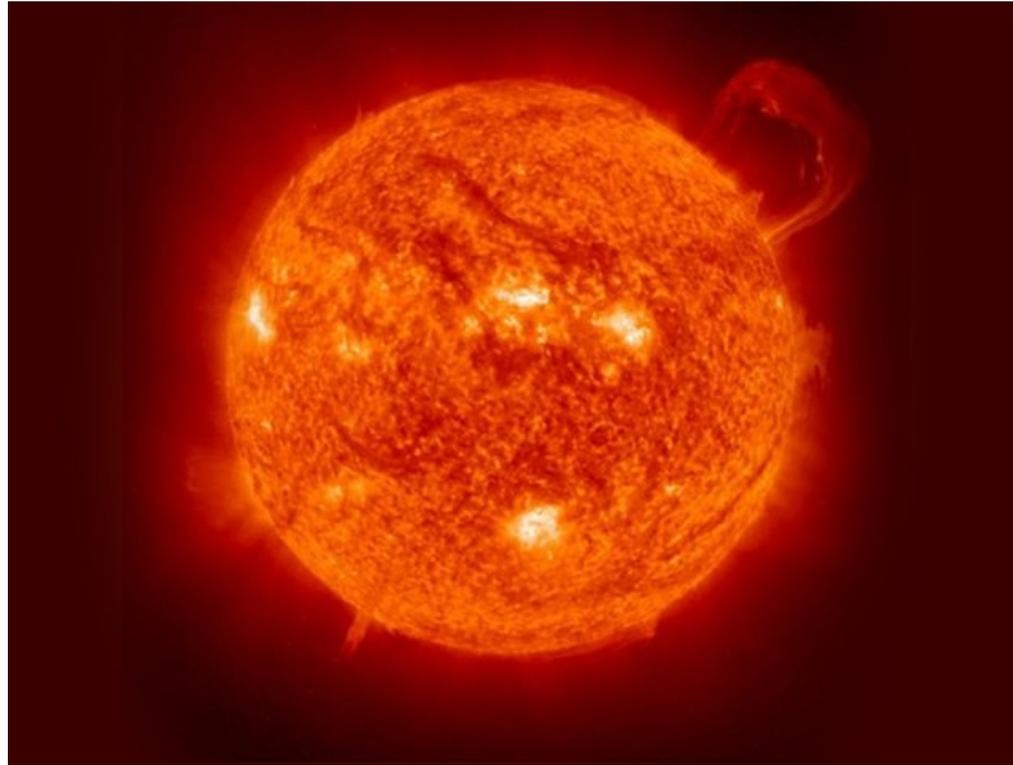


# Dark Matter Annihilation in Stars: A New Lease on Life



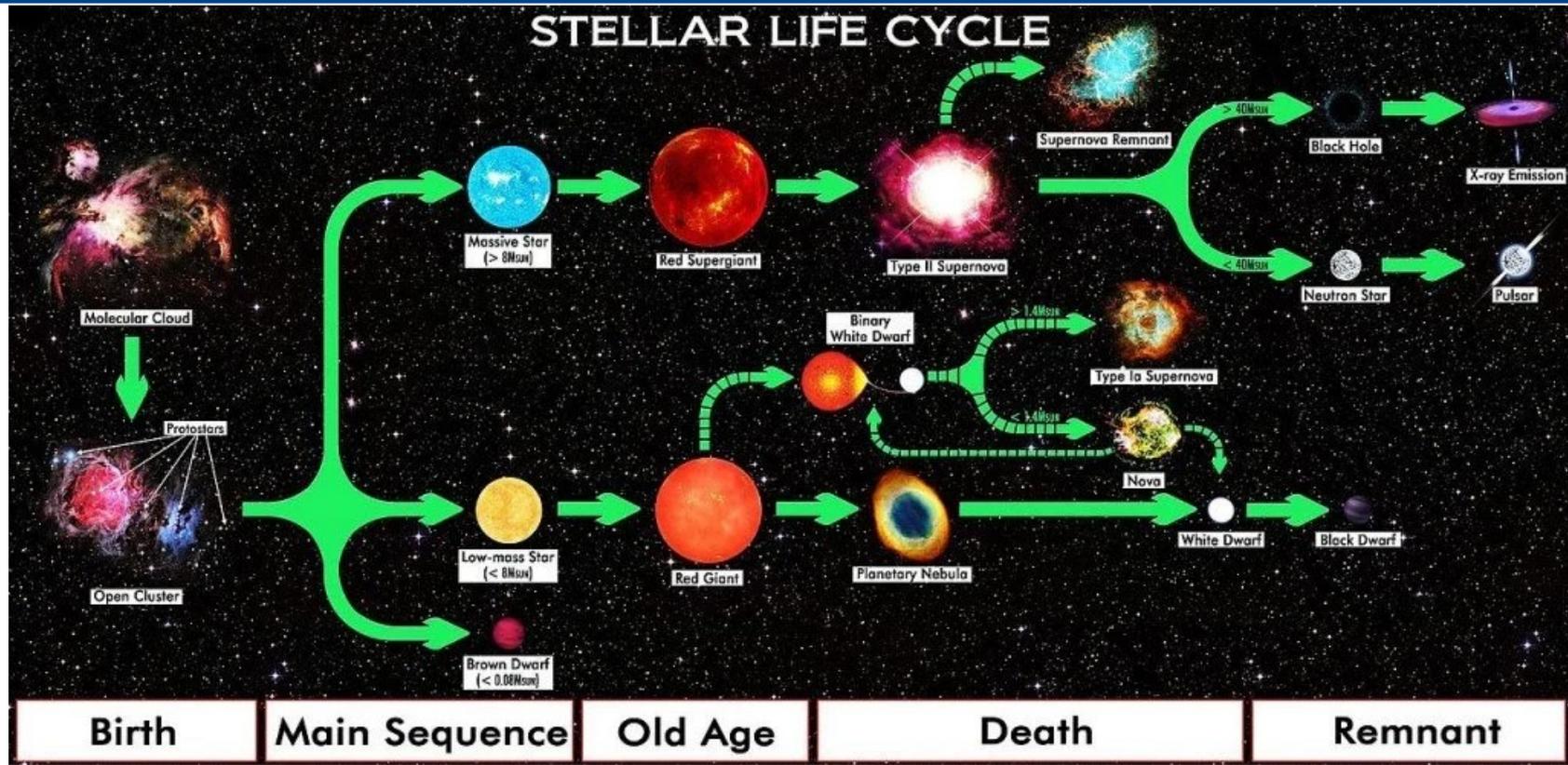
International Dark Matter 2022

Technical University of Vienna

Joshua Ziegler

18 July 2022

# Stellar Evolution



R.N. Bailey/Wikimedia Commons

- Balance between energy/pressure and gravitational force
- Two types of evolution:
  - Stable equilibrium: fusion balances gravity
  - Contraction: temperature and density increase due to gravitational forces increases energy production rate
- Collapse occurs when balance breaks down, when contraction of star decreases energy production in the star

# 1D Stellar Evolution

- Assume spherical symmetry, no magnetic fields, no rotation
- MESA: Modules for Experiments in Stellar Astrophysics
  - Choice of input masses, chemical compositions, nuclear networks, thermal properties, etc.
  - Produces time series of stellar structure

$$\frac{\partial r}{\partial M} = \frac{1}{4\pi r^2 \rho}$$

$$\frac{\partial P}{\partial M} = -\frac{GM}{4\pi r^2} - \frac{\partial^2 r}{\partial t^2} \frac{1}{4\pi r^2}$$

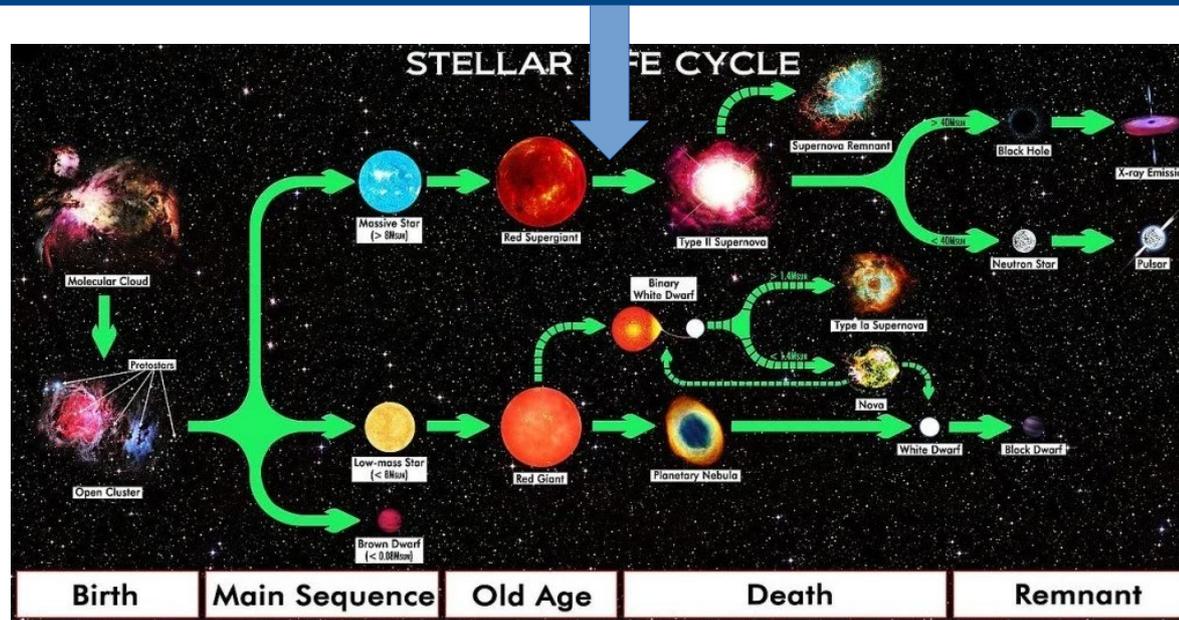
$$\frac{\partial L}{\partial M} = \epsilon - C_P \frac{\partial T}{\partial t} + \frac{\delta}{\rho} \frac{\partial P}{\partial t}$$

$$\frac{\partial T}{\partial M} = -\frac{GMT}{4\pi r^4 P} \nabla$$

$\epsilon$  Specific energy production rate  
(erg g<sup>-1</sup> s<sup>-1</sup>)

$\nabla$  Function related to energy  
transport and opacity within star

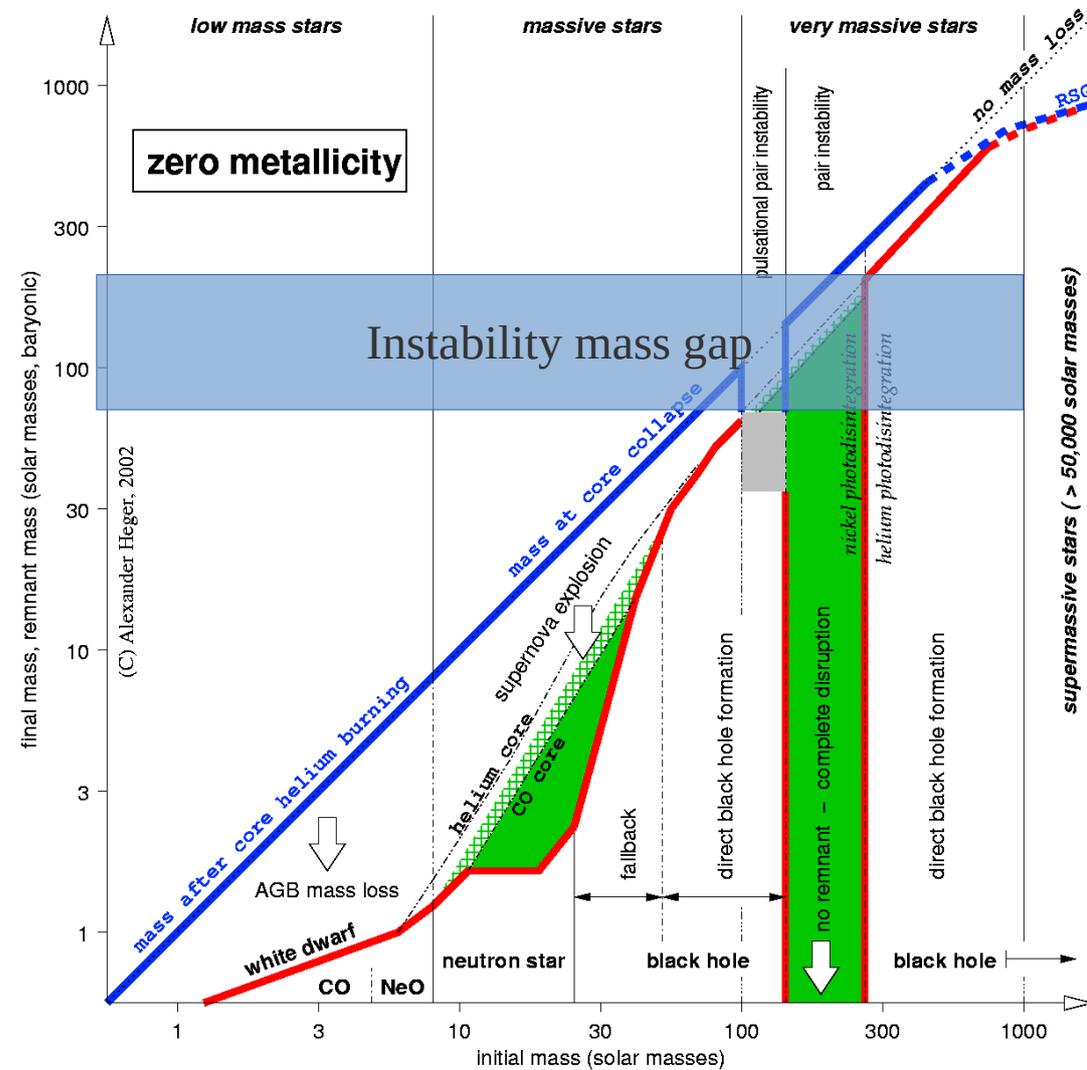
# Pair Instability



- Massive stars ( $\sim 140 - 240 M_{\odot}$ ) reach temperatures and densities such that electron-positron pairs are produced late in their life
- $\gamma\gamma \rightarrow e^{-}e^{+}$
- Leads to a pair instability collapse
- Collapse triggers fusion of oxygen, which leads to violent bounce
- Depending on how much energy is released by oxygen fusion, can lead to pair instability supernova that completely destabilizes star

# Black Hole Mass Gap

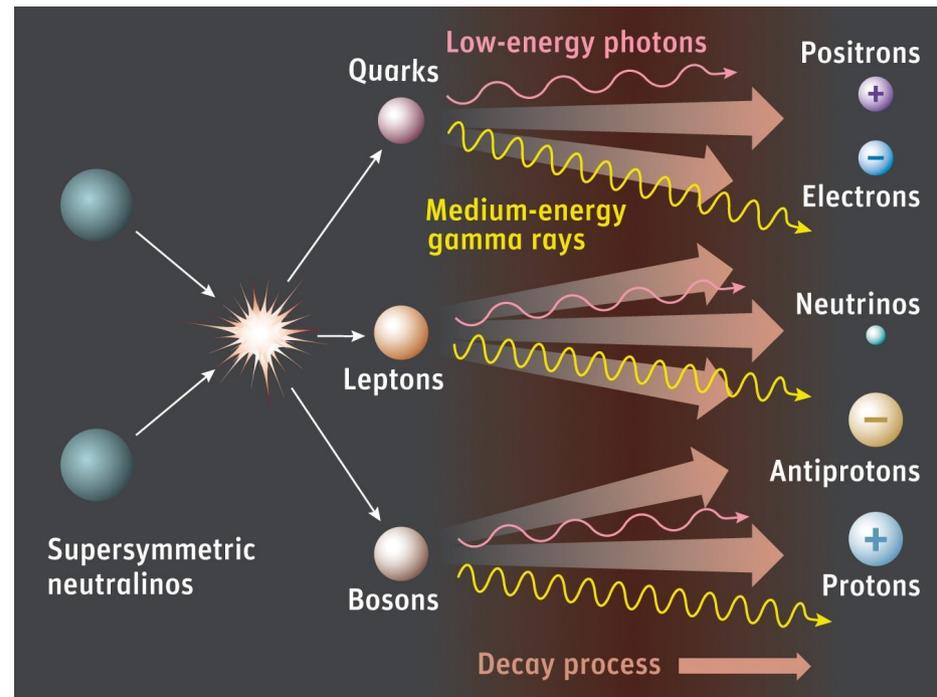
- Due to pair instability, black holes cannot form with (initial) masses between  $\sim 50$  and  $140 M_{\odot}$
- Black holes can exist in the mass gap (e.g. GW190521):
  - Multiple mergers
  - Uncertainties
  - New physics
- Population statistics of black holes may offer test of these explanations



The evolution and explosion of massive stars. S.E. Woosley, A. Heger, T.A. Weaver, *Mod. Rev. Phys.* **74**, 1015 (2002).

# Dark Matter Model

- Only requirement is that dark matter annihilates to standard model
- Regardless of exact decay chain, products will eventually be some combination of charged particles, photons, and neutrinos.
- Neutrinos escape, but electrons and photons quickly thermalize with gas, causing temperature to rise
- Very efficient source of energy within a star

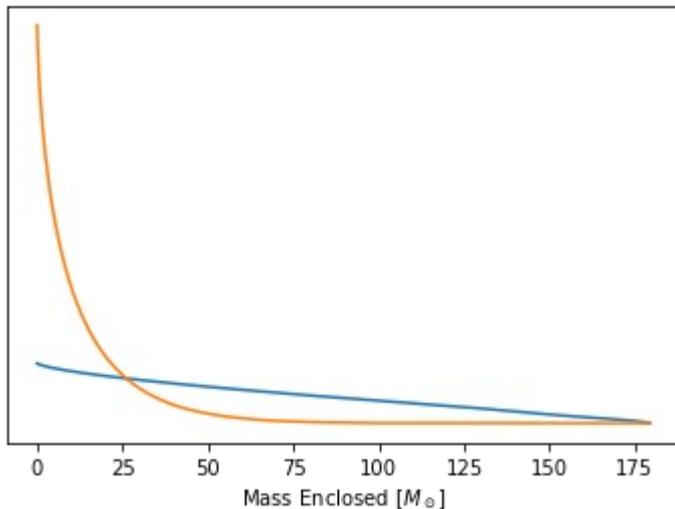


Sky and Telescope, Gregg Dinderman

<https://www.universetoday.com/116293/marco-view-makes-dark-matter-look-even-stranger/>

# Stellar Evolution with Extra Energy

- Approximate the energy produced through dark matter as a constant energy production rate density
- Compared to nuclear energy, which is strongly centrally peaked, treating energy from dark matter as a constant is reasonable



$$\frac{\partial r}{\partial M} = \frac{1}{4\pi r^2 \rho}$$

$$\frac{\partial P}{\partial M} = -\frac{GM}{4\pi r^2} - \frac{\partial^2 r}{\partial t^2} \frac{1}{4\pi r^2}$$

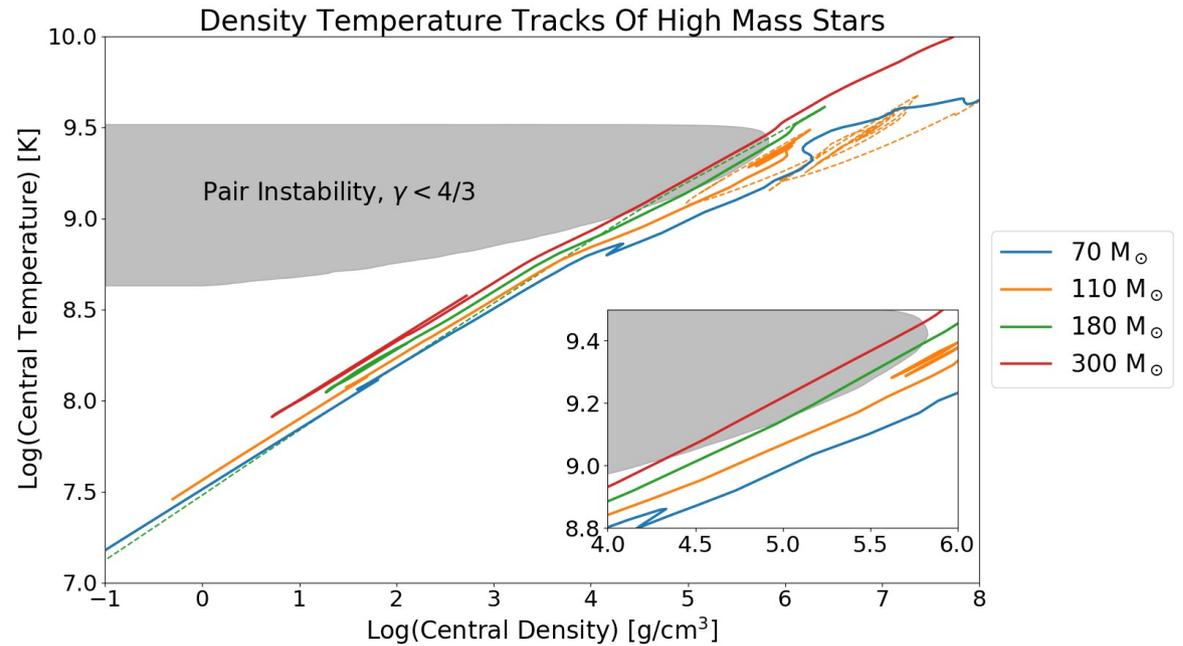
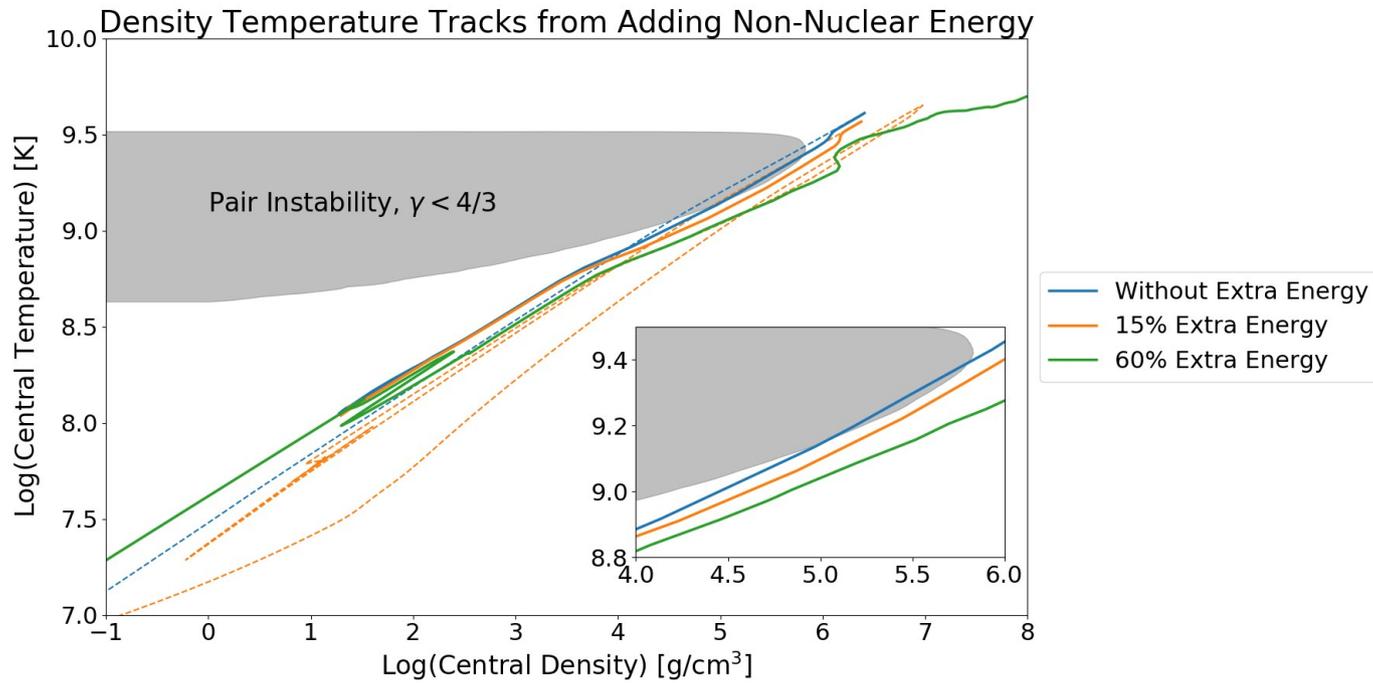
$$\frac{\partial L}{\partial M} = \epsilon - C_P \frac{\partial T}{\partial t} + \frac{\delta}{\rho} \frac{\partial P}{\partial t} + \boxed{\epsilon_{non-nuc}}$$

$$\frac{\partial T}{\partial M} = -\frac{GMT}{4\pi r^4 P} \nabla$$

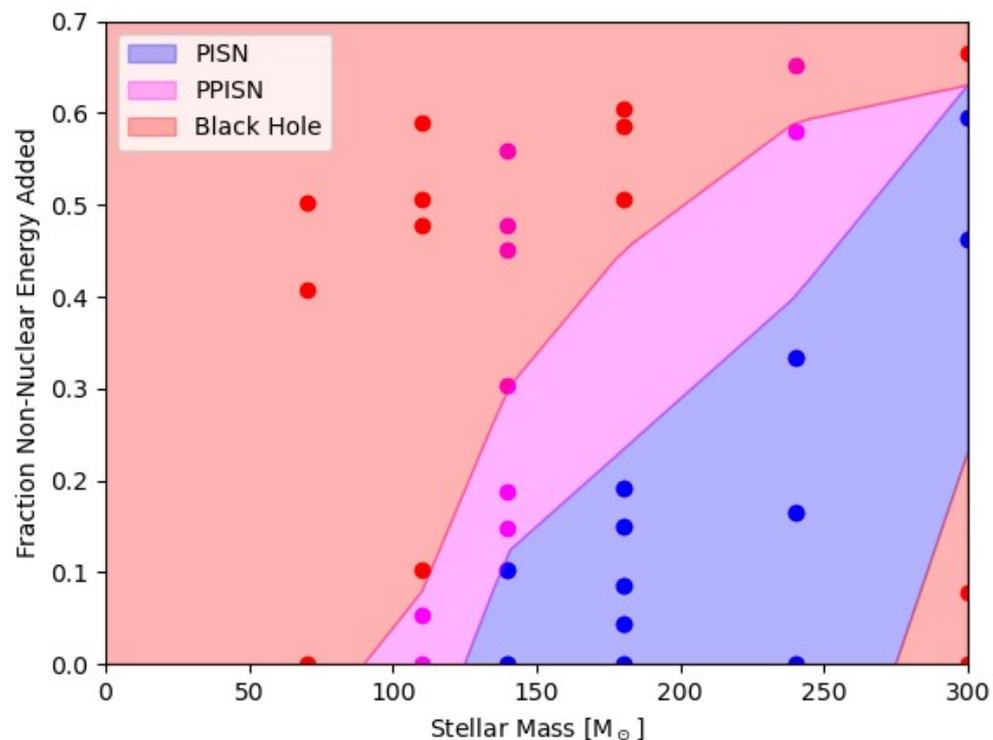
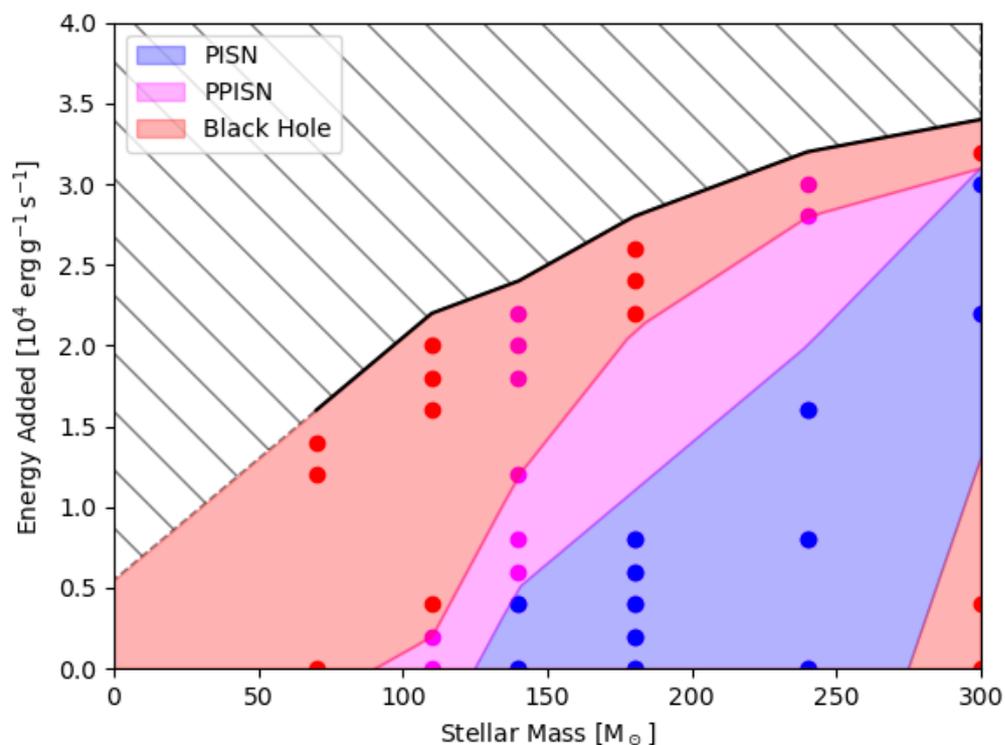
Assuming WIMP dark matter and adiabatic contraction

$$\epsilon_\chi \sim \rho^{0.62}$$

# Avoiding Pair Instability



# How unique is this result?



Points colored according to only final state properties (e.g. final simulated mass)

Region boundaries reflect categorization based on features throughout evolution

Energy injected throughout star allows convection between core and envelope more easily, which can interact with pair instability effects in complex ways

preliminary

# Dark Matter as energy source

- $180 M_{\odot}$  star 60% extra energy: approximately  $10^{53}$  erg produced over the lifetime of the star
- On average:  $5 \times 10^{42}$  GeV s<sup>-1</sup> or  $\sim 1$  GeV cm<sup>-3</sup> s<sup>-1</sup>
- Possible environments with high enough dark matter density:
  - Centers of early proto-galaxies
  - Dark matter spikes around supermassive black holes

# Conclusion

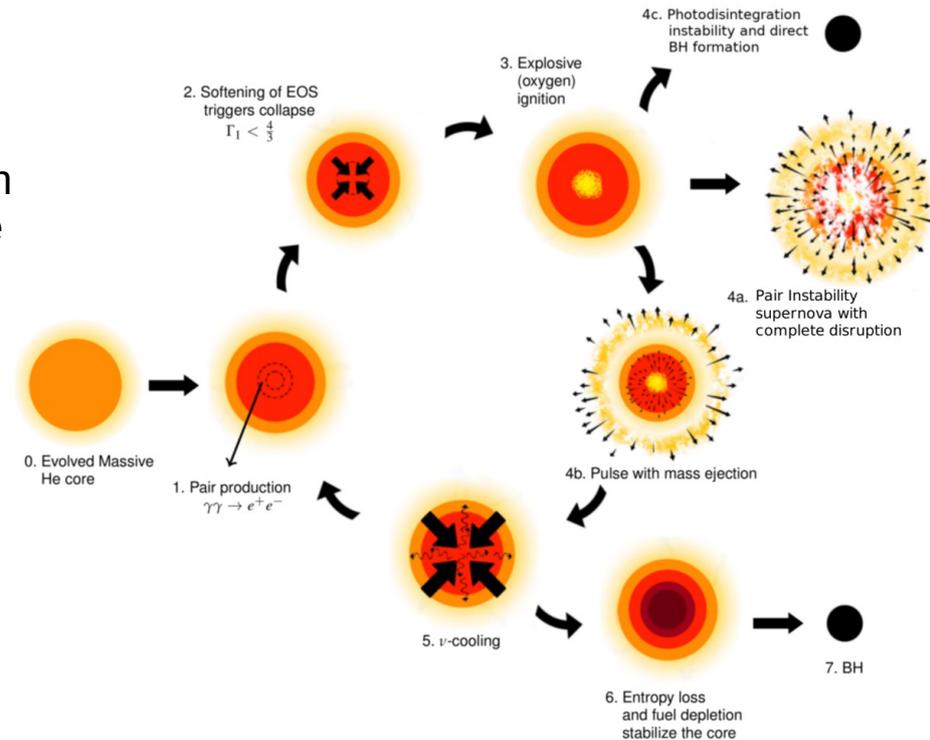
- Adding a non-nuclear energy source to a star can provide a means to circumvent pair instability and avoid a pair instability supernova
- It seems that this behavior appears at all stellar masses: there always exists an amount of energy such that pair instability can be avoided.
- Potential opportunities to detect include black hole population statistics, from gravitational wave observatories
- While rare, not impossible

# References

- J. Ziegler and K. Freese, Phys. Rev. D **104**, 043015 (2021).  
<https://journals.aps.org/prd/abstract/10.1103/PhysRevD.104.043015>
- R. Abbott et al. (LIGO Scientific Collaboration and Virgo Collaboration), Phys. Rev. Lett. **125**, 101102 (2020)  
<https://journals.aps.org/prl/abstract/10.1103/PhysRevLett.125.101102>
- S. E. Woosley, A. Heger, and T. A. Weaver, Rev. Mod. Phys. **74**, 1015 (2002).  
<https://journals.aps.org/rmp/abstract/10.1103/RevModPhys.74.1015>

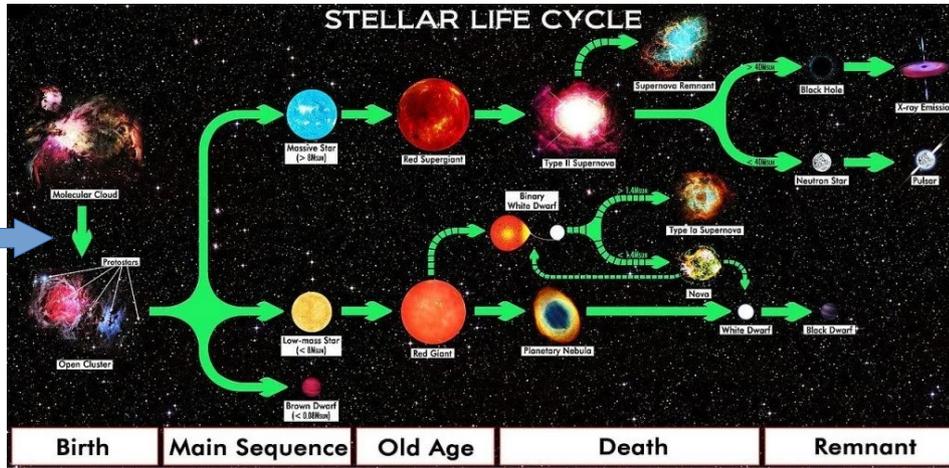
# 2.2 Pair Instability

- PISN: Pair instability supernova
  - Oxygen burning produces more energy than gravitational binding energy
  - Leads to complete destruction of the star, with no remnant
- PPISN: Pulsational pair instability supernova
  - Initial oxygen burning episode does not provide enough energy to completely destroy the star, but does provide enough to significantly reduce the mass of the star
  - Star expands, cools, and then contracts again, leading to another pair instability episode and subsequent explosion. Can happen multiple times
  - Each pulse reduces mass of star until some small portion of the star survives, leads to black hole
- Core-collapse supernova
  - No pair instability
  - Star continues fusing heavier and heavier elements until it reaches iron and cannot produce energy from fusion
  - Loss of radiation in the core leads to less pressure, and star undergoes runaway collapse



Predictions for the hydrogen-free ejecta of pulsational pair-instability supernovae. M. Renzo, R. Farmer, S. Justham, Y. Gotberg, S.E. de Mink, E. Zapartas, P. Marchant, and N. Smith, *Astron. Astrophys.* **640**, A56 (2020).

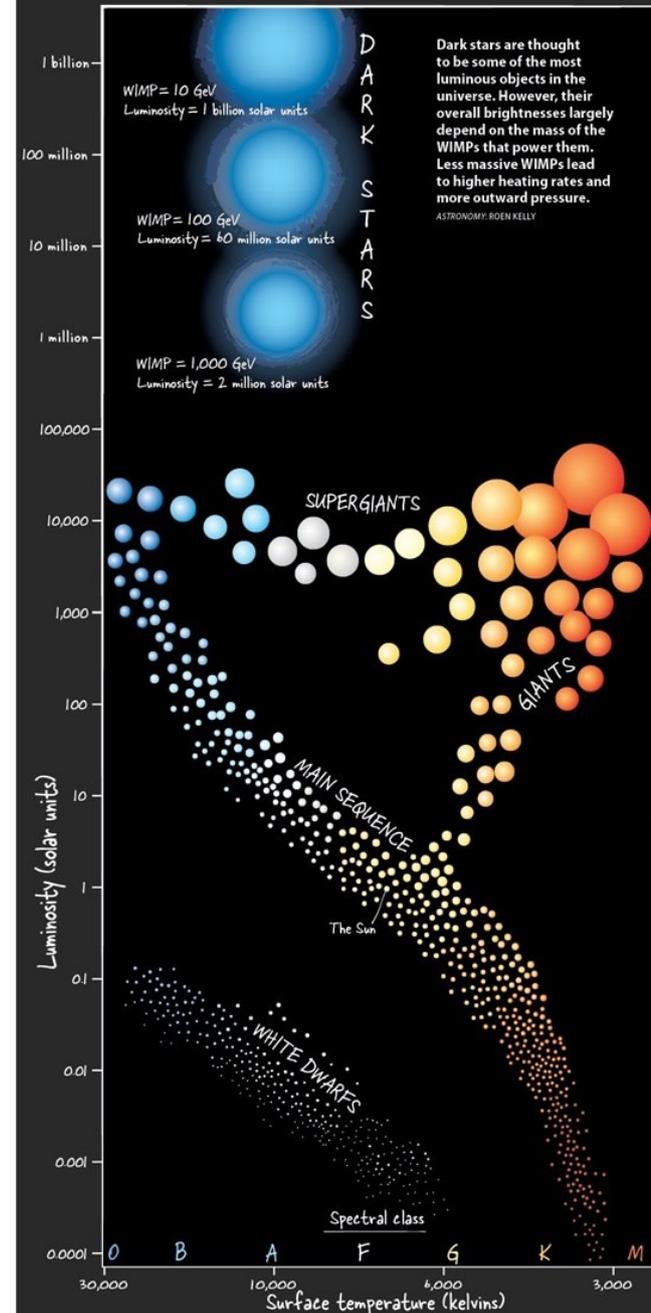
# 3.2 Dark Stars



- Stellar objects that form as gas and dust contract to form a star, but before fusion can begin.
- Low temperature, low density, but very large
- Little ionizing radiation → stars do not stop growing, can reach masses of  $10^5 M_{\odot}$
- Eventually dark matter content reduced, star contracts, stellar evolution can occur

Astronomy, Roen Kelly  
<https://www.discovermagazine.com/the-sciences/the-early-universe-may-have-been-filled-with-dark-matter-stars>

## Dark stars burn brightly



# 4.1 Structural Changes

- Extra energy in the star → less energy required from nuclear reactions
- Effectively reducing size of core, relative to overall mass of star

