

Constraints on CP-Violating Higgs Portal Majorana Dark Matter

Katherine Fraser

Department of Physics
Harvard University
kfraser@g.harvard.edu



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arXiv: 2010.15129, JHEP 03 (2021) 123
with A. Parikh, W. L. Xu

The challenge for WIMP dark matter

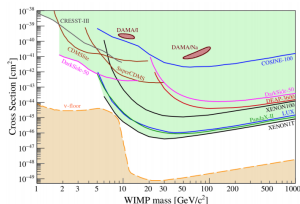
Central Question: In light of current constraints, is a Higgs portal Majorana fermion thermal relic WIMP a viable dark matter candidate?

Need: Large annihilation signal

- ▶ $\mathcal{O}(1-10 \text{ pb})$ cross section for thermal relic abundance
- ▶ $\sim 3 \text{ pb}$ cross section for DM explanation of GCE

Small direct detection cross section

- ▶ constraints becoming increasingly stringent



[Schumann, 1903.03026]

Why CP Violation?

Typical solution: s-channel resonance

- ▶ $m_{DM} = m_h/2$ [Huang et al '14, others]
- ▶ annihilation is p-wave suppressed for real couplings – two Majorana fermions form a CP odd state, but the Higgs is CP even.

Instead, CP violation:

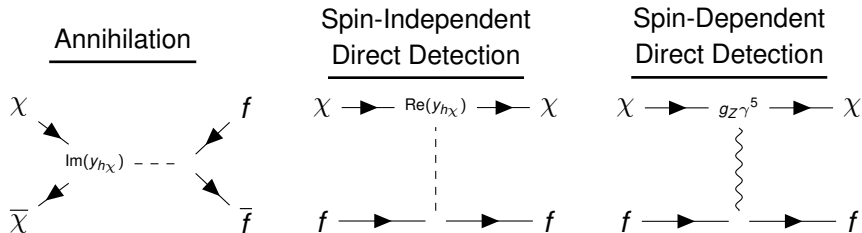
- ▶ avoids velocity suppression: annihilation proportional to $\text{Im}[y]$. [Carena et al '19, in the context of a specific SUSY model]
- ▶ Direct detection controlled by $\text{Re}[y]$ since initial and final states have the same CP

The DM EFT

Consider a Majorana fermion χ that couples to the Higgs and the Z:

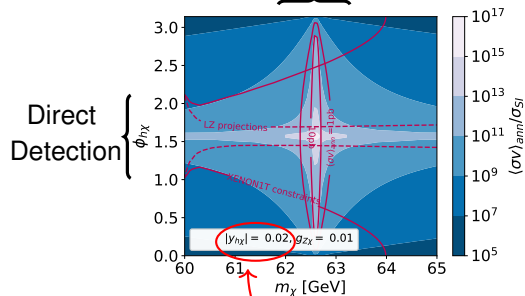
$$\mathcal{L} \supset \frac{|y_{h\chi}| e^{i\phi_{h\chi}}}{2\sqrt{2}} h \bar{\chi} P_L \chi + \frac{|y_{h\chi}| e^{-i\phi_{h\chi}}}{2\sqrt{2}} h \bar{\chi} P_R \chi + \frac{g_{Z\chi}}{2} Z_\mu \bar{\chi} \gamma^5 \chi$$

3 Relevant Constraints:



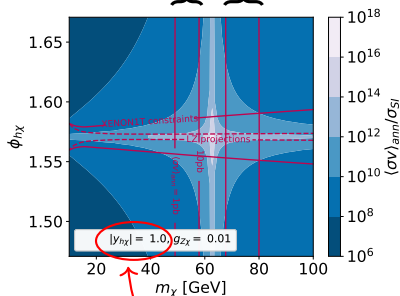
Mass and Phase Constraints

Annihilation



Small coupling:
tune mass to
 \uparrow annihilation

Allowed



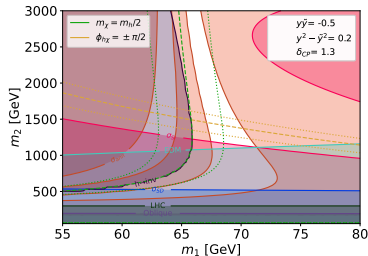
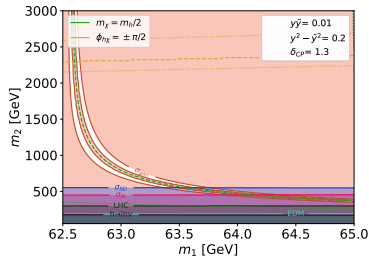
Large coupling:
tune phase to
 \downarrow direct detection

We Find Viable Parameter Space in a UV Completion!

There is viable parameter space in a minimal UV completion: the Singlet-Doublet Model. [Mahbubani & Senatore '06, Others]

$$\mathcal{L} \supset - \underbrace{m_2 \psi_2 \cdot \tilde{\psi}_2}_{\text{Dirac Mass}} - \underbrace{\frac{m_1}{2} \psi_1 \psi_1}_{\text{Majorana Mass}} + \underbrace{Y \psi_1 H^\dagger \psi_2 - \tilde{Y} \psi_1 H \cdot \tilde{\psi}_2}_{\text{Yukawa Couplings}} + \text{h.c.}$$

$(\psi_2, \tilde{\psi}_2)$: Dirac doublet
 ψ_1 : Majorana singlet



Summary

- ▶ For Higgs portal DM, CP Violation is a viable alternative to mass resonance
- ▶ Still possible parameter space in simplest singlet-doublet UV completion

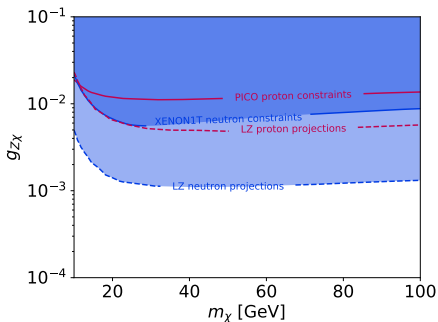
$$m_2 \gtrsim 1000 \text{ GeV}, m_1 \sim 65 - 75 \text{ GeV}, \delta_{CP} \sim \pi/2$$

- ▶ Can be probed by upcoming EDM and direct detection experiments

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Z Coupling Constraints

- ▶ Spin dependent constraints easily avoided with small Z coupling.



Singlet - Doublet Model

Pick a minimal UV completion: Singlet-Doublet Model

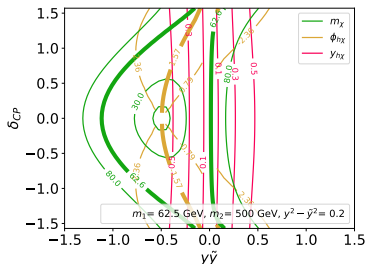
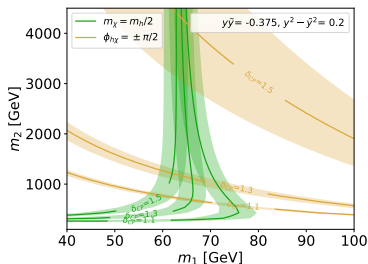
[Mahbubani & Senatore '06, Others]

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- ▶ One physical phase (four parameters, 3 fields). Choose:
 $Y = ye^{i\delta_{CP}/2}$, $\tilde{Y} = \tilde{y}e^{i\delta_{CP}/2}$
- ▶ Neutral Dirac fermion splits into two Majorana fermions.
After SSB, DM χ is the lowest mass eigenstate.

Complications with tuning the mass and phase



- ▶ IR DM mass, Yukawa coupling magnitude, and Yukawa coupling phase are no longer independent.
- ▶ Can no longer increase $\text{Re}[y_{h\chi}]$ while fixing $\text{Im}[y_{h\chi}]$: tuning the phase also affects mass