

# Galactic Dark Matter Population as the Source of Neutrino Masses

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# The Problem of Neutrino Masses

- In the Standard Model, neutrinos are completely massless
- Neutrino oscillation needs mass differences, which means massive neutrinos
- Some new physics is needed to allow for massive neutrinos
- Neutrino masses  $m_\nu \lesssim 0.1$  eV are the smallest known non-zero masses, by several orders of magnitude
- All other Standard Model masses for elementary particles are generated by the Higgs mechanism, but neutrino masses might be from something else

# The Uncertain Nature of Dark Matter

- Dark matter makes up approximately 80% of matter in the universe by mass
- Dark matter has no explanation in the Standard Model
- Besides having no appreciable electromagnetic interaction, little is known about what dark matter even is
- Dark matter might interact via yet unseen “dark sector” forces, as long as gravity is stronger at large enough distances

# Introducing a Long Range Scalar Force

- We assume that both neutrinos,  $\nu$  and dark matter,  $X$  are Dirac fermions
- We posit a repulsive long range scalar force between dark matter and neutrinos, which is mediated by the field  $\phi$ :

$$\mathcal{L}_i = -g_X \phi \bar{X} X - g_\nu \phi \bar{\nu} \nu \quad (1)$$

- We have masses in vacuum for dark matter and the light scalar mediator:

$$\mathcal{L}_m = -m_X \bar{X} X - \frac{1}{2} m_\phi^2 \phi^2 \quad (2)$$

- We do not have any mass term for neutrinos from the Higgs mechanism
- The equation of motion for  $\phi$  is:

$$(\square + m_\phi^2)\phi = -g_X \bar{X} X - g_\nu \bar{\nu} \nu \quad (3)$$

# Getting a Neutrino Mass from the Scalar Potential

- The Lagrangian contains  $g_\nu \phi \bar{\nu} \nu$  which looks like a mass term if  $\phi$  is a constant
- If we can get a constant background  $\phi$ , we get an apparent neutrino mass:

$$m_\nu \equiv g_\nu \phi \tag{4}$$

- We'll assume the neutrino and dark matter populations are almost spatially uniform on the typical time and distance scales we'll consider so that we can get a constant background

## Finding the Equation for $\phi$

- With uniformity in space and time, we can neglect derivatives

$$m_\phi^2 \phi \approx -g_X \bar{X} X - g_\nu \bar{\nu} \nu \quad (5)$$

- The terms like  $\bar{f} f$  are related to number density  $n_f$ :

$$\bar{f} f = n_f \langle \sqrt{1 - v_f^2} \rangle = n_f \frac{m_f}{\langle E_f \rangle} \quad (6)$$

- We will assume that dark matter is non-relativistic, and use  $\bar{X} X = n_X$
- This is almost good, but not quite:  $m_\nu$  depends on  $\phi$  still

# Screening of the Potential by Neutrinos

- Since the effective mass for neutrinos comes from the scalar potential, we find the following equation:

$$g_\nu \bar{\nu} \nu = g_\nu n_\nu \frac{g_\nu \phi}{\langle E_\nu \rangle} = \phi \frac{g_\nu^2 n_\nu}{\langle E_\nu \rangle} \quad (7)$$

- The above term appears in the equation of motion for  $\phi$  and looks like a mass term for  $\phi$ , so we define the screening mass:

$$\omega_\nu^2 \equiv \frac{g_\nu^2 n_\nu}{\langle E_\nu \rangle} \quad (8)$$

# The Key Equations

- We finally get the equations we wanted to find:

$$\phi \approx \frac{-g_X n_X}{m_\phi^2 + \omega_\nu^2} \quad (9)$$

$$m_\nu \approx \frac{-g_X g_\nu n_X}{m_\phi^2 + \omega_\nu^2} \quad (10)$$

- When the neutrino number density dominates,  $\omega_\nu^2$  is large, and the potential and neutrino mass are driven down toward zero
- When the neutrino number density is negligible, we can neglect the screening mass



# The Fate of Relic Neutrinos

- In voids with very little dark matter, the neutrino mass is very close to zero
- In regions with abundances of dark matter like our galactic neighborhood, the repulsive Yukawa potential creates masses  $\mathcal{O}(0.1 \text{ eV})$
- Relic neutrinos have temperatures  $\mathcal{O}(10^{-4} \text{ eV})$
- The neutrino mass near dark matter acts as a potential barrier
- The low energy relic neutrinos are absent from the galaxy and restricted to voids
- This is a prediction of this model that can be tested at future relic neutrino experiments such as PTOLEMY

# Choosing Reasonable Parameters

- We choose  $m_\phi \sim 10^{-26} \text{ eV} \sim (0.7 \text{ kpc})^{-1}$  to define the scale of the force
- We choose a dark matter mass  $m_\chi \sim 0.3 \text{ GeV}$
- We choose the coupling strength to dark matter  $g_\chi \sim 10^{-20}$ 
  - The scalar force between dark matter is constrained from tidal stream bounds so that  $g_\chi/m_\chi \lesssim 10^{-19} \text{ GeV}^{-1}$
- We choose the coupling strength to neutrinos  $g_\nu \sim 10^{-19}$ 
  - The most important bound seems to be free streaming in the early universe, leading to  $g_\nu \lesssim 10^{-7}$

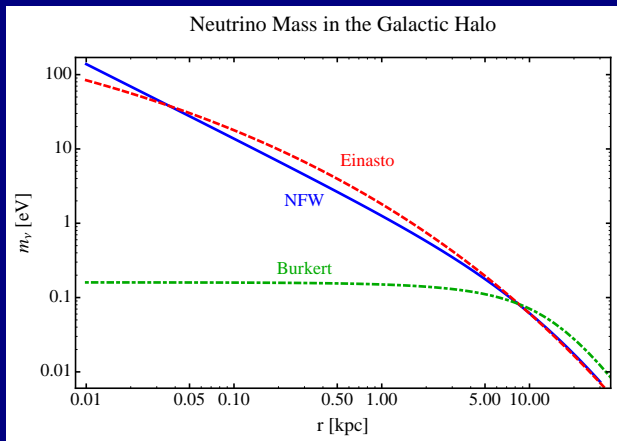
# An Extremely Abridged History of the Universe

- Extremely early in the universe, horizon size, which has been neglected, is dominant
- At the time of Big Bang Nucleosynthesis, the screening mass from neutrinos dominates, and thus neutrinos are driven to be nearly massless
- As dark matter starts to clump, areas where neutrinos would be massive start to arise
- As relic neutrinos cool and dark matter continues to clump, relic neutrinos are repelled from galaxies and eventually are not energetic enough to return

# The Universe Now

- Relic neutrinos are massless and only outside galaxies
- Neutrinos in galaxies would mostly be from stellar production, and the expected density should not be large enough for the screening mass to be important

# Neutrino Masses in the Milky Way



- All the profiles have  $\rho_X(r_\odot) = 0.3 \text{ GeV} \cdot \text{cm}^{-3}$  and  $m_X = 0.3 \text{ GeV}$ , where  $r_\odot = 8.5 \text{ kpc}$
- We get  $m_\nu \sim 0.1 \text{ eV}$  around our solar system

# Summary

- Our ignorance of dark matter and neutrino masses allows us to be creative
- In our model, dark matter can source a scalar potential which gives neutrinos a location dependent mass
- Our model predicts that future experiments such as PTOLEMY won't find any relic neutrinos, because they have been repelled away from the galaxy

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# Backup



# Is The Force Between Neutrinos Attractive or Repulsive?

- The Yukawa potential between a dark matter particle and neutrino would have the textbook form:

$$V_\phi(r) = -\frac{g_\chi g_\nu}{4\pi r} e^{-m_\phi r} \quad (11)$$

- In the usual approach, the force is attractive if  $g_\chi g_\nu$  is positive and repulsive otherwise
- It looks like we can choose our couplings arbitrarily to get an attractive or repulsive potential...
- But the sign of the neutrino mass  $m_\nu \approx \frac{-g_\chi g_\nu n_\chi}{m_\phi^2 + \omega_\nu^2}$  also depends on the product  $g_\chi g_\nu$
- By performing a chiral transformation of  $\nu$ , we can change the sign of the mass term so that it is positive
  - This is just a convention, but it is also a very good convention, and one that is implicitly assumed usually (like in discussions about attractive or repulsive forces!)
- This leads us to conclude that dark matter repels neutrinos

# Why is the Neutrino Yukawa Term Absent?

- With a right handed neutrino, one would expect a term like  $H\bar{L}\nu_R$  to be present, and neutrinos would get a mass from the Higgs mechanism
- We can forbid by introducing a  $Z_2$  symmetry under which  $\nu_R \rightarrow -\nu_R$  and SM fields are unchanged
- To allow the neutrinos to couple to  $\phi$ , we also require  $\phi \rightarrow -\phi$  under this  $Z_2$
- Now to allow dark matter to couple to  $\phi$ , we will have  $X_R \rightarrow -X_R$  and  $X_L \rightarrow X_L$  under this  $Z_2$
- We get neutrino coupling to  $\phi$  from a dimension 5 operator  $\phi H\bar{L}\nu_R/M$

# How Does $X$ Get Its Mass?

- Unfortunately the symmetries we introduced forbids a mass term for the dark matter  $X$ , but we can introduce a dark Higgs  $\Phi$  with a vev on the order of GeV that also transforms as  $\Phi \rightarrow -\Phi$  and include the term  $\Phi \bar{X}_L X_R$
- A similar dimension 5 operator  $\Phi H \bar{L} \nu_R / M$  should exist with a similar scale, but for our parameter values this would be  $m_\nu \lesssim 10^{-8}$  eV and wouldn't be the main source of mass