

# Thermodynamics of $f(R)$ Theories

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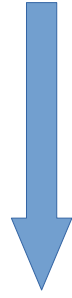
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This work starts from a toy model for inflation in a class of modified theories of gravity in the **metric formalism**. Instead of the standard procedure – assuming a non-linear Lagrangian  $f(R)$  in the Jordan frame – **we start from a simple  $\phi^2$  potential in the Einstein frame and investigate the corresponding  $f(R)$  in the former picture**. The addition of an **ad-hoc Cosmological Constant in the Einstein frame** leads to a **Thermodynamical interpretation** of this physical system, which allows further insight on its (meta)stability and evolution.

JORDAN FRAME

Conformal transf.

EINSTEIN FRAME



$$L_J = \sqrt{-g^J} f(R)$$

$$g_{\mu\nu}^E \equiv \Omega^2(x^\alpha) g_{\mu\nu}^J, \quad \text{where} \quad \Omega^2 \equiv p \equiv f'(R)$$

$$L_E = \sqrt{-g^E} \left[ R_E - g_E^{\mu\nu} \phi_{,\mu} \phi_{,\nu} - 2V_E(\phi) \right]$$

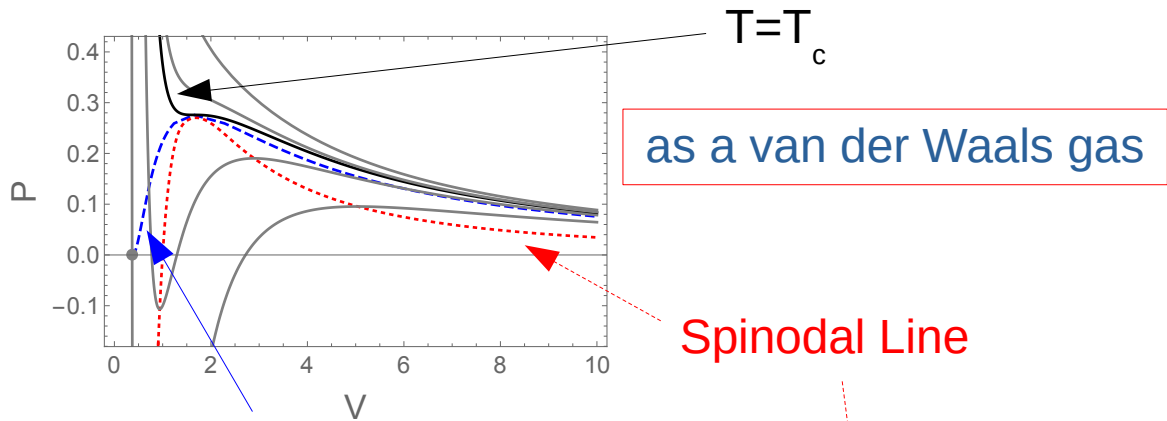
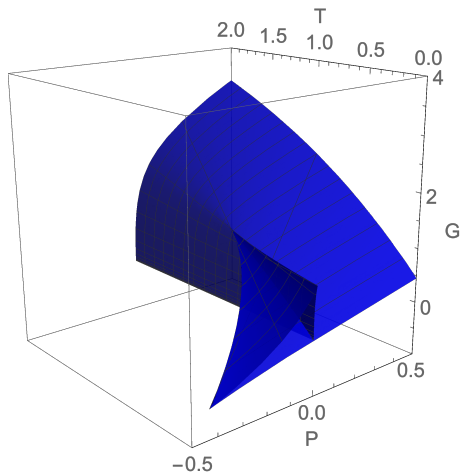
then  $V_E(\phi) \equiv \frac{1}{2p^2} \left\{ p(\phi) R[p(\phi)] - f[R(p(\phi))] \right\}$

But if  $V_E(\phi) \equiv \frac{1}{2} m_\phi^2 (\phi - a)^2 + \Lambda$

then 
$$\begin{cases} f(\phi) = e^{2\beta\phi} \left[ m_\phi^2 (a - \phi) \left( a - \phi - \frac{2}{\beta} \right) + 2\Lambda \right] \\ R(\phi) = 2e^{\beta\phi} \left[ m_\phi^2 (a - \phi) \left( a - \phi - \frac{1}{\beta} \right) + 2\Lambda \right] \end{cases}$$

Identifying  $\Lambda \equiv T$   $f(R) \equiv P$   $R \equiv G(P, T)$  : Gibbs Free Energy

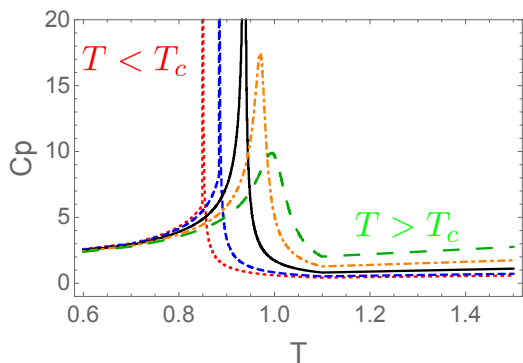
We obtain



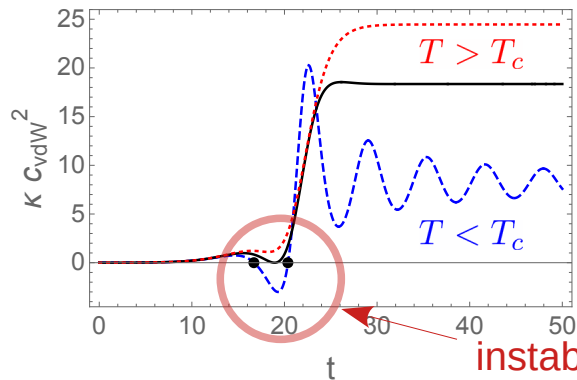
as a van der Waals gas

Spinodal Line

Binodal Line



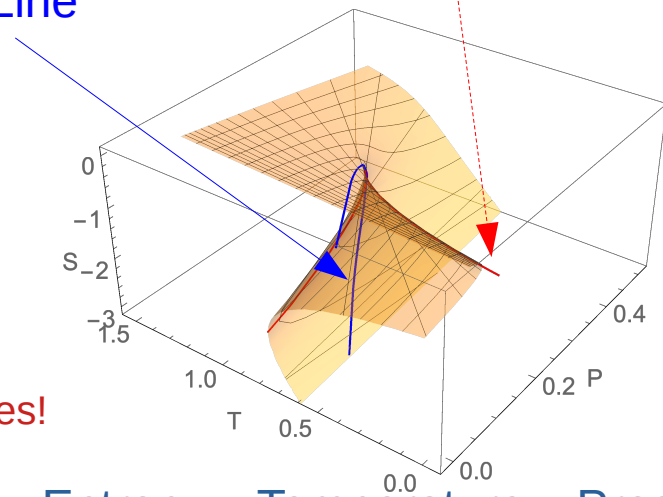
Specific Heat



instabilities!

Sound speed squared

$$c_s^2 < 0 \Leftrightarrow f'' < 0$$



Entropy x Temperature x Pressure