

Galician Gravitational Waves' Week

Introductory Lectures

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Chapter 1: Linearized Gravitational Waves

- Expansion around flat space
- The TT gauge
- Interaction with test masses
- Energy and Momentum of GW radiation
- Propagation on curved backgrounds

Expansion around flat space

- Expand **around the Minkowski** metric

$$g_{\mu\nu}(x) = \eta_{\mu\nu} + h_{\mu\nu}(x) \quad , \quad |h_{\mu\nu}| \ll 1$$

- General** coordinate transformations $x^\mu \rightarrow x'^\mu(x) \Rightarrow g'_{\mu\nu}(x') = \frac{\partial x^\rho}{\partial x'^\mu} \frac{\partial x^\sigma}{\partial x'^\nu} g_{\rho\sigma}(x)$

\Rightarrow Global **Lorentz covariance** $x'^\mu = \Lambda^\mu{}_\nu x^\nu$

$$g'_{\mu\nu}(x') = \Lambda^\rho{}_\mu \Lambda^\sigma{}_\nu (\eta_{\rho\sigma} + h_{\rho\sigma}(x)) = \eta_{\mu\nu} + \Lambda^\rho{}_\mu \Lambda^\sigma{}_\nu h_{\rho\sigma}(x)$$

hence $h_{\mu\nu}$ is a Lorentz tensor (only small boosts) $h'_{\mu\nu} = \Lambda^\rho{}_\mu \Lambda^\sigma{}_\nu h_{\rho\sigma} \ll 1$

\Rightarrow Local infinitesimal **gauge symmetry** $x'^\mu = x^\mu + \xi^\mu(x)$

$$h'_{\mu\nu}(x') = h_{\mu\nu}(x) - (\partial_\mu \xi_\nu + \partial_\nu \xi_\mu)$$

Consistency $\Rightarrow |\partial_\mu \xi_\nu| \sim h \ll 1$ (**small diffeomorphisms**)

$\Rightarrow h_{\mu\nu}$ is a symmetric rank two Lorentzian tensor that transforms as an abelian connexion

Linearization of Einstein equations

- The **Christoffel symbols** are already first order

$$\begin{aligned}\Gamma^\mu{}_{\nu\rho} &= g^{\mu\lambda} (g_{\lambda\rho,\mu} + g_{\nu\lambda,\rho} - g_{\nu\rho,\lambda}) \\ &= \eta^{\mu\lambda} (h_{\lambda\rho,\mu} + h_{\nu\lambda,\rho} - h_{\nu\rho,\lambda}) + \dots = \Gamma^{(1)\mu}{}_{\nu\rho} + \mathcal{O}(h^2)\end{aligned}$$

- Expand the **Riemann tensor**

$$\begin{aligned}R^\mu{}_{\nu\rho\sigma} &= \Gamma^\mu{}_{\nu\sigma,\rho} - \Gamma^\mu{}_{\nu\rho,\sigma} + \mathcal{O}(\Gamma^2) \\ &= \frac{1}{2}\eta^{\mu\lambda} [h_{\lambda\sigma,\nu\rho} + h_{\nu\lambda,\sigma\rho} - h_{\nu\sigma,\lambda\rho}] - \frac{1}{2}\eta^{\mu\lambda} [h_{\lambda\rho,\nu\sigma} + h_{\nu\lambda,\rho\sigma} - h_{\nu\rho,\lambda\sigma}] + \mathcal{O}(h^2) \\ &= R^{(1)\mu}{}_{\nu\rho\sigma} + \mathcal{O}(h^2)\end{aligned}$$

$R^{(1)\mu}{}_{\nu\rho\sigma}$ is **gauge invariant** $h'_{\mu\nu} = h_{\mu\nu} - (\partial_\mu \xi_\nu + \partial_\nu \xi_\mu) \Rightarrow R^{(1)\mu}{}_{\nu\rho\sigma} = R^{(1)\mu}{}_{\nu\rho\sigma}$.

Linearization of Einstein equations

- Expand the **Einstein tensor**

$$G_{\mu\nu}^{(1)} = \frac{1}{2} \left(h^{\lambda}_{\nu,\mu\lambda} + h^{\lambda}_{\mu,\nu\lambda} - h_{\mu\nu,\lambda}{}^{\lambda} - h_{,\mu\nu} \right) - \frac{1}{2} \eta_{\mu\nu} \left(h^{\lambda\rho}{}_{,\lambda\rho} - h_{,\lambda}{}^{\lambda} \right)$$

- rewrite** Einstein equations $G_{\mu\nu} = 8\pi T_{\mu\nu}$ as follows

$$G_{\mu\nu}^{(1)} = 8\pi \left(T_{\mu\nu} + T_{\mu\nu}^{(h)} \right)$$

with $T_{\mu\nu}^{(h)} = G_{\mu\nu}^{(1)} - G_{\mu\nu}$.

- no we have a standard Minkowskian **conservation** law

$$\partial^{\mu} G_{\mu\nu}^{(1)} = 0 \iff \partial^{\mu} \left(T_{\mu\nu} + T_{\mu\nu}^{(h)} \right) = 0.$$

- linearized approximation** $T_{\mu\nu}^{(h)} \hookrightarrow 0$

$$\left(h^{\lambda}_{\nu,\mu\lambda} + h^{\lambda}_{\mu,\nu\lambda} - h_{\mu\nu,\lambda}{}^{\lambda} - h_{,\mu\nu} \right) - \frac{1}{2} \left(h^{\lambda\rho}{}_{,\lambda\rho} - h_{,\lambda}{}^{\lambda} \right) = 16\pi T_{\mu\nu}$$

Linearization of Einstein equations

- define the **trace reversed** metric

$$\bar{h}_{\mu\nu} = h_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu}h \iff \bar{h} = -h$$

$$\text{gauge transf.} \rightarrow \bar{h}'_{\mu\nu} = \bar{h}_{\mu\nu} - (\partial_\mu\xi_\nu + \partial_\nu\xi_\mu - \eta_{\mu\nu}\partial_\rho\xi^\rho)$$

- the **linearized Einstein equations** boil down to

$$\square\bar{h}_{\mu\nu} + \eta_{\mu\nu}\bar{h}_{\rho\sigma}{}^{,\rho\sigma} - \bar{h}_{\mu\rho}{}^{,\rho}{}_{,\nu} - \bar{h}_{\nu\rho}{}^{,\rho}{}_{,\mu} = -16\pi T_{\mu\nu}$$

- using a small gauge transformation $x^\mu \rightarrow x'^\mu$ the condition $\bar{h}'_{\mu\nu}{}^{,\nu} = 0$ is always reachable

we arrive at the linearized Einstein equations in the **harmonic gauge**

$$\square\bar{h}_{\mu\nu} = -16\pi T_{\mu\nu} \quad ; \quad \bar{h}_{\mu\nu}{}^{,\nu} = 0$$

GWs in vacuum

- Massless wave equation in harmonic coordinates $\square x^\mu = 0$

$$\square \bar{h}_{\mu\nu} = 0 \quad ; \quad \bar{h}_{\mu\nu}{}^{,\nu} = 0$$

try with plane waves

$$\bar{h}_{\mu\nu}(x) = \bar{e}_{\mu\nu} \frac{1}{2} \exp(ik_\lambda x^\lambda) + c.c.$$

- solution involves a **null propagation vector** and a **transverse polarization tensor** $\bar{e}_{\mu\nu}$.

$$k_\lambda k^\lambda = 0 \quad , \quad \bar{e}_{\mu\nu} k^\nu = 0$$

with general solution

$$k^\mu = k(1, \hat{\mathbf{n}}), \quad (|\hat{\mathbf{n}}| = 1)$$

⇒ linearized plane GWs over Minkowski space propagate at the **speed of light** $c = 1$.

⇒ not all **degrees of freedom** are physical

TT gauge

- there exist residual gauge transformations $x^\mu \rightarrow x^\mu + \xi^\mu$, $\bar{h}_{\mu\nu} \rightarrow \bar{h}'_{\mu\nu}$ with

$$\bar{h}'_{\mu\nu} = \bar{h}_{\mu\nu} - (\partial_\mu \xi_\nu + \partial_\nu \xi_\mu - \eta_{\mu\nu} \partial_\rho \xi^\rho)$$

now, if $\bar{h}_{\mu\nu}$ is in the harmonic gauge, $\bar{h}'_{\mu\nu}$ will also be $\iff \square \xi_\mu = 0$.

- We can choose ξ^μ to impose 4 conditions on $\bar{h}'_{\mu\nu}$
 - choose ξ^0 to fix $\bar{h}' = \bar{h}'^\mu{}_\mu = 0$
 - choose ξ^i to fix $\bar{h}'_{0i} = 0$.

From the harmonic gauge condition we get

$$\partial^\nu h'_{0\nu} = \partial^0 h'_{00} = 0 \quad \Rightarrow \quad h'_{00} = \text{const.} = 0$$

- In summary, (skip primes) the TT (transverse traceless) gauge defined by

$$h_{0\mu}^{TT} = h^{TT} = \partial^j h_{ij}^{TT} = 0$$

is always reachable (notice that $\bar{h}_{\mu\nu}^{TT} = h_{\mu\nu}^{TT}$).

TT gauge - the Λ tensor

Consider a plane wave solution $\bar{h}_{\mu\nu}(x) = \frac{1}{2}\bar{e}_{\mu\nu}e^{ikx} + c.c.$ in the harmonic gauge

$$k^\mu = \omega(1, \hat{\mathbf{n}}) \quad , \quad \bar{e}_{\mu\nu}k^\nu = 0$$

To bring it to the TT gauge $\bar{h}_{\mu\nu}(x) \rightarrow h_{\mu\nu}^{TT}(x)$ perform the following the [steps](#)

- 1 $\bar{h}_{\mu\nu} \implies (\bar{h}_{0\mu} = 0, \bar{h}_{ij})$
- 2 construct the [transverse](#) projector $P_{ij}(\hat{\mathbf{n}}) = \delta_{ij} - n_i n_j \implies n^i P_{ij} = P_{ij} n^j = 0$ with $\text{tr } P = 2$.
- 3 define the [\$\Lambda\$ tensor](#)

$$\Lambda_{ij,kl}(\hat{\mathbf{n}}) = P_{ik}P_{jl} - \frac{1}{2}P_{ij}P_{kl}$$

is [transverse in any index](#), and [traceless](#) $\Lambda_{ii,kl} = \Lambda_{ij,kk} = 0$.

- 4 finally, project onto the TT gauge

$$\bar{h}_{\mu\nu}(x) \implies h_{ij}^{TT}(x) = \Lambda_{ij,kl}(\hat{\mathbf{n}})\bar{h}_{kl}(x)$$

TT gauge example

- Propagation along the x^3 axis: let $k^\mu = \omega(1, \mathbf{n})$ with $\mathbf{n} = (0, 0, 1) \implies P_{11} = P_{22} = 1$ and $P_{ij} = 0$ otherwise. Then the only nonvanishing $\Lambda_{ij,kl} = P_{ik}P_{jl} - \frac{1}{2}P_{ij}P_{kl} \neq 0$ have $i, j = 1, 2$

$$\Lambda_{11,11} = \Lambda_{22,22} = \frac{1}{2} \quad ; \quad \Lambda_{11,22} = \Lambda_{22,11} = -\frac{1}{2} \quad ; \quad \Lambda_{12,12} = \Lambda_{21,21} = 1$$

- now $h_{ij}^{TT}(x) = \Lambda_{ij,kl}(\hat{\mathbf{n}})\bar{h}_{kl}(x)$ reveals the **two physical polarizations**: h_+, h_\times

$$\begin{aligned} h_{\mu\nu}^{TT}(t, 0, 0, z) &= \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & \frac{1}{2}(\bar{h}_{xx} - \bar{h}_{yy}) & \bar{h}_{xy} & 0 \\ 0 & \bar{h}_{xy} & \frac{1}{2}(-\bar{h}_{xx} + \bar{h}_{yy}) & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} \\ &\equiv \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & h_+ & h_\times & 0 \\ 0 & h_\times & -h_+ & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}. \end{aligned}$$

- under the little group $h' = R^T h R \implies (h_+ \pm ih_\times)$ transform with **helicity 2**

$$R^\mu{}_\nu(\theta\hat{\mathbf{n}}) = \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & \cos\theta & \sin\theta & 0 \\ 0 & -\sin\theta & \cos\theta & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix} \implies (h'_+ \pm ih'_\times) = e^{\pm i2\theta}(h_+ \pm ih_\times)$$

Test particles at rest

Consider a particle $x^\mu = (0, L_*, 0, 0)$ at rest $u_A^\mu = (1, 0, 0, 0)$

- **Coordinate** distances do not change

$$\frac{du_A^\mu}{d\tau} = -\Gamma_{\beta\alpha}^\mu u_A^\beta u_A^\alpha = -\Gamma_{00}^\mu = -\frac{1}{2}\eta^{\beta\alpha}(h_{\alpha 0,0}^{TT} + h_{0\alpha,0}^{TT} - h_{00,\alpha}^{TT}) = 0.$$

- **Proper distances** do change

$$L = \int ds = \int_0^{L_*} dx(1 + h_{xx}(t, 0))^{1/2} \sim L_* \left(1 + \frac{1}{2}h_{xx}(t, 0)\right) + \dots$$

Define $\delta L = L - L_*$ we obtain

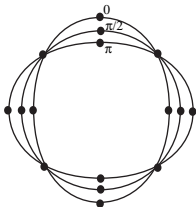
$$\frac{\delta L}{L_*} = \frac{1}{2}h_{xx}(t, 0) \sim \frac{1}{2}e_{xx} \cos(\omega t + \delta).$$

Test particles at rest

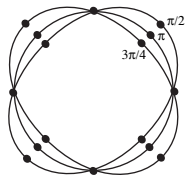
- Set particles at positions $x^\mu = (\tau, L_* n_x, L_* n_y, 0)$ on a **unit circle** $\vec{n}^2 = 1$

$$\frac{\delta L}{L_*}(\mathbf{n}) = \frac{1}{2} h_{ij} n^i n^j = \frac{1}{2} h_+^{TT} (n_x^2 - n_y^2) + h_\times^{TT} n_x n_y$$

- **Plane** polarizations



$$h_{xx}^{TT} = \cos(\omega t - k z)$$



$$h_{xy}^{TT} = \cos(\omega t - k z - \pi/2)$$

- **Circular** polarizations

$$g_\pm = e_+ \cos(\omega t - k z) \pm e_\times \cos(\omega t - k z \mp \frac{\pi}{2})$$

Energy of GWs

- Decompose $g_{\mu\nu} = \eta_{\mu\nu} + h_{\mu\nu}$ with $\lim_{|x| \rightarrow \infty} h_{\mu\nu}(x) = 0$. Split the vacuum Einstein's equations as follows

$$G_{\mu\nu} = 0 \quad \longrightarrow \quad G_{\mu\nu}^{(1)} = 8\pi T_{\mu\nu}^h$$

with

$$\boxed{T_{\mu\nu}^h = \frac{1}{8\pi} (G_{\mu\nu}^{(1)} - G_{\mu\nu})} \quad (1)$$

which is locally conserved and contains h

$$\partial^\mu T_{\mu\nu}^h(h) = 0$$

so can be considered the **Energy-Momentum tensor of gravitation**.

- in a series expansion in h , since $G_{\mu\nu}^{(1)} = 0$, we get that the energy-momentum tensor of the linearized solution is

$$T_{\mu\nu}^h(h) = \frac{1}{8\pi} G_{\mu\nu}^{(2)}(h) + \mathcal{O}(h^3) = \frac{1}{8\pi} \left(R_{\mu\nu}^{(2)}(h) - \frac{1}{2} \eta_{\mu\nu} R^{(2)}(h) \right) + \mathcal{O}(h^3)$$

Energy of GWs

- an explicit **tedious** calculation gives

$$\begin{aligned} R_{\mu\nu}^{(2)}(h) &= \frac{1}{2} h^{\alpha\beta} (h_{\alpha\beta,\mu\nu} - h_{\mu\beta,\alpha\nu} - h_{\nu\beta,\mu\alpha} + h_{\mu\nu,\alpha\beta}) \\ &\quad - \frac{1}{4} (2h^{\beta}_{\alpha,\beta} - h^{\beta}_{\beta,\alpha})(h^{\alpha}_{\mu,\nu} + h^{\alpha}_{\nu,\mu} - h_{\mu\nu,\alpha}) \\ &\quad + \frac{1}{4} (h_{\alpha\nu,\beta} + h_{\alpha\beta,\nu} - h_{\beta\nu,\alpha})(h^{\alpha}_{\mu,\beta} + h^{\alpha\beta}_{,\mu} - h^{\beta}_{\mu,\alpha}). \end{aligned}$$

- take a space or time **average** $T \gg 1/\omega$

$$t_{\mu\nu} \equiv \langle T_{\mu\nu}^h \rangle \equiv \frac{1}{T} \int_{-T/2}^{+T/2} T_{\mu\nu}^h(t, \mathbf{x}) dt = \frac{1}{8\pi} \left\langle R_{\mu\nu}^{(2)} - \frac{1}{2} \eta_{\mu\nu} R^{(2)} \right\rangle$$

Notice that under the average, derivatives of solutions $h = h(t - z)$ can be partially integrated

$$\left\langle \frac{1}{2} h^{\alpha\beta} h_{\alpha\beta,\mu\nu} - \dots \right\rangle = \left\langle \frac{1}{2} h^{\alpha\beta}_{,\nu} h_{\alpha\beta,\mu} - \dots \right\rangle$$

Energy and Momentum of GWs

- **Exercise:** for solutions $\square h_{\mu\nu} = 0$ in the traceless, $h = 0$, harmonic, $h_{\mu\nu}{}^{;\nu} = 0$, gauge, and integrating by parts show that this expression collapses to

$$t_{\mu\nu} = \frac{1}{32\pi} \langle \partial_\mu h_{\alpha\beta} \partial_\nu h^{\alpha\beta} \rangle$$

- It is residual-gauge invariant $x^\mu \rightarrow x^\mu + \xi^\mu$, $\square \xi^\mu = 0$, hence we can switch $h_{\mu\nu} \rightarrow h_{ij}^{TT}$.

$$t_{\mu\nu} = \frac{1}{32\pi} \langle \partial_\mu h_{ij}^{TT} \partial_\nu h_{ij}^{TT} \rangle = \frac{1}{16\pi} \langle \partial_\mu h_+^{TT} \partial_\nu h_+^{TT} + \partial_\mu h_-^{TT} \partial_\nu h_-^{TT} \rangle$$

⇒ Energy

$$E = \int_V d^3x t^{00} = \frac{1}{32\pi} \int_V d^3x \langle \dot{h}_{ij}^{TT} \dot{h}_{ij}^{TT} \rangle = \frac{1}{16\pi} \int_V d^3x \langle \dot{h}_+^2 + \dot{h}_-^2 \rangle$$

⇒ Momentum

$$P^k = \int_V d^3x t^{0k} = \frac{1}{32\pi} \int_V d^3x \langle \dot{h}_{ij}^{TT} \partial^k h_{ij}^{TT} \rangle$$

Energy and Momentum Flux

- **Energy flux**

For a wave $h_{ij}^{TT}(t, z) = h_{ij}^{TT}(t - z) \implies \partial_z h_{ij}^{TT} = -\partial_t h_{ij}^{TT} \implies t_{0z} = -t_{00}$, and the **energy flux** t_{0z} traversing a z-perpendicular surface element dA , **drains** E at a rhythm

$$\frac{dE}{dt} = -dA t_{0z} = dA t_{00}$$

Then through a sphere $\int dA = r^2 \int d\Omega$ that contains the volume V the energy loss

$$\frac{dE}{dt} = \frac{r^2}{32\pi} \int d\Omega \langle \dot{h}_{ij}^{TT} \dot{h}_{ij}^{TT} \rangle$$

- **Linear momentum flux.** Inside a volume V at large distance from the source $P^k = \int_V d^3x t_{0k}$.

$$\frac{dP^k}{dt} = \frac{r^2}{32\pi} \int d\Omega \langle \dot{h}_{ij}^{TT} \partial^k h_{ij}^{TT} \rangle$$

- **Angular momentum flux.** Inside a volume V at large distance from the source

$$\frac{dJ^i}{dt} = \frac{r^2}{32\pi} \int d\Omega \langle -\epsilon^{ijk} \dot{h}_{ab}^{TT} x^j \partial^k h_{ab}^{TT} + 2\epsilon^{ijk} h_{ak}^{TT} \dot{h}_{aj}^{TT} \rangle$$

Propagation on curved background

- Decompose $g_{\mu\nu} = \tilde{g}_{\mu\nu} + h_{\mu\nu}$ with $\lim_{|x| \rightarrow \infty} h_{\mu\nu}(x) = 0$. Expand $g^{\mu\nu} = \tilde{g}^{\mu\nu} - h_{\mu\nu} + \dots$. Imposing the **generalized harmonic** gauge condition

$$\tilde{D}^\nu \bar{h}_{\mu\nu} = 0$$

the linearized curved equations of motion

$$R_{\mu\nu}^{(1)} = \underbrace{\tilde{\square} \bar{h}_{\mu\nu}}_{\mathcal{O}(h/\lambda)} + \underbrace{2\tilde{R}_{\mu\rho\nu\sigma} \bar{h}^{\rho\sigma} - \tilde{R}_{\mu\rho} \bar{h}_\nu{}^\rho - \tilde{R}_{\nu\rho} \bar{h}_\mu{}^\rho}_{\mathcal{O}(h/L_B)}$$

$$\lambda \ll L_B$$

$$\tilde{\square} \bar{h}_{\mu\nu} = 0 \quad ; \quad \tilde{D}^\nu \bar{h}_{\mu\nu} = 0$$

- Eikonal Approximation

$$\bar{h}_{\mu\nu}(x) = (A_{\mu\nu}(x) + \epsilon B_{\mu\nu}(x) + \dots) e^{i\theta(x)/\epsilon}$$

to lowest order in ϵ and h

$$(3) \Rightarrow k^\mu A_{\mu\nu}(x) = 0$$

$$(4) \Rightarrow k_\nu k^\nu = 0 \Rightarrow (k^\nu \tilde{D}_\nu) k_\mu = 0$$

given that $k_\nu = \partial_\nu \theta(x) \Rightarrow$ geometric optics approximation: rays (curves orthogonal to constant phase surfaces) follow null geodesic equation.

Summary of Lesson 1

- Linearized theory is that of a **rank 2 symmetric Lorentzian** field with a **local gauge** symmetry $h_{\mu\nu}(x) \rightarrow h_{\mu\nu}(x) + \partial_\mu \xi_\nu + \partial_\nu \xi_\mu$
- in the **harmonic** gauge $\bar{h}^{\mu\nu}{}_{;\nu} = 0$ eqs. of motion reduce to linear **wave** equation
 $\square \bar{h}_{\mu\nu} = 8\pi T_{\mu\nu}$.
- a residual gauge transformation allows to write the plane waves in the **TT** gauge in terms of two **helicity 2 transverse** polarizations.

$$\bar{h}_{\mu\nu} \hookrightarrow \left(h_{0\mu}^{TT} = 0, h_{ij}^{TT} = \Lambda(\mathbf{n})_{ij;kl} \bar{h}_{kl} \right)$$

- Waves carry **energy and momentum** given by $t_{\mu\nu} = \frac{1}{32\pi} \langle \partial_\mu h_{\beta\alpha} \partial_\nu h^{\beta\alpha} \rangle$
- Radiation power by gravity waves is given by

$$P = \frac{dE}{dt} = \frac{r^2}{32\pi} \int d\Omega \langle \dot{h}_{ij}^{TT} \dot{h}_{ij}^{TT} \rangle$$

- In the **geometrical optics** approximation, gravity waves propagate on curved backgrounds following null geodesics, as electromagnetic waves do.

Chapter 2: Generation of Linearized Gravitational Waves

- Low velocity expansion
- Tensor spherical harmonics
- Mass Quadrupole Approximation
- Examples: oscillating and rotating 2-body systems

Weak-field sources

- Weakly sourced **equations of motion** in the **harmonic** gauge

$$\square \bar{h}_{\mu\nu}(x) = -16\pi T_{\mu\nu}(x) \quad ; \quad \partial_\mu \bar{h}^\mu{}_\nu = 0$$

- Use the **Green's function** method

$$\bar{h}_{\mu\nu}(x) = 16\pi \int d^4x' G(x, x') T_{\mu\nu}(x')$$

where

$$\square G(x, x') = \delta^4(x - x') \quad \Rightarrow \quad G^{ret}(x - x') = -\frac{1}{4\pi|\mathbf{x} - \mathbf{x}'|} \delta(t_{ret} - t')$$

with $t_{ret} = t - |\mathbf{x} - \mathbf{x}'|$

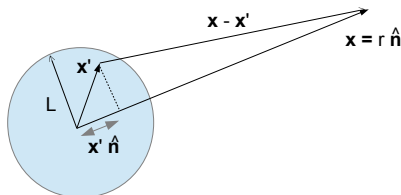
Weak-field sources

General solution

$$\bar{h}_{\mu\nu}(t, \mathbf{x}) = 4 \int d^3x' \frac{T_{\mu\nu}(t - |\mathbf{x} - \mathbf{x}'|, \mathbf{x}')}{|\mathbf{x} - \mathbf{x}'|}$$

with $\mathbf{x} = r \hat{\mathbf{n}}$ we have

$$|\mathbf{x}' - \mathbf{x}| = r \left(1 - \frac{\mathbf{x}' \cdot \hat{\mathbf{n}}}{r} + \mathcal{O}(L^2/r^2) \right)$$



For $r \gg L$ go to the *wave zone approximation*

$$\bar{h}_{\mu\nu}(t, \mathbf{x}) = \frac{4}{r} \int d^3x' T_{\mu\nu}(t - r + \mathbf{x}' \cdot \hat{\mathbf{n}}, \mathbf{x}')$$

where $h_{\mu\nu}$ becomes a spherical wave. At each point $\mathbf{x} = r \hat{\mathbf{n}}$ on the wavefront, we may express in the *TT* gauge

Low velocity expansion

$$\begin{aligned}h_{ij}^{TT}(t, \mathbf{x}) &= \Lambda_{ij,kl}(\hat{\mathbf{n}})\bar{h}_{kl}(t, \mathbf{x}) && (\mathbf{x} = r\hat{\mathbf{n}}) \\&= \frac{4}{r}\Lambda_{ij,kl}(\hat{\mathbf{n}})\int d^3x' T_{kl}(t-r+\hat{\mathbf{n}}\cdot\mathbf{x}', \mathbf{x}') \\&= \frac{4}{r}\Lambda_{ij,kl}(\hat{\mathbf{n}})\int d^3x' \left(T_{kl}(t-r, \mathbf{x}') + (\hat{\mathbf{n}}\cdot\mathbf{x}')\frac{d}{dt}T_{kl}(t-r, \mathbf{x}') + \right. \\&\quad \left. + \frac{1}{2}(\hat{\mathbf{n}}\cdot\mathbf{x}')^2\frac{d^2}{dt^2}T_{kl}(t-r, \mathbf{x}') + \dots \right) \\&= \frac{4}{r}\Lambda_{ij,kl}(\hat{\mathbf{n}})\left(\int d^3x' T_{kl}(t-r, \mathbf{x}') + n_{i_1}\int d^3x' x'_{i_1}\frac{d}{dt}T_{kl}(t-r, \mathbf{x}') + \right. \\&\quad \left. + \frac{1}{2}n_{i_1}n_{i_2}\int d^3x' x'_{i_1}x'_{i_2}\frac{d^2}{dt^2}T_{kl}(t-r, \mathbf{x}') + \dots \right)\end{aligned}$$

- This is a **low velocity** expansion in powers of $v \ll 1$. Indeed, for $T_{kl}(t, \mathbf{x}') \sim \tilde{T}_{kl}(\omega, \mathbf{x}') \cos(\omega t)$

$$\begin{aligned}(\hat{\mathbf{n}}\cdot\mathbf{x})^r \frac{d^r}{dt^r} T_{kl}(t, \mathbf{x}') &\sim (\hat{\mathbf{n}}\cdot\mathbf{x})^r (\omega)^r T_{kl}(t, \mathbf{x}') \leq (L\omega)^r T_{kl}(t, \mathbf{x}') \\&\sim v^r T_{kl}(t, \mathbf{x}')\end{aligned}$$

- Defining the **stress-tensor moments**

$$S_{kl, i_1 \dots i_p}(t) = \int d^3x' T_{kl}(t, \mathbf{x}') x'_{i_1} \dots x'_{i_p}$$

Low velocity expansion

- we arrive at the *multipole expansion* in the radiation zone $\mathbf{x} = r\hat{\mathbf{n}} \gg \mathbf{x}'$

$$h_{ij}^{TT}(t, \mathbf{x}) = \Lambda_{ij,kl}(\hat{\mathbf{n}}) \frac{4}{r} \left[S^{kl}(t-r) + n_{i_1} \dot{S}^{kl, i_1}(t-r) + n_{i_1} n_{i_2} \frac{1}{2} \ddot{S}^{kl, i_1 i_2}(t-r) + \dots \right]$$
$$= \Lambda_{ij,kl}(\hat{\mathbf{n}}) \frac{4}{r} \left[\sum_{n=0}^{\infty} \frac{1}{n!} \partial_t^n S^{kl, i_1 \dots i_n}(t-r) n_{i_1}(\theta, \phi) \dots n_{i_n}(\theta, \phi) \right]$$

- Setting $\hat{\mathbf{n}} = (\sin \theta \cos \phi, \sin \theta \sin \phi, \cos \theta)$ it is clear that we should be able to represent $h_{ij}^{TT}(t, \mathbf{x})$ as an expansion in *tensor spherical harmonics*

- Scalar field

$$\phi(x) = \frac{1}{r} \sum_{l=0}^{\infty} \sum_{m=-l}^l c_{lm}(t-r) Y_{lm}(\theta, \phi) \quad \mathbf{L}^2 Y_{lm} = l(l+1) Y_{lm}$$

where

$$Y_{lm}(\theta, \phi) = C^{lm} \left(e^{i\phi} \sin \theta \right)^m \frac{d^m}{d(\cos \theta)^m} P_l(\cos \theta)$$

Tensor Spherical Harmonics

- Vector field

$$(\mathbf{V}(x))_i = \sum_{l=0}^{\infty} \sum_{m=-l}^l R_{lm}(t, r) (\mathbf{Y}_{lm}^R)_i + \sum_{l=1}^{\infty} \sum_{m=-l}^l \left[E_{lm}(t, r) (\mathbf{Y}_{lm}^E)_i + B_{lm}(t, r) (\mathbf{Y}_{lm}^B)_i \right]$$

with

$$(\mathbf{Y}_{lm}^E)_i = \frac{r}{\sqrt{l(l+1)}} \partial_i Y_{lm}(\theta, \phi)$$

$$(\mathbf{Y}_{lm}^B)_i = \frac{i}{\sqrt{l(l+1)}} L_i Y_{lm}(\theta, \phi)$$

$$(\mathbf{Y}_{lm}^R)_i = n_i Y_{lm}(\theta, \phi)$$

- Symmetric tensor field

$$\begin{aligned} \mathbf{T}_{ij}(x) = & \sum_{l=0}^{\infty} \sum_{m=-l}^l \left(L_{0lm}(t, r) (\mathbf{T}_{lm}^{L0})_{ij} + T_{0lm}(t, r) (\mathbf{T}_{lm}^{T0})_{ij} \right) \\ & + \sum_{l=1}^{\infty} \sum_{m=-l}^l \left(E_{1lm}(t, r) (\mathbf{T}_{lm}^{E1})_{ij} + B_{1lm}(t, r) (\mathbf{T}_{lm}^{B1})_{ij} \right) \\ & \sum_{l=2}^{\infty} \sum_{m=-l}^l \left(E_{2lm}(t, r) (\mathbf{T}_{lm}^{E2})_{ij} + B_{2lm}(t, r) (\mathbf{T}_{lm}^{B2})_{ij} \right) \end{aligned}$$

Tensor Spherical Harmonics

$$(\mathbf{T}_{lm}^{L0})_{ij} = n_i n_j Y_{lm}(\theta, \phi)$$

$$(\mathbf{T}_{lm}^{T0})_{ij} = (n_i n_j - \delta_{ij}) Y_{lm}(\theta, \phi)$$

$$(\mathbf{T}_{lm}^{E1})_{ij} = c_l^{(1)} (r/2) (n_i \partial_j + n_j \partial_i) Y_{lm}(\theta, \phi)$$

$$(\mathbf{T}_{lm}^{B1})_{ij} = c_l^{(1)} (i/2) (n_i L_j + n_j L_i) Y_{lm}(\theta, \phi)$$

$$(\mathbf{T}_{lm}^{E2})_{ij} = c_l^{(2)} r^2 \Lambda_{ij, i' j'}(\hat{\mathbf{n}}) \partial_{i'} \partial_{j'} Y_{lm}(\theta, \phi)$$

$$(\mathbf{T}_{lm}^{B2})_{ij} = c_l^{(2)} r (i/2) \Lambda_{ij, i' j'}(\hat{\mathbf{n}}) (\partial_{i'} L_{j'} + \partial_{ij} L_{j'}) Y_{lm}(\theta, \phi)$$

- With this, the general solution in the TT gauge only contains \mathbf{T}_{lm}^{E2} and \mathbf{T}_{lm}^{B2}

$$h_{ij}^{TT}(t, r, \theta, \phi) = \frac{1}{r} \sum_{l=2}^{\infty} \sum_{m=-l}^l \left[u_{lm}(t-r) (\mathbf{T}_{lm}^{E2})_{ij}(\theta, \phi) + v_{lm}(t-r) (\mathbf{T}_{lm}^{B2})_{ij}(\theta, \phi) \right]$$

(with $c_l = \left(\frac{2}{l(l+1)}\right)^{1/2}$) which are transverse $(\mathbf{T}_{lm}^{E2})_{ij} n_j = (\mathbf{T}_{lm}^{B2})_{ij} n_j = 0$,

Multipole Expansion

- remember the multipole expansion

$$h_{ij}^{TT}(t, r, \theta, \phi) = \Lambda_{ij,kl}(\hat{\mathbf{n}}) \frac{4}{r} \left[\sum_{n=0}^{\infty} \frac{1}{n!} \partial_t^n S^{kl, i_1 \dots i_n}(t-r) n_{i_1}(\theta, \phi) \dots n_{i_n}(\theta, \phi) \right]$$

- in order to relate u_{lm} and v_{lm} to S_{kl, i_1, \dots, i_p} use the orthogonality relation

$$\int d\Omega (\mathbf{T}_{lm}^J)_{ij} (\mathbf{T}_{l'm'}^{J'})_{ij} = \delta^{JJ'} \delta_{ll'} \delta_{mm'}$$

and simply project to get

$$\begin{aligned} u_{lm}(t) &= \sum_{\alpha=0}^{\infty} \frac{4}{\alpha!} \left(\partial_t^\alpha S^{kl, i_1, \dots, i_\alpha}(t) \right) \int d\Omega (\mathbf{T}_{lm}^{E2})_{ij}^* \Lambda_{ij,kl} n_{i_1} \dots n_{i_\alpha} \\ v_{lm}(t) &= \sum_{\alpha=0}^{\infty} \frac{4}{\alpha!} \left(\partial_t^\alpha S^{kl, i_1, \dots, i_\alpha}(t) \right) \int d\Omega (\mathbf{T}_{lm}^{B2})_{ij}^* \Lambda_{ij,kl} n_{i_1} \dots n_{i_\alpha} \end{aligned} \quad (2)$$

Quadrupolar approximation

- The lowest order approximation is

$$h_{ij}^{TT}(t, \mathbf{x}) = \frac{4}{r} \Lambda_{ij,kl}(\hat{\mathbf{n}}) S^{kl}(t-r)$$

- Define the moments of the energy, momentum and stress density

$$\begin{aligned} M^{j_1 \dots j_n}(t) &= \int d^3x' T^{00}(t, \mathbf{x}') x'^{j_1} \dots x'^{j_n} \\ P^{i j_1 \dots j_n}(t) &= \int d^3x' T^{0i}(t, \mathbf{x}') x'^{j_1} \dots x'^{j_n} \\ S^{ij j_1 \dots j_n}(t) &= \int d^3x' T^{ij}(t, \mathbf{x}') x'^{j_1} \dots x'^{j_n} \end{aligned} \quad (3)$$

Lemma

$$S^{kl}(t) = \frac{1}{2} \ddot{M}^{kl}(t)$$

Exercise: Prove this lemma using only $\partial^\mu T_{\mu\nu} = 0$.

Theorem

$$\partial_t^n S^{ij, k_1 \dots k_n}(t) = \mathcal{F}(\partial_t^{n+2} M^{ijk_1 \dots k_n}(t), \partial_t^{n+1} P^{i, jk_1 \dots k_n}(t), \dots)$$

For example

$$\begin{aligned} \dot{S}^{ij, k} &= \frac{1}{6} \ddot{M}^{ijk} + \frac{1}{3} (\ddot{P}^{i, jk} + \ddot{P}^{j, ik} - 2\ddot{P}^{k, ij}) \\ &\vdots \end{aligned} \tag{4}$$

Mass quadrupole radiation

- far field in the quadrupolar approximation

$$h_{ij}^{TT}(t, \mathbf{x})_{quad} = \frac{2}{r} \Lambda_{ij,kl}(\hat{\mathbf{n}}) \ddot{M}_{kl}(t-r)$$

For example if $k^\mu = (\omega, 0, 0, \omega)$, then, along the z axis

$$\begin{aligned} h_+(t, 0, 0, z) &= \frac{1}{z} (\ddot{M}_{11} - \ddot{M}_{22})(t-z) \\ h_\times(t, 0, 0, z) &= \frac{2}{z} \ddot{M}_{12}(t-z) \end{aligned}$$

- If $x^\mu = \omega(1, \hat{\mathbf{n}})$ with $n^i = (\sin \theta \cos \phi, \sin \theta \sin \phi, \cos \theta)$ use rotated $M \rightarrow M' = \mathcal{R}^T M \mathcal{R}$

$$\begin{aligned} h_+(t; r\hat{\mathbf{n}}) &= \frac{1}{r} \left[\ddot{M}_{11}(\cos^2 \phi - \sin^2 \phi \cos^2 \theta) + \ddot{M}_{22}(\sin^2 \phi - \cos^2 \phi \cos^2 \theta) - \ddot{M}_{33} \sin^2 \theta \right. \\ &\quad \left. - \ddot{M}_{12} \sin 2\phi(1 + \cos^2 \theta) + \ddot{M}_{13} \sin \phi \sin 2\theta + \ddot{M}_{23} \cos \phi \sin 2\theta \right] \end{aligned}$$

$$\begin{aligned} h_\times(t; r\hat{\mathbf{n}}) &= \frac{1}{r} \left[(\ddot{M}_{11} - \ddot{M}_{22}) \sin 2\phi \cos \theta + 2\ddot{M}_{12} \cos 2\phi \cos \theta \right. \\ &\quad \left. - 2\ddot{M}_{13} \cos \phi \sin \theta + 2\ddot{M}_{23} \sin \phi \sin \theta \right] \end{aligned}$$

Radiated Energy

- Introduce the **quadrupole moment** $Q_{ij} = M_{ij} - \frac{1}{3}\delta_{ij}M$,

$$h_{ij}^{TT}(t, \mathbf{x})_{quad} = \frac{2}{r} \Lambda_{ij,kl}(\hat{\mathbf{n}}) \ddot{Q}_{kl}(t-r)$$

- **Radiated energy**

$$\frac{dE}{dt} = \frac{r^2}{32\pi} \int d\Omega \langle \dot{h}_{ij}^{TT} \dot{h}_{ij}^{TT} \rangle = \frac{1}{8\pi} \langle \ddot{Q}_{ij} \ddot{Q}_{kl} \rangle \int d\Omega \Lambda_{ij,kl}(\hat{\mathbf{n}})$$

Integrate $\int d\Omega \Lambda_{ij,kl}(\hat{\mathbf{n}}) = \frac{2\pi}{15} (11\delta_{ik}\delta_{jl} - 4\delta_{ij}\delta_{kl} + \delta_{il}\delta_{jk})$ to find the total radiated power

$$P = \frac{dE}{dt} = \frac{1}{5} \langle \ddot{Q}_{ij} \ddot{Q}_{ij} \rangle$$

- **Spectrum**: FT the quadrupole moment $Q_{ij}(t) = \int_{-\infty}^{\infty} \frac{d\omega}{2\pi} \tilde{Q}(\omega)_{ij} e^{-i\omega t}$ and integrating $\int_{-\infty}^{+\infty} dt$

$$E = \frac{1}{5\pi} \int_0^{\infty} d\omega \omega^6 \tilde{Q}_{ij}(\omega) \tilde{Q}_{kl}^*(\omega)$$

whence the **radiation spectrum** follows

$$\frac{dE}{d\omega} = \frac{1}{5\pi} \omega^6 |\tilde{Q}_{ij}(\omega)|^2$$

Non relativistic N-body system

- To lowest order in $v \ll 1$

$$\begin{aligned} T^{\mu\nu}(\mathbf{x}) &= \sum_{A=1}^N \int d\tau P_A^\mu \frac{dx_A^\nu}{d\tau} \delta^4(\mathbf{x} - \mathbf{x}_A) \\ &= \sum_{A=1}^N m_A \frac{dx_A^\mu}{dt} \frac{dx_A^\nu}{dt} \delta^3(\mathbf{x} - \mathbf{x}_A(t)) + \mathcal{O}(v^2) \end{aligned}$$

In particular $T^{00}(t, \mathbf{x}) = \sum_{A=1}^N m_A \delta^3(\mathbf{x} - \mathbf{x}_A(t))$ so the quadrupole mass reduces to

$$M_{ij} = \int d^3x T^{00}(t, \mathbf{x}) x^i x^j = \sum_{A=1}^N m_A x_A^i x_A^j.$$

- For a 2 body problem, $N = 2$. In the **center of mass** and **relative** coordinates

$$M = (m_1 + m_2) \rightarrow \mathbf{x}_M = \frac{m_1 \mathbf{x}_1 + m_2 \mathbf{x}_2}{m_1 + m_2} \quad ; \quad \mu = \left(\frac{m_2 m_1}{m_1 + m_2} \right) \rightarrow \mathbf{x}_r = \mathbf{x}_1 - \mathbf{x}_2$$

the quadrupole mass $M_{ij} = m_1 x_1^i x_1^j + m_2 x_2^i x_2^j = M x_{CM}^i x_{CM}^j + \mu x_r^i x_r^j$

Non relativistic 2-body system: oscillating linear system

- let

$$\mathbf{x}_{CM} = 0 \quad ; \quad \mathbf{x}_r = (0, 0, L + A \cos \omega_s t)$$

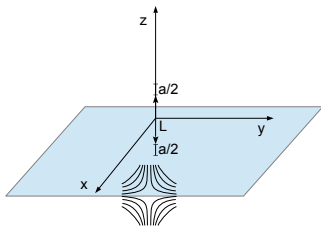
with $A \omega_s \ll 1$. Since $x_r^1 = x_r^2 = 0$ we only find one non-vanishing quadrupolar moment

$$M_{33}(t) = \mu(L + A \cos \omega_s t)^2 = \mu L^2 + \mu A \left(2L \cos \omega_s t + \frac{A}{2} \cos 2\omega_s t \right)$$

and hence

$$\begin{aligned} h_+^{TT}(t, \theta, \phi) &= -\frac{1}{r} \ddot{M}_{33}(t-r) \sin^2 \theta \\ &= -\frac{2\mu\omega_s^2 A}{r} (L \cos \omega_s(t-r) + A \cos 2\omega_s(t-r)) \sin^2 \theta \end{aligned}$$

$$h_{\times}^{TT}(t, \theta, \phi) = 0.$$



Oscillating linear system

- putting some numbers for a lab sized setup $\mu = 1$ kg, $L = A = r = 1$ m and $\omega_s = 10^2$ Hz we find

$$h_+^{TT} \sim \frac{2\mu\omega_s^2 LA}{r} = 1.6 \times 10^{-39}$$

- as for the power, we compute first

$$Q_{ij} = \text{diag}\left(-\frac{1}{3}, -\frac{1}{3}, \frac{2}{3}\right) M_{33} \quad (5)$$

hence, with the Einstein quadrupole radiation formula

$$\begin{aligned} P &= \frac{1}{5} \langle \ddot{Q}_{ij} \ddot{Q}_{ij} \rangle = \frac{2}{15} \langle \ddot{M}_{33}^2 \rangle \\ &= \mu^2 A^2 \omega_s^6 \frac{1}{T} \int_0^T (2L \cos \omega_s t + 32A \cos 2\omega_s t)^2 dt \\ &= \frac{4}{15} \mu^2 A^2 \omega_s^6 (L^2 + 4A^2) \end{aligned} \quad (6)$$

Circular orbit

- Consider a circular orbit in the $x - y$ plane

$$\mathbf{x}_{CM} = 0 \quad ; \quad \mathbf{x}_r = (R \sin \omega_s t, R \cos \omega_s t, 0)$$

Since $x_r^3 = 0$ we only obtain moments

$$M_{11}(t) = \mu(x_r^1)^2 = \frac{\mu R^2}{2} (1 - \cos 2\omega_s t)$$

$$M_{22}(t) = \mu(x_r^2)^2 = \frac{\mu R^2}{2} (1 + \cos 2\omega_s t)$$

$$M_{12}(t) = \mu x_r^1 x_r^2 = -\frac{\mu R^2}{2} \sin 2\omega_s t$$

hence

$$\ddot{M}_{11} = -\ddot{M}_{22} = 2\mu R^2 \omega_s^2 \cos 2\omega_s t \quad ; \quad \ddot{M}_{12} = 2\mu R^2 \omega_s^2 \sin 2\omega_s t$$

- Finally

$$h_+(t; \theta, \phi) = \frac{4\mu\omega_s^2 R^2}{r} \left(\frac{1 + \cos^2 \theta}{2} \right) \cos(2\omega_s(t - r) + 2\phi)$$

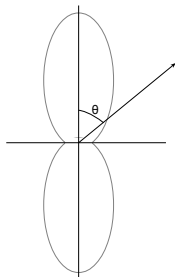
$$h_\times(t; \theta, \phi) = \frac{4\mu\omega_s^2 R^2}{r} (\cos \theta) \sin(2\omega_s(t - r) + 2\phi)$$

Notice that ϕ can be reabsorbed in a shift of the origin of $t \rightarrow t - \phi/\omega_s$.

Circular orbit

- The dependence $h_+ \sim (1 + \cos^2 \theta)$ and $h_\times \sim \cos \theta$ is generic for sources in a plane
 $M_{13} = M_{23} = M_{33} = 0$.
- The polarization is linear for $\theta = \pi/2$, circular for $\theta = 0$ and elliptic in between. Using $\langle \cos^2 2\omega_2 t \rangle = \langle \sin^2 2\omega_2 t \rangle = 1/2$

$$\begin{aligned}\frac{dP}{d\Omega} &= \frac{r^2}{16\pi} \langle \dot{h}_+^2 + \dot{h}_\times^2 \rangle \\ &= \frac{2\mu^2 R^4 \omega_s^6}{\pi} \left[\left(\frac{1 + \cos^2 \theta}{2} \right)^2 + \cos^2 \theta \right]\end{aligned}$$



Integrating over the angles for the total power

$$P = \frac{32}{5} \mu^2 R^4 \omega_s^6$$

Exercise: Recover this result from $dE/dt = \langle \ddot{Q}_{ij} \ddot{Q}_{ij} \rangle / 5$

Circular orbit

Comment: In the MKS the correct expression is

$$P = \frac{G}{c^5} \frac{32}{5} \mu^2 R^4 \omega_s^6$$

Exercise: Consider 2 bodies of $m = 1$ kg each, in circular motion at $R = 0.5$ m distance. Calculate the frequency ω that they have to spin with, in order to produce one single graviton.

SUMMARY OF LESSON 2

- In the wave zone approximation we have a multipole expansion

$$h_{ij}^{TT}(t, \mathbf{x}) = \Lambda_{ij,pq}(\hat{\mathbf{n}}) \frac{4}{r} \left[S_{pq}(t-r) + n_{i_1} \dot{S}_{pq, i_1}(t-r) + n_{i_1} n_{i_2} \frac{1}{2} \ddot{S}_{pq, i_1 i_2}(t-r) + \dots \right]$$

- this is an expansion in powers of $v \ll 1$
- far field mass quadrupole approximation $S_{pq} = \frac{1}{2} \ddot{M}_{pq}$

$$h_{ij}^{TT}(t, \mathbf{x})_{quad} = \frac{2}{r} \Lambda_{ij,kl}(\hat{\mathbf{n}}) \ddot{M}_{kl}(t-r)$$

- Radiated quadrupolar power $P_{quad} = \frac{dE}{dt} = \frac{1}{5} \langle \ddot{Q}_{ij} \ddot{Q}_{ij} \rangle$
- Radiation spectrum $\frac{dE}{d\omega} = \frac{1}{5\pi} \omega^6 |\tilde{Q}_{ij}(\omega)|^2$
- Planar equatorial motion $h_+(t; \theta, \phi) \sim \left(\frac{1+\cos^2\theta}{2} \right)$; $h_\times(t; \theta, \phi) \sim \cos\theta$

Chapter 3: Examples

- Quasi-circular orbits
- Far field wave form
- Fourier transformed wave form
- Elliptic orbits
- Rotating Rigid Bodies

Circular Orbits

- consider a binary of system with total mass M and reduced mass μ

$$M = m_1 + m_2 \quad ; \quad \mu = \frac{m_1 m_2}{m_1 + m_2},$$

and positions $\mathbf{r}_{1,2}$. In the center of mass frame $\mathbf{r}_{CM} = 0$ with $\mathbf{r} = \mathbf{r}_1 - \mathbf{r}_2$

- in the effective 1-body problem

$$\ddot{\mathbf{r}} = -\frac{M}{r^3} \mathbf{r}.$$

the radius R and orbital frequency $\omega_s = v/R$ and are related by $\omega_s^2 R = v^2/R = M/R^2$,

i.e.

Kepler's law

$$R = \left(\frac{M}{\omega_s^2} \right)^{1/3}$$

Circular Orbits

- Let us express everything in terms of the GW frequency $\omega_{\text{GW}} = 2\omega_s$

– the total energy

$$E = \frac{1}{2}\mu v^2 - \frac{\mu M}{R} = -\frac{\mu M}{2R} \implies E = -\left(\frac{M_c^5 \omega_{\text{GW}}^2}{32}\right)^{1/3}$$

where M and μ enter through the *chirp mass*

$$M_c^5 = \mu^3 M^2 = \frac{(m_1 m_2)^3}{(m_1 + m_2)}$$

For example, for $m_1 = m_2 = m \Rightarrow \mu = \frac{m}{2}, M = 2m$ and $M_c = m/2^{1/5} = 0.87m = 0.43M$.

– the total radiated power from previous lesson

$$P = \frac{32}{5}\mu^2 R^4 \omega_s^6 \implies P = \frac{32}{5}\left(\frac{M_c \omega_{\text{GW}}}{2}\right)^{10/3}$$

Exercise: For the PSR1913+16 system $m = 1.4M_\odot$ and $T_s \simeq 8\text{h}$, obtain $P = 6 \times 10^{14}$ GW.

Frequency Shift

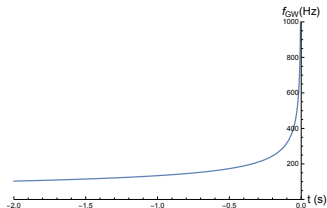
- Equating $P = -dE/dt$ yields a differential equation

$$\dot{\omega}_{GW} = \frac{48}{5} \left(\frac{M_c}{2} \right)^{5/3} \omega_{GW}^{11/3} \quad (7)$$

with solution $\omega_{GW}(t) \rightarrow f_{GW}(t) = 2\pi \omega_{GW}(t)$

$$f_{GW}(t) = \frac{1}{\pi} \left(\frac{5}{256} \right)^{3/8} \frac{1}{M_c^{5/8}} \frac{1}{(t_{coal} - t)^{3/8}} \quad (8)$$

with $-\infty < t < t_{coal}$.



- Rewrite in terms of a particular reference example.

Set $m_{1,2} = 1.4M_{\odot} \Rightarrow M_c = 1.2M_{\odot} = 1.2 \times 1.47 \cdot 10^3 m$

and $t = t_{coal} - 1s \times (3 \times 10^8 m/s)$

$$f_{GW}(t_{coal} - 1s; M_c = 1.2 M_{\odot}) = 4.48 \times 10^{-7} m^{-1} \sim 134 \text{ Hz}$$

Hence,

$$f_{GW}(t) = 134 \text{ Hz} \left(\frac{1.2 M_{\odot}}{M_c} \right)^{5/8} \left(\frac{1 \text{ s}}{t_{coal} - t} \right)^{3/8}$$

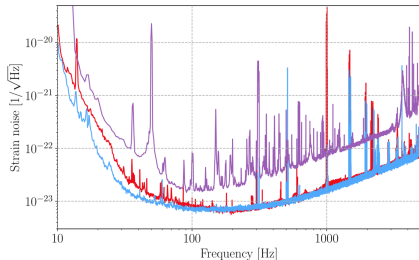
Frequency Shift

- Solving for $(t_{\text{coal}} - t)(f_{\text{GW}})$ and fixing $f_{\text{GW}} = 100 \text{ Hz}$ (the sensitivity of earth based interferometers)

$$(t_{\text{coal}} - t) = 2.18 \text{ s} \left(\frac{1.2 M_{\odot}}{M_c} \right)^{5/3} \left(\frac{100 \text{ Hz}}{f_{\text{GW}}} \right)^{8/3}$$

So when $M_c = 1.2 M_{\odot}$ we get for

- $f_{\text{GW}} = 100 \text{ Hz}$
the radiation in the last 2 seconds before coalescence
- $f_{\text{GW}} = 10 \text{ Hz}$
the radiation 17 minutes before coalescence.
- $f_{\text{GW}} = 1/\text{day}$
 $t - t_{\text{coal}} \sim 10^{11} \text{ year}$. This limits initial orbit f that coalesce by GW within the age of universe.



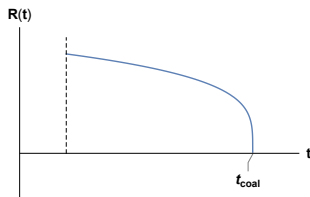
Quasi-circular orbit approximation

- taking the derivative of Kepler's Law $\omega_s = (m/R^3)^{1/2}$

$$\frac{\dot{R}}{R} = -\frac{2 \dot{\omega}_s}{3 \omega_s} = -\frac{2 \dot{f}_{GW}}{3 f_{GW}} = -\frac{1}{4(t - t_{coal})}$$

Integrating from an initial R_0 at time $t_0 \leq t \leq t_{coal}$

$$R(t) = R_0 \left(\frac{t_{coal} - t}{t_{coal} - t_0} \right)^{1/4}$$



- Quasi-circular approximation

$$\left| \frac{v_R}{v_\theta} \right| = \left| \frac{\dot{R}}{R \omega_s} \right| = \frac{2 \dot{\omega}_s}{3 \omega_s^2} = \frac{4 \dot{\omega}_{GW}}{3 \omega_{GW}^2} \ll 1 \quad \Rightarrow \quad \dot{\omega}_{GW} \ll \omega_{GW}^2$$

Quasi-circular orbit approximation

- Using (7) this implies $\dot{\omega}_{GW} = \frac{48}{5} \left(\frac{M_c}{2}\right)^{5/3} \omega_{GW}^{11/3} \ll \omega_{GW}^2 \implies \omega_{GW} \ll \frac{(2^{7/3} 3/5)^{3/5}}{M_c}$

For $M_c = 1.2 M_\odot \implies f_{GW} \ll 13.7$ kHz so in general, we can assume circular orbit as long as

$$f_{GW} \ll 13.7 \left(\frac{1.2 M_\odot}{M_c} \right) \text{ kHz}$$

- Non-linearity of GR entails the existence of an Innermost Stable Circular Orbit (ISCO) where strong inspiralling sets in

$$R_{ISCO} \geq 6M \xrightarrow{\text{Kepler}} \omega_s \leq \omega_{ISCO} = \left(\frac{M}{R_{ISCO}^3} \right)^{1/2} = \frac{1}{6\sqrt{6}} \frac{1}{M} \sim \frac{0.03}{M_c}$$

- For a BNS $M_c = 1.2 M_\odot \implies f_{GW, ISCO} = 0.8$ kHz then

$$f_{GW} \leq 800 \left(\frac{1.2 M_\odot}{M_c} \right) \text{ Hz}$$

- For a BBH of $M = 10 M_\odot \implies M_c = 4.3 M_\odot$ quasi-circular approx. valid for $f_{GW} \leq 200$ Hz

Far Field Wave-form

- The far field wave form of a **circular** binary system was (use Kepler's law and chirp mass)

$$h_+(t) = \frac{4\pi^{4/3} M_c^{5/3} f_{GW}^{2/3}}{r} \left(\frac{1 + \cos^2 \theta}{2} \right) \cos(2\pi f_{GW}(t - r) + 2\phi)$$

$$h_\times(t) = \frac{4\pi^{4/3} M_c^{5/3} f_{GW}^{2/3}}{r} (\cos \theta) \sin(2\pi f_{GW}(t - r) + 2\phi)$$

- In the **quasi-circular** approximation we can neglect \dot{R} as long as $\dot{\omega}_s \ll \omega_s^2$. Now we have a time dependent frequency

$$f_{GW} \rightarrow f_{GW}(t) = \frac{1}{\pi} \left(\frac{5}{256} \right)^{3/8} \frac{1}{M_c^{5/8}} \frac{1}{(t_{coal} - t)^{3/8}}$$

Also we need to replace

$$2\pi f_{GW} t \rightarrow \Phi(t) = \int dt 2\pi f_{GW}(t) + \Phi_0$$

doing the integral

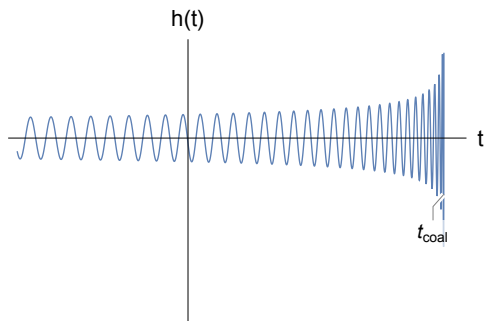
$$\Phi(t) = -\frac{2}{(5M_c)^{5/8}} (t_{coal} - t)^{5/8} + \Phi_{coal}$$

Far Field Wave-form

finally

$$h_{+}(t; M_c, t_{coal}) = \frac{M_c^{5/4}}{r} \left(\frac{5}{t_{coal} - t} \right)^{1/4} \left(\frac{1 + \cos^2 \theta}{2} \right) \cos[\Phi(t)]$$

$$h_{\times}(t; M_c, t_{coal}) = \frac{M_c^{5/4}}{r} \left(\frac{5}{t_{coal} - t} \right)^{1/4} \cos \theta \sin[\Phi(t)]$$



Fourier Transformed Signal

To compare the waveform with experimental signatures we need the Fourier transform

$$\tilde{h}(f) = \int_{-\infty}^{+\infty} dt h(t) e^{2\pi i f t} = \int_{-\infty}^{+\infty} dt A(t_{ret}, \theta) \left(e^{i\Phi(t_{ret})} + e^{-i\Phi(t_{ret})} \right) e^{2\pi i f t}$$

Exercise: using the method of stationary phase obtain the result

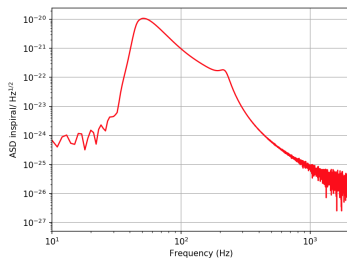
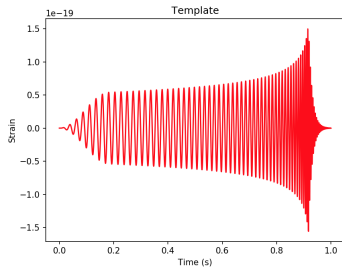
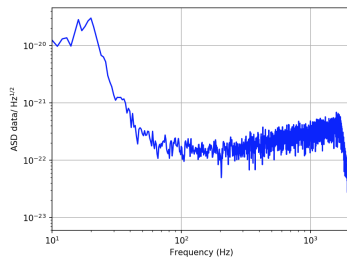
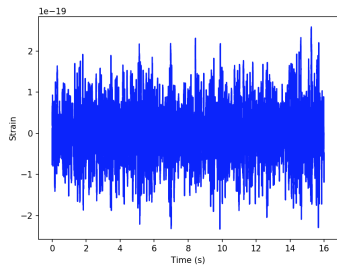
$$\tilde{h}_+(f; M_c, t_{coal}) = \frac{e^{i\Psi(f)}}{r} a M_c^{5/6} \left(\frac{1 + \cos^2 \theta}{2} \right) \frac{1}{f^{7/6}}$$

$$\tilde{h}_\times(f; M_c, t_{coal}) = \frac{e^{i(\Psi(f) + \pi/2)}}{r} a M_c^{5/6} \cos \theta \frac{1}{f^{7/6}}$$

with $a = \frac{1}{\pi^{2/3}} \sqrt{\frac{5}{24}}$ and the phase given by

$$\Psi(f) = 2\pi(t_{coal} + r)f - \frac{3}{4(8\pi M_c)^{5/3}} \frac{1}{f^{5/3}} - \Phi_0 + \frac{\pi}{4}$$

Fourier Transformed Signal



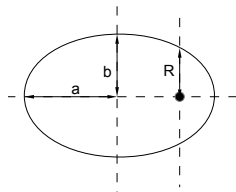
Elliptic orbits

- The **excentricity** e relates the major semi-axis to the radial scale

$$R = a(1 - e^2)$$

a and e are constants of motion related to E and L

$$a = -\frac{\mu M}{2E} \quad ; \quad (1 - e^2) = -\frac{2EL^2}{\mu^3 M^2} .$$



- Now ω_s is not constant (emission spectrum). Still the power is

$$\begin{aligned} \frac{dE}{dt} = -P &\xrightarrow{\text{circular}} -\frac{32}{5} \mu^2 R^4 \omega_s^6 \stackrel{\text{Kepler}}{=} -\frac{32}{5} \frac{\mu^2 M^3}{R^5} \\ &\xrightarrow{\text{elliptic}} -\frac{32}{5} \frac{\mu^2 M^3}{a^5} f(e) \end{aligned}$$

with

$$f(e) = \frac{1}{(1 - e^2)^{7/2}} \left(1 + \frac{73}{24} e^2 + \frac{37}{96} e^4 \right)$$

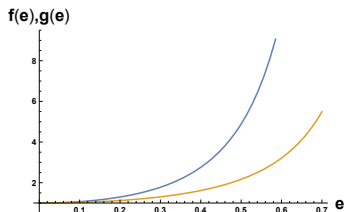
Elliptic orbits

- Also there is angular momentum emission

$$\frac{dL^i}{dt} = -\frac{2}{5}\epsilon^{ikl}\langle\ddot{Q}_{ka}\ddot{Q}_{la}\rangle \xrightarrow{\text{elliptic}} -\frac{32}{5}\frac{\mu^2 M^{5/2}}{a^{7/2}}g(e)$$

with now

$$g(e) = \frac{1}{(1-e^2)^2} \left(1 + \frac{7}{8}e^2\right)$$



- this causes that both a and e decrease with time

$$\frac{da}{dt} = -\frac{64}{5}\frac{\mu M^3}{a^3}\frac{1}{(1-e^2)^{7/2}}\left(1 + \frac{73}{24}e^2 + \frac{37}{96}e^4\right)$$

$$\frac{de}{dt} = -\frac{304}{15}\frac{\mu m^2}{a^4}\frac{e}{(1-e^2)^{5/2}}\left(1 + \frac{121}{304}e^2\right)$$

Elliptic orbits

which, remarkably, can be integrated **analytically**

$$a(e) = c_0 \frac{e^{12/19}}{1 - e^2} \left(1 + \frac{121}{304} e^2 \right)^{870/2299}$$

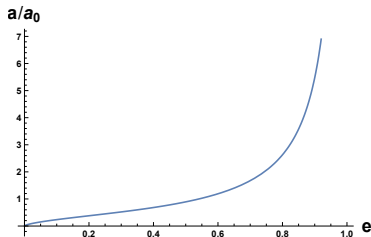
- **Circularization**: e decreases very fast with a .
For small $e \ll 1$

$$e = e_0 \left(\frac{a}{a_0} \right)^{19/12}$$

For example, the Hulse-Taylor binary pulsar PSR1913+16 has $a_0 = 2 \times 10^{19}$ m and quite large excentricity $e_0 = 0.617$.

By the time it reaches $a \sim 10^3$ km
we will have

$$e = 0.617 \left(\frac{10^6}{2 \times 10^9} \right)^{19/12} = 3.6 \times 10^{-6}$$



Rotating Rigid Bodies

- Important problem for application to **isolated pulsars**.
- Assume an **ellipsoidal** body with **semiaxes** a, b, c , uniform density ρ and total mass M , rotating about principal axis c with angular velocity ω_r . The inertia tensor

$$I_{ij} = \int d^3x \rho(\mathbf{x})(r^2 \delta_{ij} - x^i x^j)$$

In the **body frame**, with the comoving axes x'_i , aligned with the principal axes or inertia

$$I'_{ij} = \text{diag}(I_1, I_2, I_3)$$

with **principal moments**

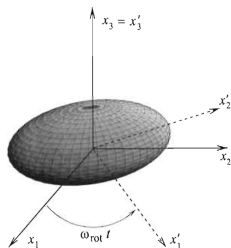
$$I_1 = \int d^3x \rho(\mathbf{x}')(x_2'^2 + x_3'^2) = \frac{M}{5}(b^2 + c^2)$$

$$I_2 = \int d^3x \rho(\mathbf{x}')(x_1'^2 + x_3'^2) = \frac{M}{5}(a^2 + c^2)$$

$$I_3 = \int d^3x \rho(\mathbf{x}')(x_1'^2 + x_2'^2) = \frac{M}{5}(a^2 + b^2)$$

I_{ij} in fixed coordinates x_i and I'_{ij} in are related by a rotation matrix $I = \mathcal{R}^T I' \mathcal{R}$ i.e.

$$I_{ij} = \begin{pmatrix} \cos \omega_r t & -\sin \omega_r t & 0 \\ \sin \omega_r t & \cos \omega_r t & 0 \\ 0 & 0 & 1 \end{pmatrix} \begin{pmatrix} I_1 & 0 & 0 \\ 0 & I_2 & 0 \\ 0 & 0 & I_3 \end{pmatrix} \begin{pmatrix} \cos \omega_r t & \sin \omega_r t & 0 \\ -\sin \omega_r t & \cos \omega_r t & 0 \\ 0 & 0 & 1 \end{pmatrix}$$



Rotating Rigid Bodies

$$\begin{aligned}I_{11} &= \frac{I_1 + I_2}{2} + \frac{I_1 - I_2}{2} \cos 2\omega t \\I_{12} &= \frac{I_1 - I_2}{2} \sin 2\omega t \\I_{22} &= \frac{I_1 + I_2}{2} - \frac{I_1 - I_2}{2} \cos 2\omega t \\I_{33} &= I_3\end{aligned}\tag{9}$$

Notice that I_{ij} and M_{ij} are related by $I_{ij} = \delta_{ij}c - M_{ij}$. Hence since we only need \ddot{M}_{ij}

$$\begin{aligned}M_{11} &= -\frac{I_1 - I_2}{2} \cos 2\omega_r t + \text{constant} \\M_{22} &= -\frac{I_1 - I_2}{2} \sin 2\omega_r t + \text{constant} \\M_{33} &= +\frac{I_1 - I_2}{2} \sin 2\omega_r t + \text{constant}\end{aligned}$$

with this we arrive at the strain

$$\begin{aligned}h_+ &= \frac{4\omega_r^2(I_1 - I_2)}{r} \left(\frac{1 + \cos^2 \theta}{2} \right) \cos(2\omega_r t) \\h_x &= \frac{4\omega_r^2(I_1 - I_2)}{r} \cos \theta \cos(2\omega_r t)\end{aligned}$$

Rotating Rigid Bodies

In terms of the ellipticity ϵ and GW frequency $f_{GW} = 2\pi(2\omega_r)$

$$\epsilon = \frac{I_1 - I_2}{I_3}$$

the amplitude is

$$h_0 = \frac{4\pi^2}{r} I_3 f_{GW}^2 \epsilon$$

since typical neutron stars have $M = 1.4M_\odot$ and $a \sim 10\text{km}$ this gives

$$I_3 = \frac{2}{5} M a^2 \simeq 10^{38} \text{kg m}^2$$

Then fixing $r = 10 \text{ kpc}$, $\epsilon = 10^{-6}$ and $f_{GW} = 1 \text{ kHz}$ we obtain

$$h_0 \simeq 10^{-25} \left(\frac{10 \text{ kpc}}{r} \right) \left(\frac{I_3}{10^{38} \text{ kg m}^2} \right) \left(\frac{\epsilon}{10^{-6}} \right) \left(\frac{f_{GW}}{1 \text{ kHz}} \right)^2$$

SUMMARY

- $f_{\text{GW}}(t) = \frac{1}{\pi} \left(\frac{5}{256} \right)^{3/8} \frac{1}{M_c^{5/8}} \frac{1}{(t_{\text{coal}} - t)^{3/8}}$
- Quasi-circular approximation $\dot{\omega}_{\text{GW}} \ll \omega_{\text{GW}}^2 \Rightarrow f_{\text{GW}} \ll 13.7 \left(\frac{1.2 M_{\odot}}{M_c} \right)$ kHz
- ISCO cutoff $\Rightarrow f_{\text{GW}} \leq 0.8 \left(\frac{1.2 M_{\odot}}{M_c} \right)$ kHz
- Fourier Transform $\Rightarrow \tilde{h}(f) \sim f^{-7/6}$
- Ellipticity, e , enhances energy and angular momentum emission, and causes fast circularization
- Bodies rotating around principal axis, x^3 , emit iff **transverse ellipticity** $\epsilon \sim I_1 - I_2 \neq 0$.
The amplitude is proportional to ω^2 .

Chapter 3: Black Hole Quasi-Normal Modes

- Scalar field on a Schwarzschild Metric
- Metric perturbation in polar coordinates
- Boundary conditions
- The radiation field in the far zone
- Quasi Normal modes

Scalar field on a Schwarzschild Metric

- On the Schwarzschild metric

$$d\bar{s}_{Schw}^2 = -A(r)dt^2 + \frac{dr^2}{A(r)} + r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2$$

with $A = \left(1 - \frac{R_S}{r}\right)$ and $R_S = 2M$, consider a free massless scalar field

$$\square\phi = 0$$

The most general splitting $(t, r), (\theta, \phi)$ involves all scalar spherical harmonics $l = 0, 1, 2, \dots$

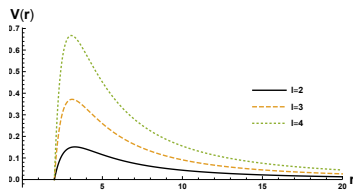
$$\phi(t, r, \theta, \phi) = \frac{1}{r} \sum_{l=0}^{\infty} \sum_{m=-l}^l u_{lm}(t, r) Y_{lm}(\theta, \phi)$$

- Effective radial equation:
using $L^2 Y_{lm} = l(l+1) Y_{lm}$ get

$$\left[A\partial_r(A\partial_r) - \partial_t^2 - V_l(r) \right] u_{lm}(t, r) = 0$$

where

$$V_l(r) = A(r) \left[\frac{l(l+1)}{r^2} + \frac{R_S}{r^3} \right]$$



Scalar field on a Schwarzschild Metric

- define the "tortoise coordinate" $r_*(r)$ by

$$d\bar{s}_{Schw}^2 = A(r)(-dt^2 + dr_*^2) + r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2$$

hence $dr/A(r) = dr_*$ which integrates to

$$r_* = r + R_S \log \frac{r - R_S}{R_S} \quad \text{with} \quad r \in (R_S, \infty) \iff r_* \in (-\infty, \infty)$$

Also from $A(r)\partial_r = \partial_{r_*}$ get

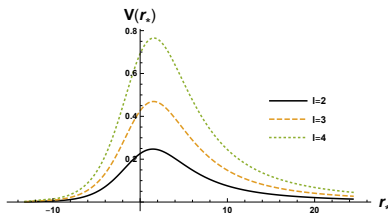
$$\left[\partial_{r_*}^2 - \partial_t^2 - V_l(r) \right] u_{lm} = 0$$

- Fourier transforming

$$u_{lm}(t, r) = \int_{-\infty}^{\infty} \frac{d\omega}{2\pi} \tilde{u}_{lm}(\omega, r) e^{-i\omega t}$$

arrive at a **stationary Schrödinger equation**

$$\left[-\frac{d^2}{dr_*^2} + V_l(r) \right] \tilde{u}_{lm}(r_*) = \omega^2 \tilde{u}_{lm}(r_*) \quad (10)$$



Metric perturbation in general gauge

- Perturb the Black Hole by some external matter $T_{\mu\nu}$. The Schwarzschild metric will fluctuate $g_{\mu\nu}(x) = \bar{g}_{\mu\nu} + h_{\mu\nu}(x)$ and Einstein's equation will become $G_{\mu\nu}^{(0)}(\bar{g}) = 0$ plus a first order correction

$$G_{\mu\nu}^{(1)}(h) = 8\pi T_{\mu\nu}$$

- the most general expansion involves 10 **tensor** spherical harmonics

$$h_{\mu\nu}(t, \mathbf{x}) = \sum_{l,m} \left(\sum_{a \in \text{Polar}} H_{lm}^a(t, r) (\mathbf{T}_{lm}^a)_{\mu\nu}(\theta, \phi) + \sum_{b \in \text{Axial}} H_{lm}^b(t, r) (\mathbf{T}_{lm}^b)_{\mu\nu}(\theta, \phi) \right)$$

- The matrices $\{\mathbf{T}_{lm}^a, \mathbf{T}_{lm}^b\}$ are the **Zerilli tensor harmonics**.
- They form two groups:

$$\text{Polar} \quad a = \{tt, Rt, Et, L0, T0, E1, E2\}$$

$$\text{Axial} \quad b = \{Bt, B1, B2\}$$

- The split comes from the behaviour under parity $\pi(x^i) = -x^i$

$$\pi(\mathbf{T}_{lm}^a) = (-1)^l \mathbf{T}_{lm}^a$$

$$\pi(\mathbf{T}_{lm}^b) = (-1)^{l+1} \mathbf{T}_{lm}^b$$

(11)

- The non-vanishing components are

$$\begin{aligned}
 (\mathbf{T}_{lm}^{tt})_{tt} &= Y_{lm}(\theta, \phi) & (\mathbf{T}_{lm}^{L0})_{ij} &= n_i n_j Y_{lm} \\
 (\mathbf{T}_{lm}^{Rt})_{0i} &= \frac{1}{\sqrt{2}} n_i Y_{lm}(\theta, \phi) & (\mathbf{T}_{lm}^{T0})_{ij} &= \frac{1}{\sqrt{2}} (\delta_{ij} - n_i n_j) Y_{lm} \\
 (\mathbf{T}_{lm}^{Et})_{0i} &= \frac{1}{\sqrt{2l(l+1)}} r \partial_i Y_{lm} & (\mathbf{T}_{lm}^{E1})_{ij} &= a_l (r/2) (n_i \partial_j + n_j \partial_i) Y_{lm} \\
 (\mathbf{T}_{lm}^{Bt})_{0i} &= \frac{1}{\sqrt{2l(l+1)}} i L_i Y_{lm} & (\mathbf{T}_{lm}^{B1})_{ij} &= a_l (i/2) (n_i L_j + n_j L_i) Y_{lm} \\
 & & (\mathbf{T}_{lm}^{E2})_{ij} &= b_l r^2 \Lambda_{ij, i' j'}(\hat{\mathbf{n}}) \partial_{i'} \partial_{j'} Y_{lm} \\
 & & (\mathbf{T}_{lm}^{B2})_{ij} &= b_l r (i/2) \Lambda_{ij, i' j'}(\hat{\mathbf{n}}) (\partial_{i'} L_{j'} + L_{j'} \partial_{i'}) Y_{lm}
 \end{aligned}$$

- Remark that these components are **cartesian**

- in the far **wave zone** $\tilde{g}_{\mu\nu} \rightarrow \eta_{\mu\nu} + h_{\mu\nu}$ most convenient is the **TT -gauge**

Lemma

performing gauge transformations $h'_{\mu\nu} = h_{\mu\nu} - (\partial_\mu \xi_\nu + \partial_\nu \xi_\mu)$ we can reach the **TT -gauge**, where $\Rightarrow \{a, b\} \in \{E2, B2\}$

$$h_{ij}^{TT}(t, x, y, z) = \frac{1}{r} \sum_{l \geq 2} \sum_{m=-l}^l \left(u_{lm}(t-r) (\mathbf{T}_{lm}^{E2})_{ij}(\theta, \phi) + v_{lm}(t-r) (\mathbf{T}_{lm}^{B2})_{ij}(\theta, \phi) \right)$$

and $u_{lm}(t-r), v_{lm}(t-r)$ carry the physical polarizations of the wave in the radiation zone.

- in the **near horizon zone**, $\tilde{g}_{\mu\nu} \rightarrow g_{\alpha\beta}^{Schw} + h_{\alpha\beta}$ and, hence, **polar** $x^\alpha = (t, r, \theta, \phi)$ coordinates are preferred

$$h_{\alpha\beta}(t, r, \theta, \phi) = \sum_{l,m} \left(\sum_{a \in \text{Polar}} h_{lm}^a(t, r) (\mathbf{t}_{lm}^a)_{\alpha\beta}(\theta, \phi) + \sum_{b \in \text{Axial}} h_{lm}^b(t, r) (\mathbf{t}_{lm}^b)_{\alpha\beta}(\theta, \phi) \right)$$

most convenient gauge is **RW -gauge** where $\{a, b\} \in \{tt, Rt, \cancel{Et}, L0, T0, \cancel{Et}, \cancel{Et}, Bt, B1, B2\}$.

Lemma:

performing gauge transformations $h'_{\alpha\beta} = h_{\alpha\beta} - (\bar{D}_\alpha \xi_\beta + \bar{D}_\beta \xi_\alpha)$ we may reach the **Regge-Wheeler (RW) gauge**, where $\Rightarrow \{a, b\} \in \{tt, Rt, L0, T0, Bt, B1\}$

- write the metric perturbation $g_{\alpha\beta} = \bar{g}_{\alpha\beta}^{Schw} + h_{\alpha\beta}(t, r, \theta, \phi)$ in the *RW* gauge

$$h_{\alpha\beta}^{RW} = \sum_{l \geq 0, 1, 2} \sum_{m = -l}^l \begin{pmatrix} h_{lm}^{tt}(t, r) & h_{lm}^{Rt}(t, r) & -\frac{1}{\sin \theta} h_{lm}^{Bt}(t, r) \partial_\phi & \sin \theta h_{lm}^{Bt}(t, r) \partial_\theta \\ - & h_{lm}^{L0}(t, r) & -\frac{1}{\sin \theta} h_{lm}^{B1}(t, r) \partial_\phi & \sin \theta h_{lm}^{B1}(t, r) \partial_\theta \\ - & - & h_{lm}^{T0}(t, r) & 0 \\ - & - & - & \sin^2 \theta h_{lm}^{T0}(t, r) \end{pmatrix} Y_{lm}(\theta, \phi)$$

- expand as well the **perturbing** Energy-Momentum tensor

$$T_{\alpha\beta}(t, r, \theta, \phi) = \sum_{l, m} \left(\sum_{a \in \text{Polar}} s_{lm}^a(t, r) (\mathbf{t}_{lm}^a)_{\alpha\beta}(\theta, \phi) + \sum_{b \in \text{Axial}} s_{lm}^b(t, r) (\mathbf{t}_{lm}^b)_{\alpha\beta}(\theta, \phi) \right)$$

with $\{a, b\} \in \{tt, Rt, Et, L0, T0, E1, E2, Bt, B1, B2\}$.

- Plug $h_{\alpha\beta}^{RW}$ and $T_{\alpha\beta}$ into the linearized Einstein equation,

$$G_{\alpha\beta}^{(1)}(h) = 8\pi T_{\alpha\beta}$$

after some **tedious algebra**

- 1.- equations for **axial** and **polar** perturbations **decouple**
- 2.- **in each sector**, a clever combination of perturbations (**master field**) satisfies a **fully decoupled** equation
- 3.- all the **other perturbations** can be **derived** from these master fields.
- 4.- this is only true if we first **Fourier transform** the fields

$$\tilde{h}_{lm}^{a,b}(\omega, r) = \int dt h_{lm}^{a,b}(t, r) e^{i\omega t}$$

Axial perturbations

- the **RW-master** field for axial perturbations

$$\tilde{Q}_{lm}(\omega, r) = -\frac{A(r)}{r} \tilde{h}_{lm}^{B1}(\omega, r)$$

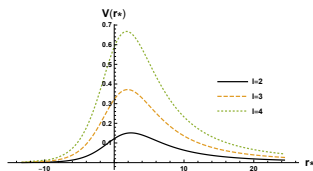
satisfies the following decoupled **master equation**

Regge-Wheeler equation

$$\left[\frac{d^2}{dr_*^2} + \omega^2 - V_l^{RW}(r) \right] \tilde{Q}_{lm} = \tilde{S}_{lm}^{axial}$$

where

$$V_l^{RW}(r) = \left(1 - \frac{R_S}{r} \right) \left[\frac{l(l+1)}{r^2} - \frac{3R_S}{r^3} \right]$$



and

$$\tilde{S}_{lm}^{axial} = i \frac{16\pi A(r)}{r} \left(A(r) \tilde{s}_{lm}^{B1}(\omega, r) + \left(\partial_r - \frac{2}{3} \right) \left[A(r) s_{lm}^{B2}(\omega, r) \right] \right)$$

Polar perturbations

- the **Zerilli master field** for polar perturbations

$$\tilde{Z}_{lm}(\omega, r) = \frac{1}{\lambda r + 3M} \tilde{h}_{lm}^{T0}(\omega, r) + \frac{rA(r)}{i\omega(\lambda r + 3M)} \tilde{h}^{Rt}(\omega, r)$$

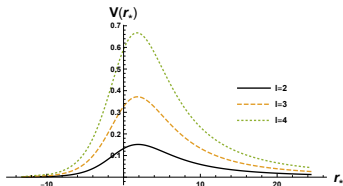
it satisfies the decoupled **Zerilli master equation**

Zerilli equation

$$\left[\frac{d^2}{dr_*^2} + \omega^2 - V_l^Z(r) \right] \tilde{Z}_{lm} = \tilde{S}_{lm}^{polar}$$

where $\lambda = (l-1)(l+2)/2$ and $R_S = 2M$

$$V_l^Z(r) = A(r) \frac{2\lambda^2(\lambda+1)r^3 + 12\lambda^2Mr^2 + 18\lambda M^2r + 18M^3}{r^3(\lambda r + 3M)^2}$$



Boundary conditions

- In summary, both $\tilde{\Phi} = \{\tilde{Q}_{lm}, \tilde{Z}_{lm}\}$ satisfy a similar equation

$$\left[\frac{d^2}{dr_*^2} + \omega^2 - V(r) \right] \tilde{\Phi} = \tilde{S}$$

with $V(r_* \rightarrow \pm\infty) = 0$ and (assumption) $S(r_* \rightarrow \pm\infty) = 0$ this asymptotes to

$$\left[\frac{d^2}{dr_*^2} + \omega^2 \right]_{r_* \rightarrow \pm\infty} \tilde{\Phi} = 0 \quad ; \quad \tilde{\Phi}(\omega, r) \xrightarrow{r_* \rightarrow \pm\infty} e^{\pm i\omega r_*} .$$

- They seed the **ingoing** and **outgoing** solutions $\Phi(t, r) = \int_{-\infty}^{\infty} d\omega \tilde{\Phi}(\omega, r) e^{-i\omega t}$

$$\Phi(t, r \rightarrow \infty) \xrightarrow{r_* \rightarrow +\infty} \int_{-\infty}^{\infty} d\omega \left[\Phi_{\infty}^{\text{out}}(\omega) e^{-i\omega(t-r_*)} + \Phi_{\infty}^{\text{in}}(\omega) e^{-i\omega(t+r_*)} \right]$$

$$\Phi(t, r \rightarrow R_S) \xrightarrow{r_* \rightarrow -\infty} \int_{-\infty}^{\infty} d\omega \left[\Phi_S^{\text{out}}(\omega) e^{-i\omega(t-r_*)} + \Phi_S^{\text{in}}(\omega) e^{-i\omega(t+r_*)} \right]$$

Select behaviour: **outgoing** at $r \rightarrow \infty$ and **infalling** at the horizon $r \rightarrow R_S$

Boundary conditions

- In summary, both $\tilde{\Phi} = \{\tilde{Q}_{lm}, \tilde{R}_{lm}\}$ satisfy a similar equation

$$\frac{d^2}{dr_*^2} \tilde{\Phi} + [\omega^2 - V(r)] \tilde{\Phi} = \tilde{S}_{lm}$$

with $V(r_* \rightarrow \pm\infty) = 0$ and (assumption) $S_{lm}(r_* \rightarrow \pm\infty) = 0$ this asymptotes to

$$\left[\frac{d^2}{dr_*^2} + \omega^2 \right] \tilde{\Phi} = 0 \quad ; \quad \tilde{\Phi}(\omega, r) \xrightarrow{r_* \rightarrow \pm\infty} e^{\pm i\omega r_*}.$$

- They seed the **ingoing** and **outgoing** solutions $\Phi(t, r) = \int_{-\infty}^{\infty} d\omega \tilde{\Phi}(\omega, r) e^{-i\omega t}$

$$\Phi(t, r \rightarrow \infty) \xrightarrow{r_* \rightarrow +\infty} \int_{-\infty}^{\infty} d\omega \left[\Phi_{\infty}^{\text{out}}(\omega) e^{-i\omega(t-r_*)} + \cancel{\Phi_{\infty}^{\text{in}}(\omega) e^{-i\omega(t+r_*)}} \right]$$

$$\Phi(t, r \rightarrow R_S) \xrightarrow{r_* \rightarrow -\infty} \int_{-\infty}^{\infty} d\omega \left[\cancel{\Phi_S^{\text{out}}(\omega) e^{-i\omega(t-r_*)}} + \Phi_S^{\text{in}}(\omega) e^{-i\omega(t+r_*)} \right]$$

Select behaviour: **outgoing** at $r \rightarrow \infty$ and **ingoing** at the horizon $r \rightarrow R_S$ Hence, in both limits.

Boundary conditions

$$\tilde{\Phi}(\omega, r) \xrightarrow{r_* \rightarrow \pm\infty} e^{i\omega|r_*|}$$

Boundary conditions

- So all we have to do is solve Zerilli and RW-master equations with asymptotic behaviour at infinity $r \rightarrow \infty$

$$r_* \rightarrow +\infty$$

$$\check{Z}_{lm}(t, \omega) \rightarrow A_{lm}^{\text{out}}(\omega) e^{i\omega r_*} \quad ; \quad \check{Q}_{lm}(t, \omega) \rightarrow B_{lm}^{\text{out}}(\omega) e^{i\omega r_*}$$

as well as near horizon $r \rightarrow R_S$

$$r_* \rightarrow -\infty$$

$$\check{Z}_{lm}(t, \omega) \rightarrow A_{lm}^{\text{in}}(\omega) e^{-i\omega r_*} \quad ; \quad \check{Q}_{lm}(t, r) \rightarrow B_{lm}^{\text{in}}(\omega) e^{-i\omega r_*}$$

- Two questions to answer:

- 1.- Can we reconstruct the radiation field in the far zone out of $A_{lm}^{\text{out}}(\omega)$ and $B_{lm}^{\text{out}}(\omega)$?
- 2.- How does the spectrum of solutions to the Schrödinger equations above look like ?

The radiation field in the far zone

- In the radiation zone $r \rightarrow \infty$, in the TT gauge

$$h_{\mu\nu}^{TT}(t, x^1, x^2, x^3) = \frac{1}{r} \sum_{l \geq 2} \sum_{m=-l}^l \left[u_{lm}(t-r) (\mathbf{T}_{lm}^{E2})_{\mu\nu} + v_{lm}(t-r) (\mathbf{T}_{lm}^{B2})_{\mu\nu} \right]$$

how can we connect $(u_{lm}, v_{lm}) \iff (A_{lm}^{out}, B_{lm}^{out})$?

Answer

a gauge transformation plus the change $(r, \theta, \phi)^{RW} \rightarrow (x^1, x^2, x^3)^{TT}$ triggers the miracle

$$u_{lm}(t-r) = c_l \int d\omega A_{lm}^{out}(\omega) e^{-i\omega(t-r)}$$

$$v_{lm}(t-r) = c_l \int d\omega B_{lm}^{out}(\omega) e^{-i\omega(t-r)}$$

$$\text{with } c_l = \frac{1}{\sqrt{2}} \left[\frac{(l+2)!}{(l-2)!} \right]^{1/2},$$

Quasi-Normal Modes (QNM)

- Let us solve the **master field equations** for $\tilde{\Phi} = \{\tilde{Q}_{lm}, \tilde{Z}_{lm}\}$ without source

$$\left[\frac{d^2}{dr_*^2} + \omega^2 - V(r) \right] \tilde{\Phi}(\omega, r) = 0 \quad (12)$$

with $V = V_l^{RW}, V_l^Z$.

Theorem

The equation (12) admits a solution $\tilde{\Phi}(\omega, r_*)$ with the boundary behaviour

$$\tilde{\Phi}(\omega, r_* \rightarrow \pm\infty) \propto e^{i\omega|r_*|}.$$

only for a **discrete** and **complex** set of frequencies

$$\omega_n = \omega_{R,n} + i\omega_{I,n} \quad (n = 1, 2, 3, \dots)$$

- Solutions $\tilde{\Phi}(\omega_n, x)$ are termed **quasi-normal modes**.
- Remarkably V_l^{RW} and V_l^Z are **isospectral**

Quasi-normal modes

- ω_n (in units of c/R_S)

	$l=2$	$l=3$
n	$\omega_R + i\omega_I$	$\omega_R + i\omega_I$
1	0.747343 - i 0.177925	1.198887 - i 0.185406
2	0.693422 - i 0.547830	1.165288 - i 0.562596
3	0.602107 - i 0.956554	1.103370 - i 0.958186
\vdots		

- the full solution is a combination that decays exponentially with time, since $\omega_I < 0$.

$$\begin{aligned}\Phi(t, x) &= \int_{-\infty}^{\infty} \tilde{\Phi}(\omega, x) e^{-i\omega t} d\omega \leftrightarrow \sum_n \tilde{\Phi}^{(n)}(x) e^{-i\omega_n t} \\ &= \sum_n \tilde{\Phi}^{(n)}(x) e^{-i\omega_{R,n} t + \omega_{I,n} t}\end{aligned}\quad (13)$$

- The least damped mode emits GW at a frequency f_1 and decay time τ_1 such that

$$f_1 = \frac{\omega_{R,1}}{2\pi} \frac{c}{R_S} = \frac{0.747343}{2\pi} \frac{3 \times 10^8}{2M} \simeq 12 \text{ kHz} \left(\frac{M_\odot}{M} \right) \text{ Hz}$$

$$\tau \simeq 1/|\omega_{I,1}| = \frac{R_S}{0.177925c} \simeq 5.5 \times 10^{-5} \left(\frac{M}{M_\odot} \right) \text{ s}$$

Quasi-normal modes

- The spectrum reveals a rather weird structure

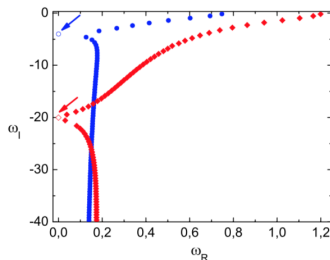


Figure: QNM modes ω_n for $l = 2$ (dots) and $l = 3$ (diamonds) (taken from Berti E. arXiv:0411025)

- $\omega_{l,n}$ decrease monotonically
- $\omega_{R,n}$ has **two branches**, separated by a mode with $\omega_{R,n_0} = 0$.
- for large $n \gg 1$ and fixed l $\omega_{R,n}$ saturates

$$\omega_n \sim \frac{\log 3}{4\pi} - \frac{i}{2} \left(n + \frac{1}{2} \right)$$

- for large $l \gg 1$ and fixed (large) $n \gg 1 \Rightarrow \omega_{n,l} \sim (2l + 1) - i(2n + 1)$

Radial infall into a black hole

- consider a particle in free radial infall in the Schwarzschild metric

$$x_0^\mu(t) = (t, r_0(t), \theta_0, \phi_0)$$

then

$$T^{\mu\nu}(t, r, \theta, \phi) = m\gamma \frac{dx_0^\mu}{dt} \frac{dx_0^\nu}{dt} \frac{\delta[r - r_0(t)]}{r^2} \delta[\cos(\theta) - \cos(\theta_0)] \delta[\phi - \phi_0]$$

- project to get the **source tensors harmonics**

$$s_{lm}^{a,b}(t, r) = c^a(r)^2 \int d\Omega(\mathbf{t}_{lm}^{a,b})^{*\mu\nu} T_{\mu\nu}(t, r, \theta, \phi)$$

- As a consequence of **cylindrical symmetry** (let $\theta = 0$)

$\Rightarrow s_{lm}^b = 0$ for $= B1, B2$. Hence the RW equation is not excited $\Rightarrow B_{lm}^{out} = 0$ (no **B** modes)

$\Rightarrow m = 0$ hence only $s_l^a \equiv s_{lm=0}^a \neq 0$.

- Integrating the **Zerilli** equation $\left[\frac{d^2}{dx^2} + \omega^2 - V_l^Z(r) \right] \check{Z}_l(\omega, r) = \check{S}_l(\omega, r)$ obtain the $A_l^{out}(\omega)$ modes.

Radial infall into a black hole

- Reconstruct the far field wave-form

$$u_l(t-r) = c_l \int d\omega A_l^{\text{out}}(\omega) e^{-i\omega(t-r)}$$

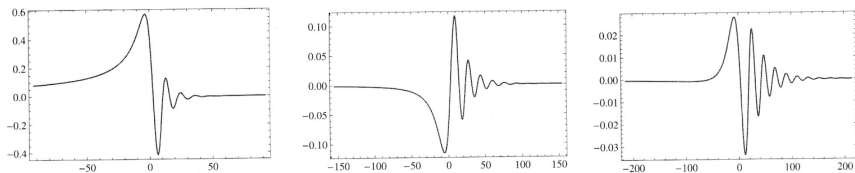


Figure: The gravitational wave form $u_l(t)$ for $l = 2, 3, 4$ (from Maggiore M., numerical data courtesy of Ermis Mitsou)

SUMMARY

- Perturbations of Schwarzschild by some infalling matter $T_{\mu\nu}$ split in two sectors: (**polar** and **axial**)

$$h_{\alpha\beta}(t, r, \theta, \phi) = \sum_{l,m} \left(\sum_{a \in \text{Polar}} h_{lm}^a(t, r) (\mathbf{t}_{lm}^a)_{\alpha\beta}(\theta, \phi) + \sum_{b \in \text{Axial}} h_{lm}^b(t, r) (\mathbf{t}_{lm}^b)_{\alpha\beta}(\theta, \phi) \right)$$

- Each sector has a **master field** $\tilde{\Phi}(\omega) = (\tilde{Z}_{lm}(\omega), \tilde{Q}_{lm}(\omega))$ for which Einstein equations becomes a Schrödinger like equation

$$\left[\frac{d^2}{dx^2} + \omega^2 - V(x) \right] \tilde{\Phi}(\omega, x) = 0$$

- The physical boundary conditions are **outgoing** at $r \rightarrow \infty$ and **infalling** at the horizon. They entail $\tilde{\Phi} \sim e^{i\omega|r_*|}$ for $r_* \rightarrow \pm\infty$
- They are only possible for a **discrete spectrum** of complex frequencies $\omega_n = \omega_{R,n} + i\omega_{I,n}$.
- $\omega_{I,n}$ are **negative** and monotonically **decreasing** with n . They entail an exponential damping of the initial perturbation.
- Perturbing a BH of mass M_{\odot} , it will **ring** at $f \sim 10\text{kHz}$ and **relax** in $\tau \sim 5 \times 10^{-5}$