

Dark Energy in String Theory

Susha Parameswaran

University of Liverpool

String Phenomenology
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based on work with
Yessenia Olguín-Trejo, Gianmassimo Tasinato and Ivonne Zavala

Dark Energy

- ▶ So far, observational constraints on Dark Energy are consistent with a tiny Cosmological Constant:

$$\langle V \rangle_0 = 7 \times 10^{-121} M_{pl}^4 \quad \text{and} \quad w_0 = -1.028 \pm 0.032$$

Planck '18

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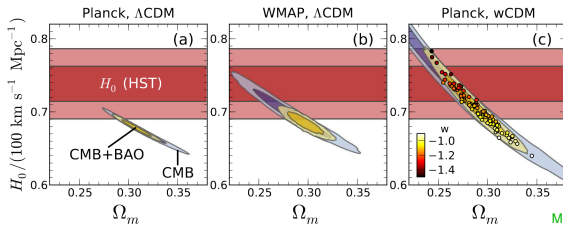
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- ▶ Growing tension between direct measurements of H_0 and CMB fit using Λ CDM:



Mortonson et al '14

4.4 σ discrepancy...

Reiss et al '19

early dark energy, N_{eff} , phantom DE, fading dark matter...?

Karwal & Kamionkowski '16; Calabrese, Huterer, Linde, Melchiorri & Pagano '11; Planck '15; Agrawal, Obied & Vafa '19; ...

Plan

- ▶ dS string vacua and the dS swampland conjecture
- ▶ No-go for simplest models of quintessence from a runaway string modulus
- ▶ An alternative to dS and quintessence?

dS vacua in String Theory

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- ▶ We have long known that this would be hard:
 - ▶ string couplings are runaways in perturbative regime unless there are parameters to fine tune Dine & Seiberg '85
 - ▶ two-derivative sugra with positive tension objects does not admit dS Maldacena & Nuñez '00
 - ▶ extensions e.g. classical iia on CY orientifolds with geometric fluxes: $\frac{|\nabla V|}{V} \geq \sqrt{\frac{54}{13}}$ Hertzberg, Kachru & Taylor '07

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for reviews from different perspective see Cicoli, de Alwis, Maharana Muia & Quevedo '18; Danielsson & van Riet '18

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- ▶ dS achieved by some fine-tuned combination of perturbative and non-perturbative corrections and localised sources. starting with Kachru, Kallosh, Linde & Trivedi '03

dS Vacua in Heterotic Orbifolds

Parameswaran, Ramos-Sanchez & Zavala '10
Olguin-Trejo, Parameswaran, Tasinato & Zavala '18

Scalar potential constrained by target-space modular-invariance:

$$K = -\log(\mathcal{S} + \bar{\mathcal{S}}) - \sum_j^{h^{1,1}, h^{2,1}} \log(\phi_j + \bar{\phi}_j) + |\mathcal{A}_\alpha|^2 \prod_j^{h^{1,1}, h^{2,1}} (\phi_j + \bar{\phi}_j)^{n_\alpha^j}.$$

$$W_{gc} \approx \sum_a d_a \exp\left(\frac{24\pi^2}{b_a^0} f_a\right) \quad \text{with} \quad f_a = k_a \mathcal{S} + \Delta_a^{M_d}(T_i) + \Delta_a^{M_s}(T_i, U_m)$$

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for top-down models many dS vacua found... all with tachyonic instabilities

for string scenarios towards metastable dS see Anderson, Gray, Lukas & Ovrut '11; Cicoli, de Alwis & Westphal '13
for classical no-go from worldsheet CFT see Kutasov, Maxfield, Melnikov & Sethi '15

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Consider modular invariant toy model $K = -\ln(\mathcal{S} + \bar{\mathcal{S}}) - 3\ln(T + \bar{T})$

$$W = \frac{A_1 e^{-a_1 \mathcal{S}} + A_2 e^{-a_2 \mathcal{S}}}{\eta(T)^p} + \frac{B_1 e^{-b_1 \mathcal{S}} + B_2 e^{-b_2 \mathcal{S}}}{\eta(T)^q} + C e^{cT}.$$

with 11 conditions for 4 moduli and 12 parameters... still only find unstable dS...

see also Gonzalo, Ibañez & Uranga '19
but also Blaback, Roest & Zavala '13 and Kallosh, Linde, Vercnocke & Wrase '14

dS Swampland Conjecture

What if string theory has no de Sitter vacua? *may be fruitful question even if metastable dS constructions prove to be robust...*

Danielsson & Van Riet '18

Conjecture: The scalar potential in the LEEFT of any consistent quantum gravity must satisfy either:

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$$\sqrt{\nabla^j V \nabla_j V} \geq \frac{c}{M_{pl}} V$$

or:

$$\min(\nabla^i \nabla_j) V \leq -\frac{c'}{M_{pl}^2} V$$

for some universal constants $c, c' > 0$ of order 1.

Rules out metastable dS, allows sufficiently unstable dS.

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Heterotic dS vacua above satisfy conjecture with $c, c' = 1$.

Implications for Dark Energy

Dark energy may be quintessence field:

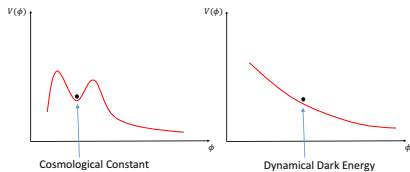


Figure from Palti's recent review

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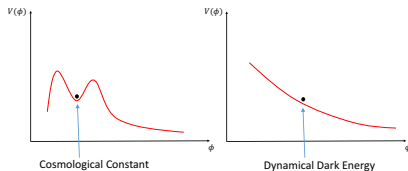
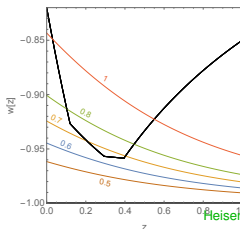


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Assuming convex potential, current observations on $w(z)$ constrain c in $|\nabla V| M_{pl} > cV$ to $c \lesssim 0.6$



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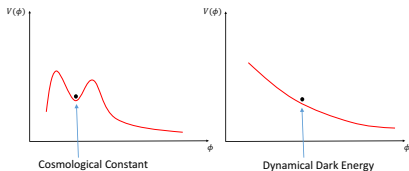
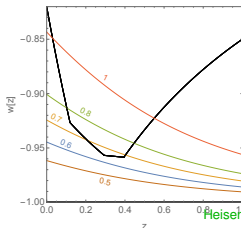


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Can string theory give $c \lesssim 0.6$? $V(\phi)$ is not typically $V \sim Ce^{-c\phi} \dots$

String Models of Quintessence

see Cicoli, de Alwis, Maharjan, Muia & Quevedo '18 for a review

Quintessence – a slowly-rolling ultra-light string modulus with:

$$\langle V \rangle \approx 10^{-120} M_{pl}^4 \quad \text{and} \quad m \lesssim 10^{-32} eV$$

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- ▶ fifth forces
- ▶ time variation of fundamental constants

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- ▶ local string modulus - $\Delta\phi \gtrsim M_{pl}$? sequestering? Berg, Marsh, McAllister & Pajer '10
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Most constructions have similar ingredients and challenges to dS constructions.

String Models of Quintessence

- Choi '99 *"String or M theory axion as quintessence"*
Albrecht, Burgess, Ravndal & Skordis '01 *"Natural quintessence and LEDs"*
Hellerman, Kaloper & Susskind '01 *"String theory and quintessence"*
Kaloper & Sorbo '08 *"Where in the string landscape is quintessence"*
Panda, Sumitomo & Trivedi '10 *"Axions as quintessence in string theory"*
Cicoli, Pedro & Tasinato '12 *"Natural quintessence in string theory"*
Blabäck, Danielsson & Dibitetto '14 *"Accelerated Universes from type IIA"*
Cicoli, de Alwis, Maharana Muia & Quevedo '18 *"dS vs quintessence in string theory"*
Acharya, Maharana, Muia '18 *"Hidden sectors, kinetic mixings, 5th forces and quintessence"*
Emelin & Tatar '18 *"Axion hilltops, Kahler modulus quintessence and the swampland criteria"*
D'Amico, Kaloper & Lawrence '18 *"Strongly coupled quintessence"*
Hertzberg, Sandora & Trodden '19 *"Quantum fine-tuning in stringy quintessence models"*
Shout if I missed your favourite model!

Quintessence from a Runaway String Modulus

- ▶ Assume early Universe scenario (e.g. inflation) that ends in **susy Minkowski** with most moduli stabilised and heavy:

$$\langle D_i W_{susy} \rangle = 0, \quad \langle W_{susy} \rangle = 0, \quad \langle \Phi^i \rangle \text{ heavy}$$

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- ▶ Assume a **single flat direction** (for simplicity):

$$\Phi = \phi + i\theta$$

with ϕ a **string coupling constant** – **saxion** – and θ its **axion**.

$$K = -n \ln(\Phi + \bar{\Phi})$$

e.g. $n = 3$ for overall volume modulus, $n = 1$ for other volumes, complex structure, dilaton (easily extend to e.g. blow-up moduli)

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- ▶ W protected to all finite orders by **non-renormalisation theorem**
- ▶ K does receive perturbative corrections, but so long as $W = 0$ this will **not lift flat direction**.

Runaway String Modulus

- ▶ W receives non-perturbative corrections at some scale, say, before BBN:

$$W_{np} = Ae^{-\alpha\Phi} \quad \text{at leading order}$$

e.g. by worldsheet instantons, gaugino condensation in bulk or brane, Euclidean D-branes, ...

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- ▶ A and α are model dependent constants – A may be itself exponentially suppressed in heavy moduli vevs, e.g. gaugino condensation with 1-loop threshold corrections:

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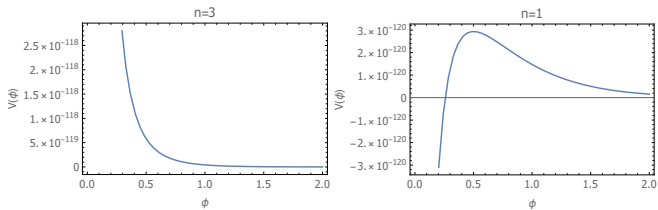
- ▶ Scalar potential for saxion:

$$V = \frac{A^2}{2^n n} e^{-2\alpha\phi} \phi^{-n} (n^2 + 4\alpha^2 \phi^2 + n(-3 + 4\alpha\phi))$$

with axion flat direction at leading order.

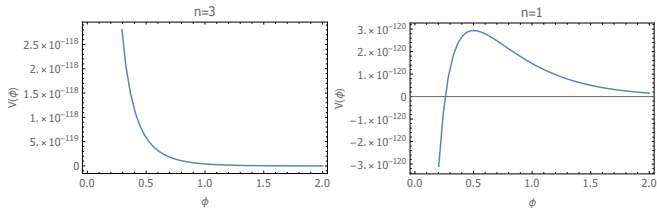
Runaway modulus with dS maximum

$V(\phi)$ for $K = -n \log(\Phi + \bar{\Phi})$ and $W = Ae^{-\alpha\Phi}$



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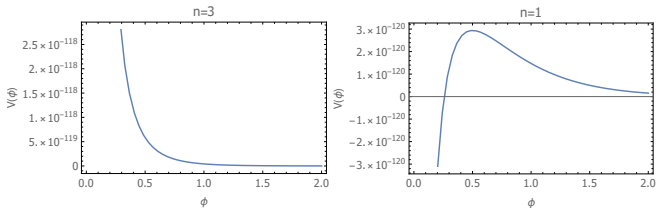
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- ▶ Starting from **susy Minkowski – well under control** – corrections from K_p and $W_{np\ sub}$ suppressed for small coupling constant
- ▶ For $n = 1$ **dS maximum** at $\phi_{max} = \frac{1}{\sqrt{2}\alpha}$
- ▶ Giving up dS minimum – **no fine tuning** of perturbative and non-perturbative corrections against each other

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Susy breaking in visible sector... discuss later.

Quintessence from a runaway modulus

- ▶ Cosmological eqns in a FRW bkgd:

$$3M_{pl}^2 H^2 = \frac{M_{pl}^2}{2} \frac{\dot{\phi}^2}{\phi^2} + V + 3M_{pl}^2 H_0^2 \Omega_M a(t)^{-3} + 3M_{pl}^2 H_0^2 \Omega_r a(t)^{-4}$$

$$0 = \ddot{\phi} + 3H\dot{\phi} + \Gamma_{ab}^{\phi} \dot{\phi}^a \dot{\phi}^b + M_{pl}^{-2} g^{\phi b} \frac{\partial V}{\partial \phi^b}$$

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- ▶ For a **slowly rolling** ϕ we need $\frac{1}{2}\dot{\phi}^2 \ll V \Rightarrow$

$$\epsilon_{sr} \equiv \frac{|\nabla V(\phi)|^2}{V(\phi)} \ll M_{pl}^2 H^2$$

Along tail $\epsilon_{sr} \rightarrow e^{-2\alpha\phi} 16A^2 \alpha^4 \phi^3 \rightarrow 0$ as $\phi \rightarrow \infty$, so field **easily** frozen by H sourcing a c.c..

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$$0 = \ddot{\phi} + 3H\dot{\phi} + \Gamma_{ab}^{\phi} \dot{\phi}^a \dot{\phi}^b + M_{pl}^{-2} g^{\phi b} \frac{\partial V}{\partial \phi^b}$$

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$$\epsilon_{sr} \equiv \frac{|\nabla V(\phi)|^2}{V(\phi)} \ll M_{pl}^2 H^2$$

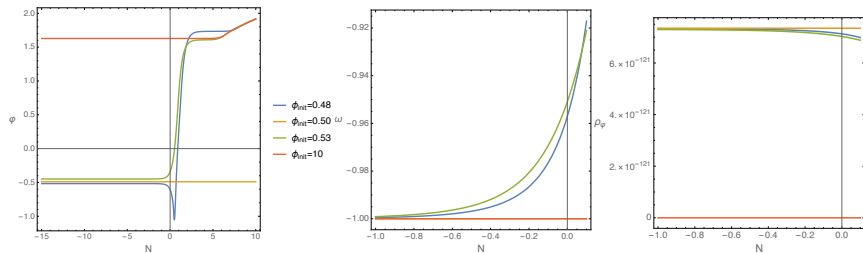
Along tail $\epsilon_{sr} \rightarrow e^{-2\alpha\phi} 16A^2 \alpha^4 \phi^3 \rightarrow 0$ as $\phi \rightarrow \infty$, so field **easily** frozen by H sourcing a c.c..

- ▶ For **late time domination** $V \sim 3M_{pl}^2 H^2 \Rightarrow$:

$$\epsilon_q \equiv 3 \frac{|\nabla V(\phi)|^2}{V(\phi)^2} \ll 1$$

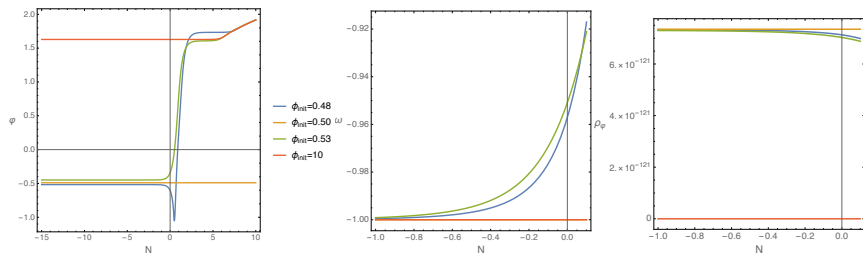
Along tail $\epsilon_q \rightarrow 24\alpha^2 \phi^2 \rightarrow \infty$ as $\phi \rightarrow \infty$, so **we cannot source** quintessence along runaway tail.

Thawing Quintessence at the Hilltop



Cosmological evolution for $A = e^{-138.122}$ and $\alpha = \sqrt{2}$

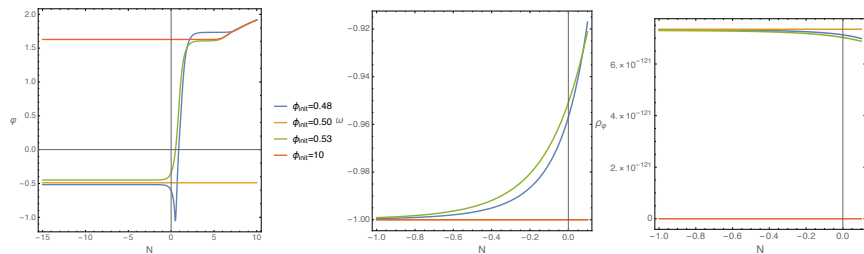
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Near hilltop we have a viable frozen or thawing quintessence model consistent with dS swampland conjecture and distance conjecture

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Near hilltop we have a viable frozen or thawing quintessence model consistent with dS swampland conjecture and distance conjecture but fine-tuned initial conditions with no anthropic explanation...

Thermal Dark Energy

cf. Thermal Inflation, Lyth & Stewart '95

- ▶ Consider a hidden sector including a light scalar field with non-vanishing vev in Minkowski vacuum:

$$V(\phi) = \frac{1}{2}m^2(\phi - \phi_0)^2$$

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- ▶ DE with $w = -1$ consistent with swampland conjectures? ...

Summary

- ▶ Existence or not of **metastable dS vacuum** in string theory remains an open question, though we've long known it would be hard and progress has been made.
- ▶ Very few candidates for quintessence in string theory - usually in tension with Swampland constraints and/or have control issues.
- ▶ The **simplest string runaway moduli do not source quintessence**.
- ▶ **Hilltop** in runaway potential – and hilltop axions – can source frozen/thawing quintessence consistently with observations and swampland conjectures, but need finely tuned initial conditions.
- ▶ Can a **hidden dark sector with finite temperature effects** explain Dark Energy with $w = -1$ without need for dS vacuum or slow roll quintessence? If so, what are observational consequences?
- ▶ Interesting to explore alternative models for Dark Energy.

Axion, axino, visible sector

The hilltop quintessence model from a runaway string saxion comes with axion and axino:

- ▶ Axion lifted by subleading $W_{np\ sub} \Rightarrow$ axion DE with $m_\theta < m_\phi$
e.g. $W_{np\ sub} = Be^{-\beta\Phi}$ with $\beta = 2\alpha$, $B = -A/20 \Rightarrow w = -0.99$.
- ▶ Axino has light mass $m_{axino} \sim 2\phi^2 e^{K/2} D_\Phi D_\Phi W$
e.g. with parameters above $m_{axino} \sim 4.2 \times 10^{-33} eV \Rightarrow$ axino DR

Relic abundance is model dependent, e.g. via thermal scattering or decays or out of equilibrium decay via lightest stabilised modulus – might this help resolve H_0 discrepancy?

- ▶ So far mild susy breaking by runaway - effect of susy breaking in visible sector must be sequestered, e.g. if modulus describes local feature in string compactification, distant from SM:

$$\Delta m^2 \sim \frac{M_{sb}^4}{M_{pl}^4} M_{sb}^2 \sim H_0^2$$

Tree-level decoupling ensures radiative stability, suppression of fifth forces and time variation of fundamental constants.

dS Conjecture and Inflation

Agrawal, Obied, Steinhardt & Vafa '18
Fukuda, Saito, Shirai & Yamazaki '18
Kinney, Vagnozzi & Visinelli '18

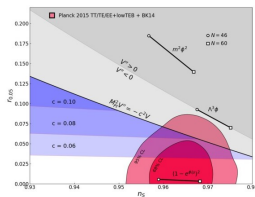
- ▶ In terms of slow roll parameters, conjecture reads

$$\text{either } \epsilon_V \geq \frac{c^2}{2} \quad \text{or} \quad \eta_V \leq -c'$$

whereas slow-roll inflation requires $\epsilon_V \ll 1$ and $|\eta_V| \ll 1$.

- ▶ Slow-roll relates $n_s = 1 - 6\epsilon_V + 2\eta_V$ and $r = 16\epsilon_V$, then $r < 0.064$ and $n_s = 0.96$ imply:

$$c < 0.09 \quad \text{or} \quad c' < 0.01$$



Kinney, Vagnozzi & Visinelli '18

- ▶ Go beyond vanilla slow roll models, e.g. multi-field effects

Palma & Achucarro '18