

## **MODULE 4**

### **Education through the Arts, Movement and Mindfulness: Building Competences for a Better World**

**TRAINER:** Amanda Linden

#### **DESCRIPTION**

Young people are living in a transforming complex world where competences such as empathy, collaboration, communication or expression, social cohesion and problem-solving are vital for success in the future. This module will focus on engaging teachers with the education of science through the arts, movement and mindfulness. The result intended with fun activities is a transformation of the classroom into one where research, imagination and context play significant roles in learning.

#### **LEARNING OBJECTIVES**

Participants will:

- discover new approaches to familiar content (using movement, visual thinking routines, and creative activities)
- Understand the concepts of creativity and collaboration in the classroom and how you might use it in your own practice
- Find practical ways to include Learning in Motion in lessons
- Build a repertoire of different activities that you might incorporate into your classroom

#### **THEORY**

- Why is movement in learning important for our students today?
- How the arts are vehicles of the 21st Century Competencies.

#### **PRACTICAL/HANDS-ON**

- Participating in creative activities traditionally found in an drama classroom and brainstorming how they might be altered and used in each teachers' classroom