$U(1)_R$ inspired inflation model in no-scale Supergravity

Shaaban Khalil

Center for Fundamental Physics Zewail City of Science and Technology

June 25, 2019

Based on S.K, A. Moursy, A. Saha, A. Sil, Phys. Rev. D 99, 095022 (2019)

Introduction

- Planck satellite's four years data of the cosmic microwave background radiation and the large structure in the universe support the predictions of cosmological inflation.
- ▶ The recent data confirmed that spectral index (scalar density fluctuations) is given by

 $n_s = 0.96 \pm 0.007$

and the upper bound on the tensor-to-scalar ratio is

r < 0.08

- ▶ These results imposed severe challenges on several inflationary models. The simple chaotic and hybrid inflationary models are now ruled out.
- On the other hand, some other models of inflation with compatible cosmological fluctuation predictions receive a growing interest.
- One of these models is the Starobinsky inflation, which is based on modified gravity:

$${\sf R} + rac{1}{6{\sf m}^2}{\sf R}^2 \ \ \Rightarrow \ \ {\sf V}(\phi) = rac{3}{4}{\sf m}^2{\sf M}_{\sf P}^2\left(1-{\sf e}^{-\sqrt{2/3}\phi/{\sf M}_{\sf P}}
ight)^2.$$

Inflation in no-scale supergravity

- ▶ In supergravity, effective scalar potential is proportional to e^{K} . Thus, scalars typically pick up masses proportional to $H^2 \sim V$, where H is the Hubble parameter.
- This is the basis for the infamous η -problem of SUGRA inflation, which has to do with the fact that the slow-roll parameter η was pushed to order unity by SUGRA corrections, where

$$\eta = m_P^2 \frac{V^{\prime\prime}}{V} \simeq \frac{1}{3} \left(\frac{m}{H} \right) = \mathcal{O}(1),$$

with $m \sim H$ being the mass of the scalar field. Hence, slow-roll is destabilized.

An attractive way to avoid the η problem is provided by no-scale supergravity, due to the involvement of logarithmic form in the Kähler potential.

$$\mathcal{K} = -3 \ln \left(T + ar{T} - rac{|\phi|^2}{3}
ight),$$

where T is the compactification volume modulus and and ϕ is another field in the hidden sector which will be responsible for inflation.

Starobinsky-like inflation in no-scale supergravity

It was shown that no-scale SUGRA can behave like a Starobinsky inflationary model: Ellis et al (2013) & (2016). The following superpotential was considered

$$W = \frac{\mu}{2}\phi^2 - \frac{\lambda}{3}\phi^3.$$

 \blacktriangleright In this case, the kinetic terms for the scalar fields T and ϕ become

$$\mathcal{L}_{KE} = \left(\partial_{\mu}\phi^{*}, \partial_{\mu}T^{*}\right) \left(\frac{3}{(T+T^{*}-|\phi|^{2}/3)^{2}}\right) \left(\begin{array}{cc} (T+T^{*})/3 & -\phi/3 \\ -\phi^{*}/3 & 1 \end{array}\right) \left(\begin{array}{c} \partial^{\mu}\phi \\ \partial^{\mu}T \end{array}\right)$$

and the effective potential becomes

$$V = \frac{\hat{V}}{(T + T^* - |\phi|^2/3)^2} : \hat{V} \equiv \left|\frac{\partial W}{\partial \phi}\right|^2$$

▶ Assuming that the field T is stabilized, by some dynamics, at T = c/2, one finds

$$\mathcal{L}_{ ext{eff}} = rac{\mathsf{c}}{\left(\mathsf{c} - rac{|\phi|^2}{3}
ight)} |\partial_\mu \phi|^2 - rac{\hat{V}}{\left(\mathsf{c} - rac{|\phi|^2}{3}
ight)}$$

• By considering the following field redefinition $\phi = \sqrt{3c} \tanh\left(\frac{\chi}{\sqrt{3}}\right)$, the Lagrangian becomes

$$\mathcal{L}_{eff} = \operatorname{sech}^{2}((\chi - \chi^{*})/\sqrt{3}) \left[|\partial_{\mu}\chi|^{2} - (\frac{3}{c}) \left| \sinh(\chi/\sqrt{3}) \left(\hat{\mu} \cosh(\chi/\sqrt{3}) - \sqrt{3c}\lambda \sinh(\chi/\sqrt{3}) \right) \right|^{2} \right]$$

• Writing $\hat{\mu} = \mu \sqrt{c/3}$, the potential becomes

$$V = \mu^2 \left| \sinh(\chi/\sqrt{3}) \left(\cosh(\chi/\sqrt{3}) - \frac{3\lambda}{\mu} \sinh(\chi/\sqrt{3}) \right) \right|^2$$

Shaaban Khalil

 $U(1)_R$ inspired inflation

▶ With $\chi = (x + iy)/\sqrt{2}$ and $\lambda = \mu/3$, we have

$$\mathcal{L}_{eff} = \frac{1}{2} \sec^2(\sqrt{2/3}y) \left((\partial_{\mu} x)^2 + (\partial_{\mu} y)^2 \right) - \mu^2 \frac{e^{-\sqrt{2/3}x}}{2} \sec^2(\sqrt{2/3}y) \left(\cosh \sqrt{2/3}x) - \cos \sqrt{2/3}y \right)$$

- **•** For real parameters, this potential is always minimized by y = 0 for any value of x in the range of interest for inflation.
- Setting y = 0 and $\lambda/\mu = 1/3$, we then identify the inflaton as x, with the inflationary (Starobinsky-like) potential

$$V = \mu^2 e^{-\sqrt{2/3}x} \sinh^2(x/\sqrt{6}) = \frac{\mu^2}{4} \left(1 - e^{-\sqrt{2/3}x}\right)^2$$



The potential V in the NSWZ model for choices of $\lambda \sim \mu/3$ in Planck units.

Ellis, et al, PRL 111 (2013) 111301

For the special case $\lambda = \mu/3$, the scalar amplitude is given by

$$A_s=rac{V}{24\pi^2\epsilon}=rac{\mu^2}{8\pi^2}\sinh^4(x/\sqrt{6}),$$

implying a value $\mu = 2.2 \times 10^{-5}$ in Planck units for N = 55.

- ▶ In the following plot, we display the predictions for (n_s, r) of the NSWZ model for five choices of the coupling λ that yield $n_s \in [0.93, 1.00]$ and $N \in [50, 60]$.
- ▶ As one can see, the values of λ are constrained to be close to the critical value $\mu/3$.



$U(1)_R$ inspired inflation model in no-scale Supergravity

- **I** In the above NSWZ model, no $U(1)_R$ symmetry is prevailing in this construction.
- R symmetry plays important roles in many supersymmetric constrctions. R symmetry is a necessary condition in order to realize supersymmetry breaking. However an exact R symmetry forbids gauginos and Higgsinos to have mass. Hence it must be broken.
- We assume

$$W=rac{1}{2}\mu S^2-rac{1}{4}\lambdarac{S^4}{M_*},$$

where the inflaton superfield S has an R charge unity. The tree level superpotential does not lead to a slowly rolling scalar potential.

- ▶ We propose a deformation of the superpotential by including an explicit *R* symmetry breaking term. T his term is suppressed by the cut-off scale M_* . A natural choice $M_* \sim M_P$.
- In this case, we get

$$\mathcal{L}_{\rm eff} = \mathcal{L}_{\mathbf{K},\mathbf{E}} - V_F = \frac{c/M_P}{\left(\frac{c}{M_P} - \frac{|S|^2}{3M_P^2}\right)^2} (\partial_\mu S^*)(\partial^\mu S) - \frac{1}{\left(\frac{c}{M_P} - \frac{|S|^2}{3M_P^2}\right)^2} \Big| \mu S - \lambda \frac{S^3}{M_*} \Big|^2.$$

▶ We redefine S field in terms of χ to have canonically normalized kinetic term:

$$S = \sqrt{3cM_P} \tanh\left(\frac{\chi}{M_P\sqrt{3}}\right)$$

- Considering $\chi = (\chi_1 + i\chi_2)/\sqrt{2}$, $\mathcal{L}_{K.E.}$ becomes $\mathcal{L}_{K.E.} = \sec^2\left(\frac{2\chi_2}{\sqrt{3}M_P}\right)(\partial_\mu\chi^*)(\partial^\mu\chi)$,
- ▶ The F-term scalar potential responsible for inflation will have the form

$$V_F = 3M_P^4 \left(\frac{\mu^2}{M_P^2}\right) \left(\frac{M_P}{c}\right) \left[1 - \left|\tanh\left(\frac{\chi_1 + i\chi_2}{\sqrt{6}M_P}\right)\right|^2\right]^{-2} \left|\tanh\left(\frac{\chi_1 + i\chi_2}{\sqrt{6}M_P}\right) - 3\frac{c\lambda M_P}{\mu M_*}\tanh^3\left(\frac{\chi_1 + i\chi_2}{\sqrt{6}M_P}\right)\right|^2$$

b Imaginary part χ_2 will be stabilized at zero during the inflation. Hence

$$V_{\text{Inf}} = A \cosh^4 \left(\frac{\chi_1}{\sqrt{6}}\right) \tanh^2 \left(\frac{\chi_1}{\sqrt{6}}\right) \left[1 - B \tanh^2 \left(\frac{\chi_1}{\sqrt{6}}\right)\right]^2 \simeq A \tanh\left(\frac{\chi_1}{\sqrt{6}}\right)^2 \left\{1 + 2\xi \sinh\left(\frac{\chi_1}{\sqrt{6}}\right)^2\right\}.$$

$$A = 3 \frac{\mu^2}{cM_P} \text{ and } B = 1 - \xi = \lambda \frac{3cM_P}{\mu M_*}.$$

▶ For B = 1, $V_{Inf}^{(B=1)} = A \tanh^2 \left(\frac{\chi_1}{\sqrt{6}}\right)$, not exactly Starobinsky potential, $\sim \left(1 - e^{-2x/\sqrt{6}}\right)^4$.



▶ To show the importance of the R symmetry breaking term λ , we include the case of $\lambda = 0$ (*i.e* B = 0)

- ▶ The parameter A will be fixed by observed value of scalar perturbation spectrum $P_s = 2.2 \times 10^{-9}$.
- ▶ We show the Logarithmic plot of the spectral index *n_s* versus the tensor to scalar ratio *r*, as predicted by our model.



Here, a single colored line segment represents the variation of the number of *e*-foldings N_e from 50 to 60, where the prediction for $N_e = 55$ is denoted by a black dot over the respective line.

Conclusions

- ▶ we proposed a global *R* symmetry motivated inflation model within no-scale SUGRA. We found that the minimal $U(1)_R$ symmetric superpotential (quadratic in inflaton superfield) is unable to provide a successful inflation as the associated scalar potential turns out to be extremely steep.
- ▶ We the introduced an explicit *R* symmetry breaking term in the superpotential at a non-renormalizable level which provides the required flatness for inflation.
- ▶ The effective inflation potential resulted from our proposed set-up carries similarity with Staborinsky like inflation models in the limit, one combination of parameters of the superpotential and no-scale Kahler potential as *B* = 1. Varying *B* from unity by tiny amount leads to the predictions for the spectral index and tensor-to-scalar ratio.
- Such a construction involving explicit *R* symmetry breaking term may also have some interesting consequences while supersymmetry breaking will also be involved. Since any dynamical supersymmetry breaking model requires that *R* symmetry should spontaneously be broken leading to the presence of *R* axion, such an explicit breaking term, connected with inflation, in our set-up can be helpful in providing the mass of it.