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Cosmology Lecture 3

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That was fun! Let's see if it works for something else...

Try **proton-antiproton** freeze-out: what's the **relic** matter **abundance** in a baryon-symmetric Universe?

$$\sigma \sim \Lambda_{\rm QCD}^{-2}$$

$$n \sigma = H \rightarrow T^3 \Lambda^{-2} = T^2/M_P \rightarrow T = \Lambda^2/M_P$$

doesn't quite work, we're way **outside** the regime of validity for **hot relics**, since $T << << < m_p ...$

Need to work out the case of cold relics, which looks nastier by eye

$$n \sim (m_{\chi}T)^{3/2} \exp\left(-\frac{m_{\chi}}{T}\right)$$

Here's the trick: freeze-out condition gives

$$n_{
m f.o.} \sim rac{T_{
m f.o.}^2}{M_P \cdot \sigma}$$

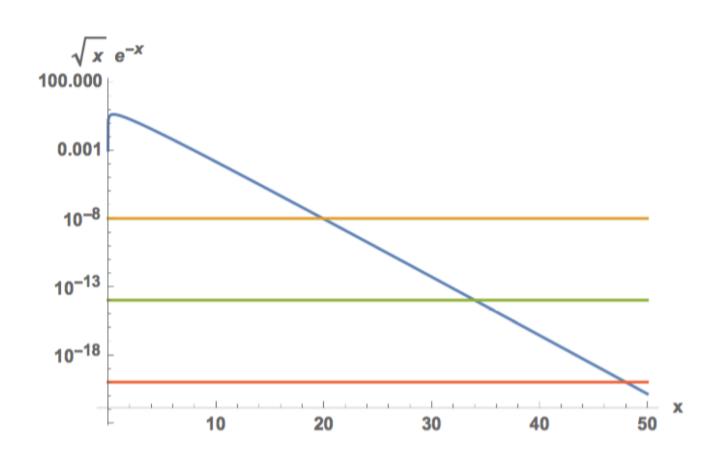
now define
$$m_\chi/T \equiv x$$
 (cold relic: x>>1)

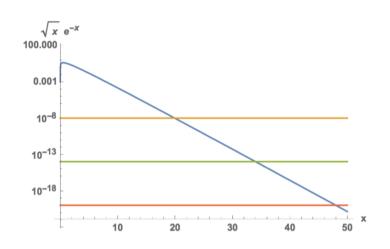
Freeze-out condition (x) now reads

$$rac{m_\chi^3}{x^{3/2}}e^{-x}=rac{m_\chi^2}{x^2\cdot M_P\cdot \sigma}$$
 .

...so we gotta solve
$$\sqrt{x} \cdot e^{-x} = rac{1}{m_\chi \cdot M_P \cdot \sigma}$$

$$\sqrt{x} \cdot e^{-x} = rac{1}{m_\chi \cdot M_P \cdot \sigma}$$





$$\sqrt{x} \cdot e^{-x} = rac{1}{m_\chi \cdot M_P \cdot \sigma}$$

$$\sigma \sim G_F^2 m_\chi^2$$

Take e.g. a "weakly interacting massive particle"

$$m_\chi \sim 10^2$$
 GeV.

$$\sqrt{x} \cdot e^{-x} = \frac{1}{m_{\chi} \cdot M_P \cdot \sigma} \sim \frac{1}{10^2 \cdot 10^{18} \cdot 10^{-6}} \sim 10^{-14}$$

thus
$$x = m_{\gamma} / T \sim 35$$

Off to calculating the thermal relic density

$$\Omega_{\chi} = rac{m_{\chi} \cdot n_{\chi} (T = T_0)}{
ho_c} = rac{m_{\chi} \ T_0^3}{
ho_c} rac{n_0}{T_0^3}$$

iso-entropic universe $aT \sim$ const

$$rac{n_0}{T_0^3} \simeq rac{n_{
m f.o.}}{T_{
m f.o.}^3}$$

$$\Omega_{\chi} = \frac{m_{\chi} \ T_0^3}{\rho_c} \frac{n_{\mathrm{f.o.}}}{T_{\mathrm{f.o.}}^3} = \frac{T_0^3}{\rho_c} x_{\mathrm{f.o.}} \left(\frac{n_{\mathrm{f.o.}}}{T_{\mathrm{f.o.}}^2} \right) = \left(\frac{T_0^3}{\rho_c \ M_P} \right) \frac{x_{\mathrm{f.o.}}}{\sigma}$$

$$\left(\frac{\Omega_{\chi}}{0.2}\right) \simeq \frac{x_{\mathrm{f.o.}}}{20} \left(\frac{10^{-8} \mathrm{GeV}^{-2}}{\sigma}\right)$$

Notice we neglected relative **velocity**... What is the velocity of a cold relic at freeze-out?

$$\frac{3}{2}T = \frac{1}{2}mv^2$$

...just use equipartition theorem... $v=(3/x)^{1/2} \sim 0.3$

Now, back to relic density:

$$\left(\frac{\Omega_{\chi}}{0.2}\right) \simeq \frac{x_{\mathrm{f.o.}}}{20} \left(\frac{10^{-8} \; \mathrm{GeV}^{-2}}{\sigma}\right)$$

$$\sigma_{
m EW} \sim G_F^2 T_{
m f.o.}^2 \sim G_F^2 \left(rac{E_{
m EW}}{20}
ight)^2 \sim 10^{-8} \ {
m GeV^{-2}},$$

$$\left(\frac{\Omega_{\chi}}{0.2}\right) \simeq \frac{x_{\mathrm{f.o.}}}{20} \left(\frac{10^{-8} \ \mathrm{GeV}^{-2}}{\sigma}\right)$$
 Is this unique to WIMPs? No.

$$\sigma \sim rac{g^4}{m_\chi^2}$$

"WIMPless" miracle... what did we use?

$$m_\chi \cdot \sigma \cdot M_P \gg 1$$
 $\sigma \sim 10^{-8} \; {
m GeV}^{-2}$

Substitute and find that $m_{\gamma} >> 0.1 \text{ eV}$!

In practice various constraints on light thermal relics from structure formation, relativistic degrees of freedom at BBN, CMB... m_y> MeV

What is the range of masses expected for cold relics?

Cross section cannot be arbitrarily large: unitarity limit

$$\sigma \lesssim rac{4\pi}{m_\chi^2}$$

$$rac{\Omega_\chi}{0.2} \gtrsim 10^{-8}~{
m GeV}^{-2} \cdot rac{m_\chi^2}{4\pi}$$

$$\left(\frac{m_\chi}{120~{
m TeV}}\right)^2\lesssim 1$$

What is the range of masses expected for cold relics?

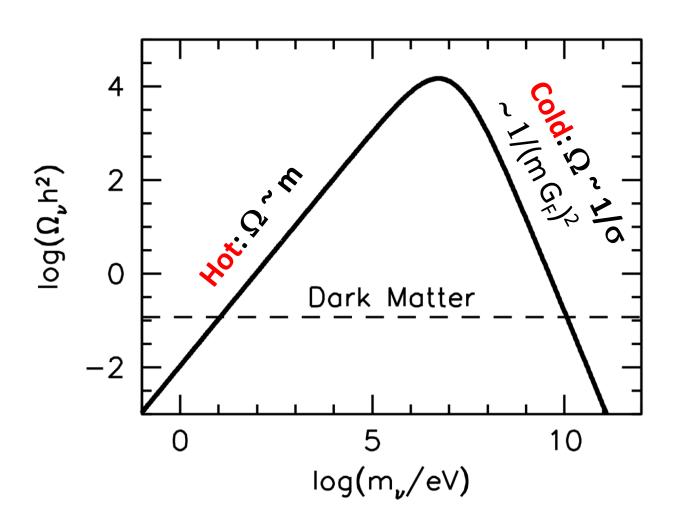
If you have a WIMP, defined by a cross section $\sigma \sim G_F^2 \; m_\chi^2$

$$\sigma \sim G_F^2 \; m_\chi^2$$

$$\Omega_{\chi} h^2 \sim 0.1 \frac{10^{-8} \text{ GeV}^{-2}}{G_F^2 m_{\chi}^2} \sim 0.1 \left(\frac{10 \text{ GeV}}{m_{\chi}}\right)^2$$

"Lee-Weinberg" limit

WIMP's thermal relic density



 $\Omega \sim 1/\sigma$ is "catastrophic" for baryons

Roughly, 10⁻¹⁰ relic protons and antiprotons per actual proton!

Gives a job to **Baryogenesis** model builders...

Discussion so far OK for a qualitative assessment of relic density

State of the art much more sophisticated: Solve Boltzmann equation

$$\hat{L}_{
m NR} = rac{{
m d}}{{
m d}t} + rac{{
m d}ec{x}}{{
m d}t}ec{
abla}_x + rac{{
m d}ec{v}}{{
m d}t}ec{
abla}_v
onumber \ \hat{L}_{
m COV} = p^lpha rac{\partial}{\partial x^lpha} - \Gamma^lpha_{eta\gamma} \ p^eta \ p^\gamma rac{\partial}{\partial p^lpha}
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m COV} = p^lpha \ p^\gamma \ p^\gamma$$

Looks ugly, but for the FRW metric phase-space density simplifies...

$$f(ec{x},ec{p},t) o f(|ec{p}|,t) \qquad f(E,t)$$
 $\hat{L}[f]=Erac{\partial f}{\partial t}-rac{\dot{a}}{a}|ec{p}|^2\;rac{\partial f}{\partial E}$

Now, what we are interested in are **number** densities, which in terms of **phase-space** densities are simply...

$$n(t) = \sum_{\text{spin}} \int \frac{\mathrm{d}^3 p}{(2\pi)^3} f(E, t)$$

...integrate the Liouville operator over momentum space and get

$$\int L[f] \cdot g \frac{\mathrm{d}^3 p}{(2\pi)^3} = \frac{\mathrm{d}n}{\mathrm{d}t} + 3H \cdot n_0$$

Back to Boltzmann equation, suppose a 2-to-2 reaction, with 3, 4 in eq.

$$1+2\leftrightarrow 3+4$$

Consider the collision factor, and again integrate over momenta...

$$g_1 \int \hat{C}[f_1] rac{\mathrm{d}^3 p}{(2\pi)^3} = -\langle \sigma \cdot v_{ ext{M}lpha ext{l}}
angle \left(n_1 n_2 - n_1^{ ext{eq}} n_2^{ ext{eq}}
ight)$$

...where the cross section

$$\sigma = \sum_f \sigma_{12 o f}$$

$$g_1 \int \hat{C}[f_1] rac{\mathrm{d}^3 p}{(2\pi)^3} = -\langle \sigma \cdot v_{ ext{M}lpha ext{l}}
angle \left(n_1 n_2 - n_1^{ ext{eq}} n_2^{ ext{eq}}
ight)$$

let's understand the rest of the equation:

$$v_{
m Mlpha l} \equiv rac{\sqrt{(p_1 \cdot p_2)^2 - m_1^2 m_2^2}}{E_1 \ E_2}$$

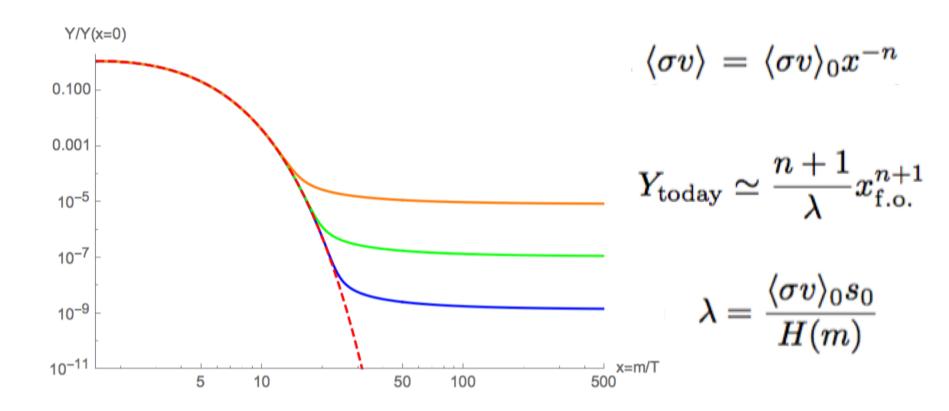
$$\langle \sigma \cdot v_{ ext{M}oldsymbol{arphi}}
angle = rac{\int \sigma \cdot v_{ ext{M}oldsymbol{arphi}} \ e^{-E_1/T} e^{-E_2/T} \ \mathrm{d}^3 p_1 \ \mathrm{d}^3 p_2}{\int e^{-E_1/T} e^{-E_2/T} \ \mathrm{d}^3 p_1 \ \mathrm{d}^3 p_2}$$

Final version of **Boltzmann Eq.**

$$\dot{n} + 3Hn = \langle \sigma v \rangle \left(n_{
m eq}^2 - n^2 \right)$$

$$\dot{n} + 3Hn = \langle \sigma v \rangle \left(n_{
m eq}^2 - n^2
ight)$$

$$rac{dY(x)}{dx} = -rac{xs\langle\sigma v
angle}{H(m)}\left(Y(x)^2 - Y_{
m eq}^2(x)
ight)$$

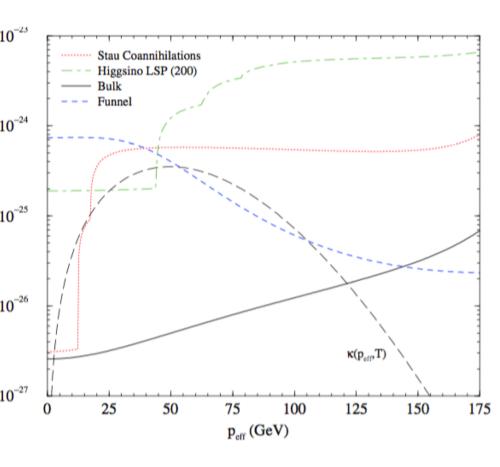


There exist important "exceptions" to this standard story:

- 1. Resonances
 - $\langle s \rangle \simeq 4m_\chi^2 + 6m_\chi T$.
- 2. Thresholds

3. Co-annihilation
$$\langle \sigma v \rangle \rightarrow \langle \sigma_{\rm eff} v \rangle = \frac{\sum_{i < j = 1}^{N} \sigma_{ij} \exp\left(-\frac{\Delta m_i + \Delta m_j}{T}\right)}{\sum_{i = 1}^{N} g_i \exp\left(-\frac{\Delta m_i}{T}\right)}.$$

Affects what the pair-annihilation rate today is compared to what it was at freeze-out!



$$\langle \sigma_{
m eff} v
angle = \int_0^\infty dp_{
m eff} rac{W_{
m eff}(p_{
m eff})}{4 E_{
m eff}^2} \kappa(p_{
m eff},T) \qquad E_{
m eff}^2 = \sqrt{p_{
m eff}^2 + m^2}.$$

So far we looked into what happens if we fiddle with the left hand side of

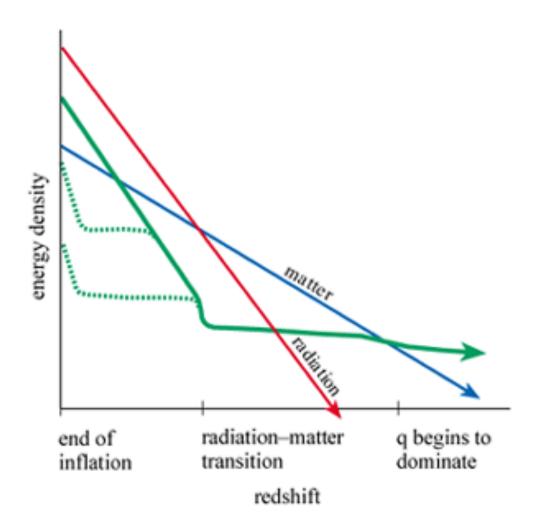
$$\Gamma = n \cdot \sigma \sim H$$

Consider a "Quintessence" dark energy model – homogeneous real scalar field

$$ho_{\phi} = rac{1}{2} \left(rac{\mathrm{d}\phi}{\mathrm{d}t}
ight)^2 + V(\phi)$$

$$P_{\phi} = rac{1}{2} \left(rac{\mathrm{d}\phi}{\mathrm{d}t}
ight)^2 - V(\phi)$$

$$w = P_{\phi}/\rho_{\phi}$$
 $\rho_{\phi} \sim a^{-3(1+w)}$ $\rho \sim a^{-6}$



$$H \sim \frac{T^2}{M_P} \frac{T}{T_{\text{KRE}}} \qquad (T \gtrsim T_{\text{KRE}})$$

$$n_{
m f.o.} \langle \sigma \ v
angle \sim rac{T^2}{M_P} rac{T}{T_{
m KRE}}.$$

$$rac{n_{
m f.o.}}{T_{
m c}^2} \sim rac{1}{M_P \left\langle \sigma | v
ight
angle} rac{T_{
m f.o.}}{T_{
m KRE}}.$$

$$rac{n_{
m f.o.}}{T_{
m f.o.}^2} \sim rac{1}{M_P \left<\sigma \ v
ight>} rac{T_{
m f.o.}}{T_{
m KRE}}. \qquad \Omega_\chi^{
m quint} = rac{T_0^3}{M_P \cdot
ho_c} x_{
m f.o.} \left(rac{n_{
m f.o.}}{T_{
m f.o.}^2}
ight)$$

$$rac{\Omega_\chi^{
m quint}}{\Omega_\chi^{
m standard}} \sim rac{T_{
m f.o.}}{T_{
m KRE}} \lesssim rac{m_\chi}{20} rac{1}{T_{
m BBN}} \sim 10^4 rac{m_\chi}{100 {
m ~GeV}}.$$

After chemical decoupling (number density freezes out), DM can still be in kinetic equilibrium (i.e. its velocity distribution is in equilibrium)

generically, this is the case, since for cold relics

$$\chi\chi\leftrightarrow ff \qquad \rightarrow \quad \Gamma = n_{\mathrm{non-rel}}\cdot\sigma$$
 $\chi f\leftrightarrow \chi f \qquad \rightarrow \quad \Gamma = n_{\mathrm{rel}}\cdot\sigma$

Think of a **prototypical WIMP**:

$$\sigma_{\chi f \leftrightarrow \chi f} \sim G_F^2 T^2$$

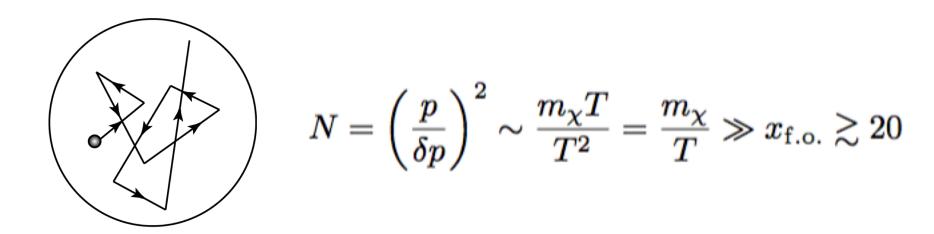
Problem: every collision has a momentum transfer $\delta p \sim T_1$

...but we need to keep the (cold) DM momentum in equilibrium, i.e.

$$rac{p^2}{2m_\chi} \sim T$$
 : $p \sim \sqrt{m_\chi T}$.

so $\delta p \ll p$, we need a bunch of kicks!

However, subtlety: kicks are in random directions!



Let's estimate a typical WIMP kinetic decoupling temperature

$$n_{
m rel} \cdot \sigma_{\chi f \leftrightarrow \chi f} \left(rac{\delta p}{p}
ight)^2 \sim T^3 \cdot G_F^2 T^2 \cdot rac{T}{m_\chi} \sim H \sim rac{T^2}{M_P}.$$

$$T_{
m kd} \sim \left(rac{m_\chi}{M_P\cdot G_F^2}
ight)^{1/4} \sim 30 \; {
m MeV} \; \left(rac{m_\chi}{100 \; {
m GeV}}
ight)^{1/4}$$

What does this implies for **structure formation**?

$$M_{
m ao} \sim rac{4\pi}{3} \left(rac{1}{H(T_{
m kd})}
ight)^3
ho_{
m DM}(T_{
m kd}) \sim 30~M_{\oplus} \left(rac{10~{
m MeV}}{T_{
m kd}}
ight)^3$$

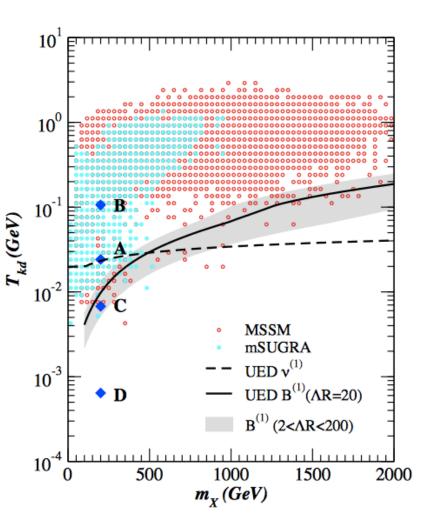
$$M_{\oplus} \simeq 3 imes 10^{-6} M_{\odot}$$

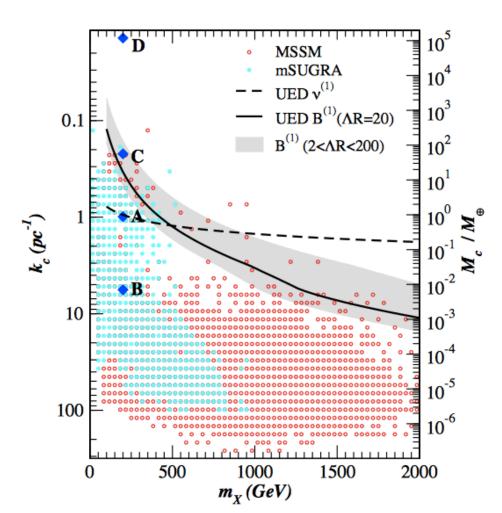
First structures that collapse are these tiny minihalos (maybe some survive today?)

Structures then merge into bigger and bigger halos (bottom-up structure formation)

Notice that the kinetic decoupling/cutoff scale varies significantly even for a selected particle dark matter scenario!

e.g. for SUSY, UED





What happens instead for hot relics?

They decouple when $T >> m_v$

Structures can only collapse when $T \sim m_v$ (i.e. when things slow down enough for gravitational collapse!)

Structures are cutoff to the horizon size at that temperature

$$d_
u \sim H^{-1}(T \sim m_
u) \qquad \qquad d_
u \sim rac{M_P}{m_
u^2}$$

$$d_
u \sim rac{M_P}{m_
u^2}$$

$$M_{
m cutoff, \ hot} \sim \left(\frac{1}{H(T=m_{
u})}\right)^{3}
ho_{
u}(T=m_{
u}) \sim \left(\frac{M_{P}}{m_{
u}^{2}}\right)^{3} m_{
u} \cdot m_{
u}^{3} = \frac{M_{P}^{3}}{m_{
u}^{2}}$$

$$rac{M_P^3}{m_
u^2} \sim 10^{15} \ M_\odot \left(rac{m_
u}{30 \ {
m eV}}
ight)^{-2} \sim 10^{12} \ M_\odot \left(rac{m_
u}{1 \ {
m keV}}
ight)^{-2}$$

How does this compare with observations?

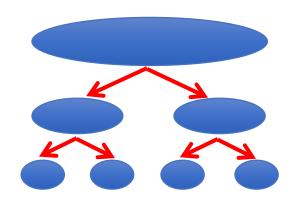
$$rac{M_P^3}{m_
u^2} \sim 10^{15} \ M_\odot \left(rac{m_
u}{30 \ {
m eV}}
ight)^{-2} \sim 10^{12} \ M_\odot \left(rac{m_
u}{1 \ {
m keV}}
ight)^{-2}$$

Observational constraints give

$$M_{
m cutoff} \ll M_{
m Ly-lpha} \simeq 10^{10} \; M_{\odot}$$

So at best dark matter can be keV scale, if produced thermally

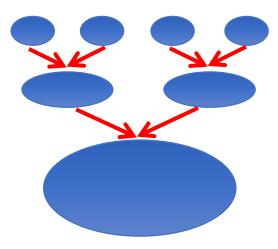
Structure formation looks strikingly different for hot and cold dark matter



Hot Dark Matter

Top-Down

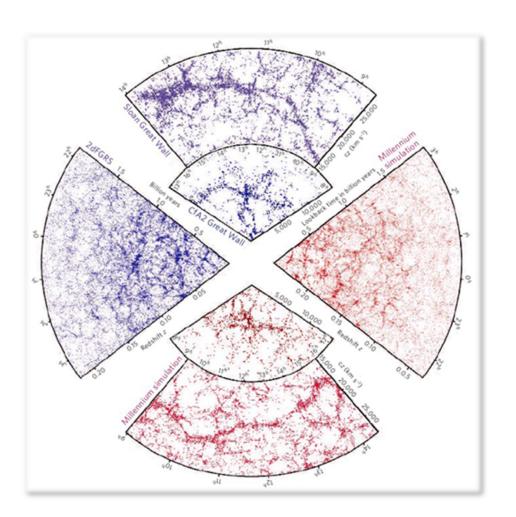
[doesn't work!]



Cold Dark Matter

Bottom-Up

[Yeah!]



1980's: Davis, Efstathiou, Frenk and White show that simulations of structure formation in a universe with cold dark matter match observed structure incredibly well!!