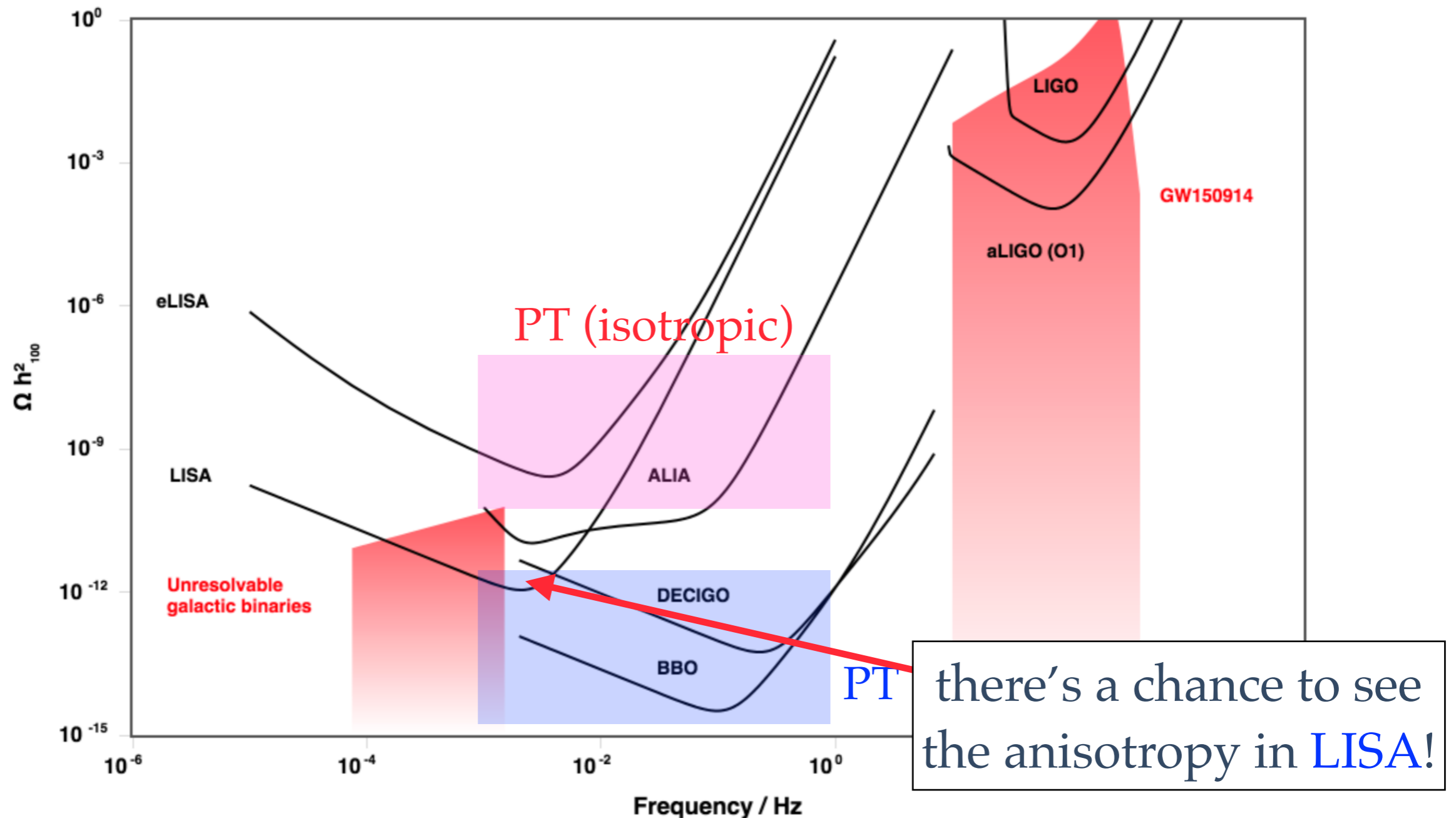
Detection possibility

$$\delta\rho_{\text{GW}}^{\text{today}} \approx 10^{-10} - 10^{-7} \rho_\gamma$$



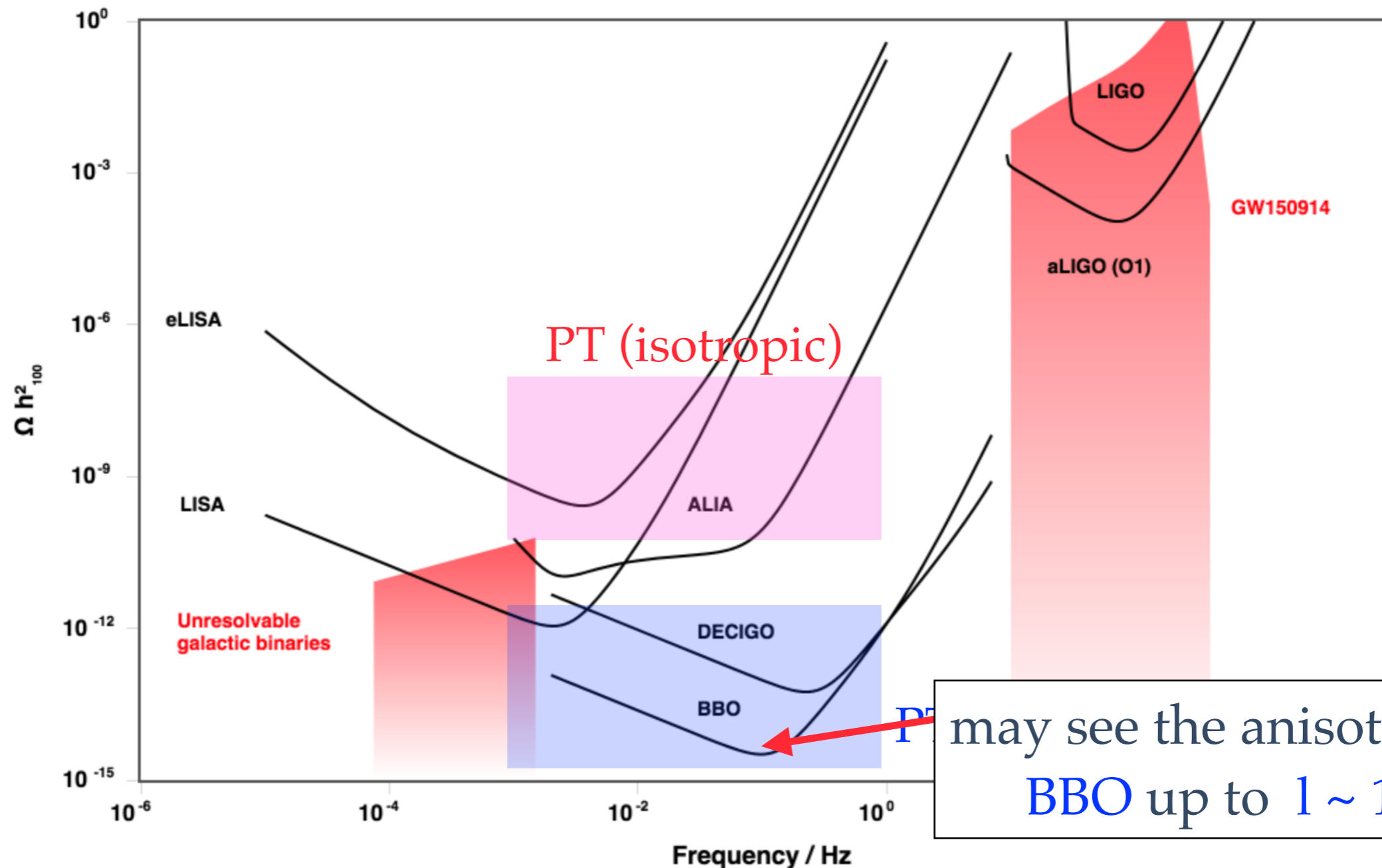
Detection possibility

$$\delta\rho_{\text{GW}}^{\text{today}} \approx 10^{-10} - 10^{-7} \rho_{\gamma}$$



Detection possibility

$$\delta\rho_{\text{GW}}^{\text{today}} \approx 10^{-10} - 10^{-7} \rho_{\gamma}$$



Conclusion

Isotropic Piece

Energy density generating GW
Hubble at which GW are generated

Anisotropic Piece

Is sector in thermal eq. with SM
Are there multiple light scalar fields during inflation