Chiral gravitational waves in axion inflation with derivative couplings Juan P. Beltrán Almeida Departamento de Física Facultad de Ciencias





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#### some motivations

- 1. Anisotropic and parity breaking inflationary signatures.
- 2. "UV complete" model. Stable under radiative corrections.
- 3. Testing non minimal couplings with gravity during inflation.
- 4. Chiral Gravitational Waves (GW).
- 5. Perturbations as a Source of Primordial Black Holes (PBH).

A general shift invariant Lagrangian involving scalar, vectors and gravity

$$S = \int d^4 x \sqrt{-g} \left[ \frac{M_{\rm P}^2}{2} R - \frac{1}{2} \nabla_{\alpha} \phi \nabla^{\alpha} \phi - \frac{1}{4} F^{\mu\nu} F_{\mu\nu} \right]$$



A general shift invariant Lagrangian involving scalar, vectors and gravity

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$$+ \int d^{4}x \sqrt{-g} \left[ \frac{\alpha_{1}\phi}{4f}\tilde{F}^{\mu\nu}F_{\mu\nu} + \frac{\alpha_{2}\phi}{16}R_{GB} + \frac{\alpha_{3}\phi}{16}\tilde{R}R \right],$$

$$A \text{ mass parameter shift symmetry}$$

$$Topologic \text{ terms} \qquad \phi \to \phi + c$$

Broken shift symmetry. A potential is generated  $\mathcal{L} = \partial_{\mu} \Phi \partial^{\mu} \Phi^* - \beta (\Phi \Phi^* - b^2)^2$  $\Phi = (b + \delta \Phi)e^{i\phi/f} \longrightarrow \phi \to \phi + c$ The symmetry is broken by global effects  $\delta \mathscr{L} \propto e^{-S}(\Phi + \Phi^*)$  $V(\phi) \propto \cos(\phi/f)$ >  $V(\phi) = \Lambda^4(1 + \cos(\phi/f)) \longrightarrow \text{Natural inflation}$ 

A general shift invariant Lagrangian involving scalar, vectors and gravity

$$S = \int d^4x \sqrt{-g} \left[ \frac{M_{\rm P}^2}{2} R - \frac{1}{2} \left( g^{\mu\nu} - \frac{G^{\mu\nu}}{M^2} \right) \nabla_{\mu} \phi \nabla_{\nu} \phi + V(\phi) \right]$$

 $-\frac{1}{4} \int d^4x \sqrt{-g} \left[ F^{\mu\nu}F_{\mu\nu} + \frac{\alpha\phi}{f} \tilde{F}^{\mu\nu}F_{\mu\nu} \right]^{\text{C. Germani & A. Kehagias}}, \text{ PRL 106 (2011) 161302}$ 

M. Anber & L. Sorbo PRD 81 (2010) 043534

 $G^{\mu\nu} = R^{\mu\nu} - \frac{1}{2}g^{\mu\nu}R, \quad \nabla_{\mu}G^{\mu\nu} = 0.$   $\implies$  2nd order EOM

A general shift invariant Lagrangian involving scalar, vectors and gravity

$$\begin{split} S &= \int d^{4}x \sqrt{-g} \left[ \frac{M_{\rm P}^{2}}{2} R - \frac{1}{2} \left( g^{\mu\nu} \right) \nabla_{\mu} \phi \nabla_{\nu} \phi + \frac{1}{2} \chi \phi^{2} R \right] \\ &- \frac{1}{4} \int d^{4}x \sqrt{-g} \left[ F^{\mu\nu} F_{\mu\nu} + \frac{\alpha \phi}{f} \tilde{F}^{\mu\nu} F_{\mu\nu} \right], \quad \begin{array}{c} \text{JPB $\pounds$ N. Bernal} \\ \text{PRD 98 (2018) 083519} \end{array}$$

Motivation: Higgs Inflation like model. Slow roll due to non minimal coupling.

A general shift invariant Lagrangian involving scalar, vectors and gravity

$$S = \int d^4x \sqrt{-g} \left[ \frac{M_{\rm P}^2}{2} R - \frac{1}{2} \left( g^{\mu\nu} - \frac{G^{\mu\nu}}{M^2} \right) \nabla_{\mu} \phi \nabla_{\nu} \phi + V(\phi) \right]$$

 $-\frac{1}{4} \int d^4x \sqrt{-g} \left[ F^{\mu\nu}F_{\mu\nu} + \frac{\alpha\phi}{f} \tilde{F}^{\mu\nu}F_{\mu\nu} \right]^{\text{C. Germani & A. Kehagias}}, \text{ PRL 106 (2011) 161302}$ 

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#### Equations of motion

$$G_{\mu\nu} = \frac{1}{M_p^2} \left( T^{\phi}_{\mu\nu} + T^A_{\mu\nu} - \frac{1}{M^2} \Theta_{\mu\nu} \right) \quad \longrightarrow \quad \text{Gravity}$$

$$\left(g^{\mu\nu} - \frac{1}{M^2}G^{\mu\nu}\right)\nabla_{\mu}\nabla_{\nu}\phi - V_{\phi} - \frac{\alpha}{4f}F^{\mu\nu}\tilde{F}_{\mu\nu} = 0 \quad \longrightarrow \quad \text{Scalar}$$

$$\nabla_{\mu} \left( F^{\mu\nu} + \frac{\alpha}{f} \phi \, \tilde{F}^{\mu\nu} \right) = 0 \qquad \longrightarrow \qquad \text{Vector}$$

#### Energy momentum tensor

$$T^{\phi}_{\mu\nu} = \partial_{\mu}\phi\partial_{\nu}\phi - g_{\mu\nu}\left(\frac{1}{2}g^{\alpha\beta}\partial_{\alpha}\phi\partial_{\beta}\phi + V\right) \longrightarrow \text{Scalar}$$

$$T^{A}_{\mu\nu} = F_{\mu\alpha}F^{\alpha}_{\nu} - g_{\mu\nu}\frac{1}{4}F^{2} \qquad \longrightarrow \qquad \text{Vector}$$

Gravity

 $\Theta_{\mu\nu} = -\frac{R}{2} \nabla_{\mu} \phi \nabla_{\nu} \phi + 2 \nabla_{(\mu} \phi R_{\nu)}{}^{\alpha} \nabla_{\alpha} \phi - \frac{1}{2} (\nabla \phi)^{2} G_{\mu\nu} + \nabla^{\alpha} \phi \nabla^{\beta} \phi R_{\mu\alpha\nu\beta} + \nabla_{\mu} \nabla^{\alpha} \phi \nabla_{\nu} \nabla_{\alpha} \phi$  $- \nabla_{\mu} \nabla_{\nu} \phi \Box \phi + \frac{1}{2} g_{\mu\nu} \left( (\Box \phi)^{2} - \nabla^{\alpha} \nabla^{\beta} \phi \nabla_{\alpha} \nabla_{\beta} \phi - 2 \nabla_{\alpha} \phi \nabla_{\beta} \phi R^{\alpha\beta} \right)$ 

#### EOM in FLRW

$$H^{2} = \frac{1}{3M_{P}^{2}} \left( \frac{1}{2} \dot{\phi}^{2} \left( 1 + 9\frac{H^{2}}{M^{2}} \right) + V(\phi) + \frac{1}{2} (\vec{E}^{2} + \vec{B}^{2}) \right) \longrightarrow \text{Gravity}$$
  
$$\dot{H} = -\frac{1}{2M_{P}^{2}} \dot{\phi}^{2} \left( 1 - \frac{\dot{H}}{M^{2}} + 3\frac{H^{2}}{M^{2}} - 2\frac{H\ddot{\phi}}{M^{2}\dot{\phi}} \right) - \frac{1}{3M_{P}^{2}} (\vec{E}^{2} + \vec{B}^{2})$$
  
$$\ddot{\phi} \left( 1 + \frac{3H^{2}}{M^{2}} \right) + 3H\dot{\phi} \left( 1 + \frac{2\dot{H}}{M^{2}} + \frac{3H^{2}}{M^{2}} \right) = -V_{,\phi} + \frac{\alpha}{f} \langle \vec{E} \cdot \vec{B} \rangle \xrightarrow{\text{Scalar}}$$

 $A_{\pm}'' + \left(k^2 \pm \frac{2\,k\,\xi}{\tau}\right) A_{\pm} = 0 \quad \text{with} \quad \xi \equiv \frac{\alpha\,\dot{\phi_0}}{2fH} = \frac{\alpha\,\phi_0'}{2afH}$ 

Vector

#### Solutions for the vector modes

The helicity model + is enhanced. Parity breaking feature.

$$A_{+} \approx \frac{1}{\sqrt{2k}} \left( \frac{k}{2\xi a H} \right)^{1/4} e^{\pi \xi - 2\sqrt{2\xi k/(aH)}}, \quad |k\tau| \ll 2\xi$$

$$\langle \vec{E} \cdot \vec{B} \rangle \approx -\mathcal{I}_1 \frac{H^4}{\xi^4} e^{2\pi\xi}, \quad \frac{1}{2} \langle \vec{E}^2 + \vec{B}^2 \rangle \approx \mathcal{I}_2 \frac{H^4}{\xi^3} e^{2\pi\xi},$$

 $\mathcal{I}_1 \approx 2.6 \times 10^{-4} \qquad \mathcal{I}_2 \approx 1.4 \times 10^{-4}$ 

#### Perturbations equations

Friction terms combine. They affect the evolution of the scalar field and its perturbations.

$$\delta\phi'' - \frac{2}{\tau} \left( 1 - \frac{\pi \alpha V_{\phi}}{2KfH^2} \right) \delta\phi' + \frac{a^2 V_{\phi\phi}}{K} \delta\phi = \frac{a^2 \alpha}{Kf} \delta_{\overrightarrow{E} \cdot \overrightarrow{B}} \,. \qquad K = 1 + 3\frac{H^2}{M^2} \\ H \gg M$$

$$\delta\phi(\tau,\vec{k}) = \frac{\alpha}{Kf} \int_{-\infty}^{\tau} d\tau_1 a^2(\tau_1) G(\tau,\tau_1) \int d^3x \, e^{-i\vec{k}\cdot\vec{x}} \,\delta_{\vec{E}\cdot\vec{B}}(\tau_1,\vec{x}) \,.$$
$$\nu_{\pm} \equiv \frac{1}{2} \left( 3 - \frac{\pi\alpha V_{\phi}}{fH^2K} \pm \Delta \right)$$

 $\equiv 3 \sqrt{\left(1 - \frac{\pi \alpha V_{\phi}}{3fH^2K}\right)^2 - \frac{4V_{\phi\phi}}{9H^2K}}$ 

$$G(\tau,\tau') = \frac{\tau'}{\Delta} \left[ \left( \frac{\tau}{\tau'} \right)^{\nu_+} - \left( \frac{\tau}{\tau'} \right)^{\nu_-} \right] \Theta(\tau - \tau'), \quad \text{with}$$

#### Perturbations equations

Friction terms combine. They affect the evolution of the scalar field and its perturbations.

Mukhanov-Sasaki equation for the perturbations

$$S_{\delta\phi}^{(2)} = \int d^3x \, d\tau \, \frac{1}{2} \left[ u'^2 - c_s^2 \, (\nabla u)^2 + \left( \frac{z''}{z} - m^2 a^2 \right) u^2 \right] + \int d^3x \, d\tau \, a^4 \, \frac{\alpha}{f} \, \frac{u}{z} \, \delta[\vec{E}_a \cdot \vec{B}_a]$$
with
$$u \equiv z \, \delta\phi , \qquad z \equiv a \, F \, \sqrt{\frac{2G}{\epsilon_K}} ,$$

$$\psi$$

$$u'' + \left( c_s^2 \, k^2 + m^2 a^2 - \frac{z''}{z} \right) u = \frac{\alpha}{f} \, \frac{a^4}{z} \, \delta[\vec{E}_a \cdot \vec{B}_a] ,$$

$$u^{(\mathrm{s})''} + \frac{\sigma}{\tau} u^{(\mathrm{s})'} - \frac{1}{\tau^2} \left( \nu^2 - \frac{1}{4} - \sigma \right) u^{(\mathrm{s})} \approx \frac{\alpha}{f} \frac{a^4}{z} \delta_{\overrightarrow{E}_a \cdot \overrightarrow{B}_a}$$

This is the equation that we solve.

#### Perturbations equations

Friction terms combine. They affect the evolution of the scalar field and its perturbations.

Spectrum of the scalar perturbations

$$P_{\zeta}(k) \simeq \bar{P}_{\zeta} \left( -\frac{c_s k}{2aH} \right)^{\gamma_p - 1} \quad \text{Vacuum} \quad \text{Sourced}$$

$$Amplitude \quad \bar{P}_{\zeta} \simeq \frac{H^4}{4\pi^2 K \dot{\phi}_0^2} \left( \frac{\epsilon_K}{2\,G\,F^2\,c_s^3} \right) \left[ 1 + \frac{4\,G\,F^2\,c_s^3\mathcal{F}}{\mathcal{N}\epsilon_K} \left( \frac{\alpha\,\mathcal{N}\,H}{\Delta\,Kf} \right)^2 \frac{e^{4\pi\xi}}{\xi^8} \left( \frac{2^6\xi}{c_s} \right)^{\gamma_p - 1} \right].$$

spectral index  

$$\gamma_p - 1 = 3 - \sigma \pm \Delta, \quad \sigma \equiv \frac{\pi \alpha V_{\phi}}{Kf H^2}, \quad \Delta^2 \equiv (1 - \sigma)^2 + 4\left(\nu^2 - \frac{1}{4} - \sigma\right)$$

Spectrum of the scalar perturbations



Vacuum

Sourced

#### Tensor perturbations

ds

Chiral sourced gravitational waves.

$$a^{2} = a^{2}(\tau) \Big[ -d\tau^{2} + (\delta_{ij} + h_{ij}) dx_{i} dx_{j} \Big],$$
 Watanabe  
JCAP 1107 (2011) o

$$S_{h^2} = \frac{M_p^2}{8} \int d^3x d\tau \, a^2 \left[ \left( 1 - \frac{{\phi'}^2}{2a^2 M^2 M_p^2} \right) h_{ij}'^2 - \left( 1 + \frac{{\phi'}^2}{2a^2 M^2 M_p^2} \right) (\nabla h_{ij})^2 \right]$$

$$h_{ij}'' + \left(2\frac{a'}{a} + \frac{\beta(\tau)'}{\beta(\tau)}\right)h_{ij}' + k^2c_t(\tau)^2h_{ij} = \frac{2}{\beta(\tau)M_P^2}T_{ij}^{EM},$$

$$\beta(\tau) \equiv \left(1 - \frac{\phi'^2}{2a^2M^2M_p^2}\right) < 1 \quad \text{and} \quad c_t(\tau)^2 \equiv \frac{1 + \frac{\phi'^2}{2a^2M^2M_p^2}}{1 - \frac{\phi'^2}{2a^2M^2M_p^2}} > 1.$$

#### Tensor perturbations

Chiral sourced gravitational waves.

$$h_{\lambda}^{\prime\prime} - 2\left(\frac{1}{\tau} - \frac{\beta^{\prime}(\tau)}{2\beta(\tau)}\right)h_{\lambda}^{\prime} + k^{2}c_{t}(\tau)^{2}h_{\lambda} = \frac{2}{\beta(\tau)M_{P}^{2}}\Pi_{\lambda}^{lm}T_{lm}^{EM}$$

$$\beta(\tau) \equiv \left(1 - \frac{2\xi^2}{3\alpha^2} \frac{f^2}{M_p^2} K\right) < 1 \quad \text{and} \quad c_t(\tau)^2 \equiv \frac{1 + \frac{2\xi^2}{3\alpha^2} \frac{f^2}{M_p^2} K}{1 - \frac{2\xi^2}{3\alpha^2} \frac{f^2}{M_p^2} K} > 1$$

<u>Spectrum of tensor perturbations</u> Chiral sourced gravitational waves.

$$\mathcal{P}_{h} = \frac{k^{3}}{2\pi^{2}} \sum_{\lambda} |h_{\lambda}|^{2} \approx \frac{H^{2}}{c_{t}} \pi^{2} M_{p}^{2} \left( 1 + \frac{\dot{\phi}^{2}}{2M_{p}^{2}M^{2}} \right) \longrightarrow \text{Vacuum}$$

$$\mathcal{P}^{(s)\pm} = \mathcal{A}^{\pm} \frac{H^{2}}{\beta^{2}M_{p}^{2}} \frac{e^{4\pi\xi}}{\xi^{6}} \longrightarrow \text{Source}$$

$$\mathcal{A}_{+} \approx 8.6 \times 10^{-7} \quad \& \quad \mathcal{A}_{-} \approx 1.8 \times 10^{-9}$$

$$\mathcal{P}^{t\pm} = \frac{H^{2}}{c_{t}\pi^{2}M_{p}^{2} \left( 1 + \frac{\dot{\phi}^{2}}{2M_{p}^{2}M^{2}} \right)} \left( 1 + \left( 4 \pm \frac{H^{2}}{\beta^{2}M_{p}^{2}} \frac{e^{4\pi\xi}}{\xi^{6}} \right) \right)$$
Enhancement of Chiral GW

Spectrum of tensor perturbations

Chiral sourced gravitational waves.

$$\mathcal{P}^{t\pm} = \frac{H^2}{c_t \pi^2 M_P^2 \left(1 + \frac{\dot{\phi}^2}{2M_p^2 M^2}\right)} \left(1 + \mathscr{A}^{\pm} \frac{H^2}{\beta^2 M_P^2} \frac{e^{4\pi\xi}}{\xi^6}\right)$$

$$r \equiv \frac{\sum_{\lambda} P_{t,\lambda}}{P_{\zeta}}, \quad \Delta \chi \equiv \frac{P_{t,+} - P_{t,-}}{P_{t,+} + P_{t,-}}.$$

Late time (end of inflation) behavior

$$P_{t,\lambda} \simeq \frac{4\mathscr{A}_{\lambda}\mathscr{N}}{9\pi^{2}\beta^{2}} \left(\frac{\Lambda}{M_{P}}\right)^{8} \frac{e^{4\pi\xi}}{\xi^{6}} \simeq \frac{9\mathscr{A}_{\lambda}}{\pi^{2}\mathscr{N}I_{3}^{2}\alpha^{2}\beta^{2}} \xi^{2}, \quad r \simeq 2.9 \times 10^{2} \frac{\xi^{4}}{\alpha^{2}}, \quad \Delta \chi \simeq \frac{\delta \chi}{1+\delta \chi}$$
$$\delta \chi \equiv \frac{\mathscr{N}\mathscr{A}_{+}}{3} \left(\frac{\Lambda}{M_{P}}\right)^{4} \frac{e^{4\pi\xi}}{\xi^{6}} \simeq \frac{27\mathscr{A}_{+}M_{P}^{4}\xi^{2}}{2I_{3}^{2}\mathscr{N}\alpha^{2}\beta^{2}}, \quad \longrightarrow \text{`Very'' chiral!}$$

spectrum of tensor perturbations

Chiral sourced gravitational waves.

 $\Omega_{\rm GW} \equiv \frac{1}{\rho_c} \frac{\partial \rho_{\rm GW,0}}{\partial \log k} = \frac{\Omega_{\rm R,0}}{24} \sum_{\lambda} P_{t,\lambda},$ 



#### Measurable parameter. Tensor to scalar ratio.

$$r = \frac{\mathcal{P}^{t+} + \mathcal{P}^{t-}}{\mathcal{P}_{\zeta}} = \frac{H^2}{c_t \pi^2 M_P^2 \left(1 + \frac{\dot{\phi}^2}{2M_P^2 M^2}\right)} \frac{2 + (\mathcal{A}^+ + \mathcal{A}^-) \frac{H^2}{\beta^2 M_P^2} \frac{e^{4\pi\xi}}{\xi^6}}{\mathcal{P}_{\zeta}}$$

Statistics of the sourced GW. Non gaussianities.

$$\langle B^+B^+B^+\rangle$$
 at  $3\sigma$  with LiteBIRD

#### observations

#### Lite BIRD: Light satellite for the studies of B-mode polarization and Inflation from cosmic background Radiation Detection (2020).





#### observations

Lite BIRD: Light satellite for the studies of B-mode polarization and Inflation from cosmic background Radiation Detection.

#### Science

LiteBIRD is a satellite that will search for primordial gravitational waves emitted during the cosmic inflation era (around 10<sup>-38</sup> sec after the beginning of the Universe). It goal is to test representative inflationary models (single-field slow-role models with large field variation) by performing an all-sky CMB polarization survey.

Primordial gravitational waves are expected to be imprinted in the CMB polarization map as special patterns, called the "B-mode". If we succeed to detect them, it will provide entirely new and profound knowledge on how our Universe began.

From the viewpoint of high-energy physics or elementary particle physics, the observation of the CMB B-mode is very important because it will allow us to search for physics in ultra high-energy scales, which are not accessible with man-made accelerators. Measurements of CMB polarization will open a new era of testing theoretical predictions of quantum gravity, including those by the superstring theory.

#### Conclusions and Remarks

- Gravitational waves can be a good quantity to "detect" parity breaking signatures in the early universe.
   Topologic terms like F~F acquire non trivial dynamics when coupled to a scalar field.
   Kinetic couplings are useful to reduce the velocity of
  - the inflaton. At the same time, they suppress the amplitude of the scalar perturbations.
- 4. Kinetic couplings with the Einstein term maintain 2nd order derivatives in the EOM.