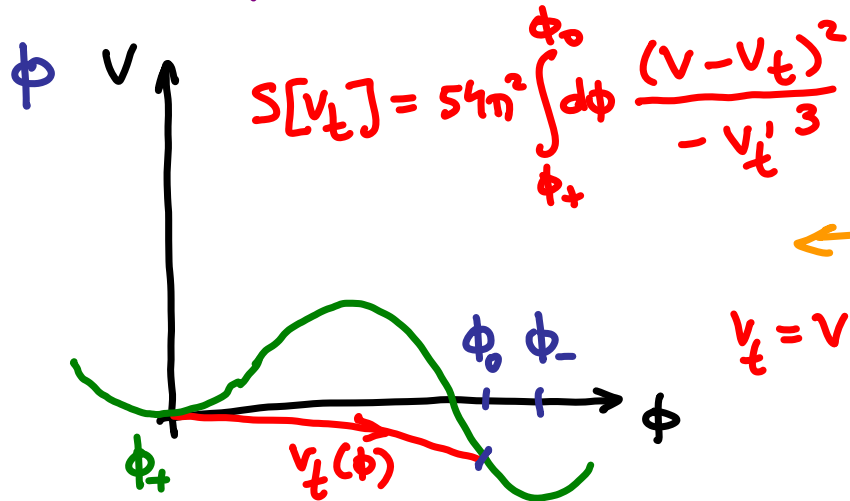


TUNNELING ACTIONS

EUCLIDEAN WAY

Coleman



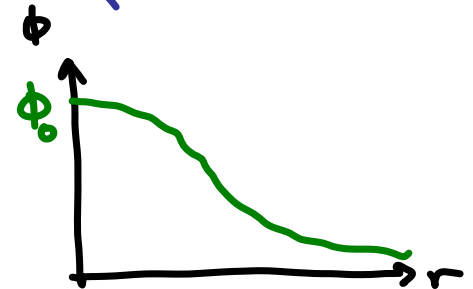
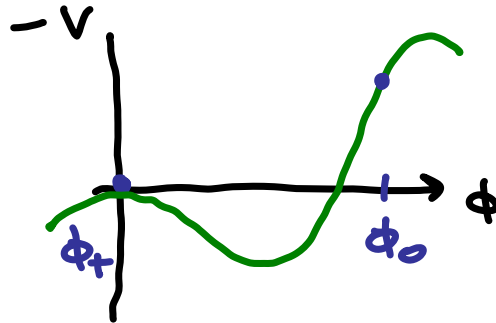
$$V_t = V - \frac{1}{2} \dot{\phi}^2$$

$O(4)$ $\phi(r)$

$$S[\phi] = 2\pi^2 \int_0^\infty dr r^3 \left[\frac{1}{2} \dot{\phi}^2 + V(\phi) \right]$$

$$\ddot{\phi} + \frac{3}{r} \dot{\phi} = V'$$

$$\begin{cases} \phi(0) = \phi_0 \\ \dot{\phi}(0) = 0 \\ \phi(\infty) = \phi_+ \end{cases}$$



$$P_{\phi_+ \rightarrow \phi_0} = A e^{-S/\hbar}$$

PROPS

- 1) $v_t \leq v$
- 2) $v_t' \leq 0$ monotonic
- 3) $S[v_t]$ is a minimum

APPS

- 1) Quartic polynomial v_t $\delta S/S < 1\%$
- 2) Multifield potentials $V(\phi_i)$
- 3) Ph. Tr. at finite T

$$\frac{S}{T} \propto \int_{\phi_+}^{\phi_0} d\phi \frac{(v - v_t)^{3/2}}{v_t'^2}$$

- 4) Analytical v

$$(4v_t' - 3v')v_t' = 6(v_t - v) \left[v_t'' + \frac{3v - 2v_t}{m_\phi^2} \right]$$

GRAVITY

$$\Delta V \sim m_p^4 \quad \Delta \phi \sim m_p$$

Coleman, De Luccia

$$O(4) \quad \phi_B(r) \quad \rho_B(r) \rightarrow ds^2 = dr^2 + \rho_B^2 d\Omega_3^2$$

$$\Delta S_E = S_E(\phi_B, \rho_B) - S_E(\phi_+, \rho_+)$$

v_t appr:

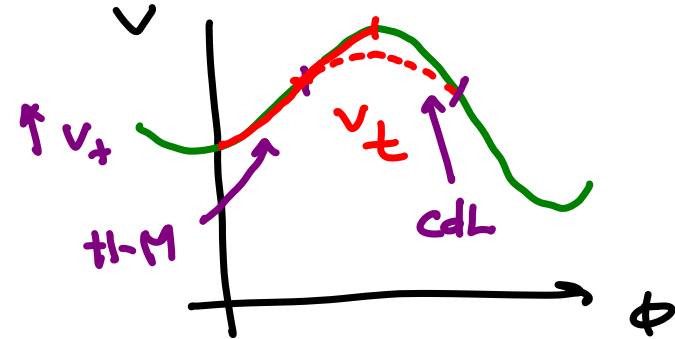
$$S[v_t] = 6\pi^2 m_p^4 \int_{\phi_+}^{\phi_0} d\phi \frac{(D + v_t')^2}{D v_t^2}$$

$$D = \sqrt{v_t'^2 + 6(v - v_t)v_t / m_p^2}$$

PROPS

1) dS, Mink, AdS (v_+)

2) dS ($v_+ > 0$) $v_+ \uparrow$ Hawking-Moss



3) Mink, AdS ($v_+ \leq 0$)

Gravitational quenching. $D^2 < 0$