

# «New radionuclides for personalized medicine (theranostics)»

V.I. Zherebchevsky, I.E. Alekseev, E.B. Krymov, N.A. Maltsev, D.G. Nesterov,,  
N.A. Prokofiev, A.R. Rahmatullina, S.Yu. Torilov

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Saint-Petersburg State University

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# Outline

**Basis of the radionuclide diagnostic and therapy**

**The new methods in radionuclide diagnostic and therapy**

**Investigations of the nuclear reactions for the production of new diagnostic and therapy radionuclides**

**Conclusion**

# Basis of the radionuclide diagnostic and therapy

## Radionuclide diagnostics

### Aims

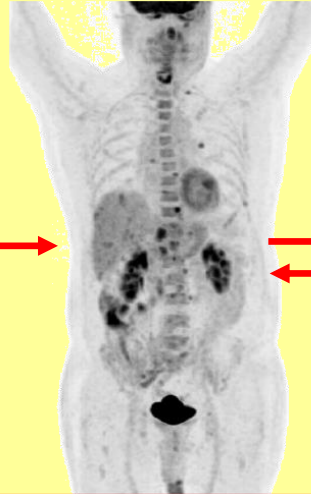
To diagnose the deviations in the vital functions of organs at all stages of the disease.

Quick detect → effectively treat diseases → saving time and money → saving **Life**

### How to reach



+ radionuclides



radionuclides distribution  
in the human body [1]



Radiation detectors

It is possible to obtain  
an image of the organs,  
tumors, metastases

# Basis of the radionuclide diagnostic and therapy

## Radionuclide targeted therapy - RTT

### Aims

The ability to increase intracellular incorporation of the radiopharmaceutical without any toxicity

### One of the main challenges

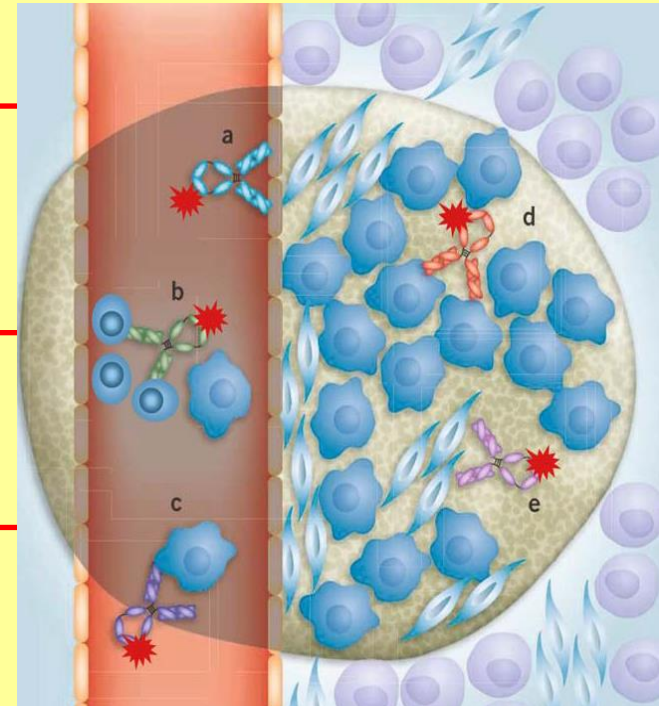
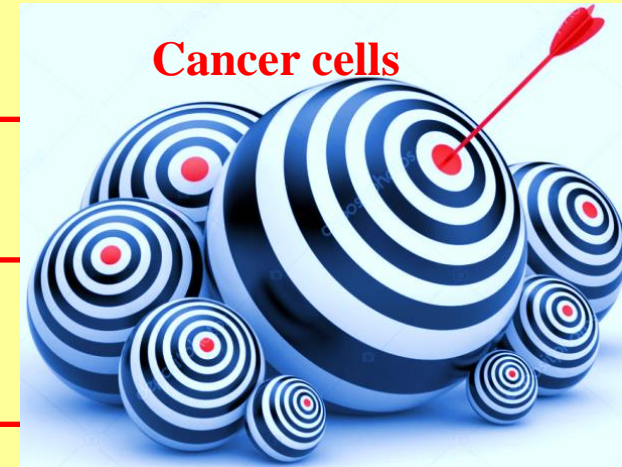


of RTT remains in matching the physical and chemical characteristics of the radionuclide and targeting agent with the clinical character of the tumor

### How to reach



The radionuclide labeled agents are used to target cancer-associated structures



# Basis of the **radionuclide** diagnostic and therapy

## Radionuclide production

### Cyclotrons

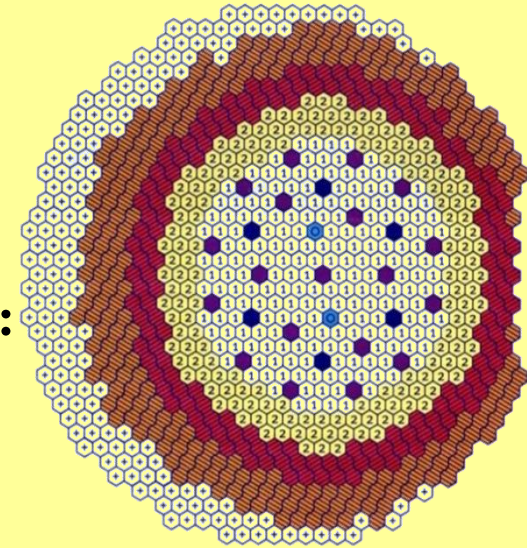


Nuclear reactions with:  
 $^1_0\text{n}$ ,  $d$ ,  $\alpha$

Main channel  
**Target( $^1_0\text{n}$ )Product**



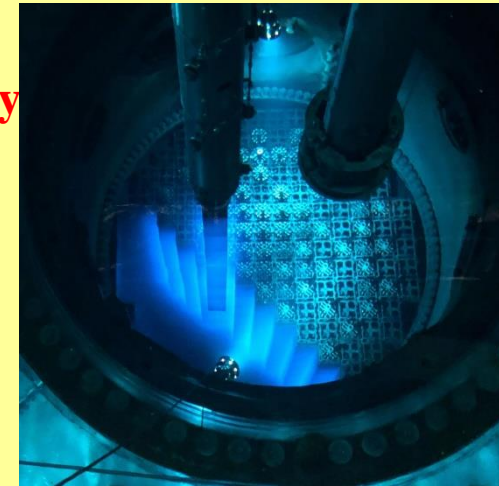
### Nuclear reactor



Nuclear reactions with:  
 $^1_0\text{n}$

**Fission fragments,**

**Neutron capture  $\rightarrow$  decay**



# Basis of the radionuclide diagnostic and therapy

## Diagnostics

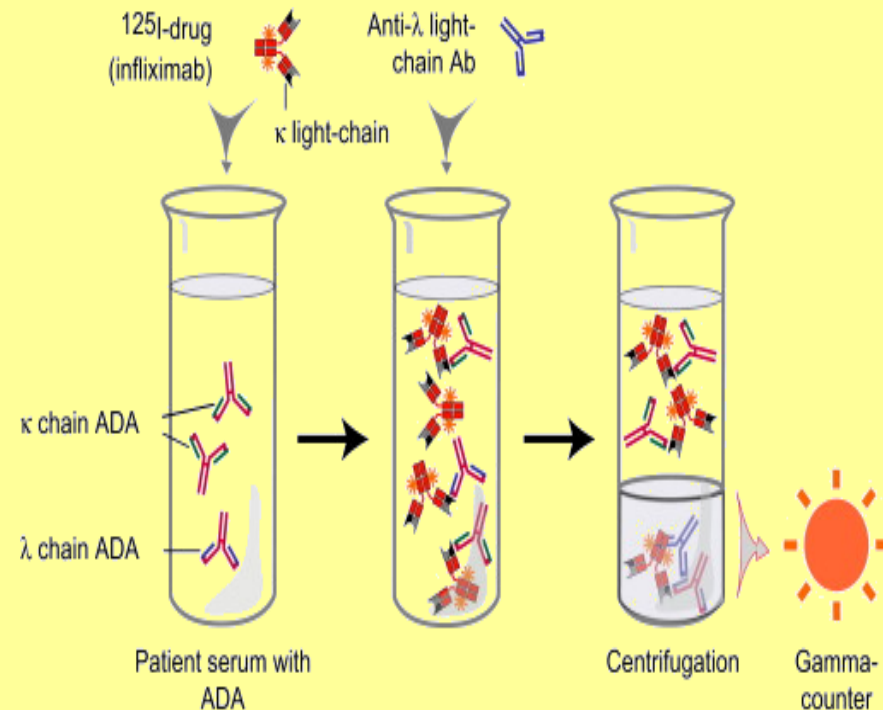
The following types of radionuclide diagnostics are used in clinical practice:

Imaging – visualization of the some organs by using radionuclides;

Measuring the accumulation of a radiopharmaceutical in the body;

## A radioimmunoassay: antigens-antibodies

Rosalyn Sussman Yalow, Solomon Aaron Berson  
the Nobel Prize for Medicine in 1977

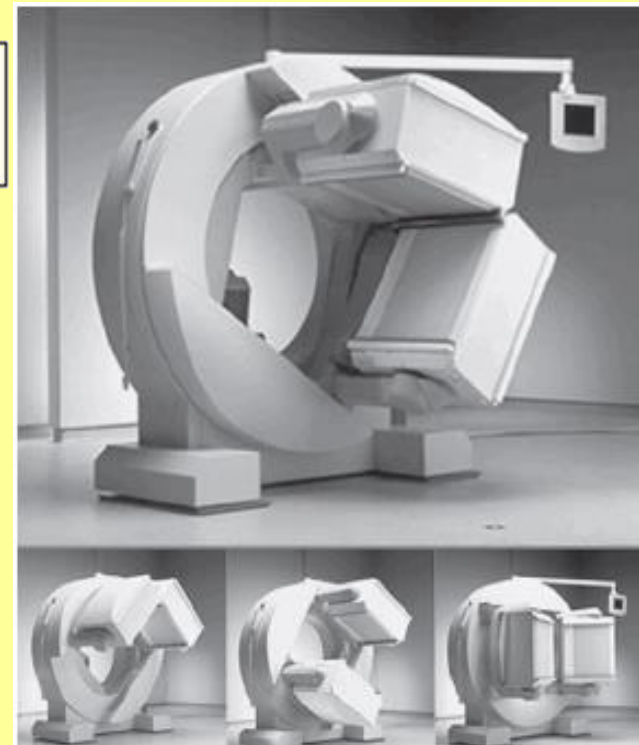
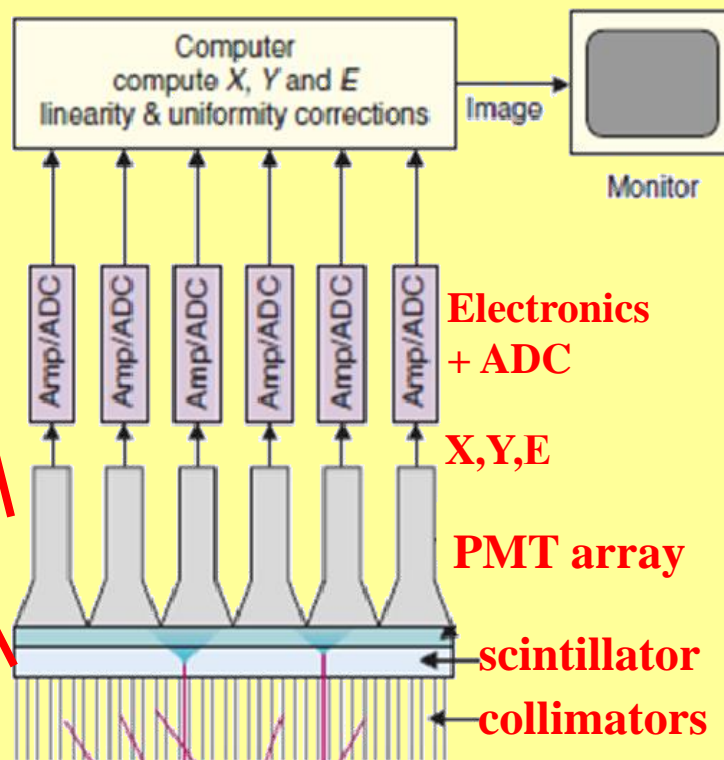
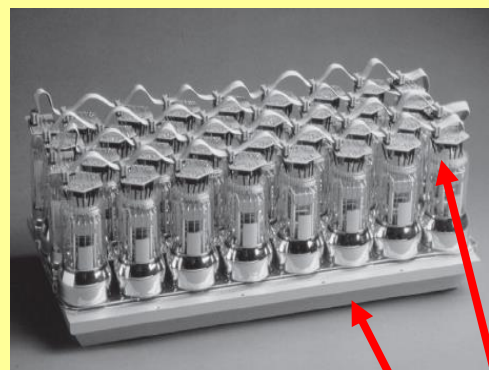


# Basis of the radionuclide diagnostic and therapy

## Diagnostics

### Single-photon emission computed tomography (SPECT)

Gamma radionuclides → collimators+scintillator detector (nuclide image) → CT (3D image)  
(Hal Oscar Anger)



[1]

$^{123}\text{I}$

$^{99\text{m}}\text{Tc}$



792 мин

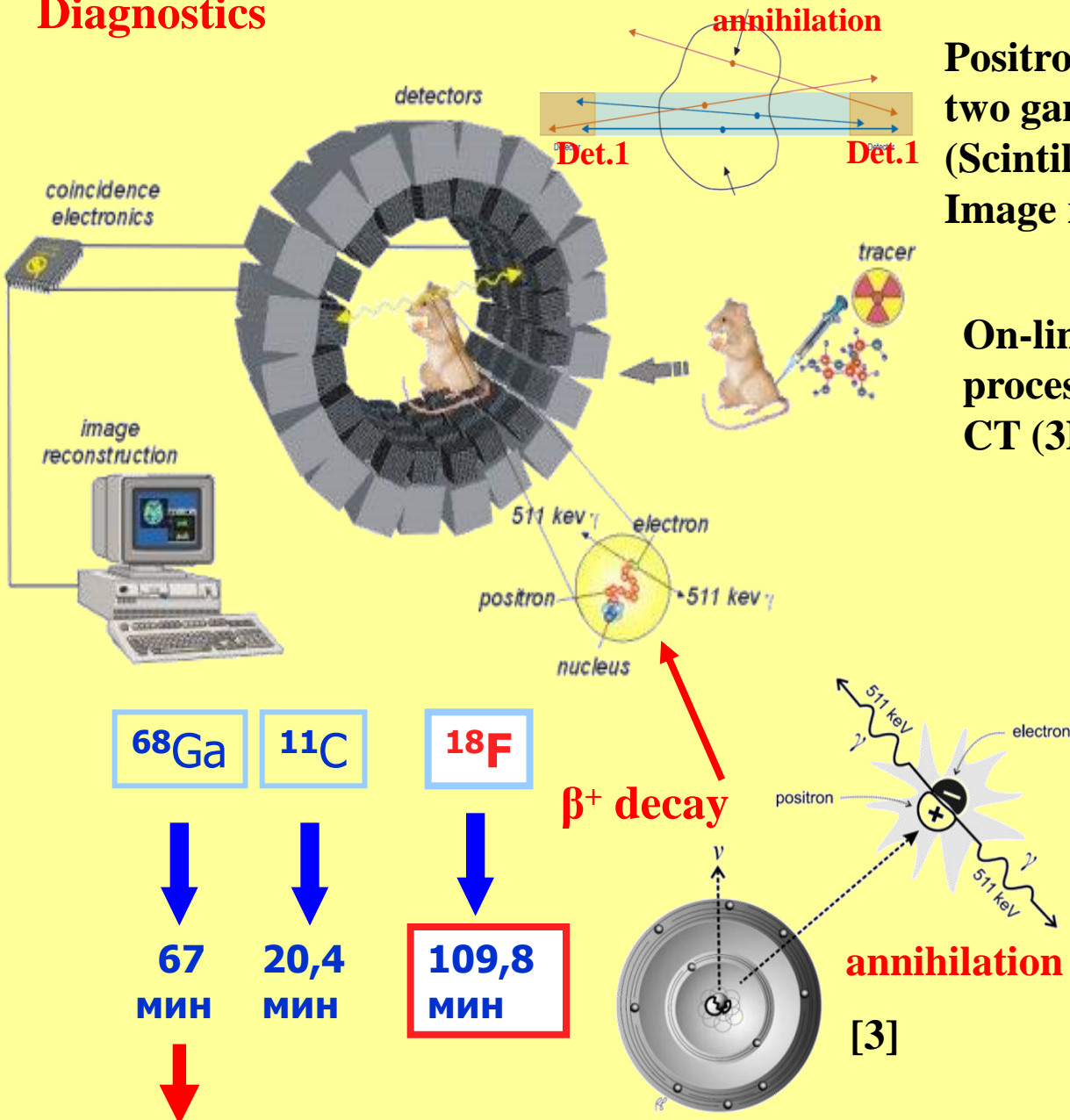
360 мин

[1]

# Basis of the radionuclide diagnostic and therapy

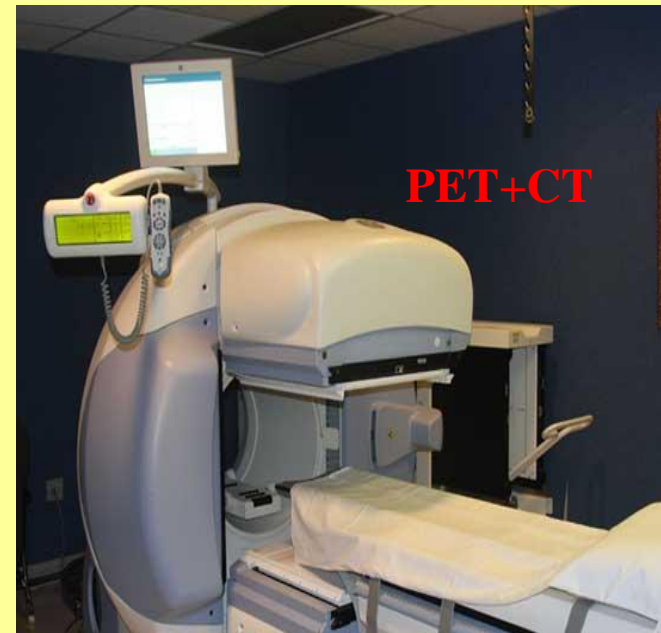
## Positron emission tomography (PET)

### Diagnostics



Positron radionuclides  $\rightarrow$  annihilation  
two gamma quants registration  
(Scintillator counters in coincidence)  $\rightarrow$   
Image reconstruction

On-line visualization the biological  
processes in human body +  
CT (3D image).





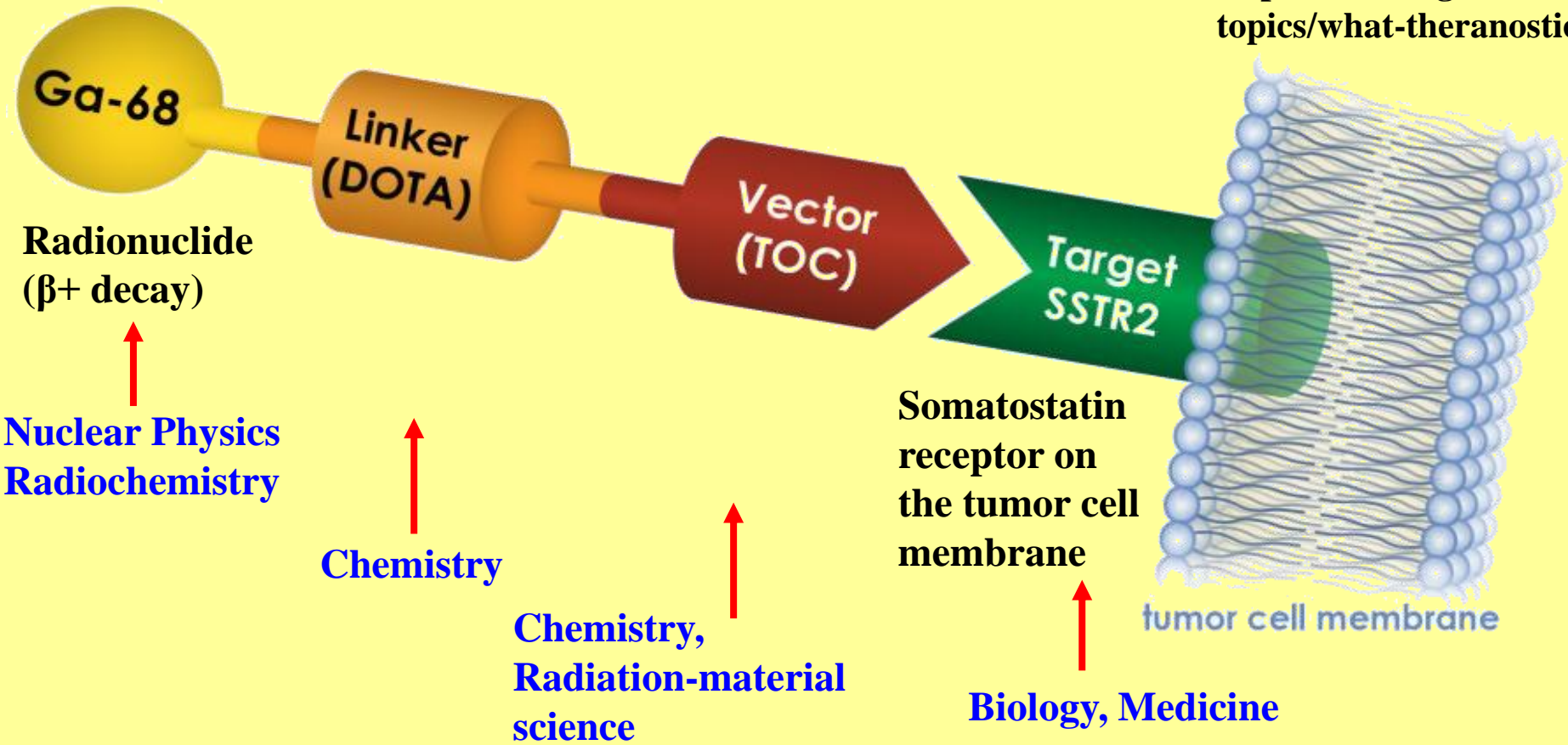
# Basis of the radionuclide diagnostic and therapy

## Positron emission tomography (PET)

### Diagnostics

### Tumor visualization by the PET

<https://uihc.org/health-topics/what-theranostics>



# Basis of the radionuclide diagnostic and therapy

## Gamma-PET method

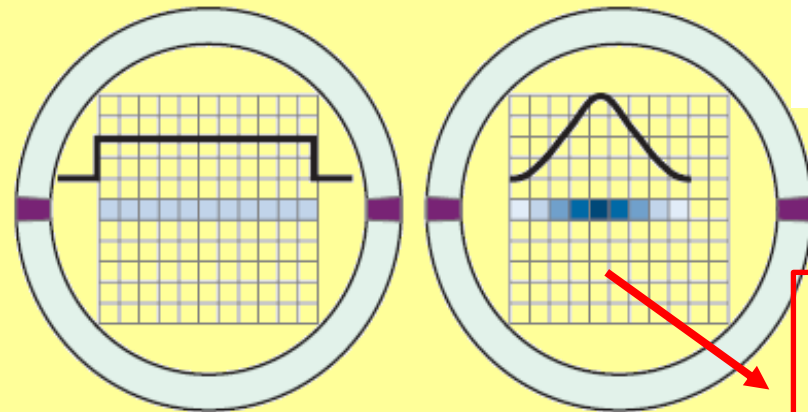
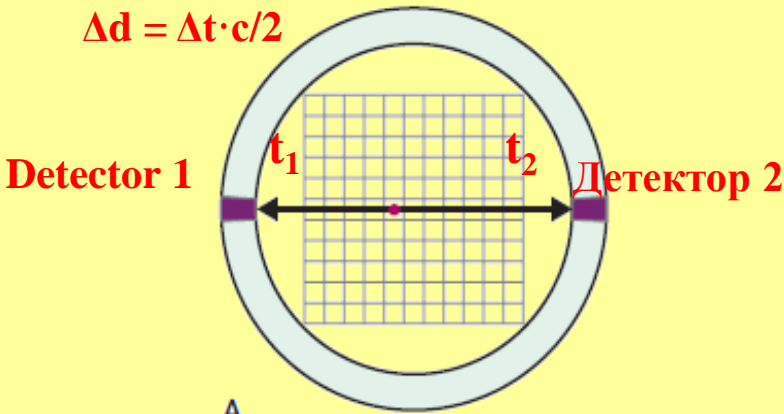
### Diagnostics



### Advanced detector technologies for the PET

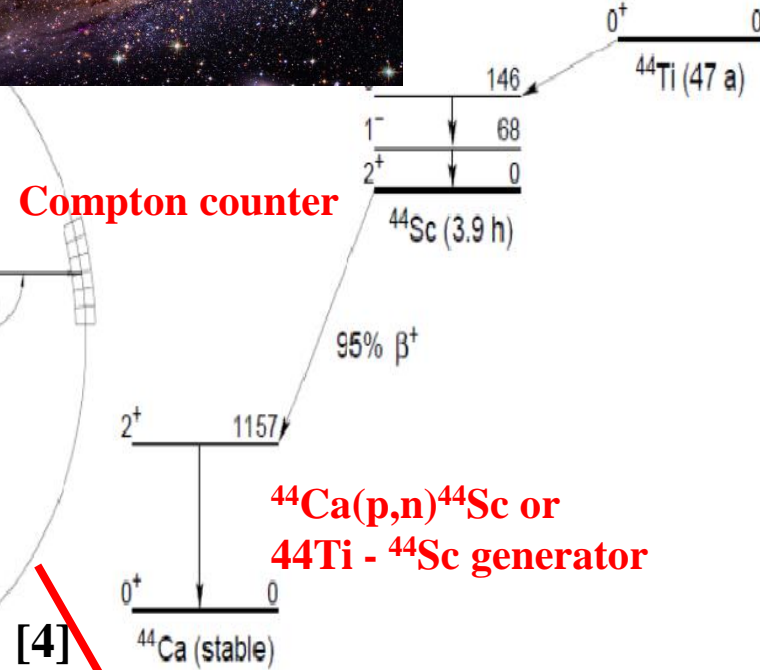
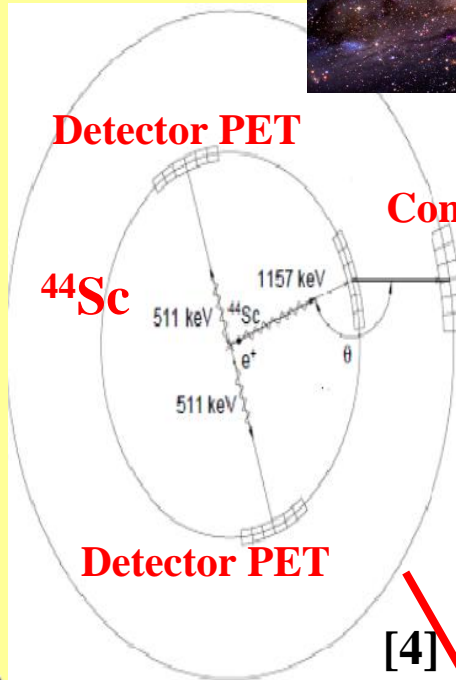
### PET + Time of Flight (TOF) method

$$\Delta d = \Delta t \cdot c/2$$



Standard PET  
Position resolution

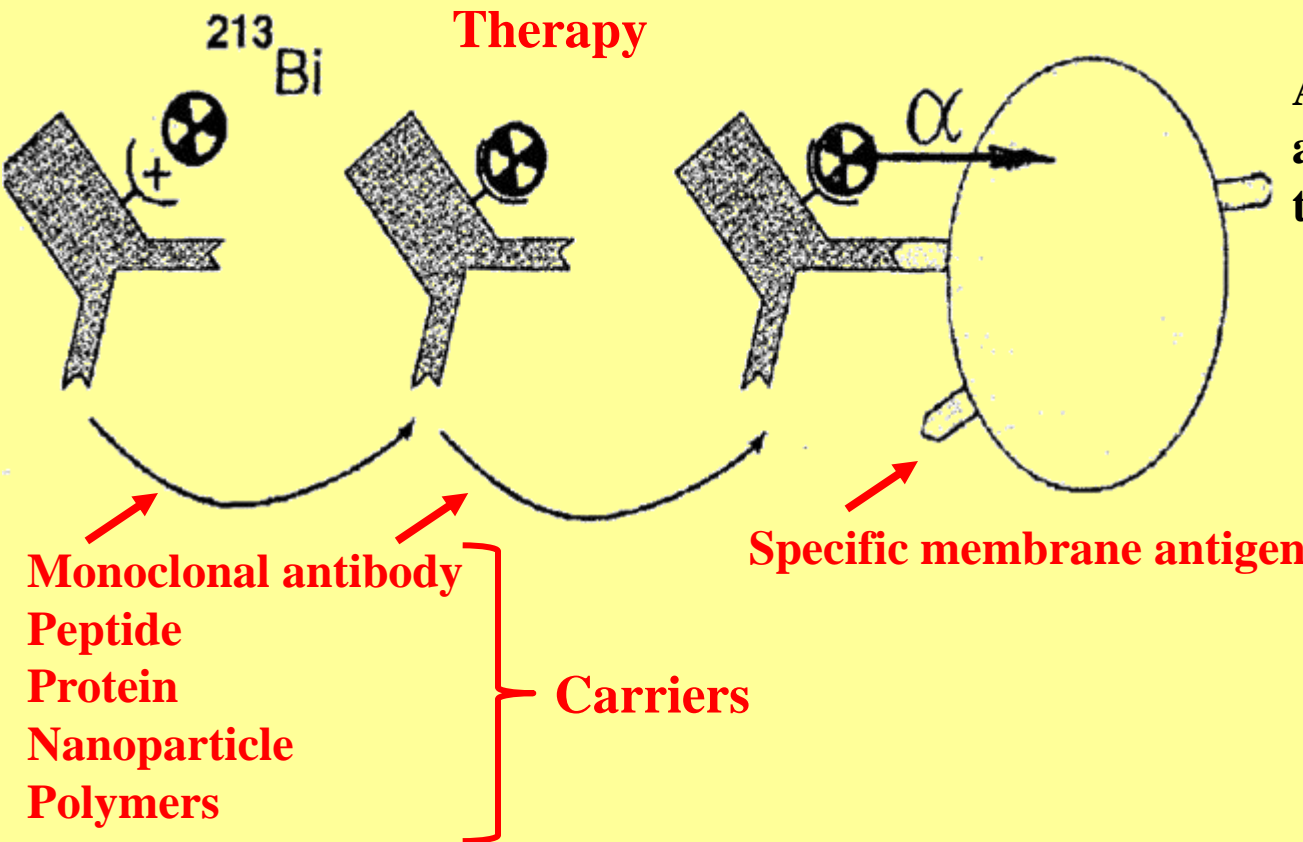
PET+TOF  
Position resolution



Time – ps. We need  
1. Fast scintillators  
2. Multi channel  
plate detectors

$\gamma$ -quanta of  $^{44}\text{Sc}$  (1157 keV) is detected (by Compton spectrometer) together with two annihilation gammas (by standard PET detectors)  
**3D position visualization**  
**The best position resolution!**

# The new methods in radionuclide diagnostic and therapy



Alpha - particles (5-7 MeV) are effective to destroy the tumors at the diameter several microns

## Big problem – recoil nuclei

Recoil nuclei can kill of the vector molecules

$\alpha$  - decay  $\rightarrow$  recoil nuclei kinetic energy  $\sim 100 - 110$  keV  
5-7 peptide molecules are destroyed, and finally the whole radiopharmaceutical also destroyed.

$\beta$  - decay recoil nuclei kinetic energy  $\sim 25$  eV.  
There is no damaging, but continuous spectrum is not suitable for the optimal treatment planning.

# The new methods in radionuclide diagnostic and therapy

## Theranostics: therapy + diagnostic

Theranostic approach: couples diagnostic imaging and therapy using the same molecule

Combine both therapeutic and diagnostic capabilities in one dose.

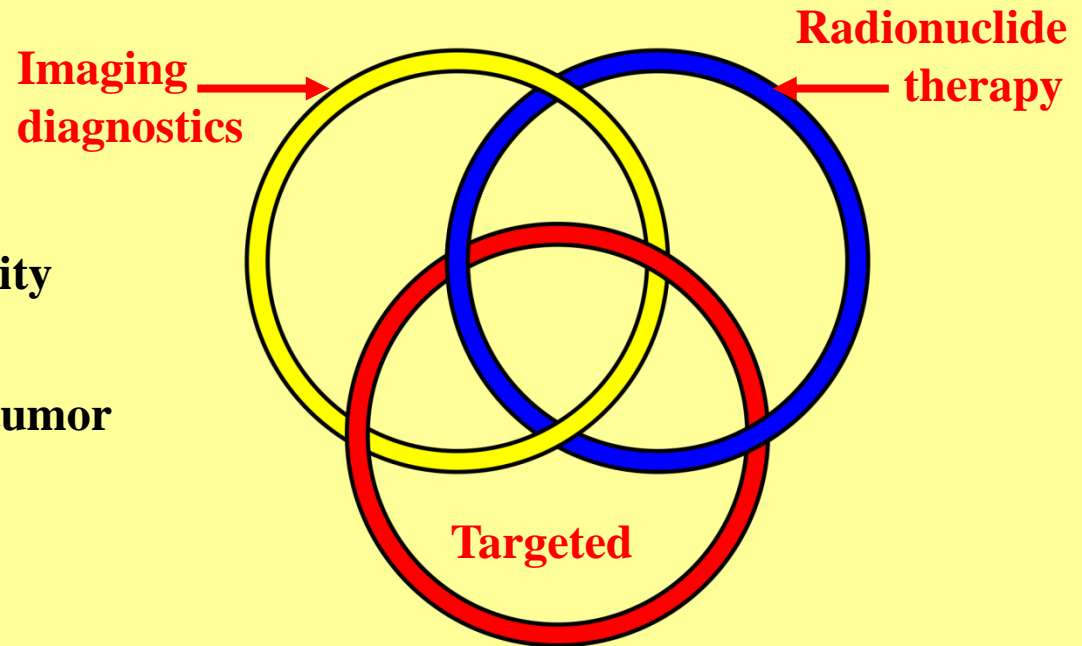
## Theranostics – goals:

Increase the tumor visualization quality

Increase the efficiency of the radiopharmaceutical delivery to the tumor

Control of the therapy processes

Minimum side effects at treatment and diagnostic of the cancer illness



# The new methods in radionuclide diagnostic and therapy

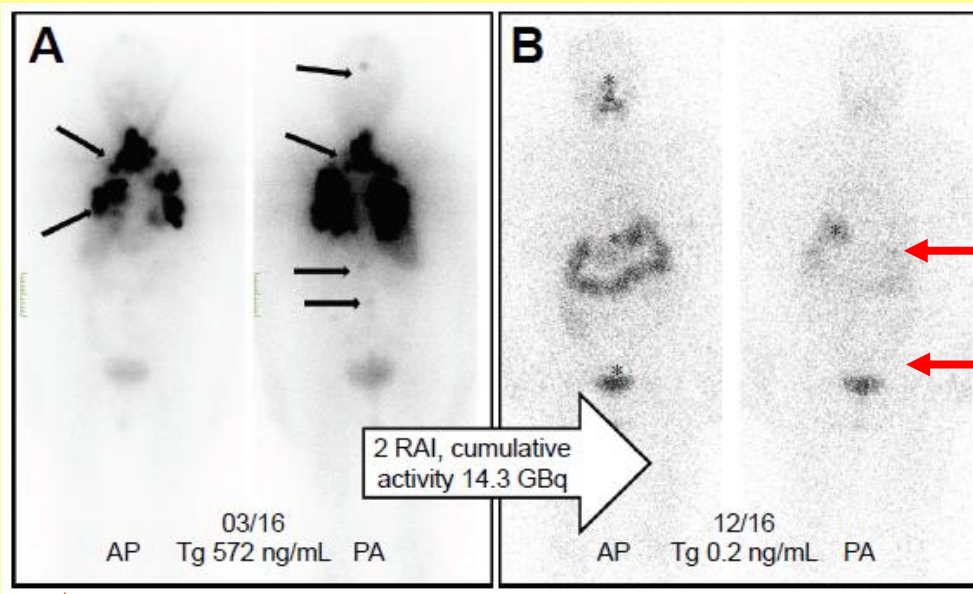
## Theranostics: history

### Radioiodine therapy: “the gold standard” in thyroid diseases

First radioiodine therapy with  $^{131}\text{I}$  ( $T_{1/2} - 8\text{d}$ ) in patients with thyroid cancer was undertaken by Seidlin et al in 1946

### Iodine Theranostics today: needed for thyroid cancer (TC) treatments

$^{131}\text{I}$  combines the characteristics of a beta (90% of electrons, mean energy: 192 keV) and gamma (~81% of gammas, energy: 364.5 keV).



It can be visualized using a gamma camera or SPECT

After two administrations of radioiodine therapy (cumulative activity: 14.3 GBq), the patient was in complete remission

[5]

Initial  $^{131}\text{I}$  planar images with metastatic TC (lung, bone, intracranial soft-tissue metastases)

# The new methods in radionuclide diagnostic and therapy

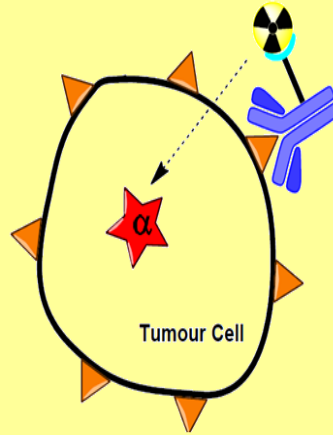
## Theranostics today – new radionuclides and methods

### Diagnostic

PET, SPECT

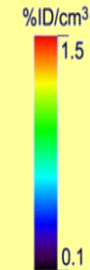
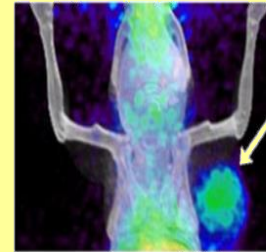
MRI, Optical methods

### Target therapy:

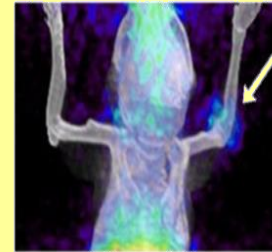


Example:  $^{64}\text{Cu}$ -DOTA-siRNA nanoparticles

nontargeted



targeted



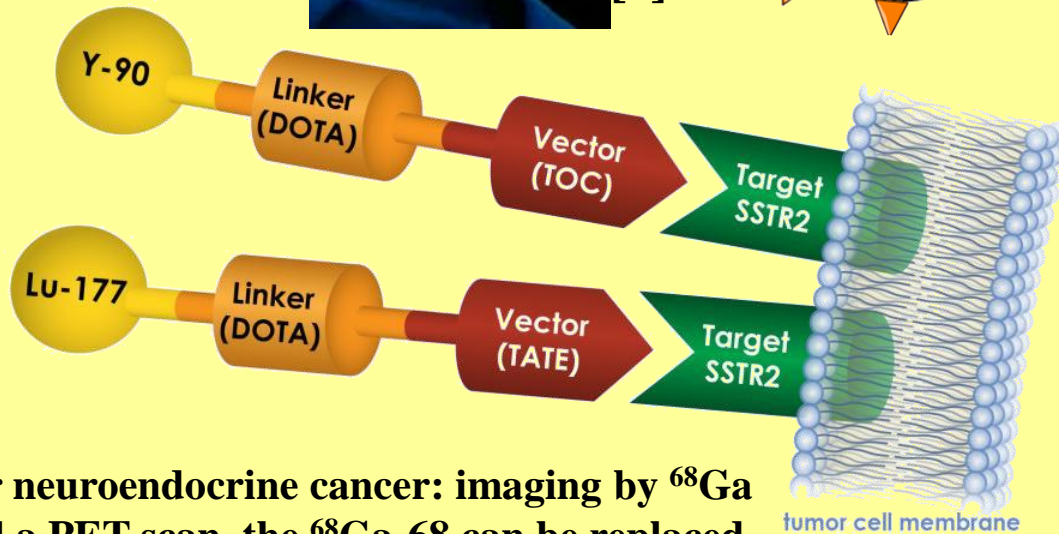
Micro (animal)-PET/CT image tumor (arrow) 1 day

[6]

Theranostics =



[7]



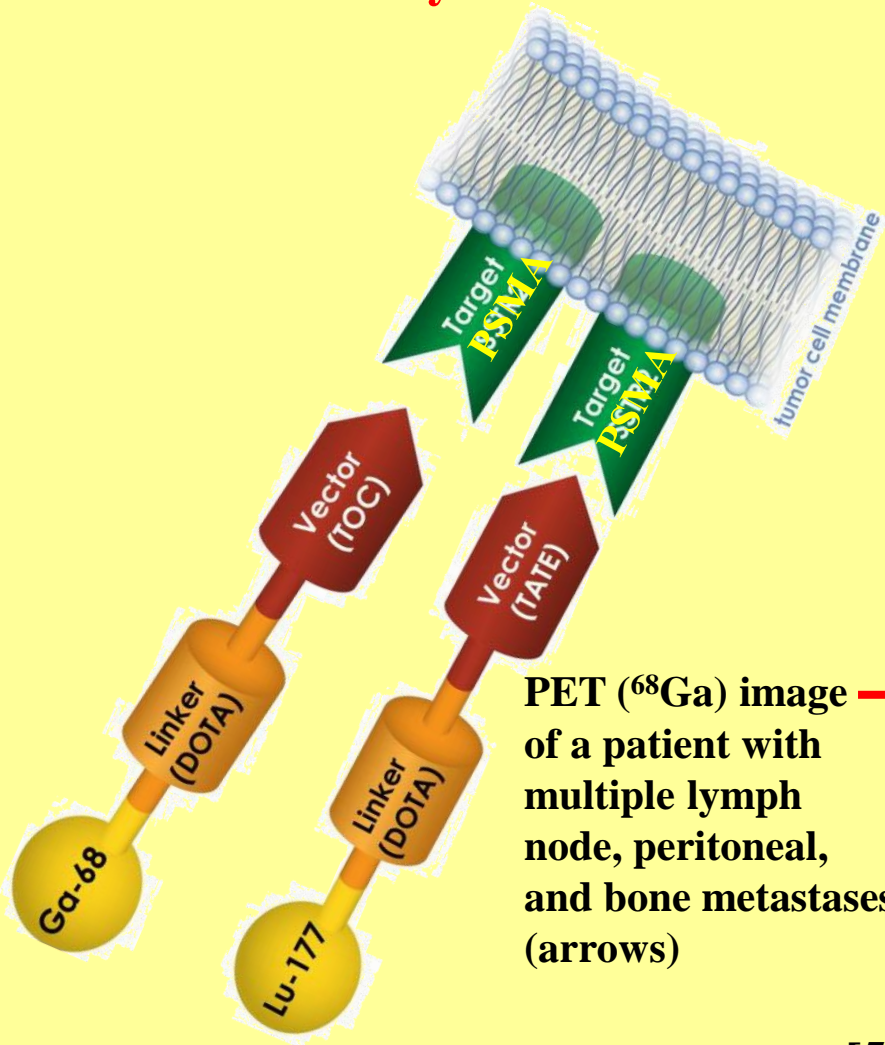
For neuroendocrine cancer: imaging by  $^{68}\text{Ga}$  and a PET scan, the  $^{68}\text{Ga}$ -68 can be replaced with another radionuclide:  $^{177}\text{Lu}$  or  $^{90}\text{Y}$ , that can target and kill tumor cells

# The new methods in radionuclide diagnostic and therapy

## Theranostics today – novel radionuclides

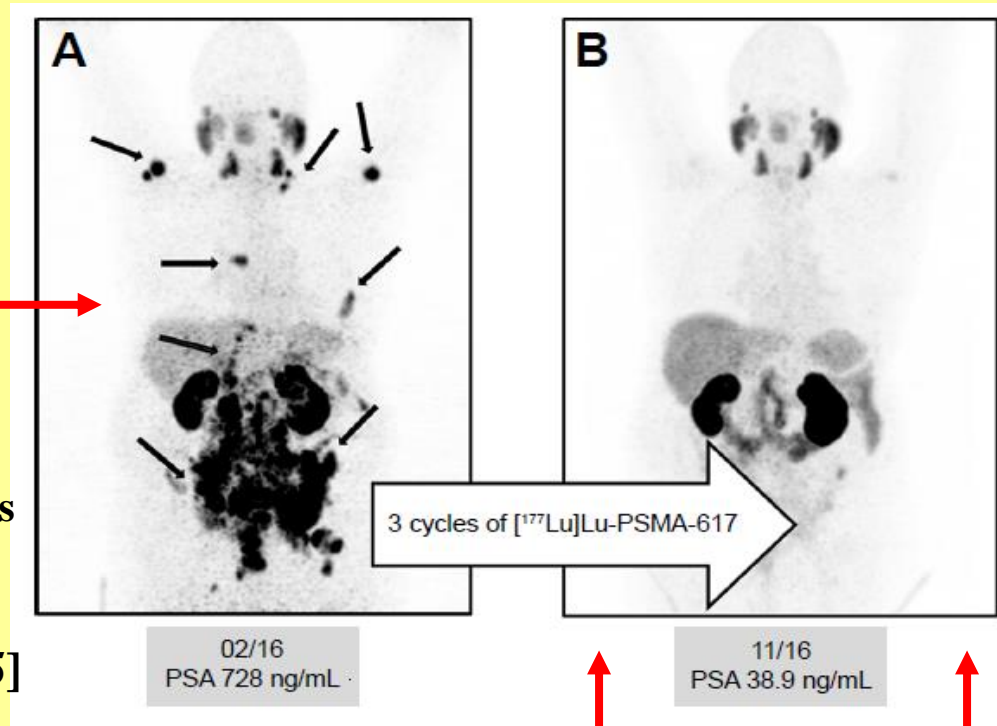
Prostate cancer is one of the common cancer in **men**. Cancer cells has prostate-specific membrane antigen (PSMA) on the cell surface.

There are several available radiopharmaceuticals that target PSMA:  $^{68}\text{Ga} + ^{177}\text{Lu}$



PET ( $^{68}\text{Ga}$ ) image of a patient with multiple lymph node, peritoneal, and bone metastases (arrows)

[5]



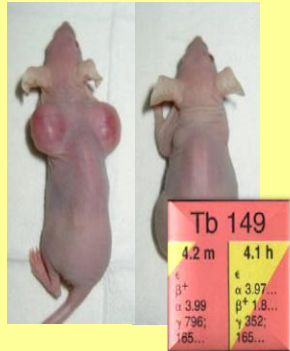
PET ( $^{68}\text{Ga}$ ) image of a patient after three cycles of  $^{177}\text{Lu}$  therapy, showed a very good response

# The new methods in radionuclide diagnostic and therapy

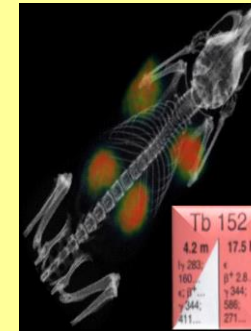
## Theranostics today – novel radionuclides

### Terbium: Swiss Army Knife of Nuclear Medicine

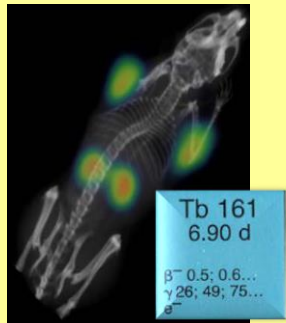
#### $^{149}\text{Tb}$ -therapy



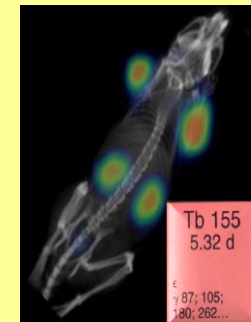
#### $^{152}\text{Tb}$ -PET



#### $^{161}\text{Tb}$ -therapy & SPECT



#### $^{155}\text{Tb}$ -SPECT



PAUL SCHERRER INSTITUT



Müller et al., JNM 2012



Manjit Dosanjh, X International Congress "Nevsky Radiology Forum – 2018", 27-28 April, Saint-Petersburg, Russia.



# The new methods in radionuclide diagnostic and therapy

## Auger-Electron Radionuclide Therapy

An effective tool for the destruction of specific tumor cells, micrometastases and small tumors with minimal side effects.

The **Auger-Electron emitters** have micron and submicron range and higher transfer energy, which increases the possibility of the cancer cells killing by the **double breaking DNA**.  
(Ionization in a volume of several cubic nanometers around the decay point)

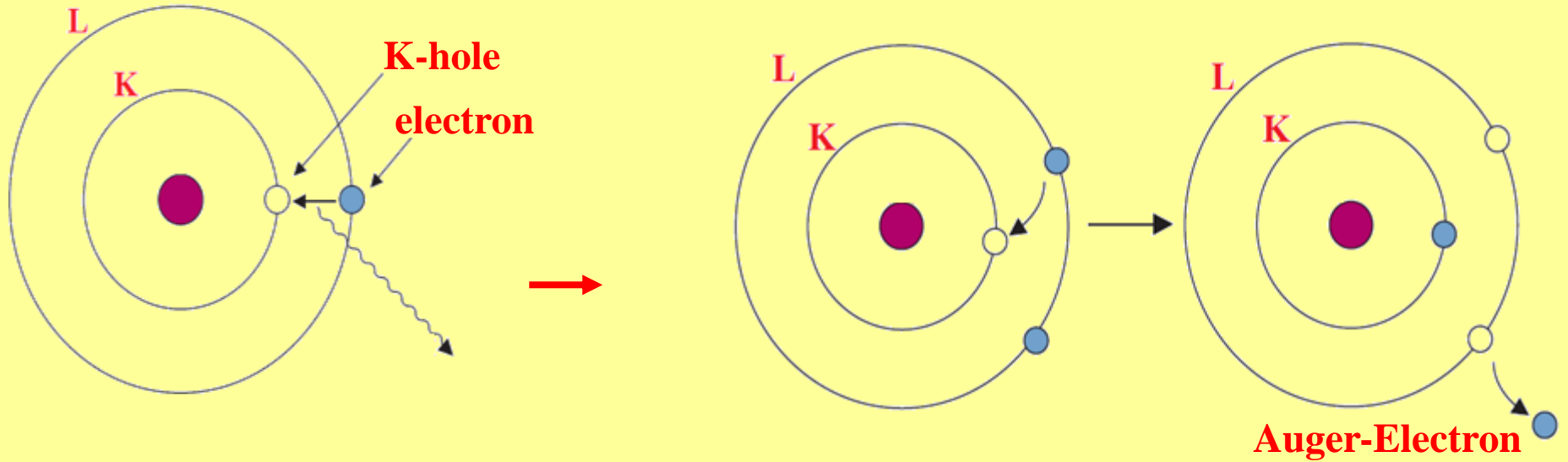
For Theranostic was proposed:

Radioisotope:  $^{119}\text{Sb}$  (therapy) +  $^{117}\text{Sb}$  (diagnostics, its gamma is suitable for the SPECT)

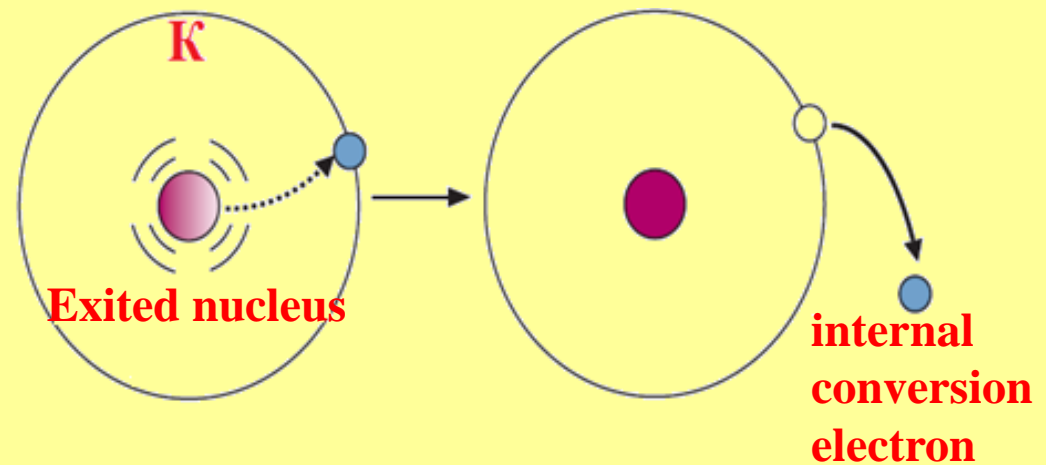
**THERAPY + DIAGNOSTICS**

# The new methods in radionuclide diagnostic and therapy

## The origin of Auger-Electron



## The origin of internal conversion electrons (IC)



# The new methods in radionuclide diagnostic and therapy

## **Auger Electron Emitting Radionuclides for the Therapy (requirements):**

- A) Number of the emitting electrons**
- B) Associated with this decay gamma and X-rays**
- C) Half -life time**
- D) Suitable "chemistry" for the radiopharmaceutical production**

# The new methods in radionuclide diagnostic and therapy

## Auger and Internal conversion electron emitters:

Nuclide	Energy (keV)		$\bar{e}$ (on 100 mother nuclei)		Associated $\gamma$	T1/2	Daughter nuclide
	Auger $\bar{e}$	IC	Auger $\bar{e}$	IC			
<sup>55</sup> Fe	0.61(L) 5.19 (K)	no	139.9 60.1	no	5.9 (0.16)	2.744 y	<sup>55</sup> Mn (Stable)
<sup>67</sup> Ga	0.99 (L) 7.53 (K)	83.65 (K) 92.1 (L)	168.3 60.7	29.1 3.57	8.62 (0.17) 8.64 (0.33) 93.3 (0.39) 184.57 (0.21) 300.21 (0.17)	3.26 d	<sup>67</sup> Zn (Stable)
<sup>111</sup> In	2.72 (L) 19.30 (K)	144.57 (K)	100.4 15.5	8.07	171.28 (0.91) 245.35 (0.94)	2.80 d	<sup>111</sup> Cd (Stable)
<sup>123</sup> I	3.19 (L) 22.70 (K)	127.16 (K)	95.1 12.4	13.61	27.20 (0.25) 27.47 (0.46) <b>158.97 (0.83)</b>	13.22 h	<sup>123</sup> Te (> 9.2E+16 y)
<sup>195m</sup> Pt	7.24 (L)	17.01 (L) 20.5 (K) 115.62 (L)	140	69 65 61	65.12(0.22) 66.83(0.37) 98.90(0.11)	4.010 d	<sup>195</sup> Pt (Stable)
<sup>117</sup> Sb	2.95 (L) 21.0 (K)	129.36 (K) 154.10 (L)	94.5 13.4	11.57 1.46	25.04 (0.23) 25.27 (0.44) <b><u>158.56(0.85)</u></b>	2.8 h	<sup>117</sup> Sn (Stable)
<sup>119</sup> Sb	2.95 (L) 21.0 (K)	19.40 (L) 22.99 (M)	147.1 11.9	67.5 13.3	3.44 (0.12) 23.87 (0.16) 25.04 (0.21) 25.27 (0.39)	38.19 h	<sup>119</sup> Sn (Stable)

# **Investigations of the nuclear reactions for the production of new diagnostic and therapy radionuclides**

## **OUR Project:**

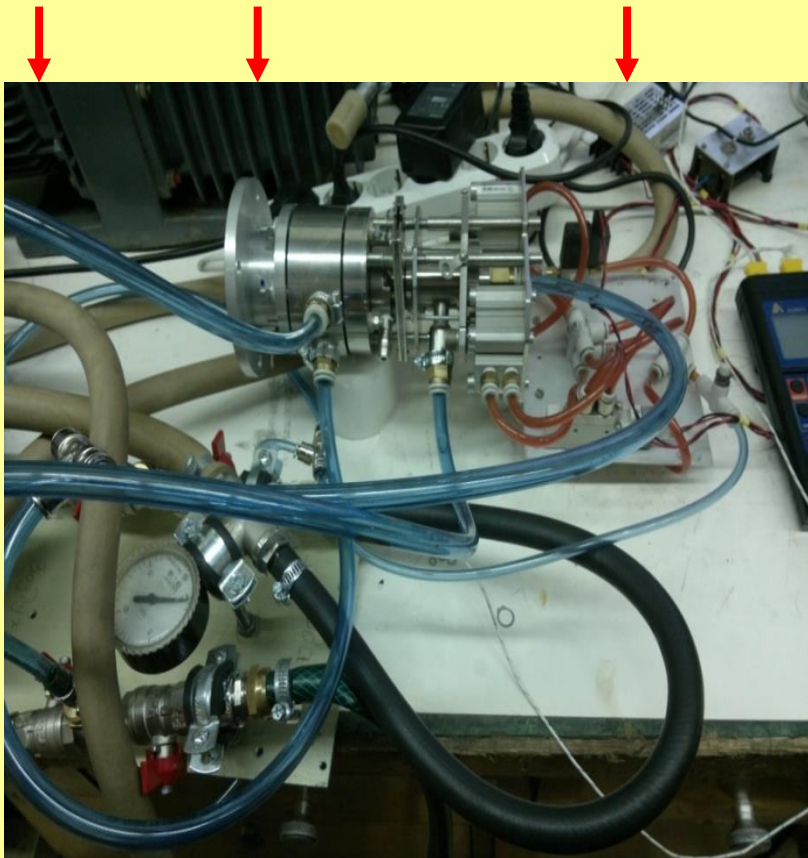
**“The new radiopharmaceuticals based on biologically active synthetic polymers and Auger electron emitters for diagnostics and therapy of the oncological diseases”**

## **COLLABORATION:**

**Saint-Petersburg State University, V.G. Khlopin Radium Institute, Institute of Macromolecular Compounds**

# Investigations of the nuclear reactions for the production of new diagnostic and therapy radionuclides

**New target unit (solid targets), irradiation of the targets by high-intensity charged particle beams for the production of diagnostic and therapeutic radionuclides**

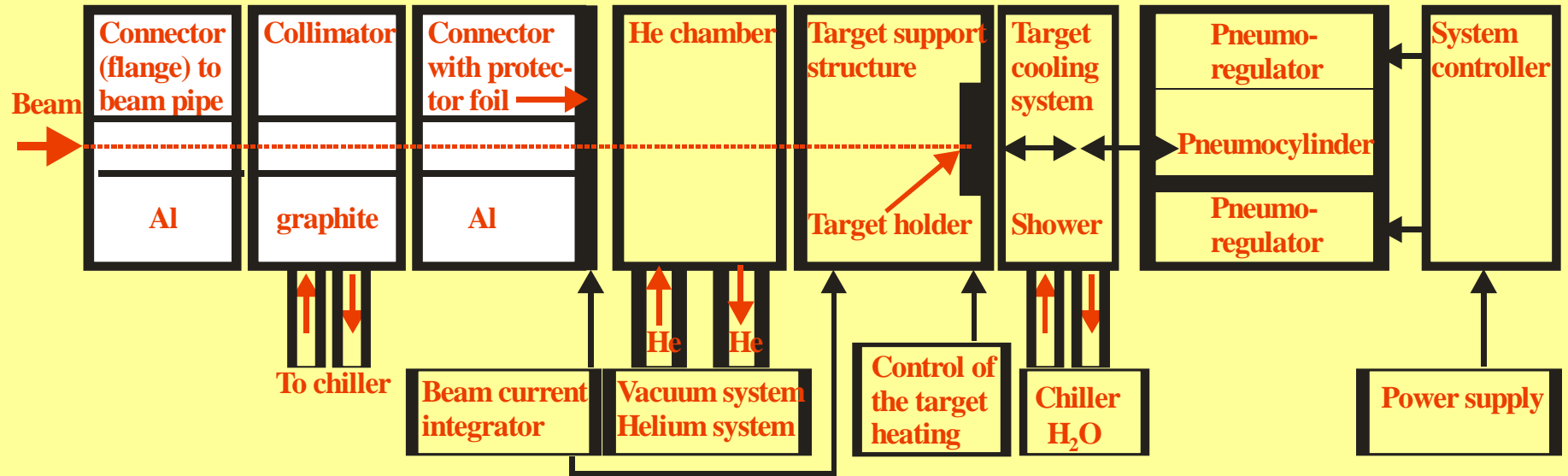


- 1. Helium chamber**
- 2. Innovative small diameter nozzle system (jet cooling of the target) for the high-effective cooling**
- 3. Automatic target moving**
- 4. The system for the control of the target heating**

**Central Research Institute of Structural Materials "Prometey", Saint-Petersburg State University, Institute for Analytical Instrumentation**

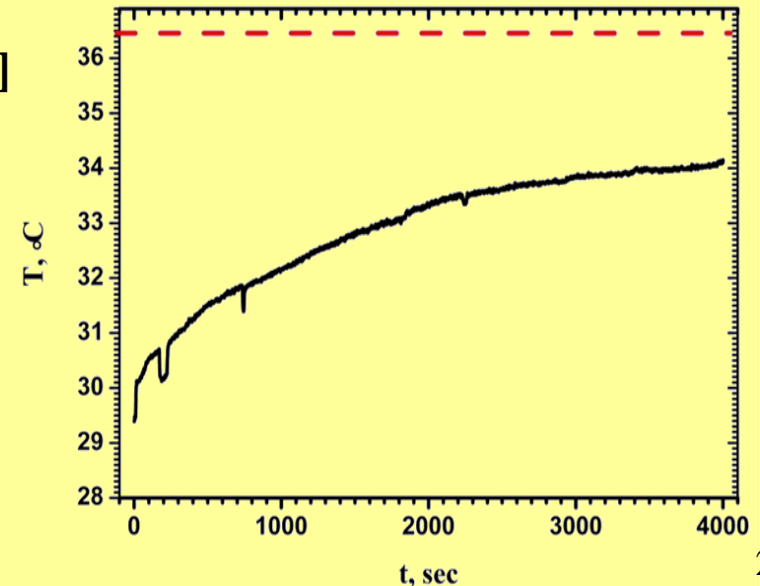
# Investigations of the nuclear reactions for the production of new diagnostic and therapy radionuclides

## Target system



Power density up to **600 W/cm<sup>2</sup>**  
minimum water consumption  
On-line monitoring of the target heating  
Beam current measurements (at 3 point)

[8]

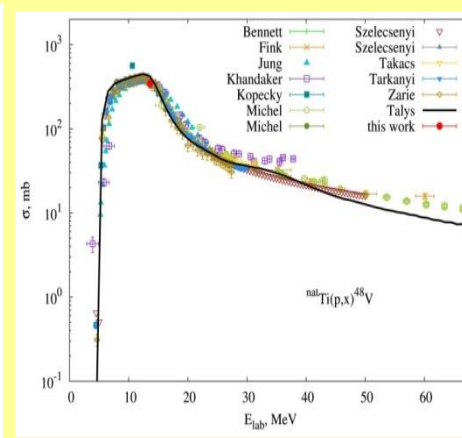
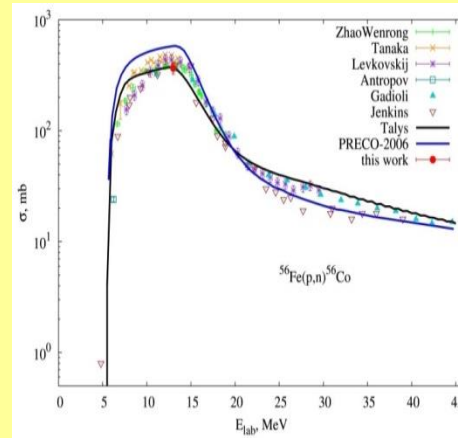
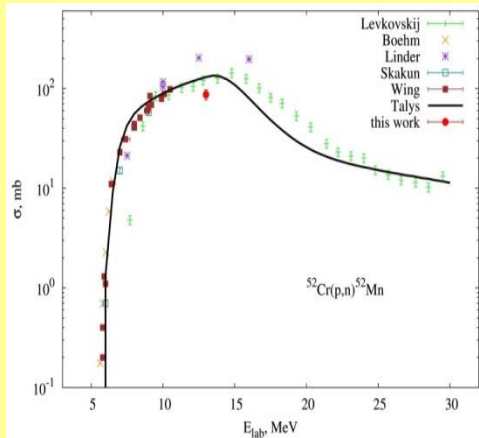


# Investigations of the nuclear reactions for the production of new diagnostic and therapy radionuclides

## Investigations of the nuclear reactions excitation functions

### Stacked foil method

#### 1. Investigations of the monitor nuclear reactions excitation functions: Stainless steel foils, Ti foils, Fe-foil



Precise beam  
Characteristics (I, E)  
measurements

[8]

#### 2. Investigation of the nuclear reactions excitation functions for the production of Sb Tin targets. Two stages:

a) Investigations of the nuclear reactions on natural tin:  $^{nat}\text{Sn}(p,X)^{122}\text{Sb}$  и  $^{nat}\text{Sn}(p,X)^{124}\text{Sb}$

b) Investigations of the nuclear reactions on highly enriched tin isotopes:

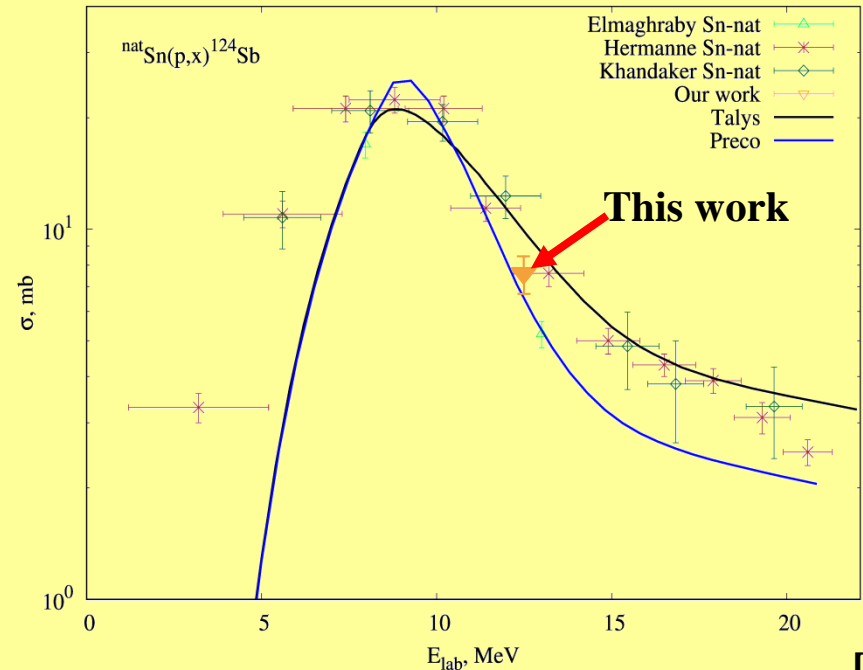
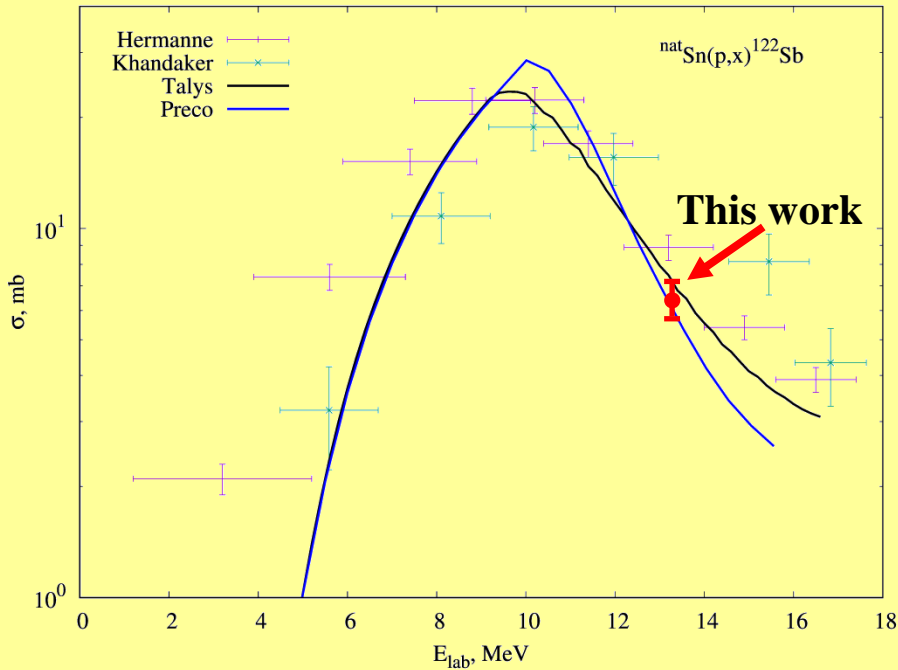
$^{117}\text{Sn}(p,n)^{117}\text{Sb}$  и  $^{119}\text{Sn}(p,n)^{119}\text{Sb}$





# Investigations of the nuclear reactions for the production of new diagnostic and therapy radionuclides

a) experimental studies of the nuclear reactions on natural tin + theoretical formalism adapted for the nuclear systems of the medium mass nuclei



[8]

Theoretical models: pre-equilibrium, equilibrium processes, evaporation mechanism.

PRECO  
TALYS

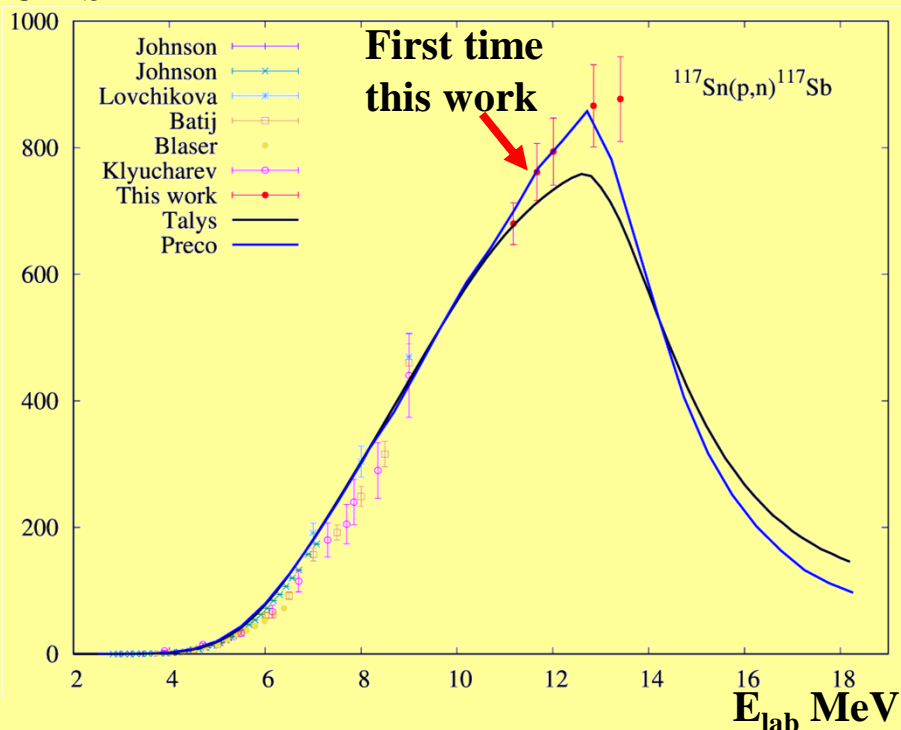
# Investigations of the nuclear reactions for the production of new diagnostic and therapy radionuclides

## b) Investigations of the nuclear reactions on highly enriched tin isotopes:

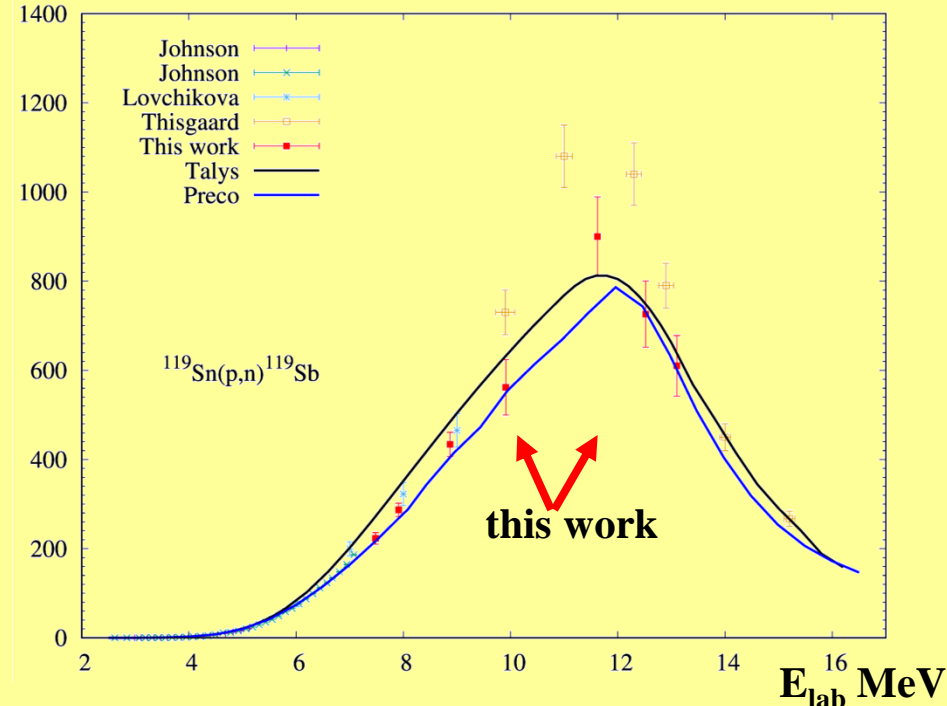
**$^{117}\text{Sn}(p,n)^{117}\text{Sb}$**

**$^{119}\text{Sn}(p,n)^{119}\text{Sb}$**

$\sigma$  mb



$\sigma$  mb



### New experimental data:

a) The peak area of the  $^{119}\text{Sn}(p,n)^{119}\text{Sb}$  excitation function has been investigated from 7.5 MeV up to 13.0 MeV – **7** new points

b) The first time cross-sections for the reaction  $^{117}\text{Sn}(p,n)^{117}\text{Sb}$  were obtained for energy region: from 11.0 MeV up to 13.3 MeV – **5** new points

# Investigations of the nuclear reactions for the production of new diagnostic and therapy radionuclides

## New Target system



# Conclusion

- 1) **Novel radionuclides for therapy and diagnostics:**
  - a) **Auger-Electron emitters – target therapy**
  - b) **registration of satellite gamma quanta**
- 2) **New target system for radionuclide production**
- 3) **The studies if the nuclear reactions for the antimony radionuclide production**

## **NEXT:**

**Synthesis and investigations of the biologically active polymers**  
**Medical and biological research**

## References

- [1] **Physics in nuclear medicine. S. R. Cherry, J. A. Sorenson, M. E. Phelps. 4th ed, 2012.**
- [2] **Targeted Radionuclide Tumor Therapy. T. Stigbrand, J. Carlsson, G. P. Adams, ISBN 978-1-4020-8695-3, Springer, 2008.**
- [3] **Essential Nuclear Medicine Physics. R.A. Powsner, E. R. Powsner, Published by Blackwell Publishing Ltd, 2nd ed., 2006.**
- [4] **Medical Application Studies at ELI-NP, D. Habs, P.G. Thirolf, et.al., arXiv:1202.2238**
- [5] **Theranostics in nuclear medicine practice, A. Yordanova, E. Eppard, et.al., OncoTargets and Therapy, Volume 10 , p. 4821—4828, 2017.**
- [6] **D.W. Bartlett, H. Su, I. J. Hildebrandt, et.al. Impact of tumor-specific targeting on the biodistribution and efficacy of siRNA nanoparticles measured by multimodality in vivo imaging. Proc. Natl. Acad. Sci. U.S.A. 104, 15549-15554. (2007)**
- [7] **Radionuclide Antibody-Conjugates, a Targeted Therapy Towards Cancer, S. L. Kitson, V. Cuccurullo, et.al., Current Radiopharmaceuticals, 2013, 6, 57-71. <http://sunradiology.com/>**
- [8] **The Study of the Nuclear Reactions for the Production of Antimony Isotopes. V. I. Zherebchevsky, I. E. Alekseev, et.al., Bulletin of the Russian Academy of Sciences: Physics, 2016, Vol. 80, No. 8, pp. 888–893**