

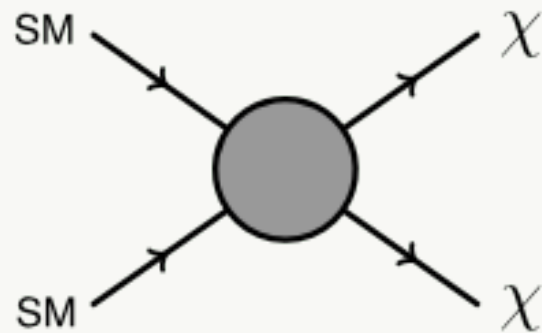
# FREEZE-IN OF LIGHT SCALARS

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-Saniya Heeba (RWTH Aachen)

Based on: **SH**, Felix Kahlhöfer, Patrick Stöcker, **1809.09849**

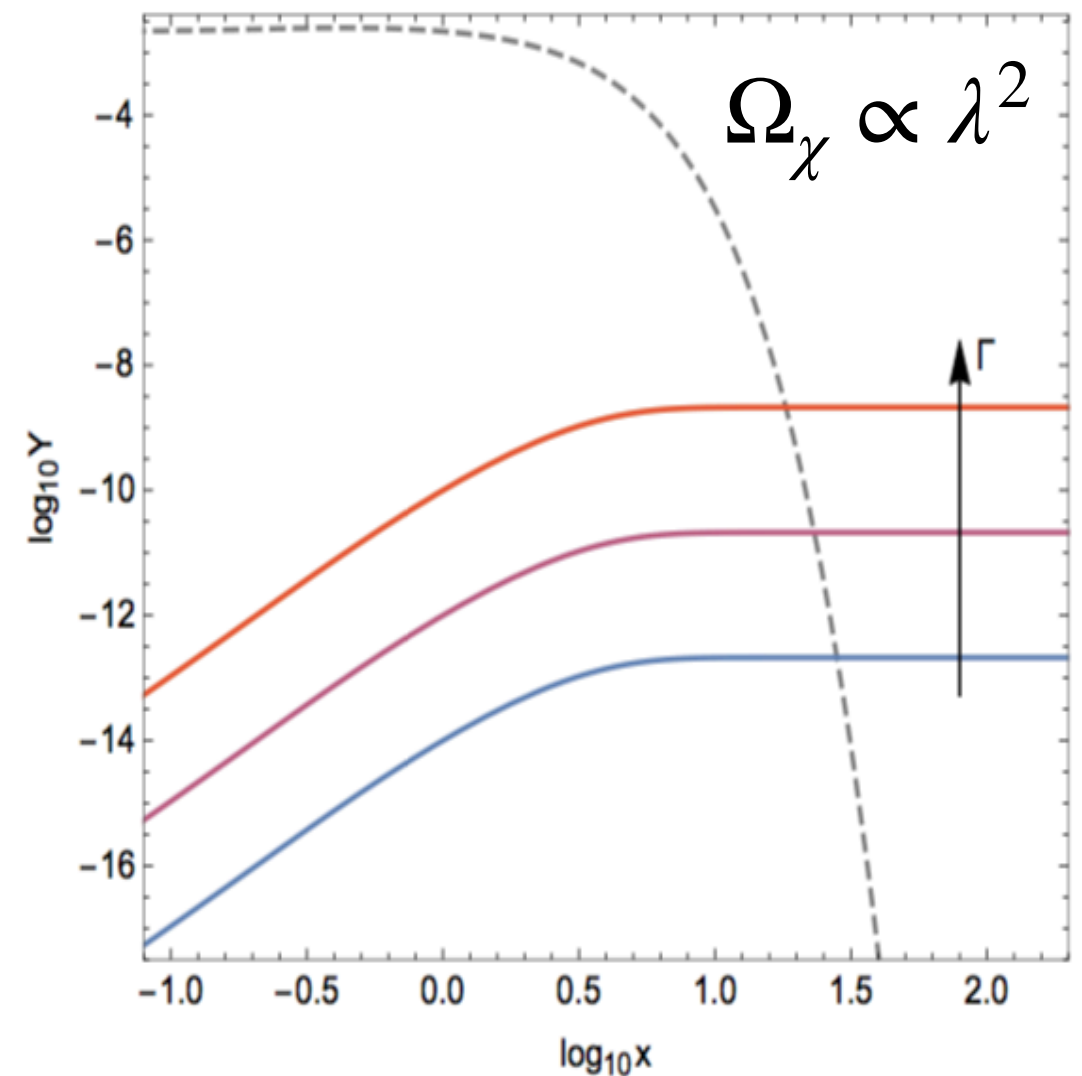
# FREEZE-IN BASICS:



DM ABUNDANCE CALCULATED BY:

$$1 \rightarrow 2 : \quad \frac{dY_\chi}{dx} = 2 \frac{\Gamma_{B \rightarrow \chi\chi}}{Hx} \frac{K_1(x)}{K_2(x)} Y_B^{\text{eq.}}$$

$$2 \rightarrow 2 : \quad \frac{dY_\chi}{dx} = C_{ab} \frac{s}{Hx} \langle \sigma v \rangle Y_{ab, \text{eq.}}^2$$



(Bernal et al.: 1706.07442)

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# THE MODEL

## MODEL PARAMETERS:

$$\mathcal{L} = \mathcal{L}_{\text{kin.}} + \frac{1}{2}\mu_s^2(v_s + s)^2 - \frac{\lambda_s}{4}(v_s + s)^4 - \frac{\lambda_{hs}}{2}(v_s + s)^2 |\Phi|^2$$

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- ▶ No  $\mathbb{Z}_2 \Rightarrow$  scalar is unstable but cosmologically viable for **small**  $\lambda_{hs}$  and  $m_s \sim \text{keV} - \text{MeV}$ .
- ▶ Parameters to keep in mind:
  - ▶ Mass:  $m_s = \sqrt{2\lambda_s}v_s$
  - ▶ Mixing:  $\lambda_{hs}$ , determines **freeze-in** abundance.
  - ▶ Self-coupling:  $\lambda_s$ , determines scalar **self-interactions** and phenomenology after freeze-in.

## WHEN SYMMETRIES (AND CALCULATIONS) BREAK DOWN...

- Phenomenology different before and after Electroweak Phase Transition (EWPT).

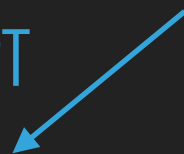
$$\mathcal{L} \supset -\frac{\lambda_{hs}}{2}(v_s + s)^2 |\Phi|^2$$

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Before EWPT



- No mixing between  $s$  and  $H$
- No coupling to SM fermions

Note: At  $T \gtrsim T_{\text{EW}}$ , temperature corrections to the Higgs mass are important!

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$$\mathcal{L} \supset -\frac{\lambda_{hs}}{2}(v_s + s)^2 |\Phi|^2$$

Before EWPT

After EWPT

$$\mathcal{L} \supset -\lambda_{hs} v_s v s h$$

- No mixing between  $s$  and  $H$
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- Mixing determined by  $\theta$
- Coupling to SM fermions

Note: At  $T \gtrsim T_{\text{EW}}$ , temperature corrections to the Higgs mass are important!

$$\theta \approx \frac{\lambda_{hs} v_s v}{m_h^2 - m_s^2}$$



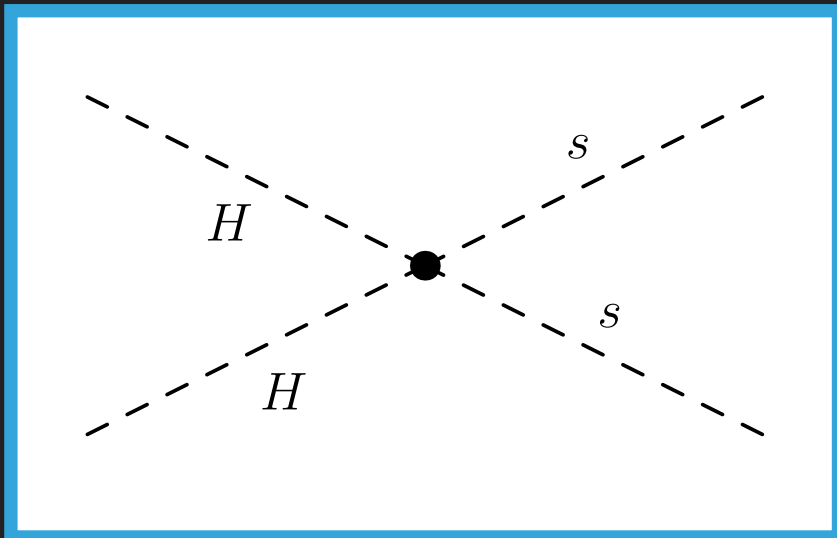
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# THE FIVE STAGES OF FREEZE- IN

## STAGE I: PRODUCTION BEFORE EWSB

$$\mathcal{L}_s \supset -\frac{\lambda_{hs}}{2}(v_s + s)^2 |\Phi|^2$$

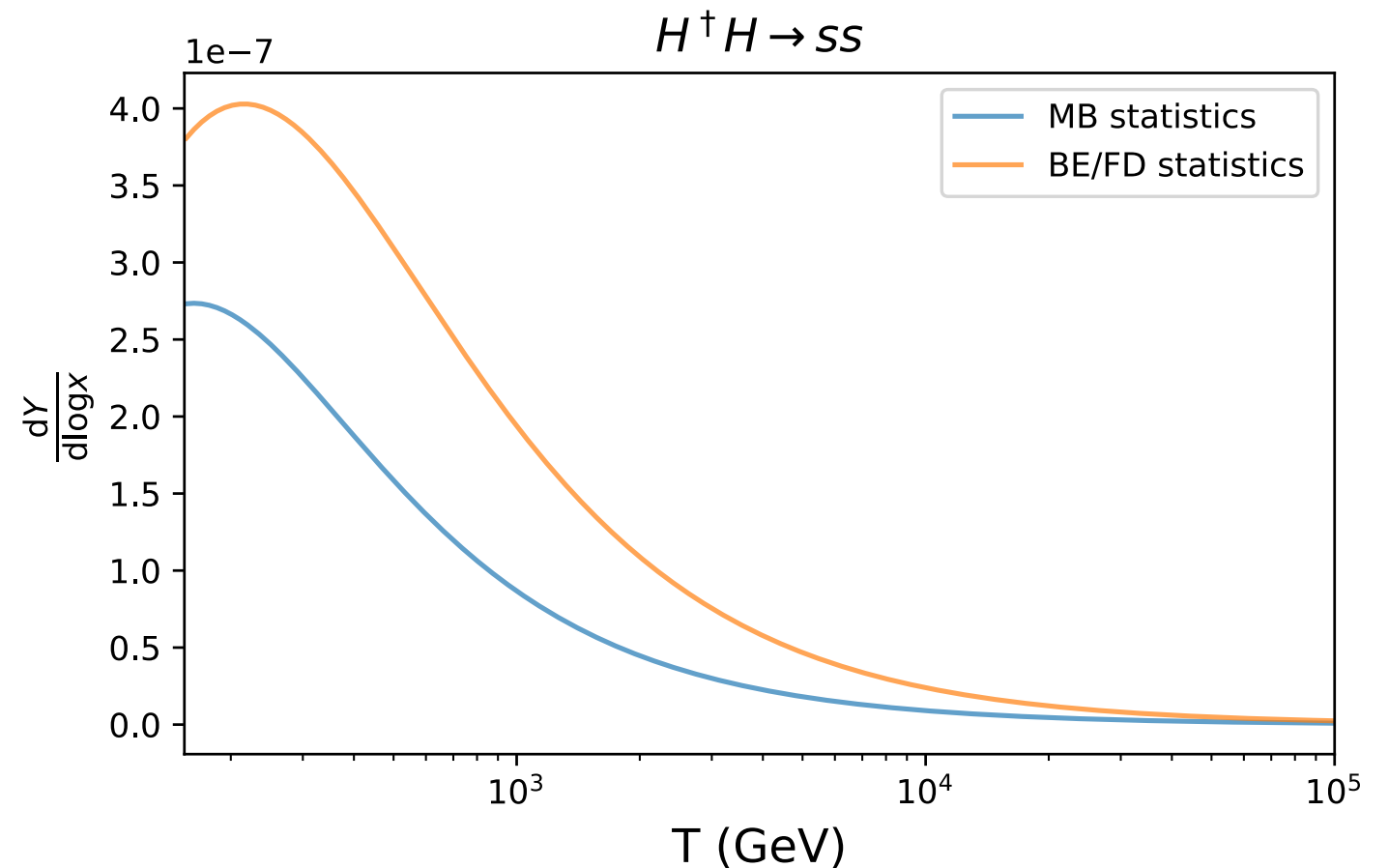
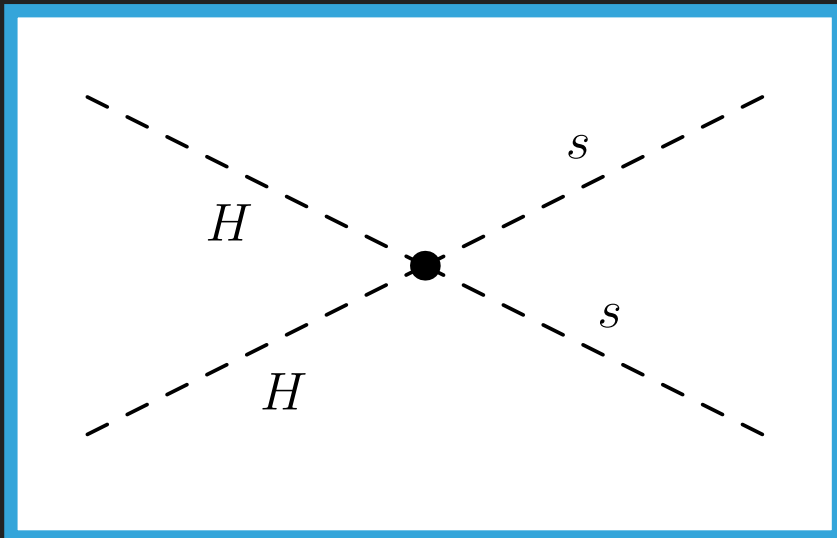
Main production channel:



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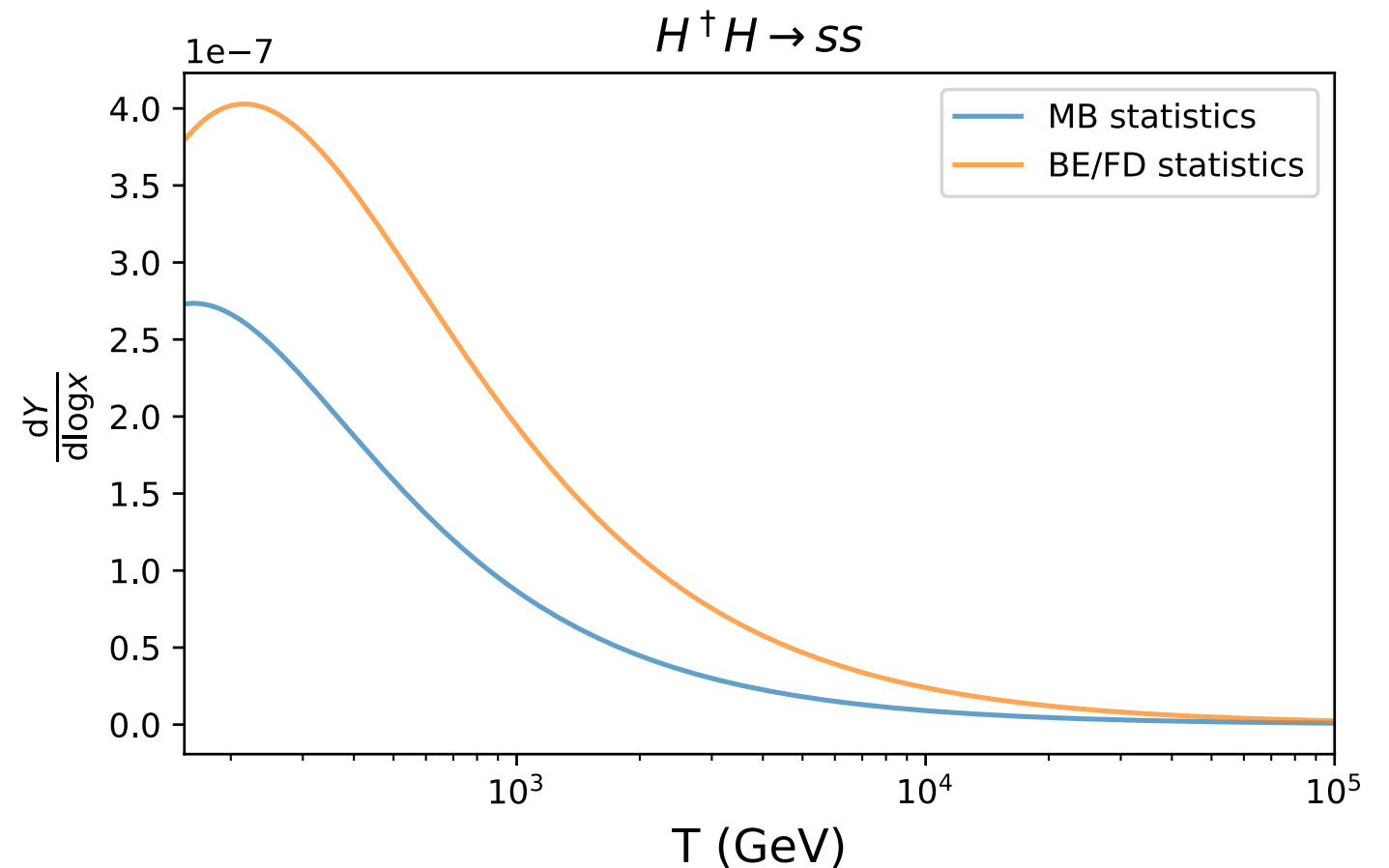
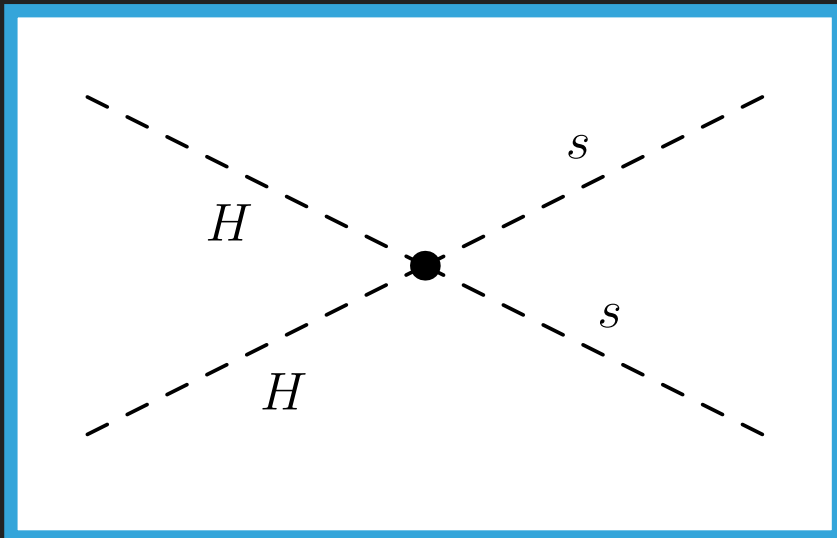
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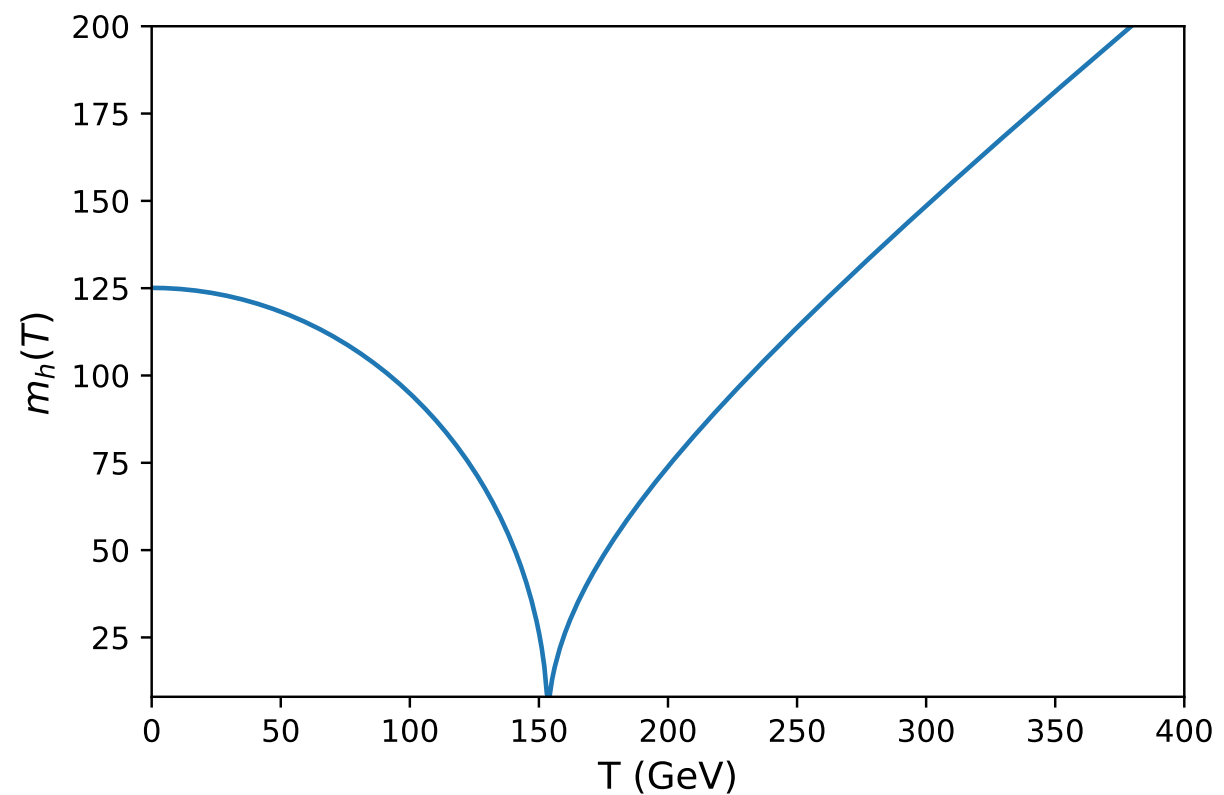


DM abundance before EWPT:

$$Y_{s,1} \approx (7.22 \times 10^9) \lambda_{hs}^2$$

## STAGE II: PRODUCTION DURING\* EWPT

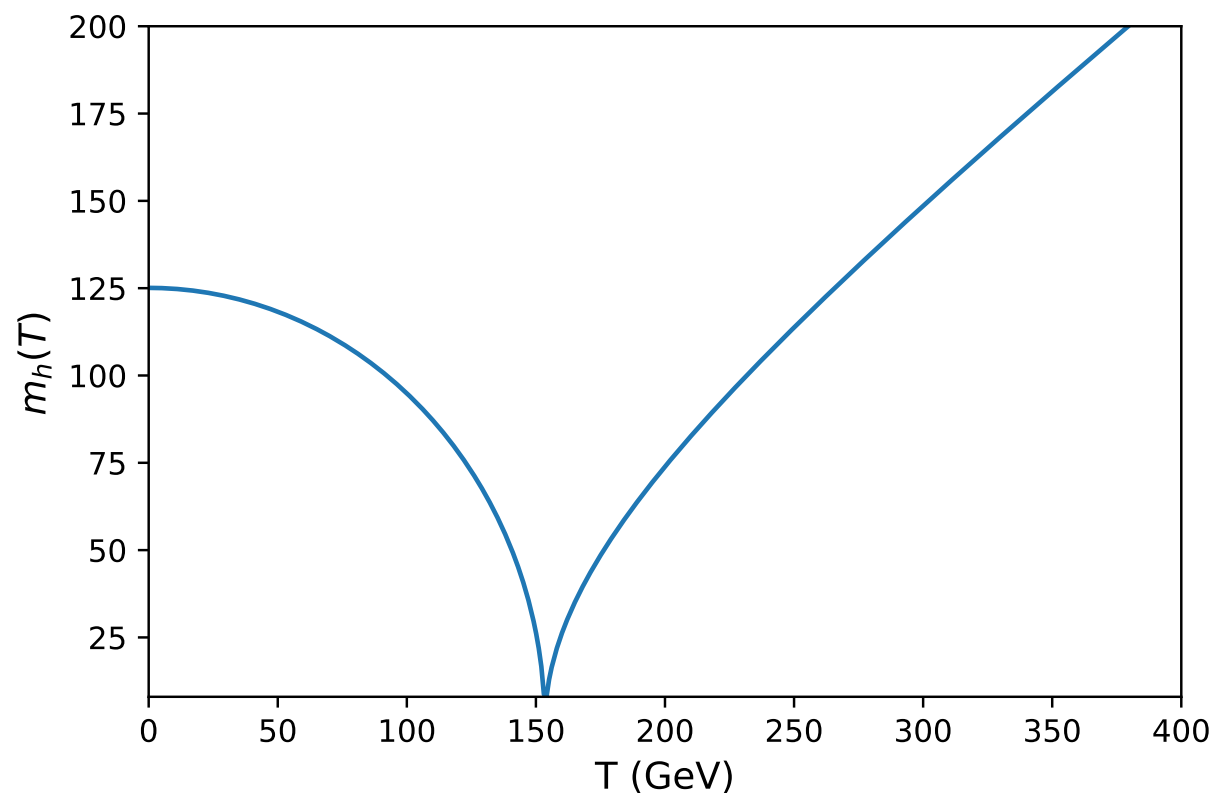
$$\theta(T) \approx \frac{\lambda_{hs} v_s v}{m_h(T)^2 - m_s^2}$$



## STAGE II: PRODUCTION DURING\* EWPT

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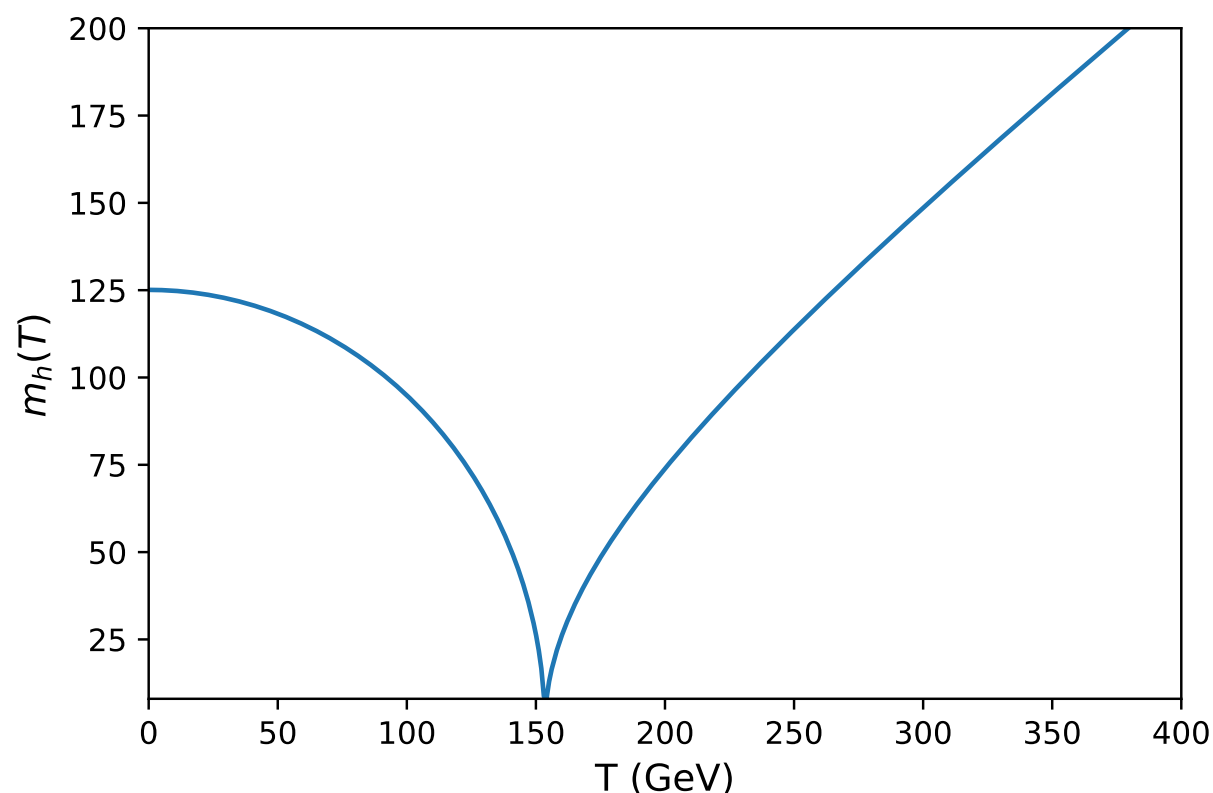
- ▶ For  $m_h(T) \sim m_s$ ,  $\theta$  is enhanced
- ▶ Higgs can oscillate into scalar. (Redondo & Postma, 0811.0326)
- ▶ Rate of conversion depends on:
  - ▶ Mixing parameter,  $\lambda_{hs}$
  - ▶ Variation of  $m_h$  with respect to temperature,  $\frac{dm_h^2}{dT}$



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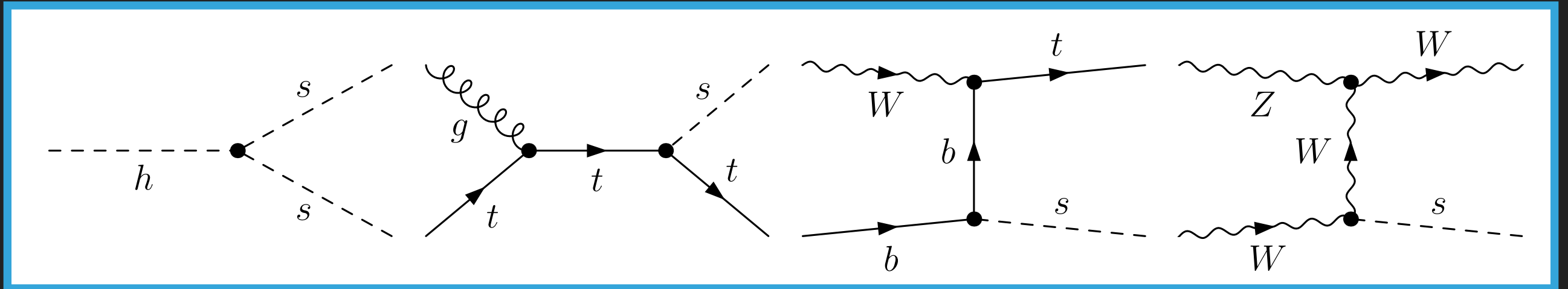
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DM abundance during EWPT:

$$Y_{s,2} \approx (3 \times 10^5 \text{ GeV}^{-4}) \lambda_{hs}^2 m_s^2 v_s^2$$

## STAGE III: PRODUCTION AFTER EWPT

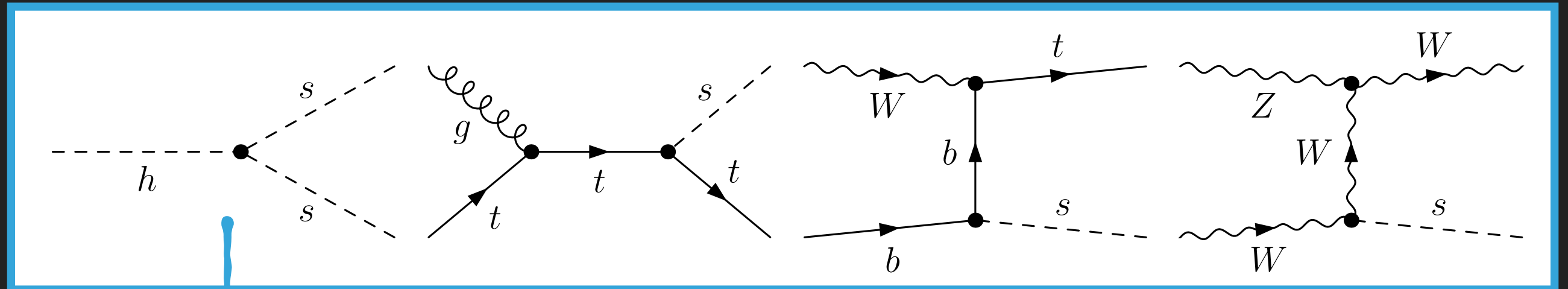


+ many more!

Possible to divide the parameter space in two parts based on how the different cross-sections scale with the scalar vev



## STAGE III: PRODUCTION AFTER EWPT



+ many more!

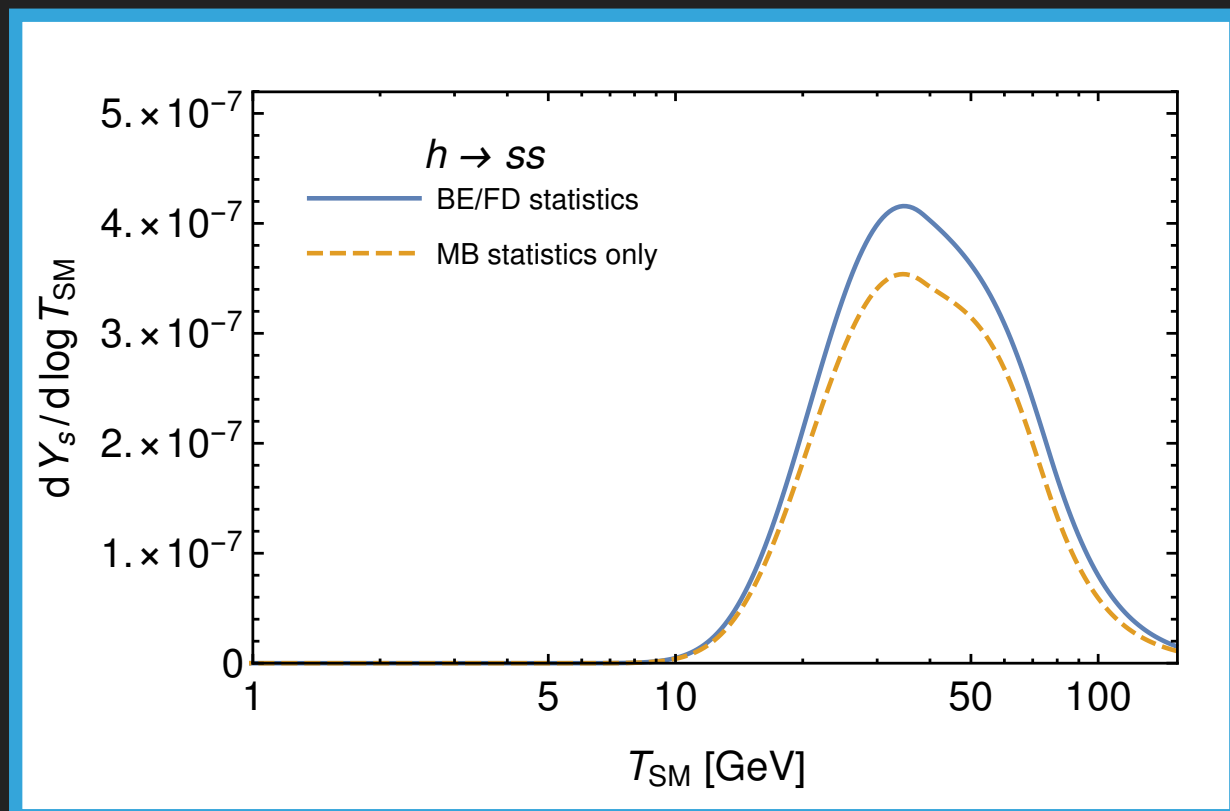
$$\sigma \propto \left( \frac{\sin \theta}{v_s} \right)^2 \sim \lambda_{hs}^2$$

Dominant channel when  $v_s \leq 100 \text{ GeV}$

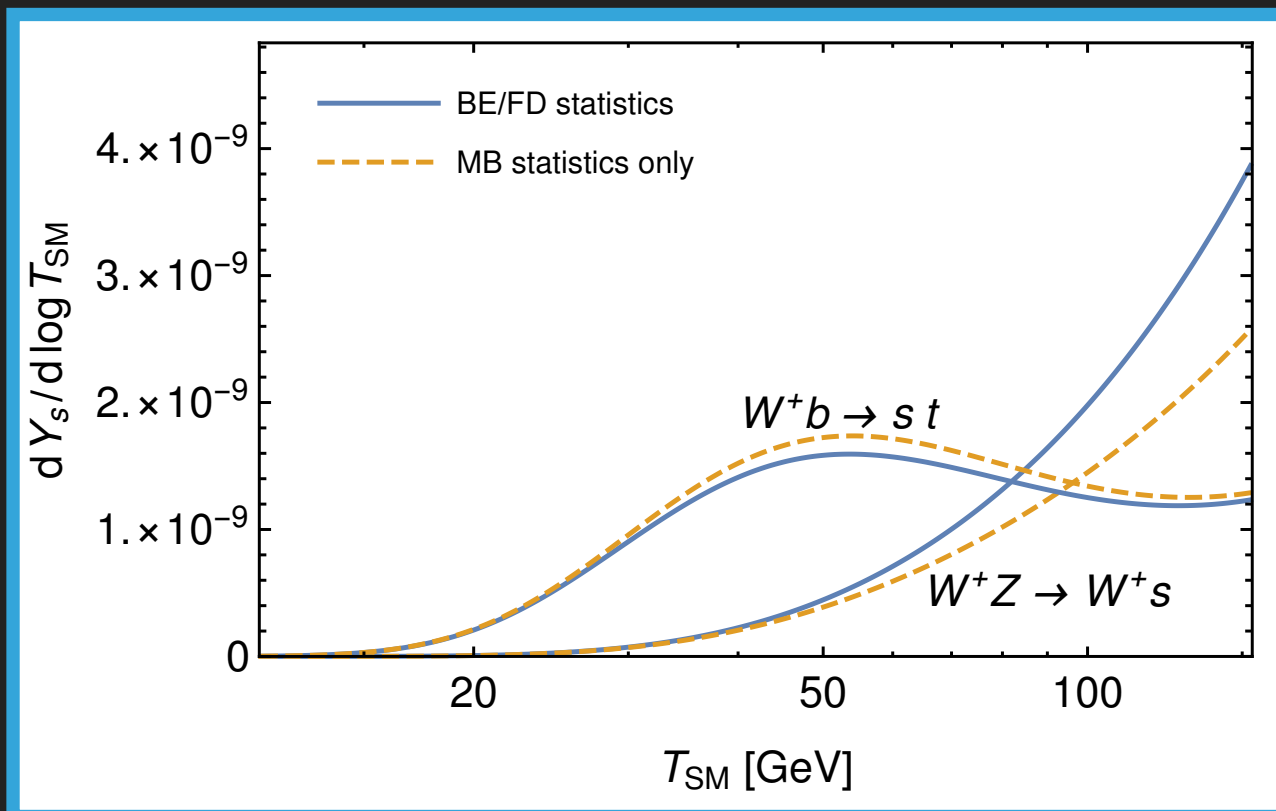
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# STAGE III: PRODUCTION AFTER EWPT



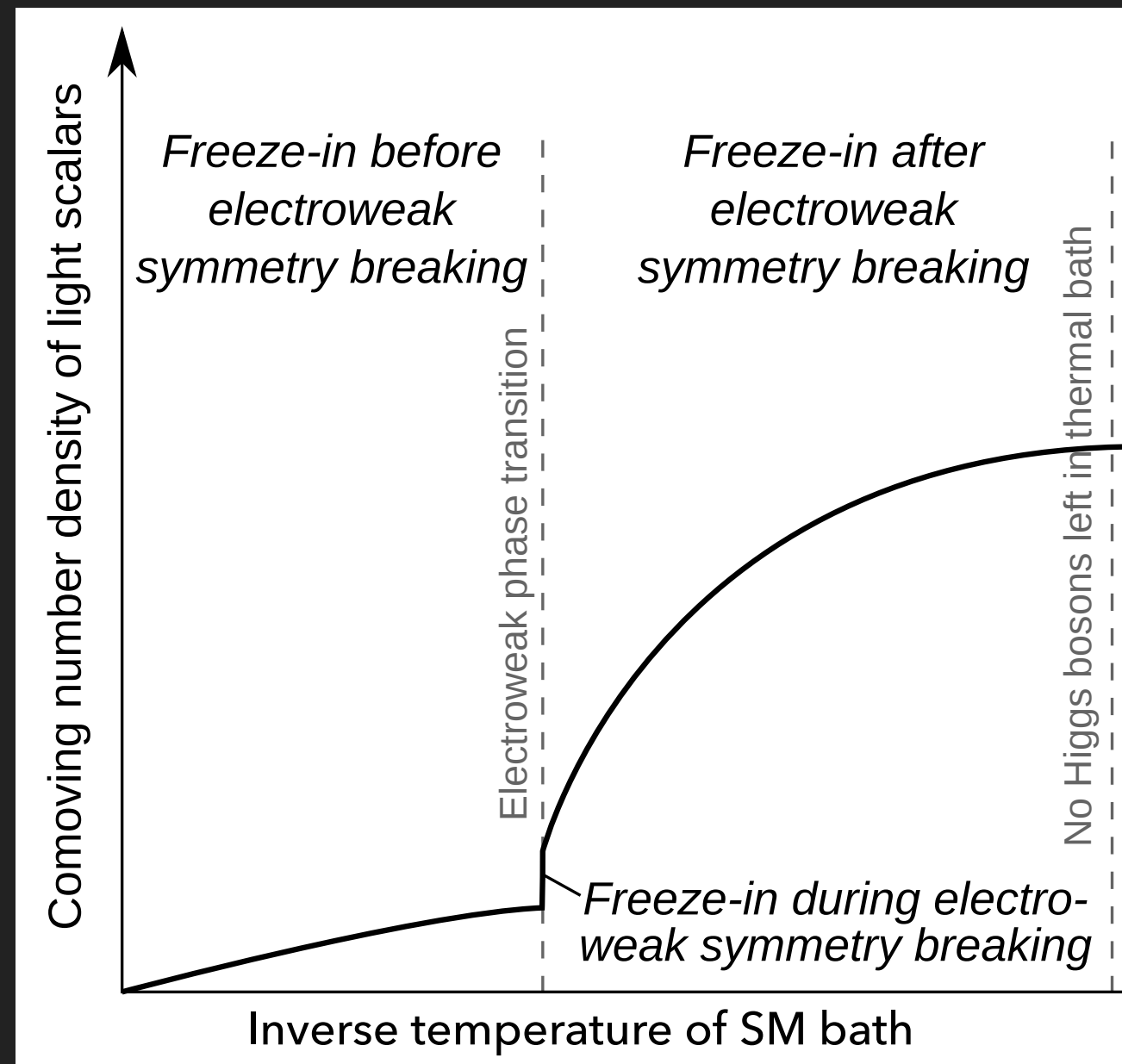
$$Y_{s,3}^{\text{decay}} \approx (2.2 \times 10^{12}) \lambda_{hs}^2$$



$$Y_{s,3}^{2 \rightarrow 2} \approx (1.7 \times 10^8 \text{ GeV}^{-2}) \lambda_{hs}^2 v_s^2$$

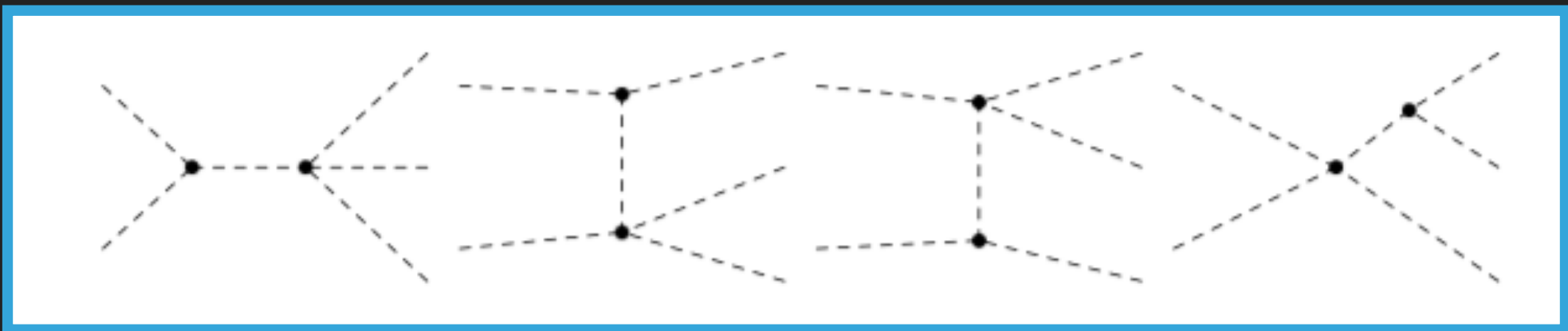
Maximum production after EWPT!

## UNTIL NOW:



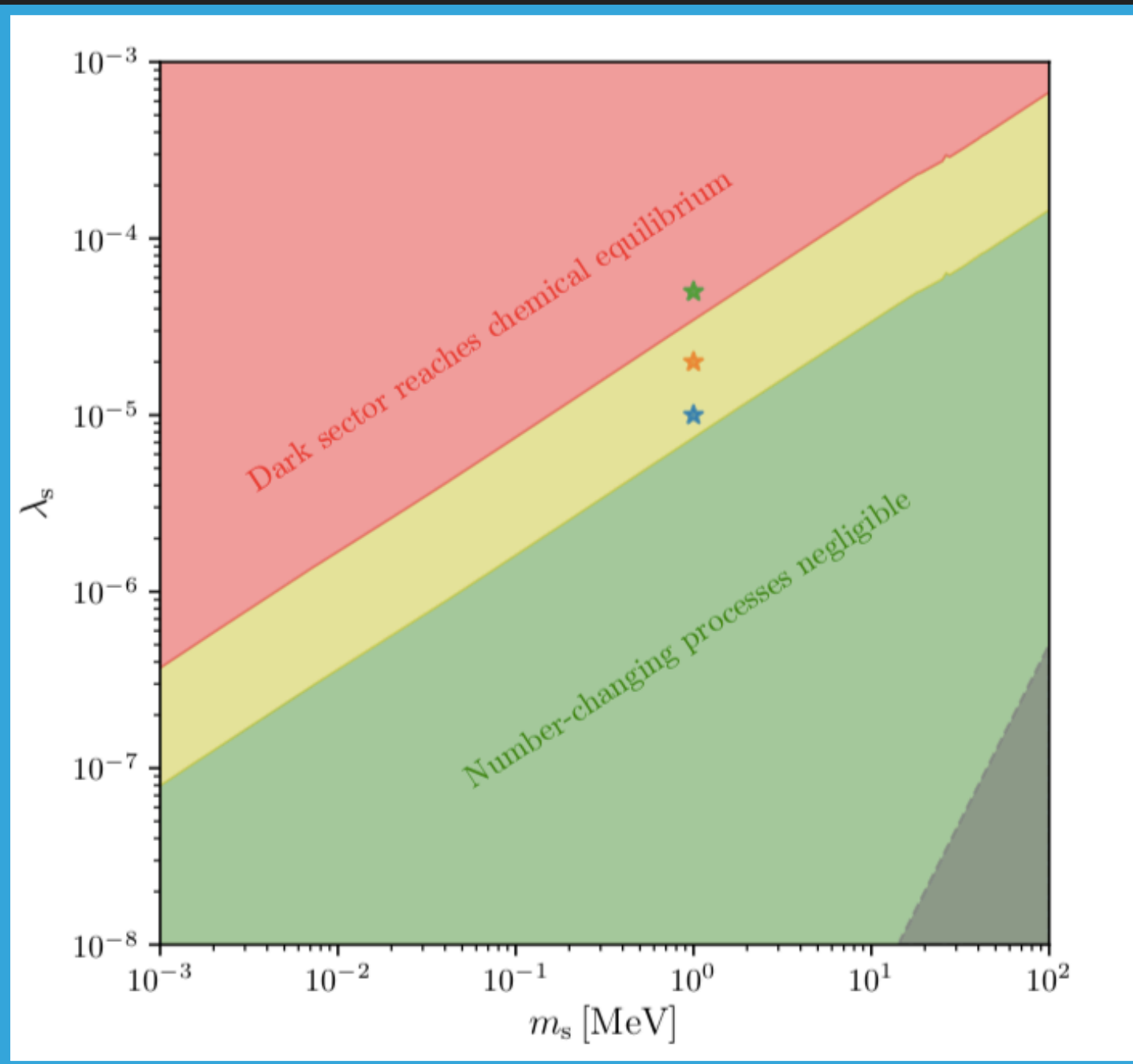
## STAGE IV: DARK SECTOR THERMALISATION

- ▶ Does the DM comoving number density remain constant after freeze-in?
  - ▶  $\lambda_s$  induces self-interactions! (Kinetic equilibrium)
  - ▶ Absence of  $\mathbb{Z}_2$  symmetry implies  $2 \rightarrow 3$  and  $3 \rightarrow 2$  processes allowed. (Chemical equilibrium?)



- ▶ Do these interactions always *thermalise* the dark sector?

## STAGE IV: DARK SECTOR THERMALISATION



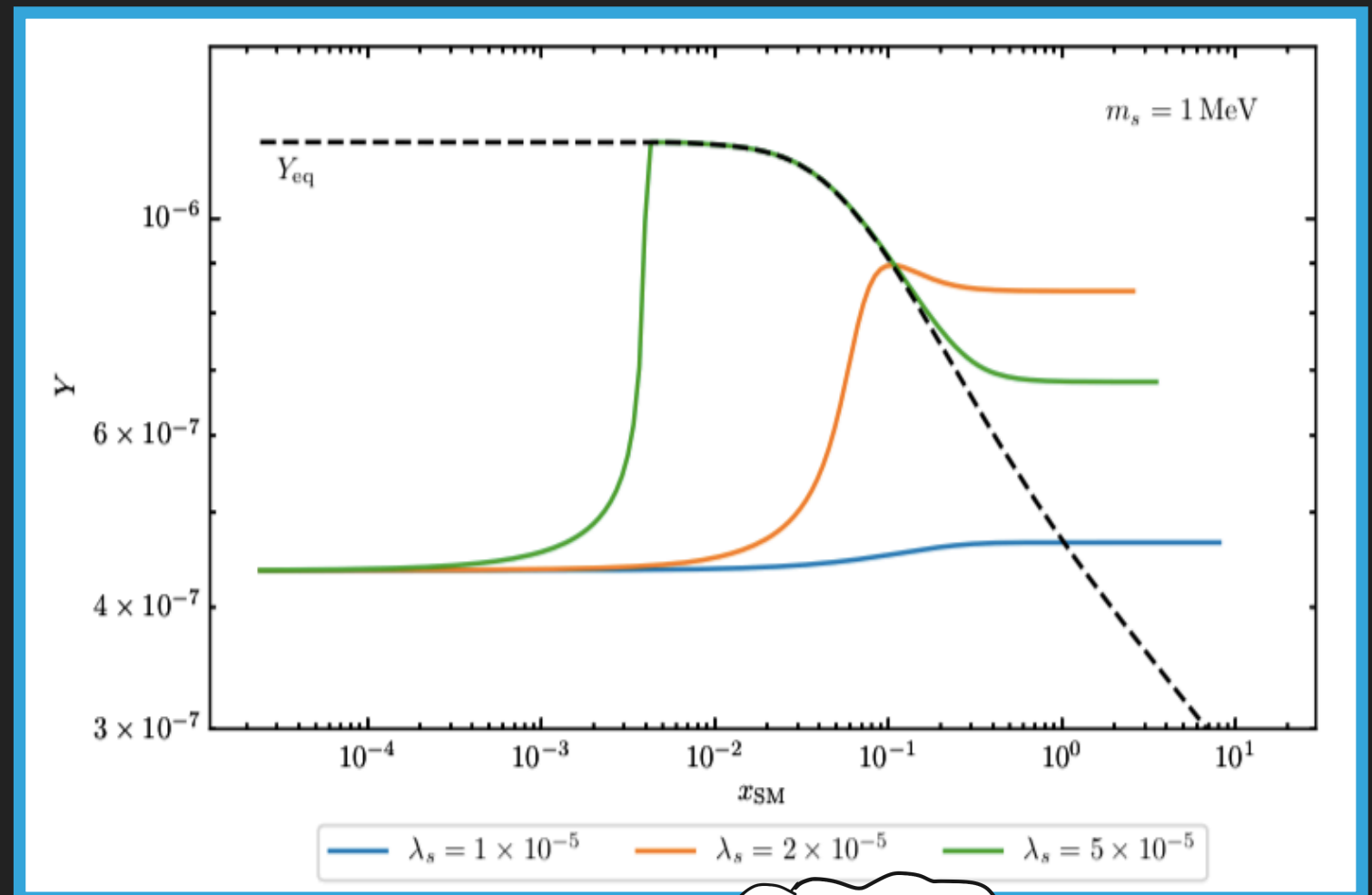
- ▶ The presence of number changing processes implies that the DM number density can change after freeze-in has ended.

# STAGE V: DARK SECTOR FREEZE-OUT

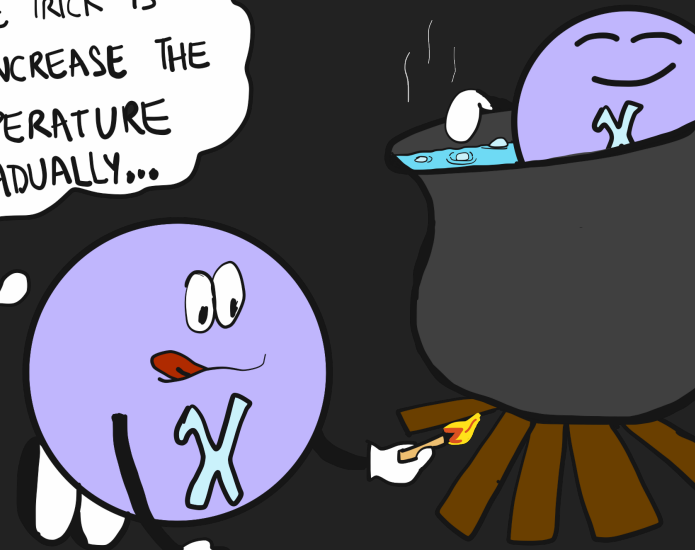
If DM in chemical equilibrium:

## BREEDING

$2 \rightarrow 3$  processes  
populate the dark sector



THE TRICK IS  
TO INCREASE THE  
TEMPERATURE  
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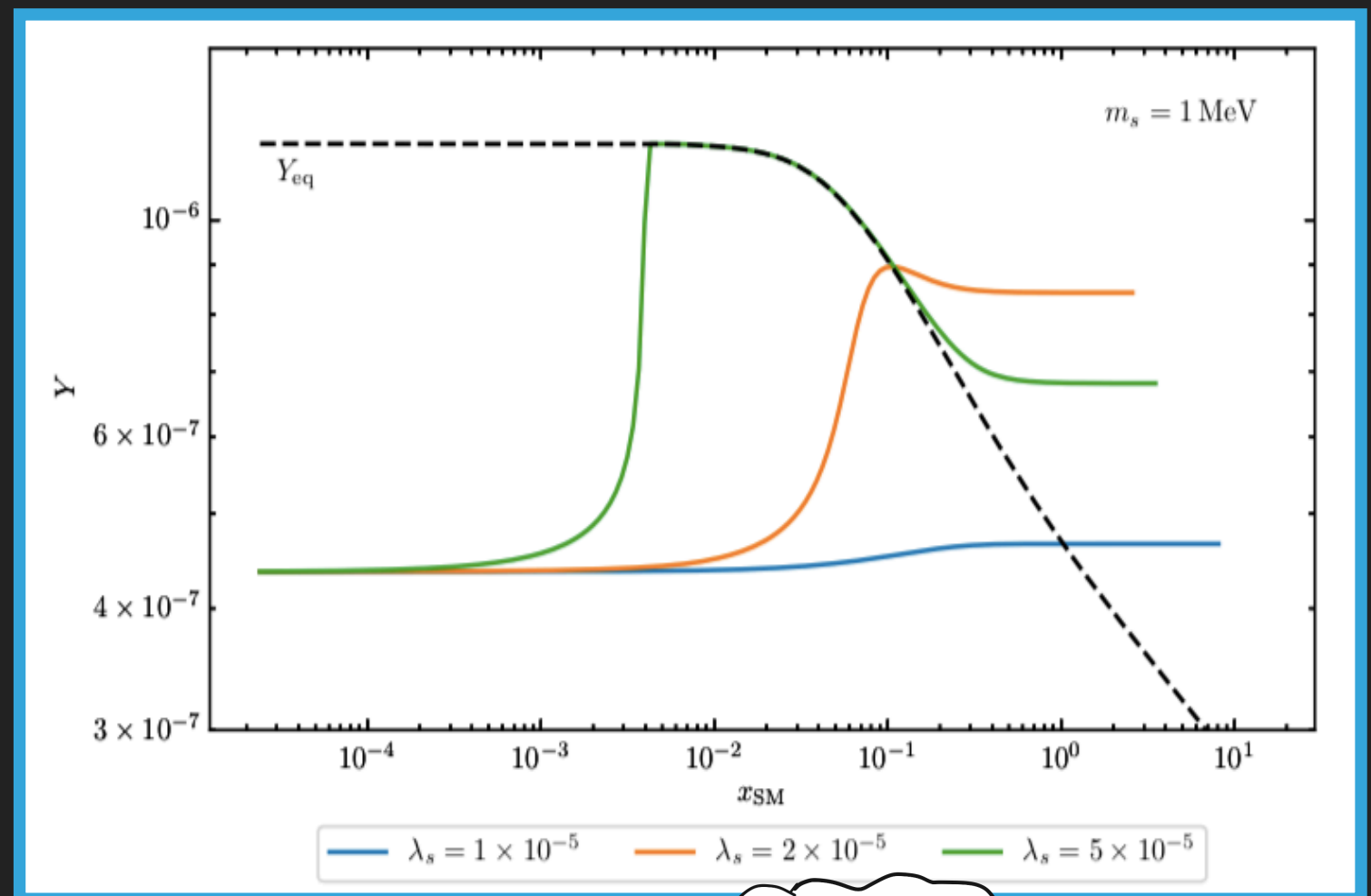
**BREEDING**



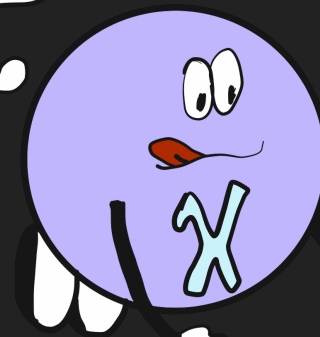
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**COHABITATION**

$2 \rightarrow 3$  and  $3 \rightarrow 2$   
processes equally efficient



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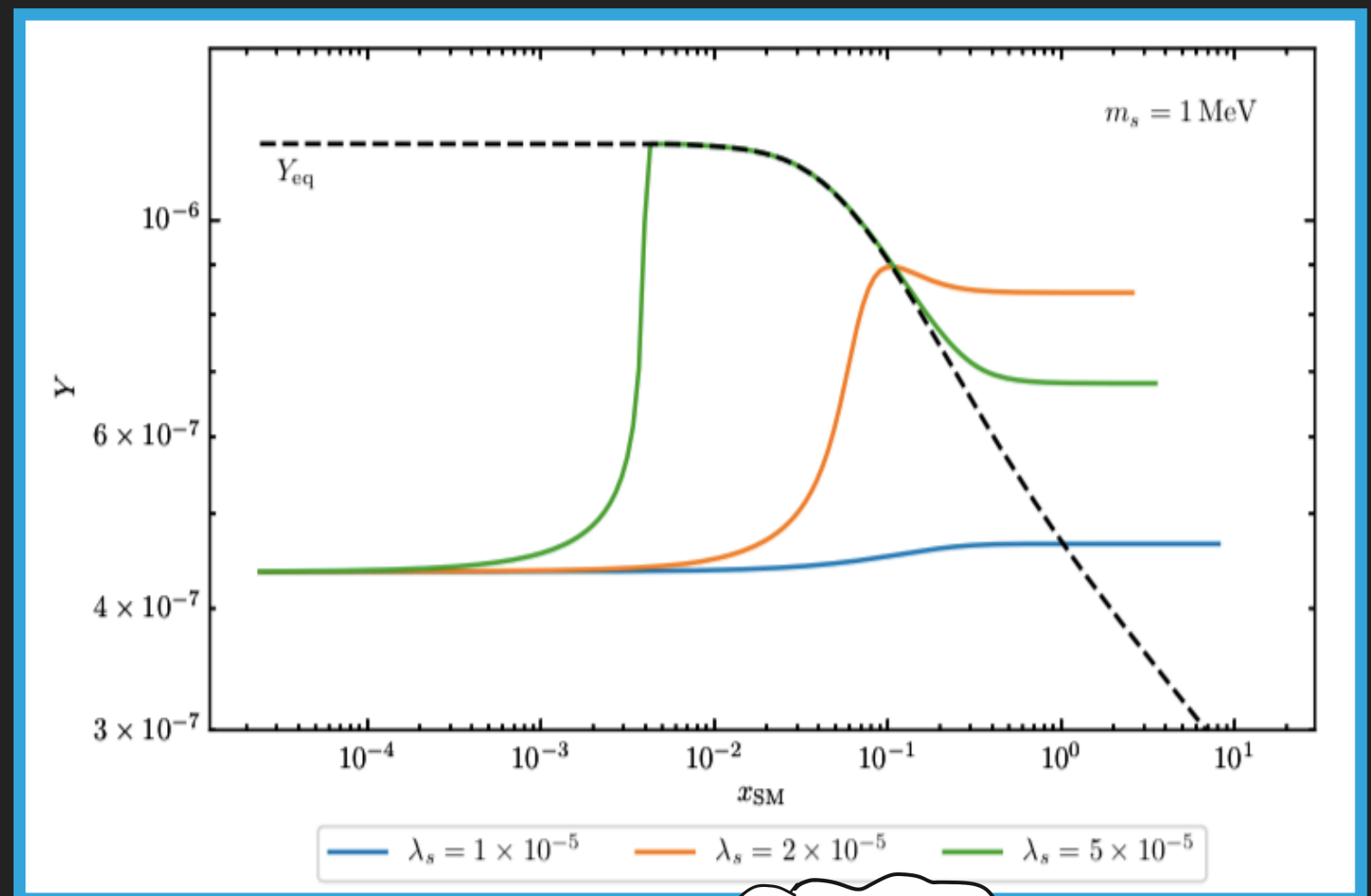
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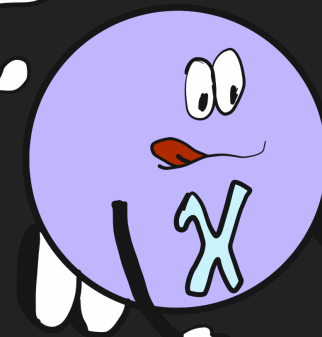
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**CANNIBALISM**

$3 \rightarrow 2$  processes increase  
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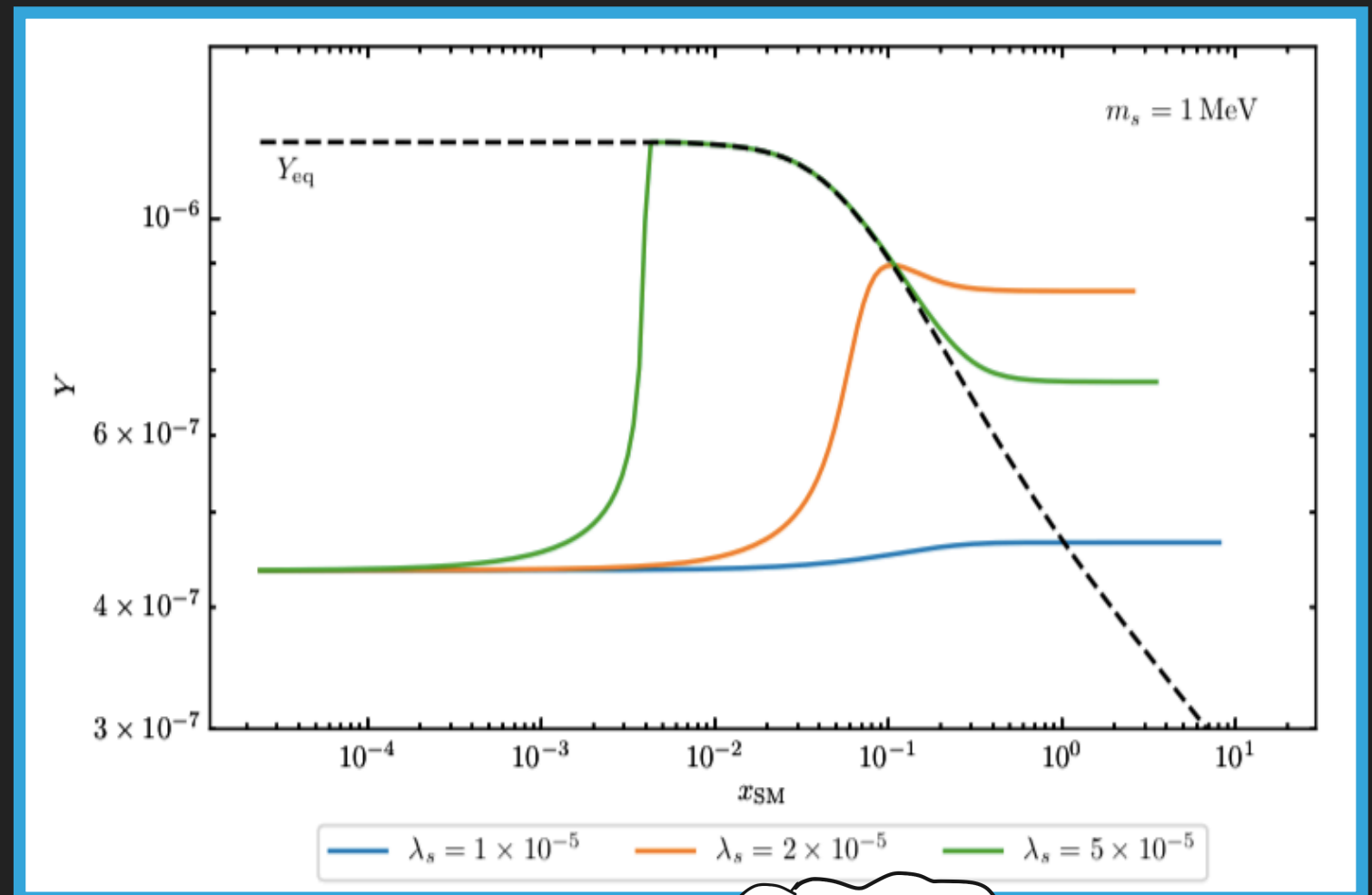
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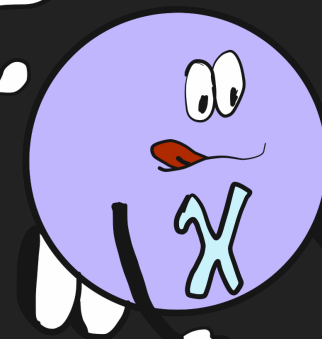


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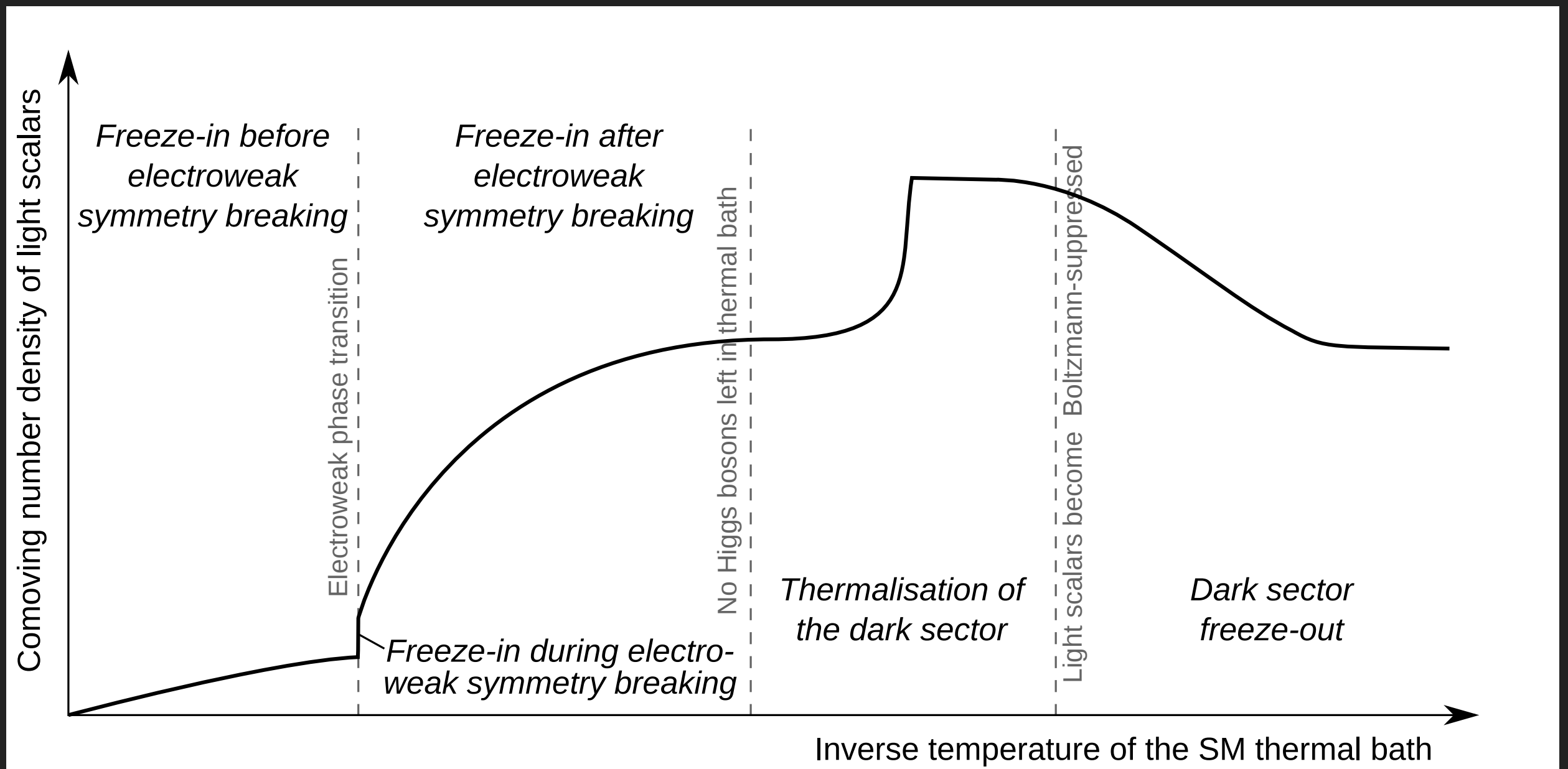
**FREEZE-OUT**

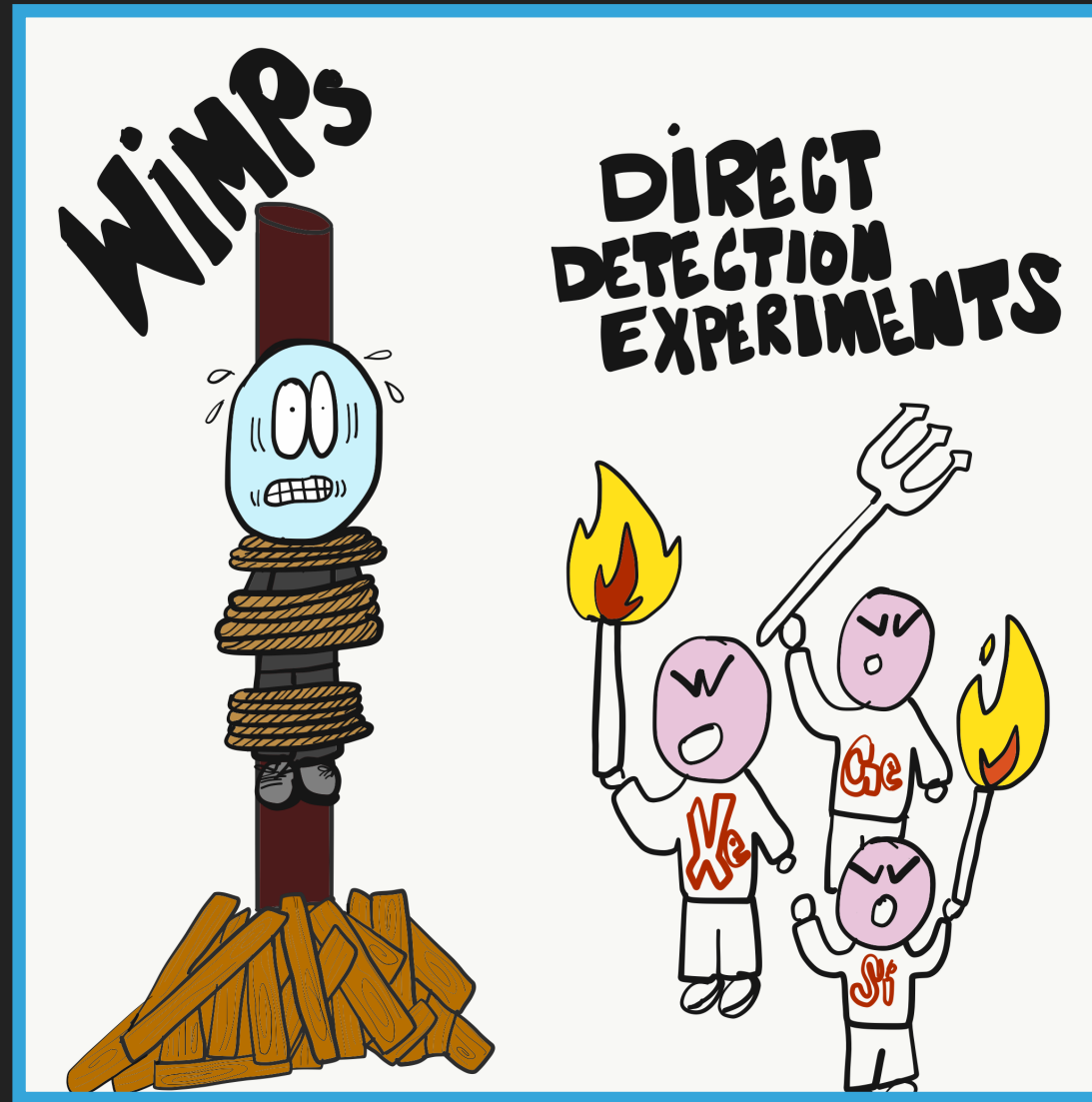


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## THE BIG PICTURE:

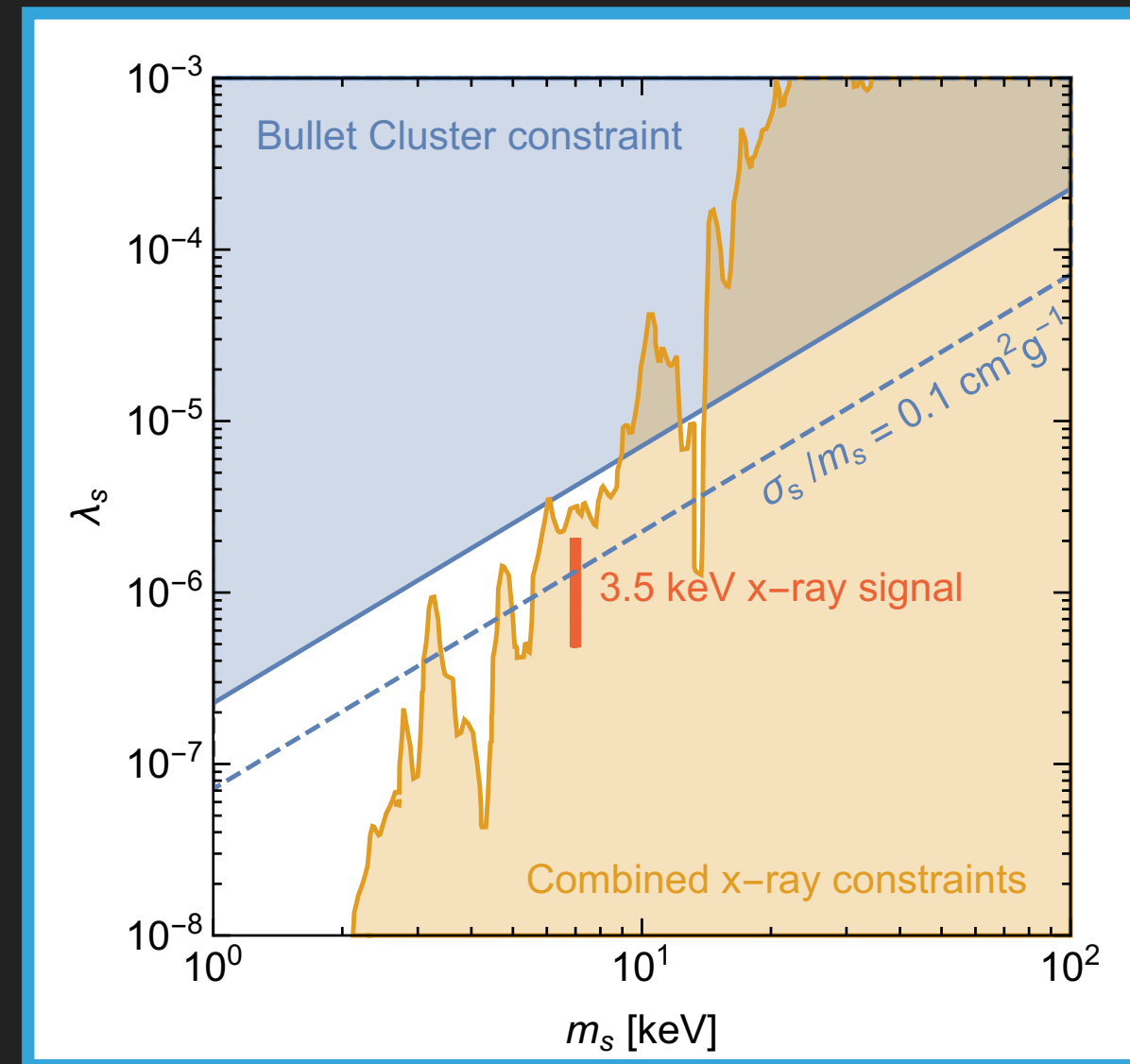




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# CONSTRAINTS

## PHENOMENOLOGY: CONSTRAINTS

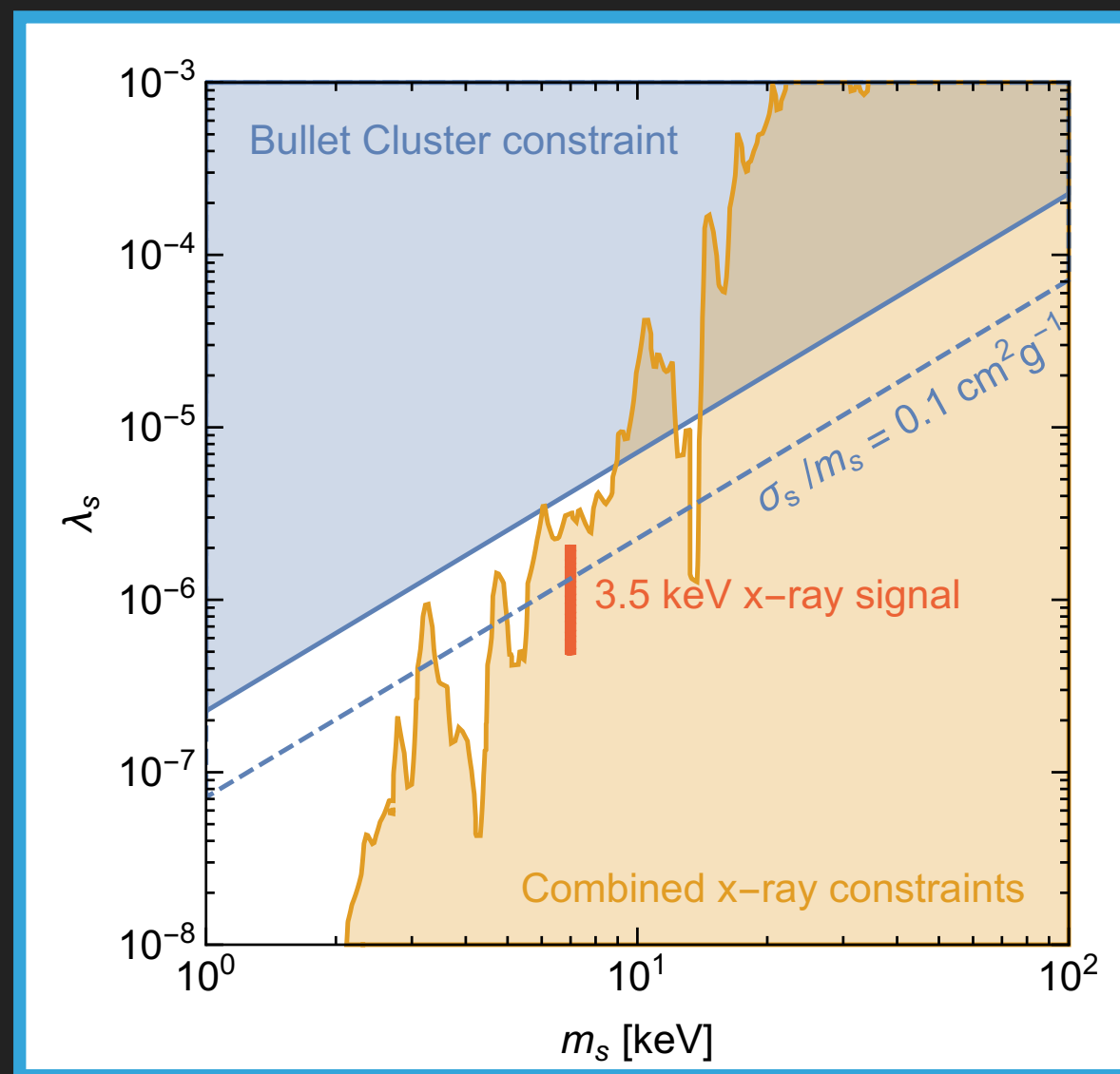


More details: **1809.09849!**

# PHENOMENOLOGY: CONSTRAINTS

## DECAYS:

- ▶  $1 \text{ keV} < m_s < 100 \text{ MeV}$ , relevant decay modes  $s \rightarrow \gamma\gamma$  or  $s \rightarrow e^+e^-$ .
- ▶ To satisfy CMB constraints,  $m_s < 1 \text{ MeV}$
- ▶  $s \rightarrow \gamma\gamma$  gives a striking search signature: mono energetic photon line.



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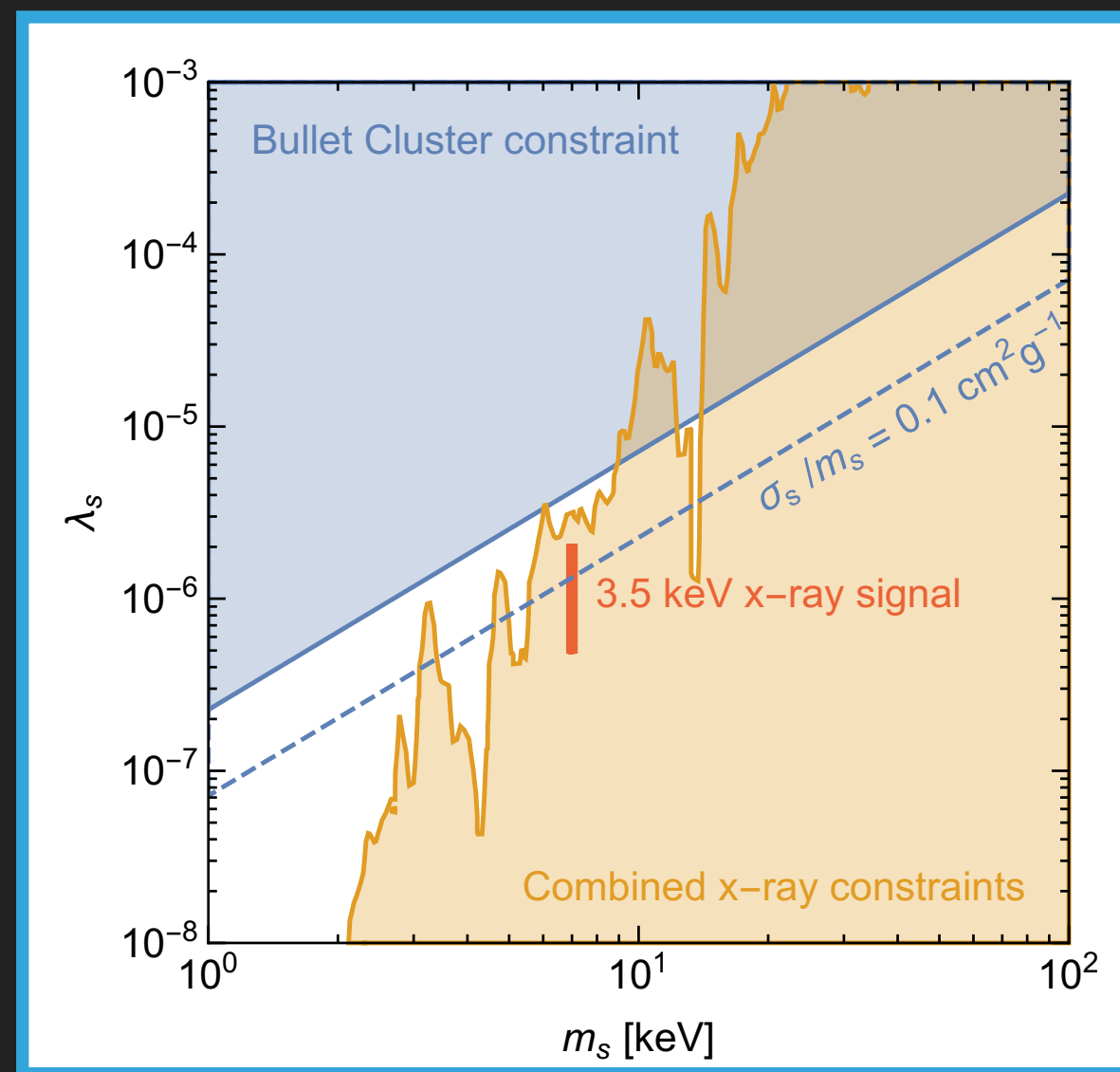
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## ASTROPHYSICAL CONSTRAINTS:

- ▶ Self-interactions:  $\frac{\sigma_s}{m_s} = \frac{9\lambda_s^2}{32\pi m_s^3}$
- ▶ Bullet cluster:  $\sigma/m \lesssim 1 \text{ cm}^2/\text{g}$



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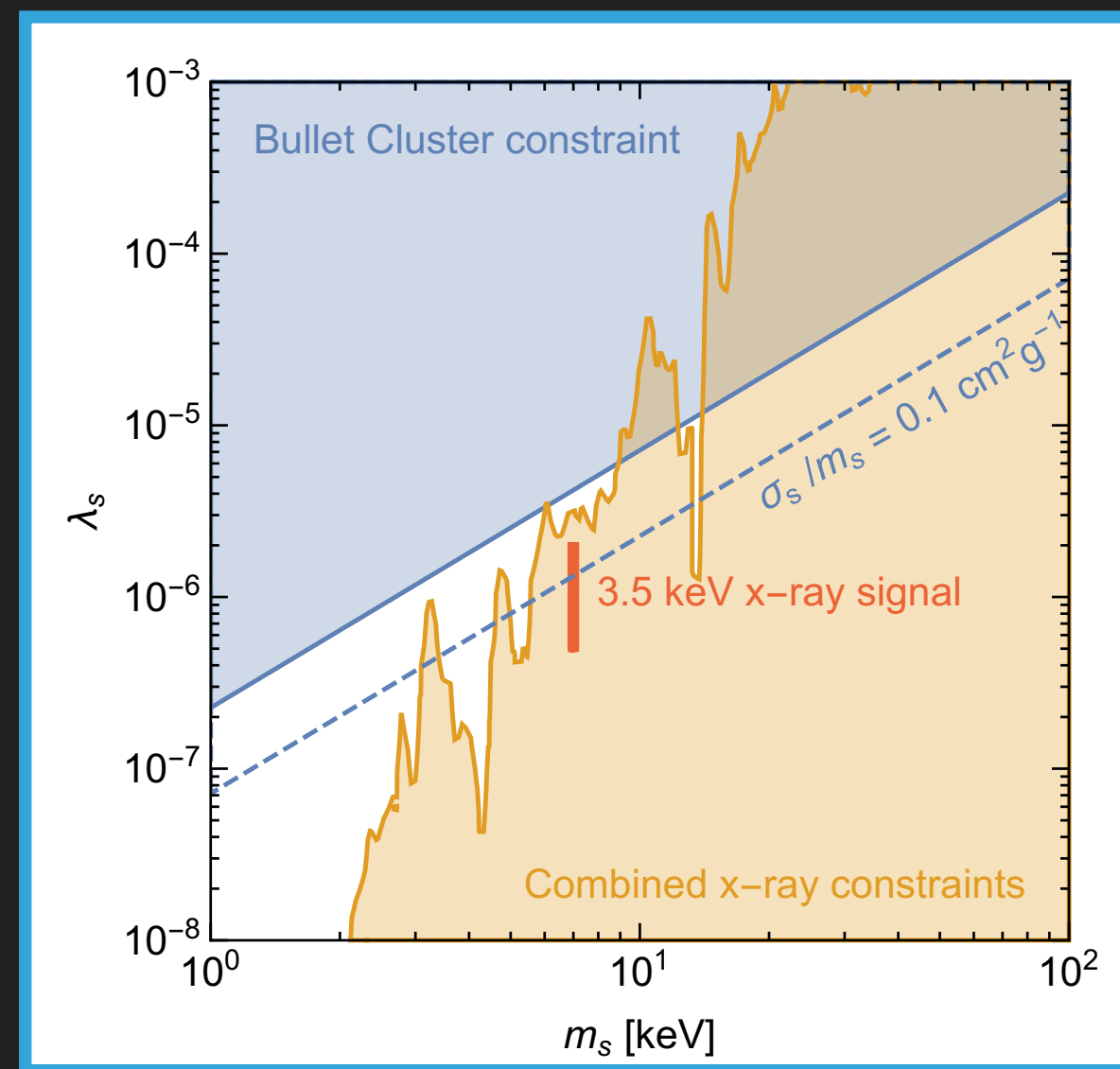
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More details: **1809.09849!**

**We can accommodate the 3.5 keV line and have sizeable dark-matter self-interactions!**



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# APPENDIX

# TEMPERATURE CORRECTIONS TO THE HIGGS MASS:

- Finite-temperature corrections to the Higgs potential:

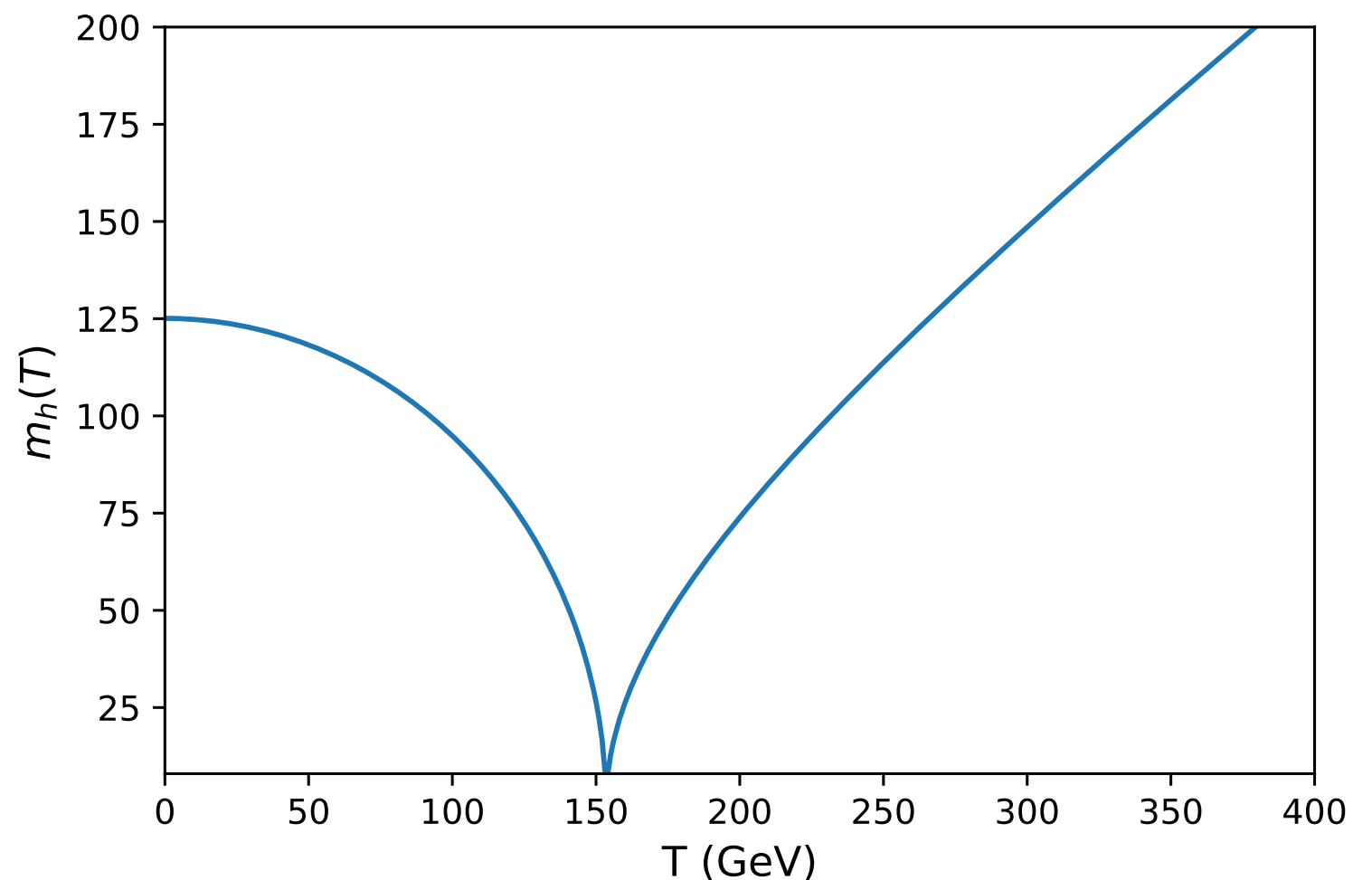
$$V(\phi, T) = D(T^2 - T_{\text{EW}}^2) \phi^2 + \frac{\lambda(T)^4}{4} \phi^4$$

For  $T > T_{\text{EW}}$  :

$$m_H(T)^2 = D(T^2 - T_{\text{EW}}^2)$$

For  $T < T_{\text{EW}}$

$$\begin{aligned} m_h(T)^2 &= 2 \lambda(T) v(T)^2 \\ &= 4D(T_{\text{EW}}^2 - T^2) \end{aligned}$$



# LAGRANGIAN AFTER PHASE TRANSITION:

**General:**  $\mathcal{L} \supset \frac{1}{2}\mu_s^2(v_s + s)^2 - \frac{\lambda_s}{4}(v_s + s)^4 - \frac{\lambda_{hs}}{2}(v_s + s)^2 \frac{(v + h)^2}{2}$

Mixing!

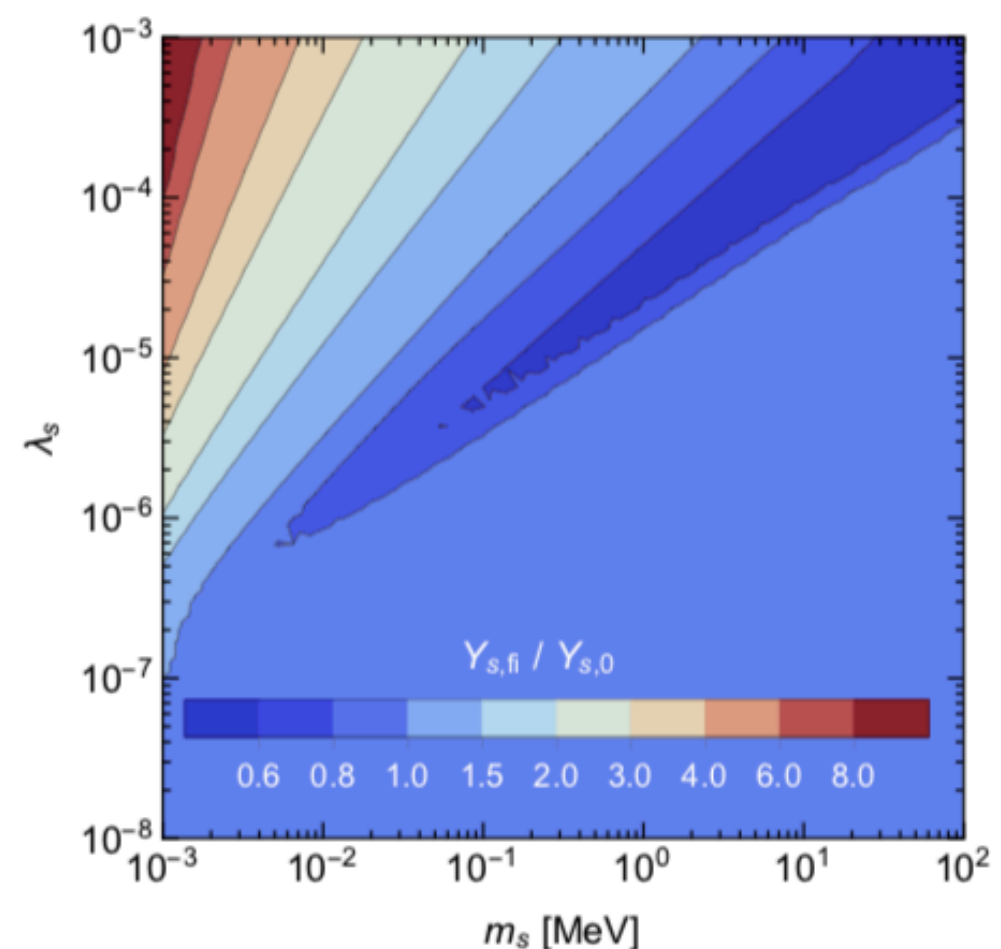
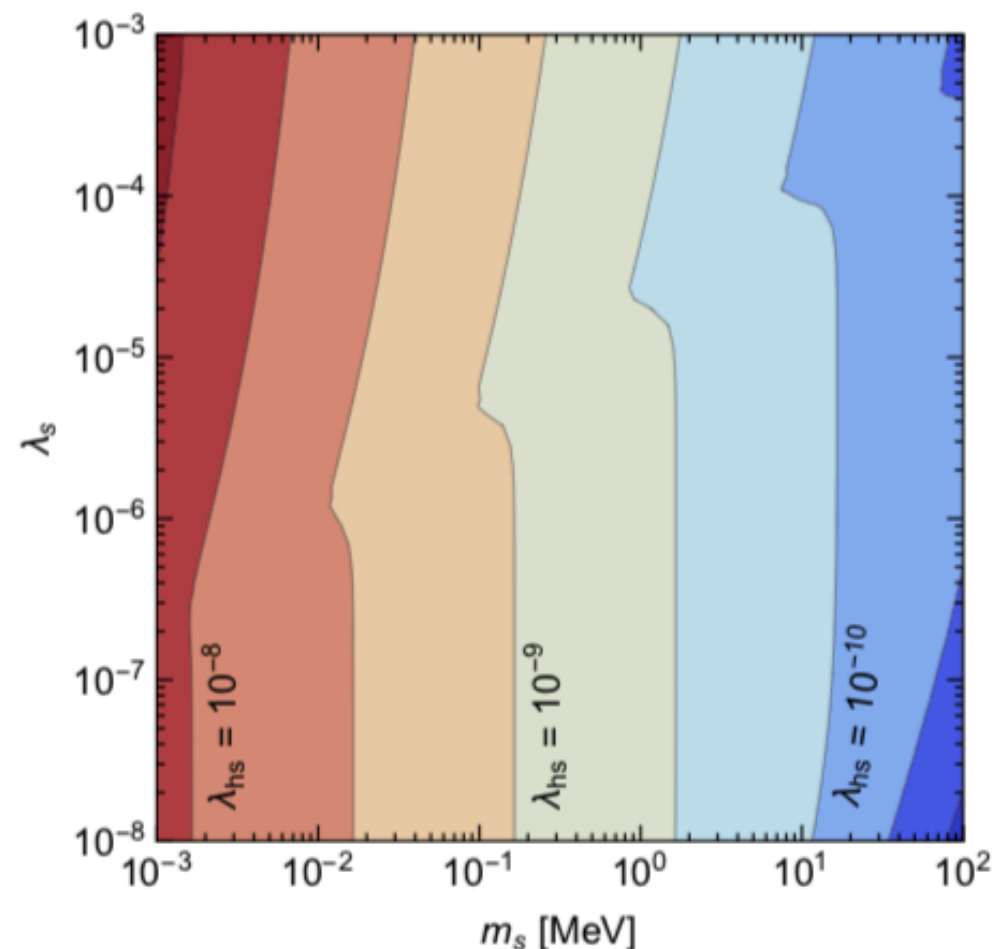
$\supset - \lambda_{hs} v_s v s h$

$$\begin{pmatrix} s' \\ h' \end{pmatrix} = \begin{pmatrix} \cos \theta & -\sin \theta \\ \sin \theta & \cos \theta \end{pmatrix} \begin{pmatrix} s \\ h \end{pmatrix} \quad \theta \approx \frac{\lambda_{hs} v_s v}{m_h^2 - m_s^2}$$

Due to feeble coupling,  
we can use:

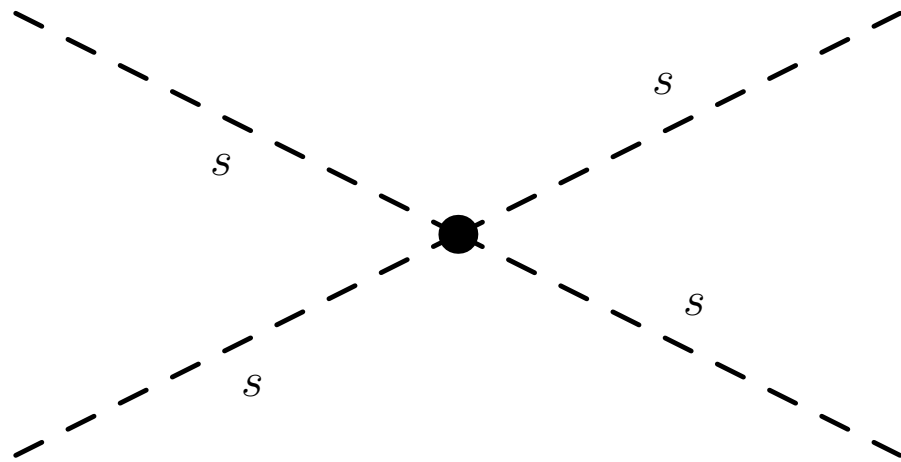
$$\begin{aligned} s' &\equiv s \\ h' &\equiv h \end{aligned}$$

# PHENOMENOLOGY: TOTAL ABUNDANCE



- ▶ Small  $\lambda_s \Rightarrow 2 \leftrightarrow 3$  processes inefficient, relic abundance set by freeze-in
- ▶ Increasing  $\lambda_s \Rightarrow 2 \leftrightarrow 3$  processes efficient, relic abundance set by dark sector freeze-out

# DARK MATTER SELF-INTERACTIONS:



$$\Rightarrow \frac{\sigma_{\text{SI}}}{m_s} = \frac{9 \lambda_s^2}{32\pi m_s^3}$$

$$\Rightarrow \lambda_s \lesssim 0.007 \left( \frac{m_s}{1 \text{ MeV}} \right)^{3/2}$$

## Structure formation?

- ▶ Diffusion length: determines length scales over which energy transfer is efficient.
- ▶ Matter power spectrum remains unaffected on visible scales for  $\lambda_s > 10^{-10}$ .

$$l_s^2 \approx \int_0^a \text{NR} \frac{da}{H a^3 n_s \langle \sigma v \rangle}$$

$$l_s \approx \frac{10^{-11} \text{ Mpc}}{\lambda_s}$$