On loops in inflation: CMB bounds on field content of the universe

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Motivation

• Inflation is a natural mechanism for producing a nearly scale invariant spectrum of primordial density fluctuations, consistent with observations.



Cosmic Microwave Radiation Background

• Originated as quantum vacuum fluctuations, amplified by the inflationary expansion



Large Scale Structure of the Universe

$$\mathcal{P}_{\zeta}(k) = \frac{H^2}{8\pi^2 \epsilon M_{pl}^2} \left(\frac{k}{k_{\star}}\right)^{n_s - 1}$$
$$\Delta_{\zeta} \sim 2 \times 10^{-9} \qquad n_s \approx 0.96$$

Motivation

 Amplification of vacuum fluctuations takes place for any field in the early universe, whether or not it couples to the inflaton (all fields couple to gravity).

• Some proposals to solve the Hierarchy problem require the existence of a huge number of mutually non-interacting copies of the SM (hidden fields).

$$\Lambda_G^2 \sim \frac{M_{pl}^2}{N} << M_{pl}^2 \iff N >>> 1$$

"Large extra dimensions": $N = 10^{32}$ in form of KK gravitons [Dvali 0760.2050] "Nnaturalness": $10^4 < N < 10^{16}$ copies of the SM [Arkani-Hamed et al 1607.06821]

Goals

• Analyze the impact of a large number *N* of hidden fields on primordial twopoint functions of curvature and tensor perturbations.

• Corrections can only come from **loops**. Need to do higher order calculations (not trivial task).

• Is there a distinctive signature of the hidden sector? If so, can we use it to constrain it?

Setup of the calculation

Action of the theory (gravity + inflaton + hidden sector)

$$S[g,\phi,\chi] = \int d^4x \sqrt{-g} \left\{ \frac{M_{pl}^2 R[g]}{2} - \frac{1}{2} g^{ab} \nabla_a \phi \nabla_b \phi - V[\phi] \right\} + S[\chi]$$

• Scalar and tensor perturbations around a quasi-de Sitter background can be worked out from ADM metric in unitary gauge: $\phi(t, x) = \phi_0(t)$,

$$ds^{2} = -N^{2}dt^{2} + h_{ij}(dx^{i} + N^{i}dt)(dx^{j} + N^{j}dt)$$

$$h_{ij}(t,\vec{x}) = a^2(t)e^{2\zeta(t,\vec{x})}\exp\left[\gamma_{ij}(t,\vec{x})\right] \qquad \epsilon = -\frac{\dot{H}}{H^2} <<1$$

Setup of the calculation

• Solve for the lapse N and shift Nⁱ, expand the action in perturbation theory:

$$S[\zeta, \gamma, \chi] = S_{\zeta\zeta} + S_{\gamma\gamma} + S_{\chi\chi} + S_{\zeta\chi\chi} + S_{\gamma\chi\chi} + \dots$$

• The problem admits a similar diagrammatic interpretation as in S-matrix calc.:

Setup of the calculation

- Two-point functions get corrections from loops of hidden fields $\,\chi\,$



• The direct calculation using the traditional in-in formalism is actually quite involved. Is there a better way?

Shortcut: 1-loop effective action

• 'Integrate out' the hidden sector in the path integral:

 Γ^1

$$S[g,\phi,\chi] = \int d^4x \sqrt{-g} \left\{ \frac{M_{pl}^2 R[g]}{2} - \frac{1}{2} g^{ab} \nabla_a \phi \nabla_b \phi - V[\phi] \right\} + S[\chi]$$

$$[g,\phi] = \int d^4x \sqrt{-g} \left\{ \frac{M_{pl}^2 R[g]}{2} - \frac{1}{2} g^{ab} \nabla_a \phi \nabla_b \phi - V[\phi] - \frac{1}{5760\pi^2} \left(a_s R_{ab} R^{ab}[g] + b_s R^2[g] \right) \right\}$$

 Allows to calculate all one-loop amplitudes of the original theory as treelevel processes in the effective theory. Valid for any hidden field of spin s.

Tensor power spectrum

Consider tensor perturbations given by

$$g_{ab}(x)dx^{a}dx^{b} = -dt^{2} + a^{2}(t)e^{\gamma_{ij}(t,\vec{x})}dx^{i}dx^{j},$$

• Expand 1-loop effective action to second order in γ_{ij} , leading order in slow-roll parameters and cutoff scale H/M_pl:

$$\Gamma^{1}[\gamma] = \int d^{4}x \, a^{3} \frac{M_{pl}^{2}}{8} \left[\dot{\gamma}_{ij} \dot{\gamma}_{ij} - \frac{1}{a^{2}} \partial_{k} \gamma_{ij} \partial_{k} \gamma_{ij} \right] \left[1 - N \frac{R(a_{s}(1 + \epsilon/2) + 4b_{s})}{5760\pi^{2}M_{pl}^{2}} \right] + O\left(\gamma^{3}, \epsilon^{2}, \frac{H^{2}}{M_{pl}^{2}}\right)$$
Usual graviton action
How integrated d.o.f. correct the dynamics of tensor perturbations

Tensor power spectrum

• Define Mukhanov-Sasaki variable:

$$\gamma_{ij} = \frac{v_{ij}}{z} \qquad z^2 = M_{pl}^2 \frac{a^2}{4} \left[1 - \frac{NR(a_s(1 - \epsilon/2) + 4b_s)}{5760\pi^2 M_{pl}^2} \right]$$

• Derive equations of motion:

$$v_{\vec{k}}'' + \left(k^2 - \frac{z''}{z}\right)v_{\vec{k}} = 0, \qquad \frac{z''}{z} = \frac{2 + 3\epsilon_{eff}}{\eta^2} \qquad \epsilon_{eff} = \epsilon \left[1 + R\frac{N(a_s + 4b_s)}{5760\pi^2 M_{pl}^2}\right]$$

• Calculate the (tree-level) power spectrum:

$$P_{\gamma}(k) \sim \left(\frac{k}{k_{\star}}\right)^{-2\epsilon_{eff}} = \left(\frac{k}{k_{\star}}\right)^{-2\epsilon} \left[1 - \epsilon R \frac{N(a_s + 4b_s)}{2880\pi^2 M_{pl}^2} \log \frac{k}{k_{\star}} + O(\epsilon^2)\right]$$

Full agreement for s = 0 with DR, Durrer, Patil (2018)

A comment on loops in inflation

• The nature of the logarithmic running led to some debate in the literature:

 $P_{\zeta}(k) \sim \frac{H^2}{M_{pl}^2} \log \frac{k}{\mu}$

Senatore-Zaldarriaga (2009): ("some terms were omitted in dim-reg")

Weinberg (2005):

$$\frac{H_*^2}{M_{pl}^2} (\log \frac{k}{\mu} + \log \frac{H_*}{k}) = \frac{H_*^2}{M_{pl}^2} \log \frac{H_*}{\mu}$$

DR-Durrer-Patil (2018): $H \equiv H_k$ ("correlation functions do run, but more weakly")



Physical implications: bounds from observations

- Main feature of hidden sector is to introduce a **running** on the spectrum, clearly distinguishable from the ordinary contribution.
- Spectral tilt of the tensor spectrum receives linear corrections in slow-roll that are cleanly observable. For light scalar hidden fields:

$$n_T = -2\epsilon(1+...)$$

$$N \sim \frac{2560}{3} \frac{\Delta_{\zeta}^{-1}}{r_*^2} (n_T + \frac{r_*}{8}) \sim \frac{10^{11}}{r_*^2} (n_T + \frac{r_*}{8})$$

$$r_* = 16\epsilon_*$$

• Experimental bounds on the consistency relation could help constrain the hidden sector.

Conclusions and future prospects

- Bounds on primordial spectrum from observations could in principle constrain the hidden field content of the universe. Not so hidden after all.
- Next goal: calculate curvature power spectrum with 1-loop effective action. Not expecting competitive bounds, however (extra suppression factors).
- Useful method to calculate *n*-point functions for any hidden field (spin). Tensor bispectrum may give additional interesting bounds through nonobservation of NG.



Thank you for your attention!