Phases of QCD and holography

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Outline

- 1. Introduction to holographic QCD
 - ► Holographic V-QCD models
- 2. Inverse magnetic catalysis
 - Modeling inverse catalysis holographically
 - Anisotropic inverse catalysis
- 3. Holographic dense QCD matter
 - Dense quark matter
 - Dense nuclear matter
 - Holographic neutron star mergers

1. Introduction

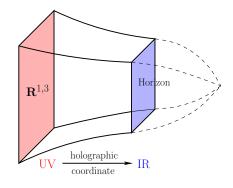
Gauge/gravity duality

- ▶ Gauge/gravity duality: at large N_c , strongly coupled field theory \leftrightarrow classical higher dimensional gravity
- ► Well known example: $\mathcal{N}=4$ Super Yang-Mills \leftrightarrow type IIB supergravity on $AdS_5 \times S^5$
- ▶ Relatively easy classical analysis of strongly coupled phenomena ⇒ apply to QCD?
- There are possible issues (QCD not conformal, no SUSY, and $N_c=3$ is not that large ...) but since solving QCD is hard, it's worth trying

Gauge/gravity duality for QCD

Basic features:

- Geometrization of RG flow
- ▶ Deconfining (high T) phase: thermodynamics of QCD ↔ thermodynamics of a planar bulk black hole
- Confining phase: horizonless geometry



- ▶ Operators $O_i(x^{\mu}) \leftrightarrow$ classical bulk fields $\phi_i(x^{\mu}, r)$
- ► Condensates in QCD $\langle O_i \rangle \leftrightarrow$ nontrivial extrema $\phi_i(r)$ in the bulk, e.g. black hole "hair"

Gauge/gravity duality for QCD: approaches

Top-down: models directly based on string theory

- Concrete, fixed string models in 10/11 d with brane configurations
- ► Control on what dual field theory is (it's not QCD though)
- ► E.g., Witten-Sakai-Sugimoto model: D4-D8-\overline{D8}

Bottom-up: models constructed "by hand"

- Follow generic ideas of holography, inspiration from top-down
- Introduce fields for most important operators (marginal)
- ▶ Lots of freedom → effective 5d description, no link to specific dual theory, comparison with QCD data essential
- Either a fixed geometry (AdS) or dynamical gravity

This talk: a rich bottom-up model; lots of input from string theory

► Goal: mimic QCD as closely as possible

V-QCD approach: general idea

A holographic bottom-up model for QCD in the Veneziano limit (large N_f , N_c with $x = N_f/N_c$ fixed)

- Bottom-up, but trying to follow principles from string theory as closely as possible
- Relatively complicated model (because QCD is complicated)

More precisely:

- Derive the model from five dimensional noncritical string theory with certain brane configuration
 - ⇒ some things do not work (at small coupling)
- Fix these things by hand and generalize → arbitrary potentials
- ► Tune model to match QCD physics and data
- Effective description of QCD

Holographic V-QCD: the fusion

The fusion:

1. IHQCD: model for glue inspired by string theory (dilaton gravity)

[Gursoy, Kiritsis, Nitti; Gubser, Nellore]

2. Adding flavor and chiral symmetry breaking via tachyon brane actions

[Klebanov, Maldacena; Bigazzi, Casero, Cotrone, latrakis, Kiritsis, Paredes]

Consider 1. + 2. in the Veneziano limit with full backreaction:

⇒ V-QCD models

[MJ, Kiritsis arXiv:1112.1261]

V-QCD at finite T, μ and B

Two bulk scalars: $\lambda \leftrightarrow g^2 N_c$, $\tau \leftrightarrow \bar{q}q$

$$S_{V-QCD} = N_c^2 M^3 \int d^5 x \sqrt{g} \left[R - \frac{4}{3} \frac{(\partial \lambda)^2}{\lambda^2} + V_g(\lambda) \right]$$
$$-N_f N_c M^3 \int d^5 x \ V_{f0}(\lambda) e^{-\tau^2}$$
$$\times \sqrt{-\det(g_{ab} + \kappa(\lambda)\partial_a \tau \partial_b \tau + w(\lambda) F_{ab})}$$

$$F_{rt} = \Phi'(r)$$
 $\Phi(0) = \mu$ $F_{xy} = B$

[Alho, Kajantie, Kiritsis, MJ, Rosen, Tuominen; Gürsoy, latrakis, MJ, Nijs]

Effective model: choose potentials by comparing to QCD data

Many potentials V_g , V_{f0} , w, κ – however need to be "simple" functions – still lot of predictivity!

Task: solve saddle point configurations numerically

- ► Finite *T* black hole and horizonless "thermal gas" solutions
- \blacktriangleright Chiral symmetry breaking \leftrightarrow "condensation" of τ in the bulk
- Here restrict to zero quark mass (no source for τ)

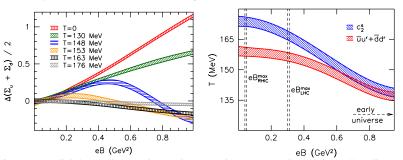
2. Inverse magnetic catalysis

Inverse magnetic catalysis – a puzzle

At low temperatures in QCD, $\langle \bar{q}q \rangle$ increases with B

Magnetic catalysis: model independent, well understood Near $T \simeq T_c$, $\langle \bar{q}q \rangle$ suppressed with increasing B: a surprise!

 $ightharpoonup T_c$ decreases with B [Bali et al., arXiv:1111.4956, arXiv:1206.4205]



Lattice: "Valence" quarks induce ordinary catalysis, but "sea" quarks can give inverse catalysis ⇒ backreaction important [Bruckmann, Endrodi, Kovacs, arXiv:1303.3972]

$$\langle \bar{q}q \rangle = \int \mathcal{D}A \ e^{-S[A]} \ \det(\mathcal{D}(B) + m) \ \operatorname{tr}(\mathcal{D}(B) + m)^{-1}$$

Holographic inverse catalysis

Inverse magnetic catalysis has been found in some holographic models for QCD, e.g.:

- \blacktriangleright Backreacted "Hard-wall" and $\mathcal{N}=4$ SYM on $\mathbb{R}^3\times S^1$ [Mamo, arXiv:1501.03262]
- "Tailored" D3-D7 models

 $[\mathsf{Evans}, \mathsf{Miller}, \mathsf{Scott}, \ \mathsf{arXiv} : 1604.06307]$

but not some in others . . .

Originally "inverse magnetic catalysis" meant a different effect seen in Witten-Sakai-Sugimoto model at finite μ and small T

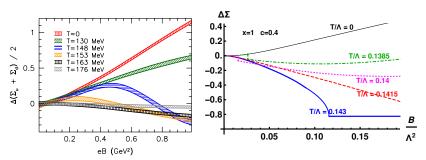
[Preis, Rebhan, Schmitt, arXiv:1012.4785]

This talk: consider inverse catalysis in V-QCD

- Properly treated backreaction of the quarks ⇒ capture the sea quark contributions
- Better modeling, understanding of physics?

Chiral condensate in V-QCD

$$\Delta\Sigma(T,B) = rac{\langlear{q}q
angle(T,B) - \langlear{q}q
angle(T,0)}{\langlear{q}q
angle(0,0)}$$



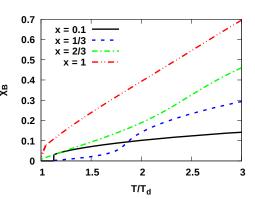
- Separate confinement and chiral transitions with $T_d < T_{\chi}$ give rise to a nontrivial behavior
- Qualitative agreement between lattice and V-QCD

[Gürsoy, latrakis, MJ, Nijs arXiv:1611.06339]

Varying number of flavors

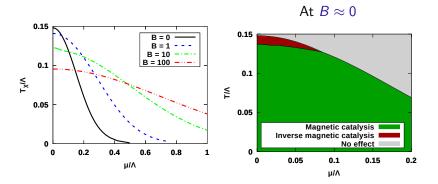
Magnetic susceptibility controls the dip in the critical temperature T_d through

$$\frac{dT_d}{dB} = -\frac{\chi_B B}{S}$$



- ▶ Dip stronger at higher $x \leftrightarrow$ inverse catalysis
- ► Rough agreement with the picture arising from lattice: inverse catalysis arises due to backreaction
- ▶ Magnitude of χ_B in agreement with lattice

Inverse magnetic catalysis for $\mu > 0$



- \triangleright Turning on μ suppresses inverse catalysis
- Increasing B enhances inverse catalysis at finite μ [Gürsoy, MJ, Nijs, PRL 120, 242002; arXiv:1707.00872]
- ▶ Effect found at small μ : accessible by lattice simulations?

Inverse Anisotropic catalysis

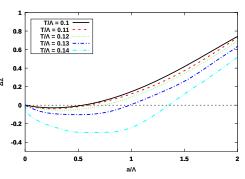
Inverse magnetic catalysis conjectured to arise through the anisotropy caused by the magnetic field, rather than by the direct effect of the field

[Giataganas, Gürsoy, Pedraza PRL 121, 121601]

We checked this by turning on an anisotropy from a different source ($\sim \theta$ angle with spatial dependence) at zero B[Gürsoy, MJ, Nijs, Pedraza arXiv:1811.11724]

 $\Delta\Sigma$ as a function of the anisotropy for various T

- Results (including parameter dependence) support the conjecture
- Can a similar setup be realized on the lattice?



3. Dense QCD matter

Fitting to lattice data $(\mu \approx 0)$

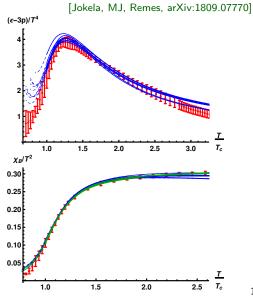
Stiff fit to lattice data near $\mu = 0$ (many parameters, but results quite insensitive to them) [Jokela, MJ, Remes, arXiv:1809.077]

Interaction measure: constrains $V_{f0}(\lambda)$

Lattice data: Borsanyi et al. arXiv:1309.5258

Baryon number susceptibility: constrains $w(\lambda)$

Lattice data: Borsanyi et al. arXiv:1112.4416

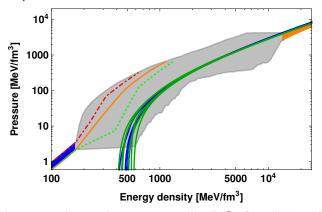


Extrapolated EoSs of cold QCD

The V-QCD quark matter result compared to

[Jokela, MJ, Remes, arXiv:1809.07770]

- ► Interpolated equations of state (EoSs) (gray band)
- Stiff, intermediate, and soft nuclear EoSs [K. Hebeler, J. M. Lattimer, C. J. Pethick, A. Schwenk arXiv:1303.4662]



Extrapolation works nicely \Rightarrow reasonable EoSs for all T and μ ! [Chesler, Jokela, Loeb, Vuorinen arXiv:1906.08440]_{19/25}

Homogeneous nuclear matter in V-QCD

Baryons in holography: solitons of gauge field in the bulk

Consider probe limit: consider full brane action $S = S_{DBI} + S_{CS}$ where [Bigazzi, Casero, Cotrone, Kiritsis, Paredes; Casero, Kiritsis, Paredes]

$$\begin{split} S_{\text{DBI}} &= -\frac{1}{2} M^3 N_c \, \mathbb{T} r \int d^5 x \, V_{f0}(\lambda) e^{-\tau^2} \left(\sqrt{-\det \mathbf{A}^{(L)}} + \sqrt{-\det \mathbf{A}^{(R)}} \right) \\ \mathbf{A}_{MN}^{(L/R)} &= g_{MN} + \delta_M^r \delta_N^r \kappa(\lambda) \tau'(r)^2 + \delta_{MN}^{rt} w(\lambda) \Phi'(r) + w(\lambda) F_{MN}^{(L/R)} \end{split}$$

gives the dynamics of the solitons (will be expanded in $F^{(L/R)}$) and

$$S_{\text{CS}} = \frac{N_c}{8\pi^2} \int \Phi(r) e^{-\frac{\mathbf{b}\tau^2}{2}} dt \wedge \left(F^{(L)} \wedge F^{(L)} - F^{(R)} \wedge F^{(R)} + \cdots\right)$$

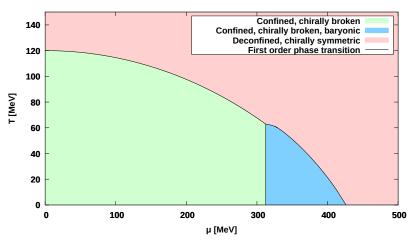
sources the baryon number for the solitons

Set $N_f = 2$ and consider the homogeneous SU(2) Ansatz [Rozali, Shieh, Van Raamsdonk, Wu]

$$A_{I}^{i} = -A_{P}^{i} = h(r)\sigma^{i}$$

► Good approximation at high densities, where traditional nuclear matter models do not work?

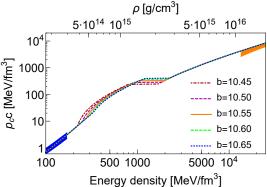
Phase diagram



- ightharpoonup Baryons appear at medium μ in the confined phase
- Nontrivial nuclear and quark matter EoS from the same model

Hybrid Equation of State

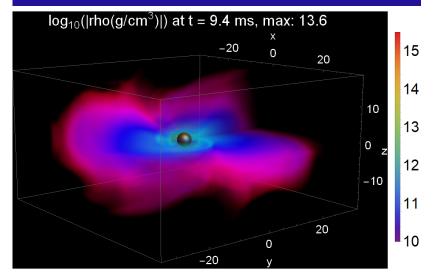
- ► Match SLy (low densities) with V-QCD (high densities) [SLy: Haensel, Pichon nucl-th/9310003, Douchin, Haensel astro-ph/0111092]
- V-QCD nuclear matter EoS stiff, as in Witten-Sakai-Sugimoto [Bitaghsir Fadafan, Kazemian, Schmitt arXiv:1811.08698]
- Easy to pass astrophysical constraints



- ▶ Strong first order nuclear to quark matter phase transition
- Same holographic model for baryon and quark phases!

 $\hbox{[Ecker,MJ,Nijs,van der Schee arXiv:1908.03213; in progress with Jokela,Nijs,Remes]} \\ 22/25$

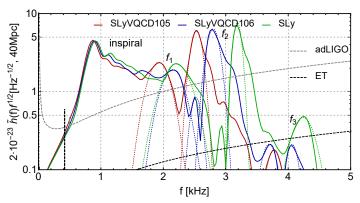
Neutron star merger with holographic EoS



[Ecker, MJ, Nijs, van der Schee arXiv:1908.03213]

Power spectral densities of gravitational waves

Power spectral density of the produced gravitational waves carries the imprint of the EoS



- ► Holographic EoSs predict relatively low frequencies f₂ of the strongest peak
- ► Signal should be visible at advanced LIGO for nearby mergers

Summary

- Holographic models are useful to study QCD in regimes (with strong coupling) where other approaches have difficulties
- We analyzed inverse magnetic catalysis:
 - Backreaction is important
 - ightharpoonup Prediction at finite μ : inverse catalysis weakened
 - ► Inverse catalysis arises through anisotropy caused by the magnetic field (?)
- Simultaneous holographic modeling of dense quark and nuclear matter at T=0
 - Stiff nuclear matter EoS
 - Predictions/constraints for gravitational wave spectrum in neutron star mergers

Extra slides

Dictionary

In the flavor/CP-odd sector

- 1. The tachyon: $T^{ij}\leftrightarrow \bar{\psi}^i_R\psi^j_L$; $(T^\dagger)^{ij}\leftrightarrow \bar{\psi}^i_L\psi^j_R$
 - Source: the (complex) quark mass matrix M^{ij} Note: the phase of the tachyon sources the phase of the mass
- 2. The gauge fields $A_{\mu,L/R}^{ij}\leftrightarrow \bar{\psi}_{L/R}^{i}\gamma_{\mu}\psi_{L/R}^{j}\equiv J_{\mu}^{(L/R)}$
 - Sources: chemical potentials and background fields (not turned on in this study)
- 3. The bulk axion $\mathfrak{a} \leftrightarrow \mathbb{T} \mathbf{r} G \wedge G$
 - ▶ Source: (normalized) theta angle θ/N_c

In the glue sector

- 1. The dilaton $\lambda \leftrightarrow \mathbb{T}rG^2$
 - ► Source: the 't Hooft coupling $g^2 N_c$

Choosing the potentials

In the UV ($\lambda \rightarrow 0$), where holography not reliable:

► UV expansions of potentials matched with perturbative QCD beta functions ⇒

$$\lambda(r) \simeq -\frac{1}{\beta_0 \log r}, \quad \tau(r) \simeq m_q (-\log r)^{-\gamma_0/\beta_0} r + \sigma(-\log r)^{\gamma_0/\beta_0} r^3$$

with the 5th coordinate $r \sim 1/\Lambda \rightarrow 0$

Best boundary conditions for IR physics

In the IR $(\lambda \to \infty)$:

- ▶ Glue sector: existence of "good" IR singularity, confinement
- Flavor sector: tachyon divergence, linear (radial) meson trajectories
- Working potentials string-inspired power-laws of λ , multiplied by logarithmic corrections (i.e, first guesses usually work!)

In the middle ($\lambda \sim 1$): compare to data

Choice of $w(\lambda)$

Most important potential for dependence on B: the coupling of the bulk gauge fields, $w(\lambda)$

- ▶ UV correlators: $w \to \text{const.}$ as $\lambda \to 0$
- ▶ IR: from string theory, expect $\kappa \sim w \sim \lambda^{-4/3}$ as $\lambda \to \infty$
 - $\sim \kappa \sim \lambda^{-4/3}$ also supported by the analysis of meson spectrum

Therefore we choose

 $[\mathsf{G\"{u}rsoy},\ \mathsf{Iatrakis},\ \mathsf{MJ},\ \mathsf{Nijs}\ \mathsf{arXiv}{:}1611.06339]$

$$w(\lambda) = \kappa(c\lambda)$$

with c = constant

Explicit choice

$$w(\lambda) = \frac{\left(1 + \log(1 + c\lambda)\right)^{-1/2}}{\left(1 + \kappa_1 c\lambda\right)^{4/3}}$$

- $\kappa_1 = 3/4((115-16x)/27-1/2) \leftrightarrow \text{perturbation theory}$
- Other potentials as in earlier work [Alho,MJ,Kajantie,Kiritsis,Tuominen, arXiv:1210.4516]

Turning on a chemical potential

An example of a generic idea:

- 1. "Fit" holographic model to observables easy to compute on the lattice
- 2. Use the model to compute harder observables

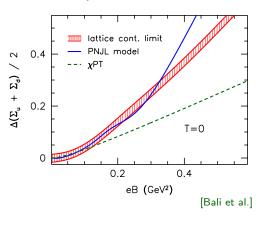
Apply here to QCD thermodynamics at finite μ and B: no lattice data available

Pick model giving best results at $\mu = 0$, then turn on μ

Background: Magnetic catalysis

At low temperatures in QCD, $\langle \bar{q}q \rangle$ increases with B

▶ Studied in NJL models, χ PT, Dyson-Schwinger, large N_c , lattice QCD



- At strong B lowest Landau level: $D = 3 + 1 \rightarrow 1 + 1$ \Rightarrow Stronger IR dynamics
 - \Rightarrow Enhanced $\langle \bar{q}q \rangle$
- ► Model independent

Lattice analysis of two competing contributions to $\langle \bar{q}q \rangle$

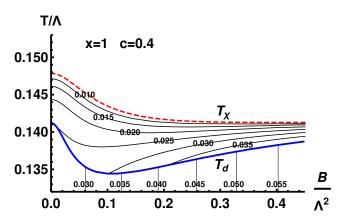
"Valence" vs. "sea" quarks

$$\langle \bar{q}q \rangle = \int \mathcal{D}A \ e^{-S[A]} \ \det(\mathcal{D}(B) + m) \ \operatorname{tr}(\mathcal{D}(B) + m)^{-1}$$

- ▶ Valence \Rightarrow enhances $\langle \bar{q}q \rangle$ with $B \Rightarrow$ Catalysis
- ► Sea \Rightarrow favors A configs. with larger Dirac eigenvalues \Rightarrow suppresses $\langle \bar{q}q \rangle$ with increasing $B \Rightarrow$ Inverse catalysis

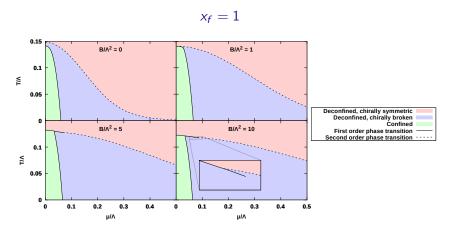
[Bruckmann, Endrodi, Kovacs, arXiv:1303.3972]

Transition temperatures and chiral condensate



- ► Separate chiral and deconfinement transitions
- ► Clear inverse catalysis observed in the transition regime

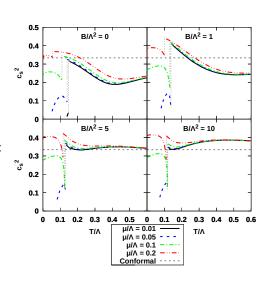
The phase diagram at finite B and μ



▶ Main effect: increasing *B* enhances the intermediate phase

Speed of sound

- Conformal bound broken
- c_s² increases with B: agreement with lattice

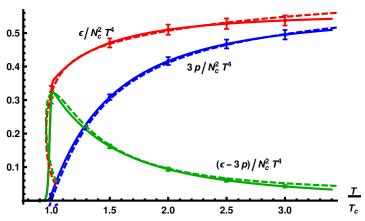


Ansatz for potentials, (x = 1)

$$\begin{split} V_g(\lambda) &= 12 \left[1 + V_1 \lambda + \frac{V_2 \lambda^2}{1 + \lambda/\lambda_0} + V_{\rm IR} e^{-\lambda_0/\lambda} (\lambda/\lambda_0)^{4/3} \sqrt{\log(1 + \lambda/\lambda_0)} \right] \\ V_{f0}(\lambda) &= W_0 + W_1 \lambda + \frac{W_2 \lambda^2}{1 + \lambda/\lambda_0} + W_{\rm IR} e^{-\lambda_0/\lambda} (\lambda/\lambda_0)^2 \\ \frac{1}{w(\lambda)} &= w_0 \left[1 + \frac{w_1 \lambda/\lambda_0}{1 + \lambda/\lambda_0} + \bar{w}_0 e^{-\lambda_0/\lambda w_s} \frac{(w_s \lambda/\lambda_0)^{4/3}}{\log(1 + w_s \lambda/\lambda_0)} \right] \\ V_1 &= \frac{11}{27\pi^2} , \quad V_2 &= \frac{4619}{46656\pi^4} \\ W_1 &= \frac{8 + 3 W_0}{9\pi^2} ; \quad W_2 &= \frac{6488 + 999 W_0}{15552\pi^4} \end{split}$$

Fixed UV/IR asymptotics \Rightarrow fit parameters only affect details in the middle

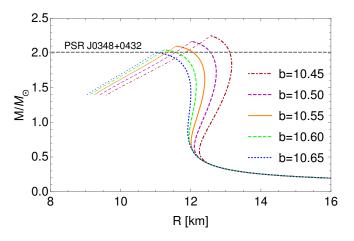
Fitting: glue sector



- ▶ Determine precise form of $V_g(\lambda)$ with UV and IR asymptotics fixed (at $N_f = 0$)
- ► Follow roughly the strategy in [Gürsoy, Kiritsis, Mazzanti, Nitti arXiv:0903.2859]
- ▶ Stiff fit to large N_c YM lattice data [Panero, arXiv:0907.3719]

Neutron star mass-radius relation

Values allowed by the experimental constraints: $10.45 \lesssim b \lesssim 10.65$



No stable quark matter cores