

# **Cosmology signals of new physics in the neutrino\* sector**

**\* or weakly coupled light particle**

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# Standard Model Cosmic Neutrino Background

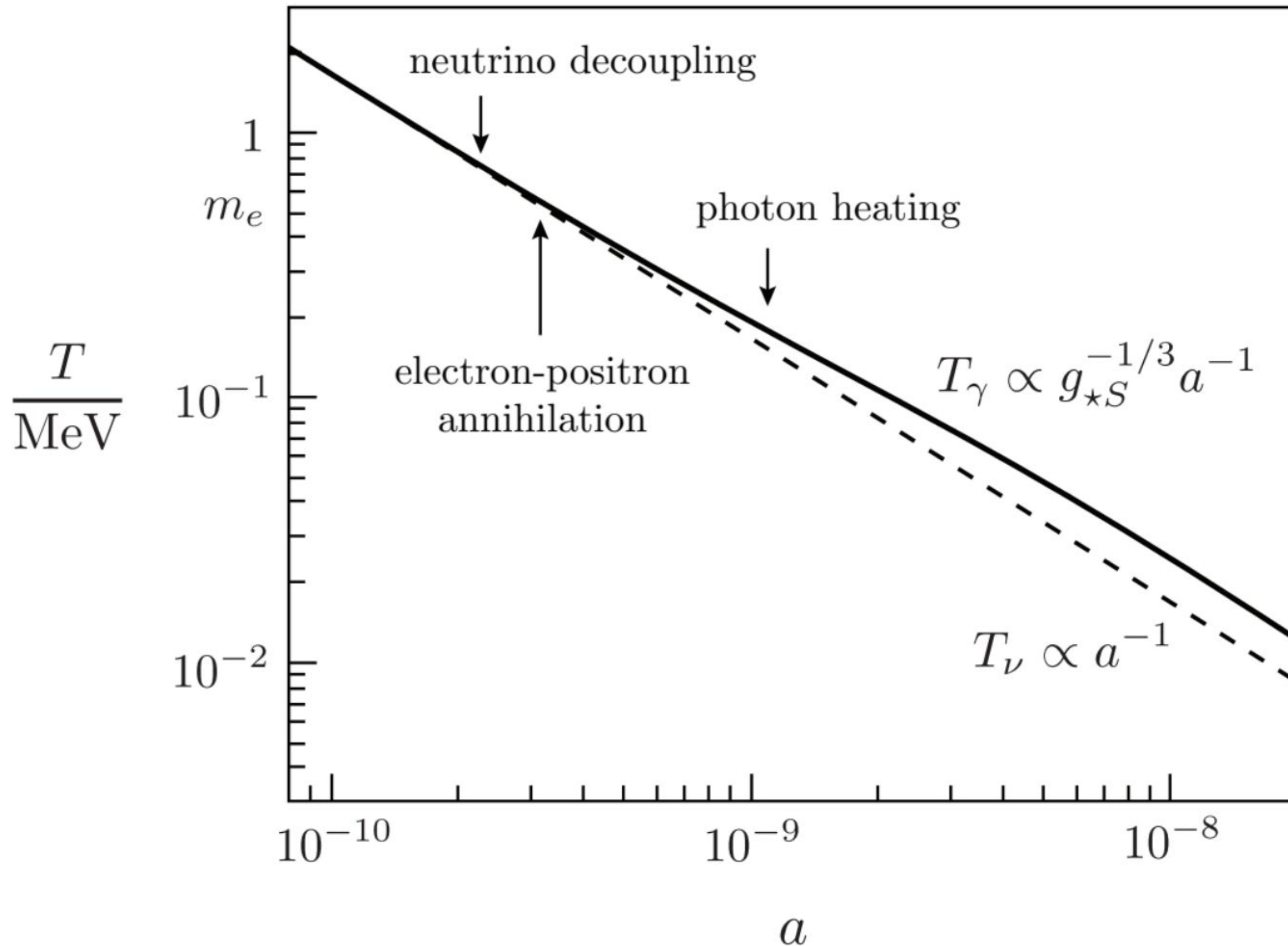


Image Credit: Baumann

$$N_{\text{eff}} = \left(\frac{11}{4}\right)^{4/3} \frac{8}{7} \frac{\rho_{\text{radiation, total}} - \rho_\gamma}{\rho_\gamma}$$

energy in relativistic fermions:

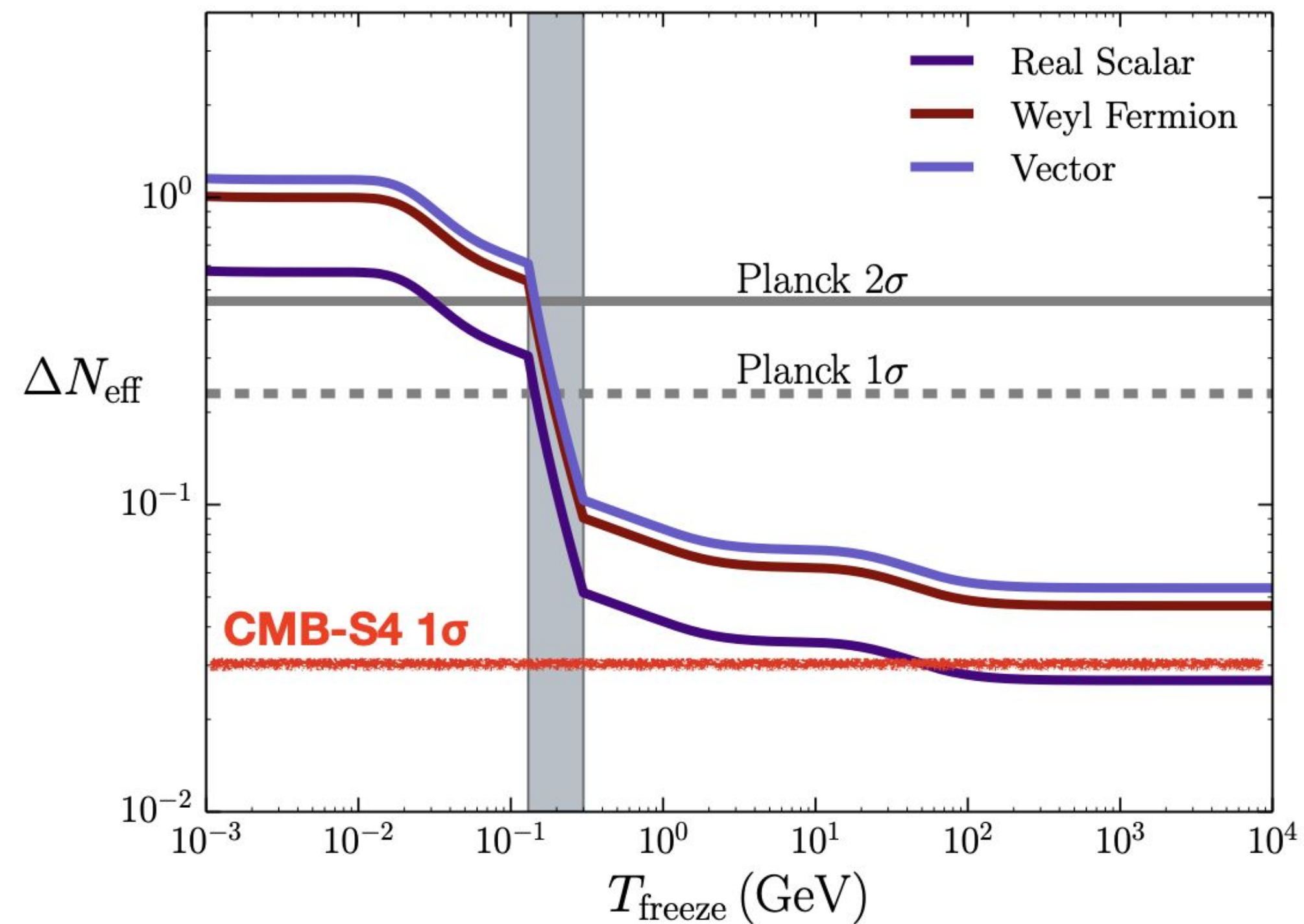
$$\rho_\nu = \frac{7}{8} \frac{\pi^2 g^* T_\nu^4}{30}$$

Standard Model C $\nu$ B:  
 $N_{\text{eff}} = 3.044$

# $N_{\text{eff}}$

## Total energy in relativistic particles

$$N_{\text{eff}} = \left(\frac{11}{4}\right)^{4/3} \frac{8}{7} \frac{\rho_{\text{radiation, total}} - \rho_{\gamma}}{\rho_{\gamma}}$$



Planck:  $N_{\text{eff}} = 2.99 \pm 0.17$

CMB-S4:  $\sigma(N_{\text{eff}}) = 0.03$

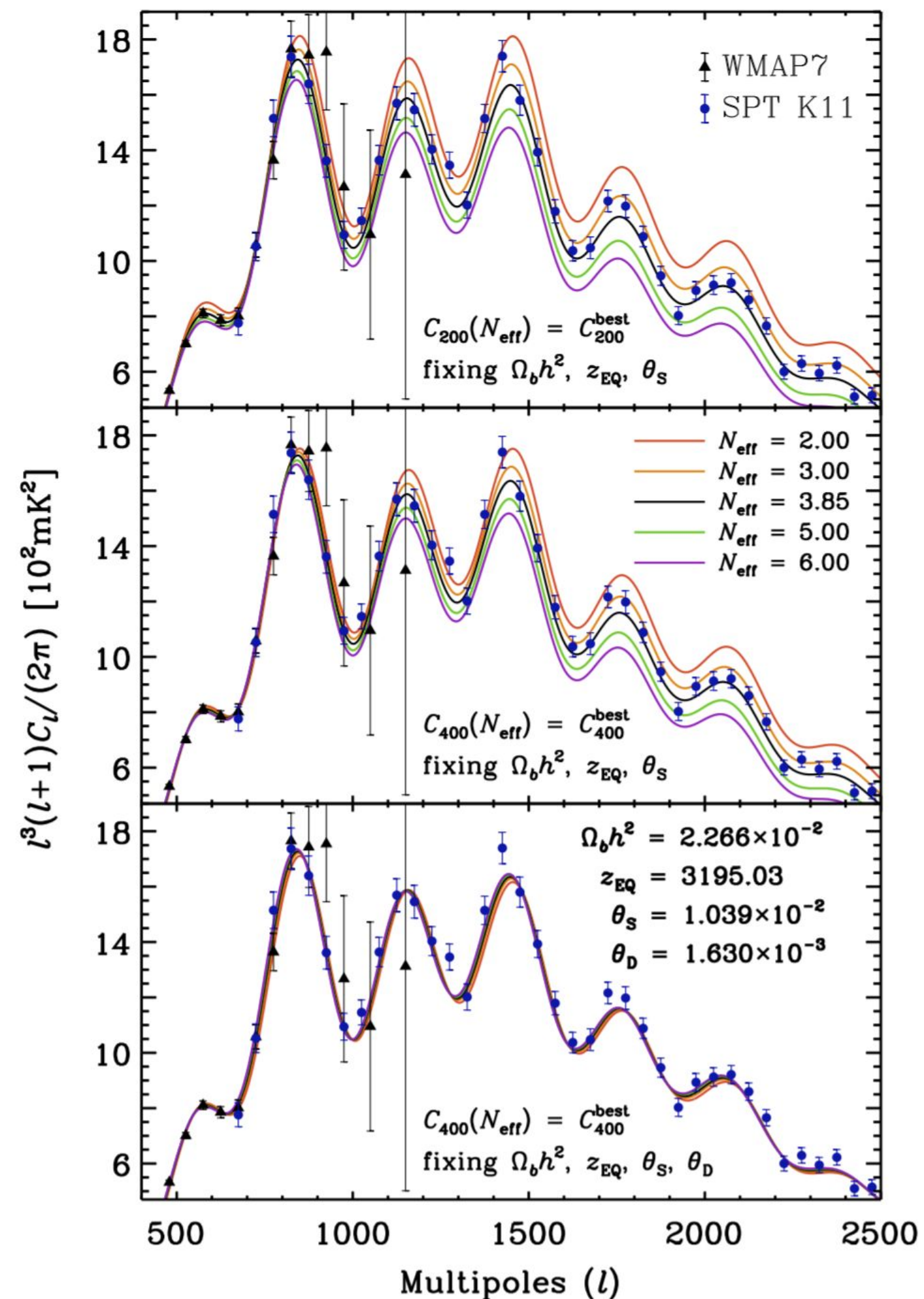


# $N_{\text{eff}}$ CMB probes of $N_{\text{eff}}$

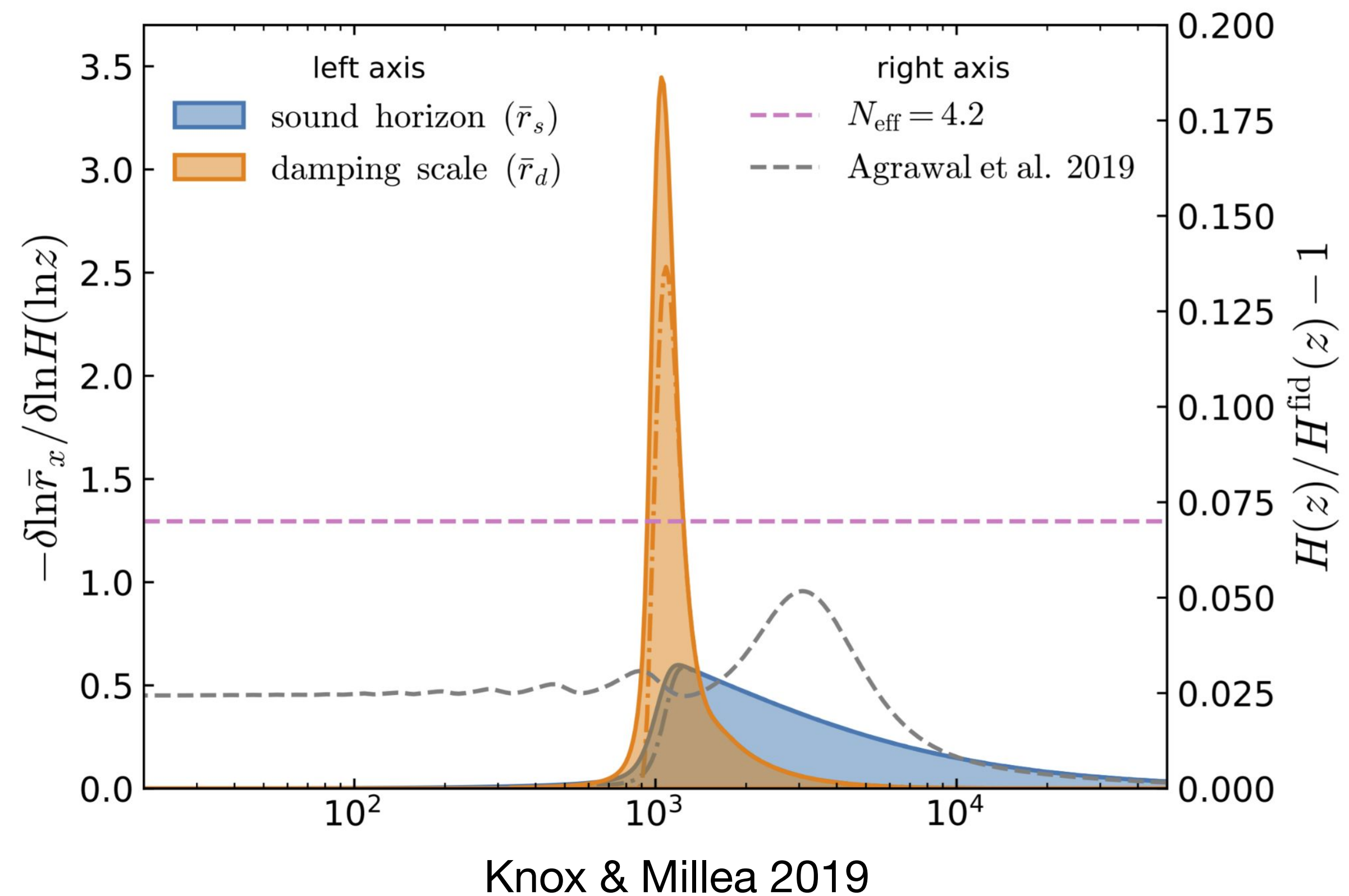
Damping Scale:

$$r_d^2 = \pi^2 \int_0^{a_*} \frac{da}{a^3 \sigma_T n_e H} \left[ \frac{R^2 + \frac{16}{15} (1 + R)}{6(1 + R^2)} \right]$$

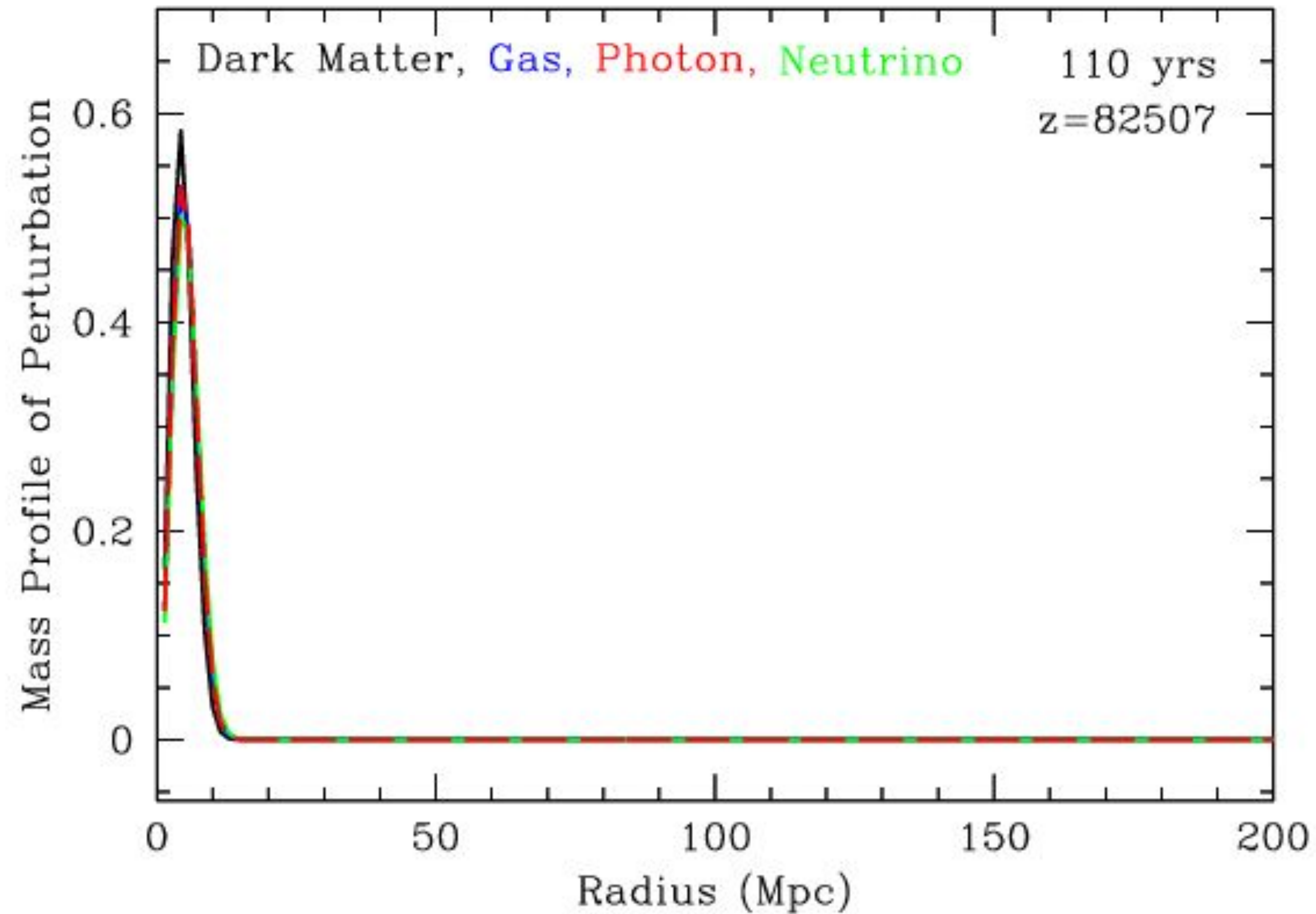
$N_{\text{eff}}$



Hou, Keisler, Knox, Millea, Reichardt 2011



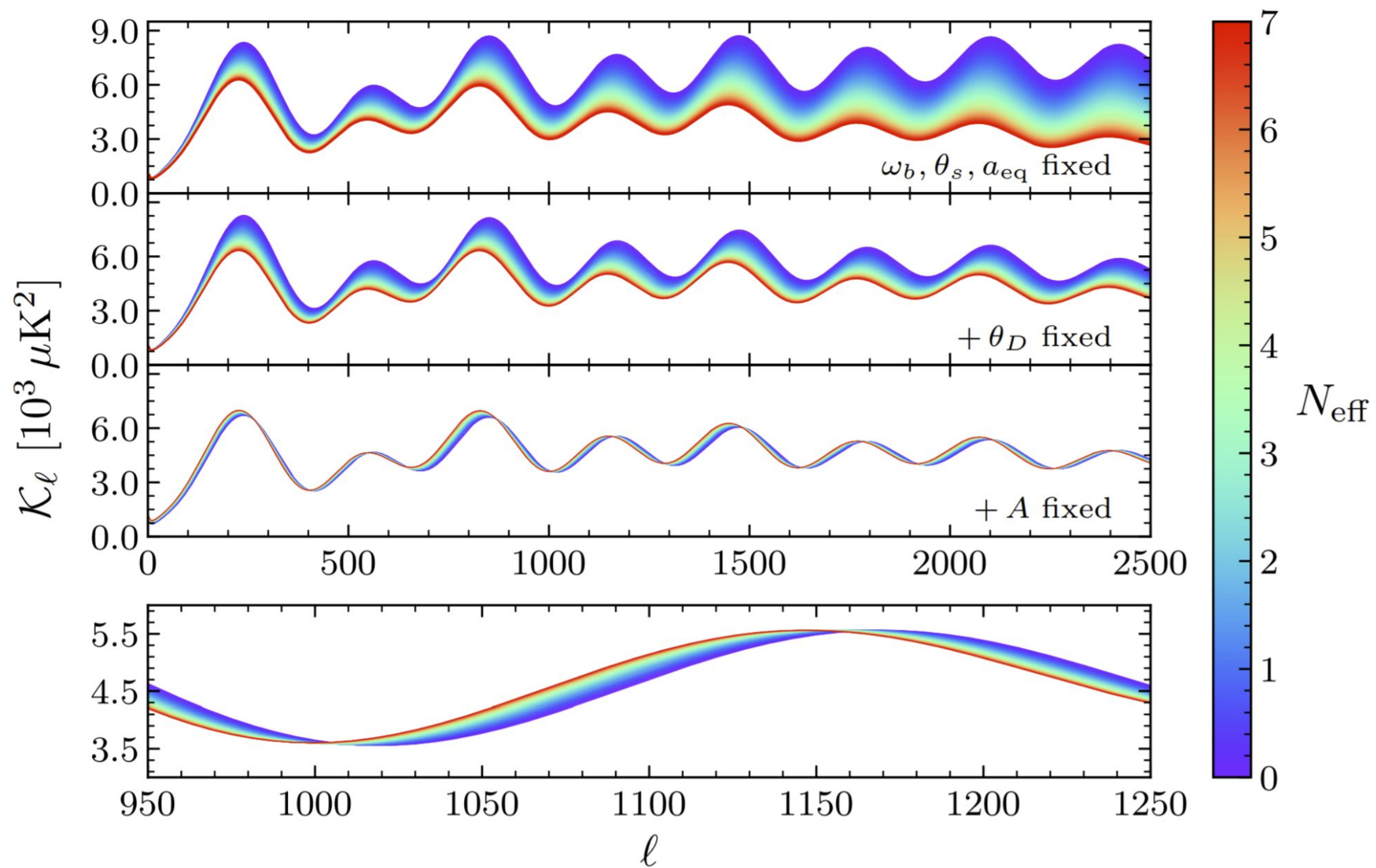
# Phase shift from $N_{\text{free-streaming}}$



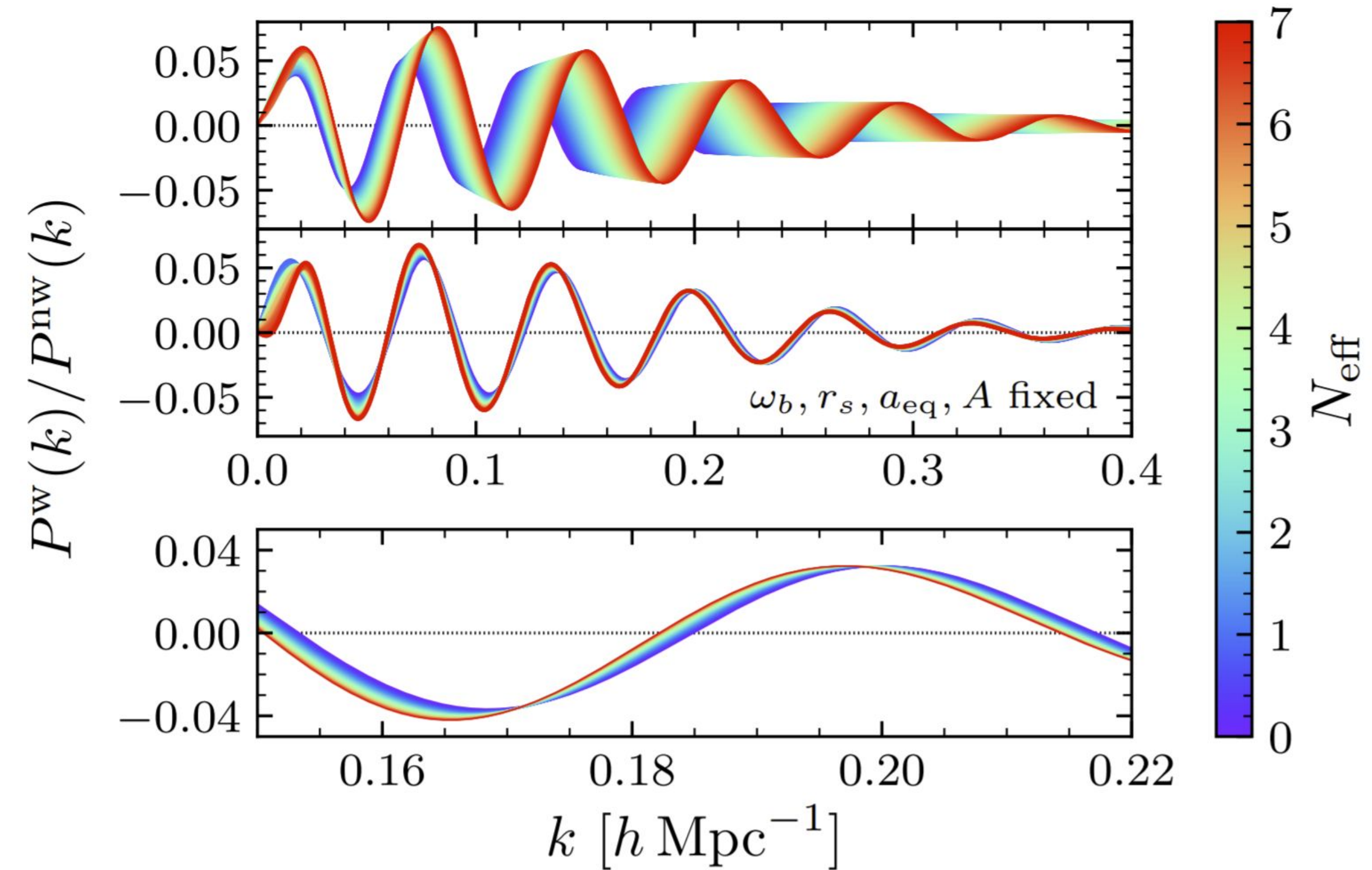
Eisenstein, Seo, White 2007



# Phase shift from $N_{\text{eff}}$ free-streaming



CMB Power Spectrum



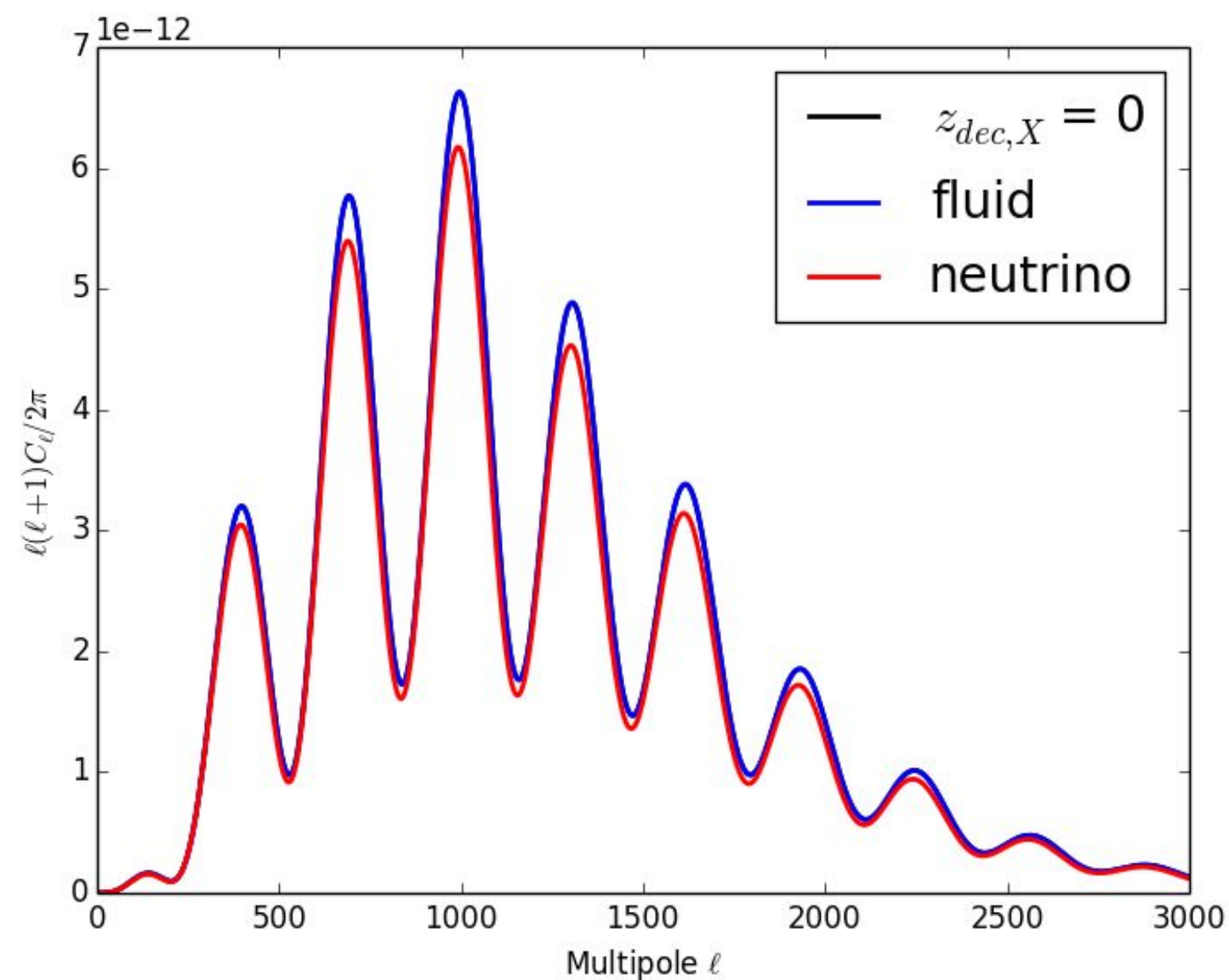
Baryon Acoustic Oscillations



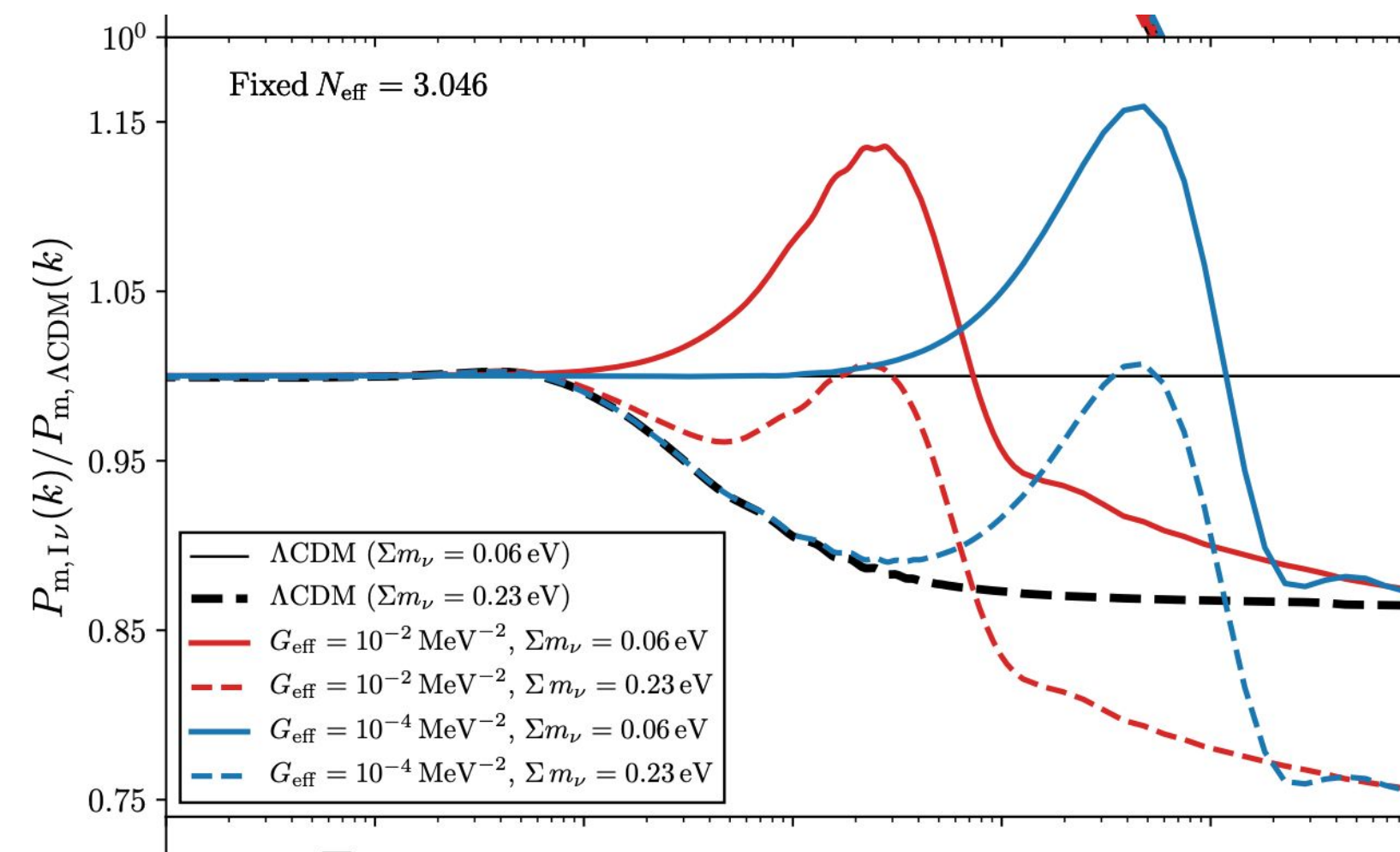
$$N_{\text{eff}} = N_{\text{free-streaming}} + N_{\text{fluid}} + N_{\text{interacting}}$$

Energy in perturbations of relativistic particles that are:

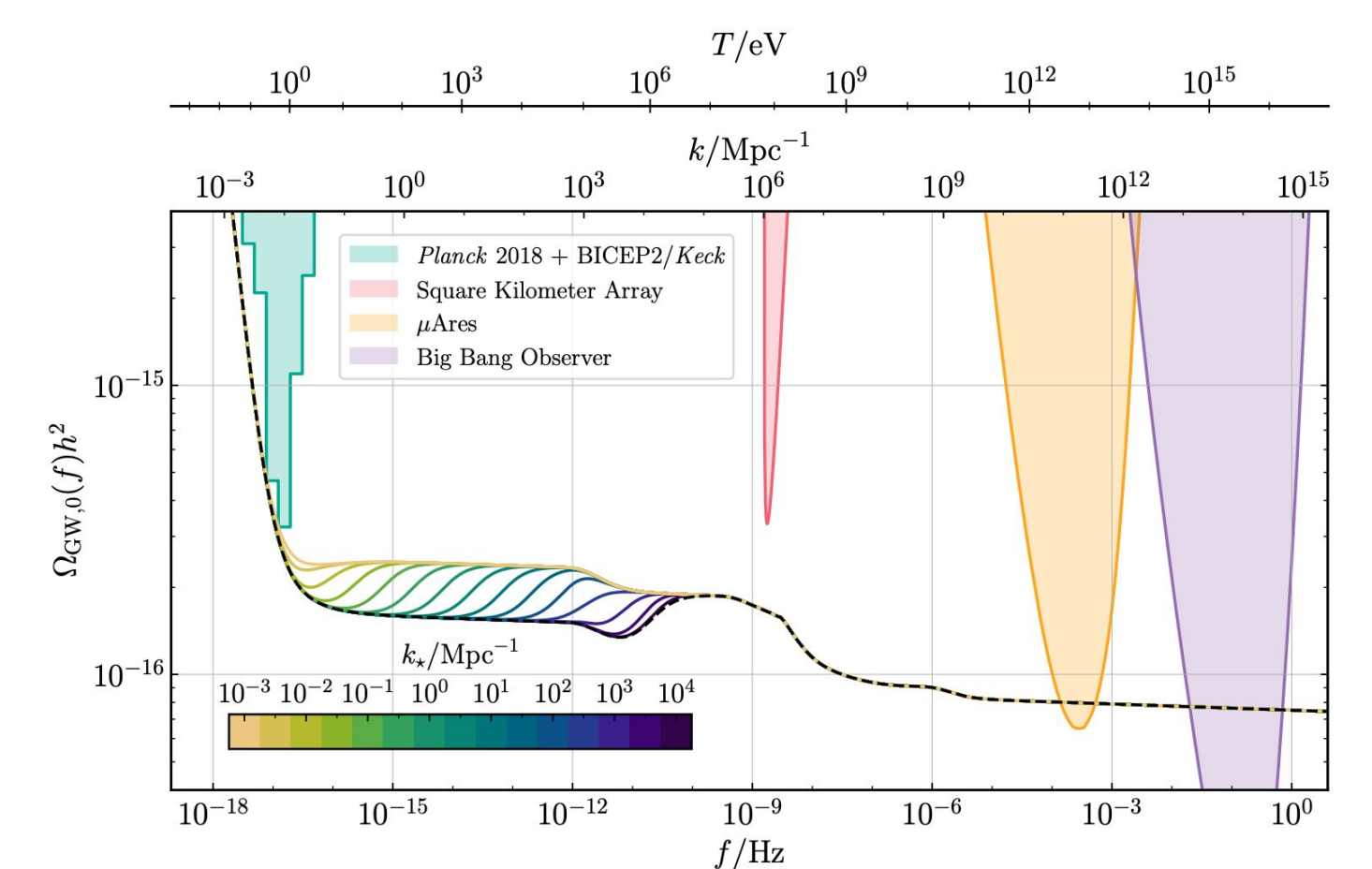
- Free-streaming at CMB times (Standard Model neutrinos) - ( $N_{\text{free-streaming}}$ )
- Tightly coupled throughout CMB times ( $N_{\text{fluid}}$ )
- Transition between tightly coupled and free-streaming at CMB times ( $N_{\text{interacting}}$ )



Chioi, Chiang, Loverde 2018



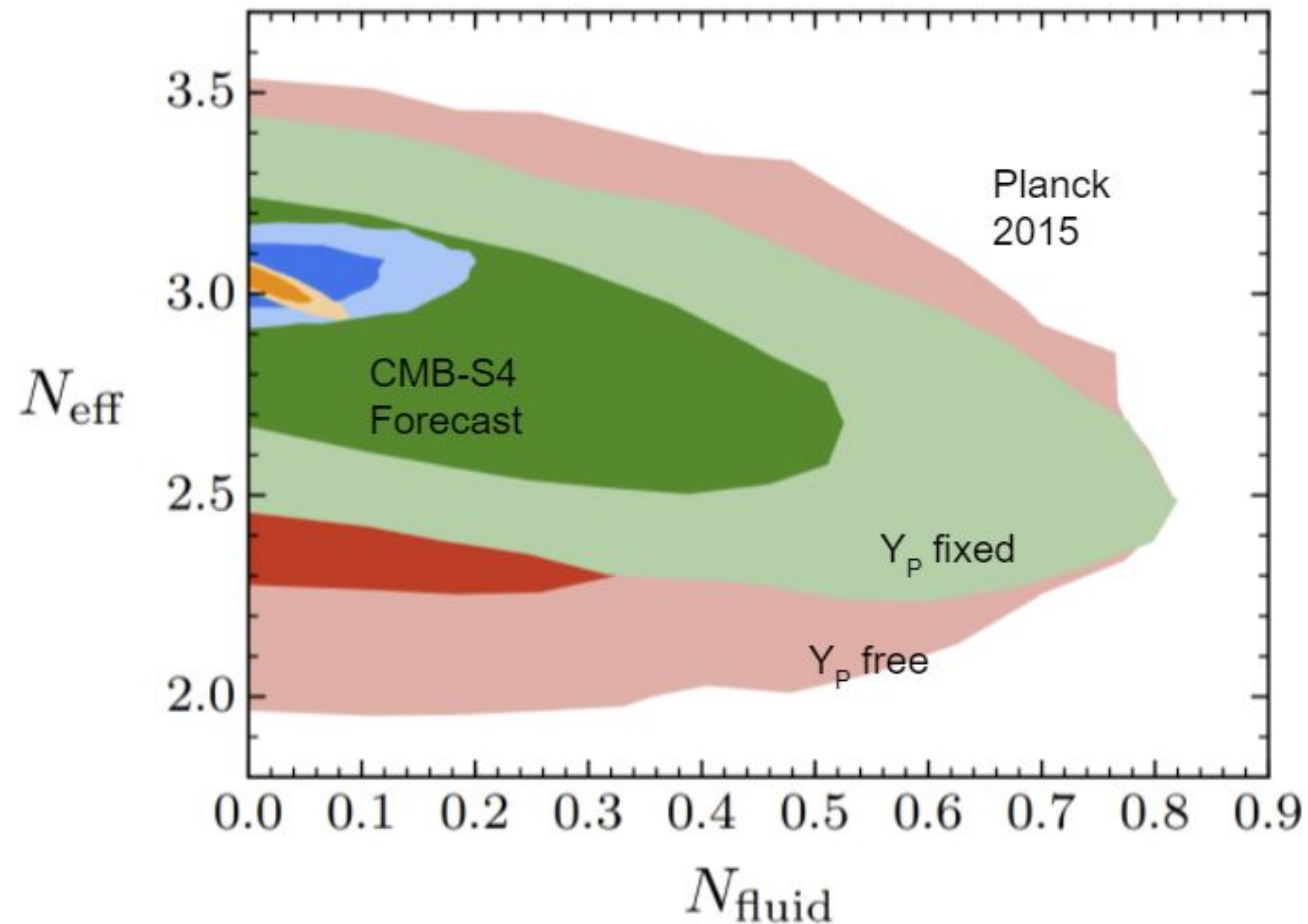
Kreisch, Cyr-Racine, Dore 2019



Loverde & Weiner 2022

$$N_{\text{eff}} = N_{\text{free-streaming}} + N_{\text{fluid}} + N_{\text{interacting}}$$

Energy in perturbations of relativistic particles that are:



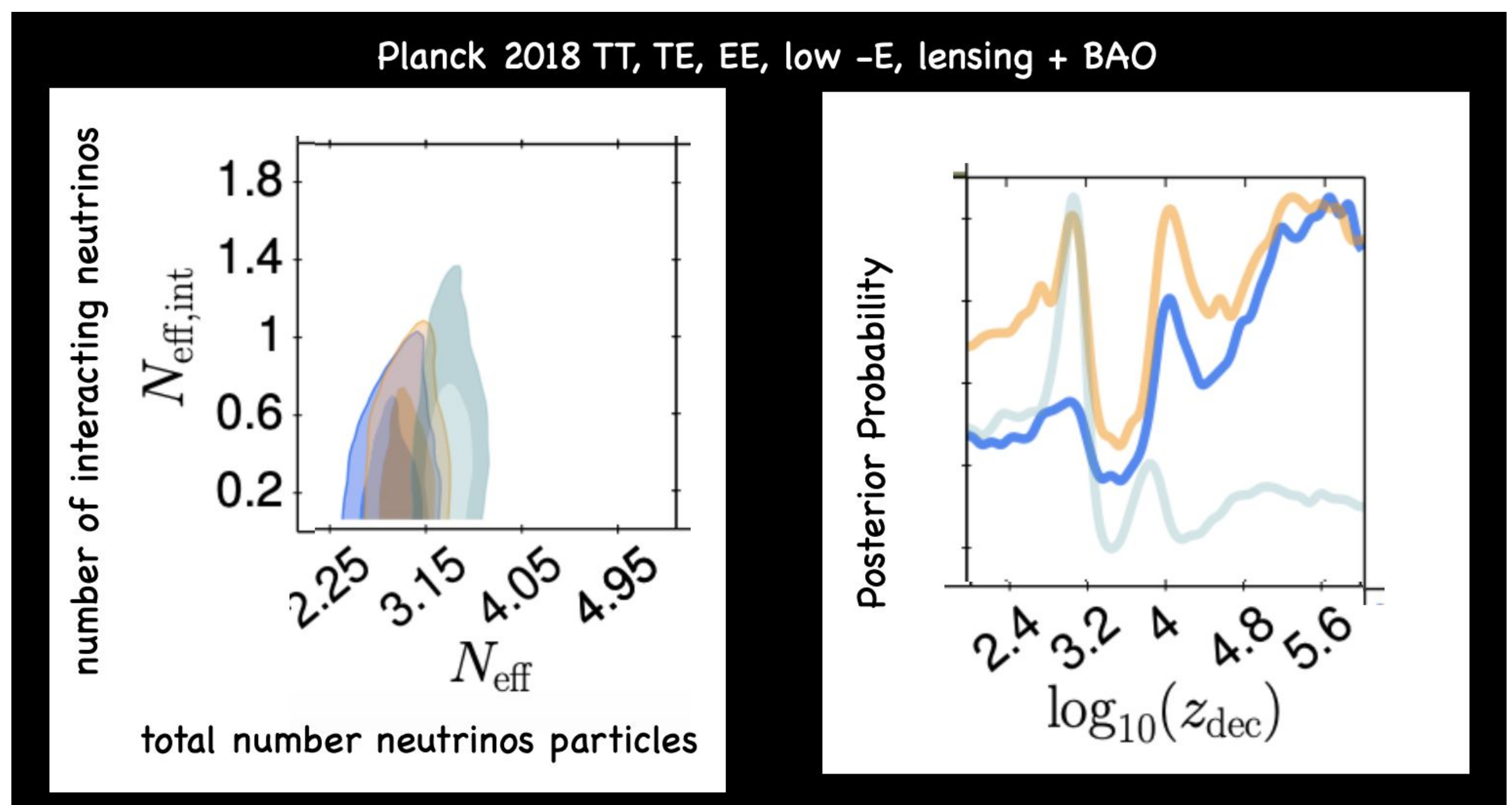
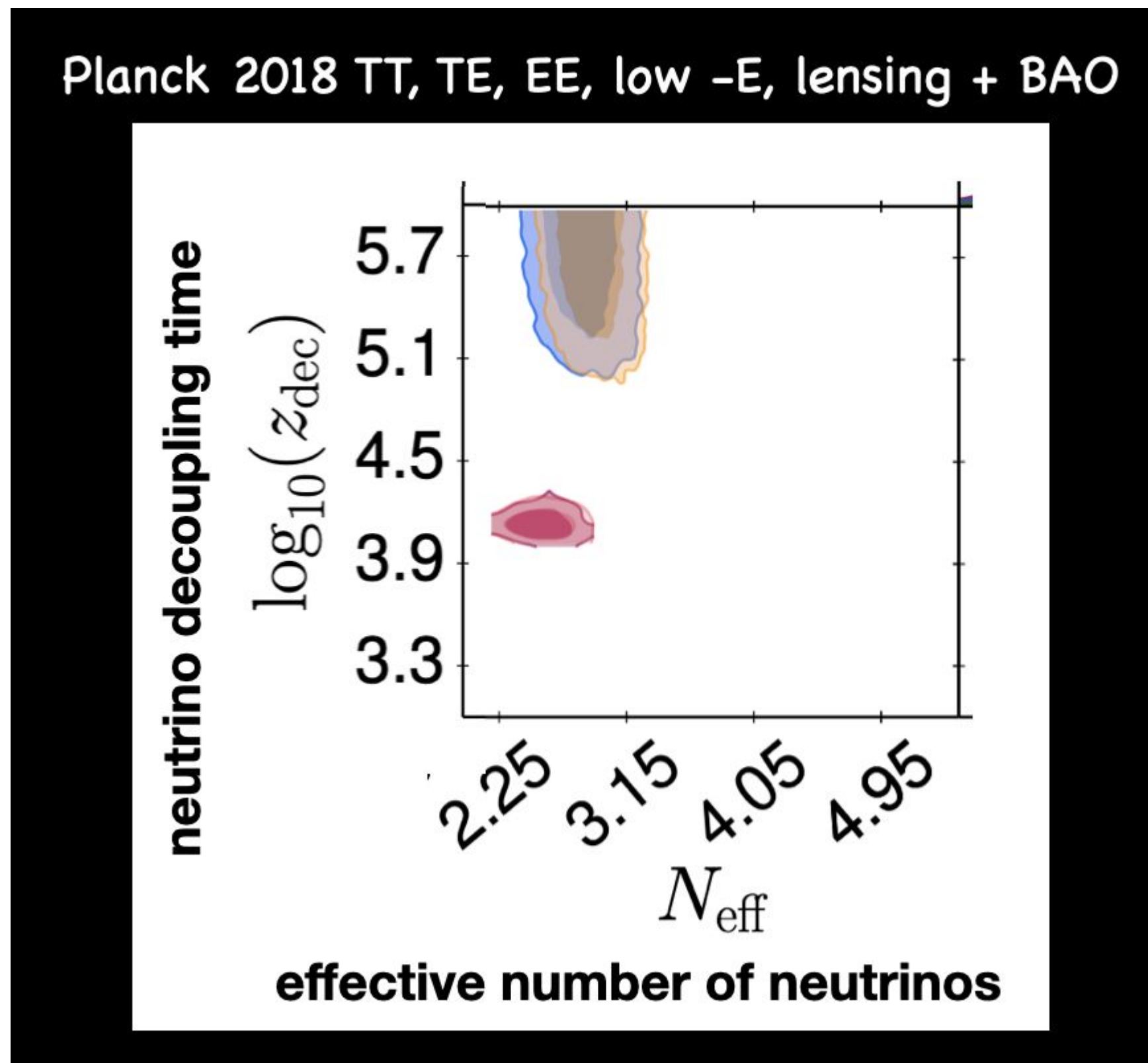


$$N_{\text{eff}} = N_{\text{free-streaming}} + N_{\text{fluid}} + N_{\text{interacting}}$$

Energy in perturbations of relativistic particles that are:

All species interacting

A free fraction interacting

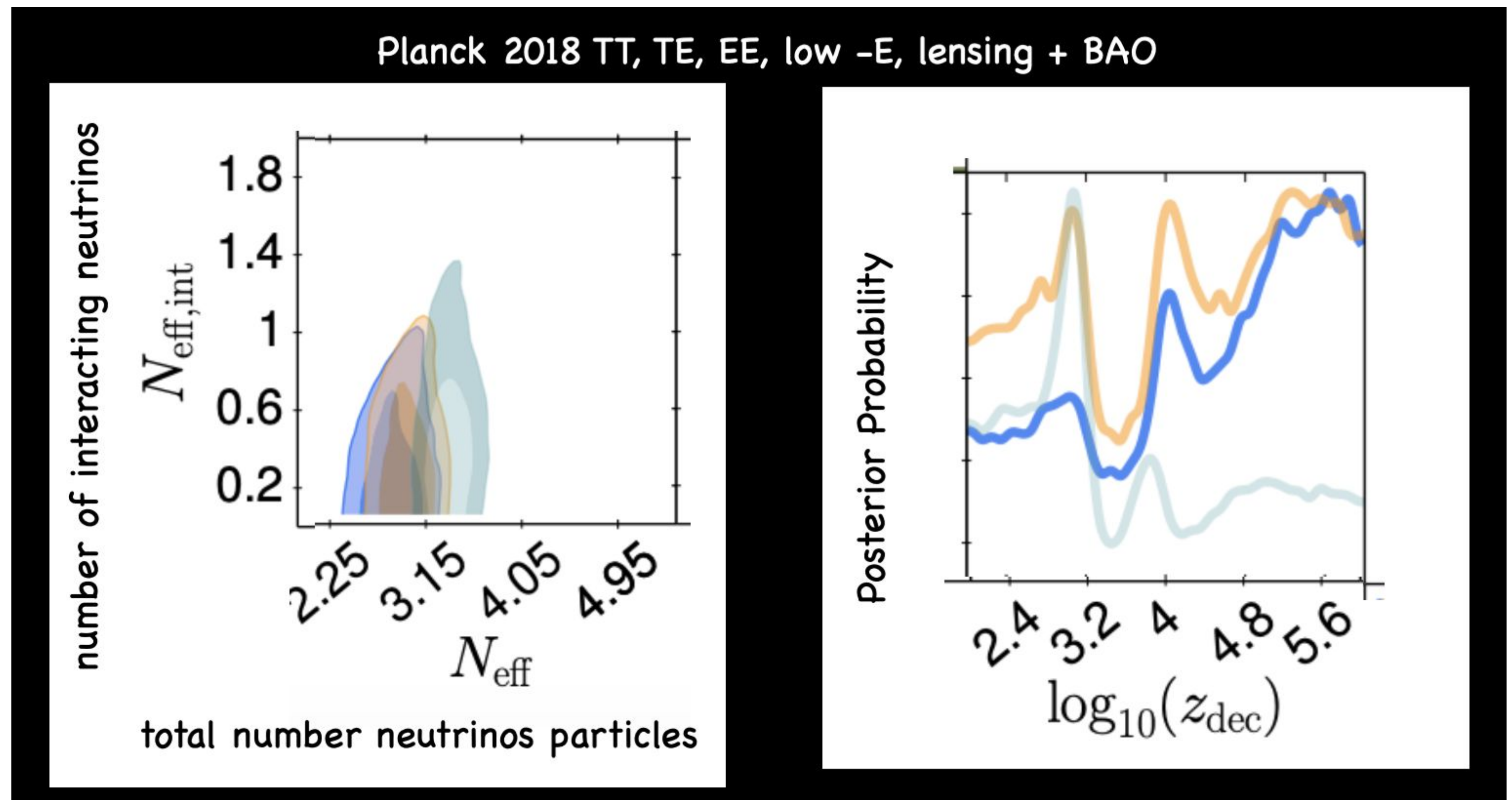
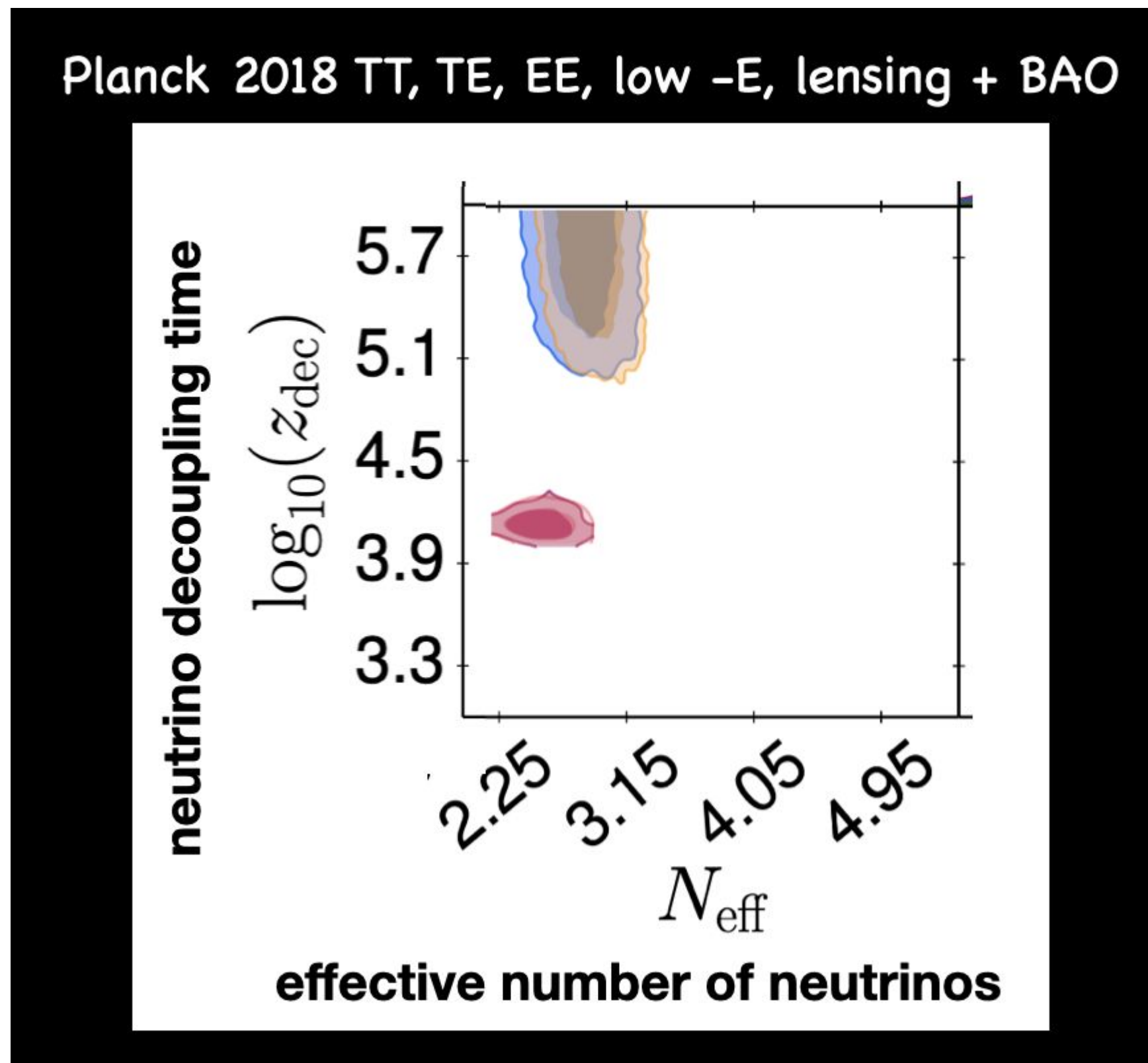


$$N_{\text{eff}} = N_{\text{free-streaming}} + N_{\text{fluid}} + N_{\text{interacting}}$$

Energy in perturbations of relativistic particles that are:

All species interacting

A free fraction interacting

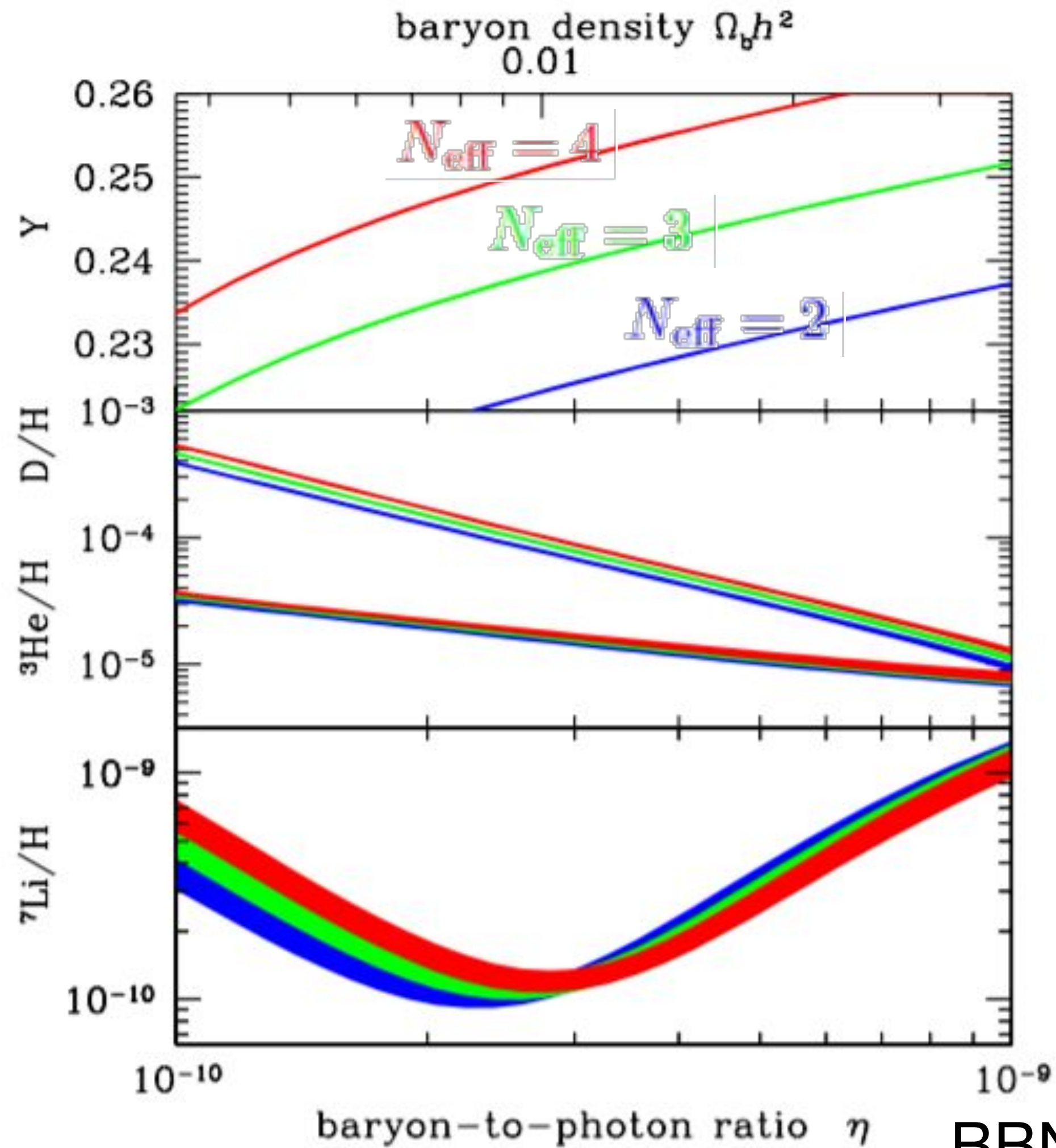




**If  $N_{\text{eff}}$  were limited to  $3.044 \pm 0.03$ , how would that affect thinking about dark matter and dark sectors?**

# BBN

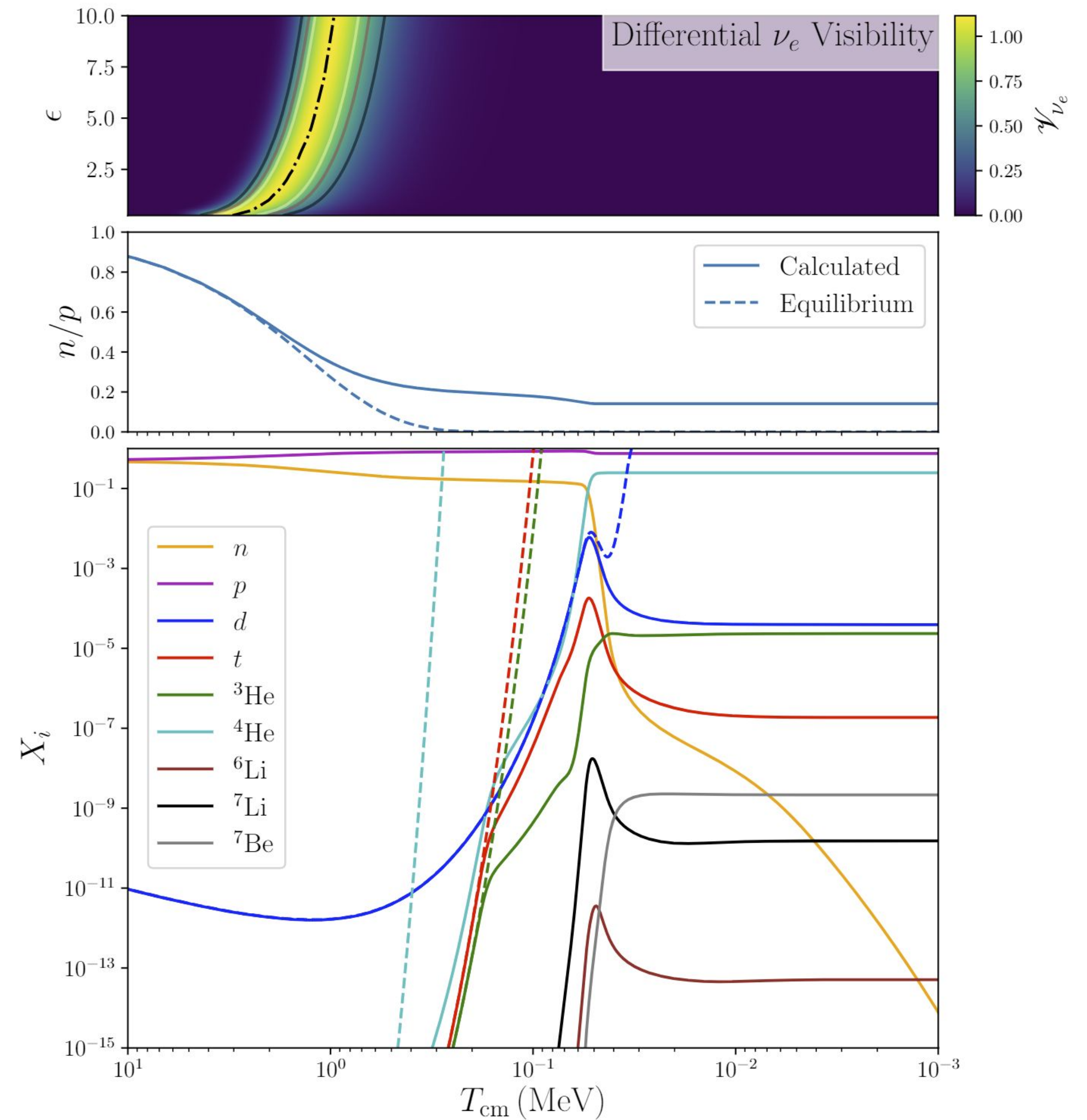
Relativistic energy density at  $T \sim 1$  MeV  
 + effects on  $n/p$  ratio from weak interactions



Cyburt, Fields, Olive, Yeh 2015

BBN:  $N_{\text{eff}} = 2.88 \pm 0.27$

Pitrou 2018



Bond, Fuller, Grohs, Meyers, Wilson (In prep)



# BBN

$Y_p$  = Helium abundance by mass

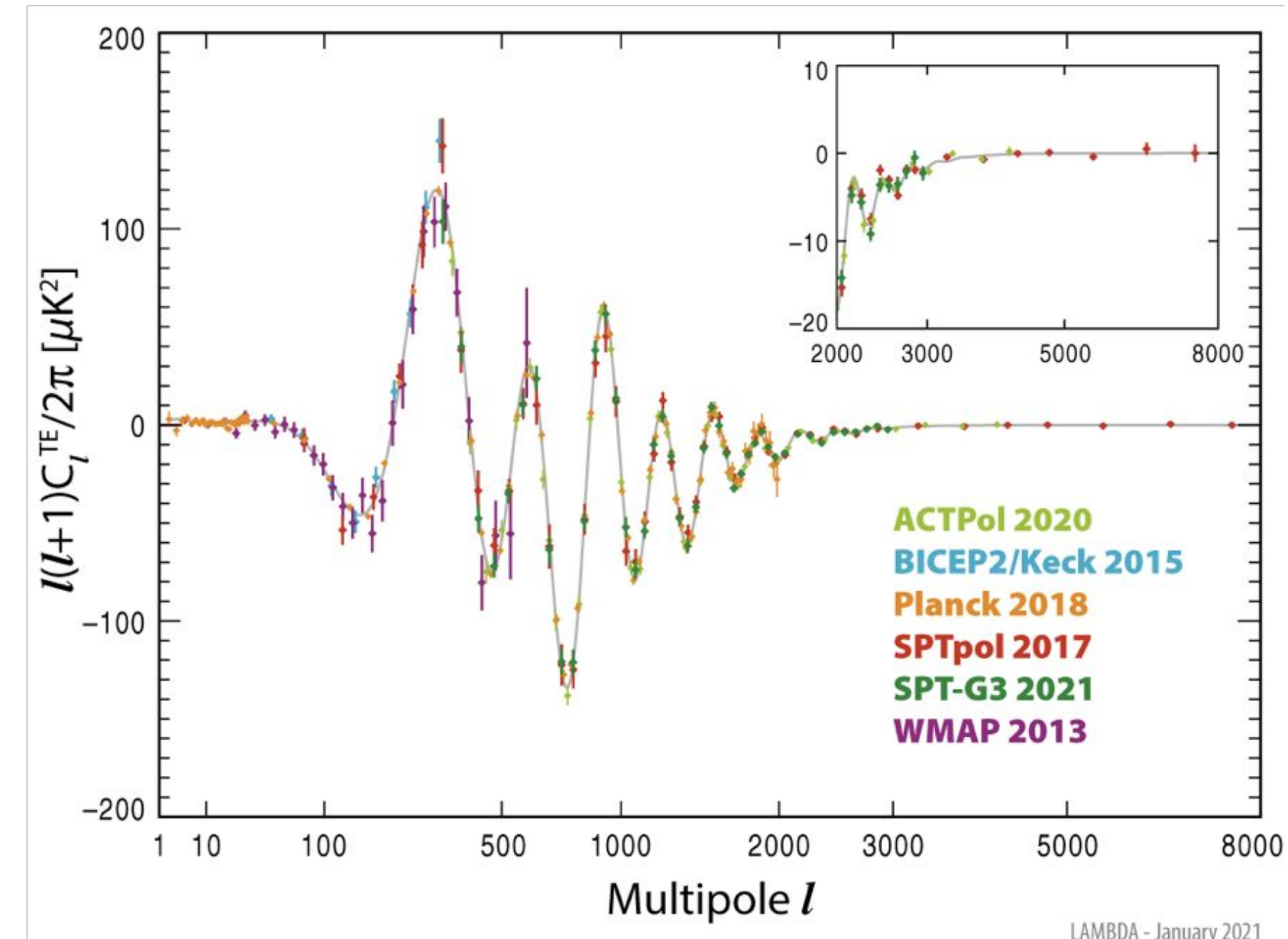
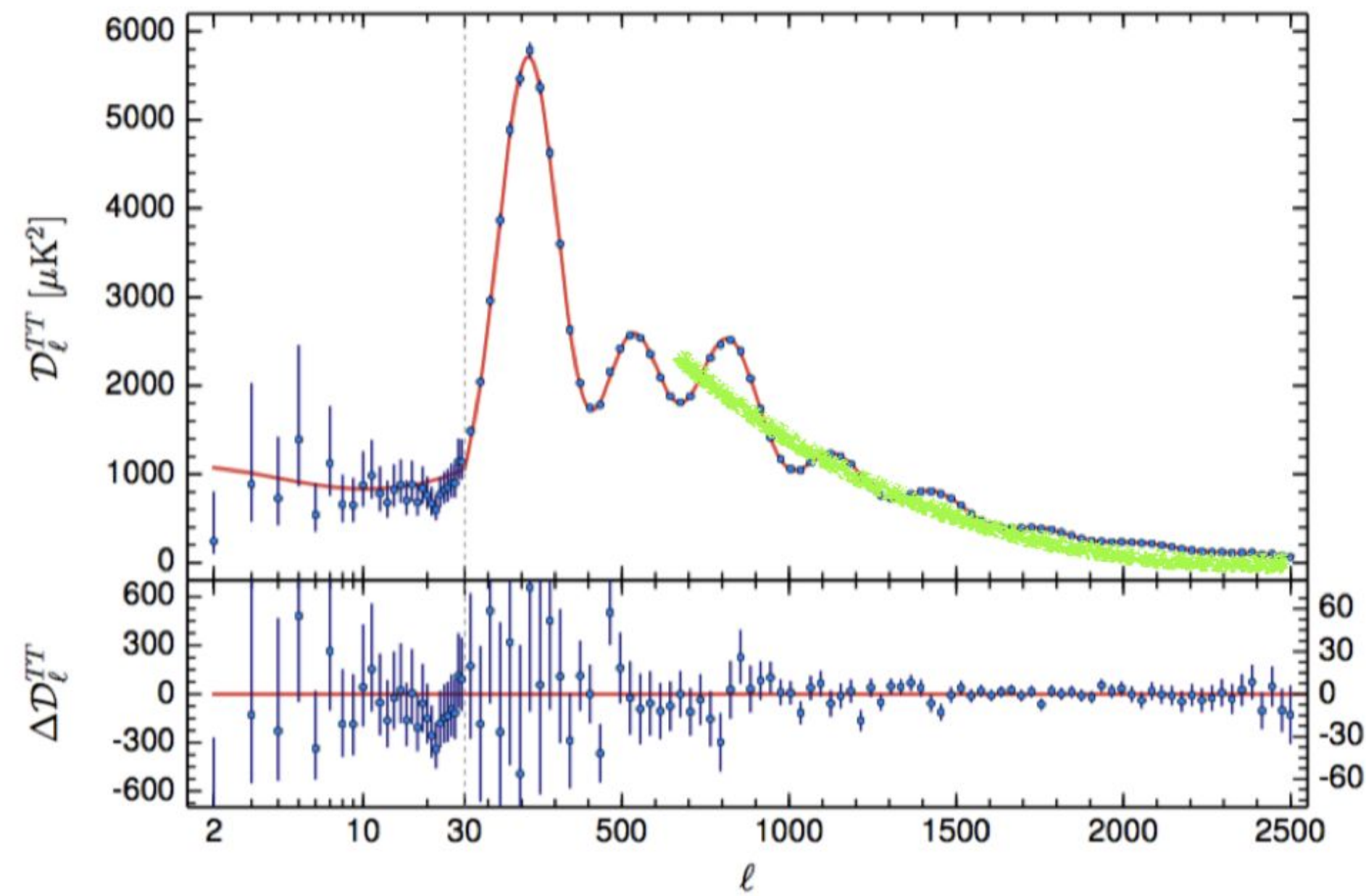
$Y_p$  = Helium abundance by mass

Abundance of helium affects number of free electrons  $\rightarrow$  affects damping of CMB and amplitude of polarization

Damping Scale:

$$r_d^2 = \pi^2 \int_0^{a_*} \frac{da}{a^3 \sigma_T n_e H} \left[ \frac{R^2 + \frac{16}{15} (1 + R)}{6(1 + R^2)} \right]$$

$Y_p$



Standard Model:  $Y_p \approx 0.2311 + 0.9502 \Omega_b h^2$

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# BBN

## Examples of $Y_p \neq$ standard value

- $N_{\text{eff}}$ , BBN  $\neq$   $N_{\text{eff}}$ , CMB implies decay of particles or photon heating between BBN & CMB decoupling
- Existence of large ( $\gg 10^{-9}$ ) lepton asymmetry
- . . . .

$$Y_P^{\text{BBN}} = 0.243^{+0.023}_{-0.024} \quad (95\%, \text{Planck TT,TE,EE+lowE} \\ \text{+lensing+BAO}).$$

CMB-S4:

$$\sigma_{Y_p} \approx 0.005$$

$$L_\nu \approx 10^{-2} \text{ changes } Y_p \text{ by } 1\sigma$$



# What parameter after $N_{\text{eff}}$ would you most want to see part of standard analyses?

e.g.

- $N_{\text{CMB}}$  &  $N_{\text{BBN}}$
- $N_{\text{CMB}}$  at different times? (e.g. multiple  $N_{\text{eff}}$  at CMB and a transition for the step models)
- $N_{\text{free-streaming}}$ ,  $N_{\text{fluid}}$ ,  $N_{\text{interacting}}$



# Neutrino mass

At times when  $m_{\nu_i} > T_{\nu_i}$ , neutrinos contribute to non-relativistic energy budget  $\Omega_m$  but are distributed much more smoothly

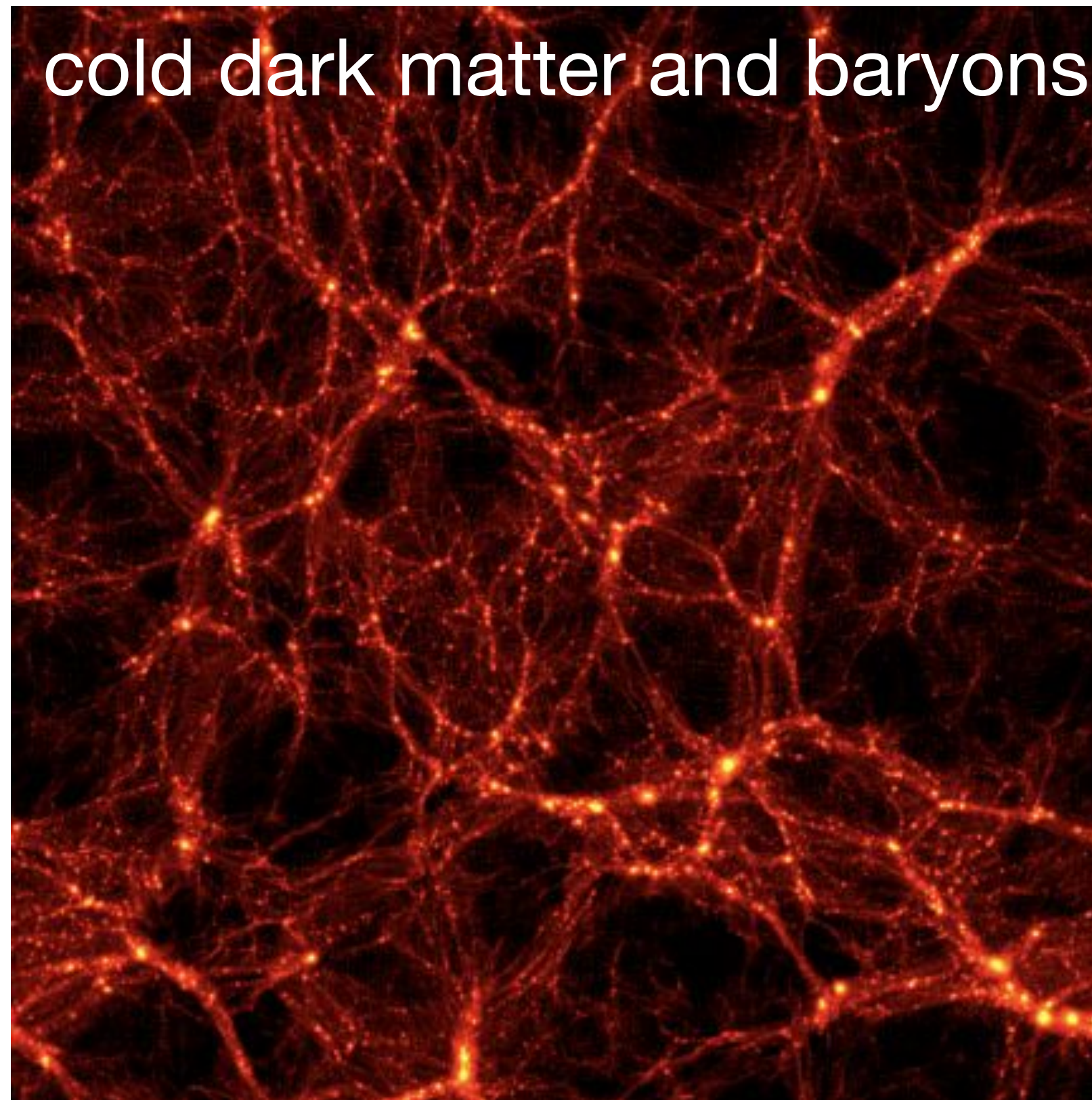
$$\rho_\nu \approx \sum m_{\nu_i} n_{\nu_i} \approx (\sum m_{\nu_i}) n_\nu$$

Oscillation data + standard cosmology:

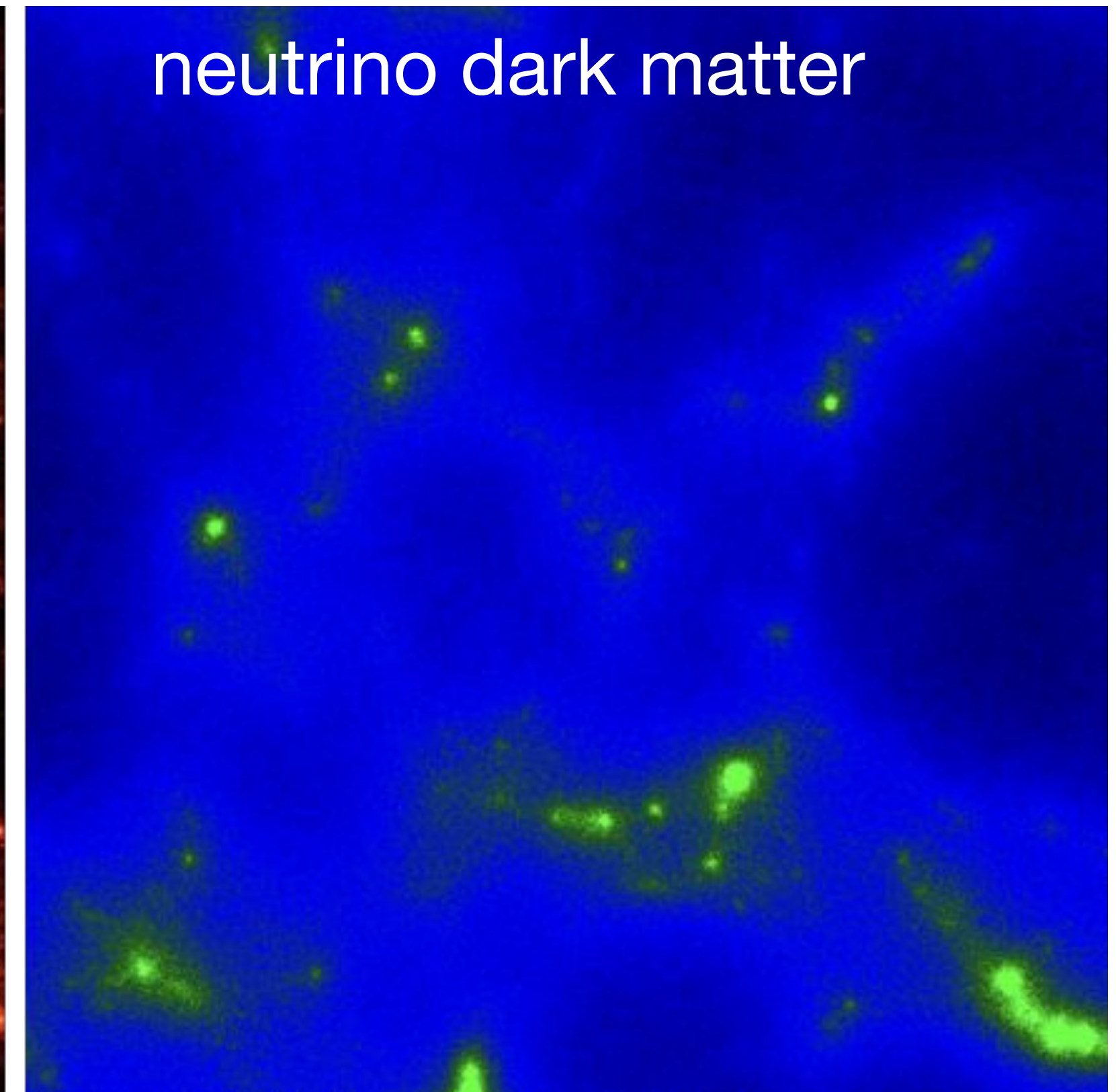
$$\frac{\rho_\nu}{\rho_{\text{cdm}} + \rho_{\text{baryon}} + \rho_\nu} \approx 0.005$$

$$n_\nu \sim 10^{10} n_{\text{baryon}}$$

cold dark matter and baryons

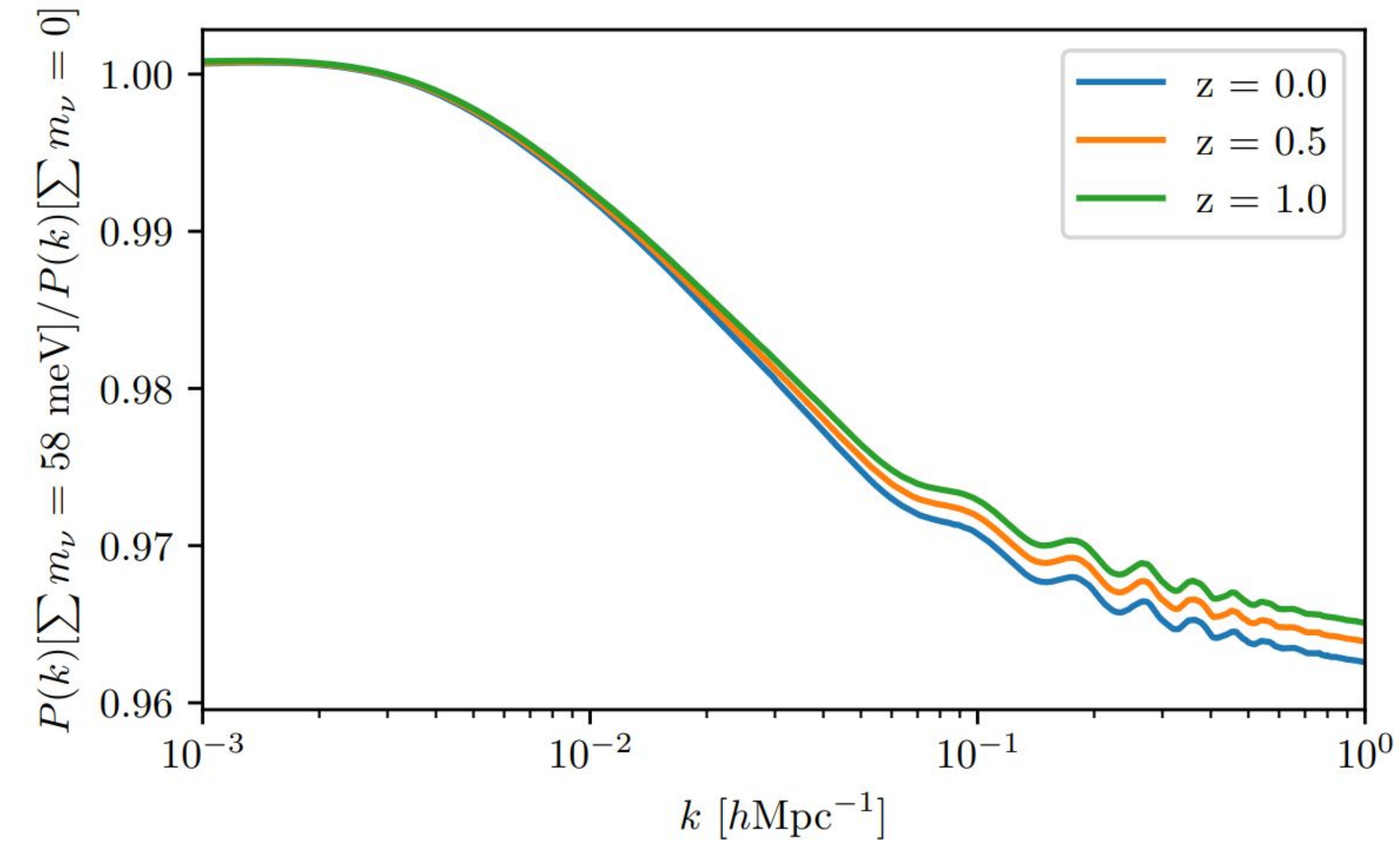


neutrino dark matter

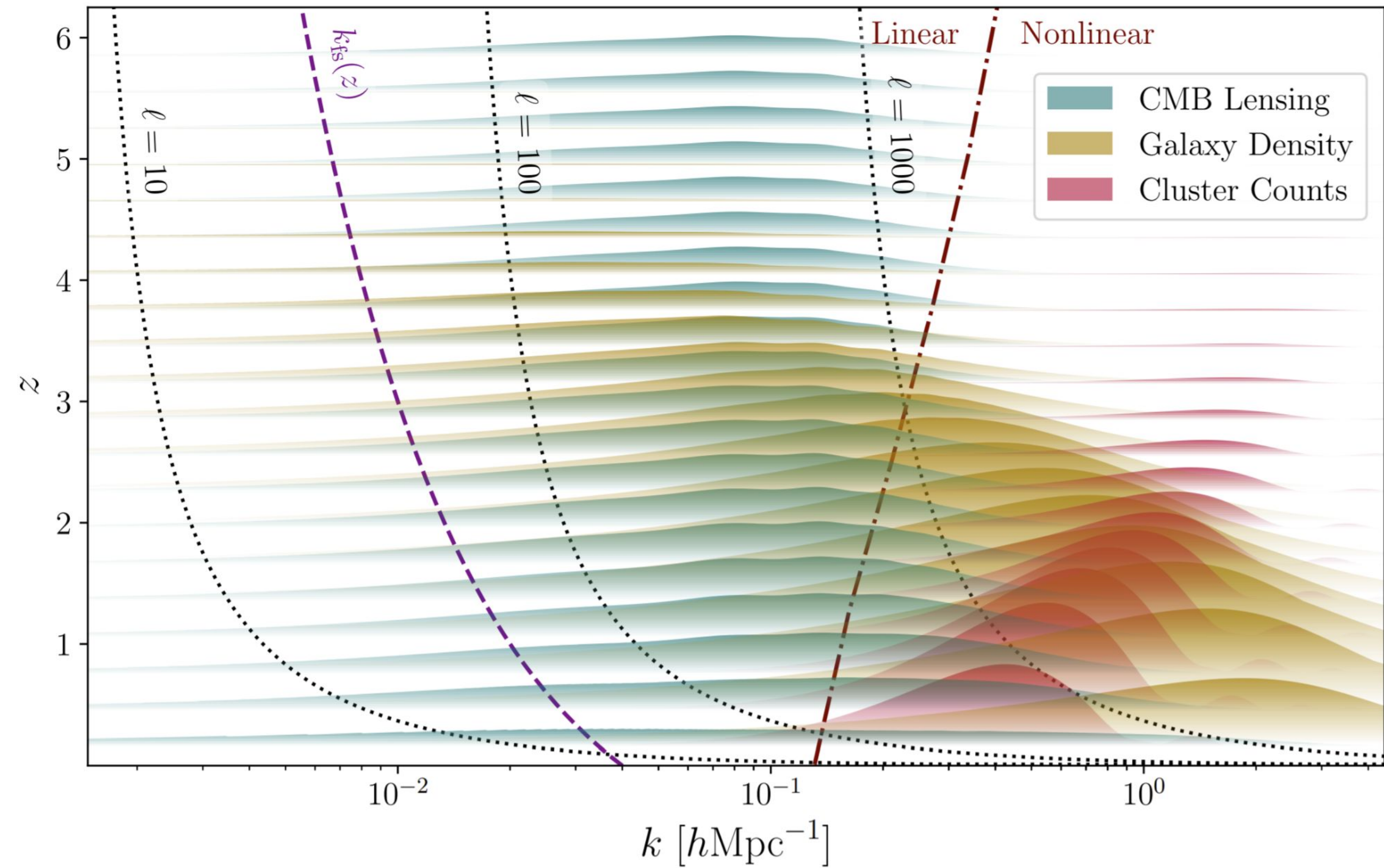




# $\Sigma m_\nu$ Suppression of Matter Clustering



Gerbino, Grohs, Lattanzi, et al 2022



Green, Meyers 2021

# $\Sigma m_\nu$ Suppression of Matter Clustering

Current CMB constraints:

$$\Sigma m_\nu < 0.24 \text{ eV} \quad (95\%, \text{ TT, TE, EE+lowE+lensing})$$

$$\Sigma m_\nu < 0.12 \text{ eV} \quad (95\%, \text{ Planck TT, TE, EE+lowE+lensing+BAO}).$$

In combination with oscillation data roughly implies:

$$\text{Normal: } m_1 \lesssim 0.03 \text{ eV}, \quad 0.009 \text{ eV} \lesssim m_2 < 0.032 \text{ eV}, \quad 0.049 \text{ eV} \lesssim m_3 < 0.058 \text{ eV}$$

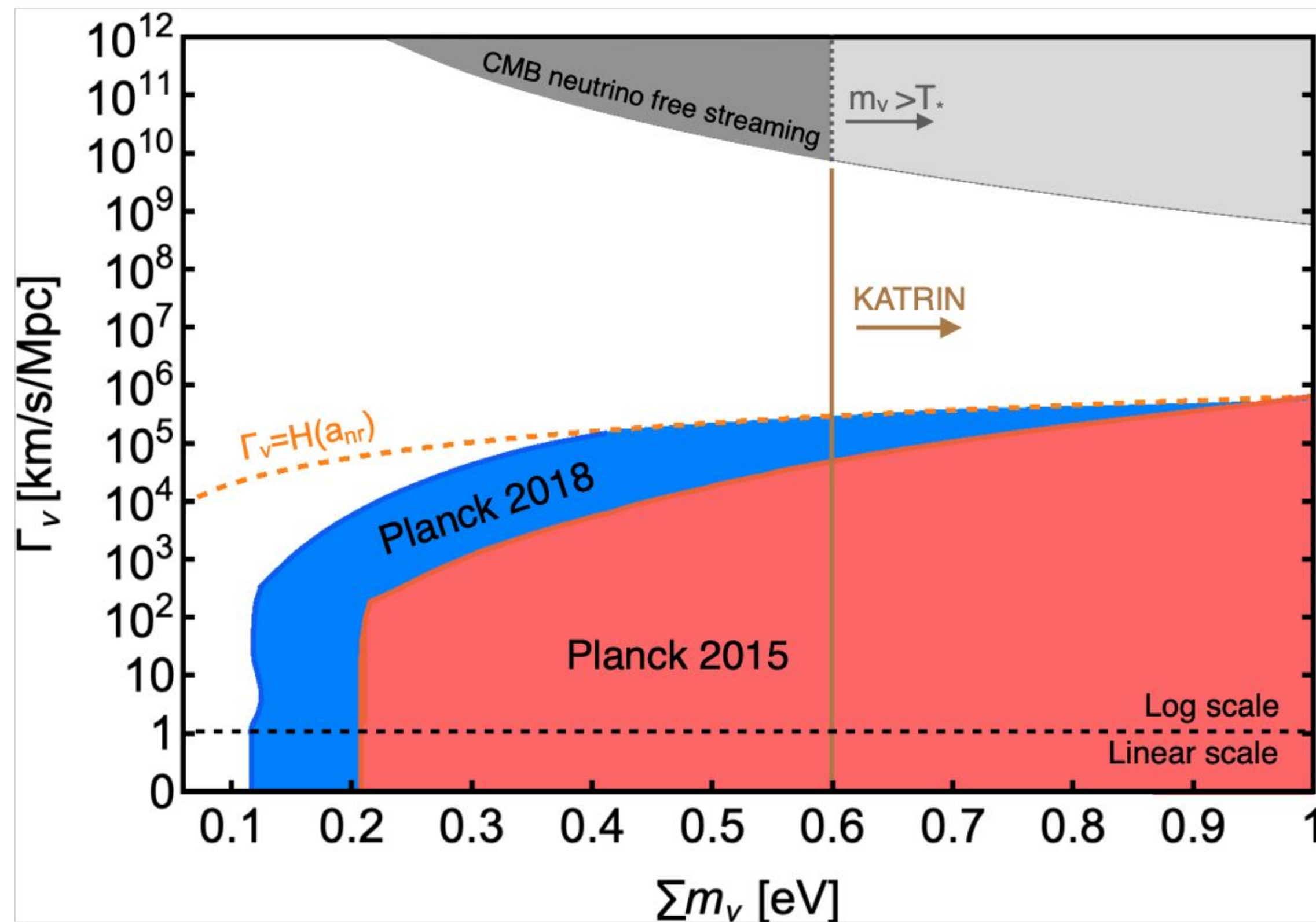
$$\text{Inverted: } m_3 \lesssim 0.017 \text{ eV}, \quad 0.048 \text{ eV} \lesssim m_1 < 0.051 \text{ eV}, \quad 0.049 \text{ eV} \lesssim m_2 < 0.052 \text{ eV}$$

$$\text{CMB-S4+DESI: } \sigma(\Sigma m_\nu) \sim 0.01\text{-}0.02 \text{ eV}$$



# Beyond $\Sigma m_\nu$ :

## Neutrino lifetime



In principle, some sensitivity to individual masses, energy spectrum

# Neutrino mass

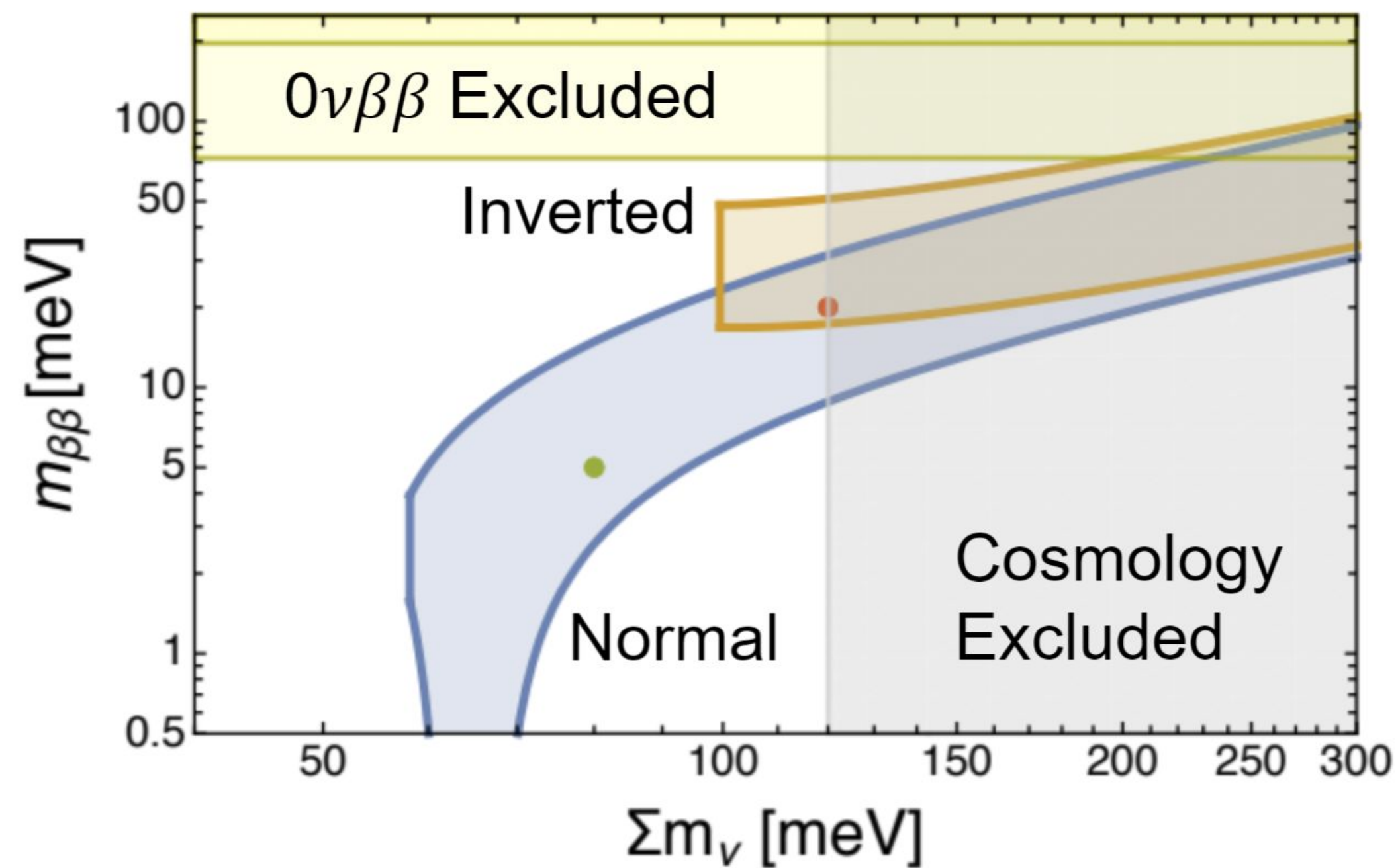
- What will it take for cosmologists to accept a detection? For particle physicists? For neutrino physicists (Will hell freeze over!)?
- What does  $\sum m_\nu$  teach us, given that we probably can't detect  $m_{\text{lightest}}$ , that  $M_{\text{see-saw}}$  not going to be constrained much further
- What are some straw man scenarios where KATRIN sees something? Where cosmology limits  $\sum m_\nu$  below oscillation mass splittings?



**What would be the most compelling explanation for a cosmological observation of  $\Sigma m_\nu < 60 \text{ meV}$  at high significance?**

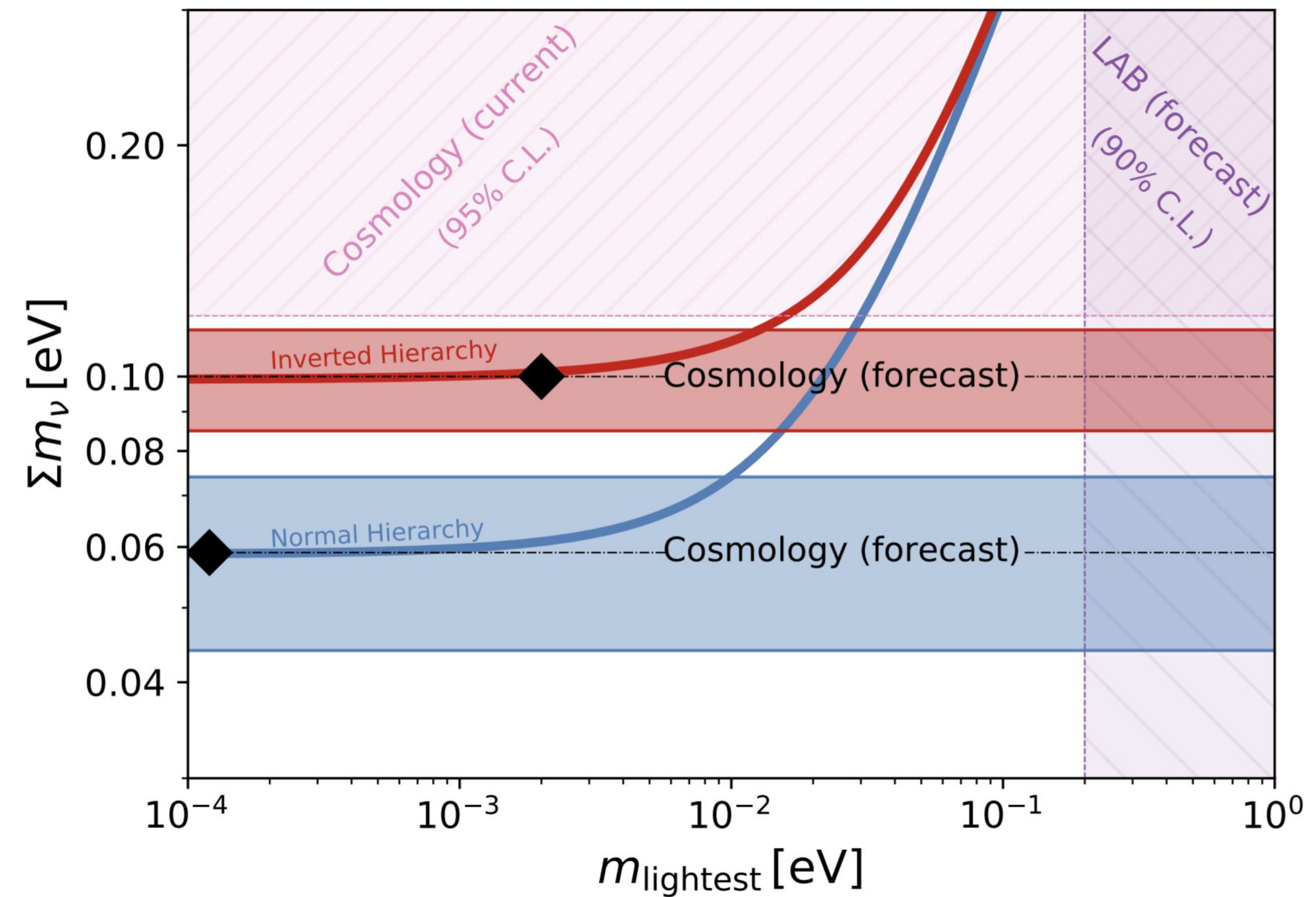
# Neutrino mass in cosmology and the lab

## Neutrinoless Double Beta Decay



Gerbino, Grohs, Lattanzi, et al 2022

## Beta Decay Endpoint Measurements



Dvorkin, et al 2018



## What else? Do current parameterizations observables to capture range of models?

- Basics:  $N_{\text{eff}}$ ,  $\sum m_\nu$
- Beyond in early universe:  $N_{\text{eff}}$  at different epochs,  $N_{\text{dec/rec}}$ ,  $Z_{\text{dec/rec}}$
- Beyond in late universe: neutrino lifetime, generalizations of  $\sum m_\nu$  to allow for heavier steriles?
- Some fraction that interacts with dark matter?

## Physical quantity

## Observables

## Parameters

relativistic energy at recombination

anisotropic stress at recombination

relativistic energy at BBN

energy spectrum of cosmic neutrinos

weak interaction rate

smooth non-relativistic matter at late times

neutrino lifetime

CMB damping scale

CMB/BAO acoustic peak positions

Primordial abundances

Amplitude of matter power

Primordial gravitational wave spectrum

$N_{\text{eff}}$

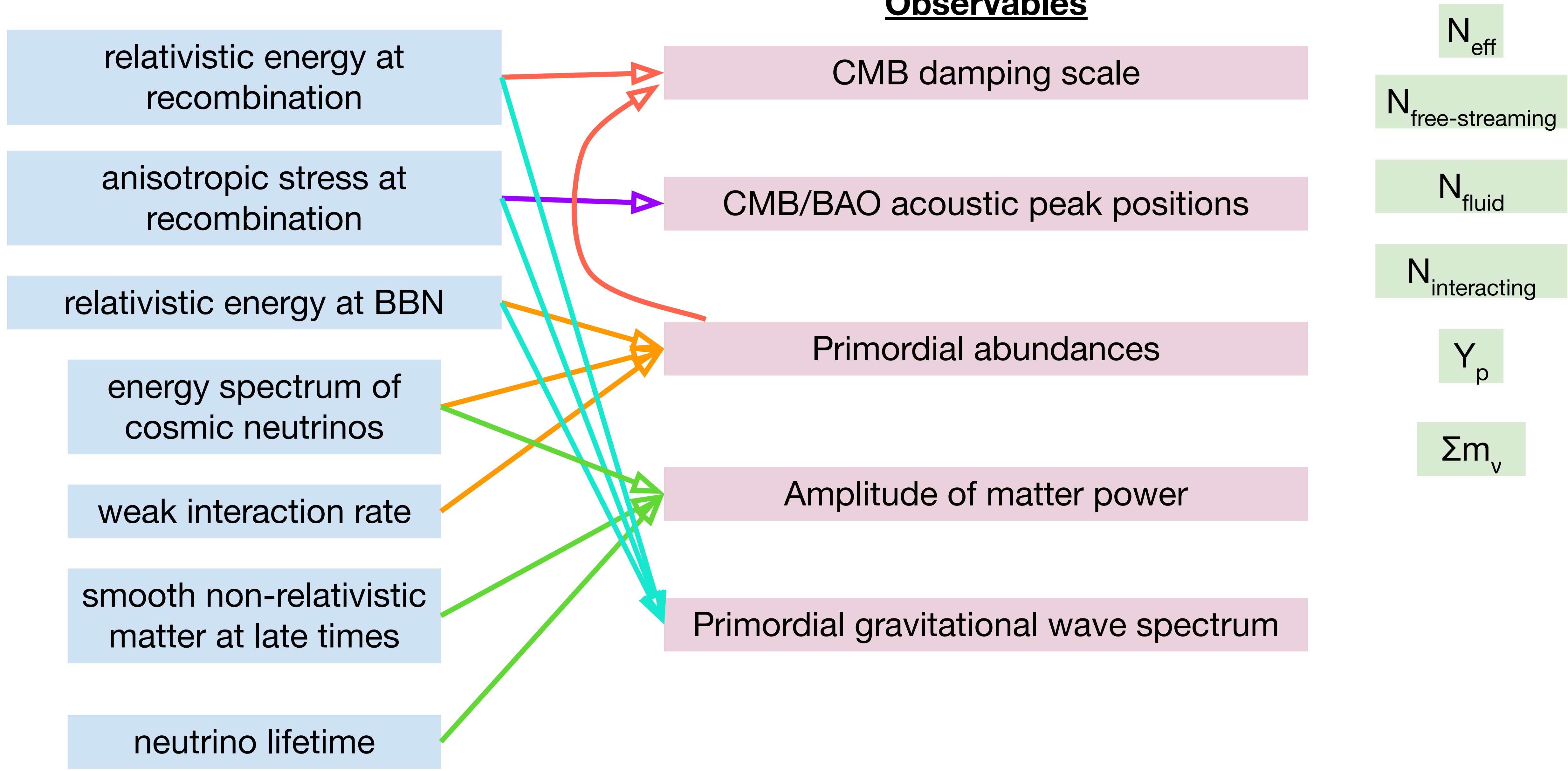
$N_{\text{free-streaming}}$

$N_{\text{fluid}}$

$N_{\text{interacting}}$

$Y_p$

$\Sigma m_\nu$





# Which measurement over the next decade do you expect to have the biggest impact on your theoretical priors?

- $N_{\text{eff}} / N_{\text{free-streaming}} / N_{\text{fluid}} / N_{\text{interacting}}$
- $Y_p$
- Deuterium abundance
- $\sum m_\nu$
- $m_\beta$
- $m_{\beta\beta}$

# Which measurement do you anticipate is most likely to deviate from the standard expectation?

- $N_{\text{eff}} / N_{\text{free-streaming}} / N_{\text{fluid}} / N_{\text{interacting}}$
- $Y_p$
- Deuterium abundance
- $\sum m_\nu$
- $m_\beta$
- $m_{\beta\beta}$