

# Technological solutions for Spinal Cord Injuries



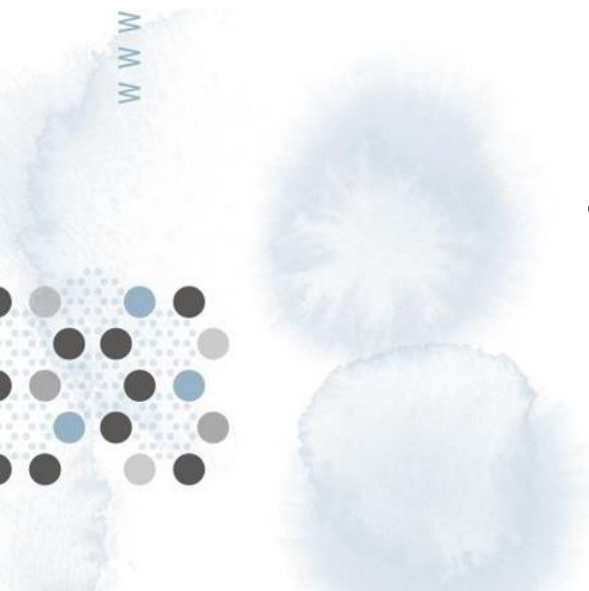
Dr. M. Teresa González

Department of Nanomedicine

Fundación IMDEA Nanociencia – Madrid (Spain)

# Presentation Outline

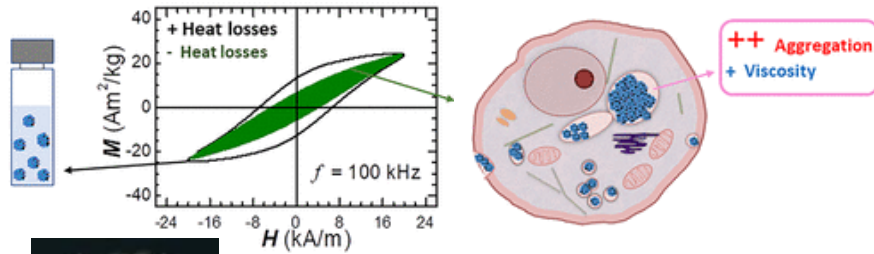
- Spinal Cord Injury (SCI) – some history
- How to cure Spinal Cord Injury?
  - Neural regeneration
  - Neuroprostheses
  - Brain-computer interfaces
- Nanotechnology for Spinal Cord Injury repair
  - Nanomaterials at IMDEA nanociencia





# Nanomedicine at IMDEA Nanociencia

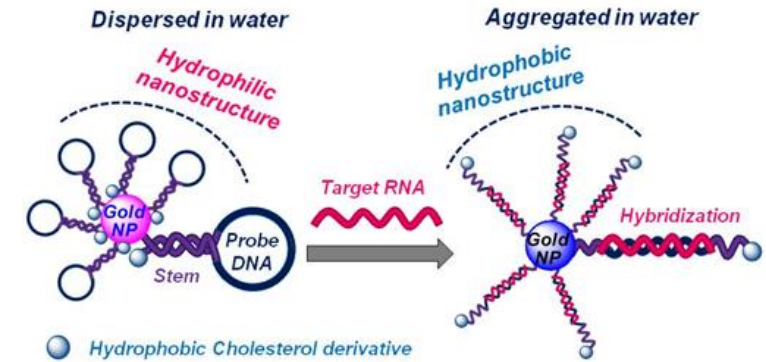
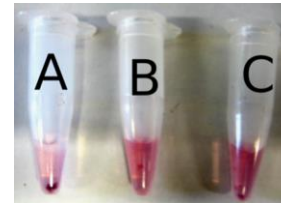
## Magnetic nanoparticles for hyperthermia treatment to cancer



**Fran J. Terán**

[ACS Nano 12, 3, 2741–2752 \(2019\)](#)

## Sensors and Drug delivery based on oligonucleotides /Au nanoparticles



**Álvaro Somoza**

including Covid-19

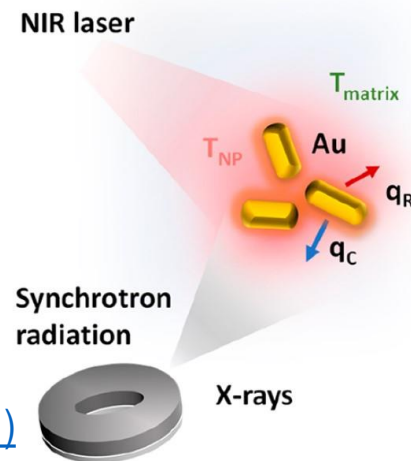
[Chem. Commun 50, 3018-3020 \(2014\)](#)

## Nanothermometry to improve anticancer strategies



**Ana Espinosa**

[Nano Lett. 21, 769–777 \(2021\)](#)

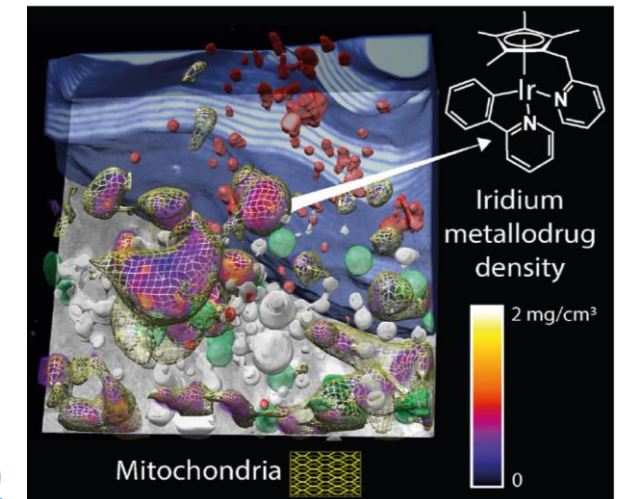


## Single cell localization of metallodrugs in cryopreserved cancer cell



**Ana M. Pizarro**

[Angew. Chem. Int. Ed. 59, 1270–1278 \(2020\)](#)







# Spinal Cord Injury (SCI)

After a **Spinal Cord Injury (SCI)**, communications between the brain and the neural circuits that dictate movement are interrupted.

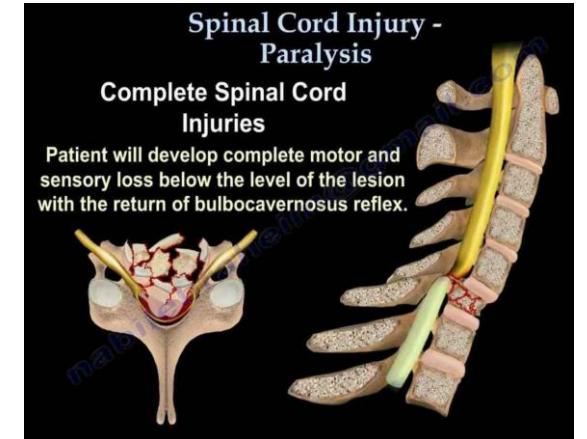
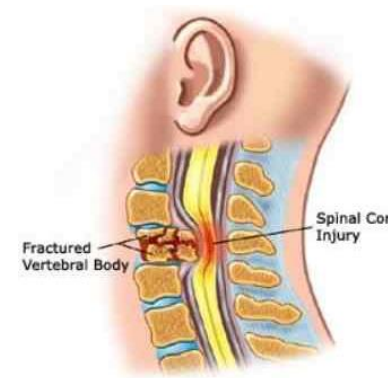
Brain, muscles and receptors are working, but **the connection is lost!**

**paralysis: paraplegia / tetraplegia**

Between 250 000 and 500 000 people suffer a SCI every year (WHO)

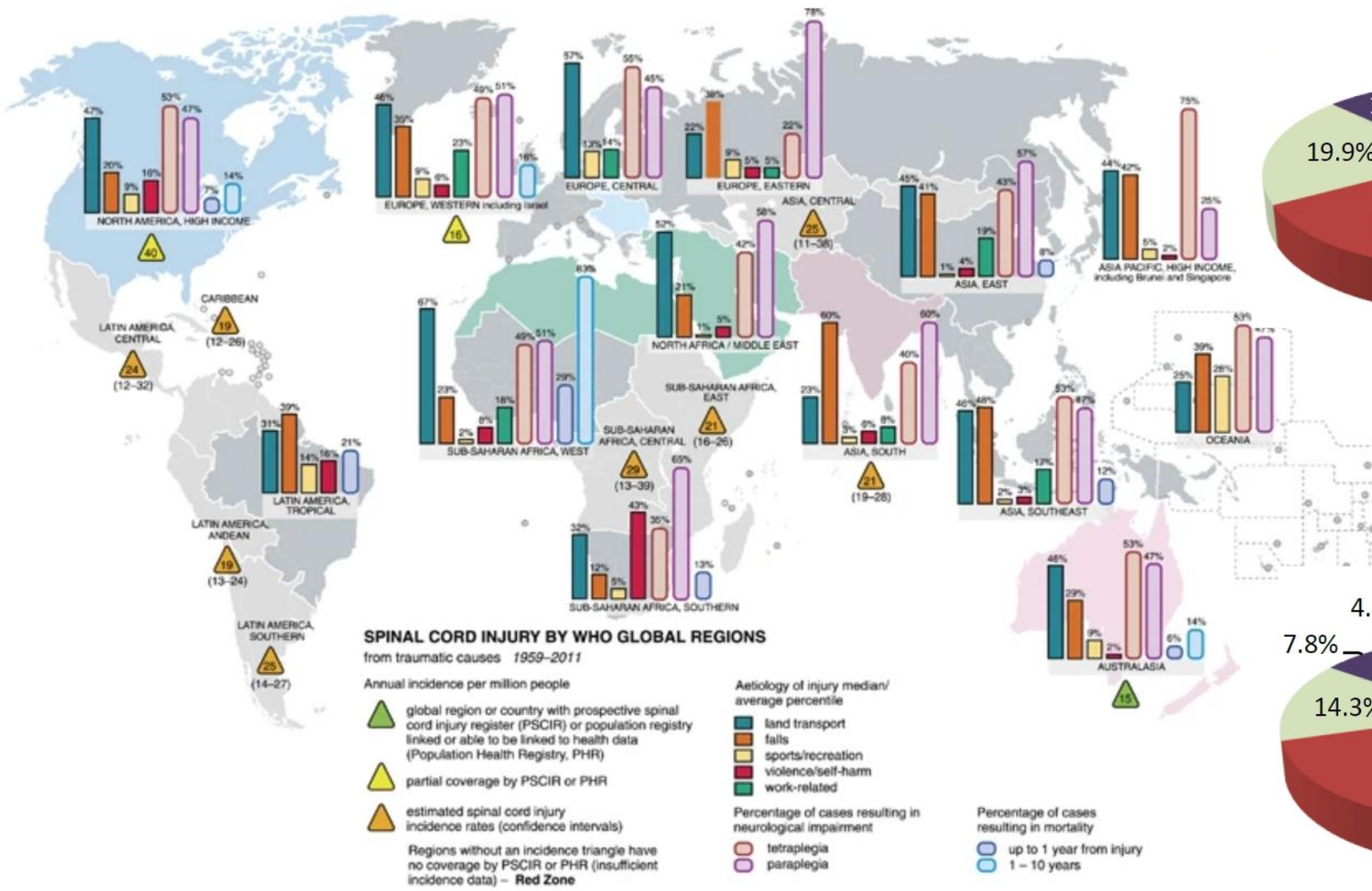
In European countries 10 – 20 per million inhabitants-year

Estimated lifetime cost in US for complete tetraplegia occurring at 25 years old is over 5 million dollars

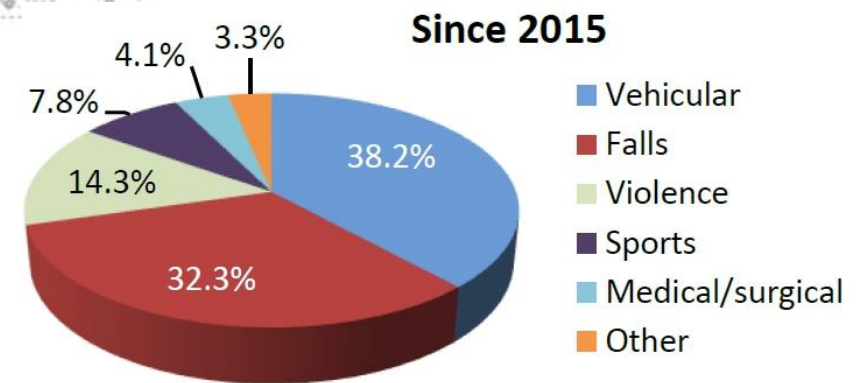
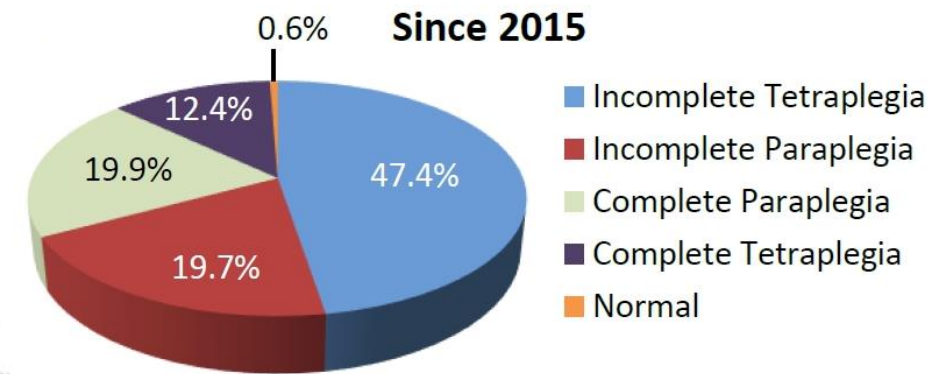




# Spinal Cord Injury (SCI)



Lee et al. Spinal Cord 2014, 52, 110-116

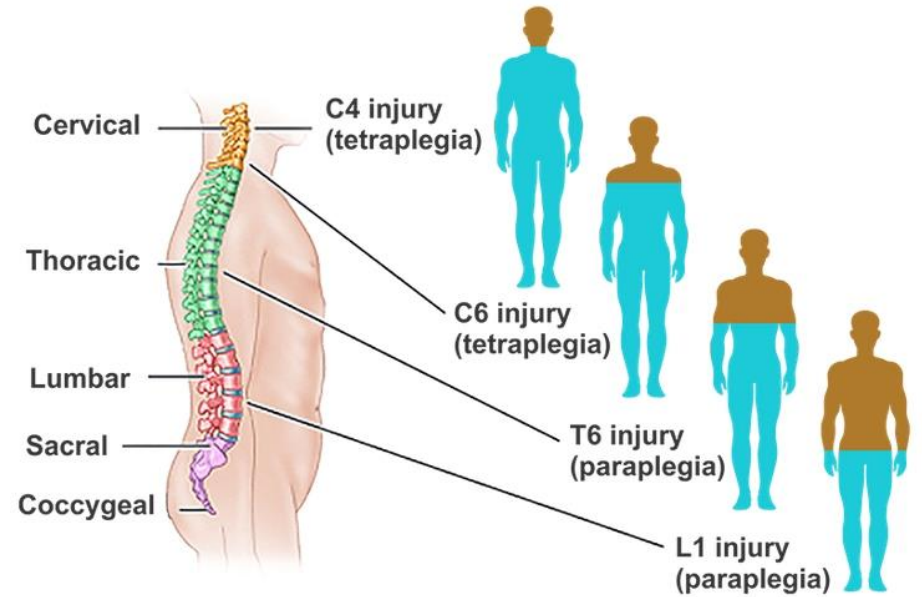
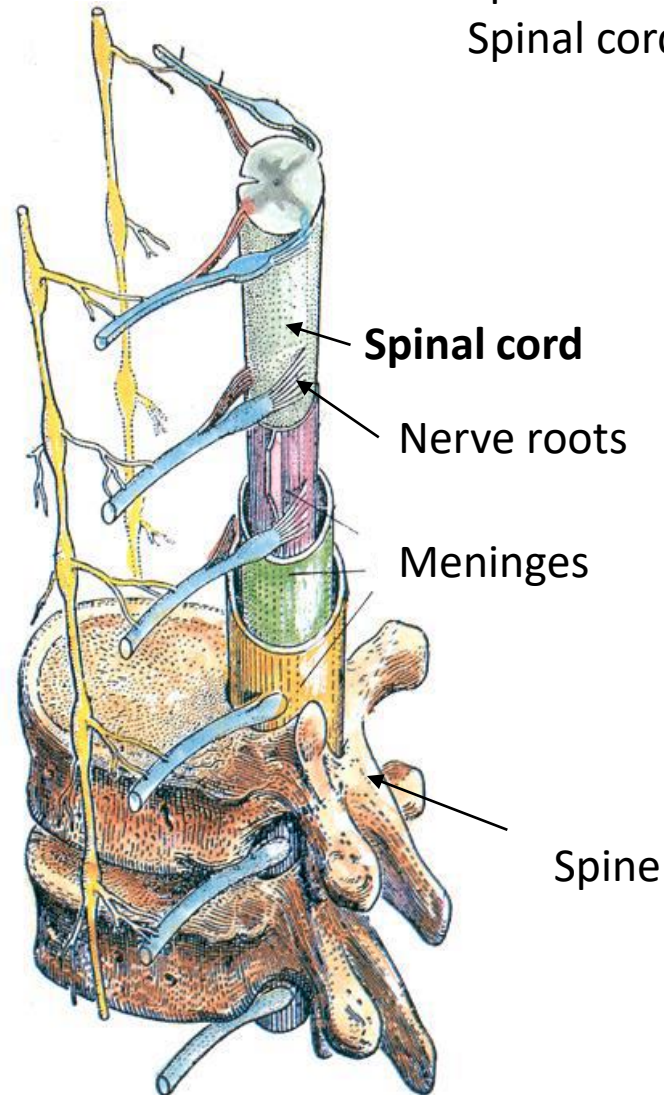


US National SCI Statistical Center Facts and Figures 2021



# Spinal cord anatomy

Spine: 73 cm long  
 Spinal cord: 40-45 cm long  
 1 cm diameter

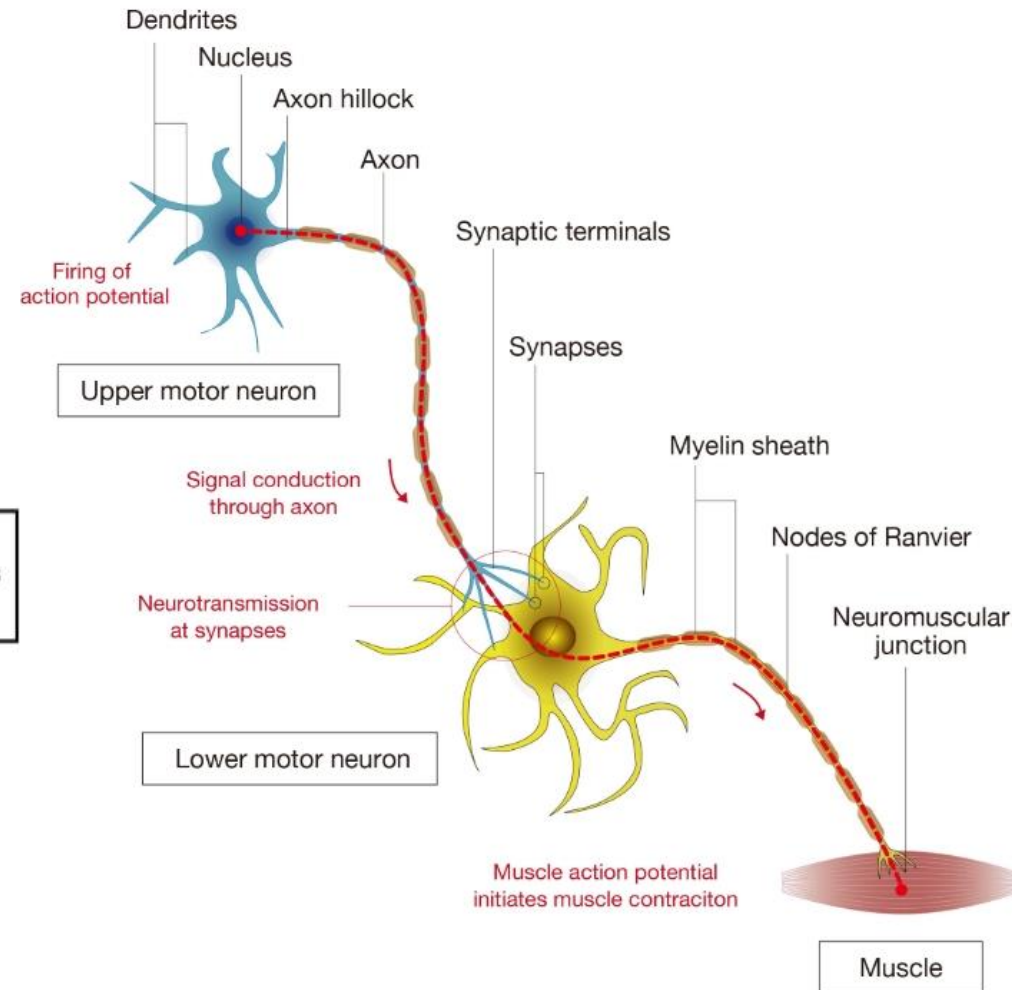
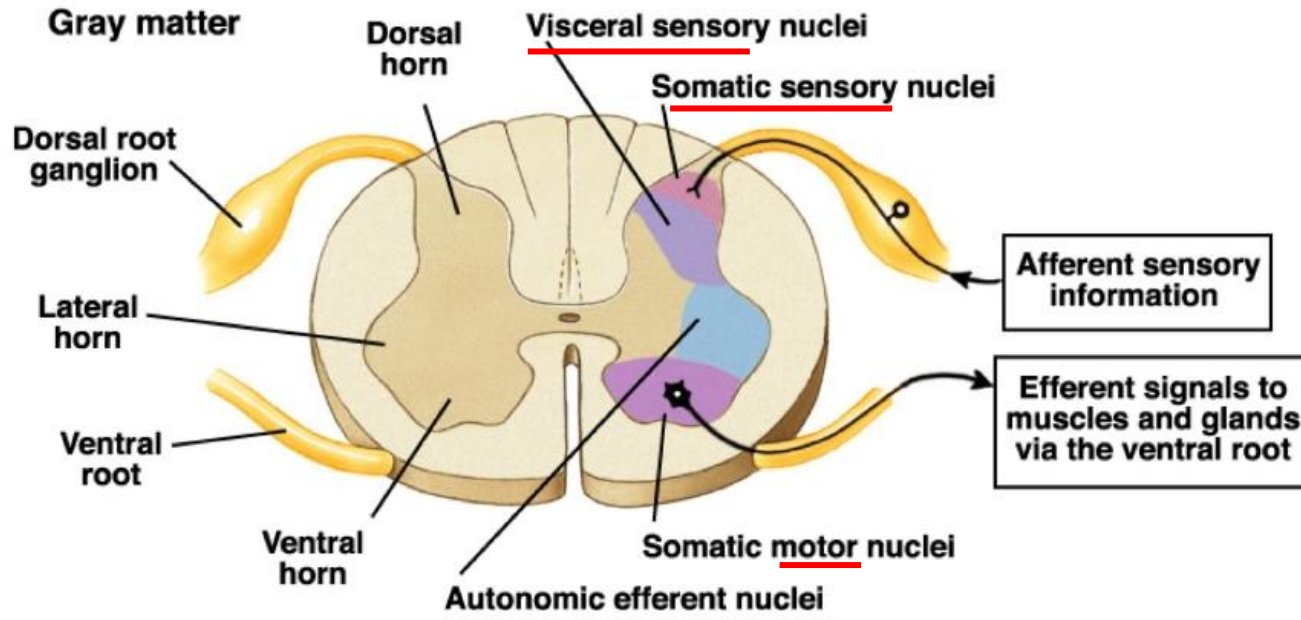


European SCI Federation webpage



# Spinal cord anatomy

www.nanoscience.imdea.org



- white matter: bundles of axons
- gray matter: neuron cell bodies

- Motor information
- Sensory information
- Automatic nervous system





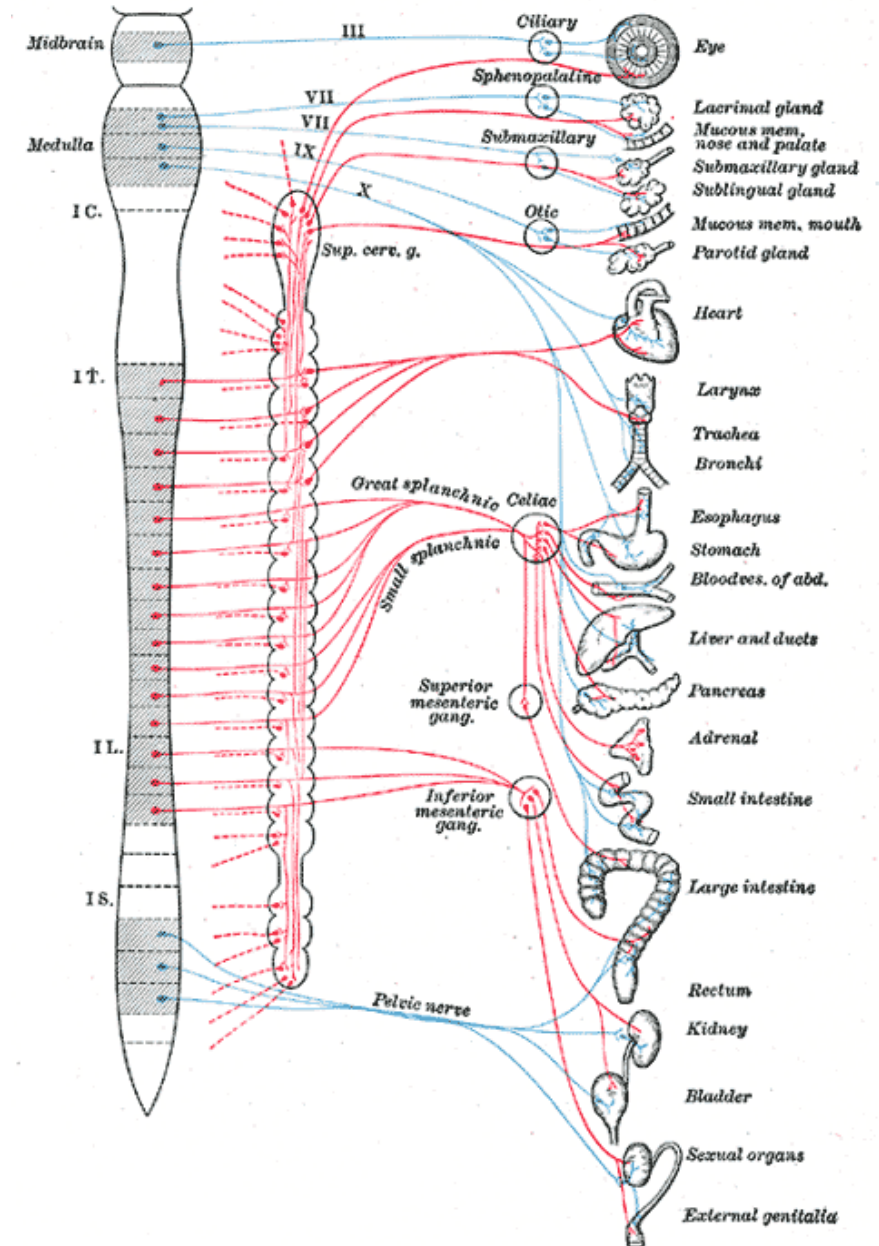
# Spinal cord anatomy

**Autonomic nervous system (ANS) regulates:**

- Heart rate
- Digestion
- Respiratory rate
- Urination
- Sexual arousal

It acts mostly unconsciously

It is not only motion that is lost in SCI



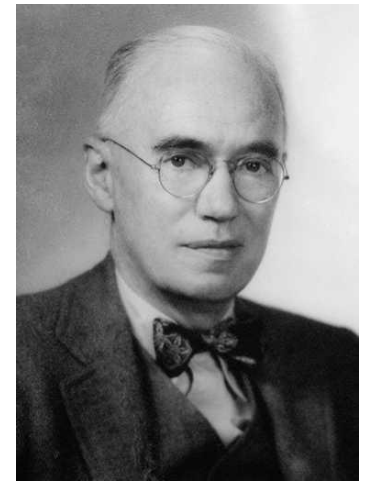




# SCI historical progress

- ... – 19<sup>th</sup> century: An ailment not to be treated
- 19<sup>th</sup> – early 20<sup>th</sup> century: Desperate treatments
- Thirties of the 20th century: **stabilization** with pharmacological treatment
  - Essential the discovery of penicillin 1928 (**Alexander Fleming**) – Antibiotics
- Thirties – seventies : How to survive? Stabilization and **rehabilitation**
- Eighties – :

How to **cure** SCI?



Donald Munro (1898–1978)  
 Father of paraplegia  
 First SCI unit in 1936



John Young (1919–1990)  
 establishment of global  
 rehabilitation



# SCI in Spain: Hospital Nacional de Paraplégicos

www.nanoscience.imdea.org



- Inaugurated in 1974
- Extended in 2013
- Global rehabilitation
- Leading research
- Awards received each year



# How to cure (palliate) SCI?

Two strategies:

- 1. Biological regeneration:** take advantage of the regenerative capability of central nervous system neurons in the proper environment
  - cell-based therapies
  - Scaffolds
- 2. Neuroprosthetics:** use of devices that interface with the nervous system with aim to restore lost functions
  - Stimulation therapies
  - Brain-Computer Interfaces

**Training rehabilitation** is always essential

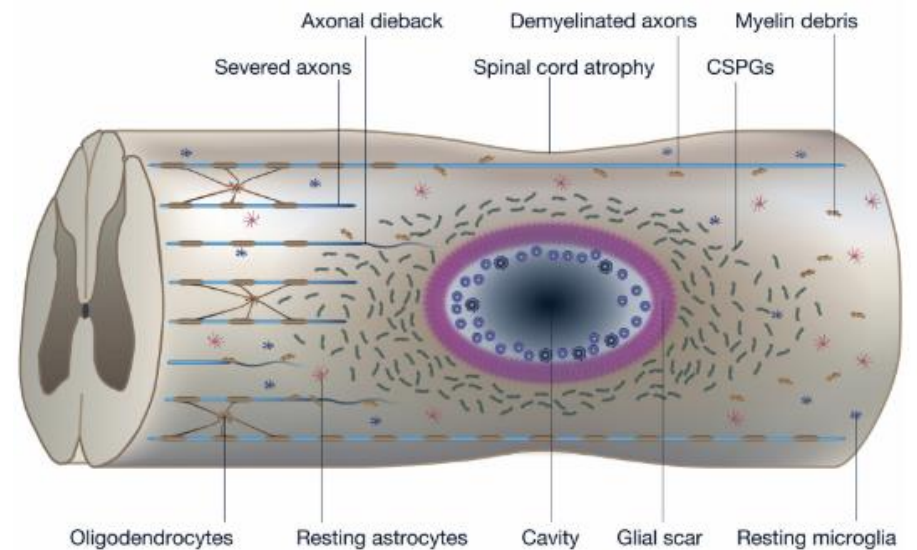
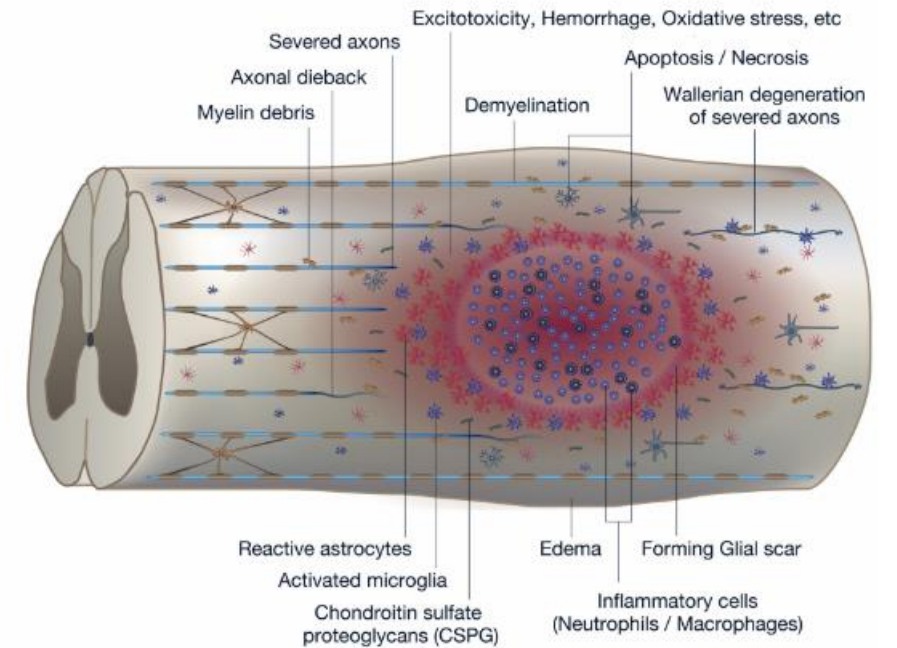






# Biological regeneration

1. Neural tissue death (neurons and maintenance cell), demyelination and axonal degeneration
2. Intensive local inflammatory response leads to:
  - activation of resident microglia: scar-forming astrocytes
  - infiltration of macrophages
3. Formation of **glial and fibrotic scars**
  - Main impediment to CNS axonal regeneration
  - Prevent the spread of injury
4. Tissue degeneration: formation of **cystic cavities** full of cerebral spinal fluid





# Biological regeneration

## 1. Cell-based therapies

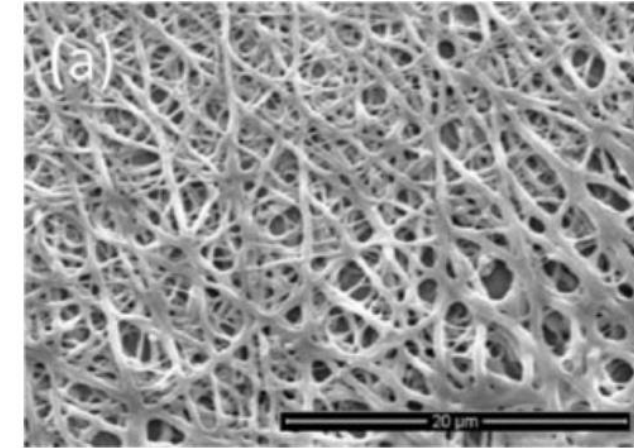
Transplantation of neural stem/progenitor cells (NSPCs) into the lesion site to make it a hospitable environment.

- replace damaged cells
- provide local neurotrophic factors
- promote axonal sprouting, regeneration, and remyelination
- promote neural plasticity

## 2. Biomaterial scaffolds

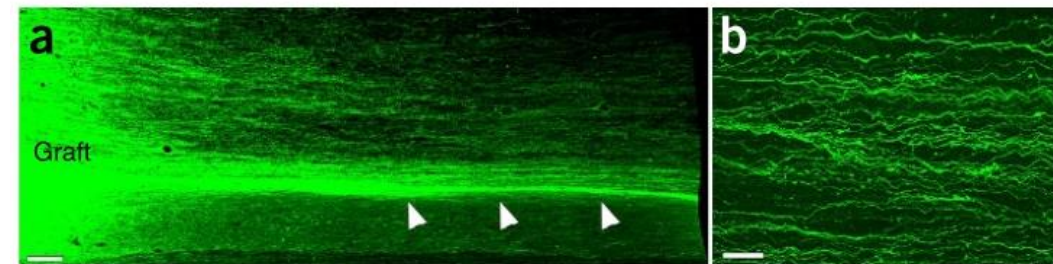
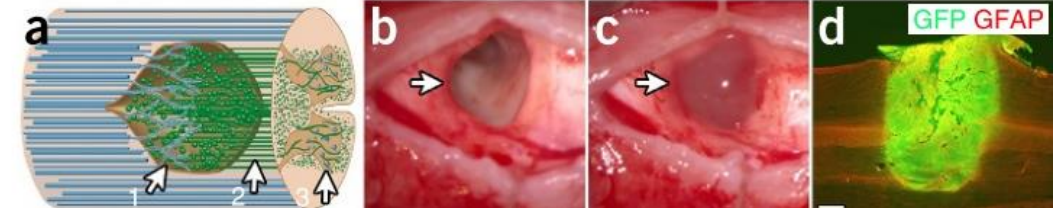
Implantation of a 'scaffold' into the cavity that provides axons with a substrate on which to grow and to restore tissue continuity.

- Support for axonal sprouting and growth
- Deliver growth/vascularization factors and drugs



rhesus monkeys  
right-side C7 hemisection

Fibrin matrix  
NPCs plus  
fibrin gel



host white matter caudal  
to the lesion site

6 mm

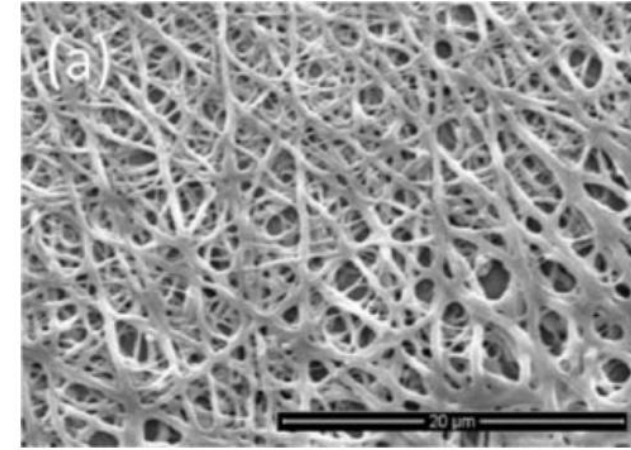




# Biological regeneration

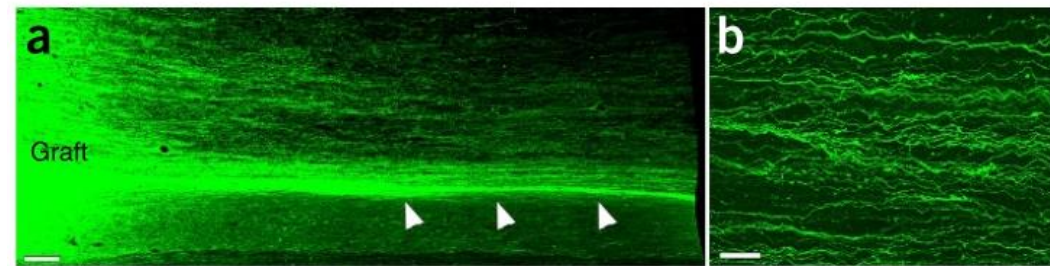
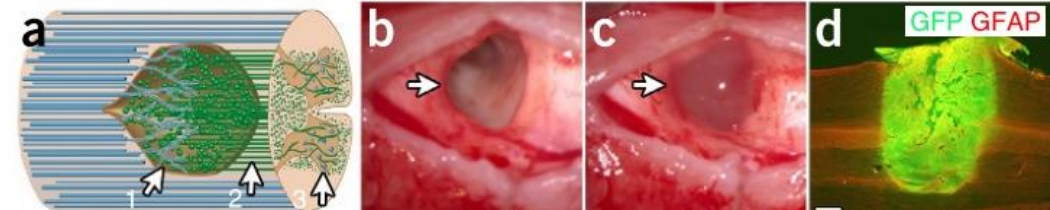
1. Cell-based therapies
2. Biomaterial scaffolds

Not an easy task: poor translation of successful strategies in animal models of SCI to human patients  
 Need to determine the **regeneration of specific pathways**  
 (chemical neural tracers)



rhesus monkeys  
 right-side C7 hemisection

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 NPCs plus  
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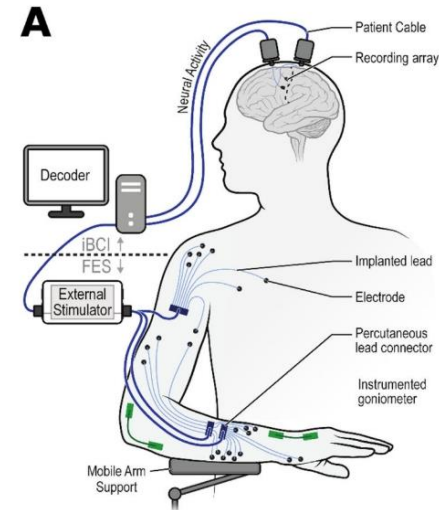
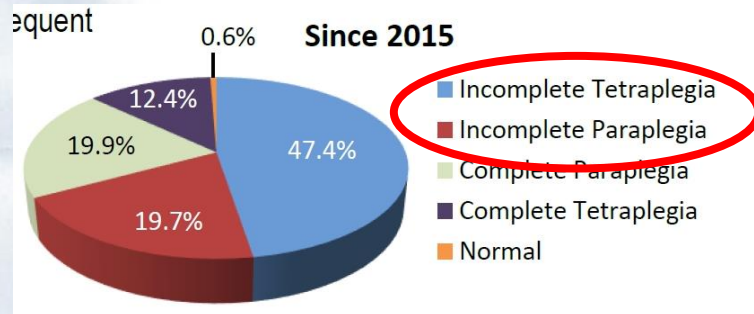
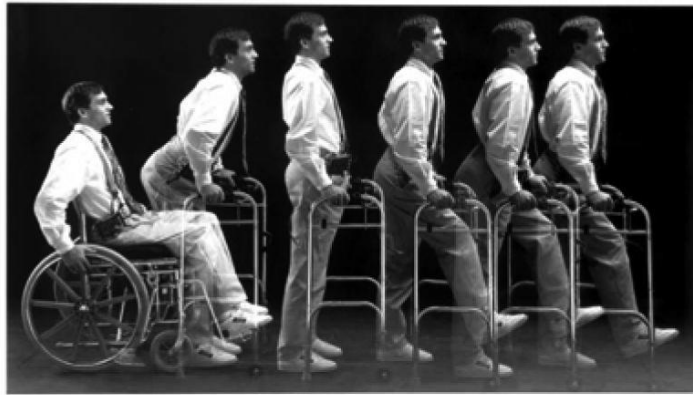




# Neuroprostheses

**Neuroprostheses** are devices that use electrodes to stimulate and sense the nervous system including muscles, nerves, spinal cord, or the brain.

More invasive than biological regeneration but presently more advanced in human application.





# Neuroprostheses

## Stimulation therapies

- FES: Functional Electrical Stimulation. Electrical **nerve** stimulation
- TENS: Transcutaneous Electrical Nerve Stimulation, with electrodes are positioned on the surface of the skin
  - Sensorimotor improvement using FES for generating movement in paralyzed limbs (better than passive action alone)



M. van Bloemendaal et al., Trials 2016, 17, 477



Parastep I™  
System

The Parastep I™ is a microcomputer controlled functional neuromuscular stimulation (FNS) system that enables independent, unbraced ambulation (i.e., standing and walking) by people with a spinal cord injury.

<https://www.sigmedics.com/>

D. R. Gater et al., NeuroRehabilitation 2011, 28, 231–248  
J. L. Collinger et al., J. Spinal Cord Med. 2013, 36, 258–272



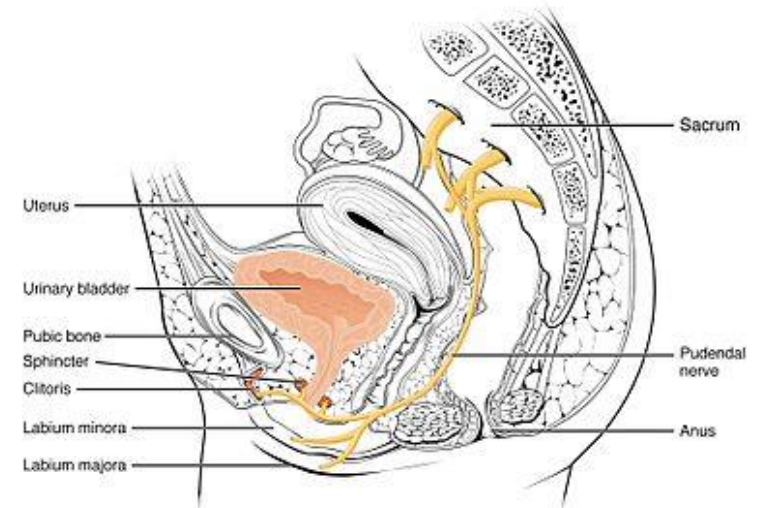
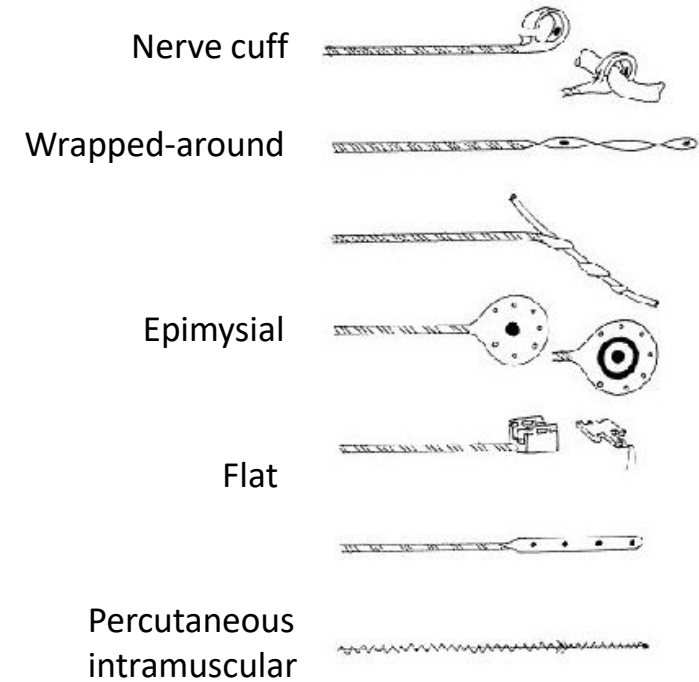




# Neuroprostheses

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- TENS: Transcutaneous Electrical Nerve Stimulation, with electrodes are positioned on the surface of the skin
  - Sensorimotor improvement using FES for generating movement in paralyzed limbs (better than passive action alone)
  - Bladder control (FES at the pudental nerve)
  - Cardiac and diaphragmatic pacing
  - Pain management
  - Truncal stability





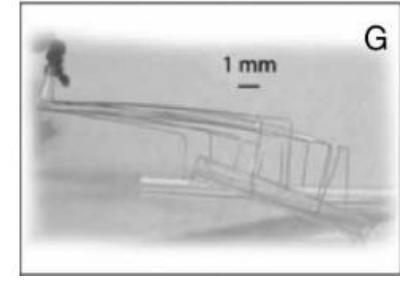
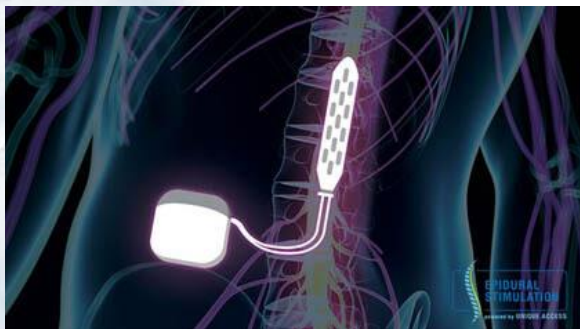
# Neuroprostheses

## Stimulation therapies

- EES: epidural electrical stimulation. Electrodes placed on the dura mater of the spinal cord
- ISMS: intra-spinal micro-stimulation.

Central pattern generators (CPGs) produce rhythmic activity of the limbs without requiring any sensory feedback

- **Chronic paralysis patients regain voluntary control of paralysed muscles**
- Use of spared circuit: connections silent due to damage of myelin or ionic channels



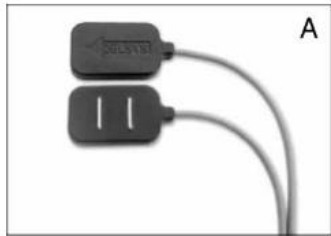
C. A. Angeli et al., Brain 2014, 137, 1394–1409  
University of Louisville / University of California



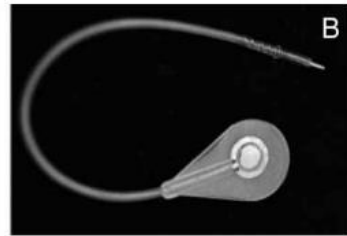
# Close-loop Neuroprostheses

Using information of muscles motion or organ state as input for FES/EES

EMG: Electromyography: electrical activity in **muscles**

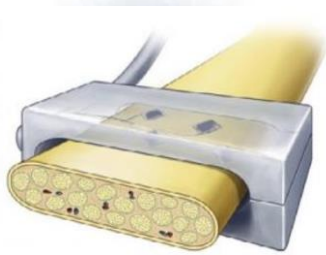


skin electrode

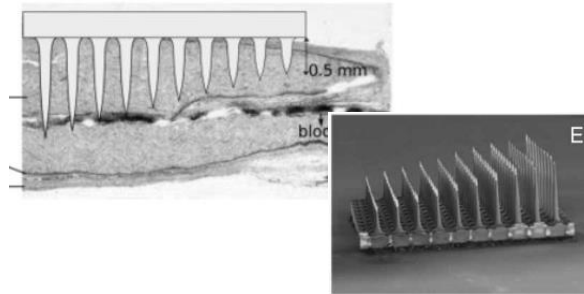


epimysial (attached directly to the muscle)

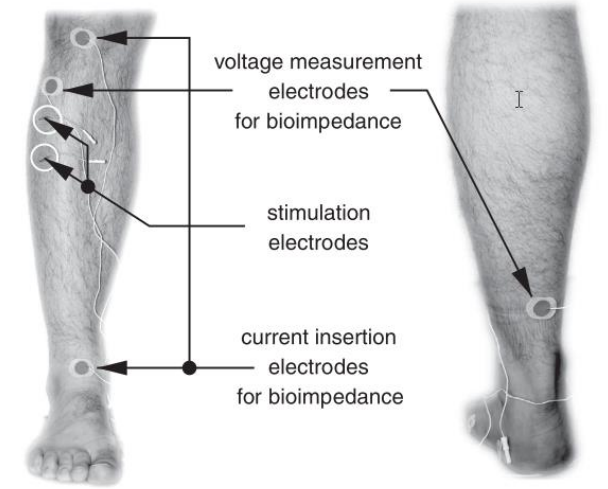
ENG: Electroneurography: electrical activity in **nerves**



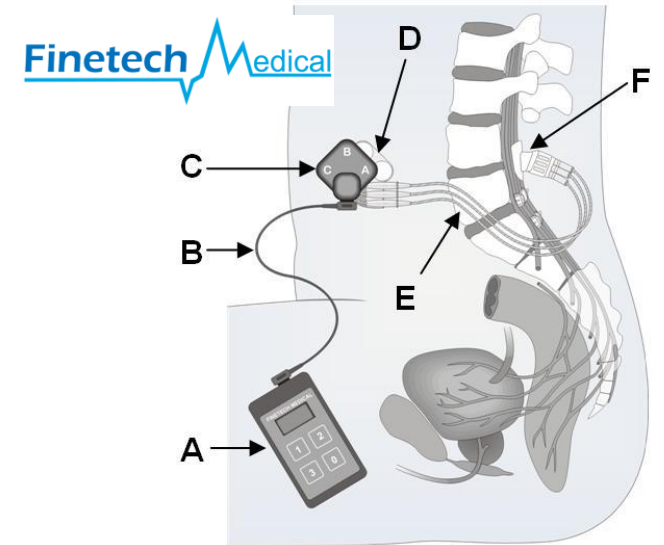
flat interface nerve electrode (FINE)



Utah Slanted Electrode Array (USEA)



T. Schauer, Annual Reviews in Control 2017, 44, 355–374

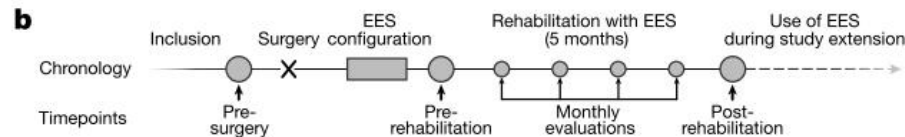
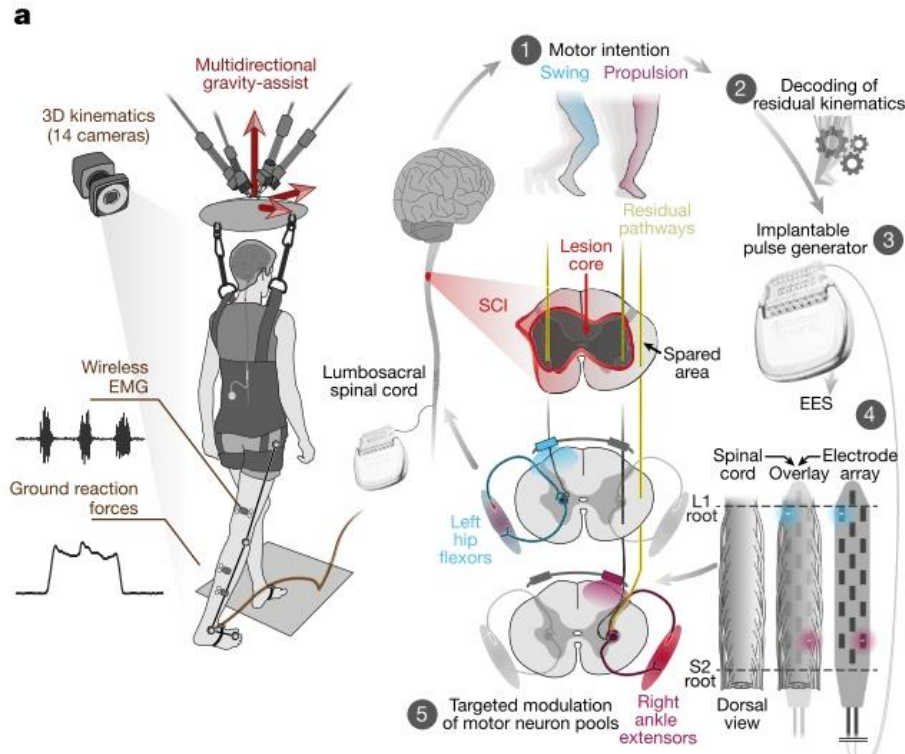


E. H. Rijnbeek et al., Neuroprosthetics. Front. Neurosci. 2018, 12, 350

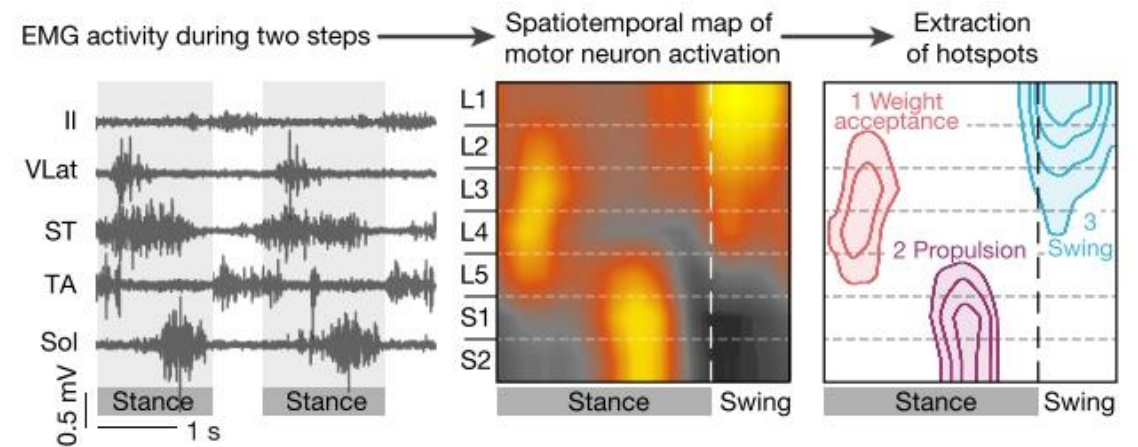


# Close-loop Neuroprostheses

## Restoration of walking with spatiotemporal selective EES



EES activates motor neurons by recruiting **proprioceptive circuits** within the posterior roots of the spinal cord



fine-tuned the timing of each spatially selective **stimulation train** using a closed-loop controller that triggered EES on the basis of foot trajectory

Targets: posterior roots associated with muscles that mobilize hip, knee and ankle joints

F. Wagner et al., Nature 2018, 563, 65–71

E. Formento et al., Nature Neuroscience 2018, 21, 1728–1741

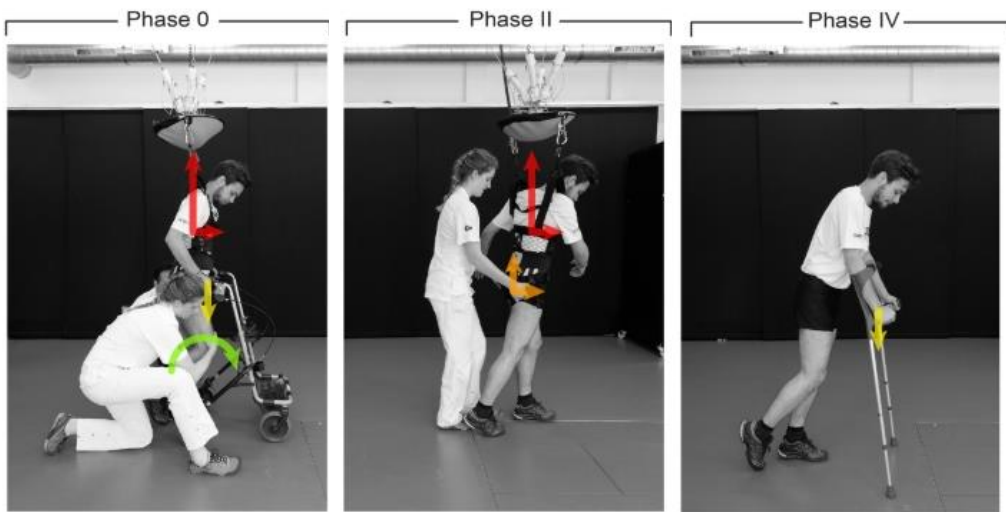
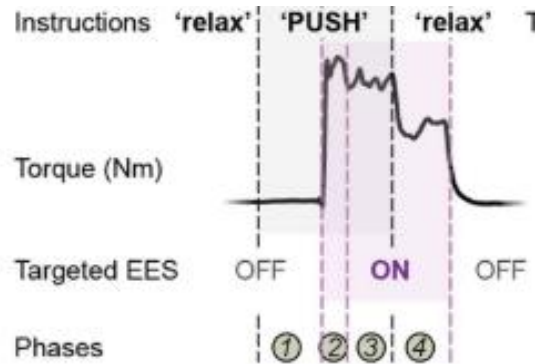
EPFL (Lausanne), Grégoire Courtine team



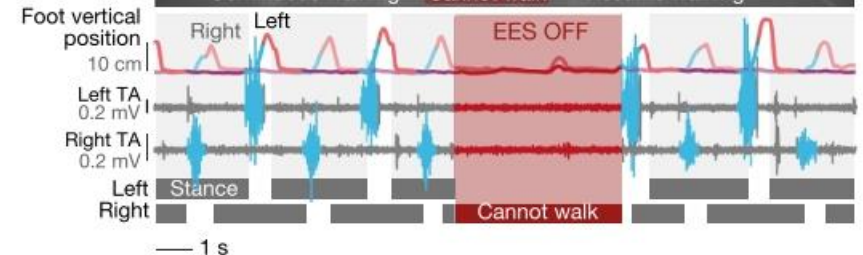
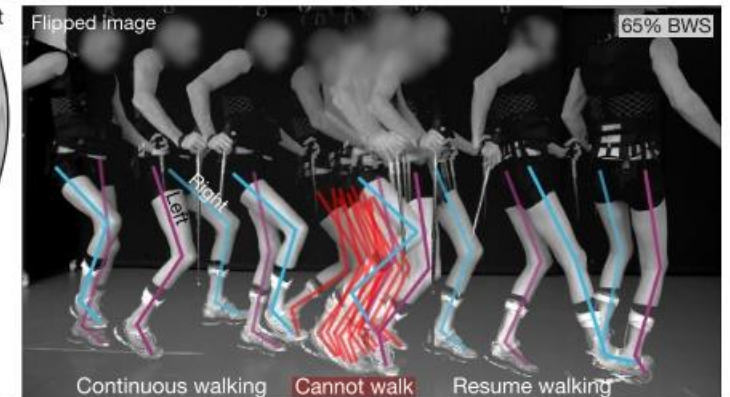
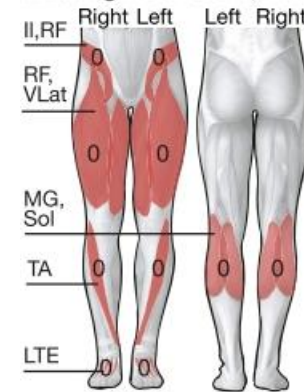
# Close-loop Neuroprostheses

## Restoration of walking with spatiotemporal selective EES

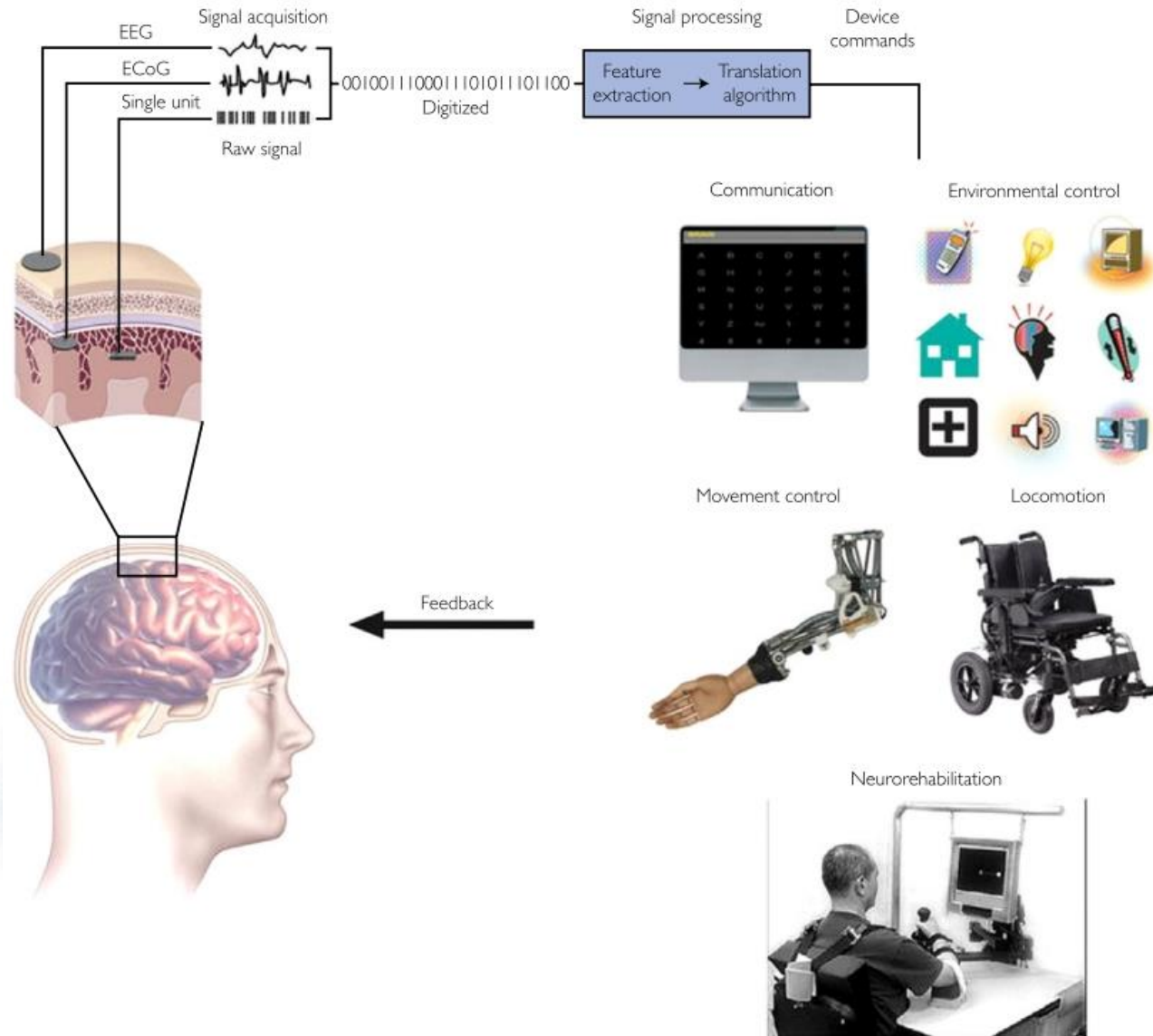
1. **Voluntary** motion: Without any voluntary contribution, EES induced minimal muscle contraction
2. Restoration of walking **without stimulus** after 5 months (initial spare connections must exist)



Initial leg motor score, P3: 0/50



# Brain-Computer Interfaces (BCI)



1. Acquire brain signals
2. analyze them and translate them into commands
3. output to devices or FES/EES

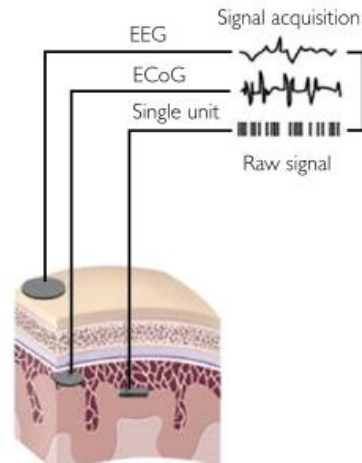
The act of **thinking** about performing a movement is transformed into a command and a **real action**

Artificial intelligence algorithms are essential



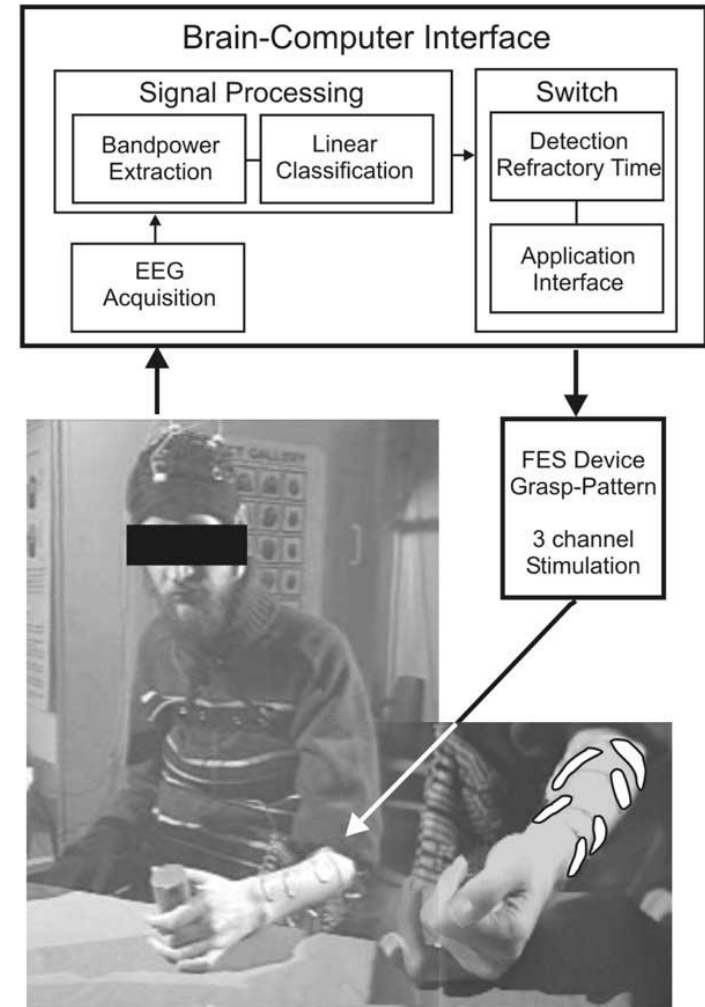
# Brain-Computer Interfaces (BCI)

- **EEG: electroencephalography**
- **ECoG: electrocorticography**
- **Intracortical Microelectrode**



**intendiX**  
USER-READY BCI APPLICATIONS

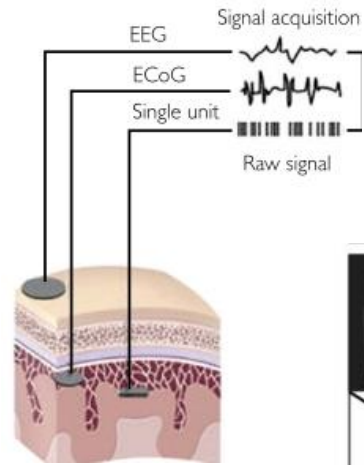
<http://www.intelimed.es>



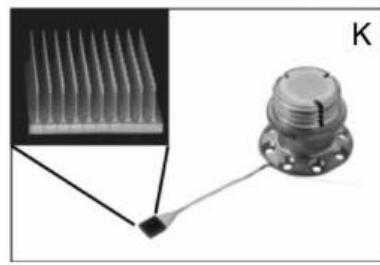


# Brain-Computer Interfaces (BCI)

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## Intracortical Microelectrode

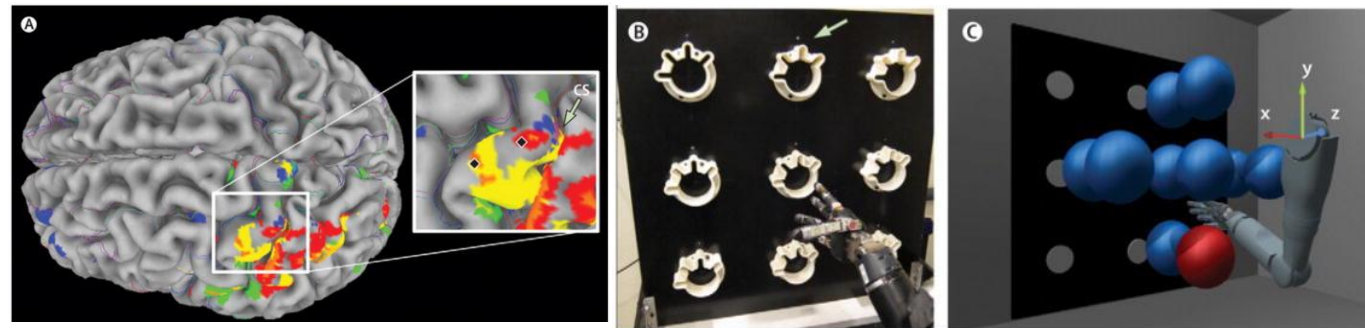


NeuroPort intracortical  
 microelectrode array  
 (Blackrock Microsystems)  
 approved by the FDA



L. R. Hochberg et al., Nature 2006, 442, 164–171  
 L. R. Hochberg et al., Nature 2012, 485, 372–375  
 Rhode Island

96 microelectrodes in the motor  
 cortex of a human  
 control of the arm and hand over a  
 broad space without explicit training



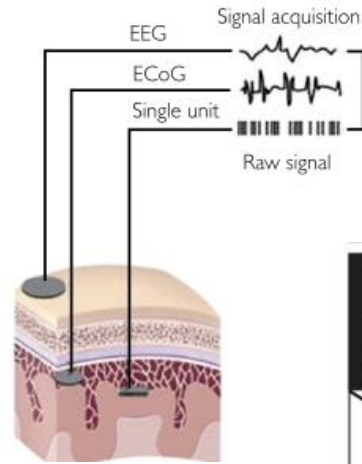
J. Collinger et al., Lancet. 2013, 381, 557–564  
 University of Pittsburgh



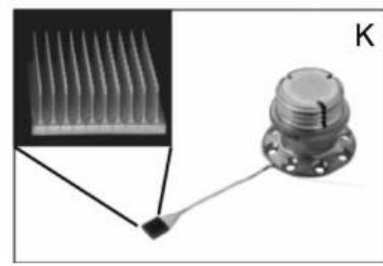


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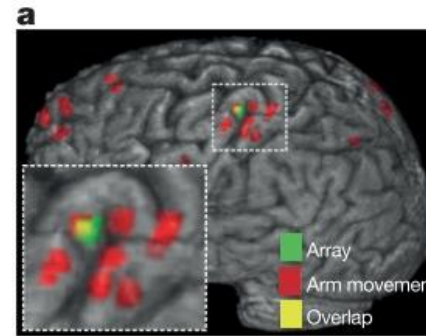
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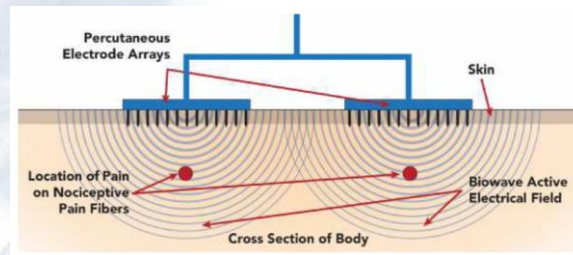
## Intracortical Microelectrode



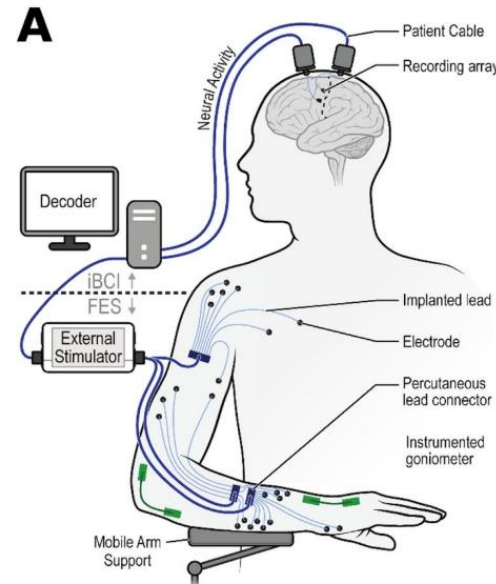
NeuroPort intracortical microelectrode array (Blackrock Microsystems)



C.E. Bouton et al., Nature 2016, 533, 247-250  
Ohio State University



percutaneous muscle stimulating electrodes (Synapse Biomedical, Oberlin, OH)



A. Ajiboye et al., Lancet. 2017, 389, 1821-1830  
Cleveland / Rhode Island / Boston



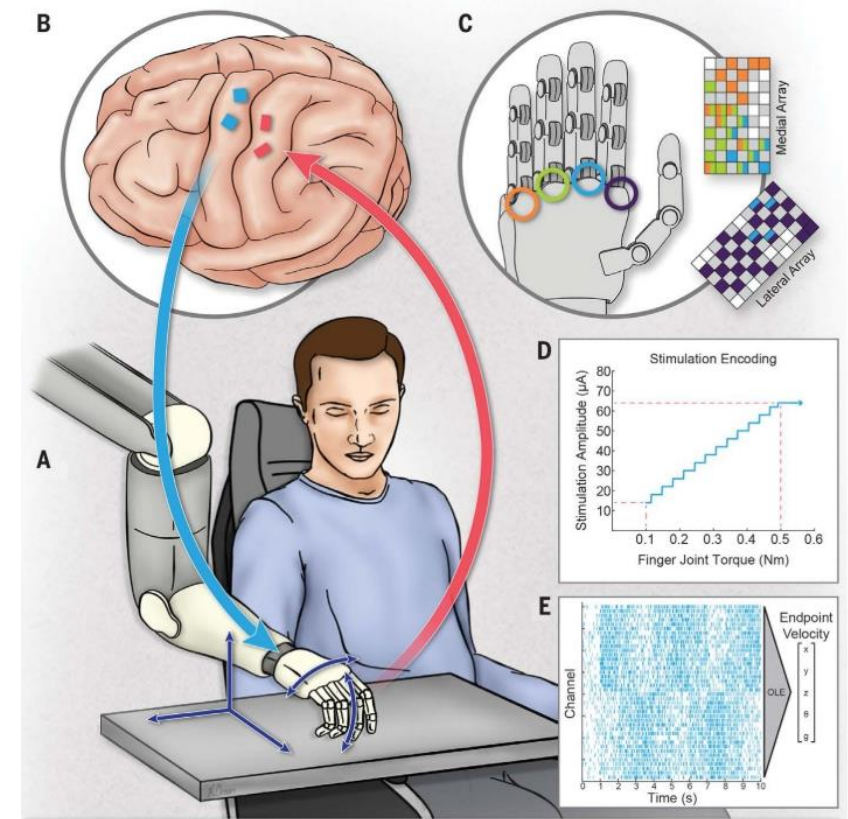
# Brain-Computer Interfaces (BCI)

**Bidirectional brain-computer interface** with two intracortical microelectrode arrays:

- Records neural activity from the motor cortex
- Generates tactile sensations by stimulation of the somatosensory cortex

Stimulation driven in real time by sensors in a robotic hand

- Patients improve performance on functional tasks
- Patients ‘felt’ a sensation as originating from their own hand





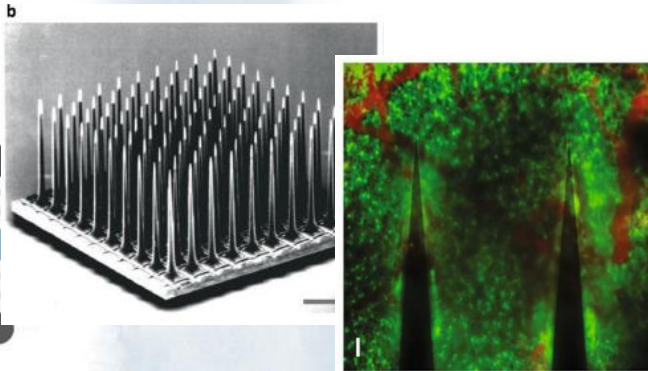
# Brain-Computer Interfaces (BCI)

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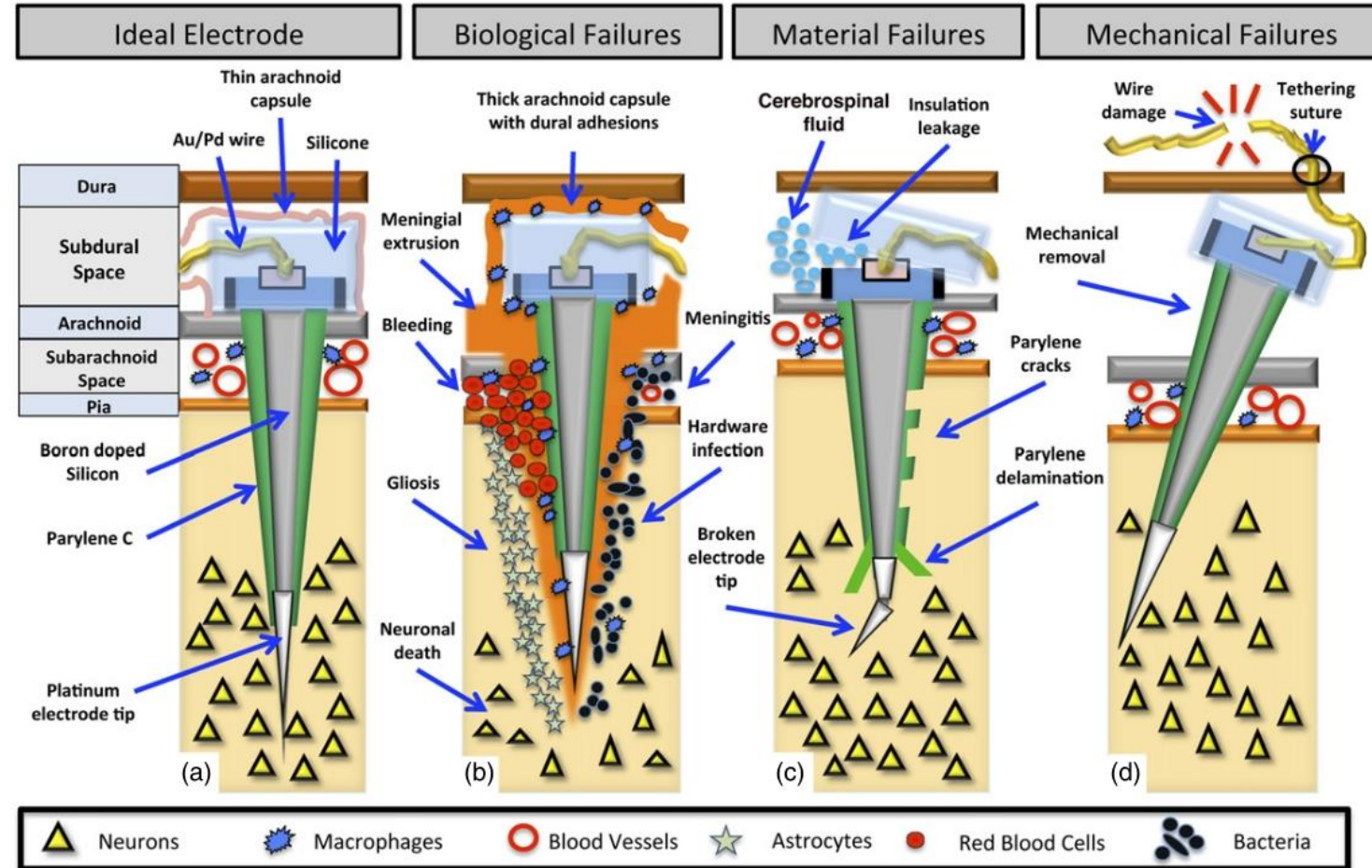
## Limitation:

BCI requires electrodes permanently implanted

Application of intracortical microelectrodes is currently limited because they are **not able to reliably record** neuronal signals chronically

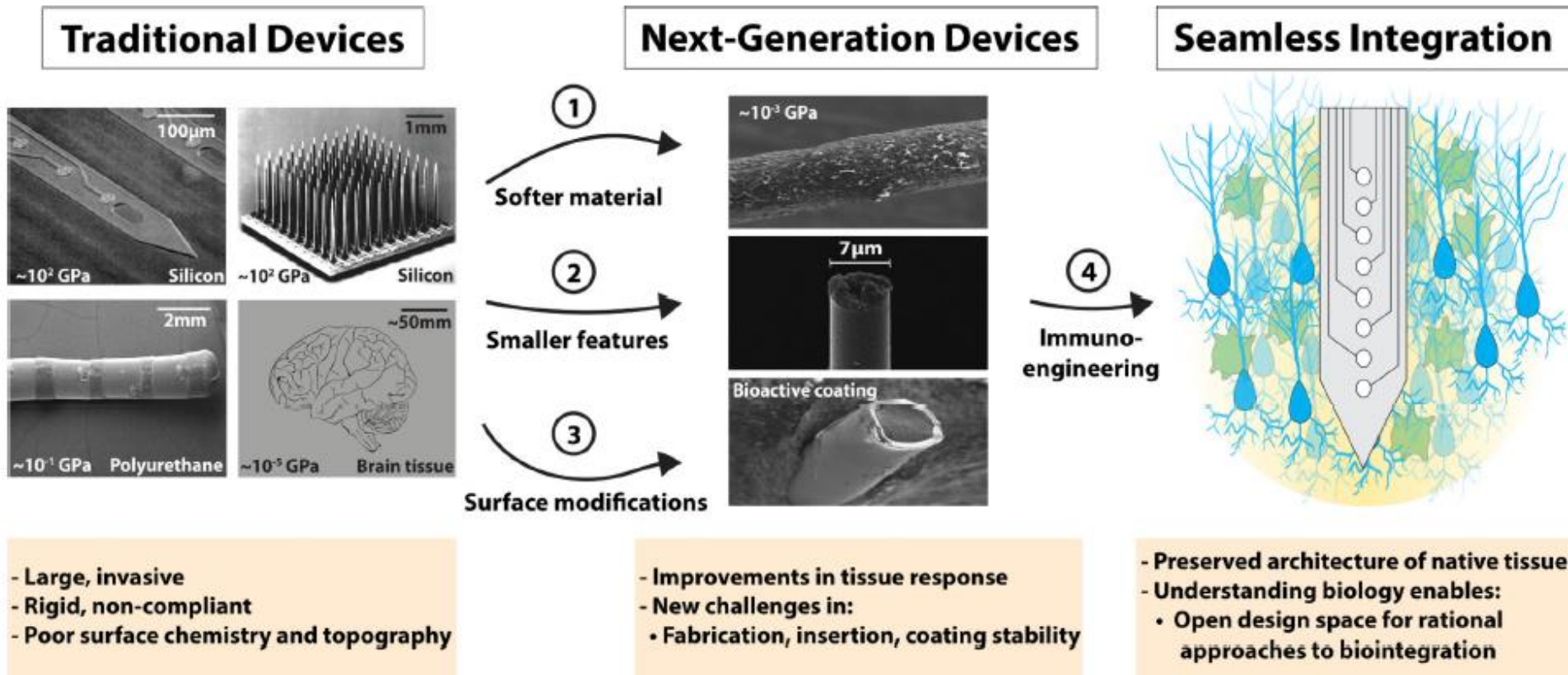


Microglia (green) form a compact scar





# Glial response to implanted electrodes

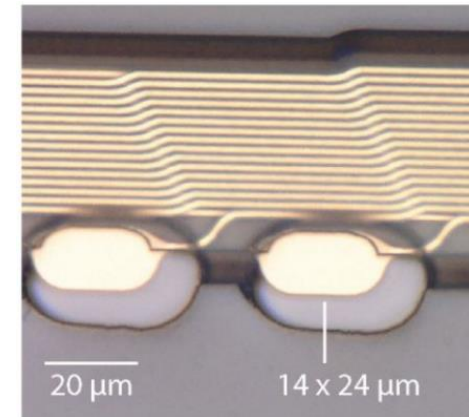
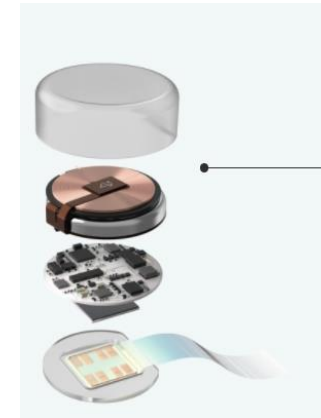
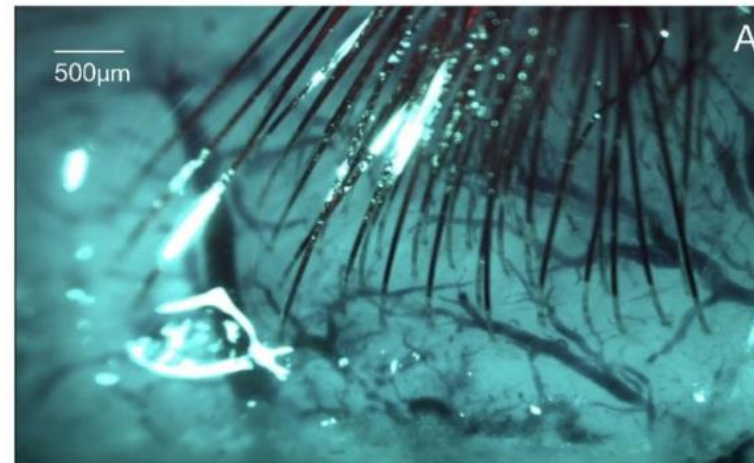
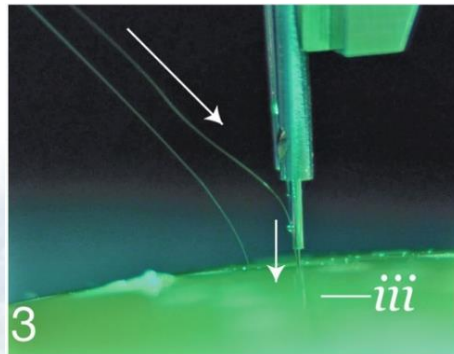
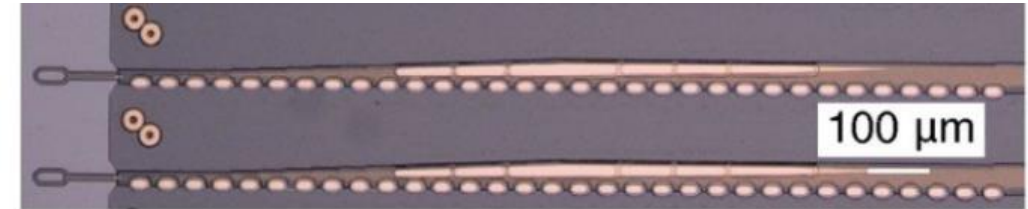
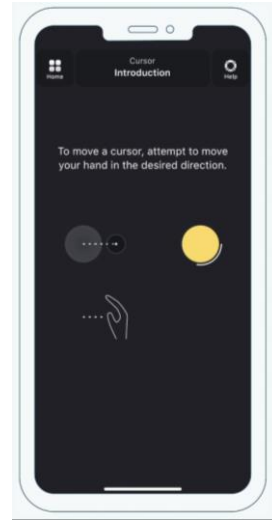




# Ultra-fine polymer probes

www.nanoscience.imdea.org

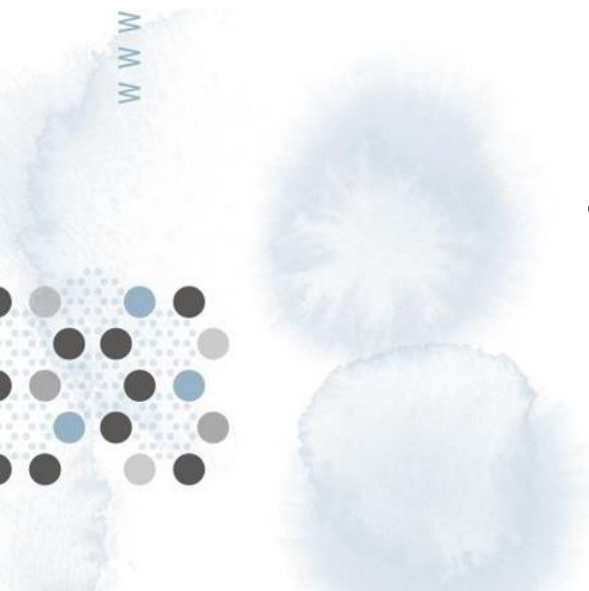
A total of 3072 electrodes in 96 threads  
 Together with a neurosurgical robot for implantation  
 No long-term implantation performance provided



E. Musk, Neuralink, J Med Internet Res 2019, 21, e16194  
<https://neuralink.com/approach/>  
<https://www.youtube.com/watch?v=DVvmgjBL74w>

# Presentation Outline

- Spinal Cord Injury (SCI) – some history
- How to cure Spinal Cord Injury?
  - Neural regeneration
  - Neuroprostheses
  - Brain-computer interfaces
- Nanotechnology for Spinal Cord Injury repair
  - Nanomaterials at IMDEA nanociencia

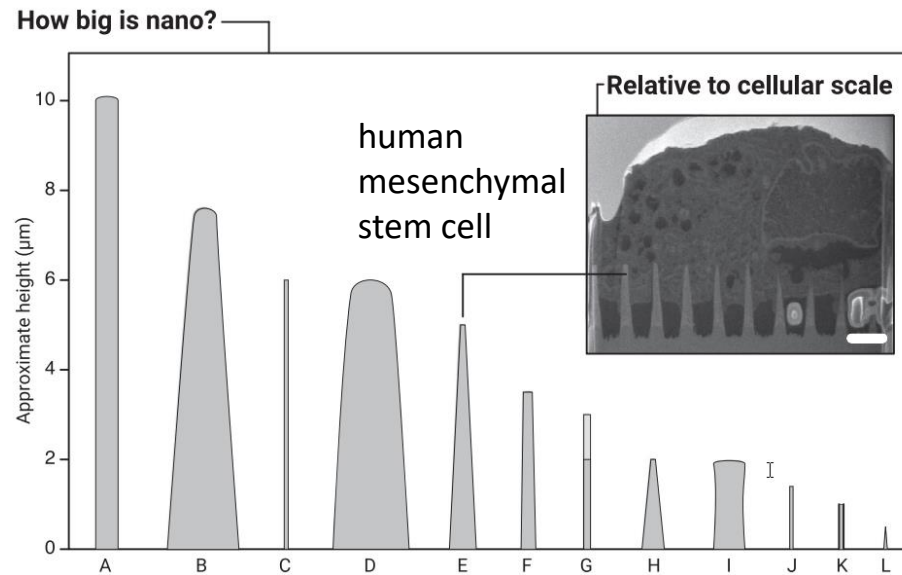




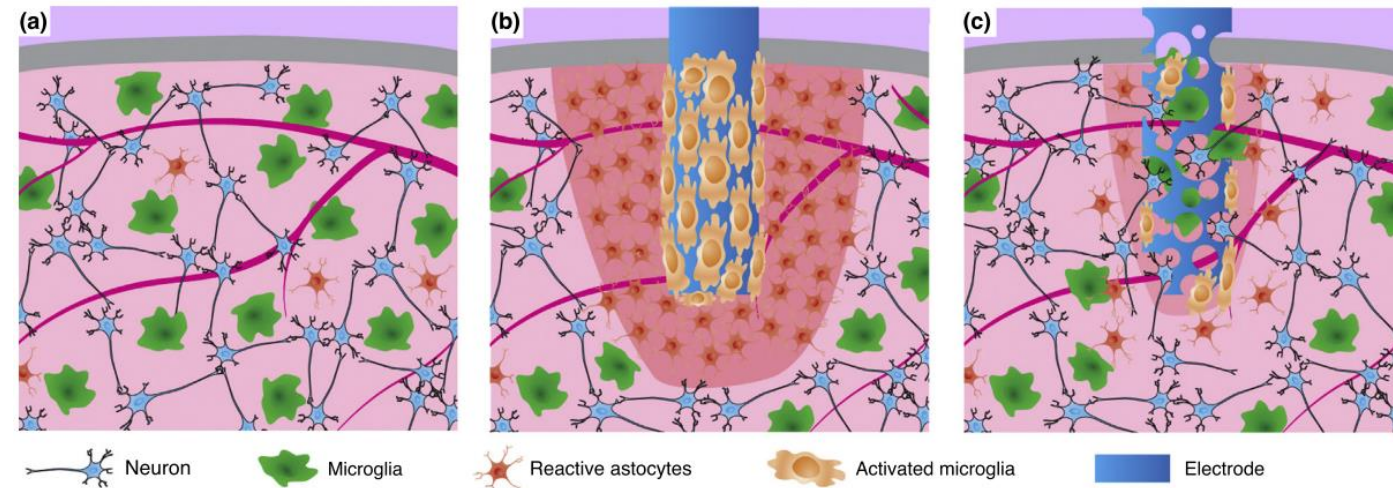
# Nanotechnology for SCI repair

Nanometric motifs are of similar length scale to that of the biological entities

- Intimate interaction with the cellular features
- Mimic more precisely the structure of human tissues (better mechanical matching)
- Reduce inflammatory glial cells / foreign-body response
- Improved charge transfer / reduced impedance - favor stimulation or sensing of cellular activities
- Promote preferential stem cell differentiation into specific lineage



S. G. Higgins et al., Adv. Mater. 2020, 32, 1903862



D. Scaini and L. Ballerini, Current Opinion in Neurobiology 2018, 50,50–55

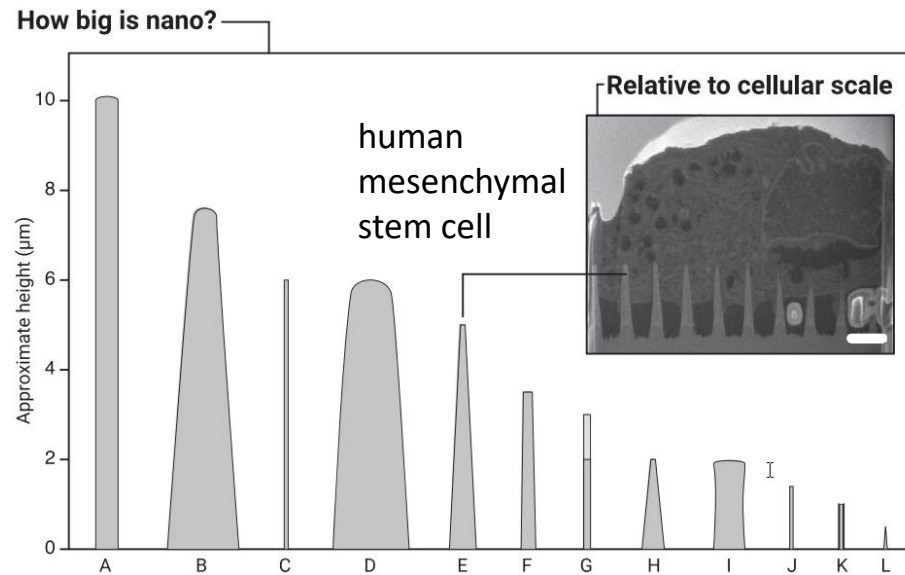




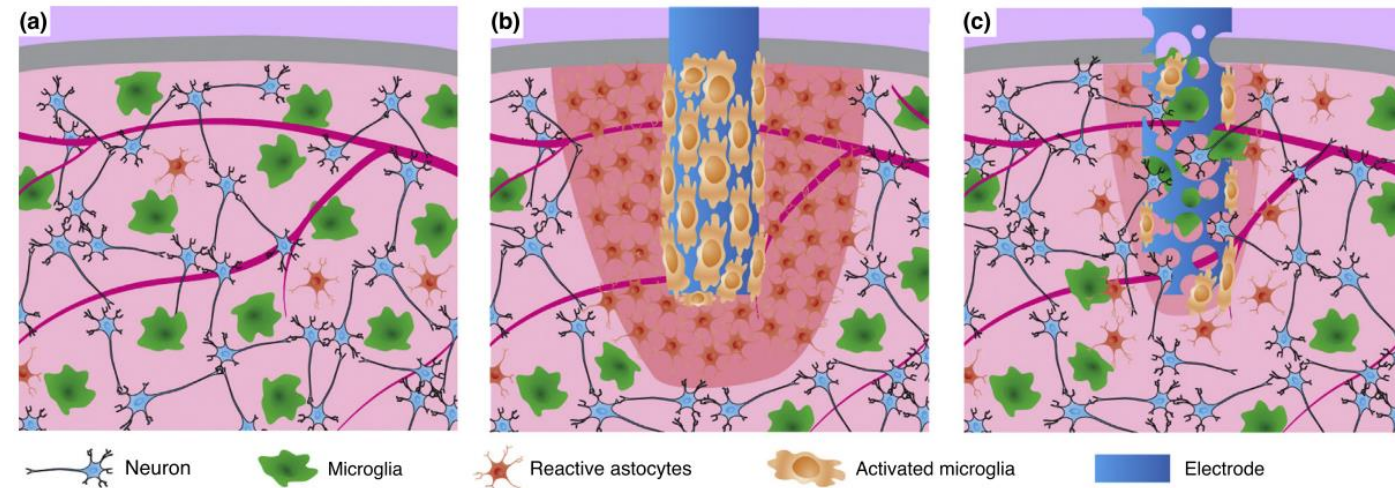
# Nanotechnology for SCI repair

Nanometric motifs are of similar length scale to that of the biological entities

1. Neuroprostheses
2. Scaffolds

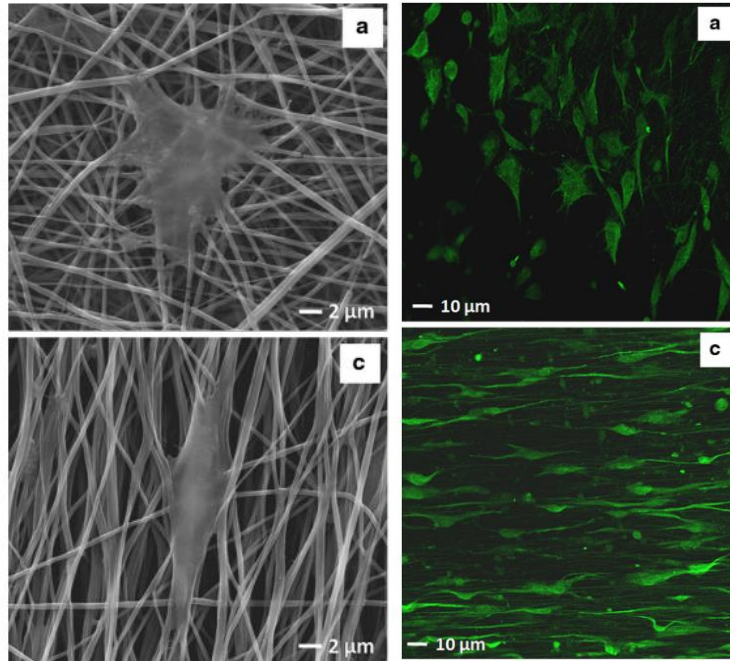


S. G. Higgins et al., Adv. Mater. 2020, 32, 1903862



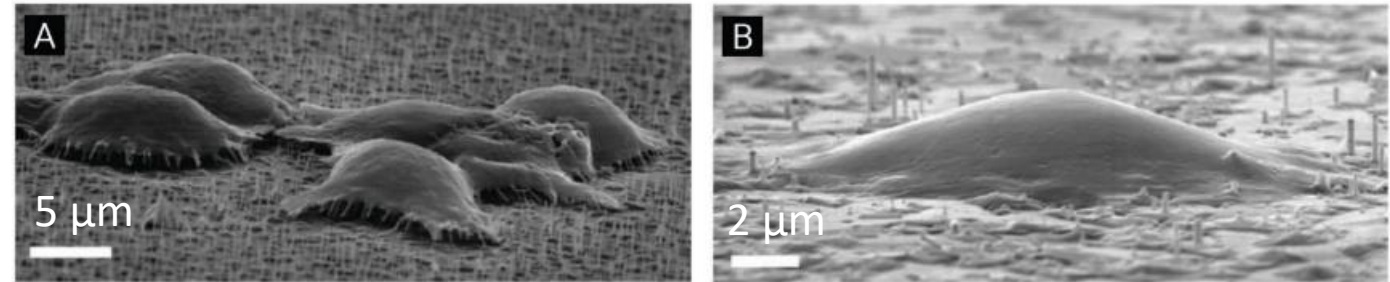
D. Scaini and L. Ballerini, Current Opinion in Neurobiology 2018, 50,50–55

# Nanomaterials – cell interaction



hMSC after 7 days

V. Cirillo et al., *J Mater Sci: Mater Med* 2014, 25, 2323–2332



Cell settling depends on:

- dimensions of the individual nanowire
- density of the nanowire network

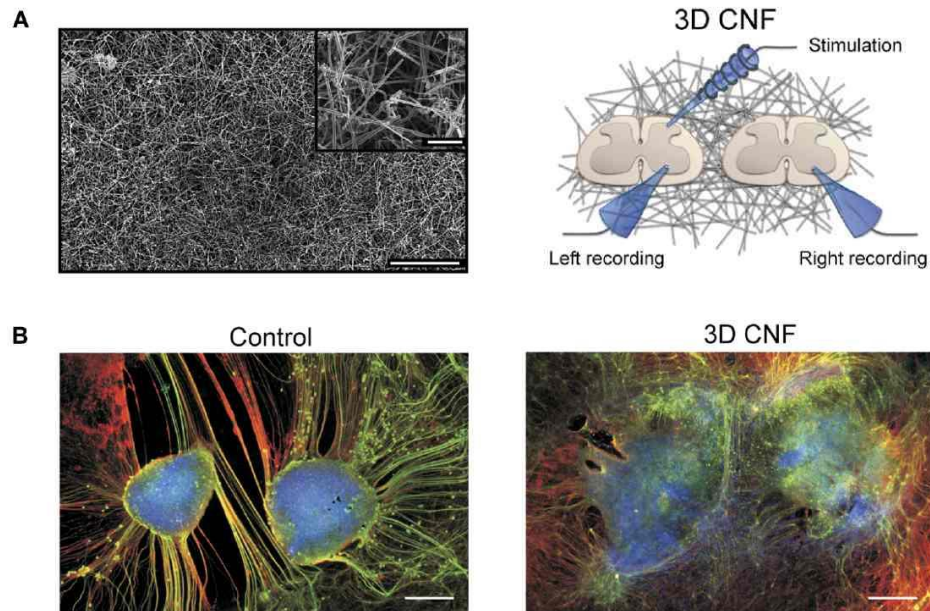
N. Buch-Månson et al., *Adv. Funct. Mater.* 2015, 25, 3246–3255



# Nanotechnology for regeneration

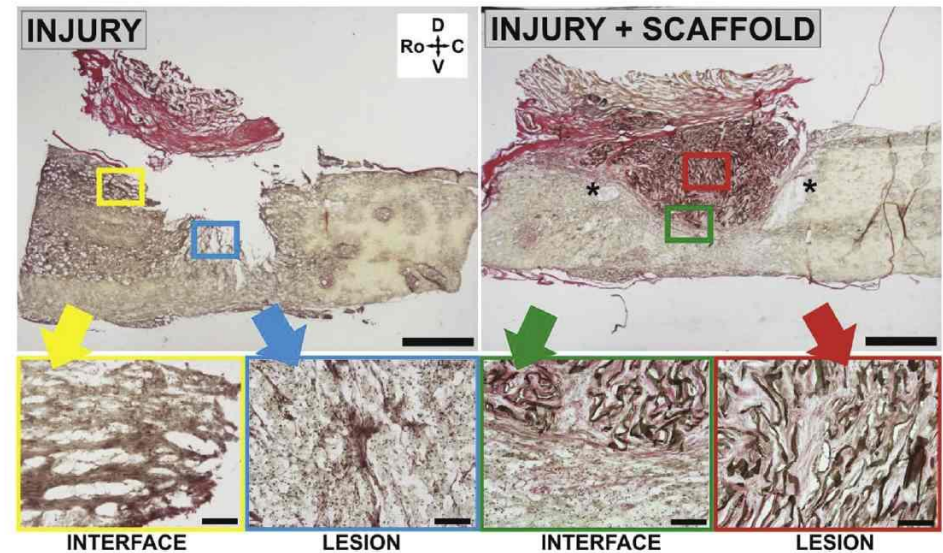
## Carbon-based nanomaterials: Carbon Nanotubes and graphene

www.nanoscience.imdea.org



A 3D carbon-nanotube mesh promotes the spontaneous regrowth of neurite bundles

S. Usmani, L. Ballerini et al. *Sci. Adv.* 2016, 2, e1600087



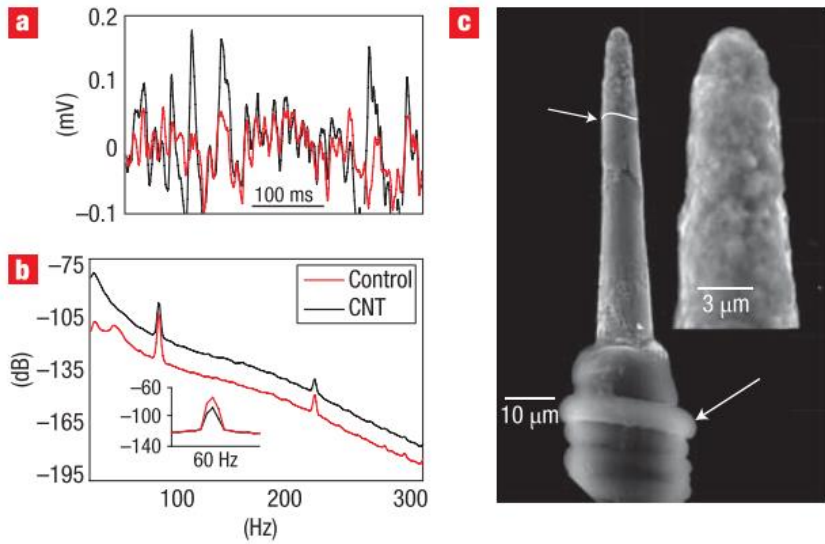
A reduced graphene oxide scaffold promotes the growth of new blood vessels and neural axons

E. López-Dolado, M. C. Serrano et al. *Biomaterials* 2016, 99, 72-81





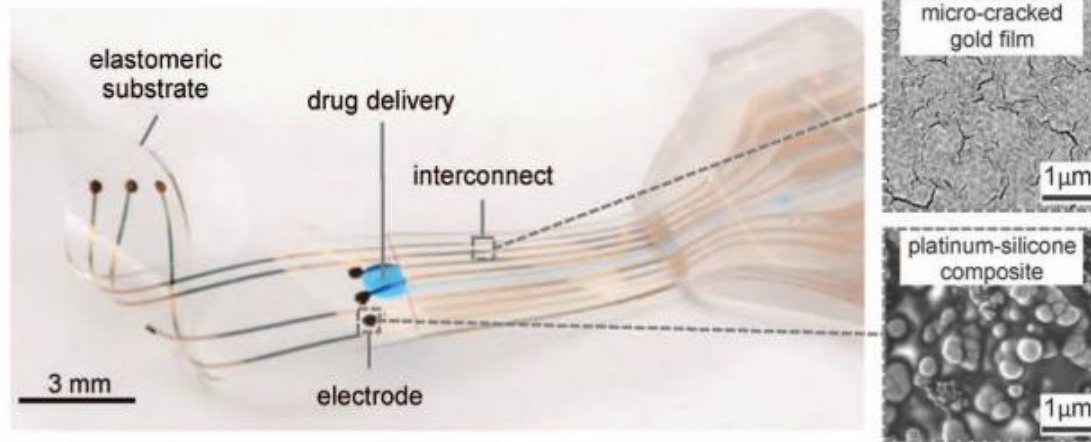
# Nanostructured electrodes



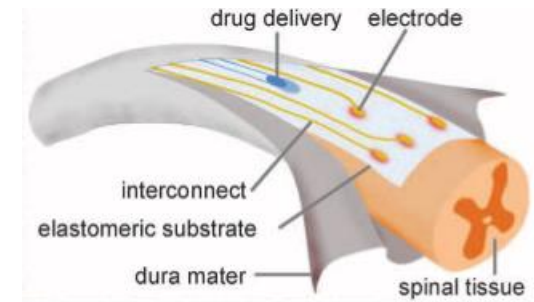
## Carbon nanotube coated electrode

Improved neural recordings from the monkey visual cortex  
larger amplitude responses  
lower 60-Hz line-noise peak

E. W. Keefer et al., Nature Nanotech. 2008, 3, 434–439



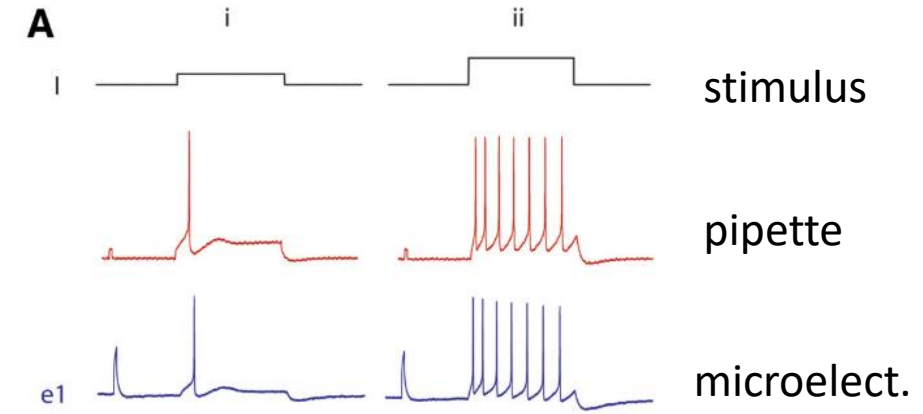
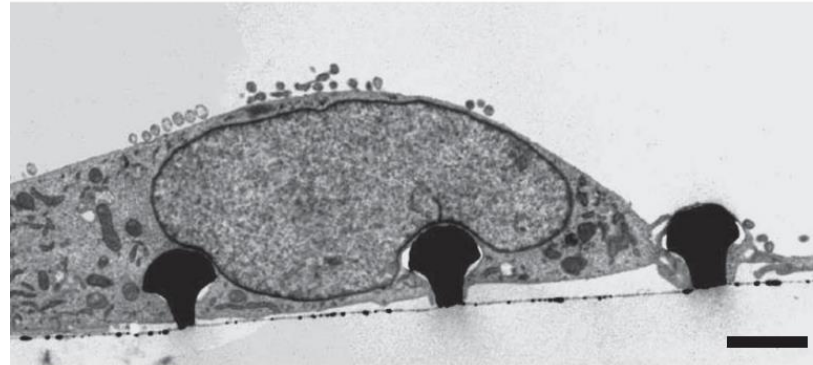
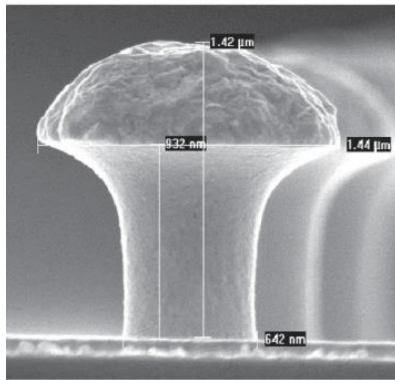
## Platinum-silicone composite electrode



I. R. Mineev et al., Science 2015, 347, 6218, 159-163

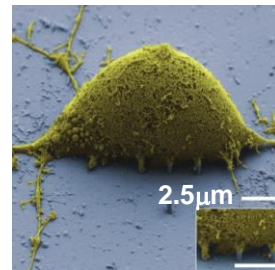
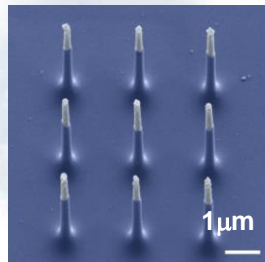
# Nanostructured electrodes

Metallic electrodes for sensing and stimulation at a single cell level

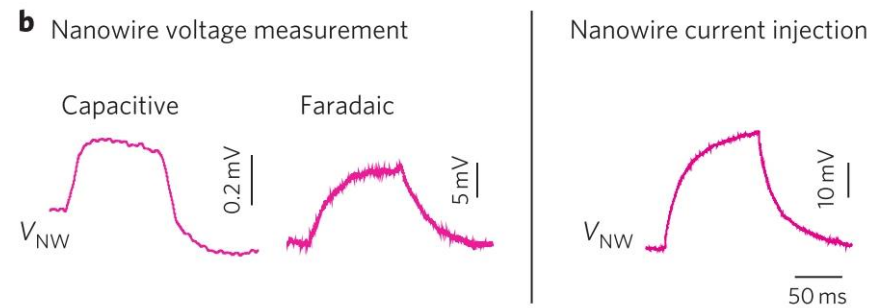


A. Hai et al., *J Neurophysiol.* 2010, 104, 559–568

M. E. Spira and A. Hai, *Nature Nanotechnology* 2013, 8, 119–124



Many steps - expensive



J. T. Robinson, H. Park et al. *Nature Nanotechnology*, 7, 180–184

# Nanomaterials at IMDEA Nanociencia



## FET-OPEN project ByAxon

ea.org



Prof. M. Teresa González



Prof. Laura Ballerini



Dr. Laurence Méchin

Sensing and stimulating neural interfaces based in nanotechnology

**consortium**

**ByAxon**  
nanotech · health

Budget: 3.7 M€  
Duration: January 2017- December 2020



Dr. Elisa López-Dolado



Dr. M. Concepción Serrano



Dr. Bernd Lecher





# Nanomaterials at IMDEA Nanociencia



## FET-OPEN project ByAxon

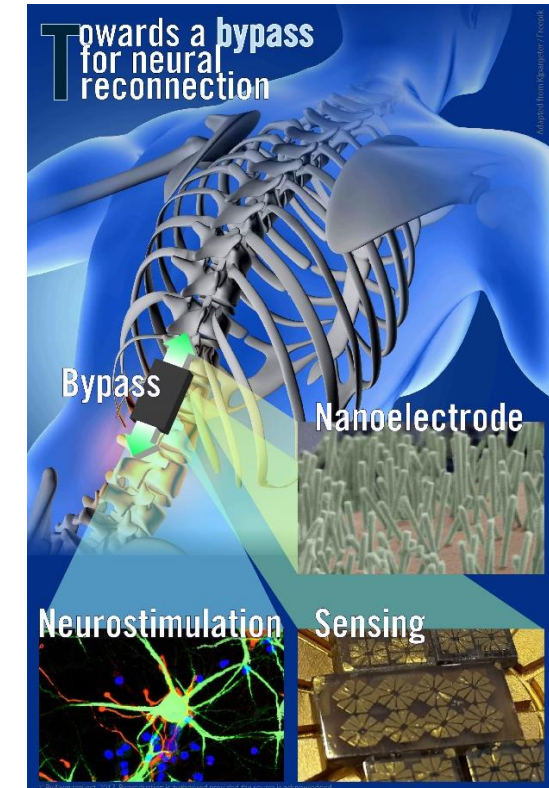
**Aim:** use NANOTECHNOLOGY to improve NEURAL INTERFACES

- Minimize the risk of **infections** and **foreign-body rejection**
- Enhance **efficiency** and **resolution**

To be able to address directly the SPINAL CORD

We tackle both directions of interfacing

- **Stimulating:** flexible nanostructured ELECTRODES
- **Sensing:** room-temperature ultrasensitive MAGNETIC SENSORS

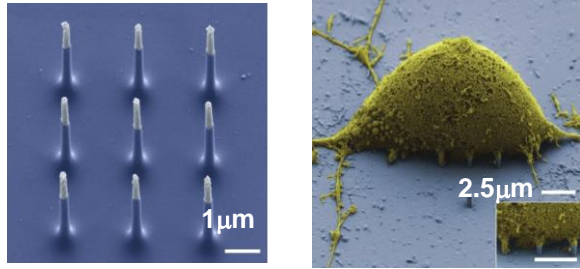




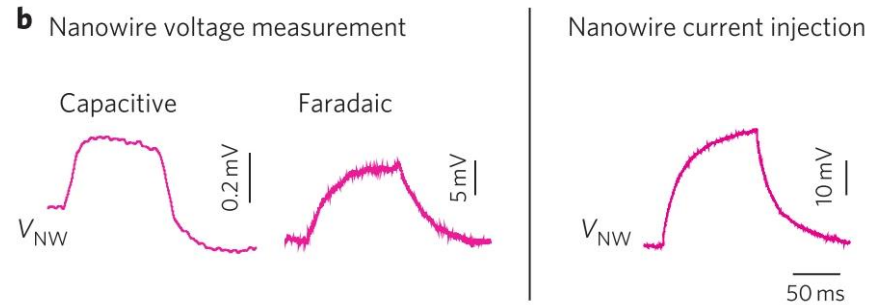
# Stimulating electrodes



We take inspiration from previous works:



Many steps - expensive

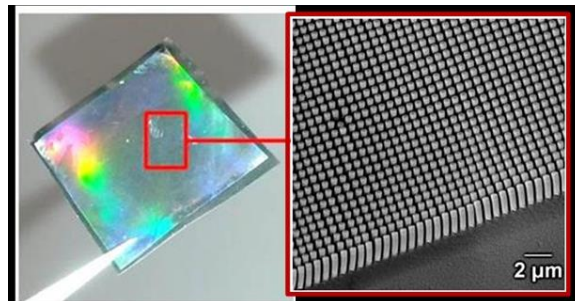


J. T. Robinson, H. Park et al. Nature Nanotechnology, 7, 180–184

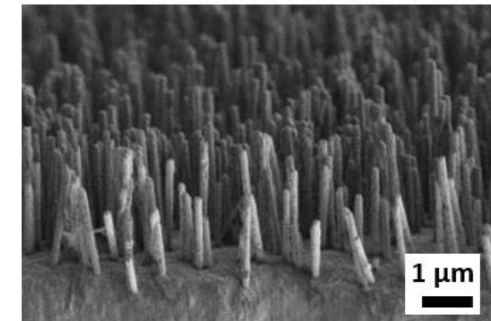
We want electrodes:

- High efficiency
- Low tissue disturbance: flexible electrodes
- Fast mass production

1. Polymeric nanopillars fabricated by nanoimprinting



2. Metallic nanowires grown by template-assisted electrochemical deposition



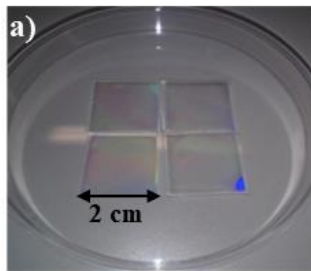
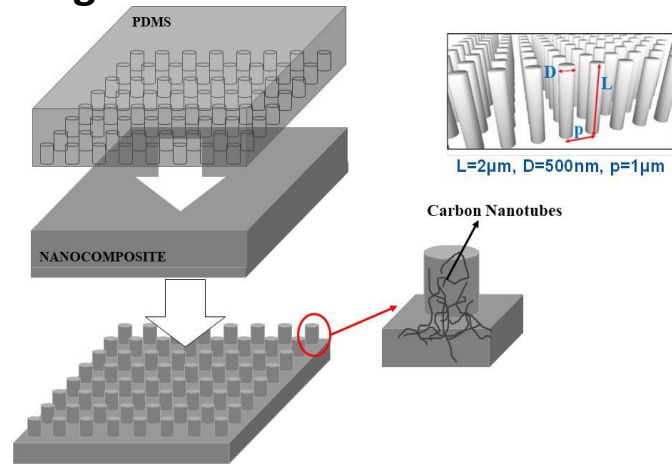
# Stimulating electrodes



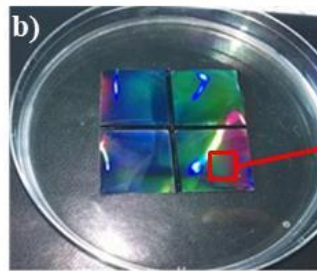
1 1 8

## 1. Polymeric (PS, PDMS) electrodes with nanopillars

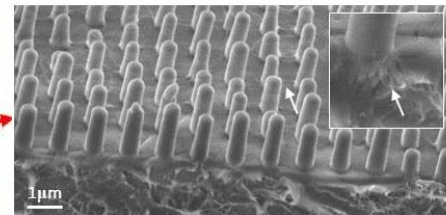
### Nanoimprinting



PS



PS-SWCNT

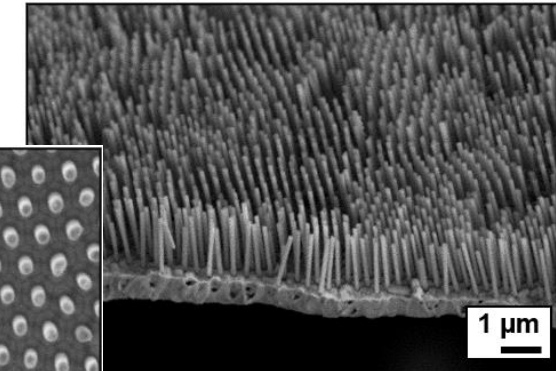
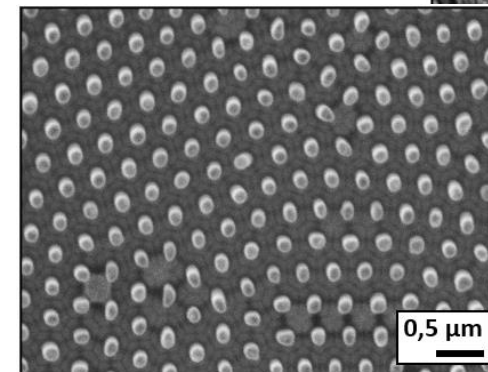
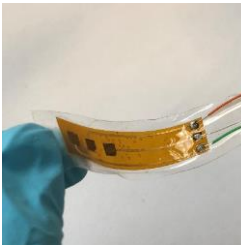
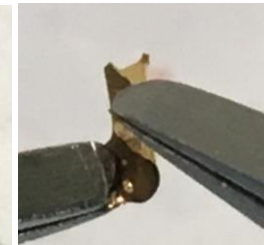
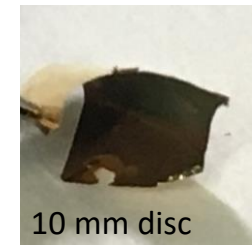
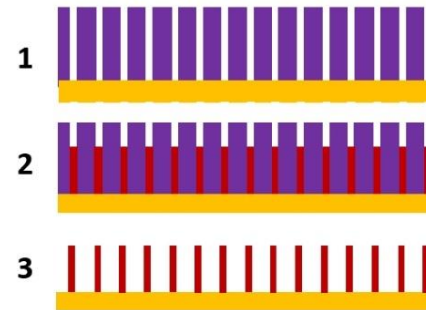


(diameter 500 nm)

Isabel Rodríguez team

## 2. Metallic (Au, Ni, Pt) electrodes nanostructured by nanowires

### Template-assisted electrochemical deposition



(diameter 50 – 250 nm)



# Polymeric nanostructured surfaces

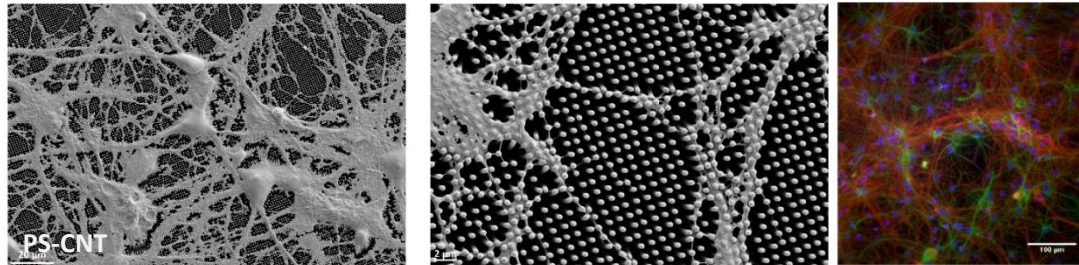


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Polymeric nanopillars fabricated by nanoimprinting

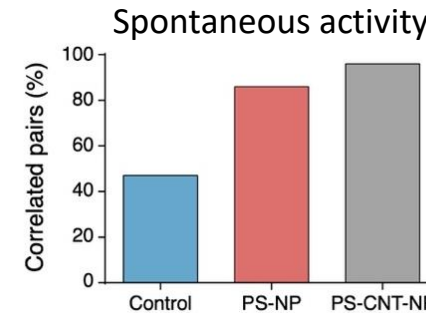
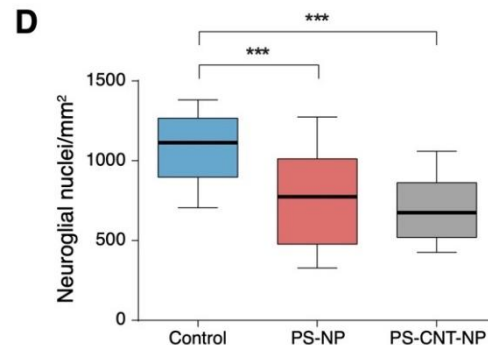
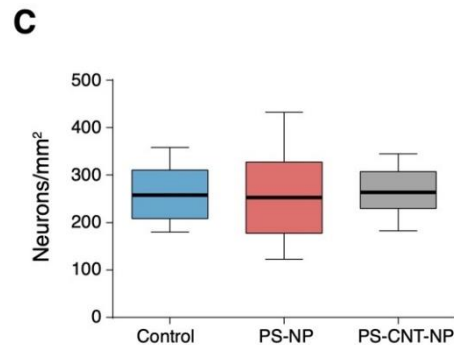
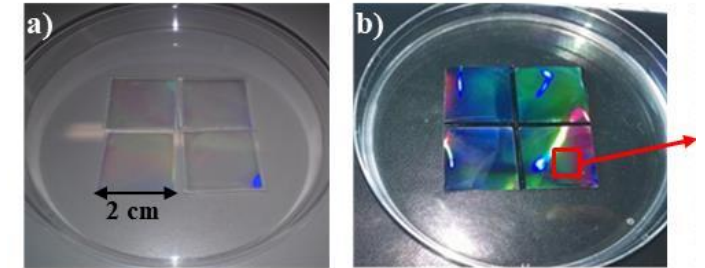
**Biocompatibility study:**

Viability/proliferation/adhesion



postnatal rat hippocampus neurons

with Laura Ballerini team



Two patents:  
PCT/EP2020/078301  
EP20382637.5



# Metallic nanostructured electrodes



Metallic nanowires grown by template-assisted electrochemical deposition

with M. C. Serrano team

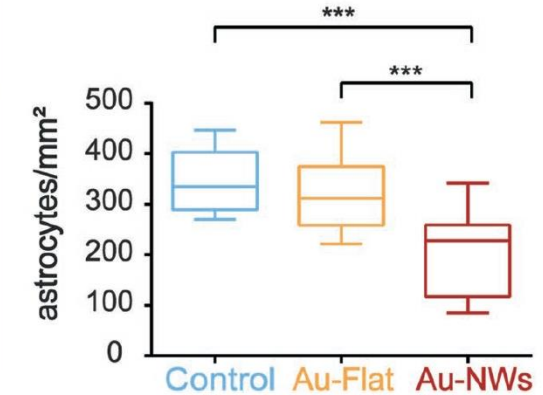
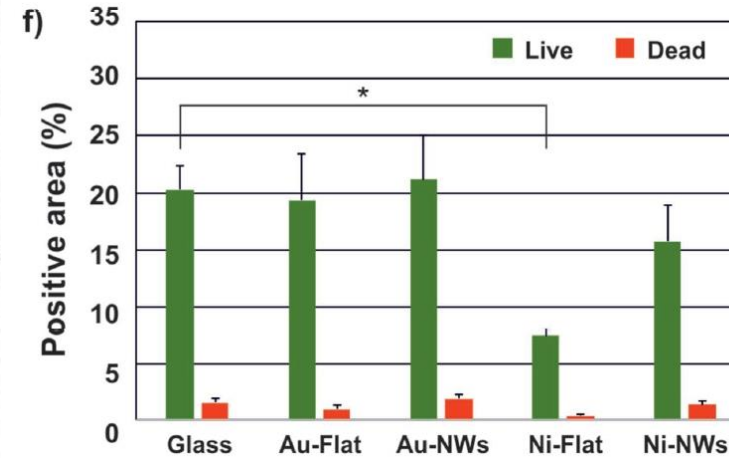
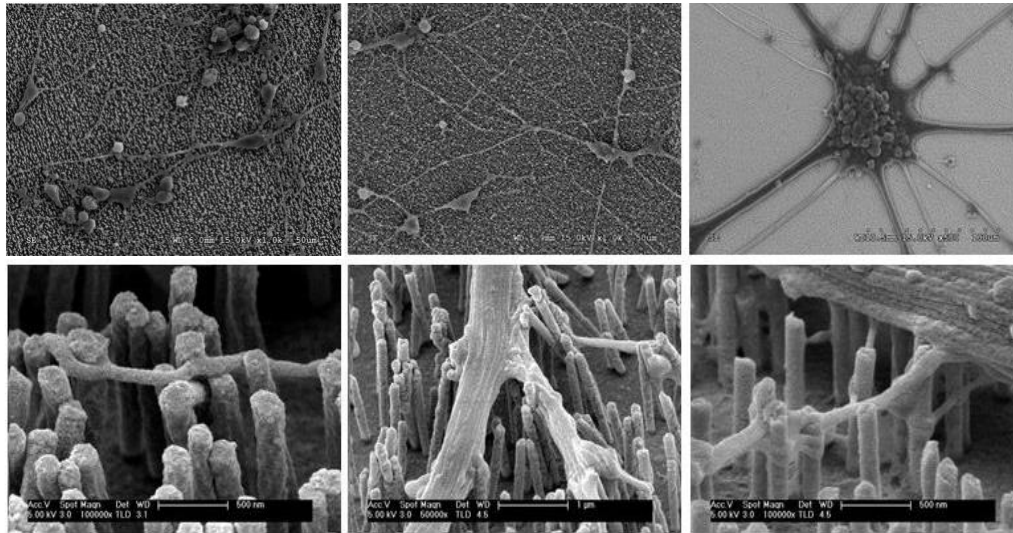
## Biocompatibility study:

- Cells properly adhered in all cases (Cell clumping for Fe)
- Intimate contact of the cell somas and neurites with the NWs
- Satisfactory viability/proliferation results
- ENPCs differentiation: neuron networks with negligible glial cells presence

Ni NWs

Au NWs

Fe NWs



● ENPC: embryonic neural progenitor cells

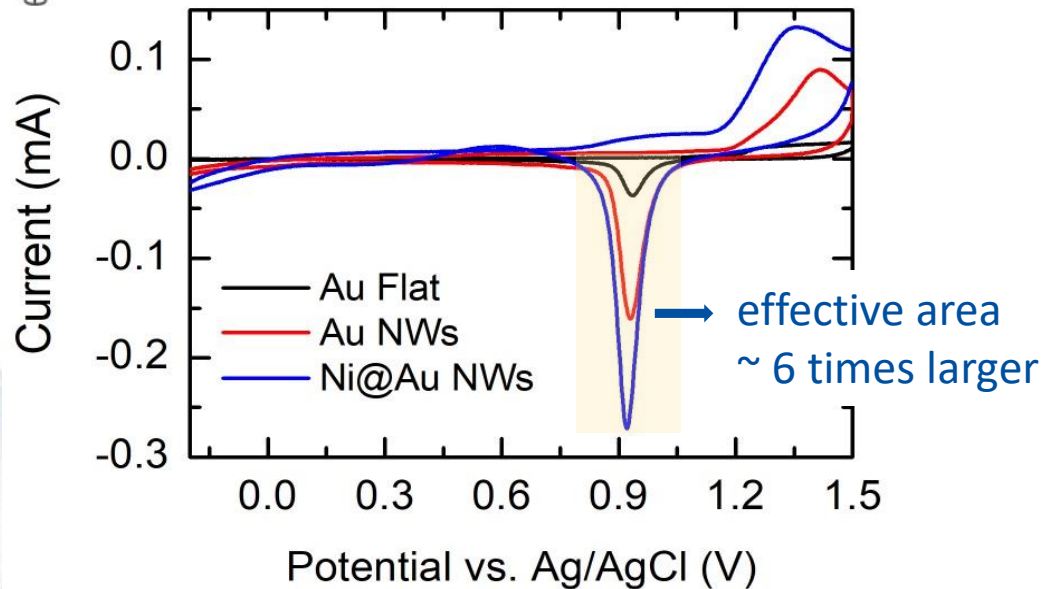
# On-bench electrode performance



e.i.mdea.org

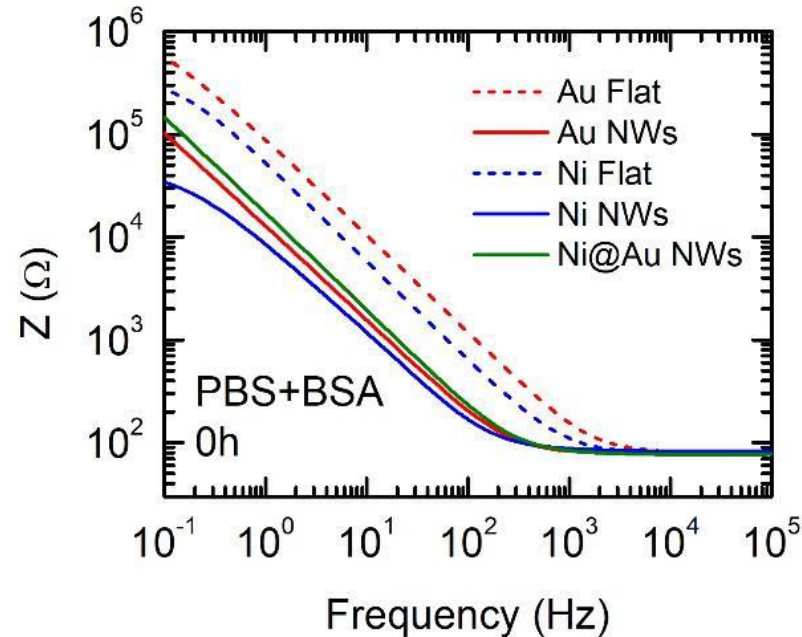
## Nanostructured electrodes (NWs) vs. Flat electrodes

Electrochemical effective area:



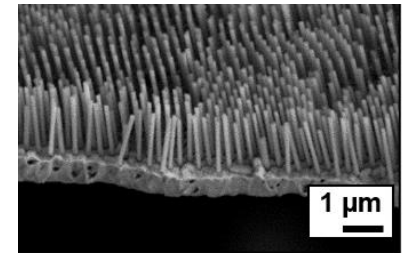
Nanostructure increases the effective area

Electrical Impedance Spectroscopy :

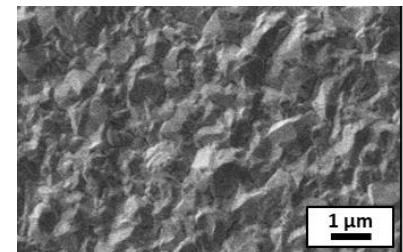


Nanostructure reduces the impedance and increases the electrode stability

Nanostructured (NWs)



Flat

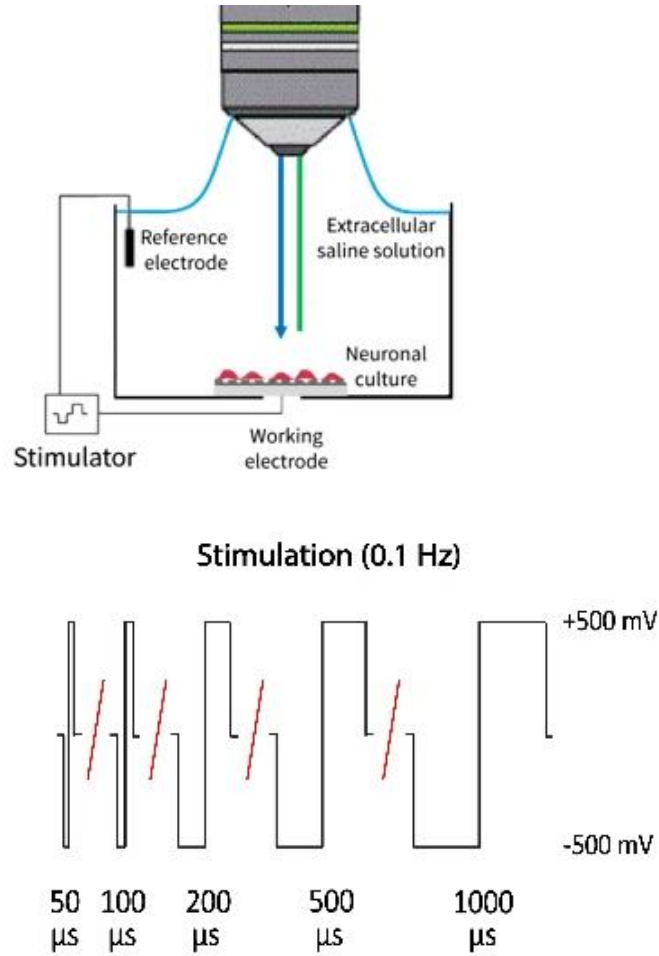




# Neural stimulation demonstration

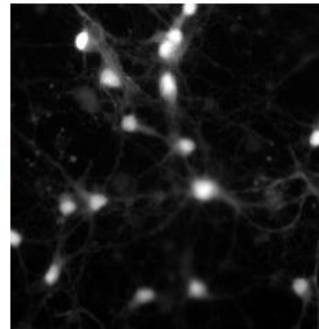


Stimulation tests on primary neural cultures by graded waveforms of increasing duration

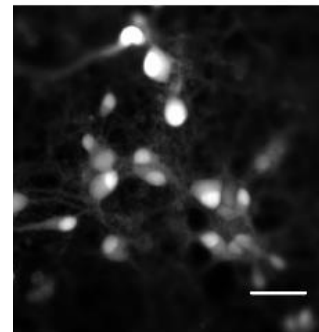


Ca<sup>2+</sup> live imaging

Flat electrode



Nanostructured electrode



APV/BIC/CNQX

Stimulation (0.1 Hz)



Evidence of enhanced efficient stimulation for nanostructured electrodes



with Laura Ballerini team



# Nanomaterials at IMDEA Nanociencia



## FET-OPEN project ByAxon

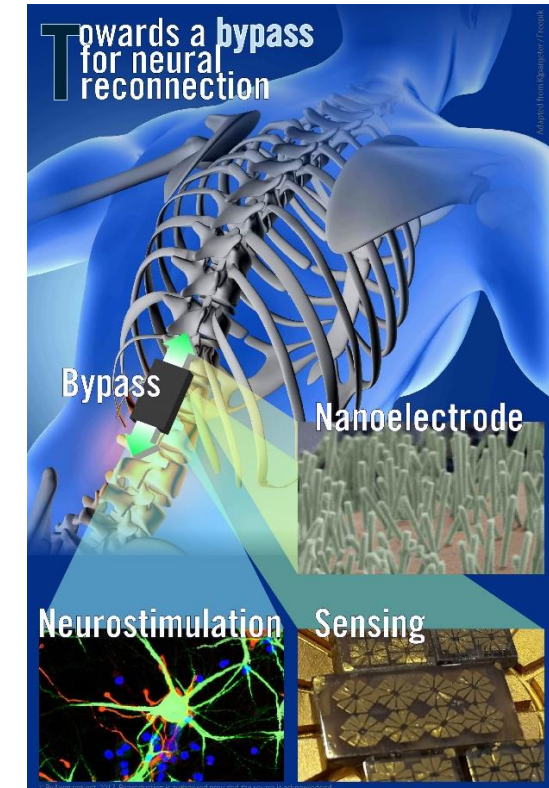
**Aim:** use NANOTECHNOLOGY to improve NEURAL INTERFACES

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- Enhance **efficiency** and **resolution**

To be able to address directly the SPINAL CORD

We tackle both directions of interfacing

- **Stimulating:** flexible nanostructured ELECTRODES
- **Sensing:** room-temperature ultrasensitive MAGNETIC SENSORS  
neuronal activity (100 pT – 1 nT)

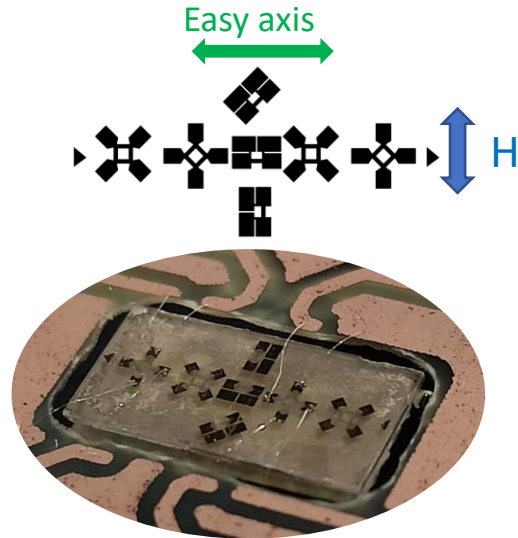
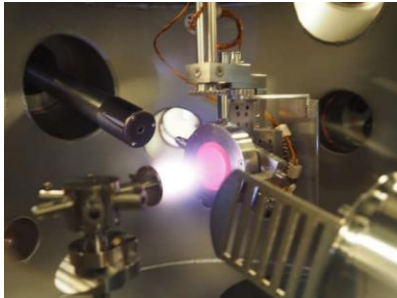




# Magnetic sensors

## Sensors based in Anisotropic MagnetoResistance (spintronic)

- Non-contact: sense the magnetic field produced by neuronal activity (100 pT – 1 nT)
- Scalable: arrays of hundreds of detectors
- Portable: work at room temperature / body temperature
- Remove external contributions: Wheatstone config./differential meas.



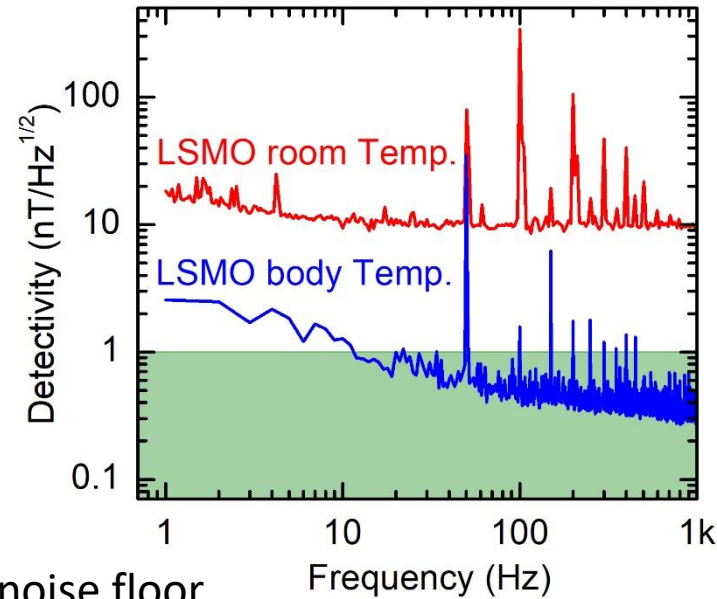
Magnetoencephalography  
Commercial system

SQUIDs  
(fTesla resolution)



- need for cryogenics
- bulky devices
- need for screening

## On-bench characterization



→ Sub 1 nT resolution achieved!

with Laurence  
Mechin team

Detectivity: noise floor,  
error bar in the measured H

- $\text{La}_{0.7}\text{Sr}_{0.3}\text{MnO}_3$  (LSMO) thin films
- Pulsed Laser Deposition
- On substrates with nanometric terraces





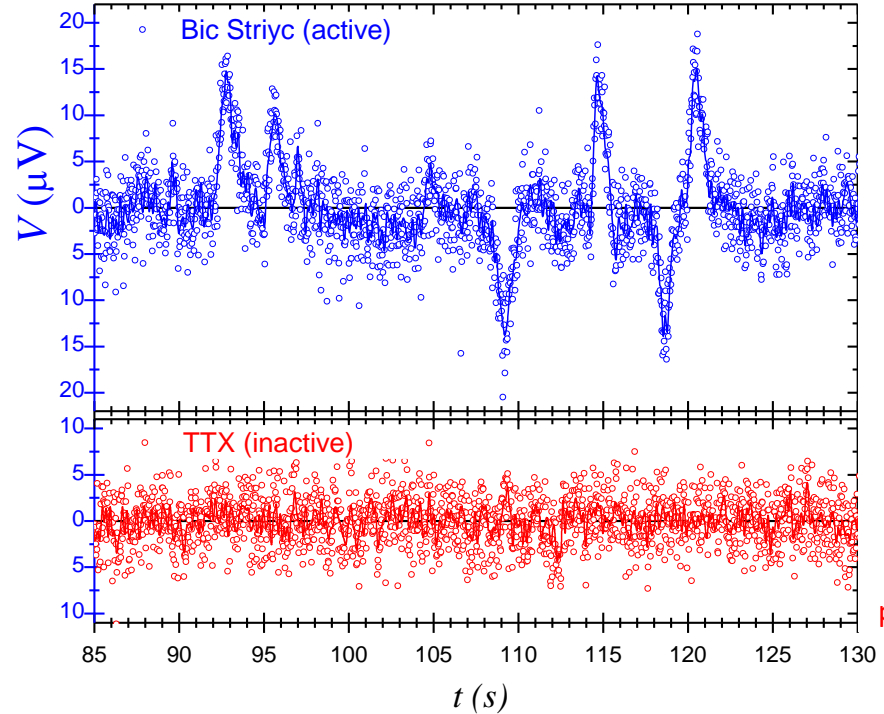
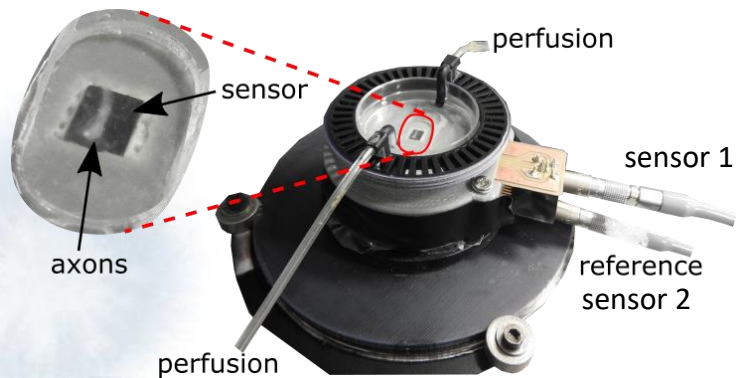
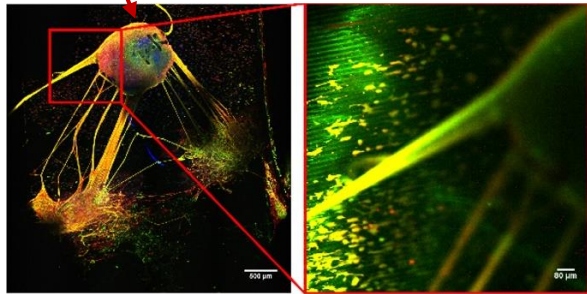
# In-vitro detection demonstration



www.nanoscience.imdea.org

*In-vitro* detection test with commercial sensors

Mouse-embryo spinal cord slice



Activity in axon bundles  
pharmacologically induced



Activity pharmacologically blocked

Neural activity detected  
- In **real-time** measurements!  
(No average performed)  
- **Without magnetic shields**

with Laura Ballerini team

# Acknowledgements

**IMDEA:**

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Julio Camarero  
Rodolfo Miranda  
M. Teresa González

Elena Alonso  
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S. Lebargy  
Stéphane Flament  
Bruno Guillet  
Marc Lam Chok Sing  
Laurence Méchin

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Denis Scaini  
Laura Ballerini

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Ankor González-Mayorga  
Elisa López-Dolado  
María C. Serrano

**mfd Diagnostics:**

Anja Meier  
Carmen Huck  
Marko Maringer  
Bernd Lecher



**Observers and Advisors:**

Boston Scientific (medical device company)  
Luis Ley (neurosurgeon / Department head at Ramón y Cajal Hospital)



This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 737116.





- **Grade A:** The impairment is complete. There is no motor or sensory function left below the level of injury.  
**Grade B:** The impairment is incomplete. Sensory function, but not motor function, is preserved below the neurologic level (the first normal level above the level of injury) and some sensation is preserved in the sacral segments S4 and S5.  
**Grade C:** The impairment is incomplete. Motor function is preserved below the neurologic level, but more than half of the key muscles below the neurologic level have a muscle grade less than 3 (i.e., they are not strong enough to move against gravity).  
**Grade D:** The impairment is incomplete. Motor function is preserved below the neurologic level, and at least half of the key muscles below the neurologic level have a muscle grade of 3 or more (i.e., the joints can be moved against gravity).  
**Grade E:** The patient's functions are normal. All motor and sensory functions are unhindered.

