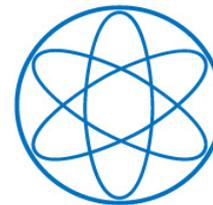


Relating the neutrino scale to the Planck scale

Alejandro Ibarra



In collaboration with Cesar Bonilla, Johannes Herms,
Patrick Strobl and Takashi Toma,

Planck 2019
Granada
June 2019

Neutrino masses are very small

Why?

The seesaw mechanism

A simple and compelling explanation: add heavy right-handed neutrinos to the Standard Model particle content.

$$\mathcal{L} = \mathcal{L}_{\text{SM}} + \frac{i}{2} \overline{N_i^c} \not{\partial} N_i - Y_{ij} \bar{L}_i \tilde{H} N_j - \frac{1}{2} M_{ij} \overline{N_i^c} N_j + \text{h.c.}$$

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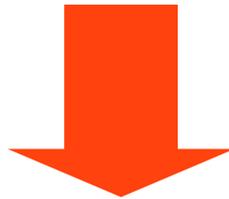
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$$\mathcal{M}_\nu = Y M^{-1} Y^T \langle H^0 \rangle^2$$

The seesaw mechanism

Neutrino masses are yet unknown. However,

$$\Delta m_{31}^2 \simeq 2.5 \times 10^{-3} \text{ eV} \quad (\text{global fits})$$

$$\Delta m_{21}^2 \simeq 7.6 \times 10^{-5} \text{ eV} \quad (\text{global fits})$$

$$\mathcal{M}_{ee} \leq 0.060 - 0.161 \text{ eV} \quad (\text{KamLAND-ZEN})$$

$$m_{\nu_e} \leq 2.2 \text{ eV} \quad (\text{Mainz})$$

$$\sum m_\nu \lesssim 0.16 \text{ eV} \quad (\text{BOSS})$$

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Data suggest $m_\nu = \mathcal{O}(0.1 \text{ eV})$

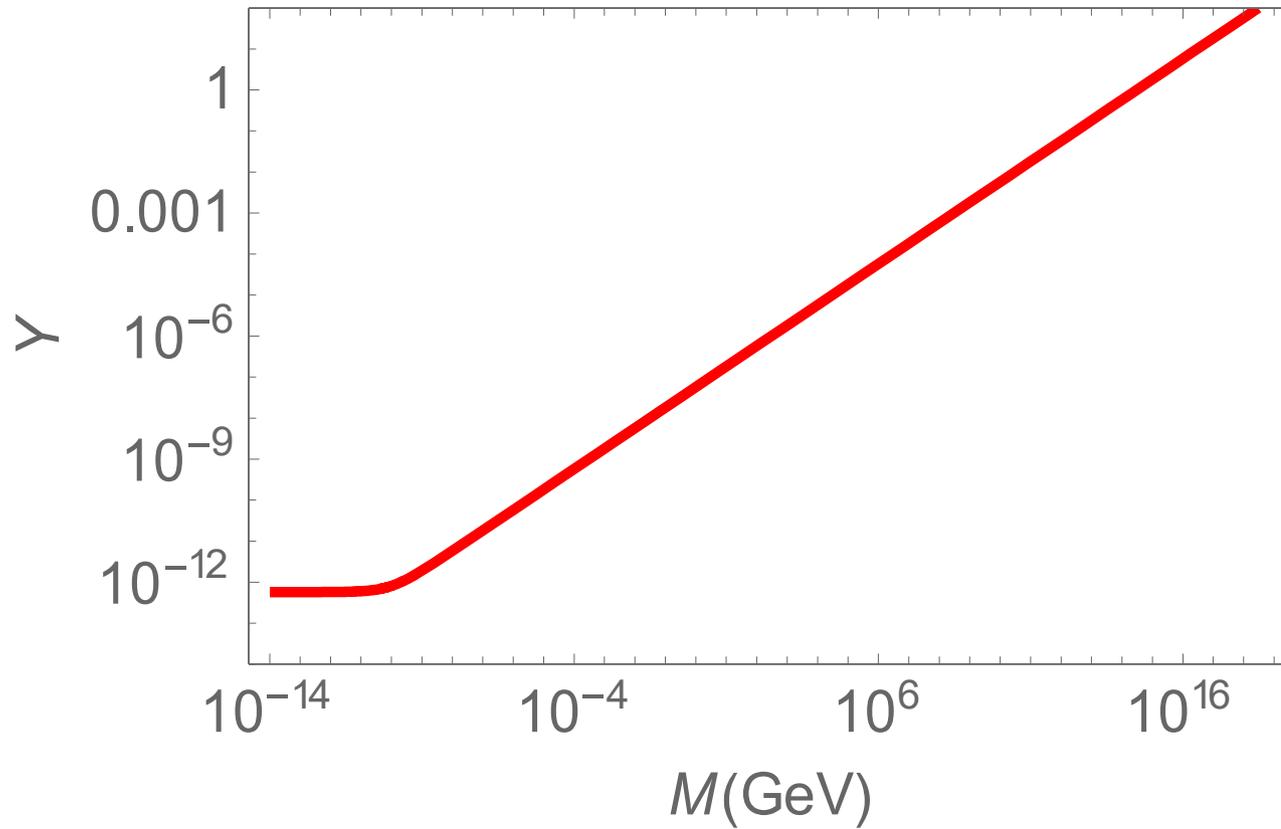
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Clearly yes. Many free parameters.

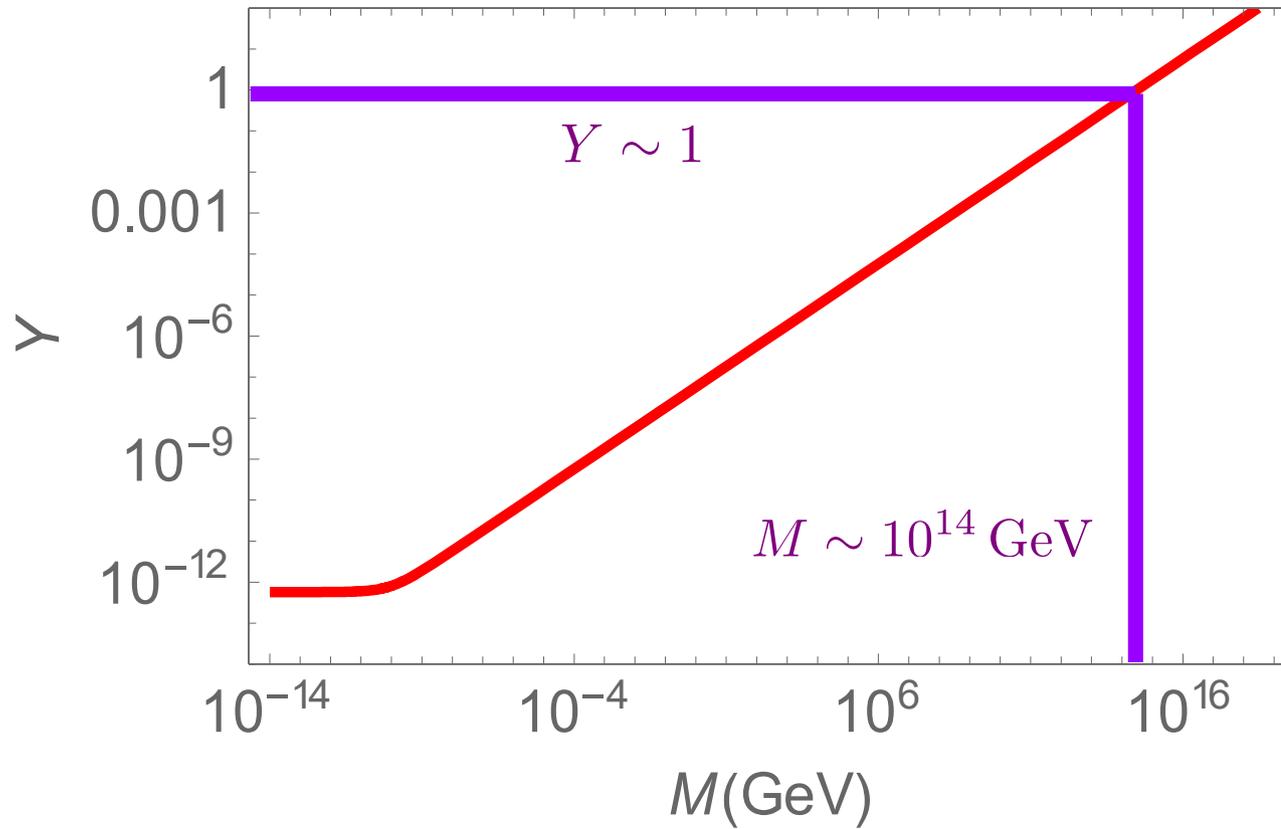
The seesaw mechanism

$$\frac{Y^2}{M} \langle H^0 \rangle^2 \sim 0.1 \text{ eV}$$



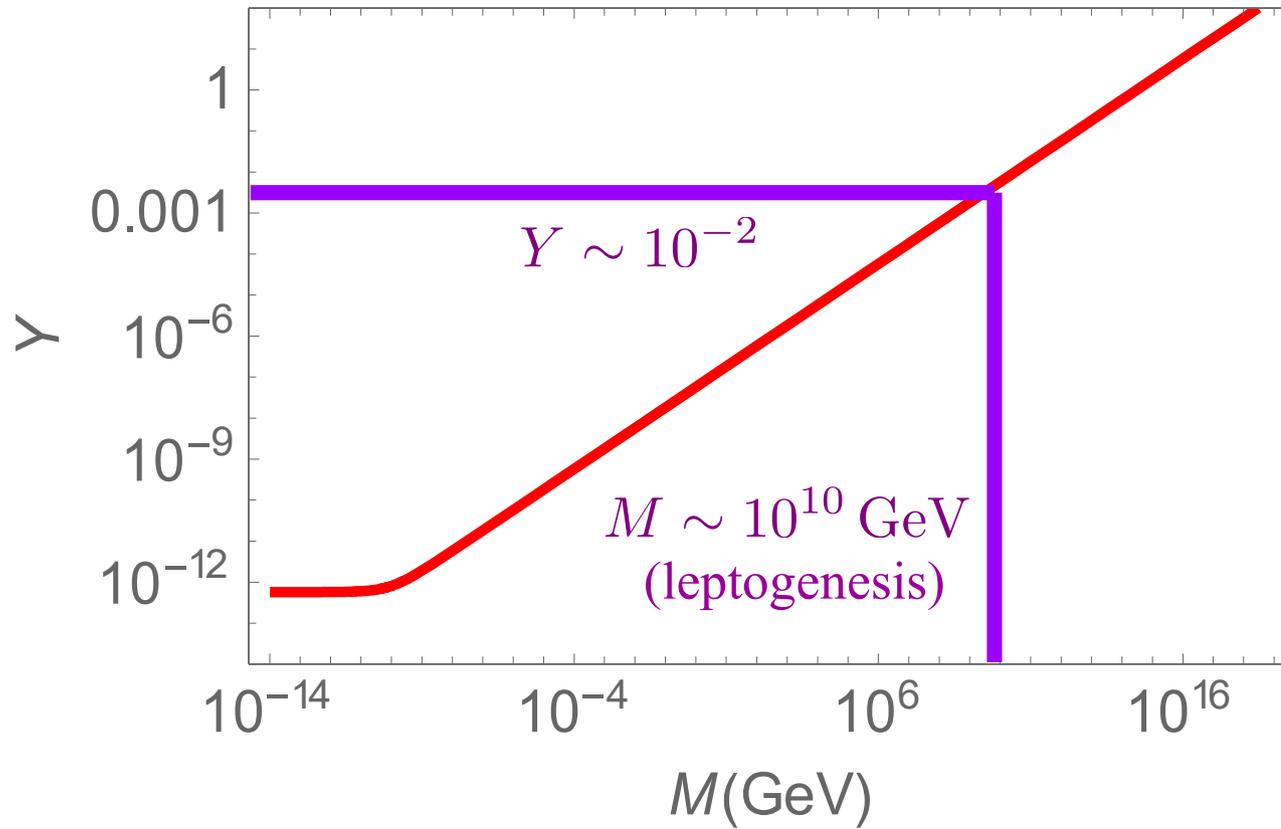
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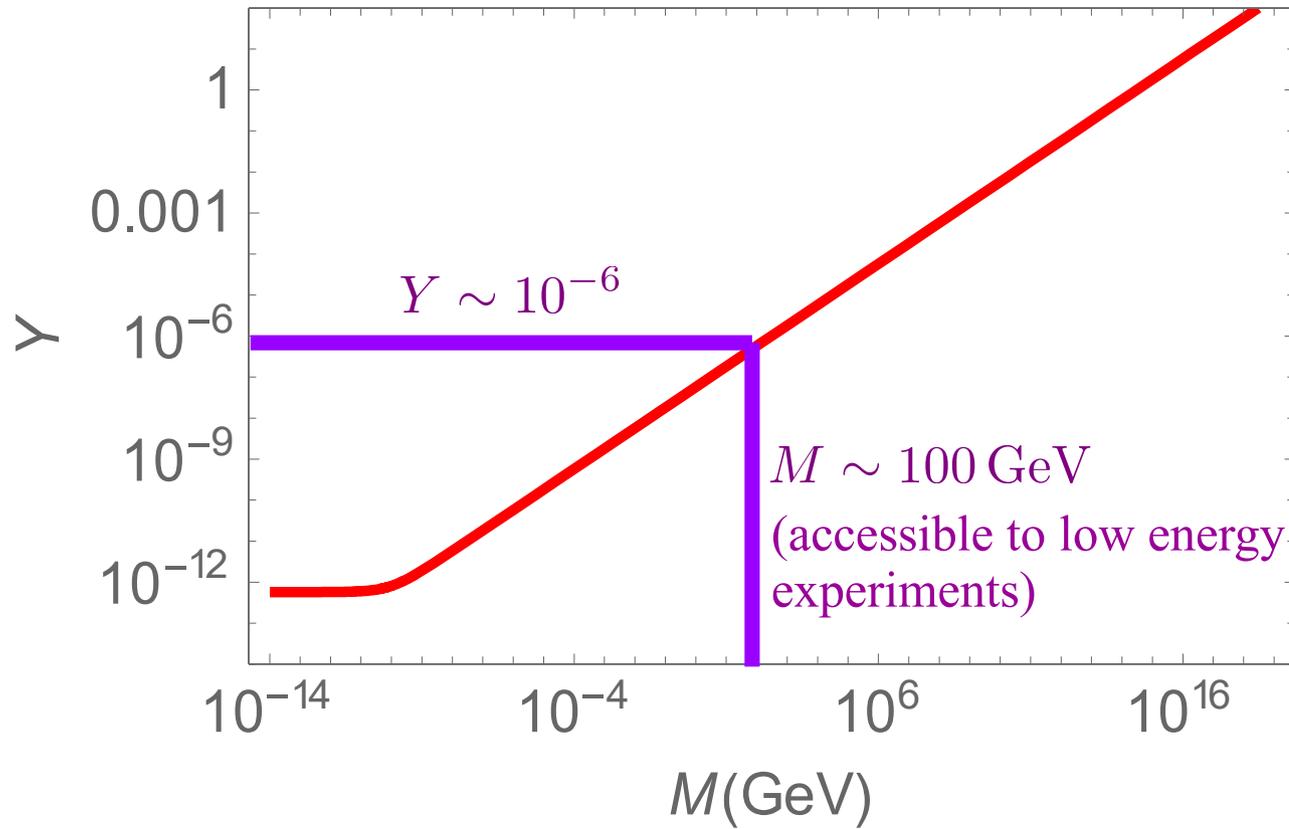
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The seesaw can accommodate $m_\nu = \mathcal{O}(0.1 \text{ eV})$

However, the framework is not fully satisfactory:
a new mass scale has to be introduced in order to
reproduce the observed neutrino mass scale

Is it possible to explain $m_\nu = \mathcal{O}(0.1 \text{ eV})$
without introducing new mass scales?

(and for reasonable Yukawas)

Explaining the neutrino mass scale

Mass scales in the Standard Model

- Higgs vacuum expectation value $\langle H^0 \rangle = 174 \text{ GeV}$
(or Higgs mass parameter or Z-boson mass)

Explaining the neutrino mass scale

Mass scales in the Standard Model (extended with gravity)

- Higgs vacuum expectation value $\langle H^0 \rangle = 174 \text{ GeV}$
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- Planck mass $M_P = 1.2 \times 10^{19} \text{ GeV}$

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Note:

- 1) RH Majorana masses break lepton number
- 2) Electroweak symmetry does not break lepton number
- 3) Gravity effects are expected to break global symmetries

Natural values for the Majorana mass: $\sim M_P$ or zero

Explaining the neutrino mass scale

Simplest possibilities (assume one generation of lepton doublets)

1RHN, $M = 0$

$$-\mathcal{L} \supset Y \bar{L} \tilde{H} N + \text{h.c.}$$

$$m_{a_1, a_2} = \pm Y \langle H^0 \rangle$$

Excluded, unless the Yukawa is conspicuously small

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1RHN, $M \sim M_{\text{P}}$

$$-\mathcal{L} \supset Y \bar{L} \tilde{H} N + \frac{1}{2} M \bar{N}^c N + \text{h.c.}$$

$$m_s \sim M_{\text{P}}$$

$$m_a \sim \frac{Y^2 \langle H^0 \rangle^2}{M_{\text{P}}} \lesssim 10^{-6} \text{ eV}$$

Too small to explain oscillation experiments

Explaining the neutrino mass scale

$$2\text{RHN}, M_1 = 0, M_2 = 0$$

$$-\mathcal{L} \supset Y_1 \bar{L} \tilde{H} N_1 + Y_2 \bar{L} \tilde{H} N_2 + \text{h.c.}$$

$$m_s = 0$$

$$m_{a_1, a_2} = \pm \sqrt{Y_1^2 + Y_2^2} \langle H^0 \rangle$$

Excluded, unless the Yukawa is conspicuously small

$$2\text{RHN}, M_1 \sim M_{\text{P}}, M_2 \sim M_{\text{P}}$$

$$-\mathcal{L} \supset Y_1 \bar{L} \tilde{H} N_1 + Y_2 \bar{L} \tilde{H} N_2 + \frac{1}{2} M_1 \bar{N}_1^c N_1 + \frac{1}{2} M_2 \bar{N}_2^c N_2 + \text{h.c.}$$

$$m_{s_1} \sim M_{\text{P}}$$

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$$m_s \sim M_{\text{P}}$$

$$m_{a_1, a_2} \sim \underbrace{\pm Y_1 \langle H^0 \rangle}_{\text{too large}} - \underbrace{\frac{Y_2^2}{2M_2} \langle H^0 \rangle^2}_{\text{too small}}$$

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We argue that:

- 1) This calculation is too simplistic, and leads to wrong conclusions
- 2) The scenario with $M_1 = 0, M_2 \sim M_{\text{P}}$ leads, under reasonable assumptions, to $m_\nu = \mathcal{O}(0.1 \text{ eV})$

Symmetries in the seesaw Lagrangian

Kinetic part of the seesaw Lagrangian

$$\mathcal{L}_{\text{kin}} = i\bar{L}\not{D}L + \frac{i}{2}\overline{N_j^c}\not{D}N_j$$

Invariant under the global symmetries

$$U(1)_L : L \rightarrow e^{i\alpha} L$$

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$$U(1)_L \times U(2)_N \xrightarrow{Y_1, Y_2, M_1, M_2} \text{nothing}$$

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Key observation: non-vanishing values for Y_1, Y_2, M_2 already break the global symmetry completely. No symmetry protects M_1 and will be generated by quantum effects, proportional to M_2

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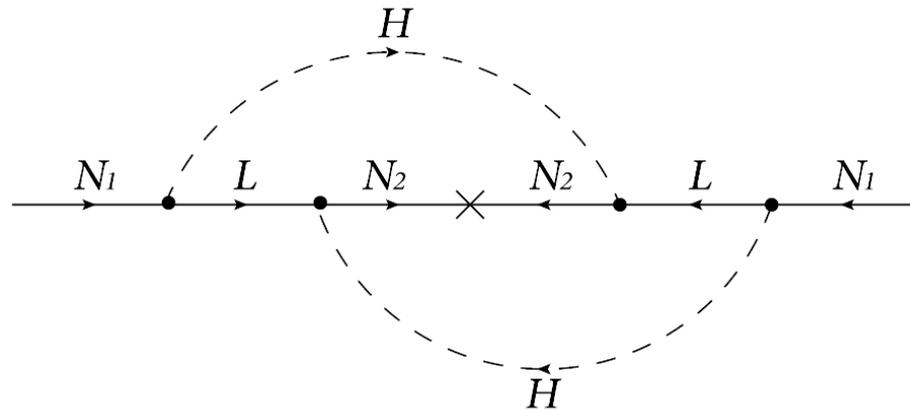
$$U(1)_L \times U(2)_N \xrightarrow{Y_2, M_2} U(1)_{N_1}$$

If Y_1 or Y_2 vanish, there is a residual $U(1)$ global symmetry $N_1 \rightarrow e^{i\beta} N_1$ that protects M_1 against quantum effects.

Quantum effects on RH neutrino masses

Assume that the conditions $M_1 = 0$, $M_2 \sim M_P$ hold at a cut-off scale $\Lambda = M_P$

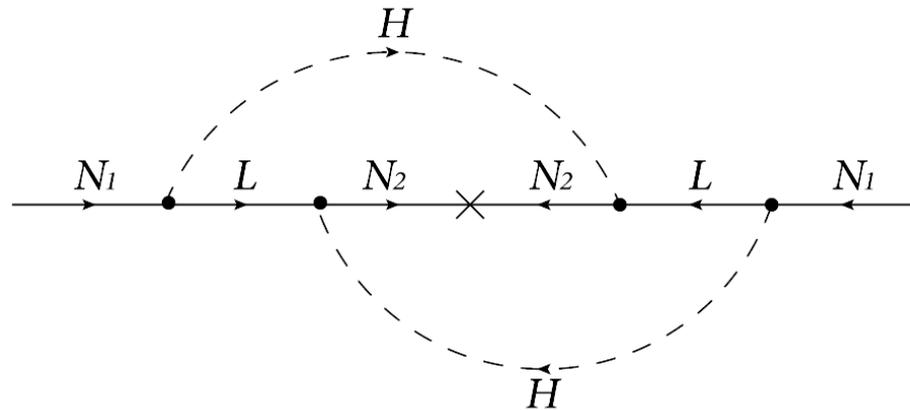
Two loop effects induce a mass for M_1



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Physical RH neutrino masses

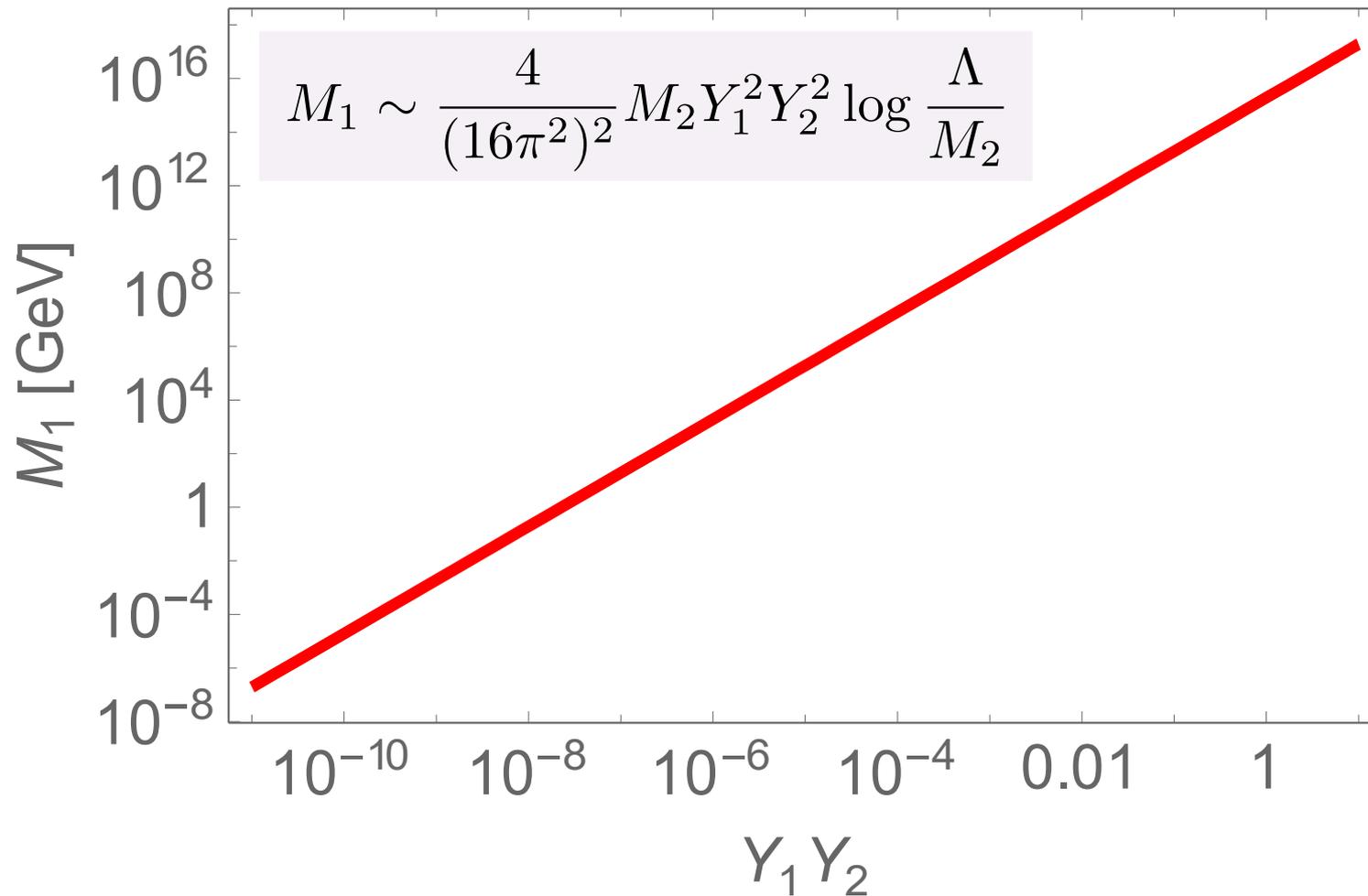
$$M_2 \Big|_{\mu=M_2} \sim M_P$$

$$M_1 \Big|_{\mu=M_1} \sim \frac{4}{(16\pi^2)^2} M_2 Y_1^2 Y_2^2 \log \frac{\Lambda}{M_2}$$

Quantum effects on RH neutrino masses

Implications

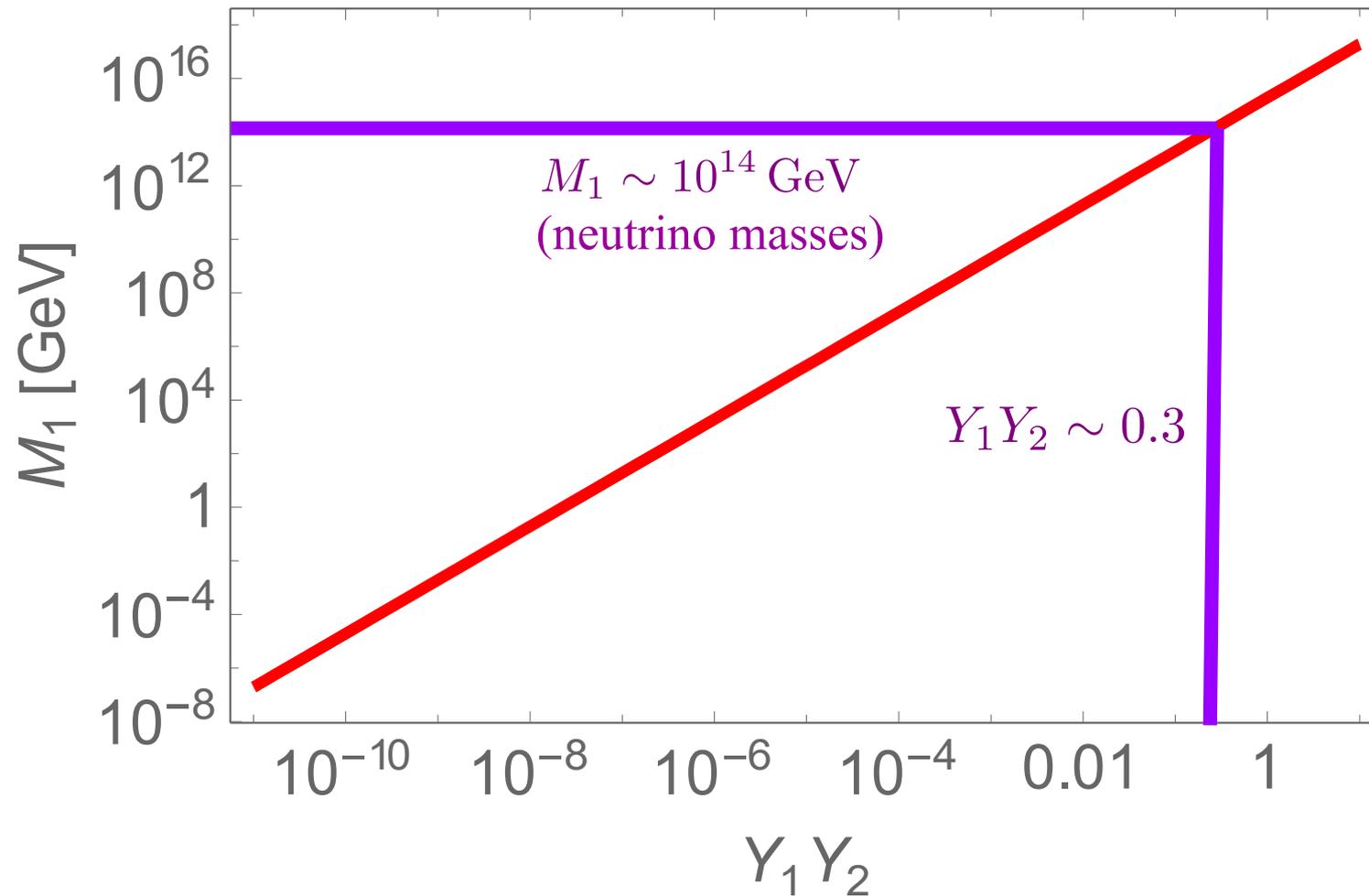
1- A non-zero Majorana mass for the lightest RH neutrino is generated via quantum effects



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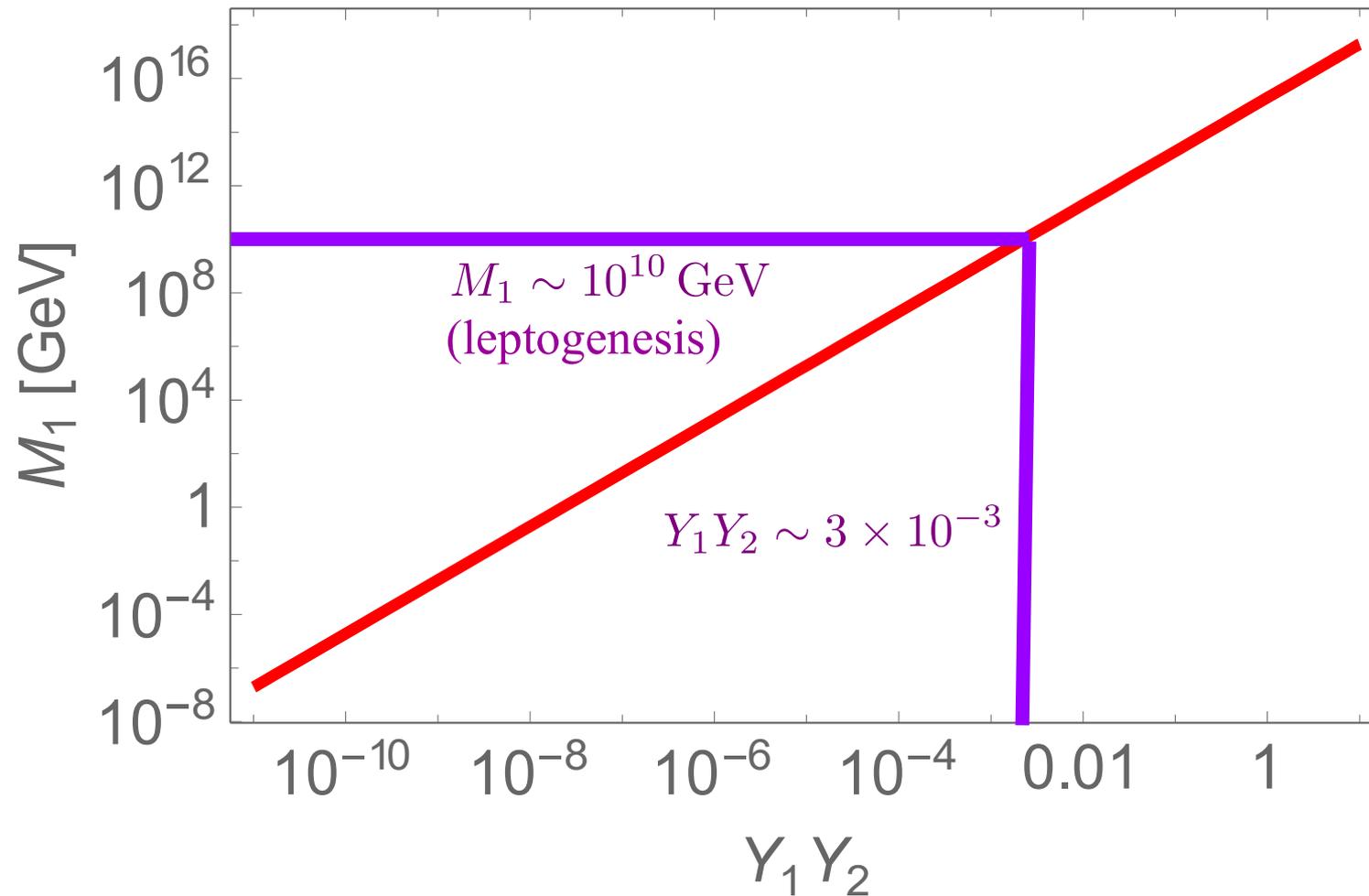
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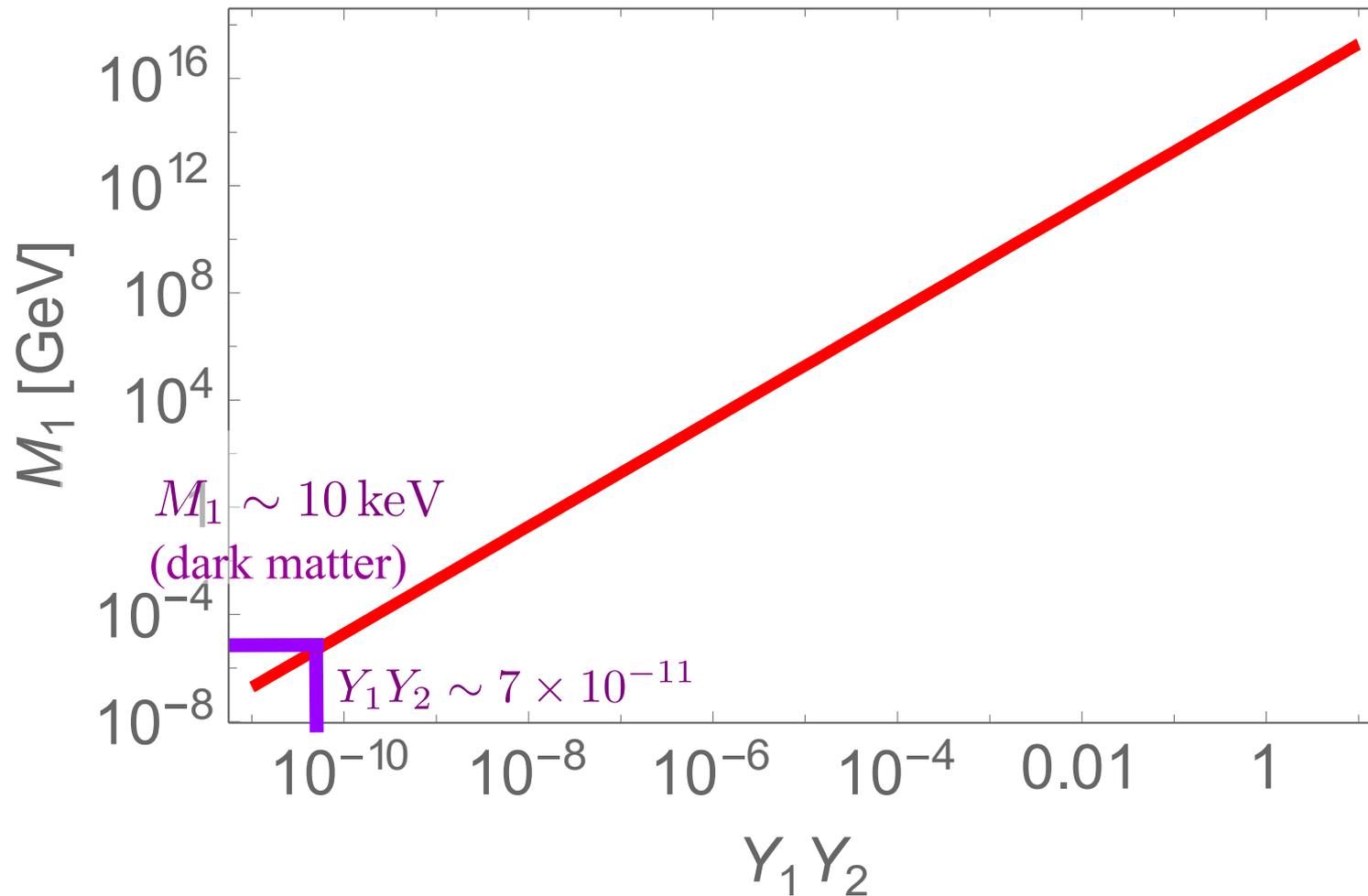
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Quantum effects on RH neutrino masses

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Quantum effects of RH neutrino masses

Implications

2- The number of free parameters is reduced

The seesaw model with two right-handed neutrinos and one lepton doublet contains 5 parameters

$$Y_1, \quad Y_2, \quad |M_1|e^{i\alpha}, \quad |M_2|$$

Quantum effects of RH neutrino masses

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If $M_1(\Lambda) = 0$
only 3 parameters

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Enhanced predictivity.

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Same conclusion also when $M_1(\Lambda) \neq 0$, if the quantum contribution dominates over the tree level value.

$$M_1(M_1) = M_1(\Lambda) + \underbrace{\delta M_1}_{\text{prop. to } M_2}$$

possibly larger than $M_1(\Lambda)$

Quantum effects of RH neutrino masses

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Enhanced predictivity.

Implications for sterile neutrino dark matter?

For leptogenesis?

For collider searches?

...

For the neutrino mass spectrum?

Quantum effects of RH neutrino masses

Implications

3- The neutrino spectrum is significantly modified with respect to the naïve (tree-level) calculation

$$m_s \sim M_P$$

Tree level result

$$m_{a_1, a_2} \sim \pm Y_1 \langle H^0 \rangle - \frac{Y_2^2}{M_2} \langle H^0 \rangle^2$$

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$$m_{s_2} \sim M_2 \Big|_{\mu=M_2} \sim M_P$$

$$m_{s_1} \sim M_1 \Big|_{\mu=M_1} \sim \frac{4}{(16\pi^2)^2} M_2 Y_1^2 Y_2^2 \log \frac{\Lambda}{M_2}$$

$$m_a \sim \left(\frac{Y_1^2}{M_1} \Big|_{\mu=M_1} + \frac{Y_2^2}{M_2} \Big|_{\mu=M_2} \right) \langle H^0 \rangle^2$$

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$$\sim \frac{(16\pi^2)^2 Y_1^2 \langle H^0 \rangle^2}{4Y_1^2 Y_2^2 M_2}$$

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$$m_a \sim 0.05 \text{ eV} \left(\frac{Y_2}{0.6} \right)^{-2} \left(\frac{M_2}{1.2 \times 10^{19} \text{ GeV}} \right)^{-1}$$

$$(16\pi^2)^2 \frac{\langle H^0 \rangle^2}{M_{\text{P}}} \sim m_\nu$$

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This relation arises naturally if:

- The Standard Model is extended by right-handed neutrinos.
- Lepton number is broken at $\sim M_{\text{p}}$
- The heaviest RH neutrino couples to the lepton doublet with an $O(1)$ Yukawa coupling.
- One of the right-handed neutrinos is very light at the cut-off scale, such that its mass is dominated by quantum effects induced by the Higgs boson.

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No new scales, no new symmetries, no new particles (other than the right-handed neutrinos)

The realistic case with 3 lepton doublets and 3 right-handed neutrinos

Kinetic part of the seesaw Lagrangian

$$\mathcal{L}_{\text{kin}} = i\bar{L}_j \not{D} L_j + \frac{i}{2} \overline{N}_j^c \not{\partial} N_j$$

Invariant under the global symmetries

$$\begin{aligned} U(3)_L : L &\rightarrow UL \\ U(3)_N : N &\rightarrow UN \end{aligned} \quad \text{with } N = \begin{pmatrix} N_1 \\ N_2 \\ N_3 \end{pmatrix}, \quad L = \begin{pmatrix} L_1 \\ L_2 \\ L_3 \end{pmatrix}$$

The Yukawa couplings and RH masses break the global symmetry

$$U(3)_L \times U(3)_N \longrightarrow \text{nothing}$$

Y_{ij}, M_1, M_2, M_3

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No symmetry protects M_1 and will be generated by quantum effects, proportional to M_2, M_3

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The realistic case with 3 lepton doublets and 3 right-handed neutrinos

Assume that the conditions $M_3 \sim M_{\text{P}}$, $M_2 \ll M_3$, $M_1 = 0$ hold at some cut-off scale Λ , close to the Planck mass. The physical masses are:

$$M_3 \sim M_{\text{P}}$$

$$M_2 \sim -\frac{1}{(16\pi^2)^2} M_3 y_3^4 \sin^4 \zeta \times O(1) \text{ factors}$$

$$M_1 \sim M_2 \frac{\sin^4 \xi}{\sin^4 \zeta} \times O(1) \text{ factors}$$

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Assume that the conditions $M_3 \sim M_P$, $M_2 \ll M_3$, $M_1 = 0$ hold at some cut-off scale Λ , close to the Planck mass. The physical masses are:

$$M_3 \sim M_P$$

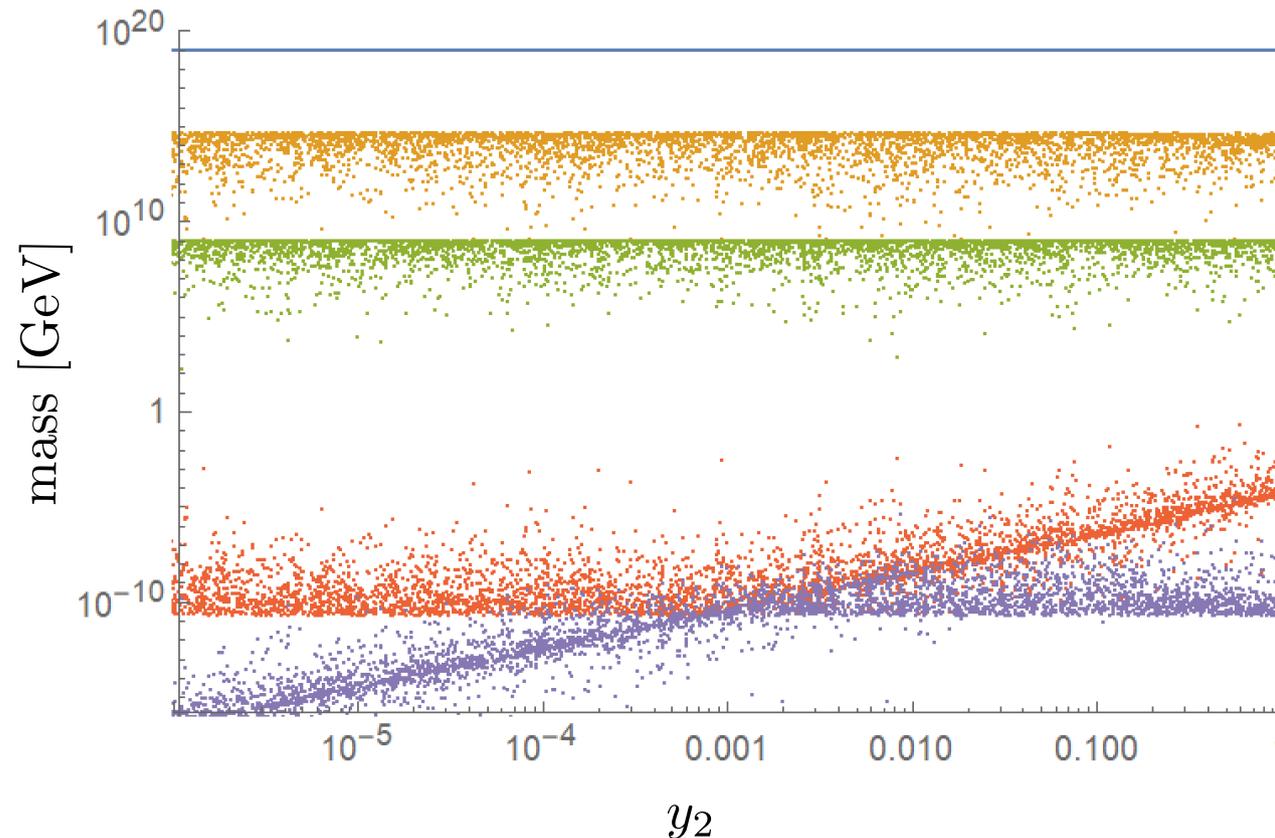
$$M_2 \sim -\frac{1}{(16\pi^2)^2} M_3 y_3^4 \sin^4 \zeta \times O(1) \text{ factors}$$

$$M_1 \sim M_2 \frac{\sin^4 \xi}{\sin^4 \zeta} \times O(1) \text{ factors}$$

y_3 : largest
Yukawa
eigenvalue

$\sin \zeta$: combination of
mixing angles
in the RH sector

The realistic case with 3 lepton doublets and 3 right-handed neutrinos



Values at the cut-off

$$M_3 = 10^{19} \text{ GeV}$$

$$M_2 = 10^9 \text{ GeV}$$

$$M_1 = 0$$

$$y_3 = 1$$

$$y_2 = \text{free}$$

$$y_1 = 0$$

- One of the active neutrino masses lies in the ballpark of the experimental values.
- Possible to obtain the correct mass hierarchy.

- The seesaw scenario with Planck scale lepton number breaking generically leads to one active neutrino mass $O(0.1)$ eV.
But, the other active neutrino mass has to be adjusted.

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But the overall neutrino mass has to be adjusted. Ibarra, Simonetto
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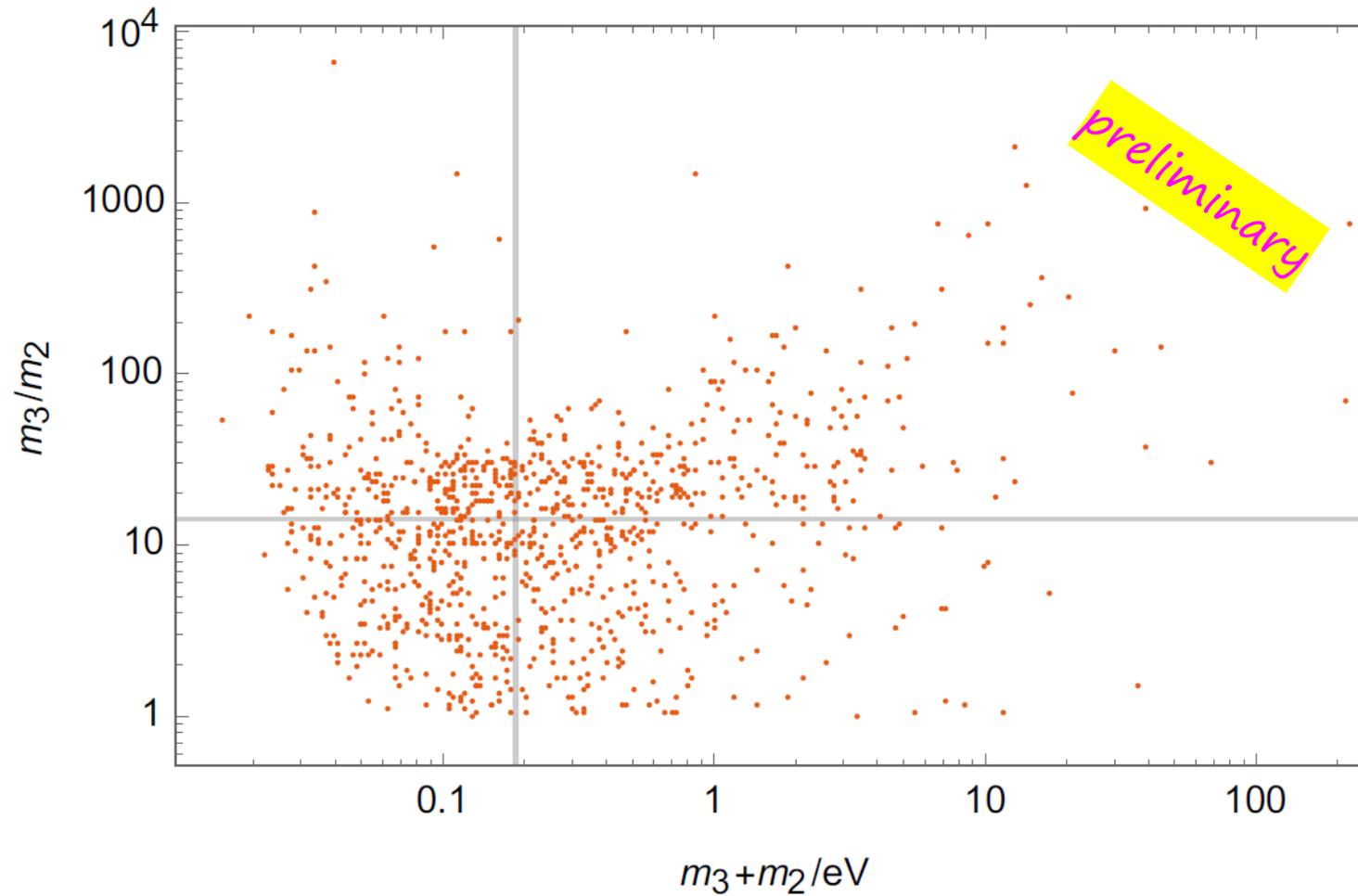
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But the overall neutrino mass has to be adjusted. Ibarra, Simonetto
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Combine both frameworks

A mild mass hierarchy from an extended scalar sector



Conclusions

- We have studied a seesaw scenario where the right-handed neutrino mass matrix has very hierarchical eigenvalues at the cut-off scale. We have shown that the lighter RH neutrino masses receive sizeable (possibly dominant) contributions from quantum effects.
- If the lepton number breaking occurs at $\sim M_{\text{P}}$, and for reasonable Yukawas, this scenario leads quite generically to an active neutrino mass $\text{O}(0.1)$ eV.
No additional particles nor new symmetries are needed.

$$(16\pi^2)^2 \frac{\langle H^0 \rangle^2}{M_{\text{P}}} \sim m_\nu$$

- A mild neutrino mass hierarchy is not predicted, but can be accommodated. An extension of the model by one scalar doublet leads, under reasonable assumptions, also to a neutrino mass hierarchy in the ballpark of the experimental values.
- This scenario contains less free parameters than the general seesaw mechanism. Predictions and other applications are under investigation.