

# Solutions

## Lecture 1

1. Identifying the Schwarzschild metric in the weak field limit as metric (1) with  $\Phi = -\frac{m}{R}$ , we have that

$$G_{tt} = 2m \cdot 4\pi \delta(x)$$

[Recall that  $\Delta \left( -\frac{1}{4\pi R} \right) = \delta(x)$  in spherical coords.]

This implies that the only non-vanishing comp of  $T_{ab}$  is

$$T_{tt} = m \delta(x)$$

Raising indices

$$T^{tt} = m \delta(x) \quad (\text{to leading order})$$

$$\therefore T^{ab} = m \delta(x) (1, 0)^a (1, 0)^b$$

$$= \rho U^a U^b \quad \text{as defined in eqn. (3).}$$

$$2. ii) dv = dt + \left(1 - \frac{2m}{r}\right)^{-1} dr$$

$$\Rightarrow -\left(1 - \frac{2m}{r}\right) dt^2 = -\left(1 - \frac{2m}{r}\right) dv^2 + 2dvdr - \left(1 - \frac{2m}{r}\right)^{-1} dr^2$$

Substituting above eqn into metric (4) gives metric (6).

$$ii) u = t - \left( r + 2m \log \left| \frac{r}{2m} - 1 \right| \right)$$

3. i) Setting  $a=0$ , metric (8) becomes

$$ds^2 = -\frac{\Delta}{\Sigma} dt^2 + \frac{\Sigma}{\Delta} dr^2 + \Sigma \left( d\theta^2 + \frac{r^4}{\Sigma^2} \sin^2\theta d\phi^2 \right)$$

with  $\Sigma = r^2$ ,  $\Delta = r^2 - 2mr$

$$\therefore ds^2 = -\left(1 - \frac{2m}{r}\right) dt^2 + \left(1 - \frac{2m}{r}\right)^{-1} dr^2 + r^2 d\Omega^2, \text{ ie}$$

Schw. soln. in Schw. coords.

ii) The soln. is singular for

$$\Sigma = 0, \Delta = 0$$

$$\Sigma = 0 \Rightarrow r = 0, \theta = \frac{\pi}{2}$$

$$\Delta = 0 \Rightarrow r^2 - 2mr + a^2 = 0 \Rightarrow r = \frac{2m \pm \sqrt{4m^2 - 4a^2}}{2}$$

$$r = r_{\pm}$$

When  $m=0$ ,  $r_+ = r_- = m$ . This is known as Extremal Kerr.

$$iii) dt = dv - \frac{r^2 + a^2}{\Delta} dr, d\phi = d\chi - \frac{a}{\Delta} dr$$

$$dt^2 = dv^2 - 2 \frac{r^2 + a^2}{\Delta} dv dr + \frac{(r^2 + a^2)^2}{\Delta^2} dr^2$$

$$dt d\phi = dv d\chi - \frac{a}{\Delta} dv dr - \frac{r^2 + a^2}{\Delta} d\chi dr + \frac{a(r^2 + a^2)}{\Delta^2} dr^2$$

$$d\phi^2 = d\chi^2 - \frac{2a}{\Delta} d\chi dr + \frac{a^2}{\Delta^2} dr^2$$

$$dv dr \text{ compt. : } +2 \frac{(r^2 + a^2)}{\Delta} \frac{(\Delta - a^2 \sin^2\theta)}{\Sigma} + 2 \frac{a^2 \sin^2\theta}{\Delta} \frac{(r^2 + a^2 - \Delta)}{\Sigma} = \frac{2\Delta\Sigma}{\Delta\Sigma} = 2$$

$$d\chi dr \text{ compt. : } \frac{2a \sin^2\theta}{\Delta\Sigma} \left[ (r^2 + a^2 - \Delta)(r^2 + a^2) - (r^2 + a^2)^2 + \Delta a^2 \sin^2\theta \right] = -2a \sin^2\theta$$

$$dr^2 \text{ compt. : } \frac{1}{\Sigma \Delta^2} \left[ -(r^2 + a^2)^2 (\Delta - a^2 \sin^2\theta) - 2a^2 (r^2 + a^2) \sin^2\theta (r^2 + a^2 - \Delta) + a^2 \sin^2\theta (r^2 + a^2)^2 - \Delta a^2 \sin^2\theta \right] + \Sigma \Delta$$

$$= \frac{1}{\Sigma \Delta^2} \Delta \left\{ -(r^2 + a^2)^2 + 2a^2(r^2 + a^2)\sin^2\theta - a^2\sin^4\theta + \Sigma^2 \right\} = 0$$

$$\Rightarrow ds^2 = -\frac{(\Delta - a^2\sin^2\theta)}{\Sigma} dr^2 + 2dvd\tau - 2a\sin^2\theta \frac{(r^2 + a^2 - \Delta)}{\Sigma} dv d\chi \\ - 2a\sin^2\theta d\chi dr + \frac{(r^2 + a^2)^2 - \Delta a^2\sin^2\theta}{\Sigma} \sin^2\theta d\chi^2 + \Sigma d\theta^2$$

Assuming that we started off with  $r > r_+$ , we find that the above metric is regular for  $r = r_+ \Rightarrow$  we can extend the spacetime through the  $r = r_+$  surface

$$a=0 \Rightarrow ds^2 = -\left(1 - \frac{2m}{r}\right) dr^2 + 2dvd\tau + r^2 d\Omega^2$$

i.e. analogue of ingoing Eddington-Finkelstein coords

## Lecture 2

$$1. i) \quad \pi^{ij} = \frac{\delta S}{\delta h_{ij}} = N\sqrt{h} \left( 2K^{kl} \frac{\delta K_{kl}}{\delta h_{ij}} - 2K \frac{\delta K}{\delta h_{ij}} \right)$$

$$\begin{aligned} \frac{\delta K_{kl}}{\delta h_{ij}} &= -\frac{1}{2N} S_k^i S_l^j \\ \Rightarrow \pi^{ij} &= \sqrt{h} \left( -K^{ij} + K h^{ij} \right) \end{aligned}$$

$$ii) \quad \frac{\delta S}{\delta N} = \frac{\delta S}{\delta N^i} = 0 \Rightarrow \pi_N \approx 0, \pi_i \approx 0$$

$$H = \int d^3x \left\{ \pi^{ij} \dot{h}_{ij} + \pi_i \dot{N}^i + \pi_N \dot{N} - N\sqrt{h} \left( {}^{(3)}R + K^{ij} K_{ij} - K^2 \right) \right\}$$

$$h_{ij} = -2N K_{ij} + 2D_{ci} N_j, \quad K_{ij} = -h^{-\frac{1}{2}} (\pi_{ij} - \frac{1}{2} \pi h_{ij})$$

$$\Rightarrow H = \int d^3x \left\{ \pi_i \dot{N}^i + \pi_N \dot{N} + 2N \pi^{ij} h^{-\frac{1}{2}} (\pi_{ij} - \frac{1}{2} \pi h_{ij}) + 2 \pi^{ij} D_i N_j - N\sqrt{h} \left[ {}^{(3)}R + h^{-1} (\pi^{ij} - \frac{1}{2} \pi h^{ij}) (\pi_{ij} - \frac{1}{2} \pi h_{ij}) - \frac{1}{4} h^{-1} \pi^2 \right] \right\}$$

$$\begin{aligned} H = \int d^3x \left\{ \pi_i \dot{N}^i + \pi_N \dot{N} + \sqrt{h} N \left[ \underbrace{- {}^{(3)}R + h^{-1} \pi^{ij} \pi_{ij} - \frac{1}{2} h^{-1} \pi^2}_{\partial L} \right] \right. \\ \left. + \sqrt{h} N^i \left[ \underbrace{-2D^j (h^{-\frac{1}{2}} \pi_{ij})}_{\partial L} \right] + \underbrace{2D_i (\pi^{ij} N_j)}_{\text{total derivative}} \right\} \end{aligned}$$

$$2. \text{ Let } \tilde{g}_{ab} = e^{2\varphi} g_{ab}, \quad \tilde{e}^r = e^\varphi e^r, \quad dx^i = \tilde{E}_r^i \tilde{e}^r \\ = E_r^i e^r$$

$$d\tilde{e}^r + \tilde{\omega}^m{}_v \wedge \tilde{e}^v = 0$$

$$\Rightarrow \underbrace{de^\ell \wedge e^\mu}_{e^\ell E_\rho^\ell \partial_\rho \varphi e^\mu \wedge e^\mu} + e^\ell \underbrace{de^r}_{-(\omega^r{}_v)_\rho e^\rho \wedge e^r} + (\tilde{\omega}^r{}_v)_\rho \tilde{e}^\rho \wedge \tilde{e}^v = 0$$

$$\Rightarrow \left[ (\tilde{\omega}^r{}_v)_\rho - \tilde{e}^\ell (\omega^m{}_v)_\rho + \tilde{e}^\ell \delta^m_v \nabla_\rho \varphi \right] \tilde{e}^\rho \wedge \tilde{e}^v = 0$$

$$\therefore (\tilde{\omega}^r{}_v)_\rho = e^{-\varphi} (\omega^m{}_v)_\rho - e^{-\varphi} \delta^m_v \nabla_\rho \varphi \quad (t)$$

$$\text{Let } (\tilde{\omega}^r{}_v)_\rho = e^{-\varphi} (\omega^r{}_v)_\rho + e^{-\varphi} [a \delta^m_v \nabla_\rho \varphi + b \delta^r_\rho \nabla_v \varphi + c \eta_{\rho v} \nabla^m \varphi]$$

$$\begin{aligned} (\tilde{\omega}_{(mv)})_v &= 0 \Rightarrow a = 0, b + c = 0 \\ (t) \Rightarrow a - b &= -1 \end{aligned} \quad \left. \begin{array}{l} a = 0, b = 1, c = -1 \end{array} \right\}$$

$$\therefore (\tilde{\omega}^r{}_v) = (\omega^r{}_v)_\rho e^\rho + \nabla_v \varphi e^r - \nabla^r \varphi e_v$$

$$\begin{aligned} \tilde{R}^m{}_v &= d\tilde{\omega}^r{}_v + \tilde{\omega}^r{}_e \wedge \tilde{\omega}^e{}_v \\ &= R^m{}_v + d(\nabla_v \varphi e^r - \nabla^r \varphi e_v) \\ &\quad + (\omega^r{}_e) \wedge (\nabla_v \varphi e^e - \nabla^e \varphi e_v) + (\nabla_e \varphi e^r - \nabla^r \varphi e_e) \wedge \omega^e{}_v \\ &\quad + (\nabla_\rho \varphi e^m + \nabla^m \varphi e_\rho) \wedge (\nabla_v \varphi e^e - \nabla^e \varphi e_v) \\ &= R^m{}_v + \nabla_e \nabla_v \varphi e^e \wedge e^r - \nabla_e \nabla^r \varphi e^e \wedge e_v \\ &\quad + \nabla_\rho \varphi \nabla_v \varphi e^m \wedge e^e - |\nabla \varphi|^2 e^m \wedge e_v - \nabla_\rho \varphi \nabla^r \varphi e_v \wedge e^e \end{aligned}$$

$$\tilde{R}^r_v = \left\{ \frac{1}{2} R^r_{v\varphi\sigma} + S^r_{[\sigma} \nabla_{\varrho]} \nabla_v \varphi - \eta_{v[\sigma} \nabla_{\varrho]} \nabla^r \varphi \right. \\ \left. - S^r_{[\varrho} \nabla_{\sigma]} \varphi \nabla_v \varphi - \eta_{v[\varrho} \nabla_{\sigma]} \varphi \nabla^r \varphi - S^r_{[\varrho} \eta_{\sigma]} v |\nabla \varphi|^2 \right\} e^{\varphi}$$

$$\Rightarrow \tilde{R}^r_{v\varphi\sigma} = e^{-2\varphi} \left\{ R^r_{v\varphi\sigma} - 2 \left[ S^r_{[\varrho} \nabla_{\sigma]} \nabla_v \varphi - \eta_{v[\varrho} \nabla_{\sigma]} \nabla^r \varphi \right. \right. \\ \left. \left. - S^r_{[\varrho} \nabla_{\sigma]} \varphi \nabla_v \varphi + \eta_{v[\varrho} \nabla_{\sigma]} \varphi \nabla^r \varphi + S^r_{[\varrho} \eta_{\sigma]} v |\nabla \varphi|^2 \right] \right\}$$

$$\tilde{R}_{v\sigma} = e^{-2\varphi} \left\{ R_{v\sigma} - \left[ (n-2) \nabla_v \nabla_\sigma \varphi + \eta_{v\sigma} \nabla^2 \varphi \right. \right. \\ \left. \left. - (n-2) \nabla_v \varphi \nabla_\sigma \varphi + (n-2) \eta_{v\sigma} |\nabla \varphi|^2 \right] \right\}$$

$$= e^{-2\varphi} \left\{ R_{v\sigma} - (n-2) (\nabla_v \nabla_\sigma \varphi - \nabla_v \varphi \nabla_\sigma \varphi) \right. \\ \left. - [\nabla^2 \varphi + (n-2) |\nabla \varphi|^2] \eta_{v\sigma} \right\}$$

$$\tilde{R} = \eta^{v\sigma} \tilde{R}_{v\sigma} = e^{-2\varphi} \left\{ R - 2(n-1) \nabla^2 \varphi - (n-1)(n-2) |\nabla \varphi|^2 \right\}$$

$$\tilde{R} = e^{-2\varphi} \left[ R - \frac{4(n-1)}{n-2} e^{-\frac{(n-2)\varphi}{2}} \nabla^2 e^{\frac{n-2}{2}\varphi} \right]$$

3.

$$ds^2 = - \frac{\left(1 - \frac{m}{2r}\right)^2}{\left(1 + \frac{m}{2r}\right)^2} dt^2 + \left(1 + \frac{m}{2r}\right)^4 (dr^2 + r^2 d\Omega^2)$$

$$\text{Let } r = r \left(1 + \frac{m}{2r}\right)^2$$

$$\begin{aligned} dr &= dr \left[ \left(1 + \frac{m}{2r}\right)^2 + 2r \left(1 + \frac{m}{2r}\right) \left(-\frac{m}{2r^2}\right) \right] \\ &= dr \left(1 + \frac{m}{2r}\right) \left(1 + \frac{m}{2r} - \frac{m}{r}\right) = \left(1 + \frac{m}{2r}\right) \left(1 - \frac{m}{2r}\right)^2 dr \end{aligned}$$

$$\begin{aligned} 1 - \frac{2m}{r} &= 1 - \frac{2m}{r} \left(1 + \frac{m}{2r}\right)^{-2} = \left(1 + \frac{m}{2r}\right)^{-2} \left[ \left(1 + \frac{m}{2r}\right)^2 - \frac{2m}{r} \right] \\ &= \left(1 - \frac{m}{2r}\right)^2 \left(1 + \frac{m}{2r}\right)^{-2} \end{aligned}$$

$$\Rightarrow ds^2 = - \left(1 - \frac{2m}{r}\right) dt^2 + \underbrace{\frac{\left(1 + \frac{m}{2r}\right)^2}{\left(1 - \frac{m}{2r}\right)^2} dr^2}_{\left(1 - \frac{2m}{r}\right)^{-1}} + r^2 d\Omega^2$$

$$ds^2 = - \left(1 - \frac{2m}{r}\right) dt^2 + \left(1 - \frac{2m}{r}\right)^{-1} dr^2 + r^2 d\Omega^2$$


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## Lecture 3

1. Want  $\xi$  s.t.

$$\delta_\xi g_{uu} = O\left(\frac{1}{r}\right), \quad \delta_\xi g_{ur} = O\left(\frac{1}{r^2}\right), \quad \delta_\xi g_{uI} = O(1)$$

$$\delta_\xi g_{rr} = \delta_\xi g_{rI} = 0, \quad \delta_\xi g_{IJ} = O(r), \quad g^{IJ} \delta_\xi g_{IJ} = 0$$

$$\begin{aligned} \bullet \quad \delta_\xi g_{rr} &= \mathcal{L}_\xi g_{rr} = \xi^a \partial_a g_{rr} + 2g_{ar} \partial_r \xi^a \\ &= 2g_{ur} \partial_r \xi^u = 0 \end{aligned}$$

$$\Rightarrow \underline{\partial_r \xi^u} = 0 \quad \Rightarrow \underline{\xi^u = f(u, x^I)} \quad (+)$$

$$\begin{aligned} \bullet \quad \delta_\xi g_{rI} &= \xi^a \partial_a g_{rI} + 2g_{a(r} \partial_I \xi^{a)} \\ &= g_{ur} \partial_I \xi^u + g_{aI} \partial_r \xi^a = g_{ur} \partial_I \xi^u + \underbrace{g_{uI} \partial_r \xi^u}_{=0} + \underbrace{g_{JI} \partial_r \xi^J}_{\Leftarrow (+)} \end{aligned}$$

$$\Rightarrow \underline{\partial_r \xi^I} = + \frac{h^{IJ}}{r^2} e^{2\beta} \partial_J f$$

$$\Rightarrow \underline{\xi^I} = Y^I(u, x^I) - \int_r^\infty dr' \frac{h^{IJ} e^{2\beta}}{r'^2} \partial_J f$$

$$\bullet \quad g^{IJ} \delta_\xi g_{IJ} = g^{IJ} \left( \xi^a \partial_a g_{IJ} + 2g_{a(I} \partial_J \xi^{a)} \right)$$

$$= \frac{\omega^{-1}}{r^4} \xi^a \partial_a (r^4 \omega) + 2g^{IJ} g_{uI} \partial_J \xi^u + 2g^{IJ} g_{KI} \partial_J \xi^K$$

$$= \frac{1}{r^4} \xi^r \partial_r r^4 + \frac{1}{\omega} \xi^I \partial_I \omega - 2C^I \partial_I f + 2 \partial_K \xi^K$$

$$= \frac{4}{r} \xi^r - 2(C^I D_I f - D_K \xi^K)$$

$$\Rightarrow \underline{\xi^r} = -\frac{r}{2} (D_I \xi^I - C^I D_I f)$$

$$\therefore \tilde{\xi} = f \partial_u + \left[ Y^I - \underbrace{\int_r^\infty dr' \frac{h^I \bar{D} e^{2\beta}}{r'^2} D_J f}_{\tilde{\xi}^I} \right] \partial_I - \frac{r}{2} (D_I \tilde{\xi}^I - C^I D_I f) \partial_r$$

$$\tilde{\xi}^I = Y^I - \frac{D^I f}{r} + \dots$$

$$\tilde{\xi}^r = -\frac{r}{2} D_I Y^I + \frac{1}{2} D^2 f + \dots$$

$$\begin{aligned} \bullet \delta_{\tilde{\xi}} g_{ur} &= \mathcal{L}_{\tilde{\xi}} g_{ur} = \tilde{\xi}^a \partial_a g_{ur} + 2g_{a(u} \partial_{r)} \tilde{\xi}^a \\ &= \underbrace{\tilde{\xi}^a \partial_a}_{O(1)} \underbrace{(-e^{2\beta})}_{-1+O(\frac{1}{r^2})} + g_{au} \partial_r \tilde{\xi}^u + g_{ur} \partial_u \tilde{\xi}^u \\ &= -\partial_r \tilde{\xi}^r - \partial_u f + O(\frac{1}{r^2}) \\ &= -\left(\partial_u f - \frac{1}{2} D_I Y^I\right) + O(\frac{1}{r^2}) \\ &= O(\frac{1}{r^2}) \Rightarrow \underbrace{\partial_u f}_{=} = \frac{1}{2} D_I Y^I \quad (\#) \end{aligned}$$

$$\begin{aligned} \bullet \delta_{\tilde{\xi}} g_{uI} &= \mathcal{L}_{\tilde{\xi}} g_{uI} = \tilde{\xi}^a \partial_a g_{uI} + g_{au} \partial_I \tilde{\xi}^a + g_{aI} \partial_u \tilde{\xi}^a \\ &= \underbrace{\tilde{\xi}^a \partial_a}_{O(1)} \underbrace{(-r^2 h_{IJ} C^J)}_{O(1)} + \underbrace{g_{au} \partial_I \tilde{\xi}^u}_{O(1)} + \underbrace{g_{ur} \partial_I \tilde{\xi}^r}_{O(1)} + \underbrace{g_{uJ} \partial_I \tilde{\xi}^J}_{O(1)} \\ &\quad + \underbrace{g_{uI} \partial_u \tilde{\xi}^u}_{O(1)} + \underbrace{g_{dI} \partial_u \tilde{\xi}^d}_{O(1)} \\ &= r^2 h_{IJ} \partial_u \left( Y^J - \frac{D^J f}{r^2} \right) + \frac{r}{2} D_I (D_J Y^J) + O(1) \end{aligned}$$

$$O(r^2) : \partial_u Y^d = 0$$

$$O(r) : D_I \left[ -\partial_u f + \frac{1}{2} D_J Y^J \right] = 0 \quad \checkmark \quad \Leftarrow (\#)$$

$$\Rightarrow \underbrace{Y^I}_{=} = \underline{Y^I(x)}$$

Now, (II)  $\Rightarrow$

$$f = \frac{u}{2} D_I Y^I + S(x)$$

$$\begin{aligned} \cdot \delta_{\xi} g_{IJ} &= \mathcal{L}_{\xi} g_{IJ} = \underbrace{\xi^a \partial_a g_{IJ}}_{r^2 \omega_{IJ} + O(r)} + 2g_{a(I} \partial_J \xi^a \\ &= \underbrace{\xi^u \partial_u g_{IJ}}_{r^2 \omega_{IJ} + O(r)} + \underbrace{\xi^r \partial_r g_{IJ}}_{O(1)} + 2g_{u(I} \underbrace{\partial_J \xi^u}_{O(1)} + r^2 \mathcal{L}_{\xi} h_{IJ} \end{aligned}$$

where  $\hat{\xi}^I = \xi^I$

$$= r^2 \left( \mathcal{L}_y \omega_{IJ} - D_K Y^K \omega_{IJ} \right) + O(r)$$

$$\Rightarrow \mathcal{L}_y \omega_{IJ} = D_K Y^K \omega_{IJ}$$

or  $D_{(I} Y_{J)} = \frac{1}{2} D_K Y^K \omega_{IJ}$

$$\begin{aligned} \cdot \delta_{\xi} g_{uu} &= \mathcal{L}_{\xi} g_{uu} = \underbrace{\xi^a \partial_a g_{uu}}_{O(1)} + 2g_{ua} \partial_u \xi^a \\ &= 2g_{uu} \partial_u \xi^u + 2g_{ur} \partial_u \xi^r + 2g_{uI} \underbrace{\partial_u \xi^I}_{O(1)} + O(\frac{1}{r}) \\ &= -2 \partial_u f - D^2 \partial_u f + O(\frac{1}{r}) \\ &= - \underbrace{\left( D \cdot Y + \frac{1}{2} D^2 (D \cdot Y) \right)}_{=0} + O(\frac{1}{r}) \end{aligned}$$

$$[D_I, D_J] Y^J = R_{IJ} \delta_K Y^K = -Y_I$$

$$R_{IJKL} = 2 \omega_I [\kappa \omega_L]_J$$

$$\Rightarrow D_I D_J Y - D_J D_I Y^J = -Y_I$$

$$\Rightarrow D^I D^J D_I Y_J = -D \cdot Y \quad \textcircled{1}$$

$$D^I D^J D_I Y_J = D^I D^J (D_{(I} Y_{J)} + D_{[I} Y_{J]}) = \frac{1}{2} D^2 (D \cdot Y) + \frac{1}{2} D \cdot Y - \frac{1}{2} D \cdot Y = \frac{1}{2} D^2 (D \cdot Y) \quad \textcircled{2}$$

$$\textcircled{1} \& \textcircled{2} \Rightarrow \frac{1}{2} D^2 (D \cdot Y) + D \cdot Y = 0$$

2. Taking the metric to be

$$g_{ab} = \begin{pmatrix} -F & -1 & 0 \\ -1 & 0 & 0 \\ 0 & 0 & r^2 \omega_{IJ} \end{pmatrix}$$

$$\text{with } F = 1 + \frac{F_0}{r} + \dots$$

the only non-zero comp. of  $\delta g_{ab}$  is  $\delta g_{uu} = -\frac{\delta F_0}{r} + \dots$

The inverse metric is  $g^{ab} = \begin{pmatrix} 0 & -1 & 0 \\ -1 & F & 0 \\ 0 & 0 & \frac{1}{r^2} \omega^{IJ} \end{pmatrix}$

$$\& \sqrt{-g} = r^2 \sqrt{\omega}$$

$$\text{Now, } (dx)_{ab} \sqrt{-g} = \eta_{ur\phi} d\theta d\phi \delta_{ab}^{ur} r^2 \sqrt{\omega} = d\Omega r^2 \delta_{ab}^{ur}$$

Taking  $\xi = \partial_u$

$$\$Q_\xi = \frac{1}{8\pi} \int_{S_\infty^2} d\Omega r^2 \left\{ g^{cd} \xi^{[r} \nabla^{u]} \delta g_{cd} - \xi^{[r} g^{u]}_c \nabla^d \delta g_{cd} + \xi^c g^{d[u} \nabla^{r]} \delta g_{cd} \right.$$

$$\left. + \frac{1}{2} \cancel{g^{au} \delta g_{uu}} \nabla^{[r} \xi^{u]} + \frac{1}{2} \cancel{g^{ur} \delta g_{uu}} (\nabla^u \xi^r - \nabla^r \xi^u) \right\}$$

$$= \frac{1}{16\pi} \int_{S_\infty^2} d\Omega r^2 \left\{ - \cancel{g^{cd} \nabla^r \delta g_{cd}} + \cancel{g^{rc} \nabla^d \delta g_{cd}} + \cancel{g^{du} \nabla^r \delta g_{ud}} - \cancel{g^{dr} \nabla^u \delta g_{ud}} \right\}$$

$$= \frac{1}{16\pi} \int_{S_\infty^2} d\Omega r^2 \left\{ - \nabla^r \left( g^{cd} \delta g_{cd} - g^{rc} \delta g_{cr} - g^{du} \delta g_{ud} \right) \right.$$

$$\left. + \cancel{g^{rc} \nabla^u \delta g_{cu}} + \cancel{g^{rc} \nabla^I \delta g_{cI}} - \cancel{g^{dr} \nabla^u \delta g_{ud}} \right\}$$

$$\begin{aligned}
&= \frac{1}{16\pi} \int_{S_\infty^2} d\Omega r^2 \left\{ -\nabla^r \left( g^{IJ} \delta g_{IJ} \right) + g^{rc} \nabla^I \delta g_{cI} \right\} \\
&= \frac{1}{16\pi} \int_{S_\infty^2} d\Omega r^2 \left\{ -g^{IJ} g^{rc} \underbrace{\nabla_c \delta g_{IJ}}_{=0} + g^{rc} g^{IJ} \nabla_J \delta g_{cI} \right\} \\
&= \frac{1}{16\pi} \int_{S_\infty^2} d\Omega r^2 g^{rc} g^{IJ} \left( \underbrace{\partial_J \delta g_{cI}}_{=0} - \Gamma_{Jc}^d \delta g_{dI} - \Gamma_{JI}^d \delta g_{cd} \right) \\
&= \frac{1}{16\pi} \int_{S_\infty^2} d\Omega r^2 \underbrace{g^{ur} g^{IJ}}_{-\frac{1}{r^2} \omega^{IJ}} \underbrace{\left( -\Gamma_{IJ}^u \right)}_{-r \omega_{IJ}} \underbrace{\delta g_{uu}}_{-\delta F_0/r + \dots} \\
&= \frac{1}{16\pi} \int_{S_\infty^2} d\Omega \left[ -2\delta F_0 + \dots \right]_0 \\
&= -\frac{1}{8\pi} \int_{S_\infty^2} d\Omega \delta F_0
\end{aligned}$$


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$$\Rightarrow Q_\xi = -\frac{1}{8\pi} \int_{S_\infty^2} d\Omega F_0$$


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