



# Particle-Beam Therapy and ENLIGHT

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CERN and University of Oxford  
ENLIGHT Coordinator

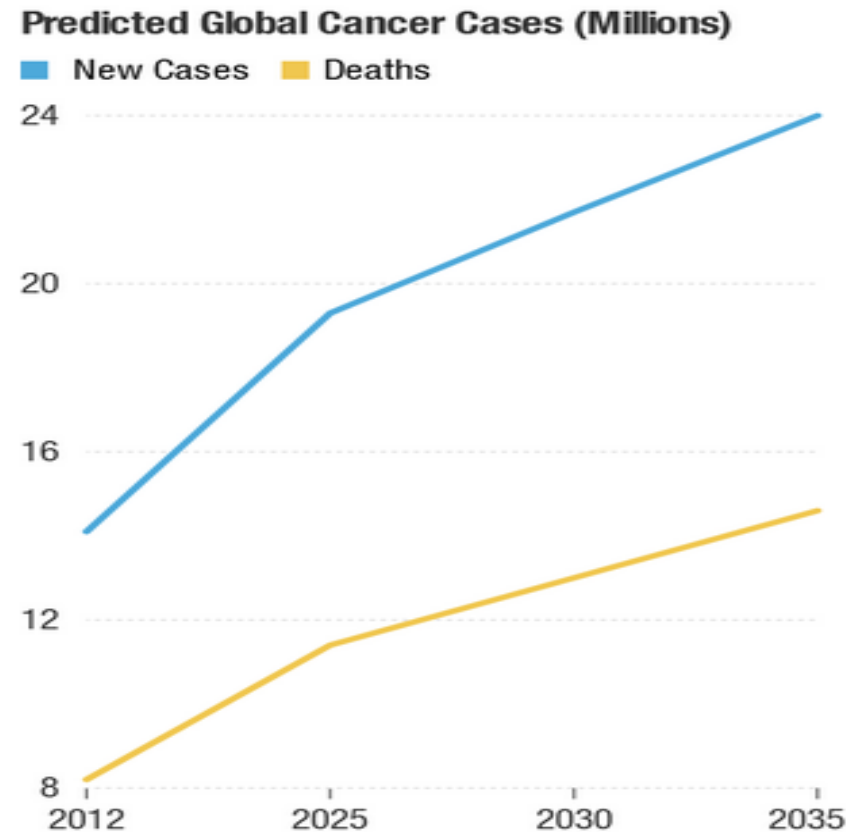
LXX International Conference -  
NUCLEUS2020.

16 October 2020



# Cancer is growing global challenge

- Globally **18** million new cases per year diagnosed and **9.6** million deaths in **2018**
- This will increase to **27.5** million new cases per year and **16.3** million deaths by **2040**
- **70% of these deaths** will occur in low- and-middle-income countries (LMICs)



**Radiation therapy is a key tool for treatment for over 50% patients**



# Radiotherapy in 21st Century

## 3 "Cs" of Radiation

**Cure** (about 50% cancer cases are cured)

**Conservative** (non-invasive, fewer side effects)

**Cheap** (about 10% of total cost of cancer on radiation)

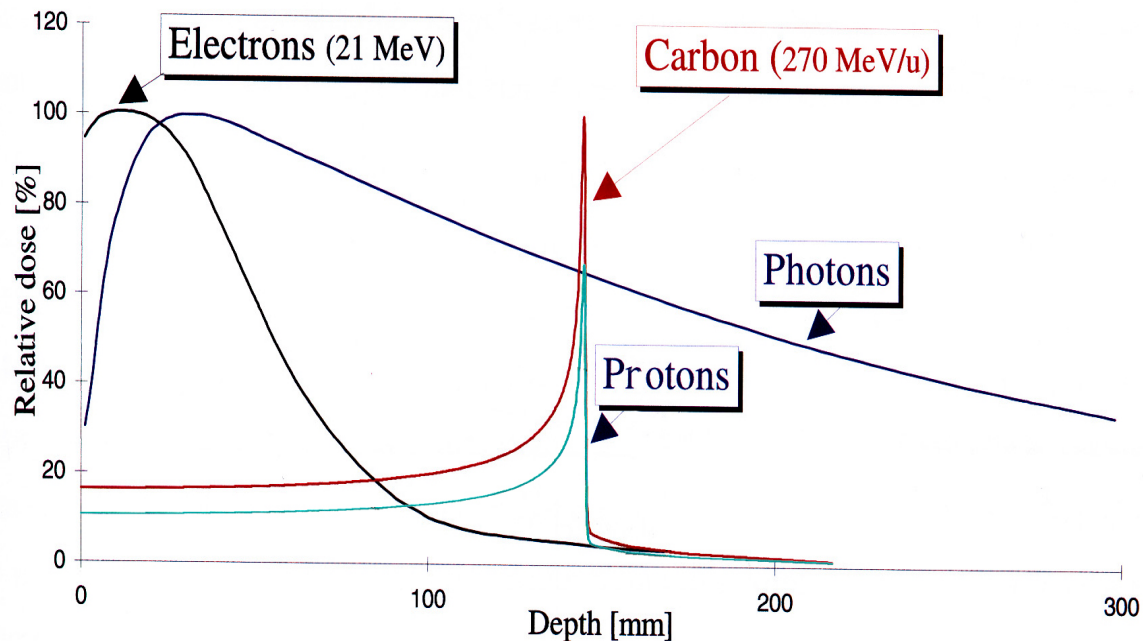
- About 50% patients are treated with RT
- No substitute for RT in the near future
- Number of patients is increasing

## Aims of Radiotherapy:

- Irradiate tumour with sufficient dose to **stop cancer growth**
- **Avoid complications** and **minimise** damage to surrounding tissue

## Current radiotherapy methods:

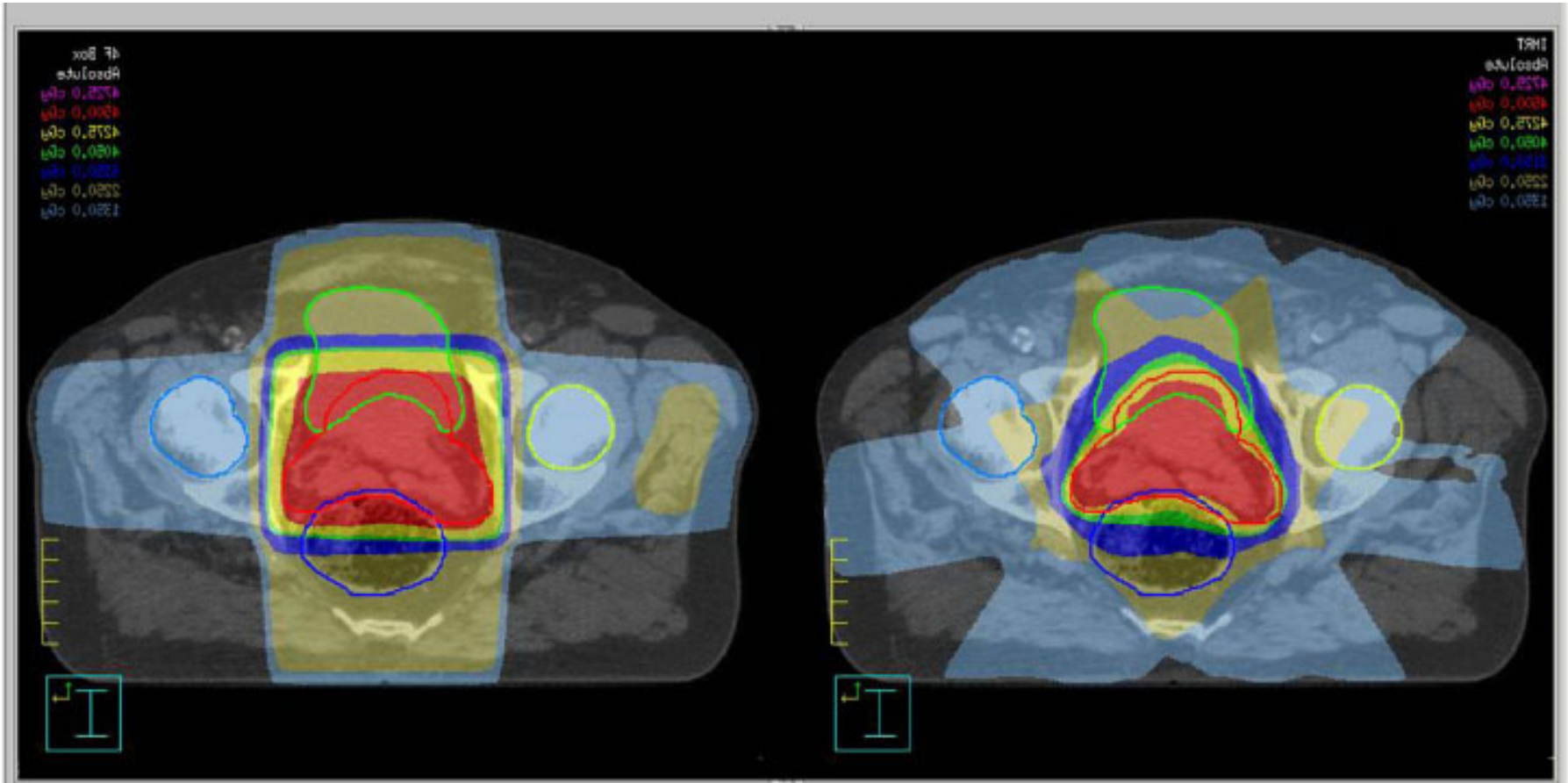
- MV photons
- 5 - 25 MeV electrons
- 50 - 300 MeV/u hadrons



# Radiation Therapy Today

- Key radiation therapy delivery systems
  - Cobalt 60 machines
  - Linear accelerators (Linacs)
  - Brachytherapy
  - Image-guided radiotherapy (IGRT);
  - MR-guided linac .
  - Particle therapy (proton and carbon, other ions)
  - FLASH therapy

# Improved Delivery

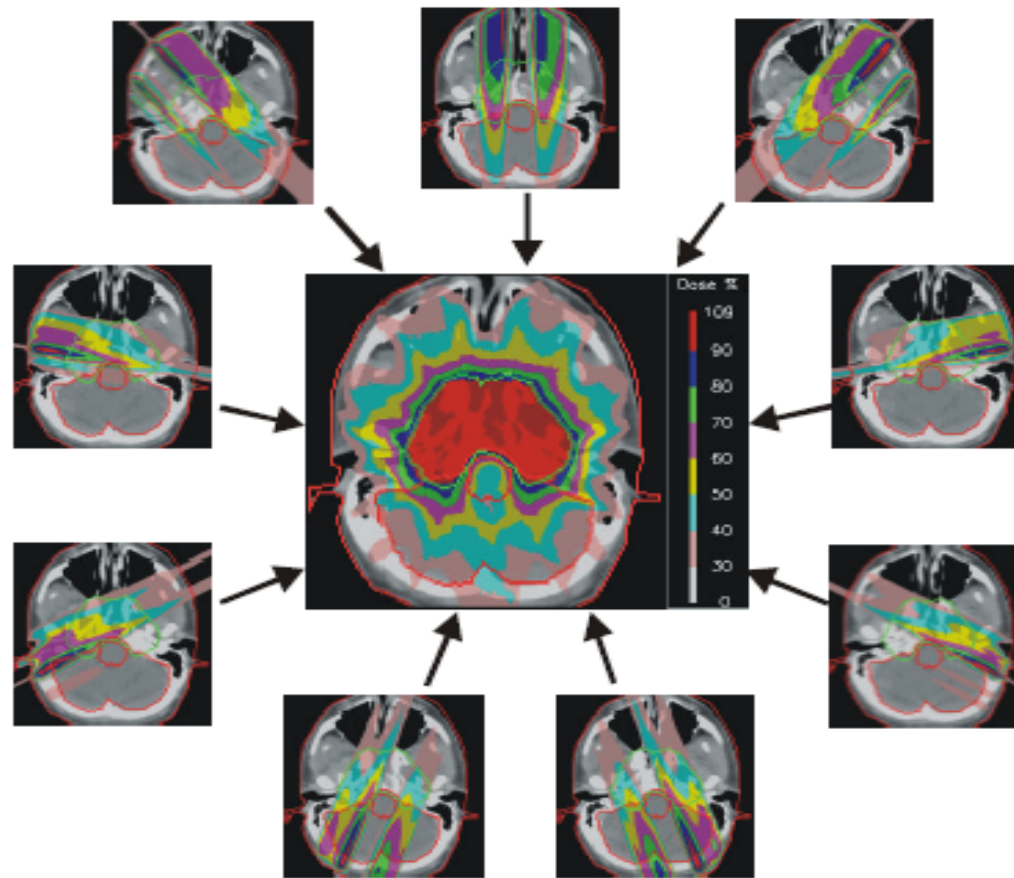


1990s: 4 constant intensity fields

Current state of RT: **Intensity Modulated Radiotherapy (IMRT)** – Multiple converging field with planar (2D) intensity variations

# Intensity Modulated Radiation Therapy

9 NON-UNIFORM FIELDS



PSI

60-75 grays (joule/kg) given in 30-35 fractions (6-7weeks)

to allow healthy tissues to repair:

90% of the tumours are radiosensitive

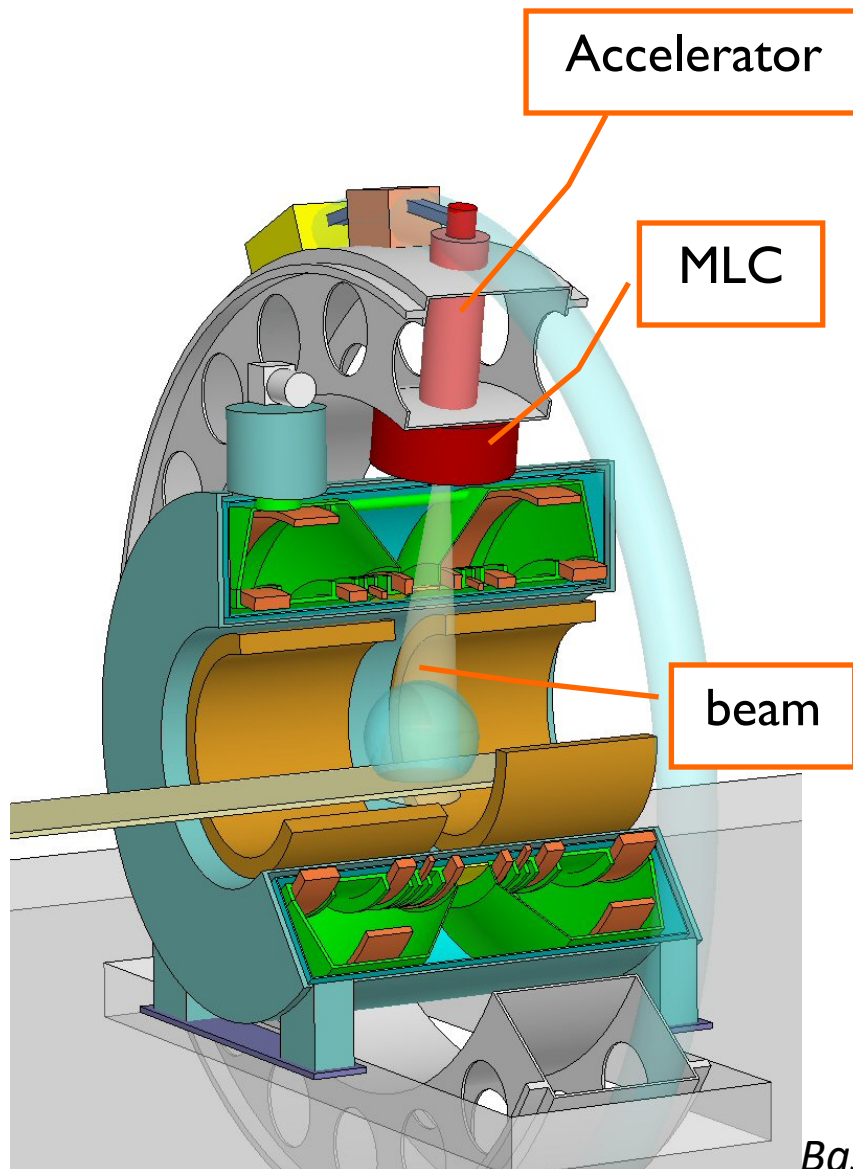
# Utrecht solution: Integrating a Philips MRI scanner with a Elekta radiotherapy accelerator



1.5T 70 cm bore Philips Ingenia



# Concept of MRI guided accelerator



Seeing what you treat at the moment of treatment

Bringing certainty in the actual treatment

# Advances in Radiation Therapy

In the past two decades due to:

- improvements in imaging modalities,
- powerful computers and software and delivery systems have enabled:
  - Intensity Modulated Radiotherapy (IMRT),
  - Image Guided Radiotherapy (IGRT),
  - Volumetric Arc Therapy (VMAT) and
  - Stereotactic Body Radiotherapy (SBRT)
- MRI-guided linac therapy
- Is Hadron/Particle Therapy the future since the physics of X-rays cannot be changed?

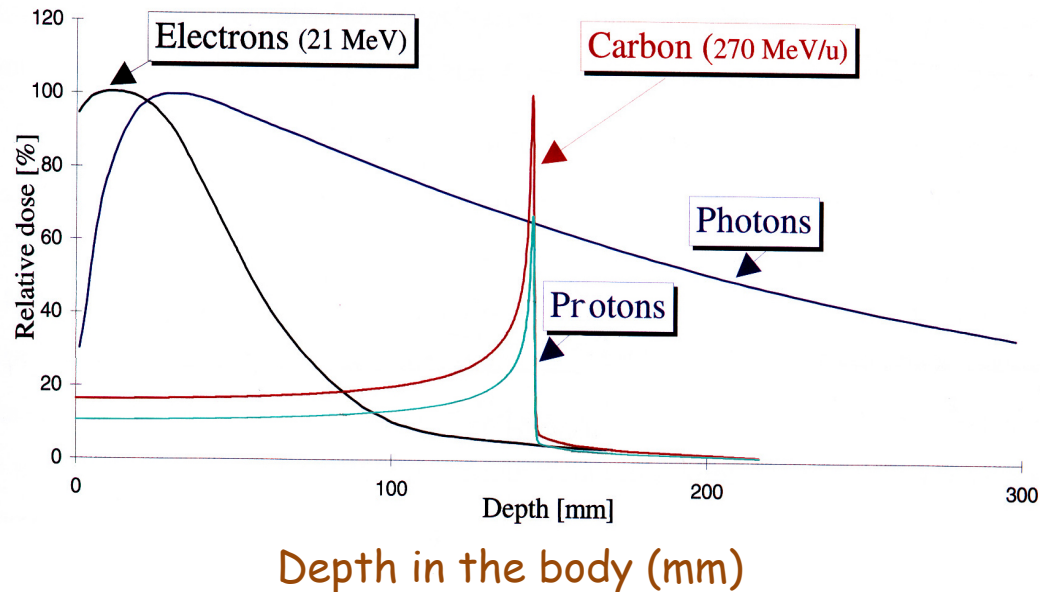


# Hadron Therapy

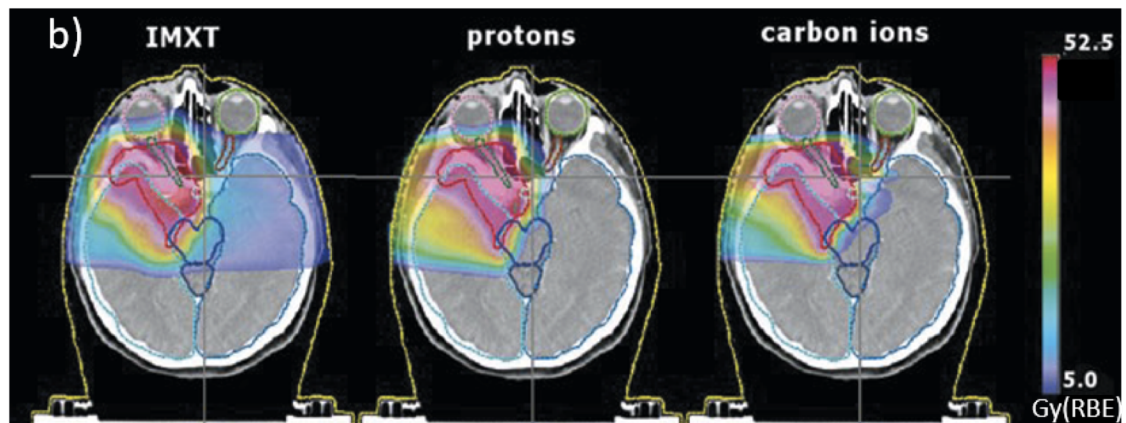
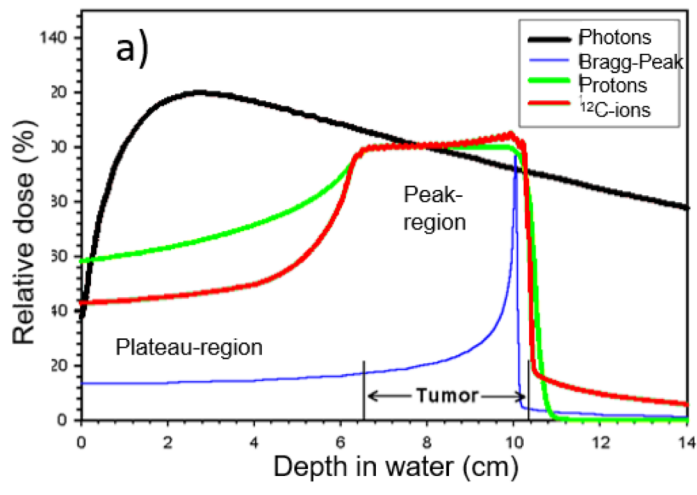
In 1946 Robert Wilson:

- Protons can be used clinically
- Accelerators are available
- Maximum radiation dose can be placed into the tumour
- Particle therapy provides sparing of normal tissues

- Tumours near critical organs
- Tumours in children
- Radio-resistant tumours



# Why Particle/Hadron Therapy?

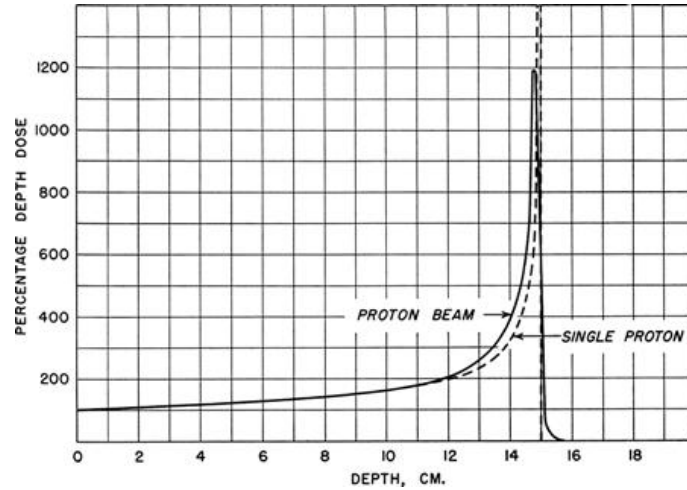


Depth dose profiles in water (a) and treatment plans (b) comparing photons, delivered with the most advanced intensity modulation RT (IMXT), and state-of-the-art scanned protons and  $^{12}\text{C}$  ions, showing the increased tumour-dose conformity of ion therapy due to the characteristic Bragg peak (a).

1932 - E. Lawrence  
First cyclotron



1946 – proton therapy  
proposed by R. Wilson



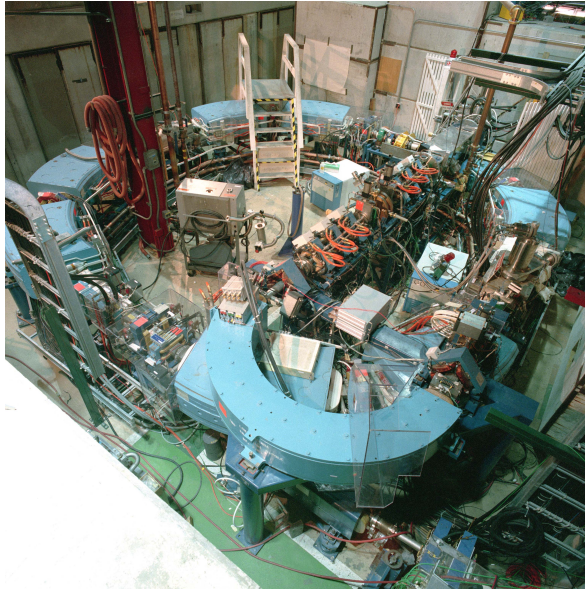
1954 – Berkeley treats  
the first patient



From physics.....



**1993- Loma Linda  
USA (proton)**



First dedicated clinical  
facility

**1994 – HIMAC/NIRS  
Japan (carbon)**



**1997 – GSI  
Germany (carbon)**



**Three crucial years for PT.....to clinics**

## DNA

## X-rays

## Protons

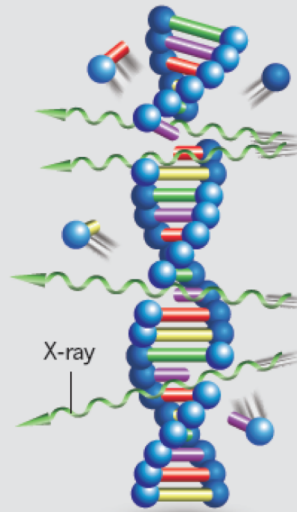
## Carbon ions

### GREATEST HITS

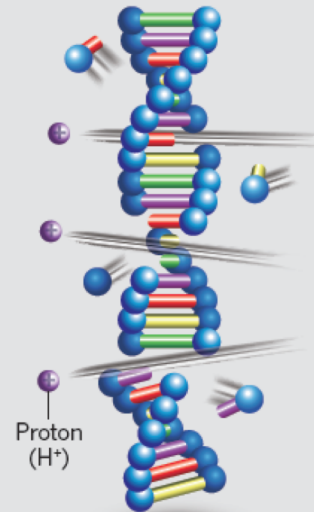
Radiation can kill cancer cells by damaging their DNA. X-rays can hit or miss. Protons are slightly more lethal to cancer cells than X-rays. Carbon ions are around 2–3 times as damaging as X-rays.



DNA

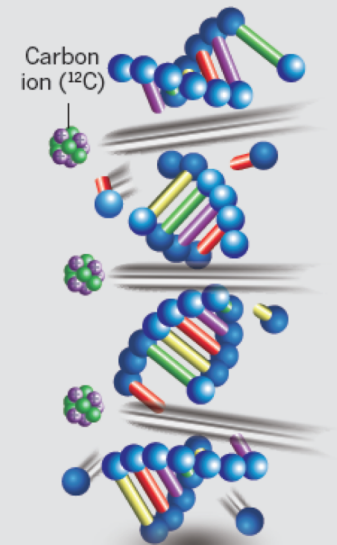


X-ray



Proton (H<sup>+</sup>)

Proton beam

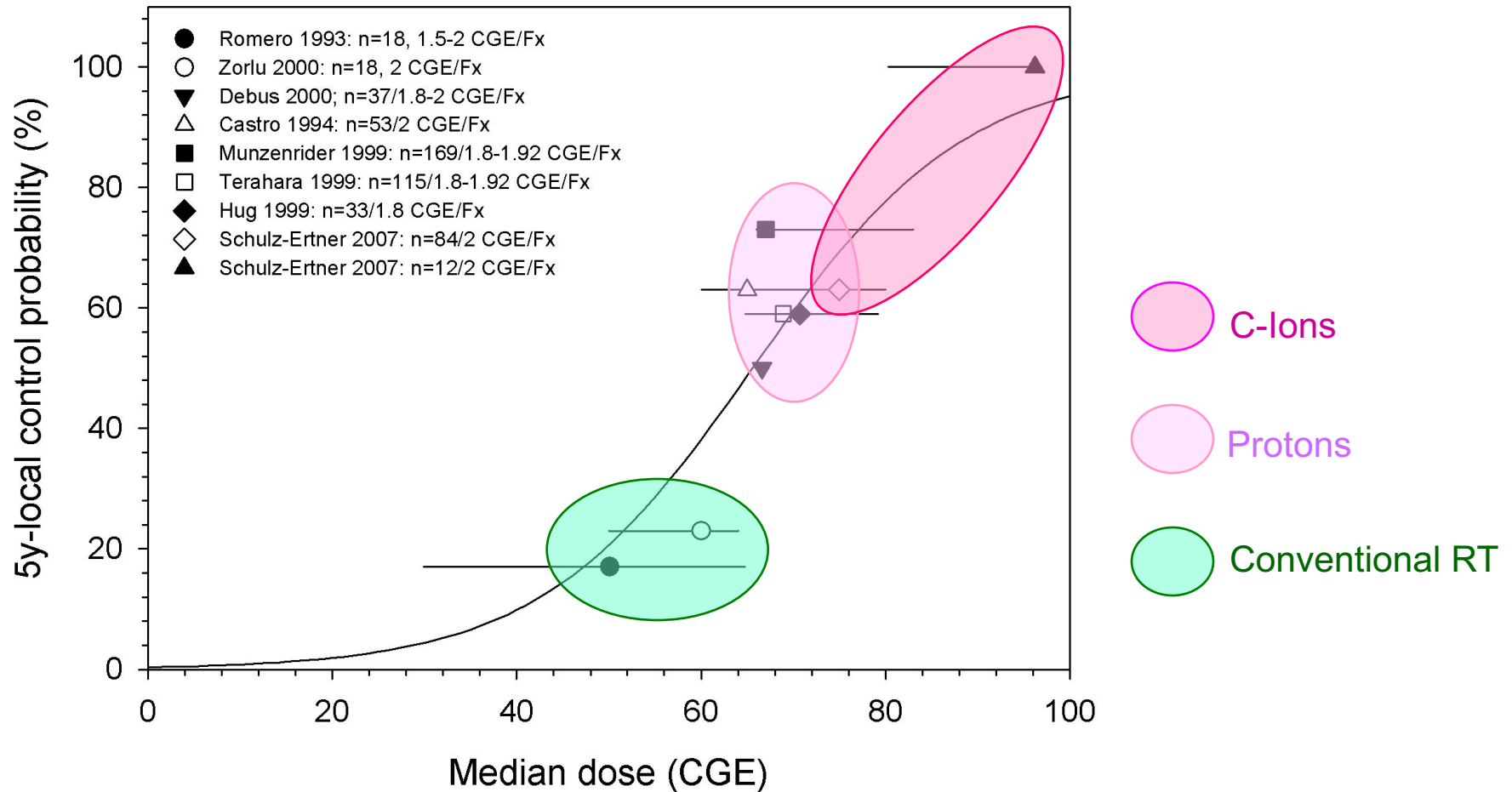


Carbon ion (<sup>12</sup>C)

Carbon-ion beam

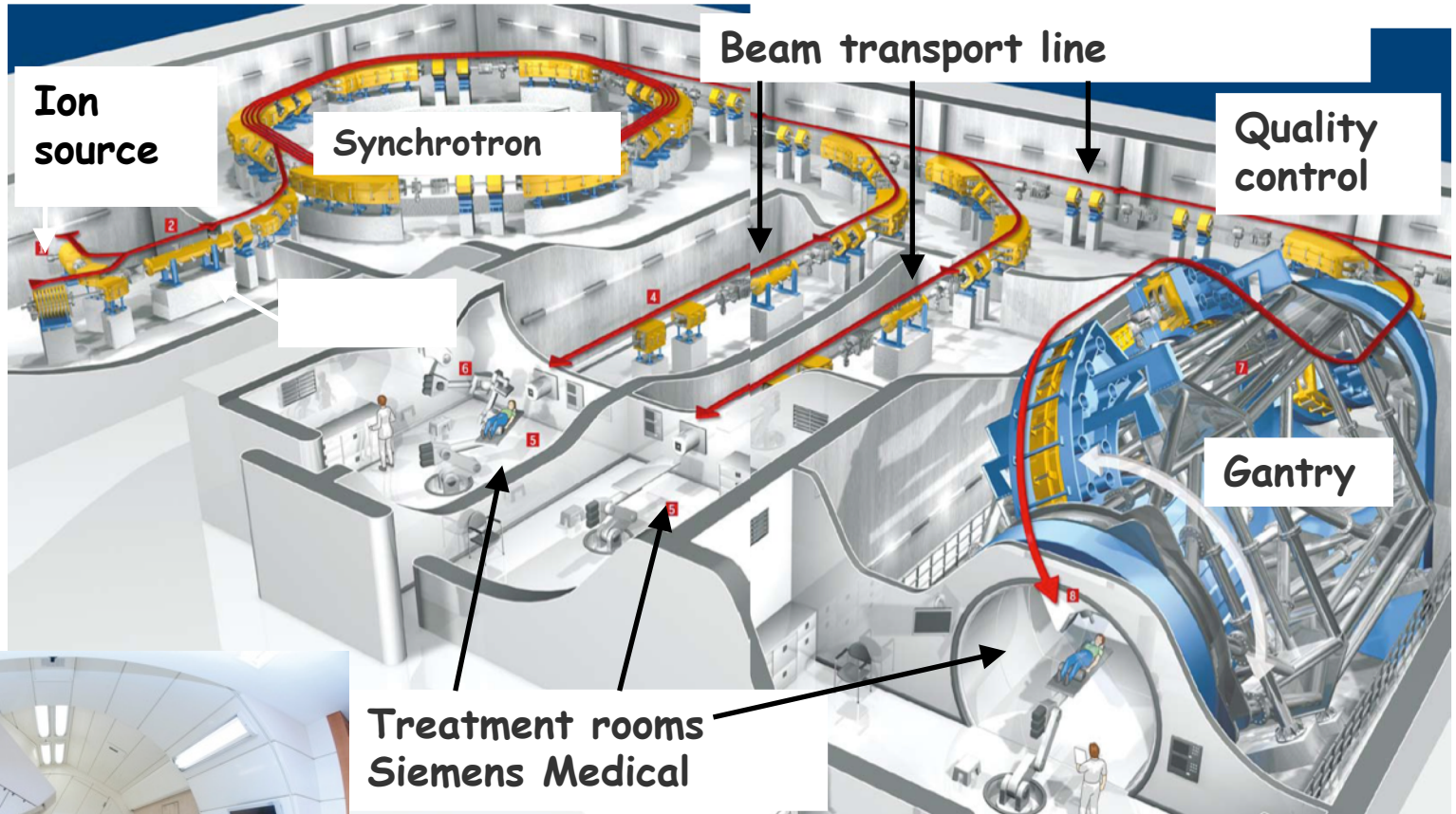
**Marx, Nature, 2014**

# Tumour Control Rate: Chordomas





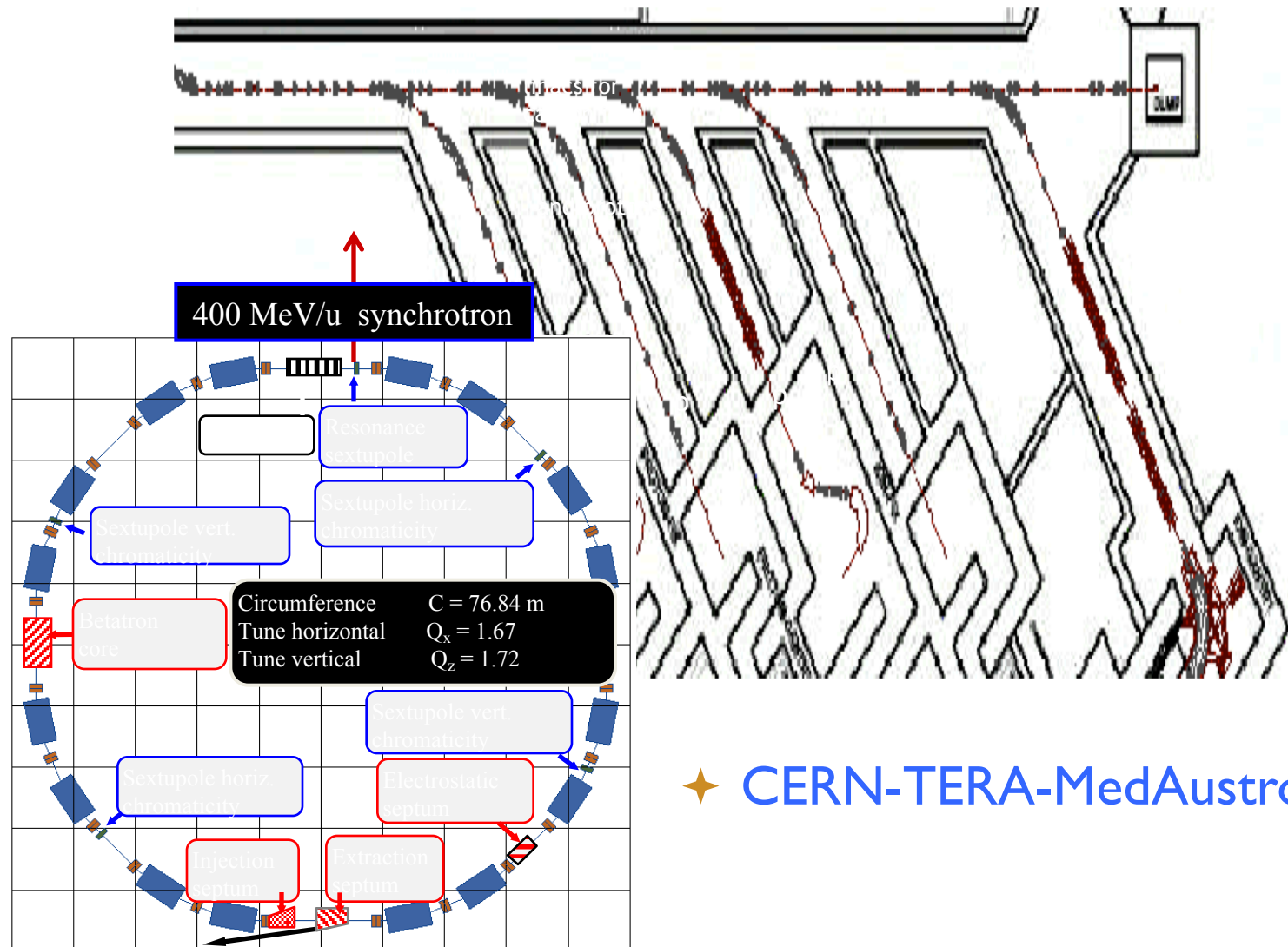
# HIT - Heidelberg



Carbon facilities in Europe: first was HIT  
in Heidelberg – started treating patients in 2009

Manjit Dosanjh, Nucleus2020

# PIMMS at CERN (1996-2000)



✦ CERN-TERA-MedAustron



# The beginnings of ENLIGHT

- The idea germinated in 2001 after ESTRO- Med-AUSTRON meeting
- In October 2001 the proposal for a Thematic Network was submitted to EC
- ENLIGHT was launched In February 2002 at CERN
- Funded: 1 million Euros in 2002

## Driving Force:

- Ugo Amaldi
- Jean Pierre Gerard
- Germane Heeren

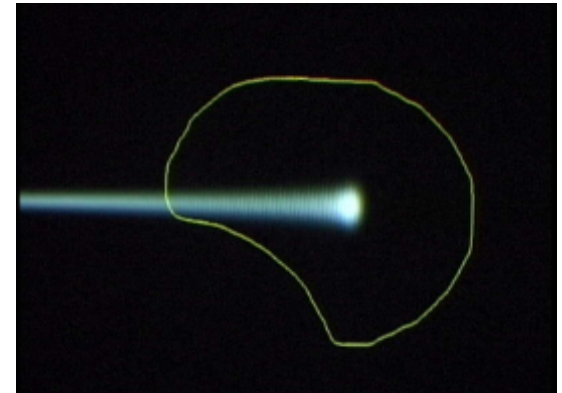
## Organisation:

- Hans Hoffmann
- Manjit Dosanjh



# European Network for Light Ion Hadron Therapy

- Launched at CERN in 2002, following PIMMS study
- Common **multidisciplinary platform**
- Cancer treatment
- Identify **challenges**
- Share **knowledge** and best practices
- Harmonise data
- Provide **training**, education
- **Innovate** to improve
- Lobby for funding

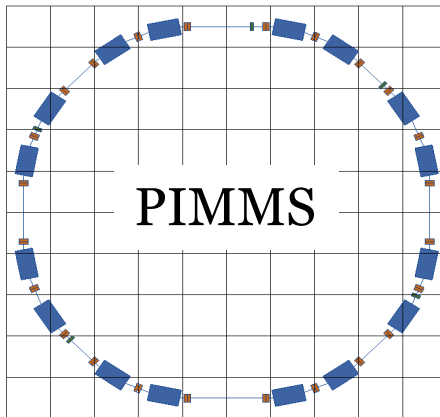


# PIMMS study at CERN (1996-2000)



Treatment , CNAO, Italy  
2011

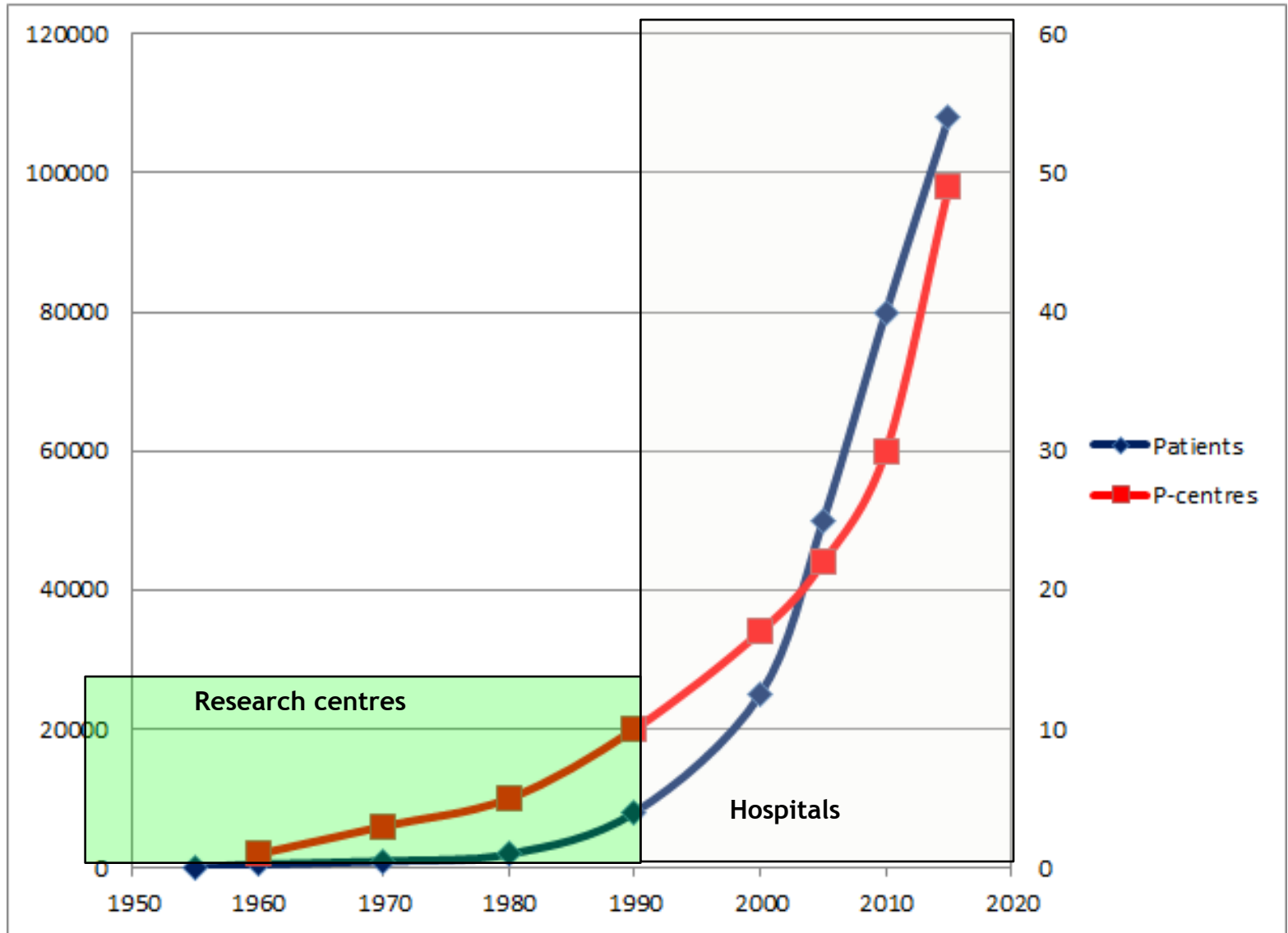
1996-2000  
PIMMS study



MedAustron, Austria 2016





[Data from [www.ptcog.ch](http://www.ptcog.ch)]





# Facilities in operation in Europe 2020






-  Proton centres
-  C-ion centres



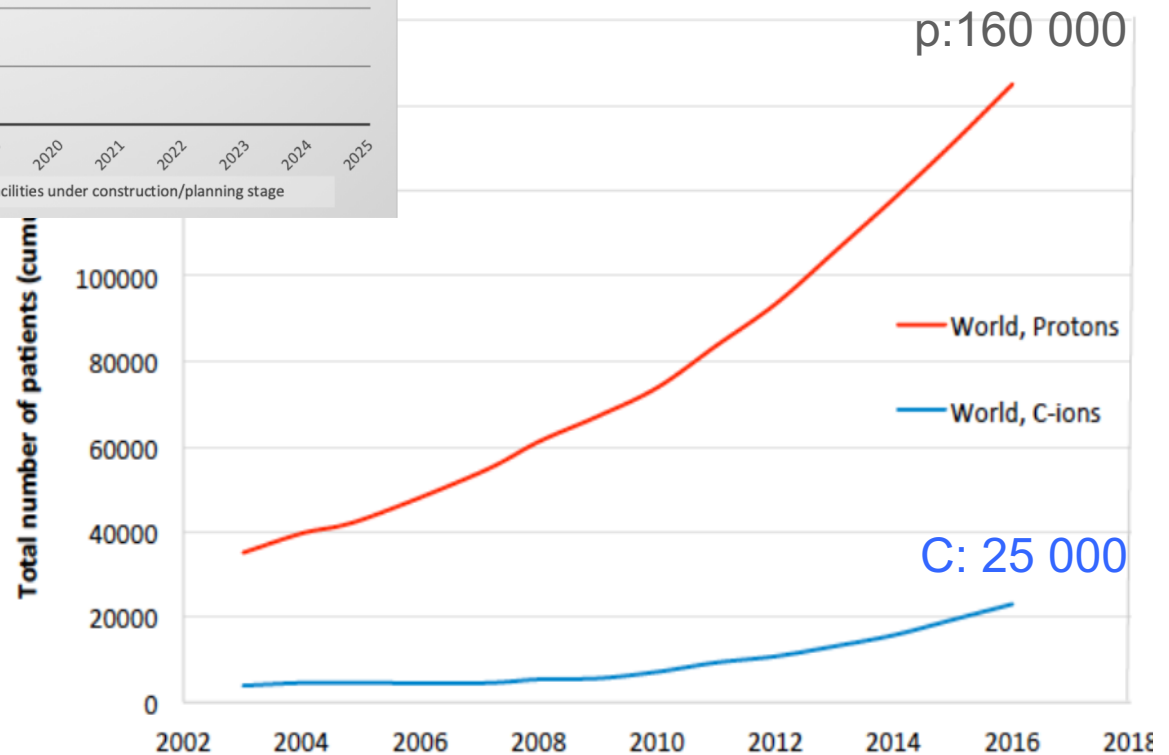
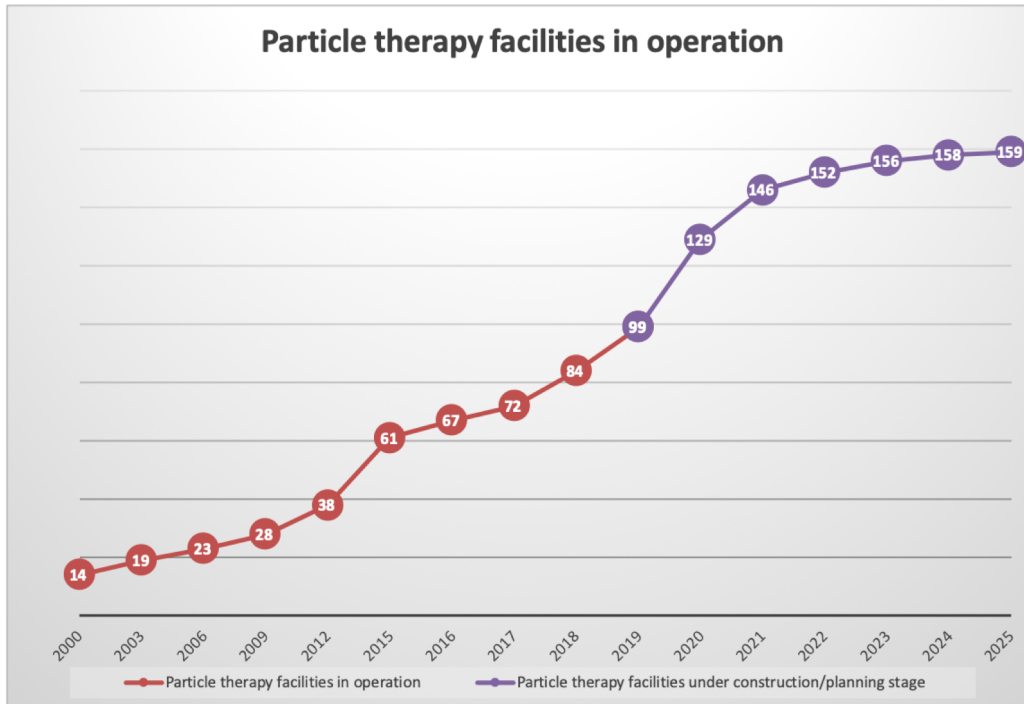


### Current status of Proton centres in East Europe

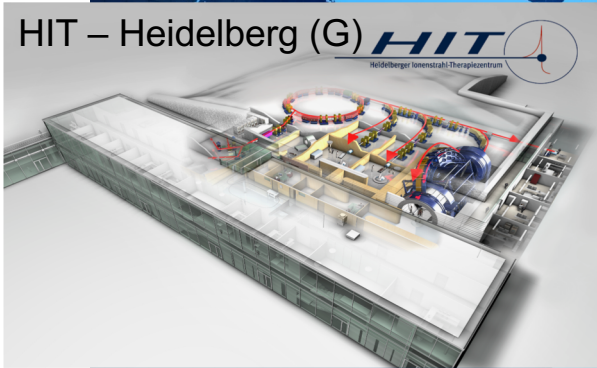
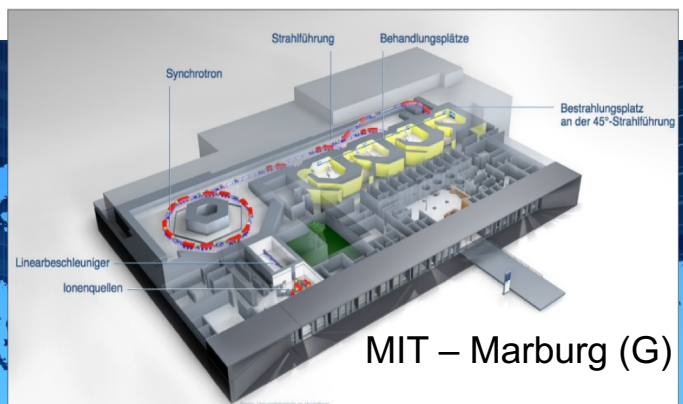
-  In clinical operation
-  Under construction
-  In planning stage



# Centres and patients worldwide



# Multi-ions clinical facilities in the World



CNAO – Pavia (I)

MedAustron – Wien (A)

3 centres in China

6 centres in Japan





# Much more still needs to be done

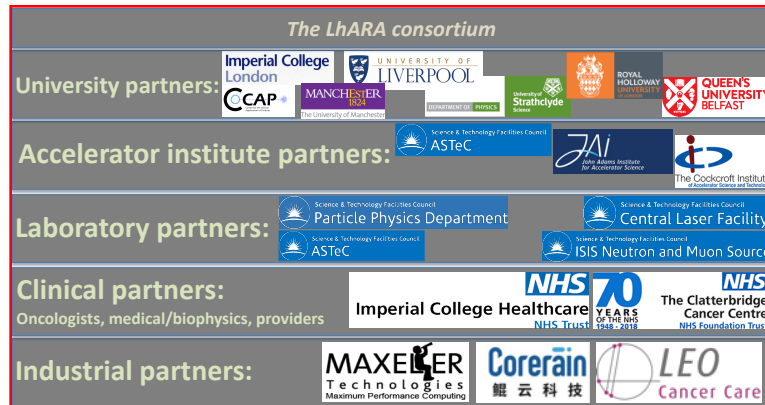
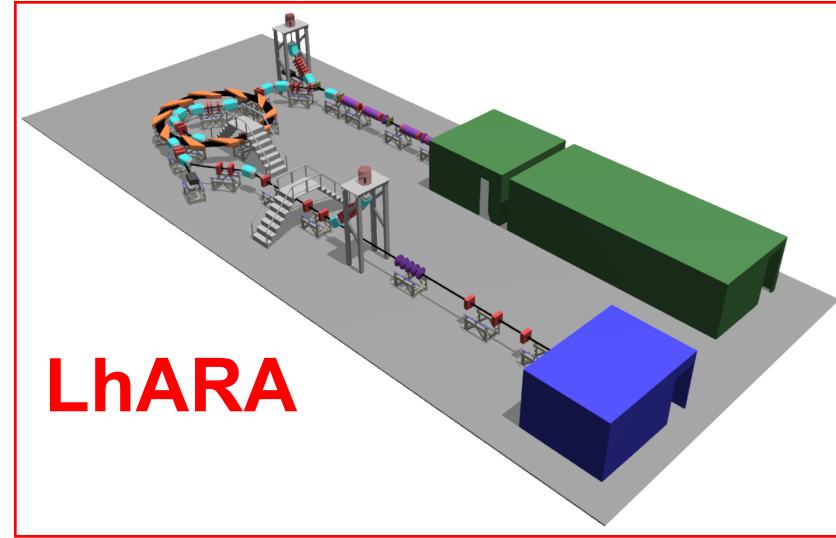
- Treat the tumour and only the tumour
  - ⇒ Imaging and dose delivery: control and monitor the ideal dose to the tumour
  - ⇒ Minimal collateral radiation “outside” the tumour
  - ⇒ Minimal radiation to nearby critical organs
  - Even if the tumour is moving
- Compact: Fit into a large hospital
  - ⇒ Accelerator: smaller, simpler, cheaper
  - ⇒ Gantry: compact, cheaper, energy efficient
- Be affordable
  - ✓ Capital cost ?
  - ✓ Operating costs ?
  - ✓ Increased number of treated patients per year ?
- Wish list from community
  - ✓ Improve patient through-put
  - ✓ Increase effectiveness
  - ✓ Decrease cost
- New ideas being explored

# LhARA: Laser-hybrid Accelerator for Radiobiological Applications (K.Long, ICL)

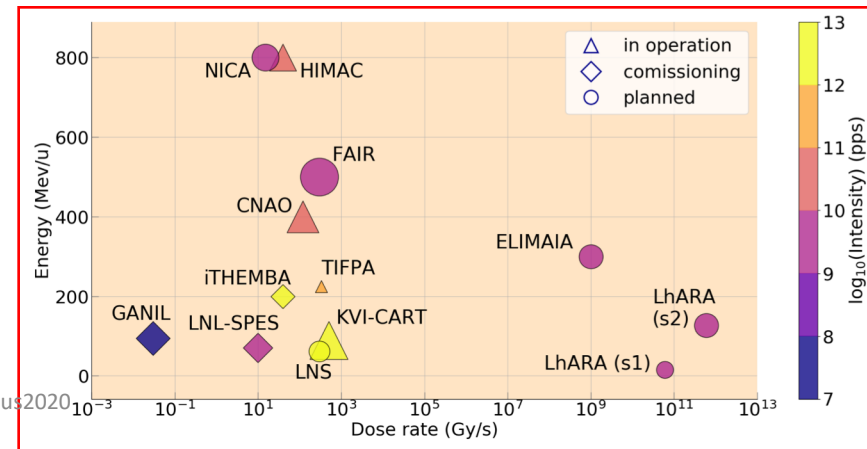
## A novel, hybrid, approach:

- High-flux, laser-driven proton/ion source:
  - Overcome instantaneous dose-rate limitation
- Delivers protons or ions in very short pulses:
  - Pulse length 10 – 40 ns
- Arbitrary pulse structure
- Novel plasma-lens capture & focusing
- Fast, flexible, efficient acceleration using FFA:
  - Protons up to 127 MeV p;
  - Ions up to ~33 MeV/u

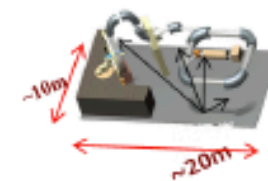
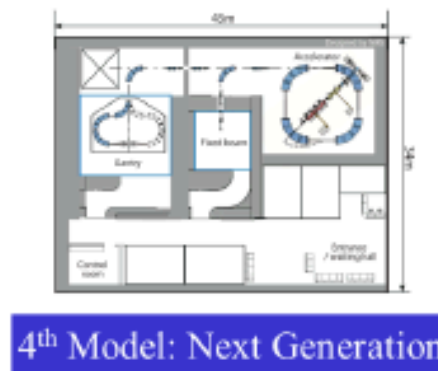
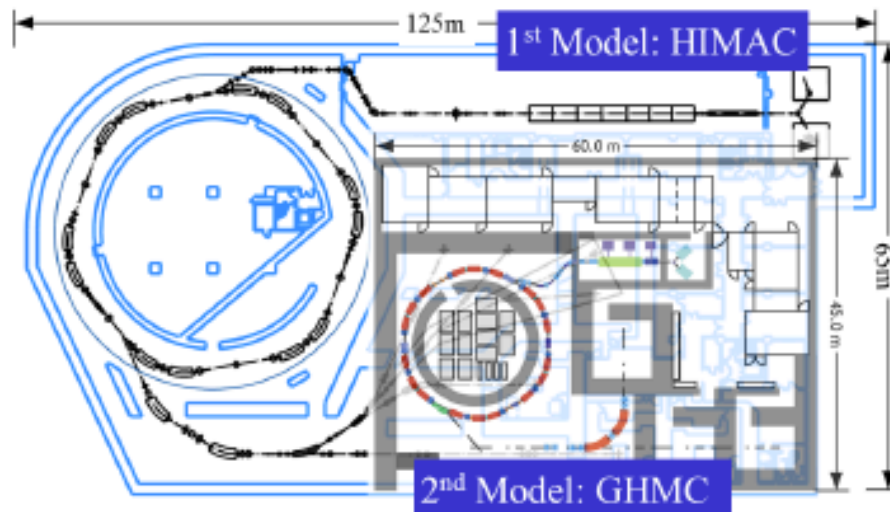
→ compact, uniquely flexible facility



+ Brm (Phys, Hosp, Cyclotron), NPL, Surrey, Institut Curie



# Plan of Miniaturizing Machine



5th Model: Future Type

# CERN: Beyond PIMMS to NIMMS

## A new accelerator design



Requirements of the ion therapy community, expressed at the Archamps Workshop, June 2018



**1. Concentrate on heavy ions** (Carbon but also Helium, Oxygen, etc.) because proton therapy is now commercial (4 companies offer turn-key facilities) while ions have higher potential for treatment but lower diffusion.

**2. A next generation ion research and therapy accelerator must have:**

- Lower cost, compared to present;
- Reduced footprint;
- Lower running costs;
- Faster dose delivery with higher beam intensity or pulse rate;
- A rotating ion gantry;
- Operation with multiple ions (for therapy and research).

### An innovative design:

- Can attract a wide support from the scientific community;
- Can increase the exchange SEE-WE and inside SEE thanks to stronger collaboration on scientific and technical issues;
- Can bring modern high technology to the region, with new opportunities for local industry and scientific institutions.

### + Specific requirements for SEEIIST:

- Easy Industrialization
- Reliability
- Simple operation
- Reduced risk
- Acceptable time to development

**Current Hot topics: FLASH, VHEE.....**

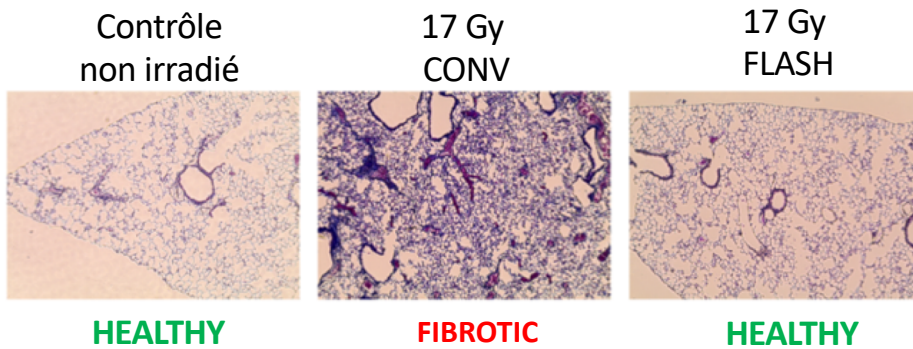
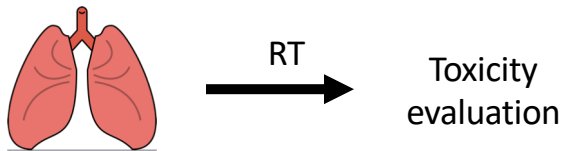
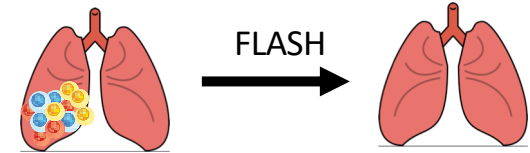
# FLASH radiotherapy is based on the observation that healthy tissue is less damaged if treatment occurs very fast

RESEARCH ARTICLE

RADIATION TOXICITY

## Ultrahigh dose-rate FLASH irradiation increases the differential response between normal and tumor tissue in mice

Vincent Favaudon,<sup>1,2\*</sup> Laura Caplier,<sup>3†</sup> Virginie Monceau,<sup>4,5‡</sup> Frédéric Pouzoulet,<sup>1,2§</sup>  
Mano Sayarath,<sup>1,2¶</sup> Charles Fouillade,<sup>1,2</sup> Marie-France Poupon,<sup>1,2||</sup>  
Isabel Brito,<sup>6,7</sup> Philippe Hupé,<sup>6,7,8,9</sup> Jean Bourhis,<sup>4,5,10</sup> Janet Hall,<sup>1,2</sup>  
Jean-Jacques Fontaine,<sup>3</sup> Marie-Catherine Vozenin<sup>4,5,10,11</sup>



Anti-tumor efficacy



**FLASH EFFECT**



Absence of radiation-induced toxicity in the Normal lung

# FLASH THERAPY

## What are the underlying mechanisms in FLASH effect?

### The role of the oxygen

#### Playing with the oxygen tension = modify ROS production

- 1 – Make mice breathe 95% of oxygen (before and during IR)
- 2 – Increase oxygen tension in the brain
- 3 – Deliver FLASH or conventional dose-rate irradiation
- 4 – Evaluate memory



Increase in O<sub>2</sub> tension reverses the FLASH effect

Less ROS produced by FLASH-RT ?

# Treatment of a first patient with FLASH-radiotherapy

**5.6 MeV** linac adapted for accelerating electrons in FLASH mode

**15 Gy** with 10 pulses in **90 ms**

3.5 cm diameter tumour, multiresistant cutaneous

Appears that instantaneous dose induces a massive oxygen consumption and a transient protective hypoxia in normal tissues



Contents lists available at ScienceDirect

Radiotherapy and Oncology

journal homepage: [www.thegreenjournal.com](http://www.thegreenjournal.com)



Original Article

## Treatment of a first patient with FLASH-radiotherapy

Jean Bourhis<sup>a,b,\*</sup>, Wendy Jeanneret Sozzi<sup>a</sup>, Patrik Gonçalves Jorge<sup>a,b,c</sup>, Olivier Gaide<sup>d</sup>, Claude Bailat<sup>c</sup>, Frédéric Duclos<sup>a</sup>, David Patin<sup>a</sup>, Mahmut Ozsahin<sup>a</sup>, François Bochud<sup>c</sup>, Jean-François Germond<sup>c</sup>, Raphaël Moeckli<sup>c,1</sup>, Marie-Catherine Vozenin<sup>a,b,1</sup>

<sup>a</sup>Department of Radiation Oncology, Lausanne University Hospital and University of Lausanne; <sup>b</sup>Radiation Oncology Laboratory, Department of Radiation Oncology, Lausanne University Hospital and University of Lausanne; <sup>c</sup>Institute of Radiation Physics, Lausanne University Hospital and University of Lausanne; and <sup>d</sup>Department of Dermatology, Lausanne University Hospital and University of Lausanne, Switzerland

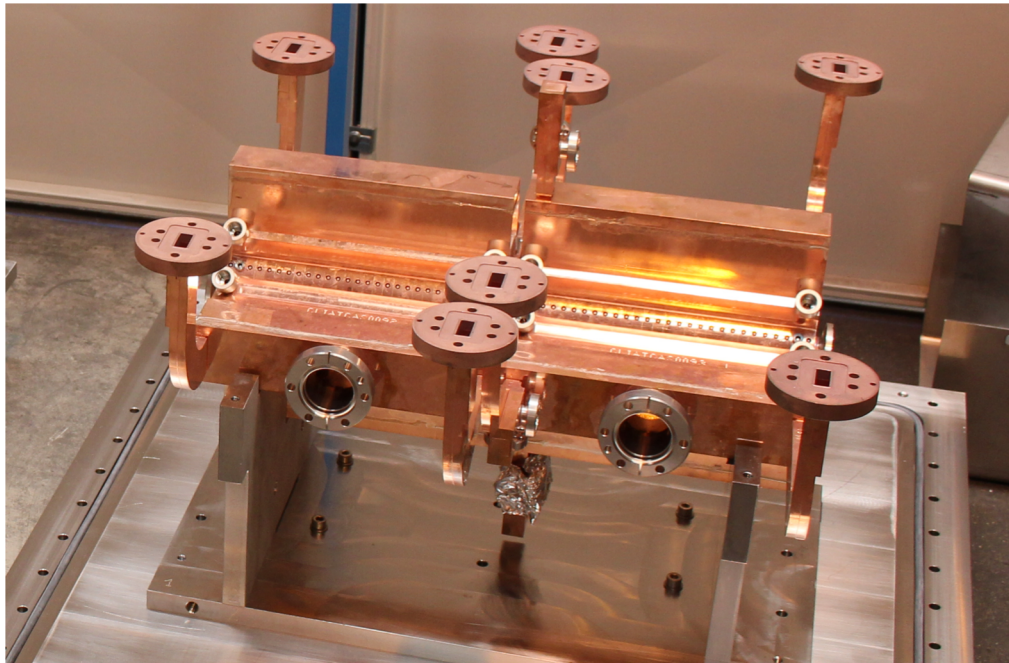


**Fig. 1.** Temporal evolution of the treated lesion: (a) before treatment; the limits of the PTV are delineated in black; (b) at 3 weeks, at the peak of skin reactions (grade 1 epithelitis NCI-CTCAE v 5.0); (c) at 5 months.



# New State of the art?

With recent High-Gradient linac technology developments, **Very High Energy Electrons (VHEE)** in the range 100–250 MeV offer the promise to be a cost-effective option for Radiation Therapy

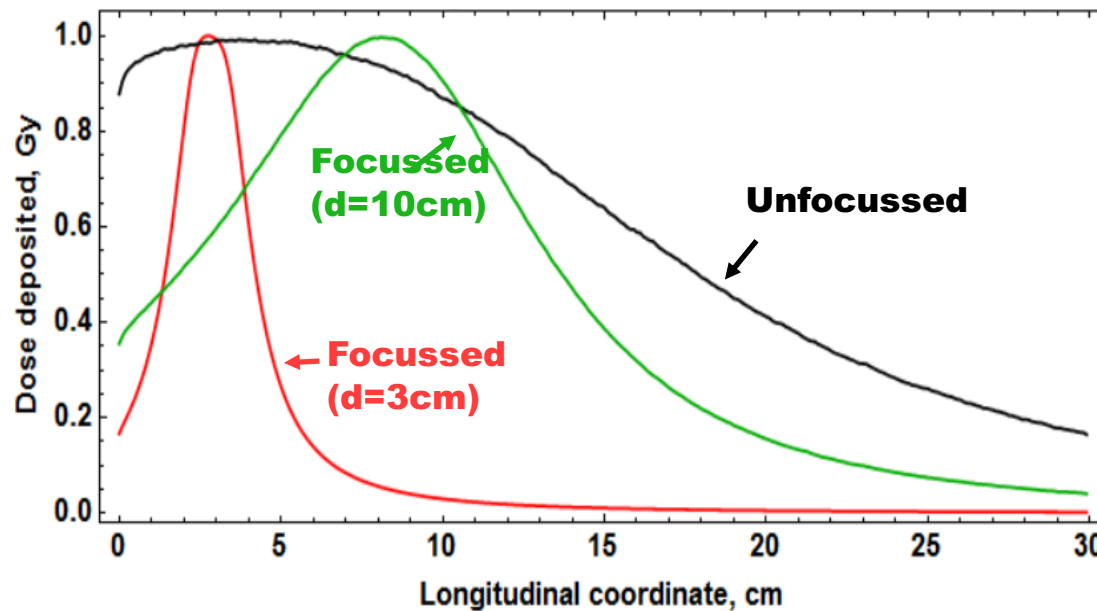
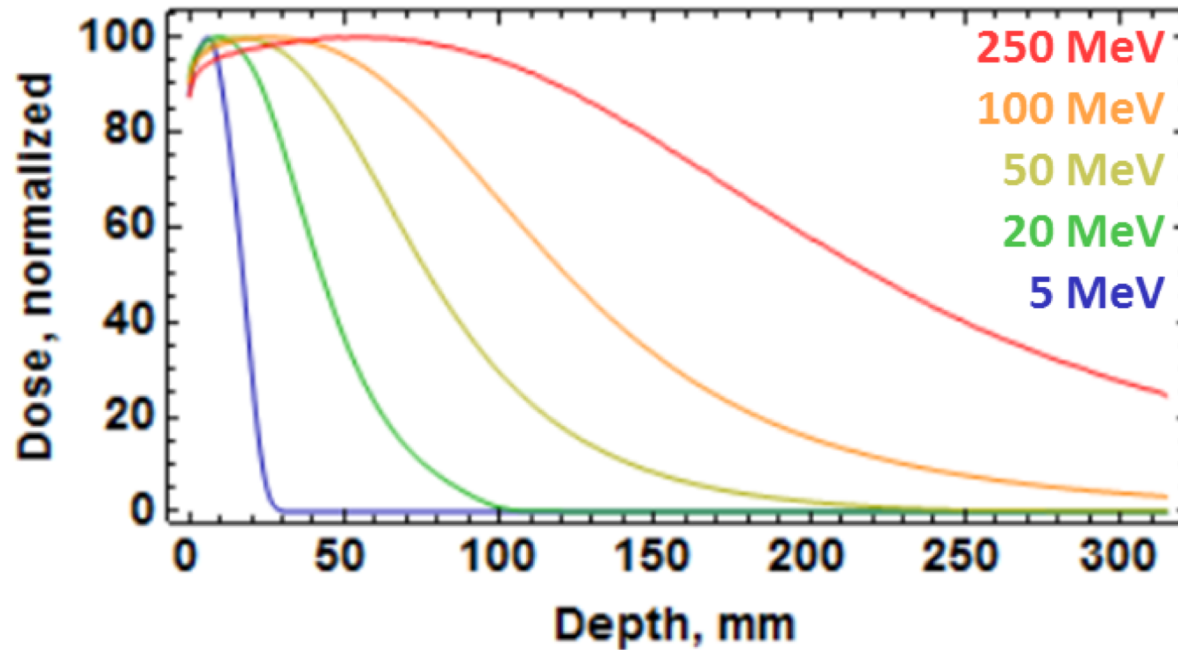


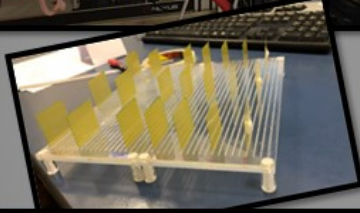
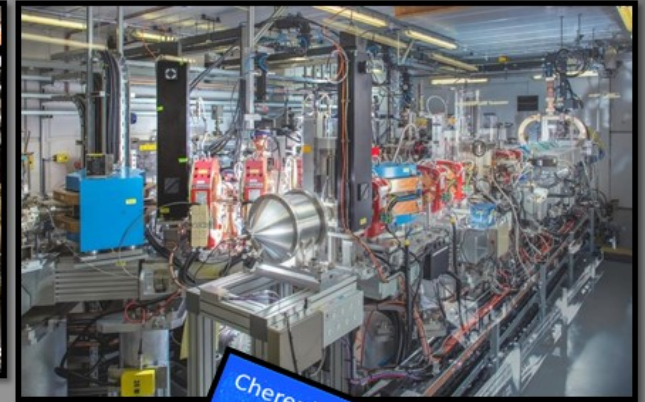
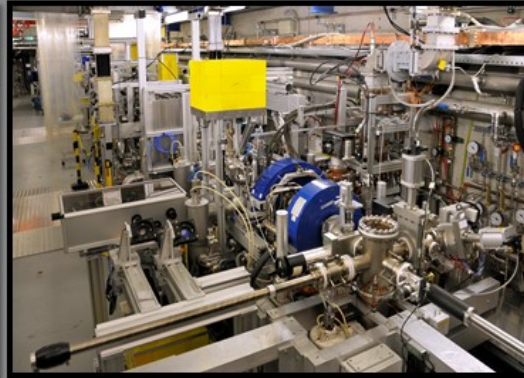
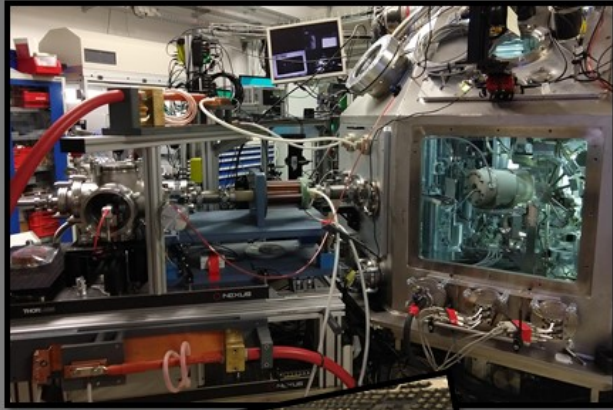
**CLIC RF X-band cavity prototype (12 Ghz, 100 MV/m)**

**Compact Linear Collider**

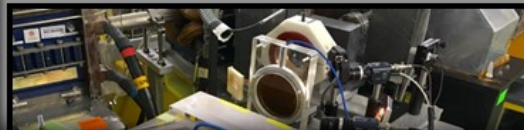
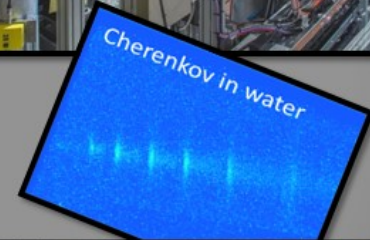
# $\sigma = 5$ mm, various energies

A. Lagzda





VHEE2020  
5-7 October 2020



**Where are we going?  
Which experiments/facilities are  
needed?**

**Dr. A. Faus-Golfe  
Dr. M. Dosanjh**



# Accelerators and Technologies

## Accelerators to enables:

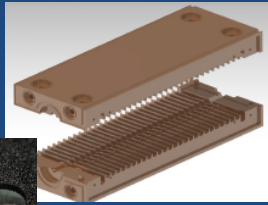
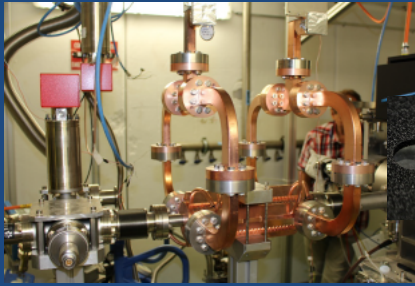
- More **COMPACT** accelerators, using **HIGH-GRADIENT**, **SC** and **NOVEL** acceleration Techniques (**laser-driven**)
- Enabling **NEW DELIVERY DOSE** techniques: **FLASH**, mini-beams, pencil beam scanning....
  - **FASTER** High-Repetition Rates
  - **HIGH-INTENSITY**

## Furthermore:

- Combined **IRRADIATION** and **IMAGING**
- Combined **IRRADIATION** and **DOSIMETRY**
- **SIMPLER** cost-effective designs, more **EFFICIENT**, **ROBUST** and **RELIABLE**, **CHEAPER** to run

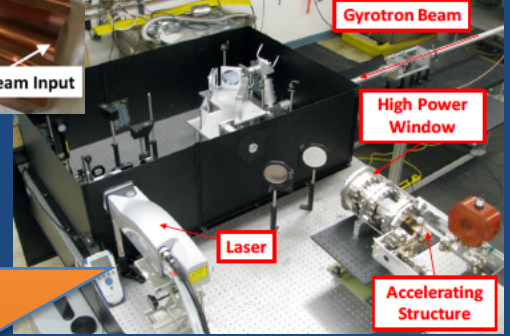
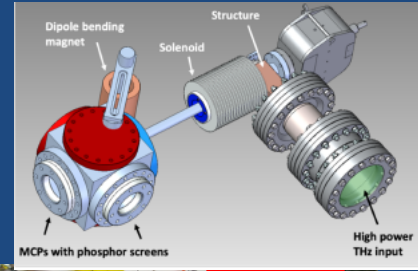
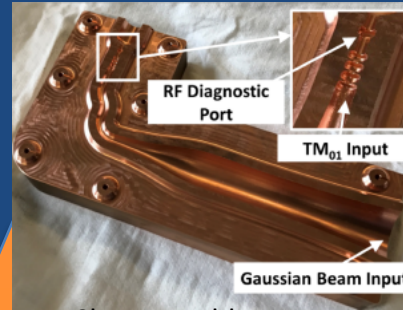
# Normal Conducting RF

>100 MeV/m is now achievable in labs



12 GHz RF structure

110 GHz RF structure



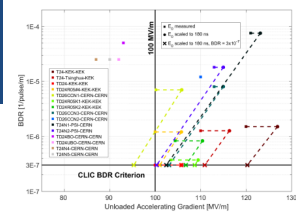
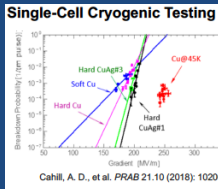
**Distributed Coupling Accelerator**

10. Peter Maxim  
05/10/2020, 18:25

17. Bill Loo (Stanford University)  
06/10/2020, 16:50

X-Band  $\pi$ -mode

Tantawi, Sami, et al PRAB 23.9 (2020): 092001.



Short tunable pulse length Laser

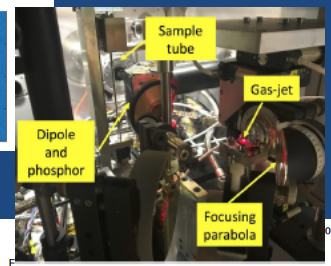
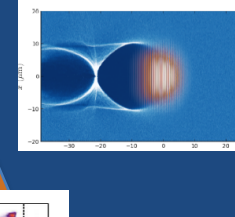
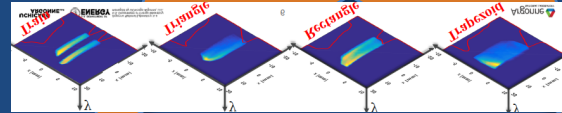
## Technologies

## Laser-Driven e<sup>-</sup>

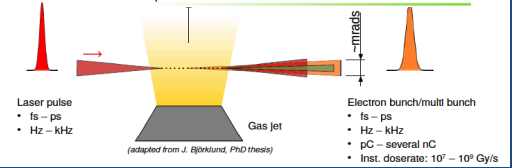
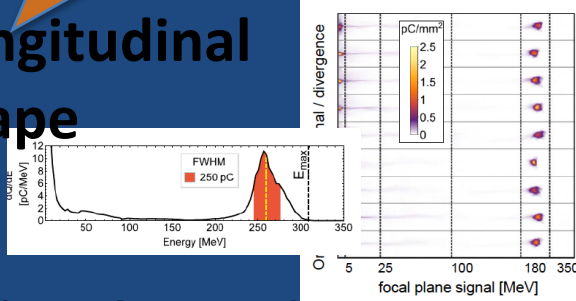
**X-band pulse compressor**

Distributed coupling linac

E-Field (V/m)

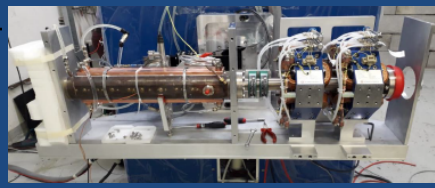
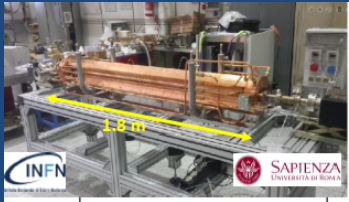


## Longitudinal shape

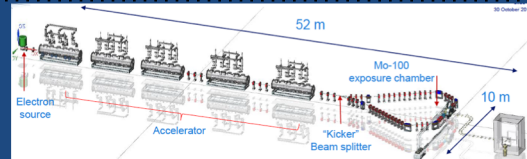


5.712 GHz RF structure

2.998 GHz RF structure



## Super Conducting RF



## Rhodotrons

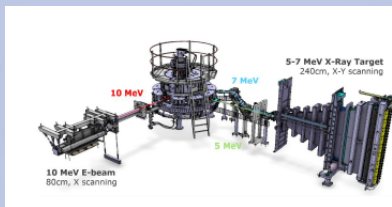






**clear**  
CELESTRA  
WHEP-20 - CLEAR for Radiotherapy Research

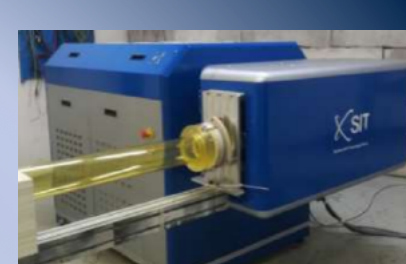
**CLEAR CERN**



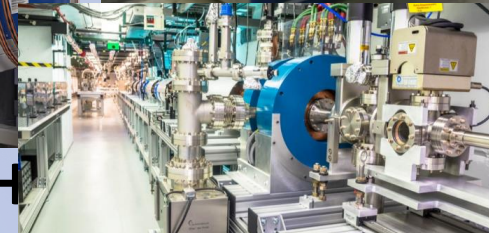
**AERIAL**



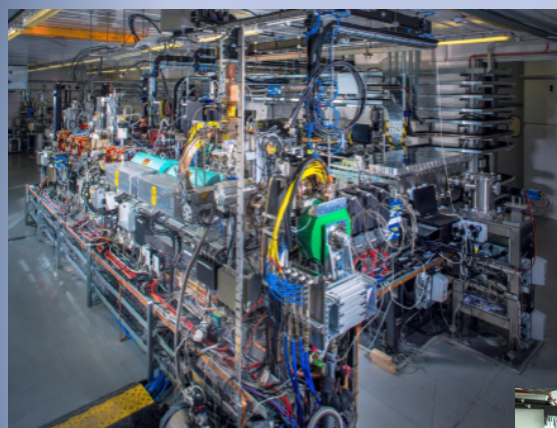
**ORIATRON CH**



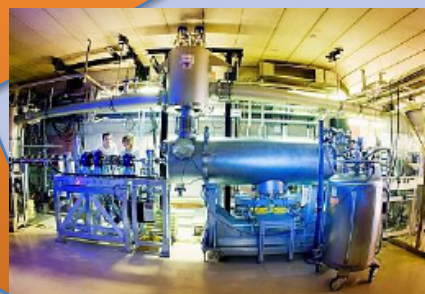
**ELBE HZDR**



**Facilities**



**CLARA STFC CI**

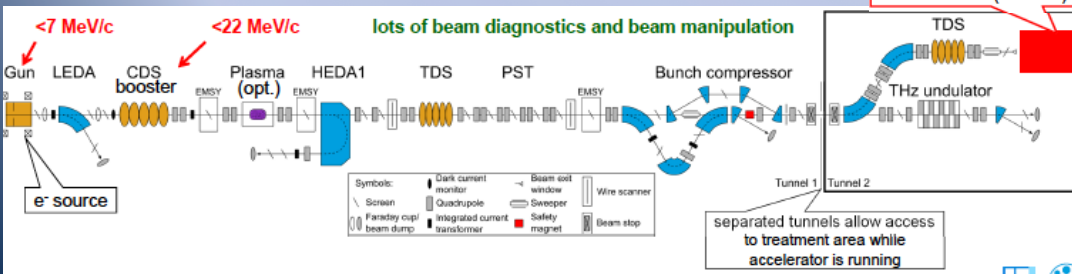


**IDRA LOA**

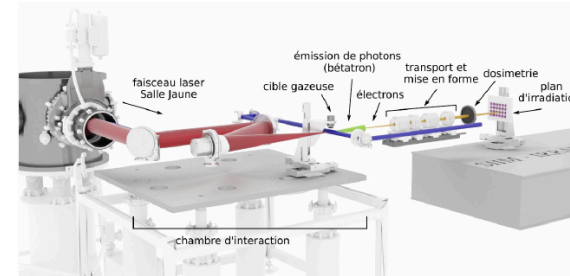


**AWA**

**PITZ DESY**



IDRA: a beamline dedicated to medical applications!



- Dedicated site: provide stable experimental conditions
- source R&D for radiobiology and dosimetry
- collaborative access (Laserlab possible)
- biology support available via radExp (Institut Curie)

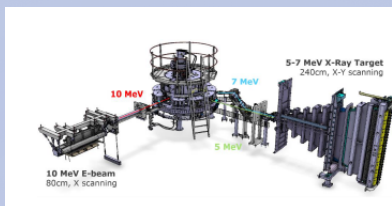






**clear**  
CELESTRA  
MIIEE 20 - CLEAR for Radiotherapy Research

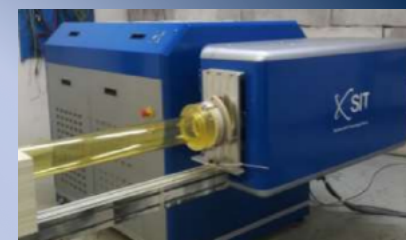
**CLEAR CERN**



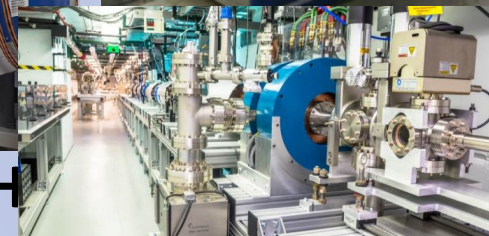
**AERIAL**



**ORIATRON CH**



**ELBE HZDR**



**CLARA STFC CI**

**It is time for experiments !!!!!**



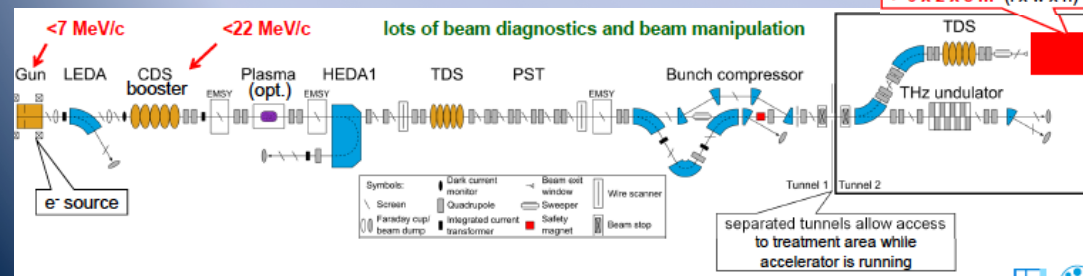
**AWA**



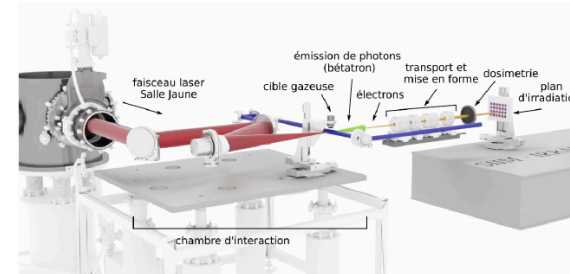
**IDRA LOA**



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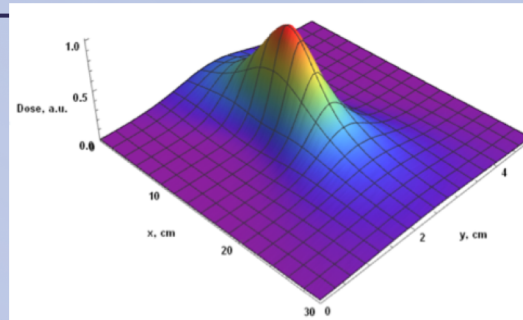
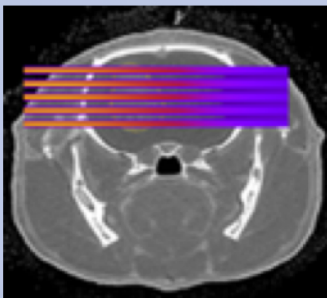
# VHEE Open questions:

- What High-Energy ?
- Field sizes?
- Inhomogenities??
- Scanning small beams ?
- Focusing and Shaping?
- In vivo experiments for validate FLASH RT?
- Pulse structure impact in FLASH RT?

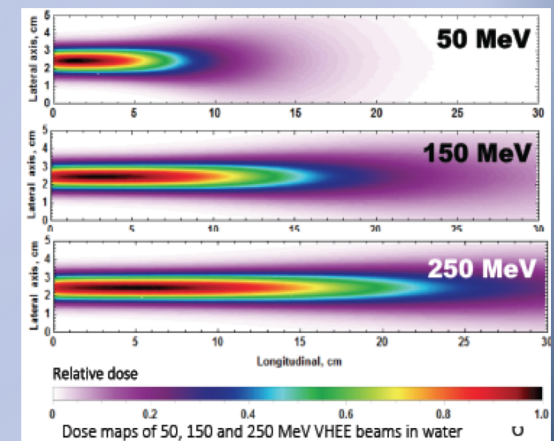
## FLASH RT



Mini-beams



Focusing





- **Annual meeting**, open, free
- Latest developments in the field
- Oral presentation for winning posters
- Networking
- Collaboration
- Exchanges
- Education and training at CERN
- Sharing and building bridges
- Raising awareness at international level
- Special day dedicated to training
- Biannual Magazine – **Highlights**
- **@ENLIGHTNETWORK**



# Thank you for listening and to ENLIGHT

