

Accelerating the Future:

Designing a Robust and Affordable Radiation Therapy Treatment System for Challenging Environments

Radiation Therapy Treatment Techniques and Treatment Planning Systems



Jacob (Jake) Van Dyk Professor Emeritus Western University, London, Ontario, Canada and Past-President, MPWB



Cancer Incidence 2018



Data Source: GLOBOCAN 2018

Frequency of different cancers varies around the globe

Cancer: Clinical Sites



From: http://2.bp.blogspot.com/-J2GpKl2IRdc/Ta4IKpAyqWI/AAAAAAAAAAAMs/lhveE-NfmkI/s1600/Types+of+Cancer.jpg

Steps in Radiation Treatment Process Multiple steps Complex



Treatment Techniques: Head & Neck Cancers



Patient immobilization for reproducible set-ups



MPWB.

http://www.aboutcancer.com/neck_simulation_images.gif

https://www.valleymed.org/uploadedImages/valleymedorg/Our_Services/Cancer_Treatment_and_Support/Cancer_Services/Radiation_Oncology/head%20and%20neck%20setupa1.jpg?n=8095&n=8095

Breast Techniques



https://www.breastcancercare.org.uk/information-support/facing-breast-cancer/going-through-breast-cancer-treatment/radiotherapy-primary#what is radiotherapy

Lung Cancer



Conventional 2-field technique



Stereotactic Body Radiotherapy (SBRT)



Prostate Cancer



Conventional treatment 4-field box Anterior-Posterior View



Intensity Modulated Radiation Therapy (IMRT)

- Define objectives
- Use inverse planning ^{^.}
- Determine beam intensities



5-Field S&S IMRT

Single 360° RA



Components of Modern TPS

- Hardware
 - CPU
 - High resolution graphics
 - Mass storage (hard disc)
 - CD/DVD
 - Keyboard & mouse
 - Printer
 - Backup storage facility
 - Network connections







Components of 3-D TPS

- Software
- Input routines
- Anatomy modeling
- Beam geometry (virtual simulation)
- Dose calculations
- Dose volume histograms/evaluation tools
- Digitally reconstructed radiographs
- Output [hardcopies, network, web connection (RTOG)]

re outines





https://n7.alamy.com/zooms/82cdbbb3db54491bbafe48cb70aed145/dosimetrist-calculating-dosimetry-for-radiation-therapy-of-head-and-e5rh3d.jpg

Calculation Methodologies

- Methods
 - Pencil beam
 - Convolution/superposition
 - Boltzmann transport
 - Monte Carlo
 - Radiobiological models
- Issues to consider
 - Accuracy
 - Speed of calculation
 - User friendly
 - Ease of commissioning and QA
 - Options
 - Price



MPWE

National/International Protocols

• IAEA TRS-430, 2004

Figure 2



Figure 3



TECHNICAL REPORTS SERIES NO. 430

300 pages

MPWB

Commissioning and Quality Assurance of Computerized Planning Systems for Radiation Treatment of Cancer

Available in pdf format from: http://www-pub.iaea.org/MTCD/publications/PDF/TRS430_web.pdf

Auditing Accuracy for IMRT, IROC





Various Phantoms... for Commissioning/QA/QC



Gammex RMI



Euromechanics Medical GmbH



Standard Imaging Inc.



CIRS Inc.



Modus Medical Devices Inc.



Med-Tec





Pelvis (10)

IROC Audit Phantoms

Liver (2)

MPWB



Thorax (15)



H&N IMRT (31)

Summary

- Incidence of different cancers varies around the world
- Radiation therapy techniques cover the entire body
 - Each site requiring its own details
- While different techniques have some commonality
 - They are developed uniquely for each department
- Treatment planning systems are at the core of the treatment planning process
 - Treatment planning requires imaging
 - Clinical implementation requires commissioning, verification and QA procedures

