

# Searches for Ultra-Low-Mass Dark Matter

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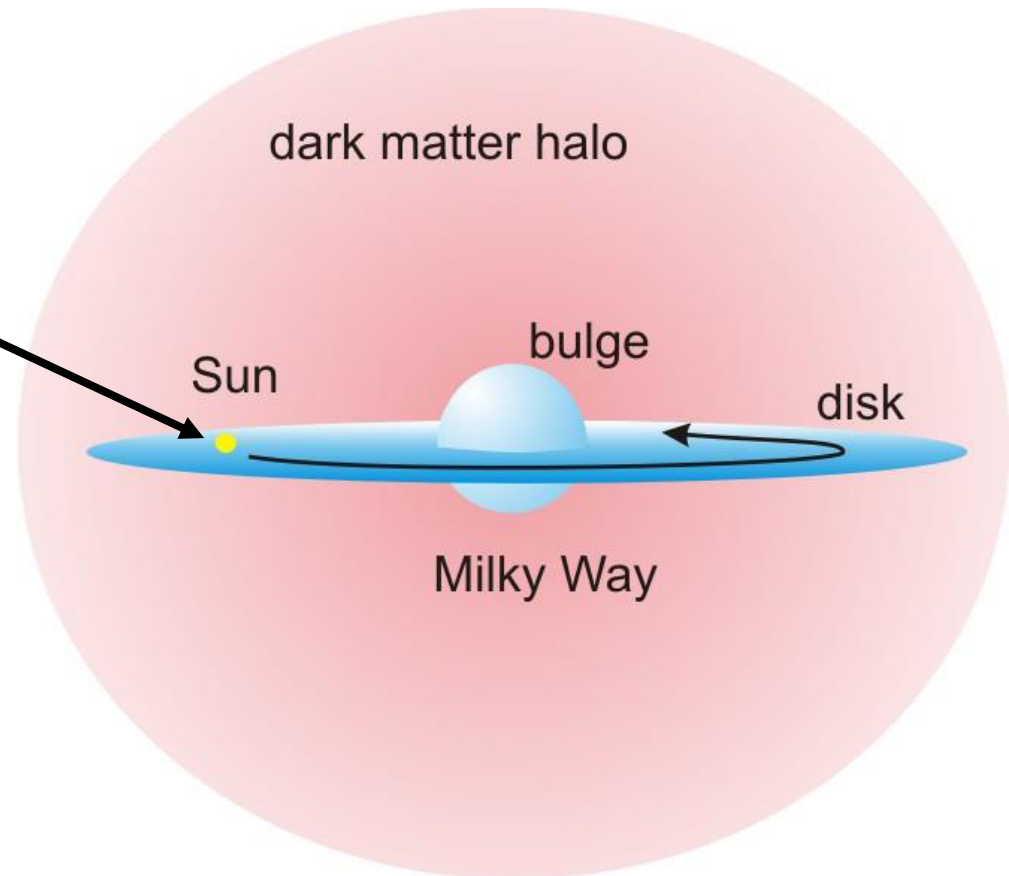


Light Dark World 2020, Sydney, December 2020

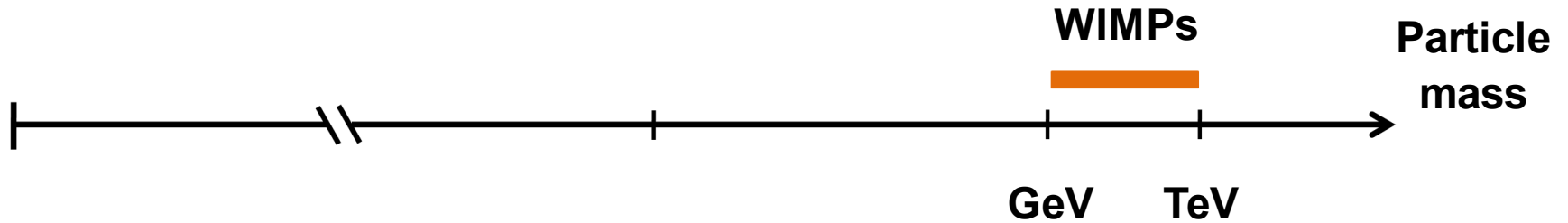
# Dark Matter

Strong astrophysical evidence for existence of **dark matter** (~5 times more dark matter than ordinary matter)

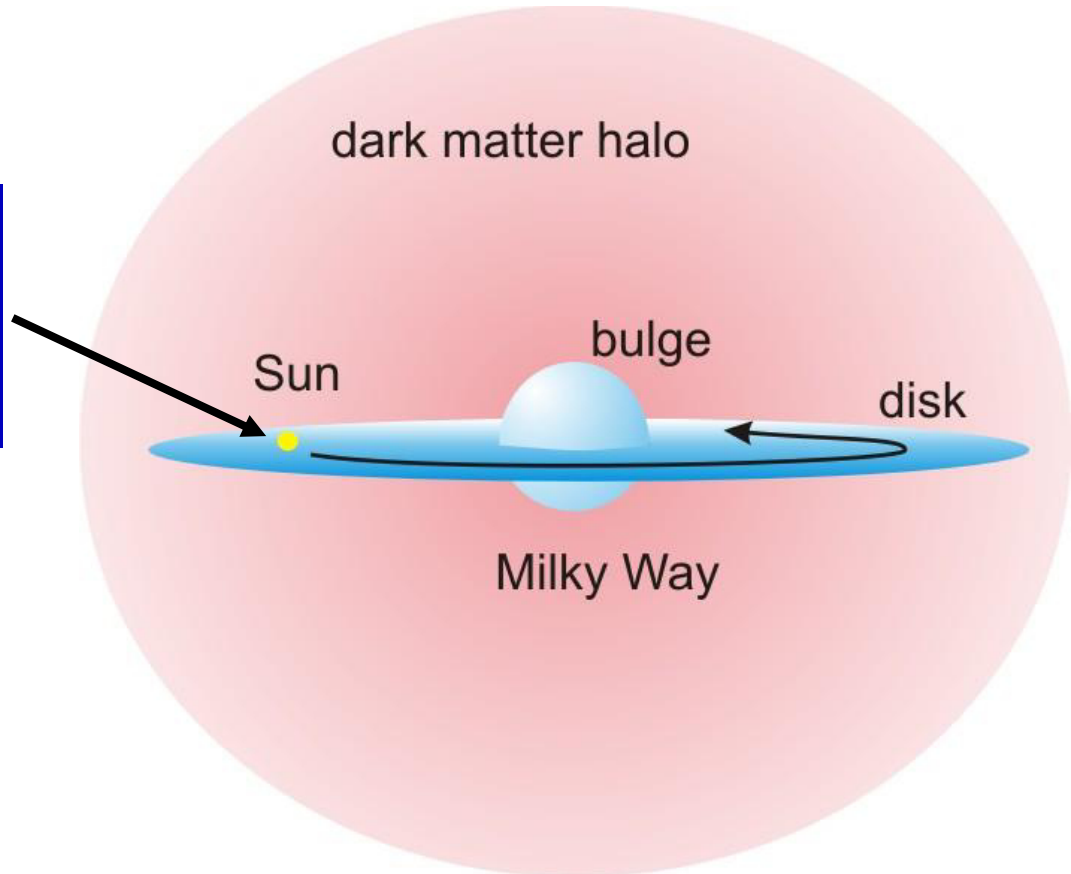
$$\rho_{\text{DM}} \approx 0.4 \text{ GeV/cm}^3$$
$$v_{\text{DM}} \sim 300 \text{ km/s}$$



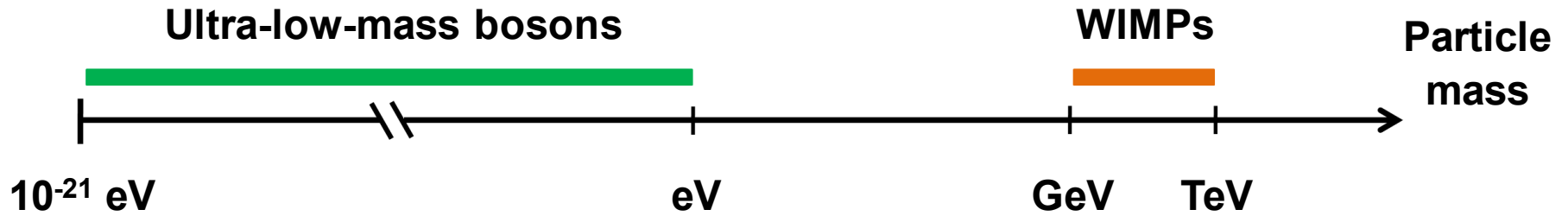
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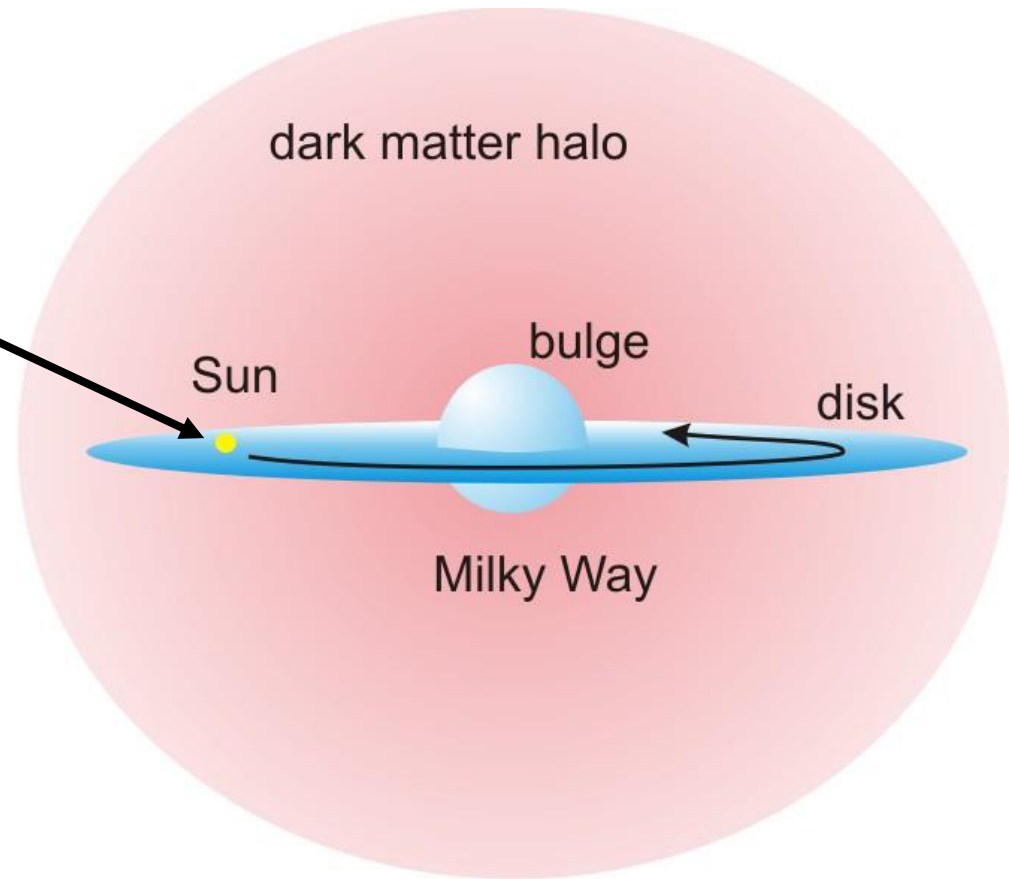
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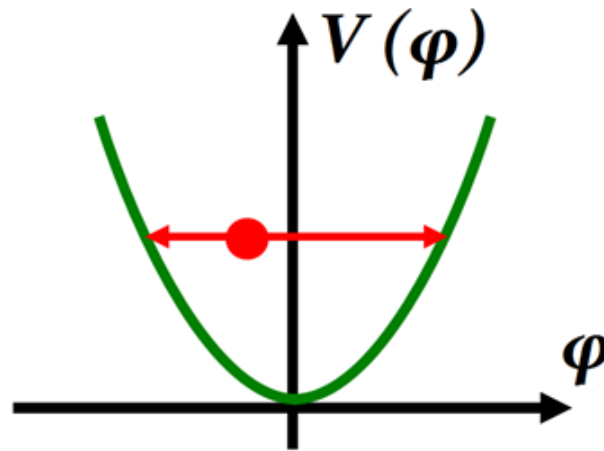


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# Low-mass Spin-0 Dark Matter

- Low-mass spin-0 particles form a coherently oscillating classical field  $\varphi(t) = \varphi_0 \cos(m_\varphi c^2 t / \hbar)$ , with energy density  $\langle \rho_\varphi \rangle \approx m_\varphi^2 \varphi_0^2 / 2$  ( $\rho_{\text{DM,local}} \approx 0.4 \text{ GeV/cm}^3$ )



$$V(\varphi) = \frac{m_\varphi^2 \varphi^2}{2}$$

$$\ddot{\varphi} + m_\varphi^2 \varphi \approx 0$$

# Low-mass Spin-0 Dark Matter

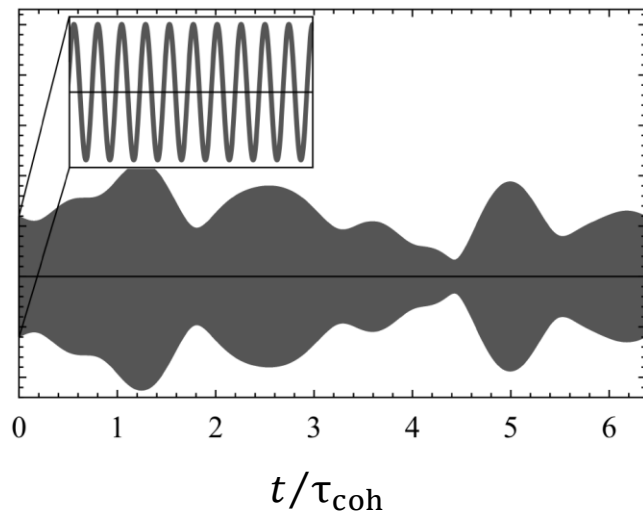
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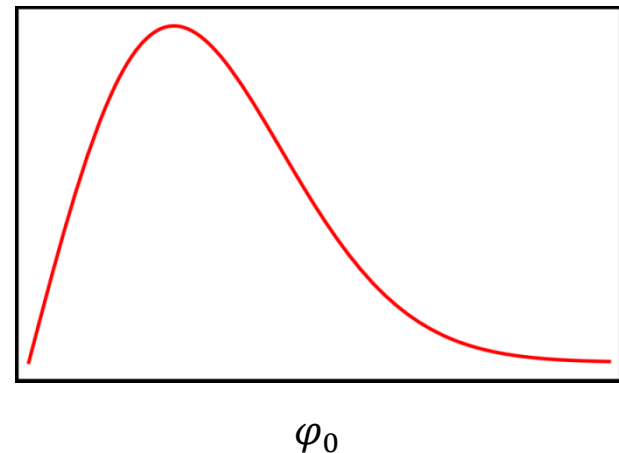
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- $\Delta E_\varphi / E_\varphi \sim \langle v_\varphi^2 \rangle / c^2 \sim 10^{-6} \Rightarrow \tau_{\text{coh}} \sim 2\pi / \Delta E_\varphi \sim 10^6 T_{\text{osc}}$

Evolution of  $\varphi_0$  with time



Probability distribution function of  $\varphi_0$   
(e.g., Rayleigh distribution)





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- $10^{-21} \text{ eV} \lesssim m_\varphi \lesssim 1 \text{ eV} \Leftrightarrow 10^{-7} \text{ Hz} \lesssim f_{\text{DM}} \lesssim 10^{14} \text{ eV}$   
 $\uparrow$   
 $T_{\text{osc}} \sim 1 \text{ month}$   $\text{IR frequencies}$

Lyman- $\alpha$  forest measurements [suppression of structures for  $L \lesssim \mathcal{O}(\lambda_{\text{dB},\varphi})$ ]

[Related figure-of-merit:  $\lambda_{\text{dB},\varphi} / 2\pi \leq L_{\text{dwarf galaxy}} \sim 100 \text{ pc} \Rightarrow m_\varphi \gtrsim 10^{-21} \text{ eV}$ ]

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Lyman- $\alpha$  forest measurements [suppression of structures for  $L \lesssim \mathcal{O}(\lambda_{\text{dB},\varphi})$ ]

- **Wave-like signatures** [cf. *particle-like* signatures of WIMP DM]

# Low-mass Spin-0 Dark Matter

**Dark Matter**

**Scalars  
(Dilatons):**

$$\varphi \xrightarrow{P} +\varphi$$

→ **Time-varying  
fundamental constants**

- Atomic clocks
- Cavities and interferometers
  - Torsion pendula
- Astrophysics (e.g., BBN)

**Pseudoscalars  
(Axions):**

$$\varphi \xrightarrow{P} -\varphi$$

→ **Time-varying spin-  
dependent effects**

- Co-magnetometers
  - Particle g-factors
- Spin-polarised torsion pendula
- Spin resonance (NMR, ESR)

# Low-mass Spin-0 Dark Matter

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# Dark-Matter-Induced Variations of the Fundamental Constants

[Stadnik, Flambaum, *PRL* **114**, 161301 (2015); *PRL* **115**, 201301 (2015)],

[Hees, Minazzoli, Savalle, Stadnik, Wolf, *PRD* **98**, 064051 (2018)]

$$\mathcal{L}_\gamma = \frac{\varphi}{\Lambda_\gamma} \frac{F_{\mu\nu} F^{\mu\nu}}{4} \approx \frac{\varphi_0 \cos(m_\varphi t)}{\Lambda_\gamma} \frac{F_{\mu\nu} F^{\mu\nu}}{4} \Rightarrow \frac{\delta\alpha}{\alpha} \approx \frac{\varphi_0 \cos(m_\varphi t)}{\Lambda_\gamma}$$

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$$\varphi = \varphi_0 \cos(m_\varphi t - \mathbf{p}_\varphi \cdot \mathbf{x}) \Rightarrow \mathbf{F} \propto \mathbf{p}_\varphi \sin(m_\varphi t)$$



Solar System (and lab) move through stationary dark matter halo



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$\varphi^2$  interactions also exhibit the same oscillating-in-time signatures as above, as well as ...

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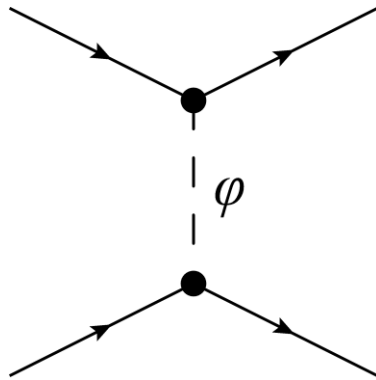
# Fifth Forces: Linear vs Quadratic Couplings

[Hees, Minazzoli, Savalle, Stadnik, Wolf, *PRD* **98**, 064051 (2018)]

Consider the effect of a massive body (e.g., Earth) on the scalar DM field

## Linear couplings ( $\varphi\bar{X}X$ )

$$\square\varphi + m_\varphi^2\varphi = \pm\kappa\rho \quad \text{Source term}$$



$$\varphi = \varphi_0 \cos(m_\varphi t) \pm A \frac{e^{-m_\varphi r}}{r}$$

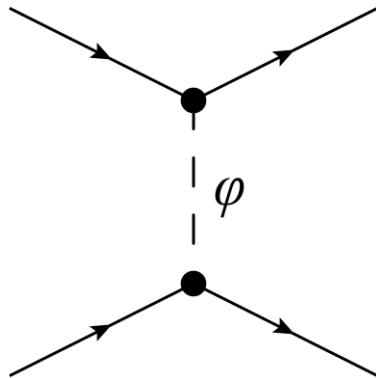
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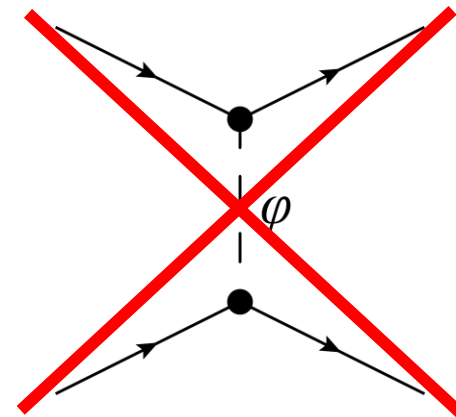
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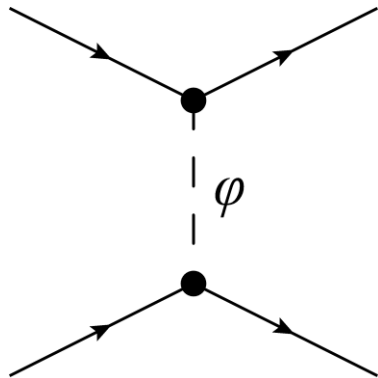
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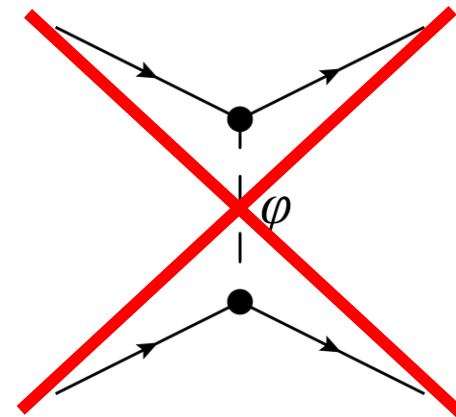
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**Gradients + amplification/screening**

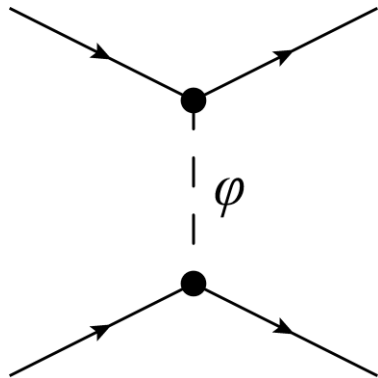
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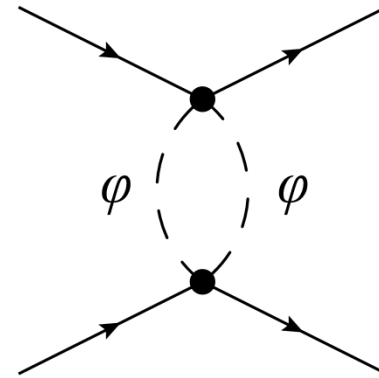
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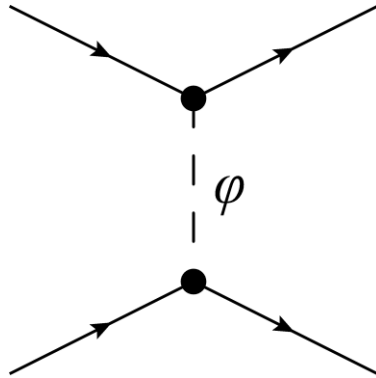
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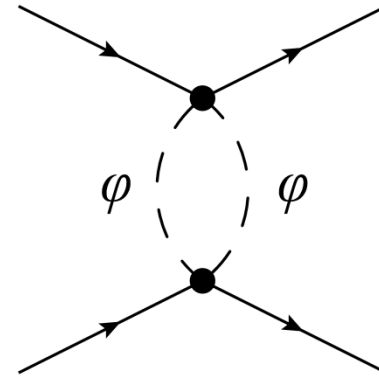


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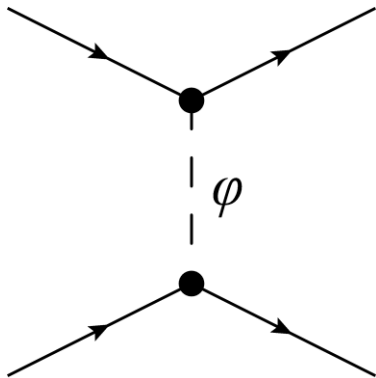
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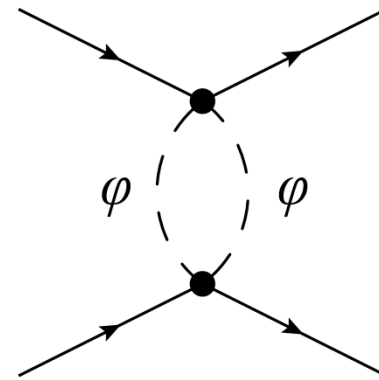
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**“Fifth-force” experiments: torsion pendula, atom interferometry**

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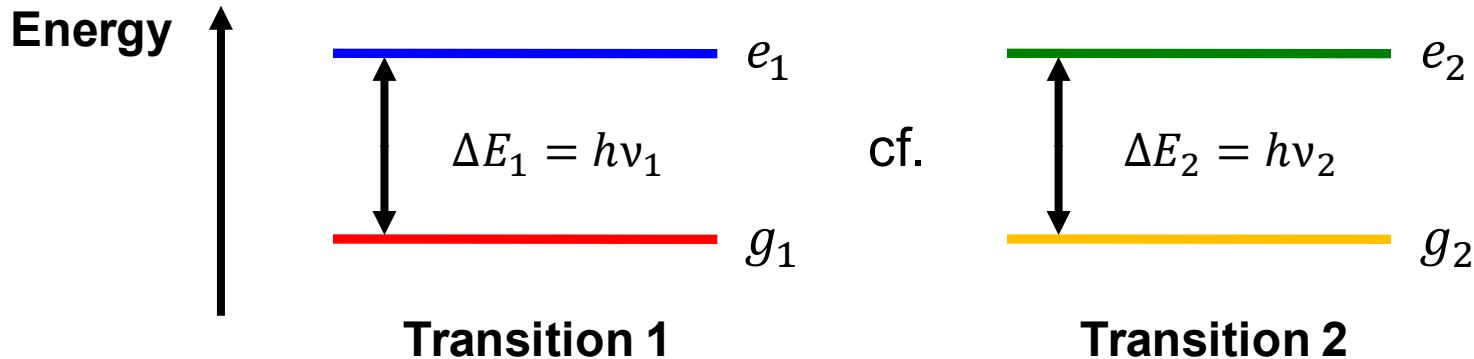
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**Gradients + amplification/screening**



# Atomic Spectroscopy Searches for Oscillating Variations of Fundamental Constants induced by Dark Matter



$$\frac{\delta(\nu_1/\nu_2)}{\nu_1/\nu_2} = (K_{X,1} - K_{X,2}) \frac{\delta X}{X}; \quad X = \alpha, m_e/m_N, \dots$$

Atomic spectroscopy (including clocks) has been used for decades to search for “slow drifts” in fundamental constants

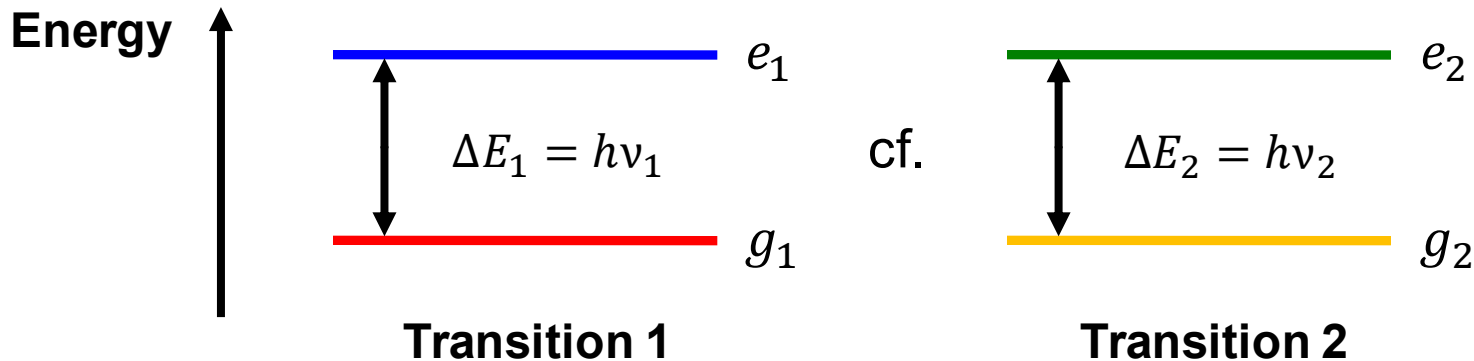
Recent overview: [Ludlow, Boyd, Ye, Peik, Schmidt, *Rev. Mod. Phys.* **87**, 637 (2015)]

“Sensitivity coefficients”  $K_X$  required for the interpretation of experimental data have been calculated extensively by Flambaum group

Reviews: [Flambaum, Dzuba, *Can. J. Phys.* **87**, 25 (2009); *Hyperfine Interac.* **236**, 79 (2015)]

# Atomic Spectroscopy Searches for Oscillating Variations of Fundamental Constants induced by Dark Matter

[Stadnik, Flambaum, *PRL* **114**, 161301 (2015)], [Arvanitaki, Huang, Van Tilburg, *PRD* **91**, 015015 (2015)]



$$\frac{\delta(\nu_1/\nu_2)}{\nu_1/\nu_2} \propto \sum_{X=\alpha, m_e/m_N, \dots} (K_{X,1} - K_{X,2}) \cos(2\pi f_{\text{DM}} t); \quad 2\pi f_{\text{DM}} = m_\phi \text{ or } 2m_\phi$$

- **Dy/Cs [Mainz]:** [Van Tilburg *et al.*, *PRL* **115**, 011802 (2015)],  
[Stadnik, Flambaum, *PRL* **115**, 201301 (2015)]
- **Rb/Cs [SYRTE]:** [Hees *et al.*, *PRL* **117**, 061301 (2016)],  
[Stadnik, Flambaum, *PRA* **94**, 022111 (2016)]
- **Yb<sup>+</sup>(E3)/Sr [PTB]:** [Huntemann, Peik *et al.*, In preparation]
- **Al<sup>+</sup>/Yb, Yb/Sr, Al<sup>+</sup>/Hg<sup>+</sup> [NIST + JILA]:** [Hume, Leibbrandt *et al.*, In preparation]

# Cavity-Based Searches for Oscillating Variations of Fundamental Constants induced by Dark Matter

[Stadnik, Flambaum, *PRL* **114**, 161301 (2015); *PRA* **93**, 063630 (2016)]

**Solid material**



$$L_{\text{solid}} \propto a_B = 1/(m_e \alpha)$$

$$\Rightarrow v_{\text{solid}} \propto 1/L_{\text{solid}} \propto m_e \alpha$$

(adiabatic regime)

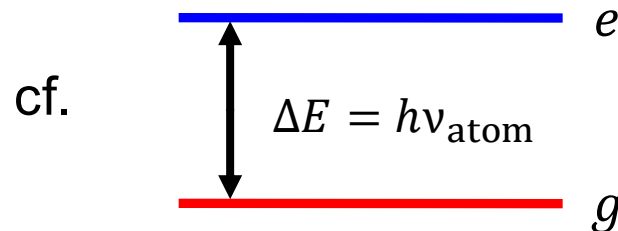
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**Solid material**



**Electronic transition**



$$L_{\text{solid}} \propto a_B = 1/(m_e \alpha)$$

$$\Rightarrow \nu_{\text{solid}} \propto 1/L_{\text{solid}} \propto m_e \alpha$$

$$\nu_{\text{atom}} \propto \text{Ry} \propto m_e \alpha^2$$

$$\frac{\nu_{\text{atom}}}{\nu_{\text{solid}}} \propto \alpha$$

- **Sr vs Glass cavity [Torun]:** [[Wcislo et al., Nature Astronomy 1, 0009 \(2016\)](#)]
- **Various combinations [worldwide]:** [[Wcislo et al., Science Advances 4, eaau4869 \(2018\)](#)]
  - **Cs vs Steel cavity [Mainz]:** [[Antypas et al., PRL 123, 141102 \(2019\)](#)]
  - **Sr<sup>+</sup> vs Glass cavity [Weizmann]:** [[Aharony et al., arXiv:1902.02788](#)]
- **Sr/H vs Silicon cavity [JILA + PTB]:** [[Kennedy et al., PRL 125, 201302 \(2020\)](#)]
- **H vs Sapphire/Quartz cavities [UWA]:** [[Campbell et al., arXiv:2010.08107](#)]

# Cavity-Based Searches for Oscillating Variations of Fundamental Constants induced by Dark Matter

[Stadnik, Flambaum, *PRL* **114**, 161301 (2015); *PRA* **93**, 063630 (2016)]

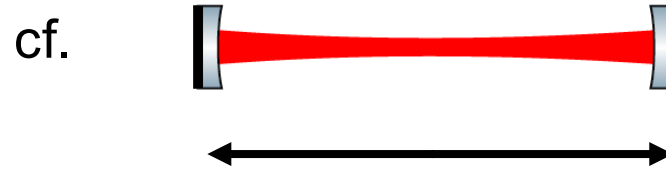
**Solid material**



$$L_{\text{solid}} \propto a_B = 1/(m_e \alpha)$$

$$\Rightarrow v_{\text{solid}} \propto 1/L_{\text{solid}} \propto m_e \alpha$$

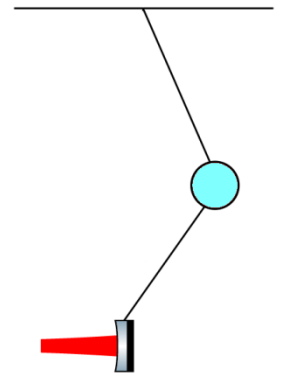
**Freely-suspended mirrors**



$$L_{\text{free}} \approx \text{const. for } f_{\text{DM}} > f_{\text{natural}}$$

$$\Rightarrow v_{\text{free}} \approx \text{constant}$$

**Double-pendulum suspensions**



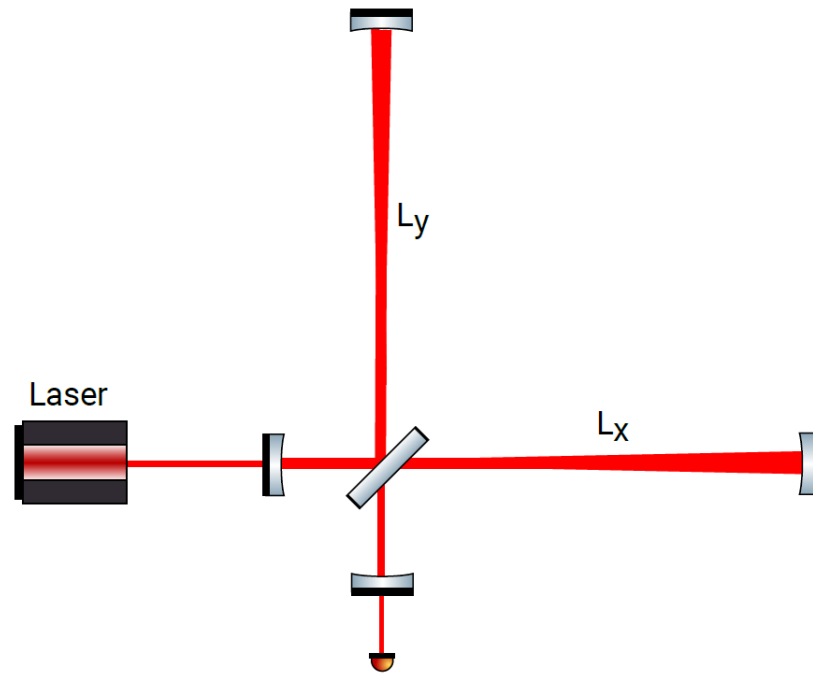
$$\frac{v_{\text{solid}}}{v_{\text{free}}} \propto m_e \alpha$$

cf.  $\frac{v_{\text{atom}}}{v_{\text{solid}}} \propto \alpha$

Small-scale experiment currently under development at Northwestern University

# Laser Interferometry Searches for Oscillating Variations of Fundamental Constants induced by Dark Matter

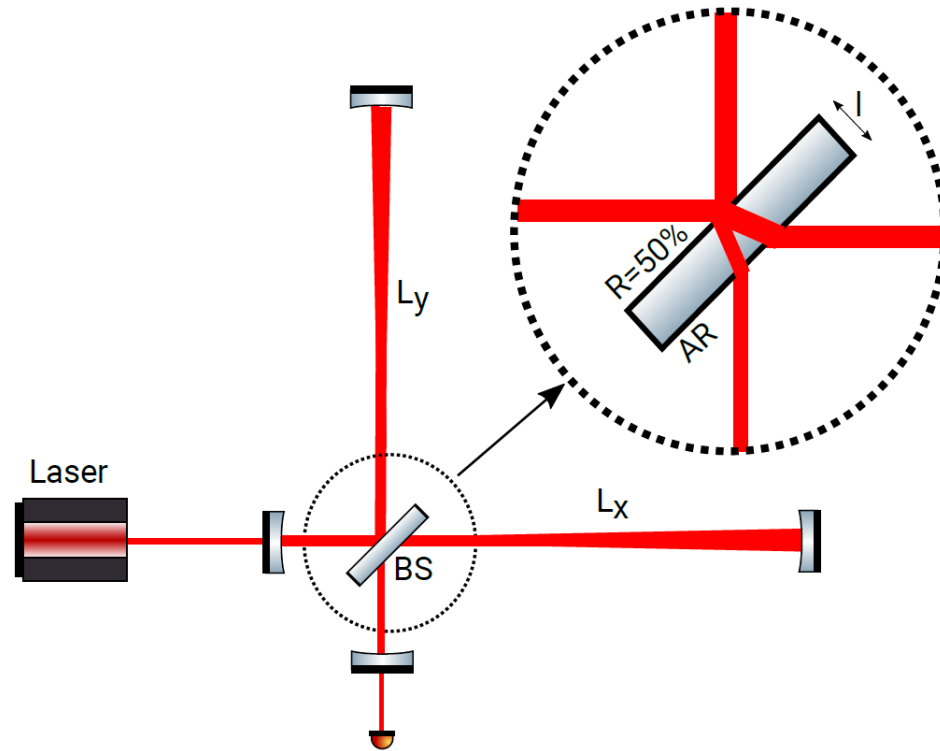
[Grote, Stadnik, *Phys. Rev. Research* 1, 033187 (2019)]



**Michelson interferometer (GEO 600)**

# Laser Interferometry Searches for Oscillating Variations of Fundamental Constants induced by Dark Matter

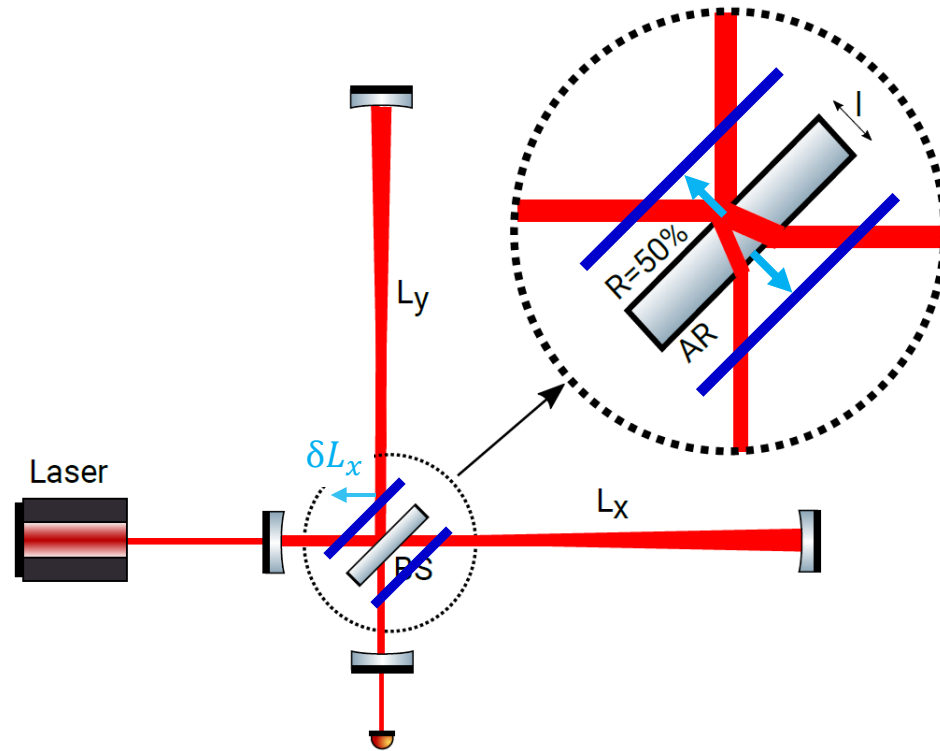
[Grote, Stadnik, *Phys. Rev. Research* 1, 033187 (2019)]



- Geometric asymmetry from beam-splitter

# Laser Interferometry Searches for Oscillating Variations of Fundamental Constants induced by Dark Matter

[Grote, Stadnik, *Phys. Rev. Research* 1, 033187 (2019)]

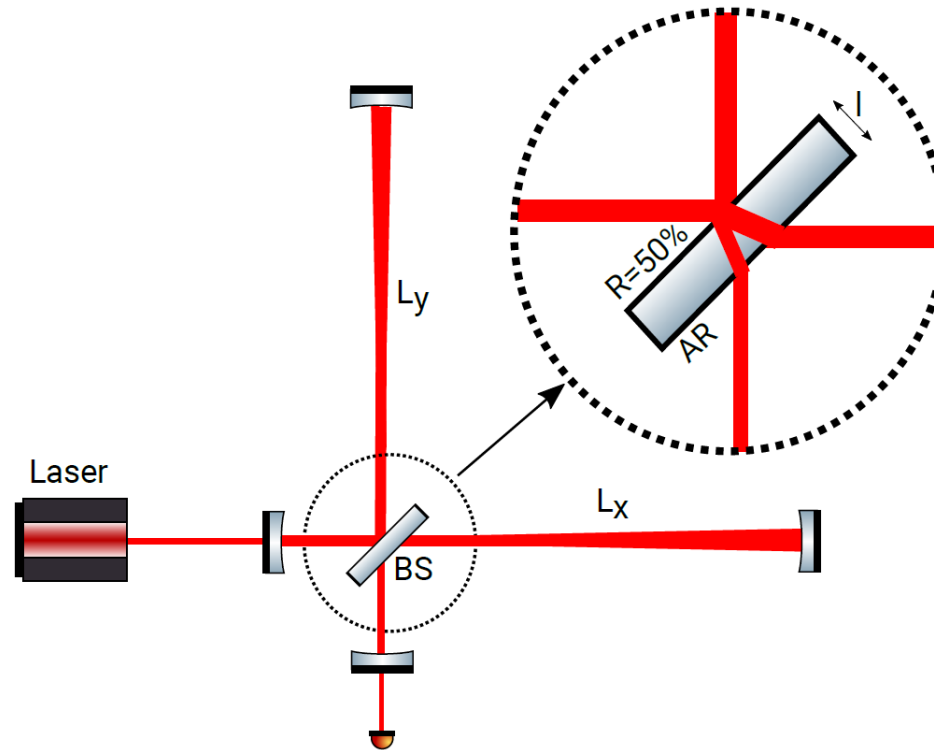


- Geometric asymmetry from beam-splitter:  $\delta(L_x - L_y) \sim \delta(nl)$



# Laser Interferometry Searches for Oscillating Variations of Fundamental Constants induced by Dark Matter

[Grote, Stadnik, *Phys. Rev. Research* 1, 033187 (2019)]



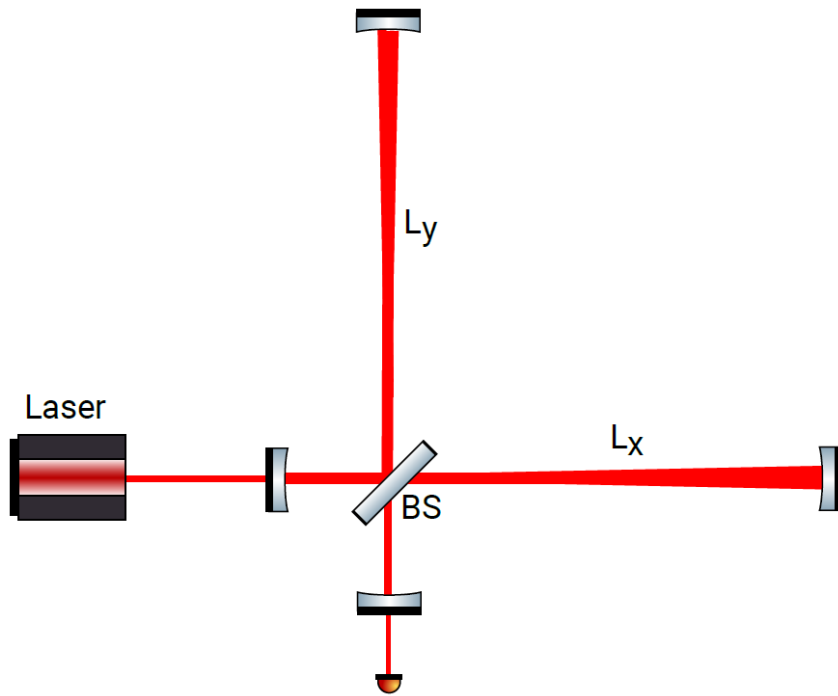
- Geometric asymmetry from beam-splitter:  $\delta(L_x - L_y) \sim \delta(nl)$
- Both broadband and resonant narrowband searches possible:

$$f_{\text{DM}} \approx f_{\text{vibr,BS}}(T) \sim v_{\text{sound}}/l \Rightarrow Q \sim 10^6 \text{ enhancement}$$

# Michelson vs Fabry-Perot-Michelson Interferometers

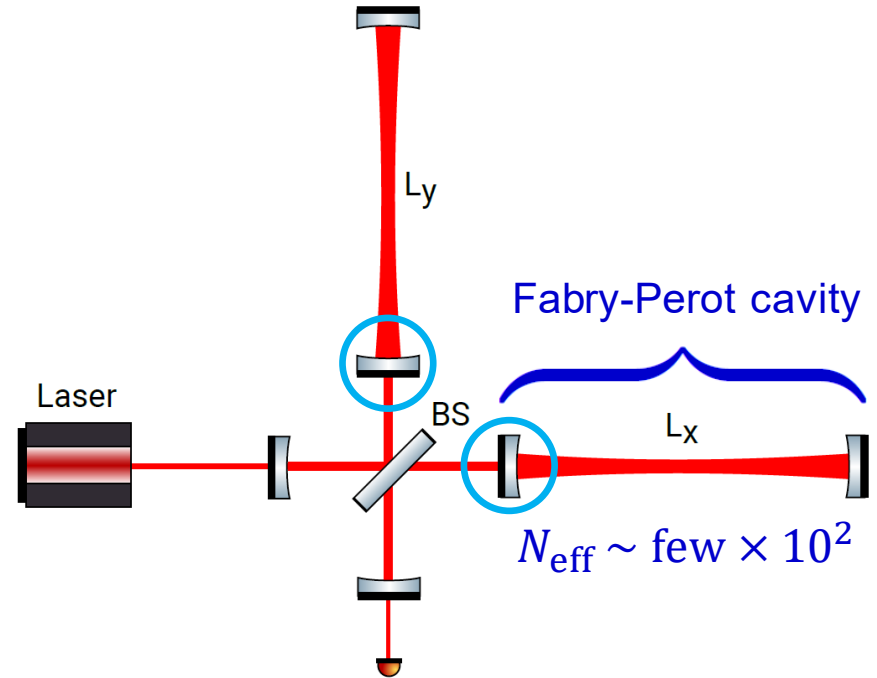
[Grote, Stadnik, *Phys. Rev. Research* 1, 033187 (2019)]

**Michelson interferometer  
(GEO 600)**



$$\delta(L_x - L_y)_{BS} \sim \delta(nl)$$

**Fabry-Perot-Michelson  
interferometer (LIGO)**

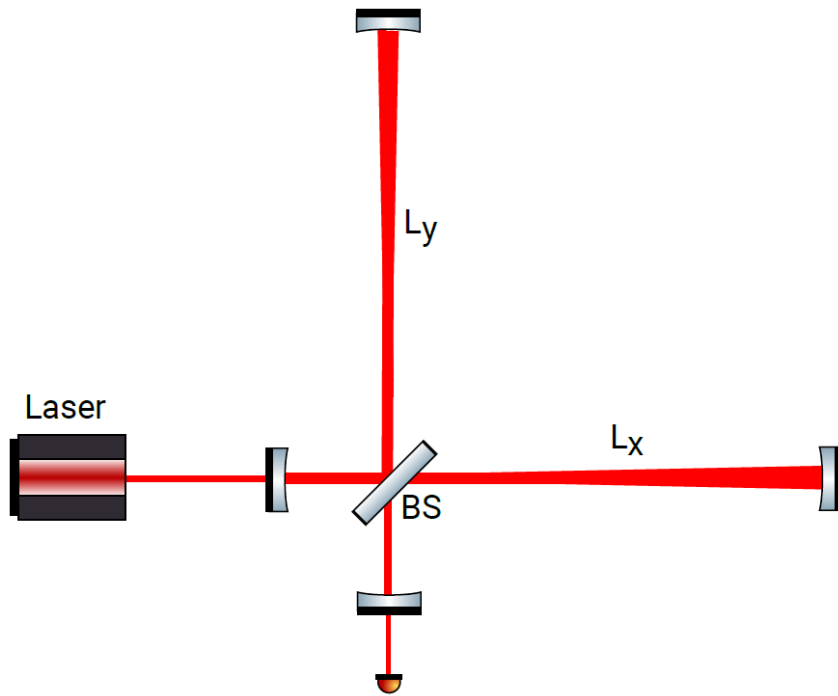


$$\delta(L_x - L_y)_{BS} \sim \delta(nl) / N_{\text{eff}}$$

# Michelson vs Fabry-Perot-Michelson Interferometers

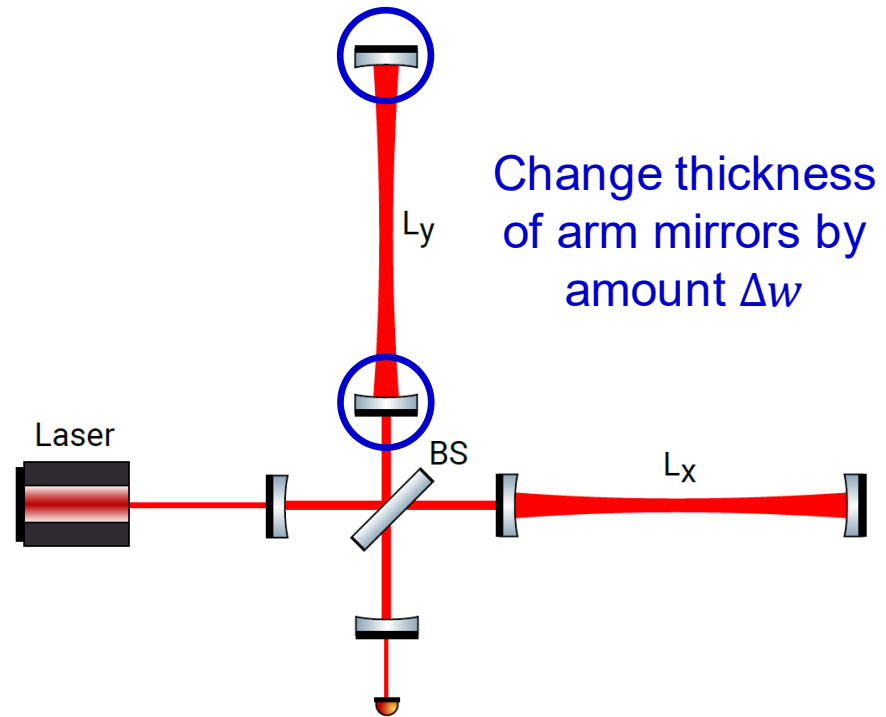
[Grote, Stadnik, *Phys. Rev. Research* 1, 033187 (2019)]

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$$\delta(L_x - L_y)_{BS} \sim \delta(nl)$$

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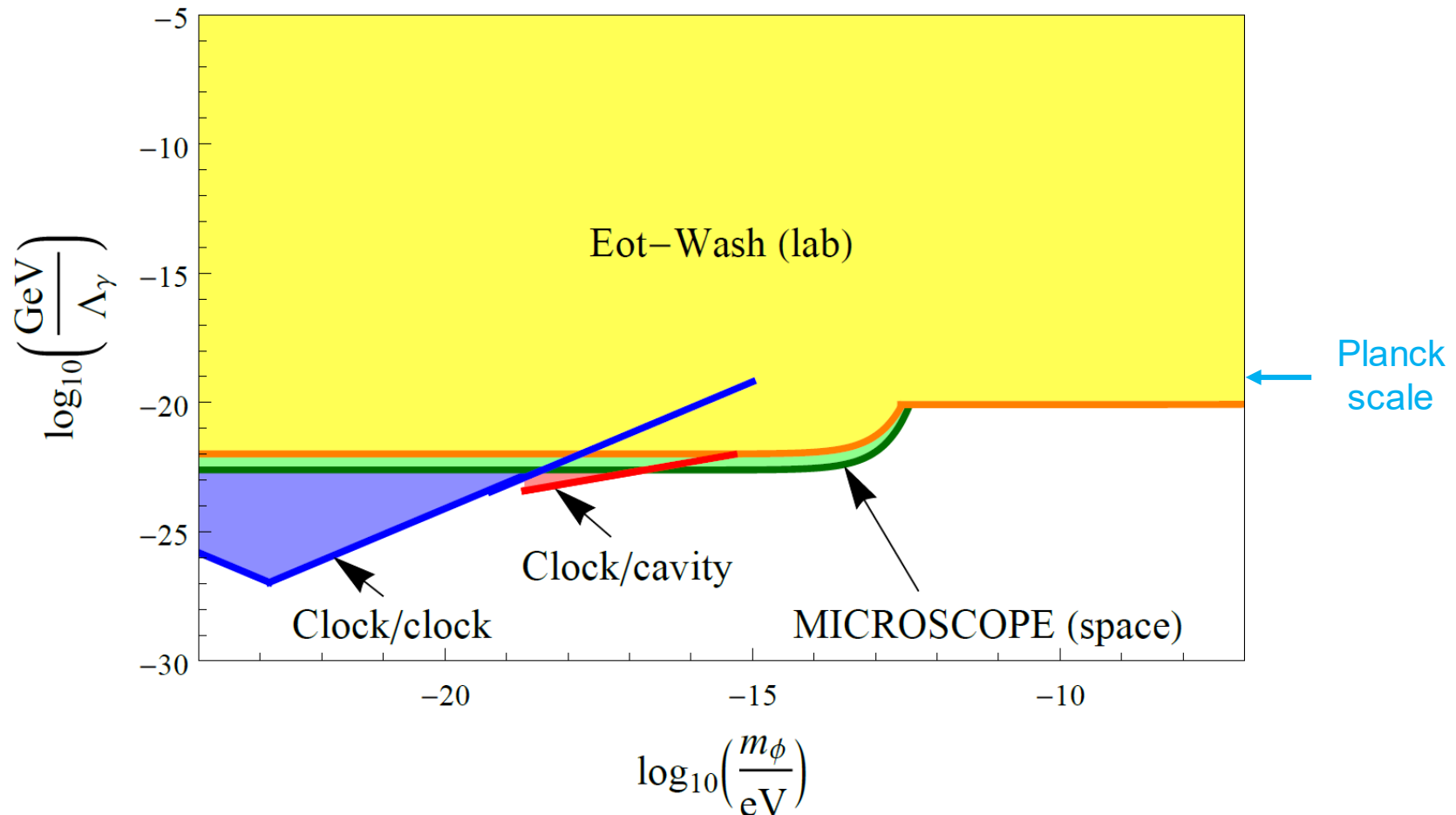


$$\delta(L_x - L_y) \approx \delta(\Delta w)$$

# Constraints on Linear Interaction of Scalar Dark Matter with the Photon

Clock/clock constraints: [Van Tilburg *et al.*, *PRL* **115**, 011802 (2015)], [Hees *et al.*, *PRL* **117**, 061301 (2016)]; Clock/cavity constraints: [Kennedy *et al.*, *PRL* **125**, 201302 (2020)]

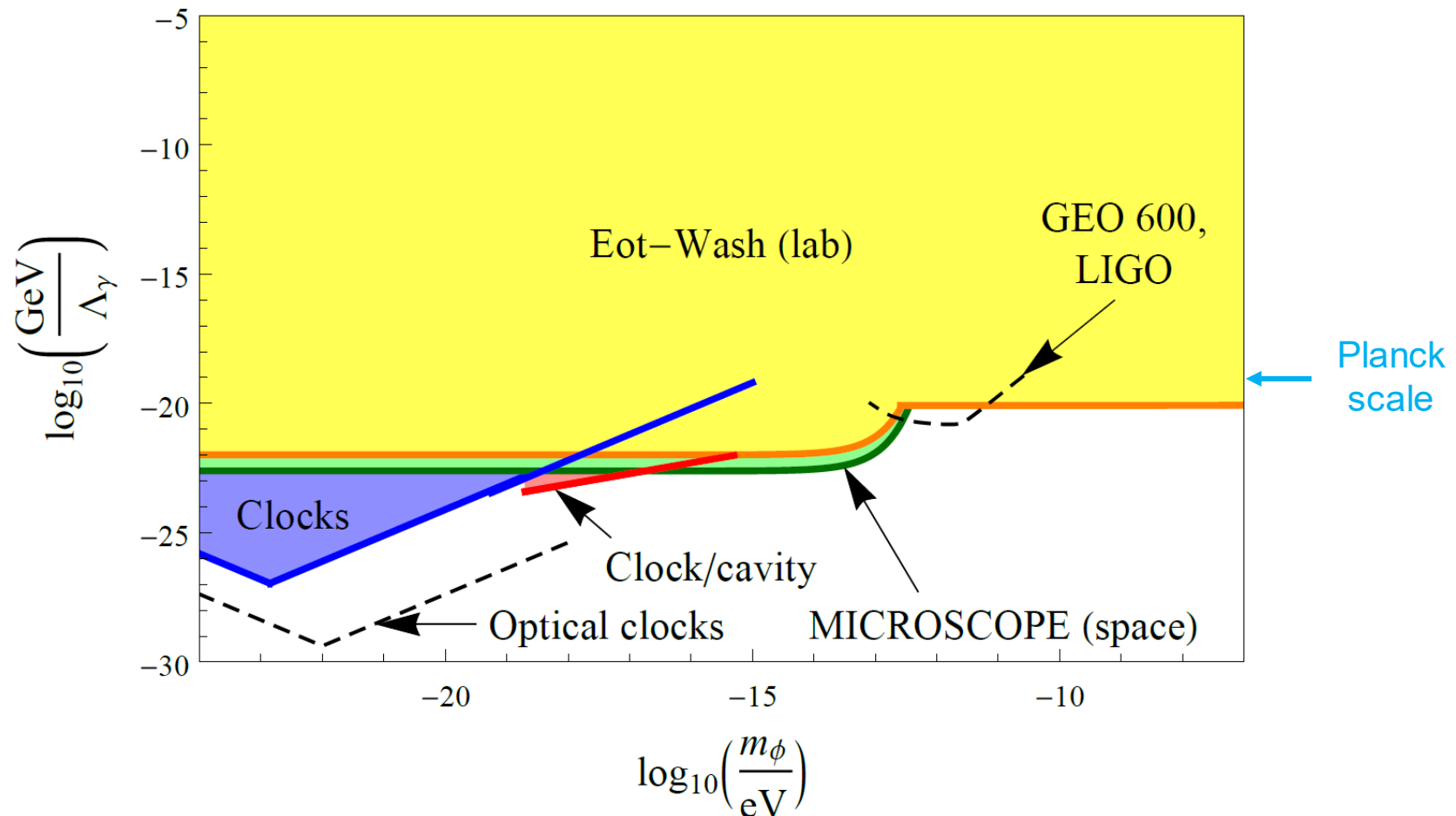
**4 orders of magnitude improvement!**



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Clock/clock constraints: [Van Tilburg *et al.*, *PRL* **115**, 011802 (2015)], [Hees *et al.*, *PRL* **117**, 061301 (2016)]; Clock/cavity constraints: [Kennedy *et al.*, *PRL* **125**, 201302 (2020)]

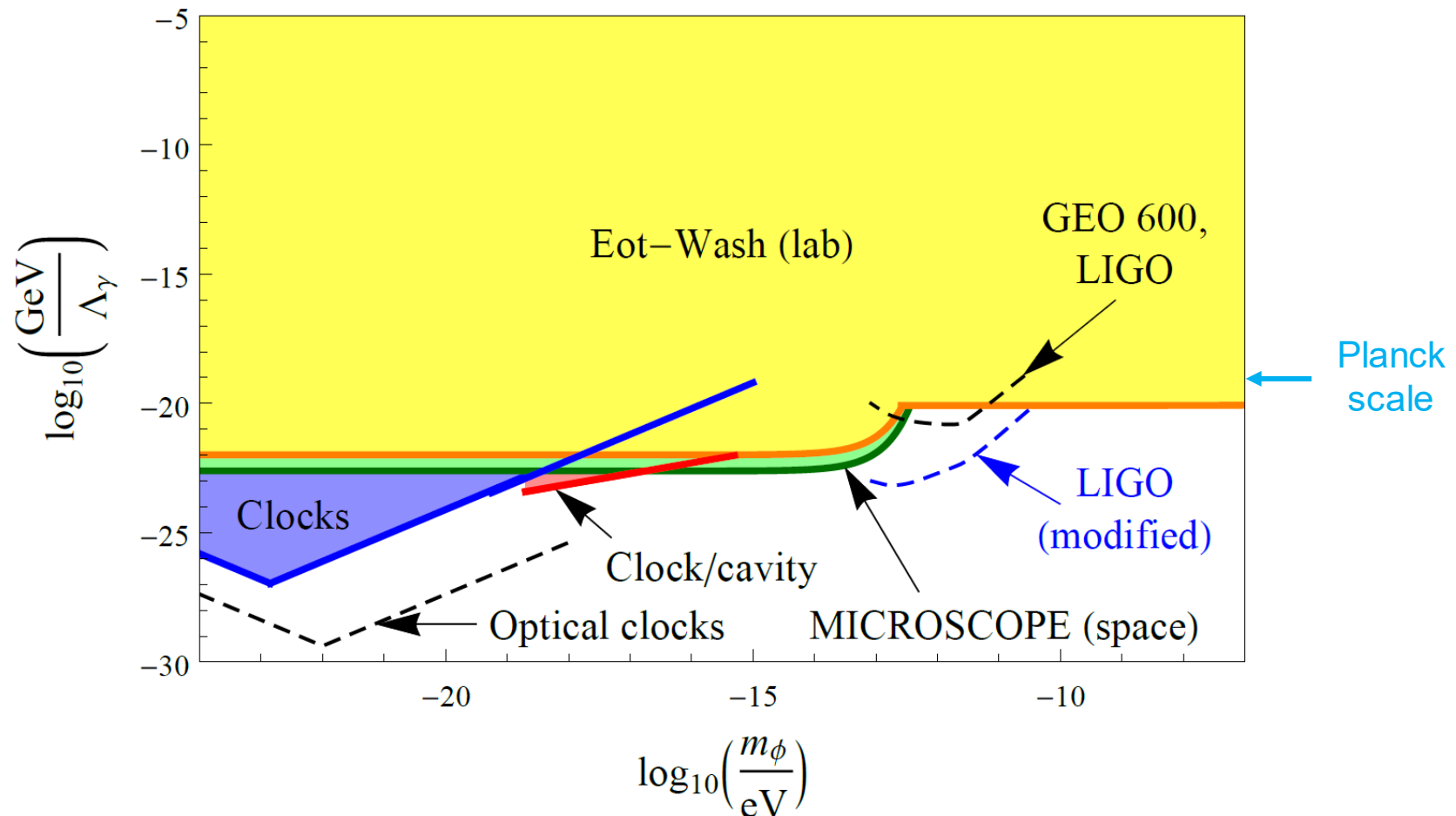
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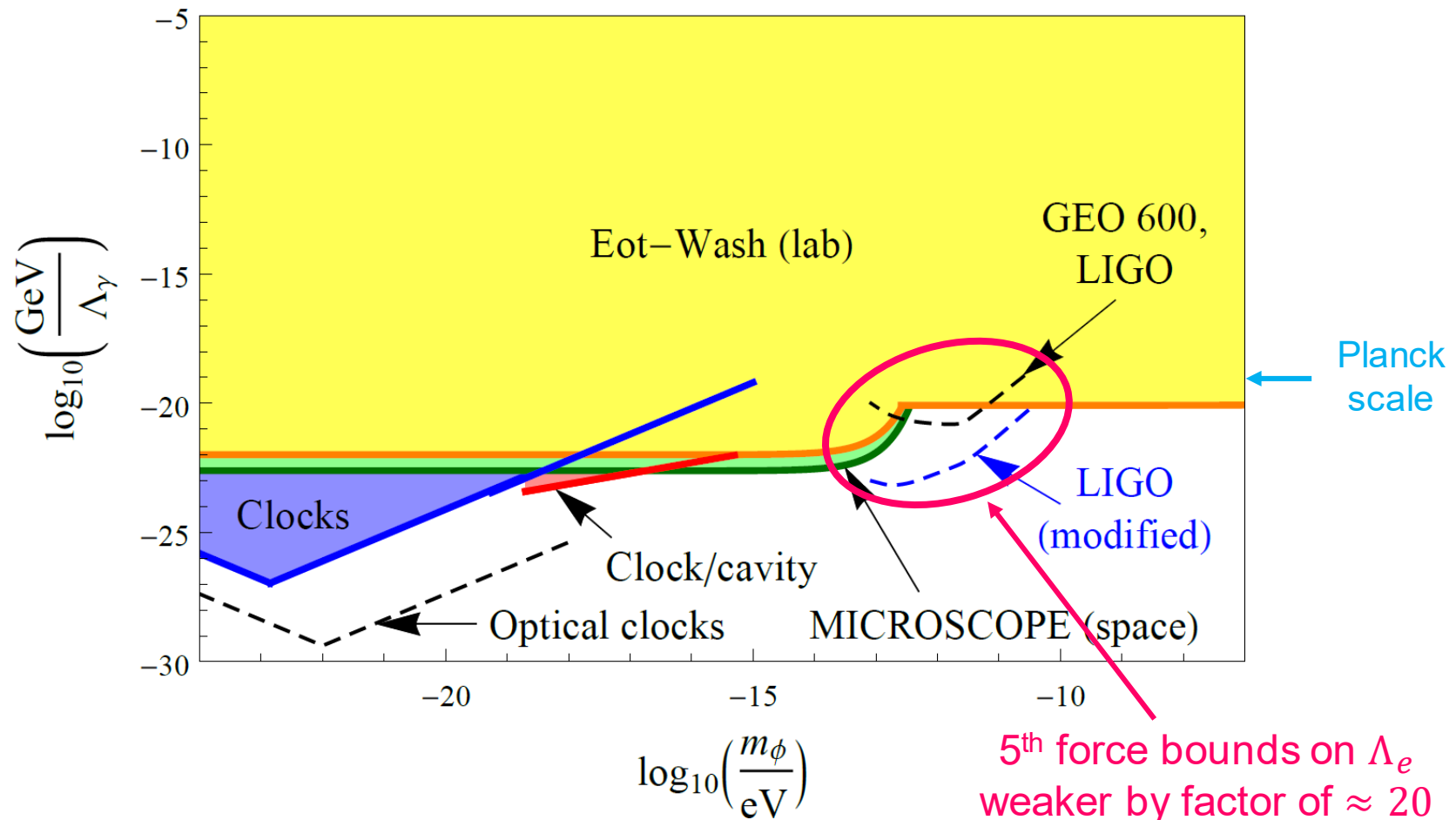
**4 orders of magnitude improvement!**



# Constraints on Linear Interaction of Scalar Dark Matter with the Photon

Clock/clock constraints: [Van Tilburg *et al.*, *PRL* **115**, 011802 (2015)], [Hees *et al.*, *PRL* **117**, 061301 (2016)]; Clock/cavity constraints: [Kennedy *et al.*, *PRL* **125**, 201302 (2020)]

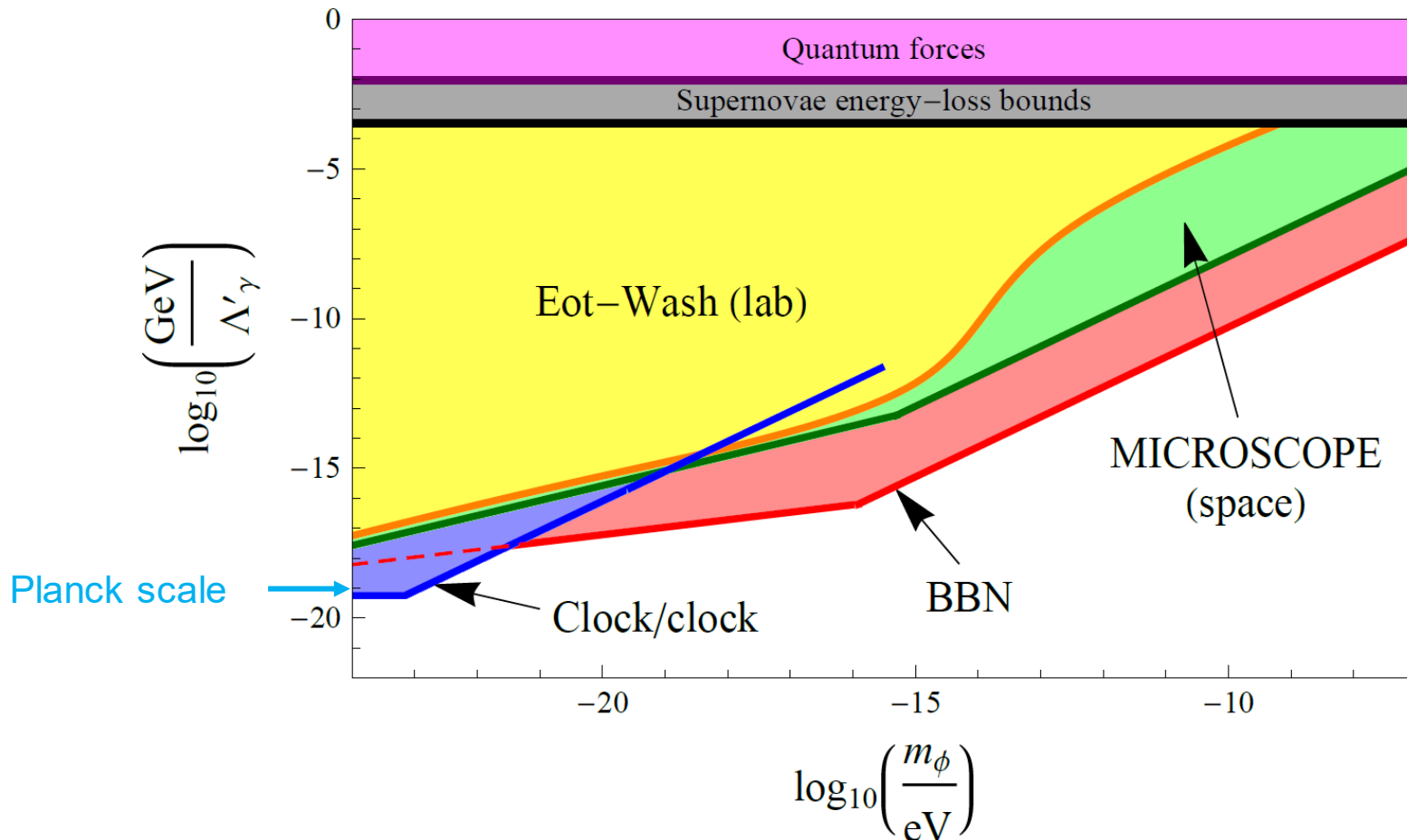
**4 orders of magnitude improvement!**



# Constraints on Quadratic Interaction of Scalar Dark Matter with the Photon

**Clock/clock + BBN constraints:** [Stadnik, Flambaum, *PRL* **115**, 201301 (2015); *PRA* **94**, 022111 (2016)]; **MICROSCOPE + Eöt-Wash constraints:** [Hees *et al.*, *PRD* **98**, 064051 (2018)]

**15 orders of magnitude improvement!**

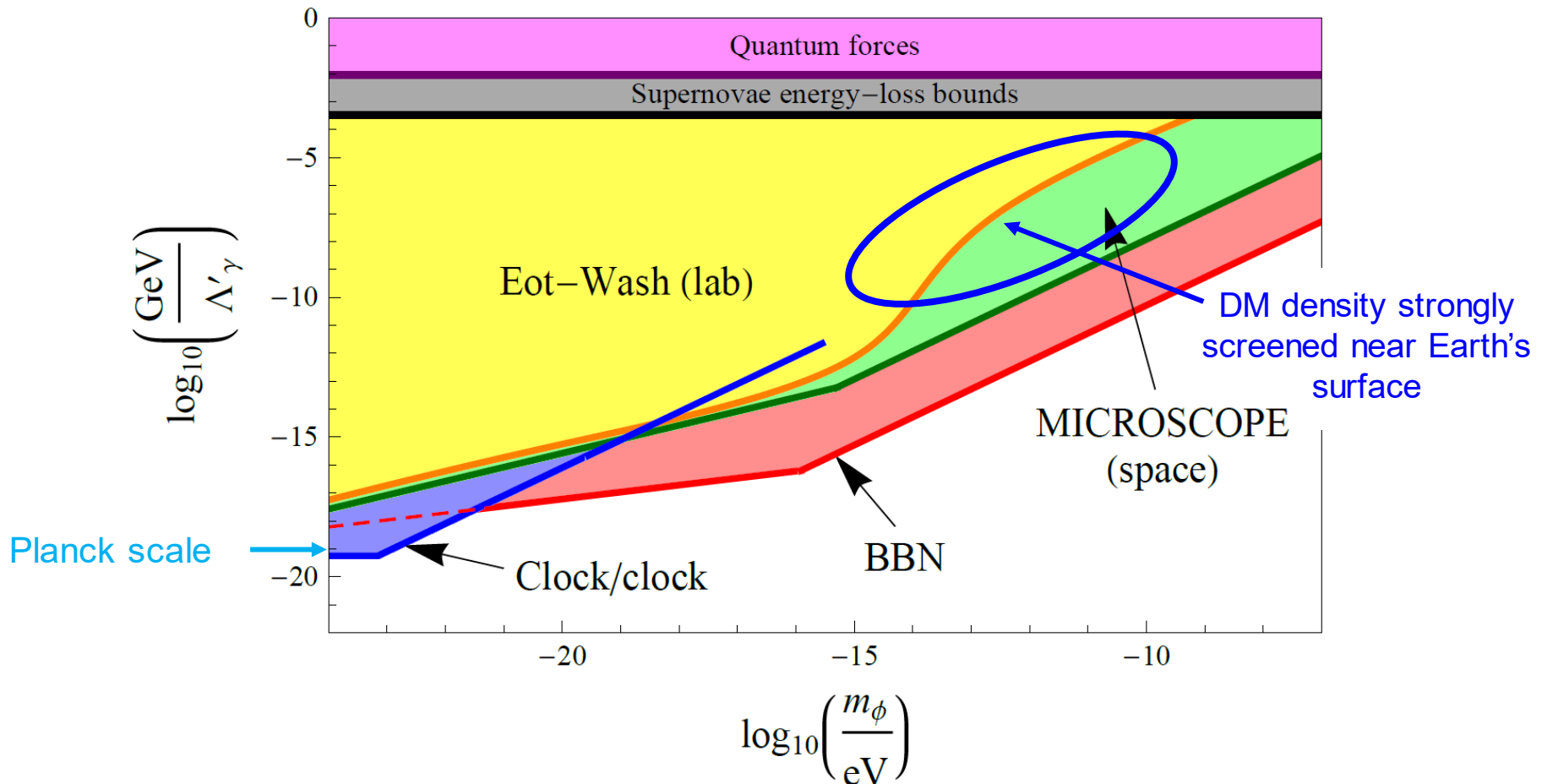




# Constraints on Quadratic Interaction of Scalar Dark Matter with the Photon

**Clock/clock + BBN constraints:** [Stadnik, Flambaum, *PRL* **115**, 201301 (2015); *PRA* **94**, 022111 (2016)]; **MICROSCOPE + Eöt-Wash constraints:** [Hees *et al.*, *PRD* **98**, 064051 (2018)]

**15 orders of magnitude improvement!**



# Low-mass Spin-0 Dark Matter

**Dark Matter**



*More traditional axion detection methods  
tend to focus on the **electromagnetic**  
coupling*

**Pseudoscalars  
(Axions):**

$$\varphi \xrightarrow{P} -\varphi$$

*Here I focus on relatively new  
detection methods based on  
**non-electromagnetic couplings***



**Time-varying spin-  
dependent effects**

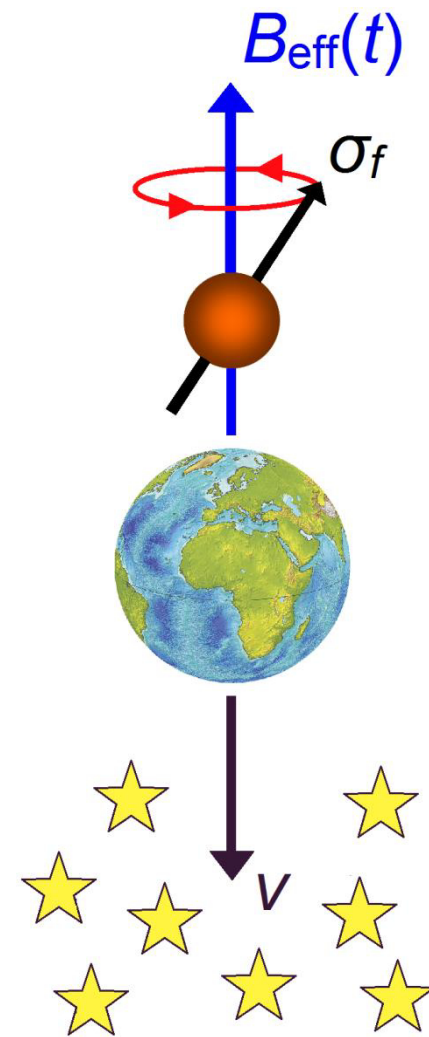
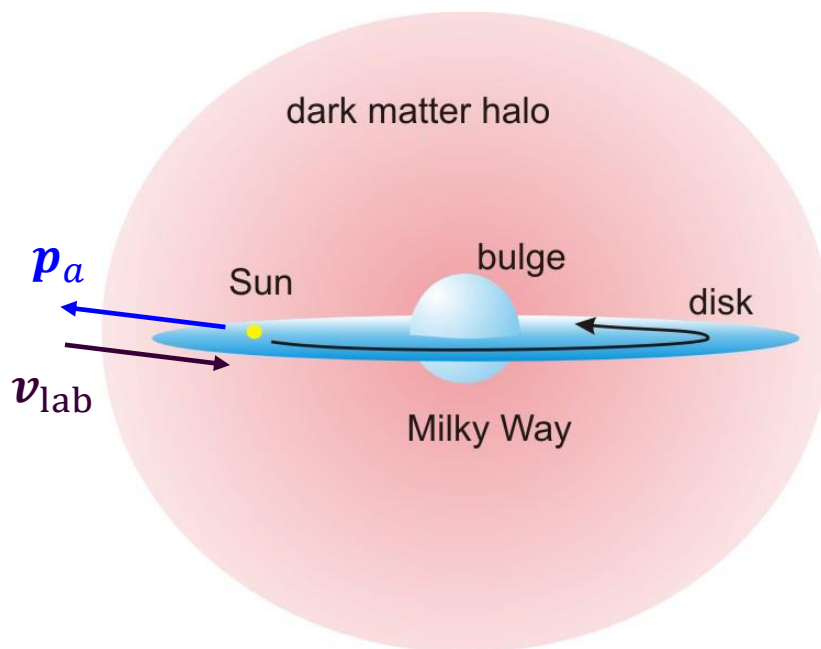
- Co-magnetometers
- Particle g-factors
- Spin-polarised torsion pendula
- Spin resonance (NMR, ESR)

# “Axion Wind” Spin-Precession Effect

[Flambaum, talk at *Patras Workshop*, 2013], [Stadnik, Flambaum, *PRD* **89**, 043522 (2014)]

$$\mathcal{L}_f = -\frac{C_f}{2f_a} \partial_i [a_0 \cos(m_a t - \mathbf{p}_a \cdot \mathbf{x})] \bar{f} \gamma^i \gamma^5 f$$

$$\Rightarrow H_{\text{wind}}(t) = \boldsymbol{\sigma}_f \cdot \mathbf{B}_{\text{eff}}(t) \propto \boldsymbol{\sigma}_f \cdot \mathbf{p}_a \sin(m_a t)$$

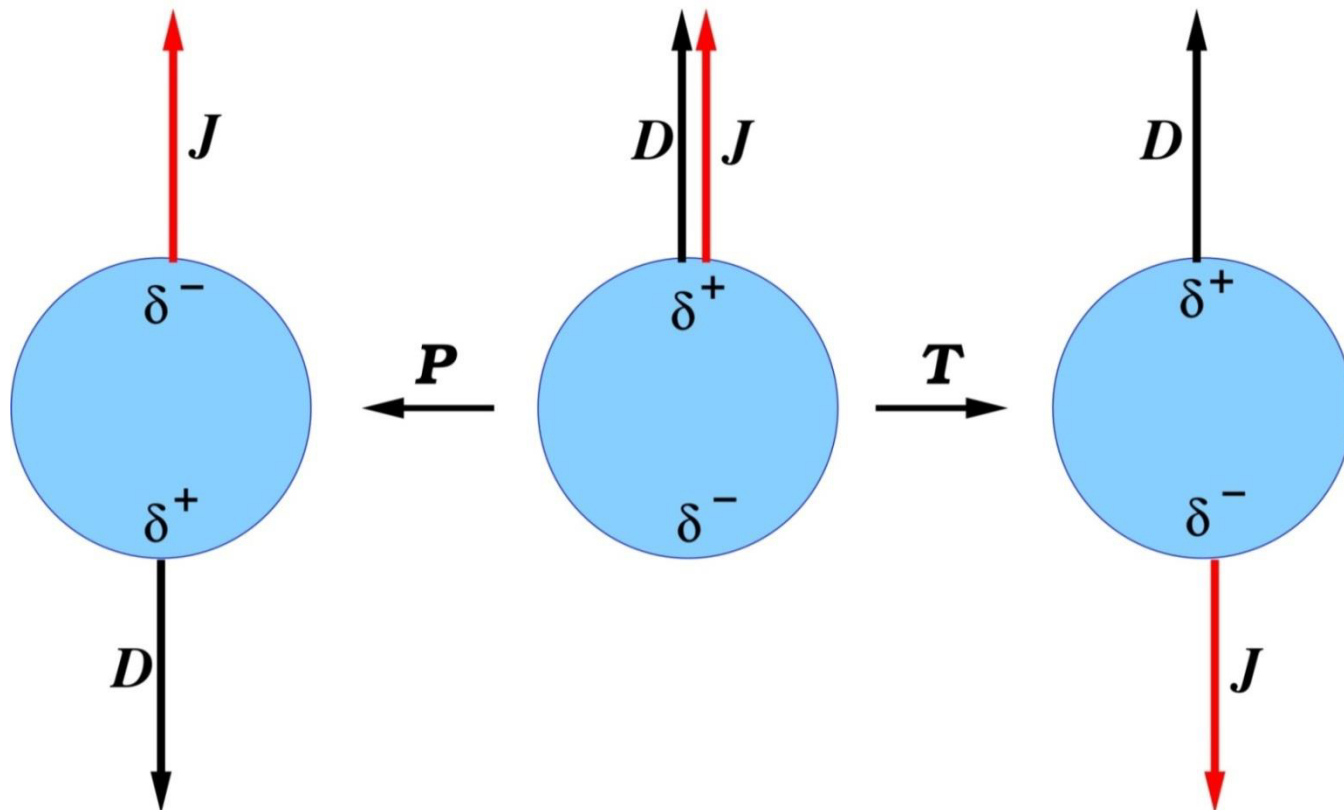


# Oscillating Electric Dipole Moments

Nucleons: [Graham, Rajendran, *PRD* **84**, 055013 (2011)]

Atoms and molecules: [Stadnik, Flambaum, *PRD* **89**, 043522 (2014)]

**Electric Dipole Moment (EDM)** = parity ( $P$ ) and time-reversal-invariance ( $T$ ) violating electric moment



# Oscillating Electric Dipole Moments

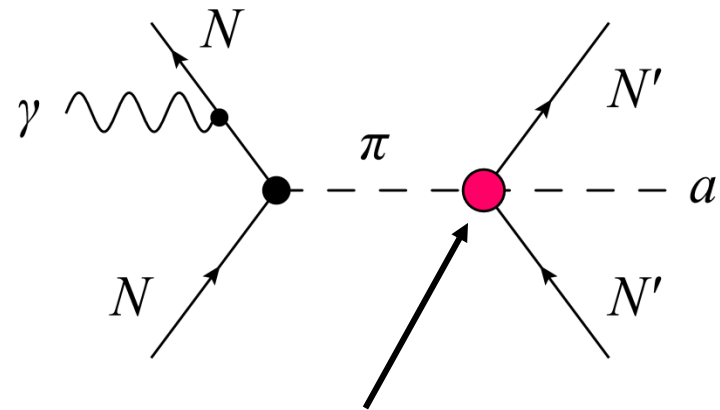
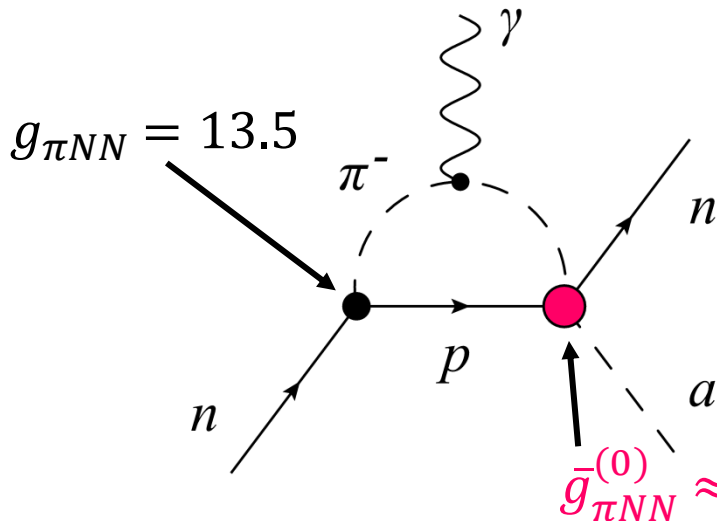
**Nucleons:** [Graham, Rajendran, *PRD* **84**, 055013 (2011)]

**Atoms and molecules:** [Stadnik, Flambaum, *PRD* **89**, 043522 (2014)]

$$\mathcal{L}_G = \frac{C_G g^2}{32\pi^2 f_a} a_0 \cos(m_a t) G \tilde{G} \Rightarrow \begin{aligned} H_{\text{EDM}}(t) &= \mathbf{d}(t) \cdot \mathbf{E}, \\ \mathbf{d}(t) &\propto \mathbf{J} \cos(m_a t) \end{aligned}$$

**Nucleon EDMs**

**CP-violating intranuclear forces**



$$\bar{g}_{\pi NN}^{(0)} \approx 0.016 C_G a_0 \cos(m_a t) / f_a$$

In nuclei, **tree-level** CP-violating intranuclear forces dominate over **loop-induced** nucleon EDMs [loop factor =  $1/(8\pi^2)$ ].

# Searching for Spin-Dependent Effects

**Proposals:** [Flambaum, talk at *Patras Workshop*, 2013;  
Stadnik, Flambaum, *PRD* **89**, 043522 (2014); Stadnik, thesis (Springer, 2017)]

Use spin-polarised sources: *Atomic magnetometers*,  
*cold/ultracold particles*, *torsion pendula*

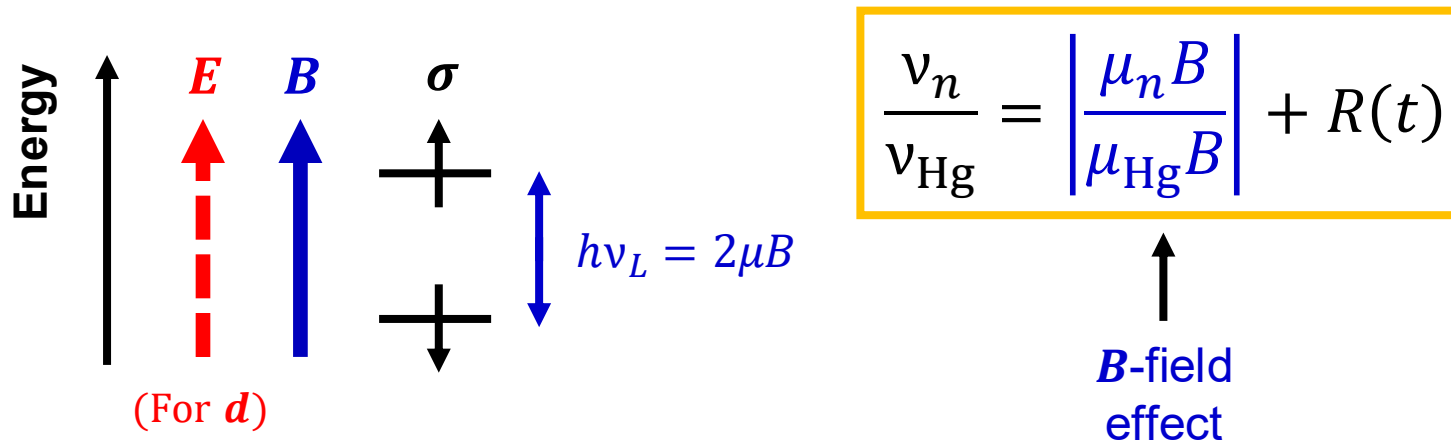
***Similar to previous searches for  
Lorentz-invariance violation***

# Searching for Spin-Dependent Effects

**Proposals:** [Flambaum, talk at *Patras Workshop*, 2013;  
Stadnik, Flambaum, *PRD* **89**, 043522 (2014); Stadnik, thesis (Springer, 2017)]

Use spin-polarised sources: Atomic magnetometers,  
cold/ultracold particles, *torsion pendula*

**Experiment ( $n/\text{Hg}$ ):** [nEDM collaboration, *PRX* **7**, 041034 (2017)]

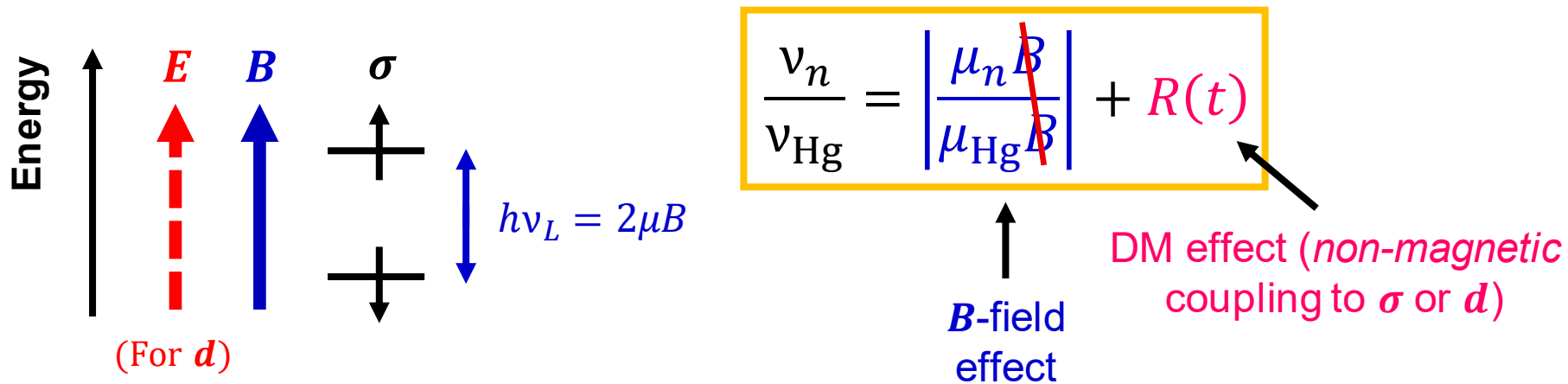


# Searching for Spin-Dependent Effects

**Proposals:** [Flambaum, talk at *Patras Workshop*, 2013; Stadnik, Flambaum, *PRD* **89**, 043522 (2014); Stadnik, thesis (Springer, 2017)]

Use spin-polarised sources: Atomic magnetometers, cold/ultracold particles, *torsion pendula*

**Experiment ( $n/\text{Hg}$ ):** [nEDM collaboration, *PRX* **7**, 041034 (2017)]



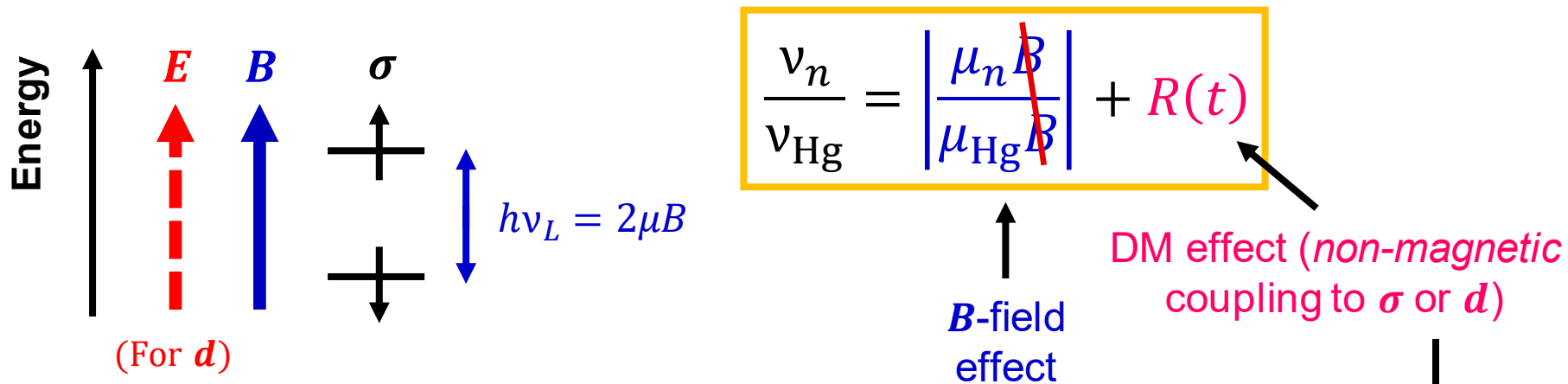


# Searching for Spin-Dependent Effects

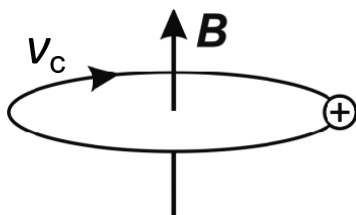
**Proposals:** [Flambaum, talk at *Patras Workshop*, 2013; Stadnik, Flambaum, *PRD* **89**, 043522 (2014); Stadnik, thesis (Springer, 2017)]

Use spin-polarised sources: Atomic magnetometers, cold/ultracold particles, *torsion pendula*

**Experiment ( $n/\text{Hg}$ ):** [nEDM collaboration, *PRX* **7**, 041034 (2017)]



**Proposal + Experiment ( $\bar{p}$ ):** [BASE collaboration, *Nature* **575**, 310 (2019)]



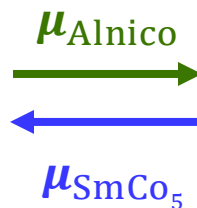
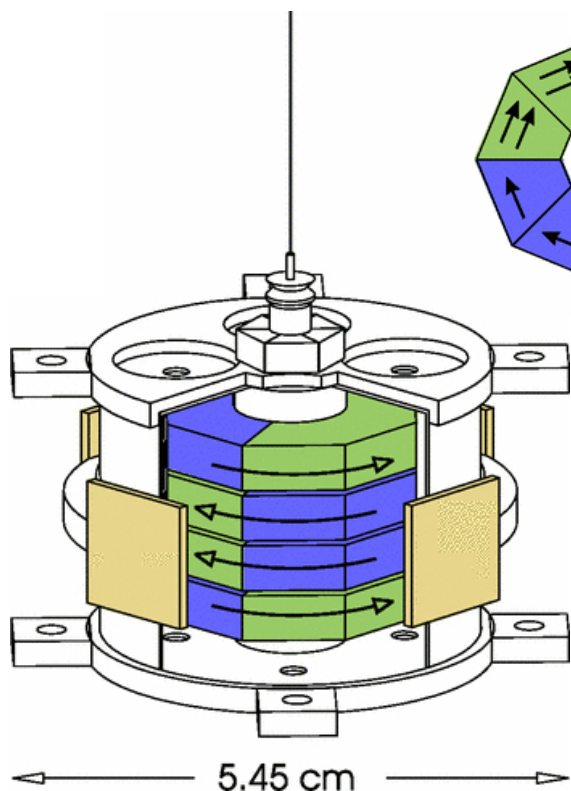
$$\left( \frac{\nu_L}{\nu_c} \right)_{\bar{p}} = \frac{|g_{\bar{p}}|}{2} + R(t)$$

# Searching for Spin-Dependent Effects

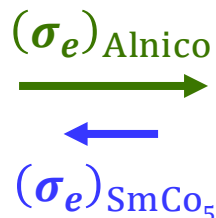
**Proposals:** [Flambaum, talk at *Patras Workshop*, 2013; Stadnik, Flambaum, *PRD* **89**, 043522 (2014); Stadnik, thesis (Springer, 2017)]

Use spin-polarised sources: *Atomic magnetometers*, *cold/ultracold particles*, torsion pendula

**Experiment (Alnico/SmCo<sub>5</sub>):** [Terrano *et al.*, *PRL* **122**, 231301 (2019)]



$$\mu_{\text{pendulum}} \approx 0$$



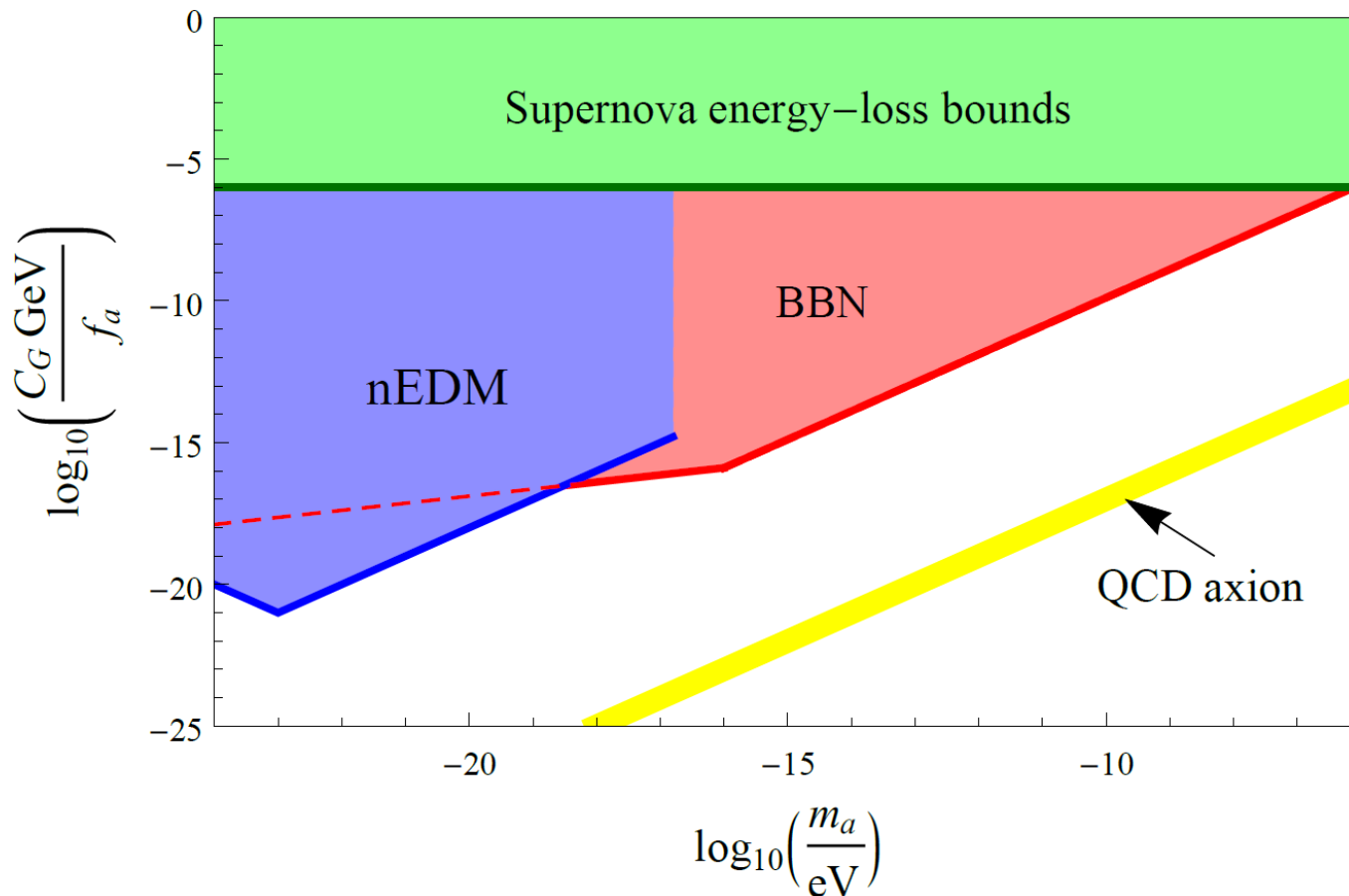
$$(\sigma_e)_{\text{pendulum}} \neq 0$$

$$\tau(t) \propto (\sigma_e)_{\text{pendulum}} \times B_{\text{eff}}(t)$$

# Constraints on Interaction of Axion Dark Matter with Gluons

nEDM constraints: [nEDM collaboration, *PRX* 7, 041034 (2017)]

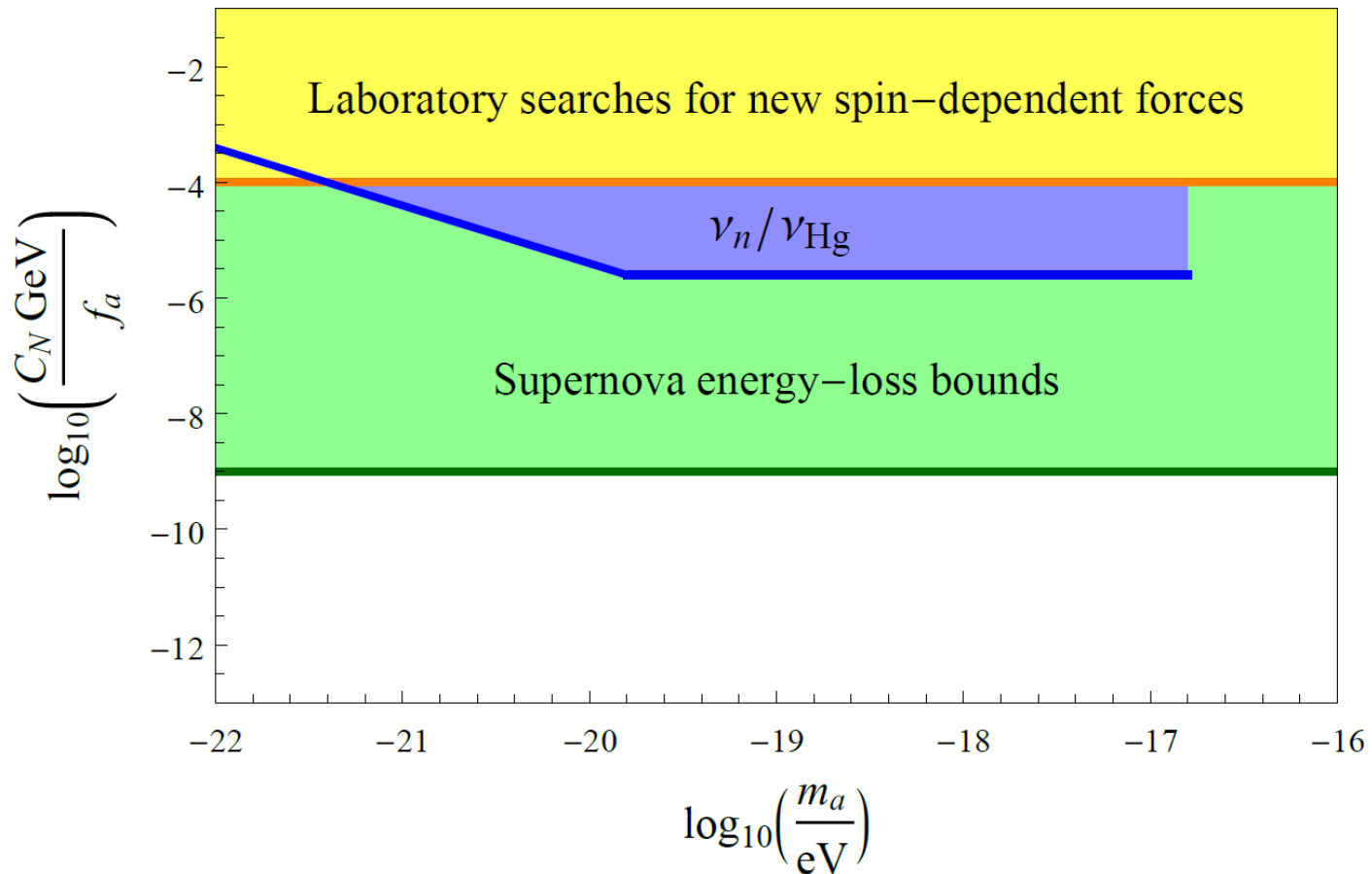
3 orders of magnitude improvement!



# Constraints on Interaction of Axion Dark Matter with Nucleons

$\nu_n/\nu_{\text{Hg}}$  constraints: [nEDM collaboration, *PRX* 7, 041034 (2017)]

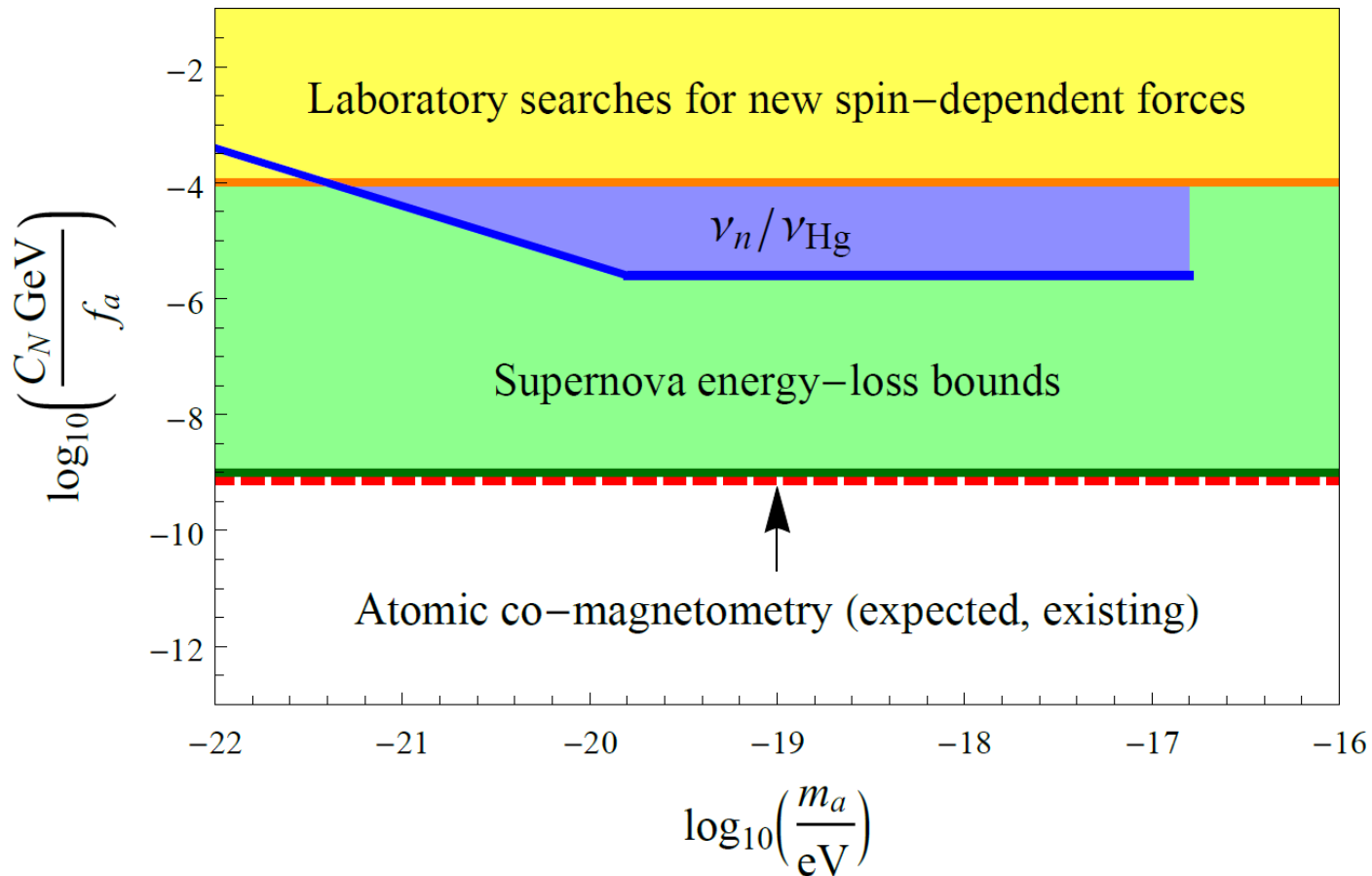
40-fold improvement (laboratory bounds)



# Constraints on Interaction of Axion Dark Matter with Nucleons

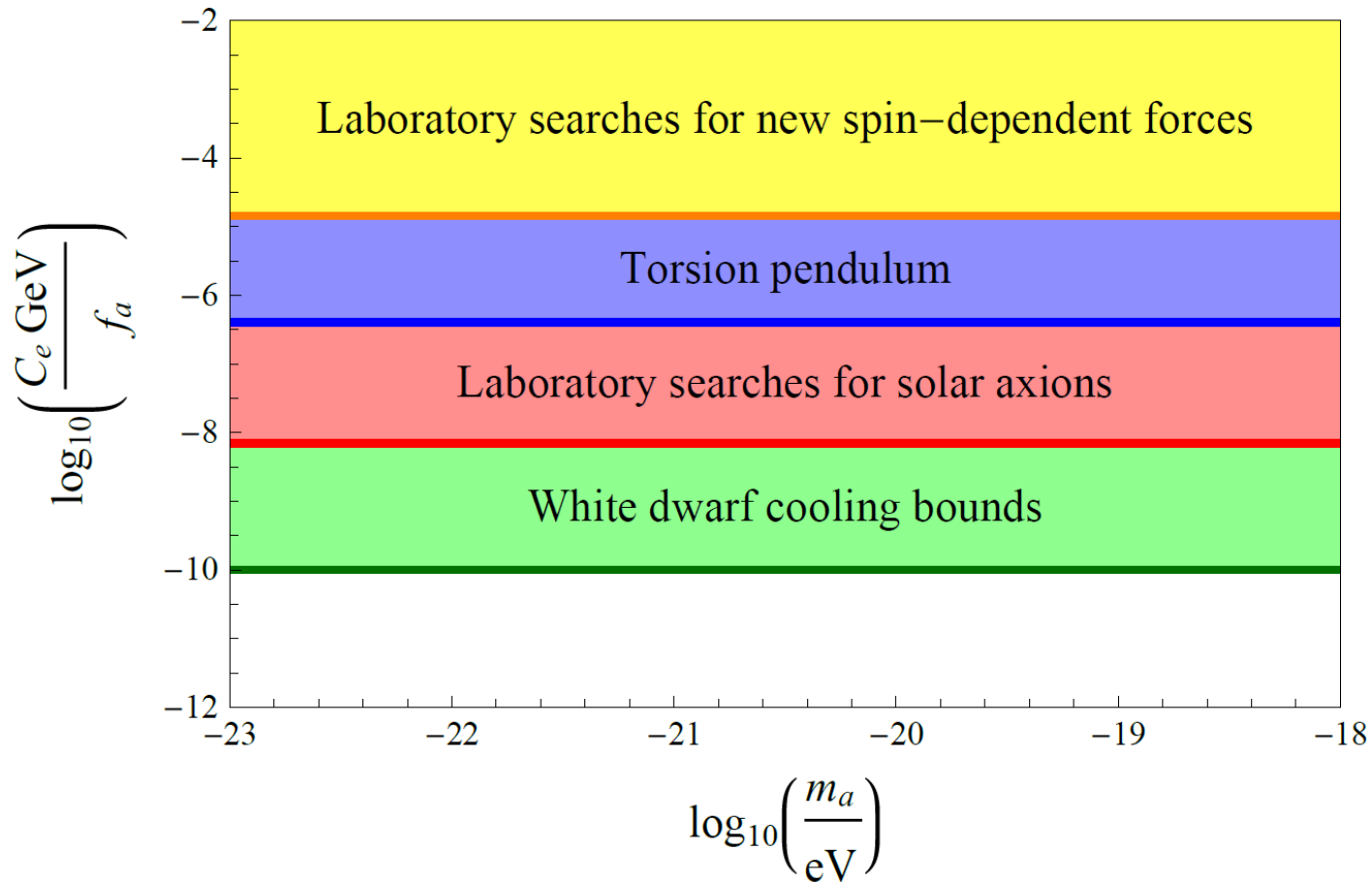
$\nu_n/\nu_{\text{Hg}}$  constraints: [nEDM collaboration, *PRX* 7, 041034 (2017)]

**40-fold improvement (laboratory bounds)**



# Constraints on Interaction of Axion Dark Matter with the Electron

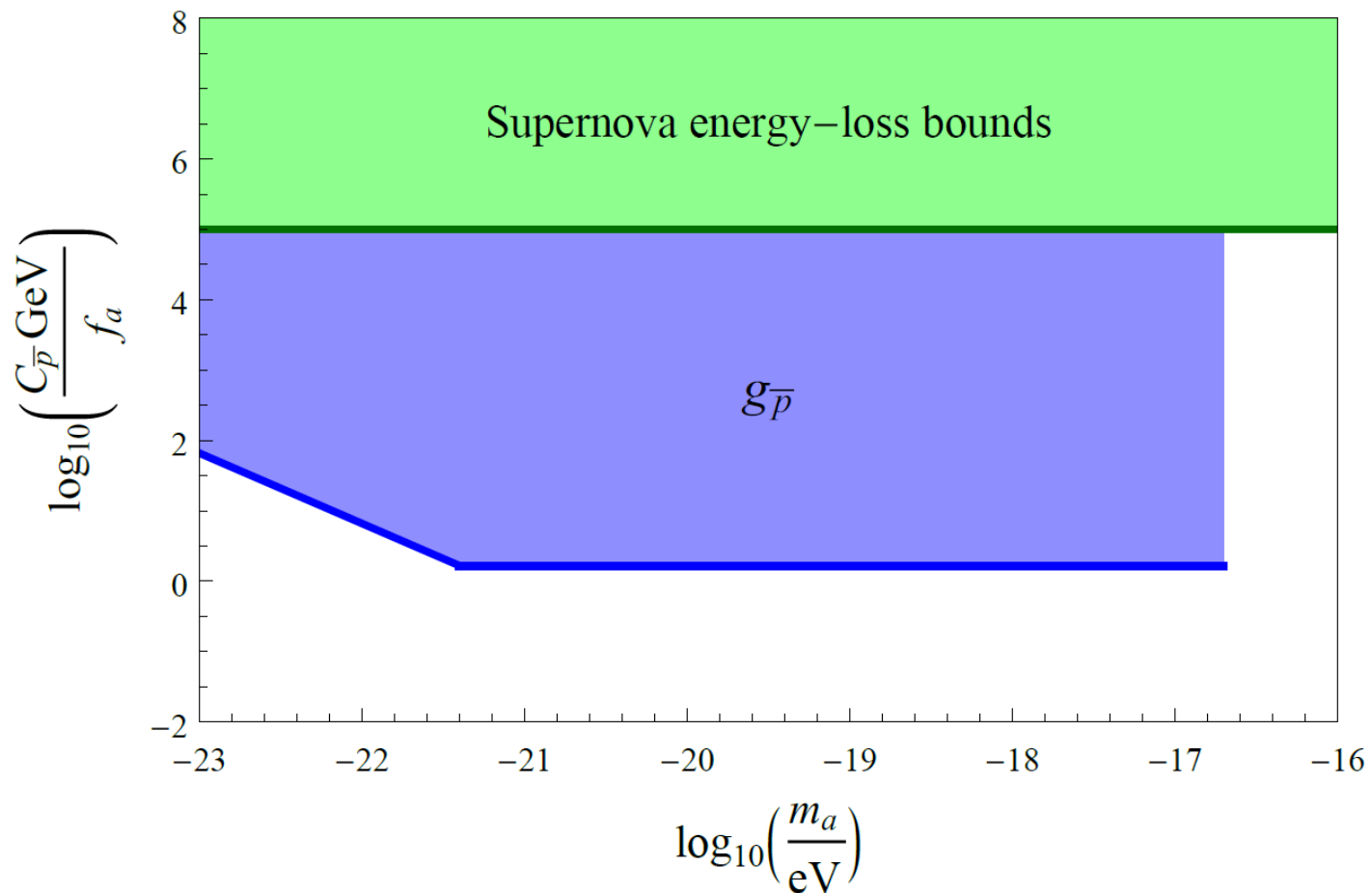
Torsion pendulum constraints: [Terrano *et al.*, *PRL* **122**, 231301 (2019)]



# Constraints on Interaction of Axion Dark Matter with the Antiproton

Antiproton constraints: [BASE collaboration, *Nature* **575**, 310 (2019)]

**5 orders of magnitude improvement!**



# Summary

- We have identified new signatures of ultra-low-mass dark matter that have allowed us and other groups to improve the sensitivity to underlying interaction strengths by up to **15 orders of magnitude**
- Novel approaches based on precision low-energy experiments (often table-top scale):
  - Spectroscopy (clocks) [[Scalars](#)]
  - Optical cavities and interferometry [[Scalars](#)]
  - Magnetometry and particle g-factors [[Pseudoscalars](#)]
  - Torsion pendula [[Scalars](#) and [pseudoscalars](#)]



# Back-Up Slides

# Low-mass Spin-0 Dark Matter

**Dark Matter**

**Scalars  
(Dilatons):**

$$\varphi \xrightarrow{P} +\varphi$$

→ **Time-varying  
fundamental constants**

- Atomic clocks
- Cavities and interferometers
  - Torsion pendula
- Astrophysics (e.g., BBN)

**Pseudoscalars  
(Axions):**

$$\varphi \xrightarrow{P} -\varphi$$

→ **Time-varying spin-  
dependent effects**

- Co-magnetometers
  - Particle g-factors
- Spin-polarised torsion pendula
- Spin resonance (NMR, ESR)

# Low-mass Spin-0 Dark Matter

**Dark Matter**



**Scalars  
(Dilatons):**

$$\varphi \xrightarrow{P} +\varphi$$

→ **Time-varying  
fundamental constants**

- Atomic clocks
- Cavities and interferometers
  - Torsion pendula
- Astrophysics (e.g., BBN)

# Dark-Matter-Induced Variations of the Fundamental Constants

[Stadnik, Flambaum, *PRL* **114**, 161301 (2015); *PRL* **115**, 201301 (2015)],

[Hees, Minazzoli, Savalle, Stadnik, Wolf, *PRD* **98**, 064051 (2018)]

$$\mathcal{L}_\gamma = \frac{\varphi}{\Lambda_\gamma} \frac{F_{\mu\nu} F^{\mu\nu}}{4} \approx \frac{\varphi_0 \cos(m_\varphi t)}{\Lambda_\gamma} \frac{F_{\mu\nu} F^{\mu\nu}}{4} \Rightarrow \frac{\delta\alpha}{\alpha} \approx \frac{\varphi_0 \cos(m_\varphi t)}{\Lambda_\gamma}$$

$$\mathcal{L}_f = -\frac{\varphi}{\Lambda_f} m_f \bar{f} f \approx -\frac{\varphi_0 \cos(m_\varphi t)}{\Lambda_f} m_f \bar{f} f \Rightarrow \frac{\delta m_f}{m_f} \approx \frac{\varphi_0 \cos(m_\varphi t)}{\Lambda_f}$$

$$\varphi = \varphi_0 \cos(m_\varphi t - \mathbf{p}_\varphi \cdot \mathbf{x}) \Rightarrow \mathbf{F} \propto \mathbf{p}_\varphi \sin(m_\varphi t)$$

$$\left. \begin{aligned} \mathcal{L}'_\gamma &= \frac{\varphi^2}{(\Lambda'_\gamma)^2} \frac{F_{\mu\nu} F^{\mu\nu}}{4} \\ \mathcal{L}'_f &= -\frac{\varphi^2}{(\Lambda'_f)^2} m_f \bar{f} f \end{aligned} \right\} \Rightarrow \left\{ \begin{aligned} \frac{\delta\alpha}{\alpha} \propto \frac{\delta m_f}{m_f} \propto \Delta\rho_\varphi \\ \mathbf{F} \propto \nabla\rho_\varphi \end{aligned} \right.$$

# Dark-Matter-Induced Cosmological Evolution of the Fundamental Constants

[Stadnik, Flambaum, *PRL* **114**, 161301 (2015); *PRL* **115**, 201301 (2015)],

[Hees, Minazzoli, Savalle, Stadnik, Wolf, *PRD* **98**, 064051 (2018)]

Consider quadratic couplings of an oscillating classical scalar field,  $\varphi(t) = \varphi_0 \cos(m_\varphi t)$ , with SM fields.

$$\mathcal{L}_f = -\frac{\phi^2}{(\Lambda'_f)^2} m_f \bar{f} f \quad \text{c.f.} \quad \mathcal{L}_f^{\text{SM}} = -m_f \bar{f} f \quad \Rightarrow \quad m_f \rightarrow m_f \left[ 1 + \frac{\phi^2}{(\Lambda'_f)^2} \right]$$

$$\Rightarrow \frac{\delta m_f}{m_f} = \frac{\phi_0^2}{(\Lambda'_f)^2} \cos^2(m_\phi t) = \frac{\phi_0^2}{2(\Lambda'_f)^2} + \frac{\phi_0^2}{2(\Lambda'_f)^2} \cos(2m_\phi t)$$

$$\rho_\phi = \frac{m_\phi^2 \phi_0^2}{2} \quad \Rightarrow \quad \phi_0^2 \propto \rho_\phi$$

# Dark-Matter-Induced Cosmological Evolution of the Fundamental Constants

[Stadnik, Flambaum, *PRL* **114**, 161301 (2015); *PRL* **115**, 201301 (2015)],

[Hees, Minazzoli, Savalle, Stadnik, Wolf, *PRD* **98**, 064051 (2018)]

Consider quadratic couplings of an oscillating classical scalar field,  $\varphi(t) = \varphi_0 \cos(m_\varphi t)$ , with SM fields.

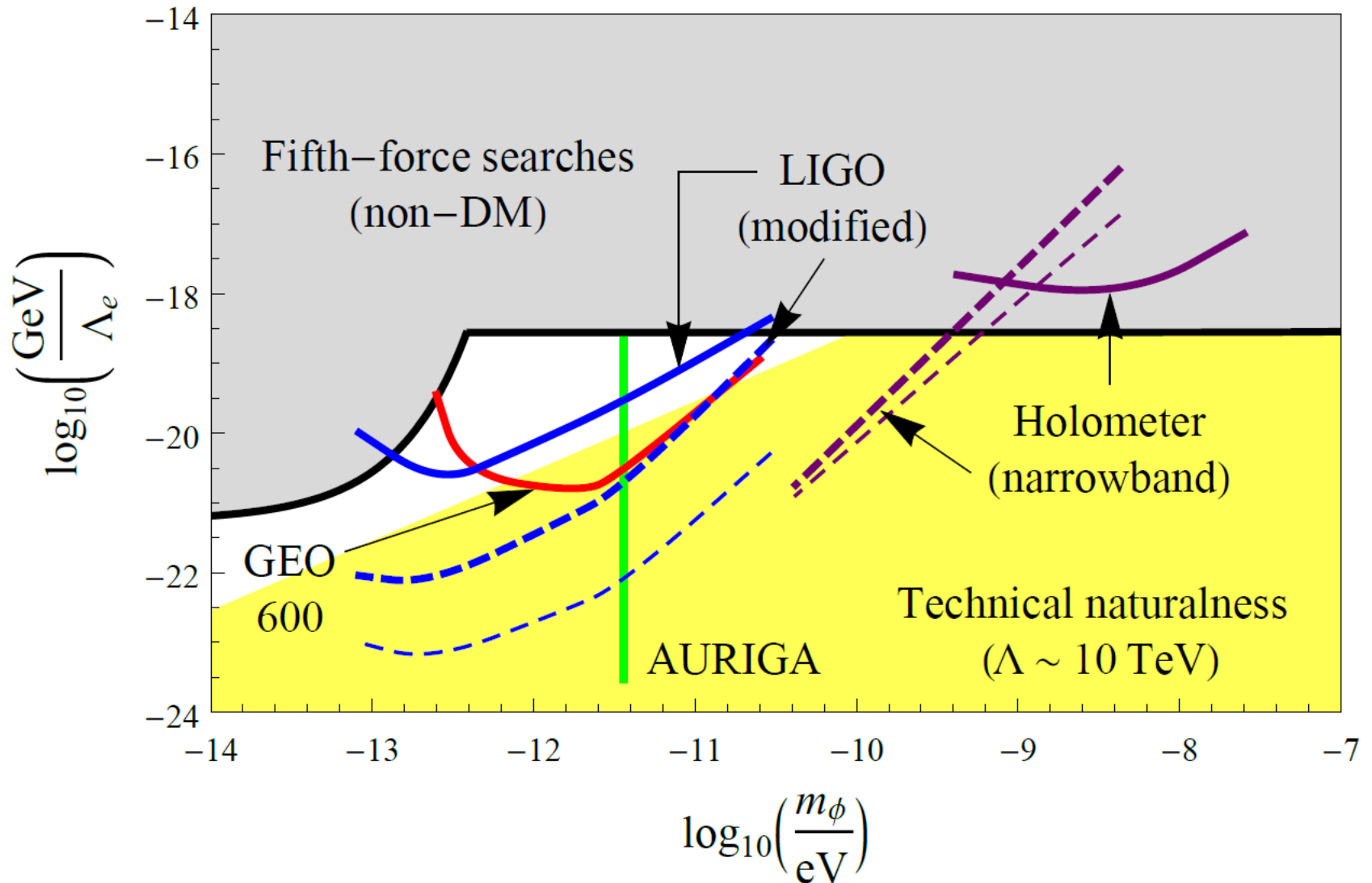
$$\mathcal{L}_f = -\frac{\phi^2}{(\Lambda'_f)^2} m_f \bar{f} f \quad \text{c.f.} \quad \mathcal{L}_f^{\text{SM}} = -m_f \bar{f} f \quad \Rightarrow \quad m_f \rightarrow m_f \left[ 1 + \frac{\phi^2}{(\Lambda'_f)^2} \right]$$

$$\Rightarrow \frac{\delta m_f}{m_f} = \frac{\phi_0^2}{(\Lambda'_f)^2} \cos^2(m_\phi t) = \frac{\phi_0^2}{2(\Lambda'_f)^2} + \frac{\phi_0^2}{2(\Lambda'_f)^2} \cos(2m_\phi t)$$

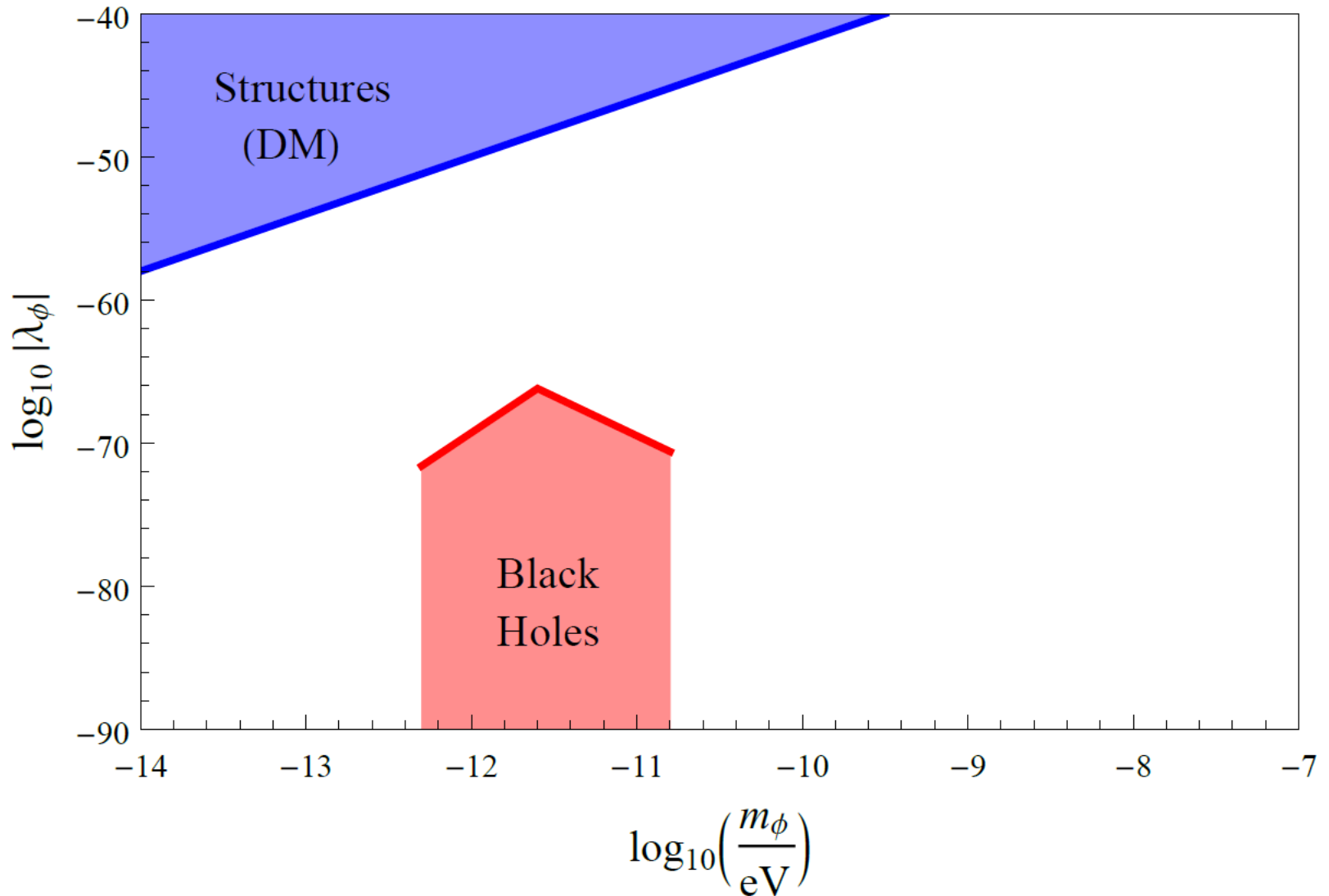
**'Slow' drifts** [Astrophysics  
(high  $\rho_{\text{DM}}$ ): BBN, CMB]  
**+ Gradients** [Fifth forces]

**Oscillating variations**  
[Laboratory (high precision)]

# Linear Interaction of Scalar Dark Matter with the Electron



# Quartic Self-Interaction of Scalar



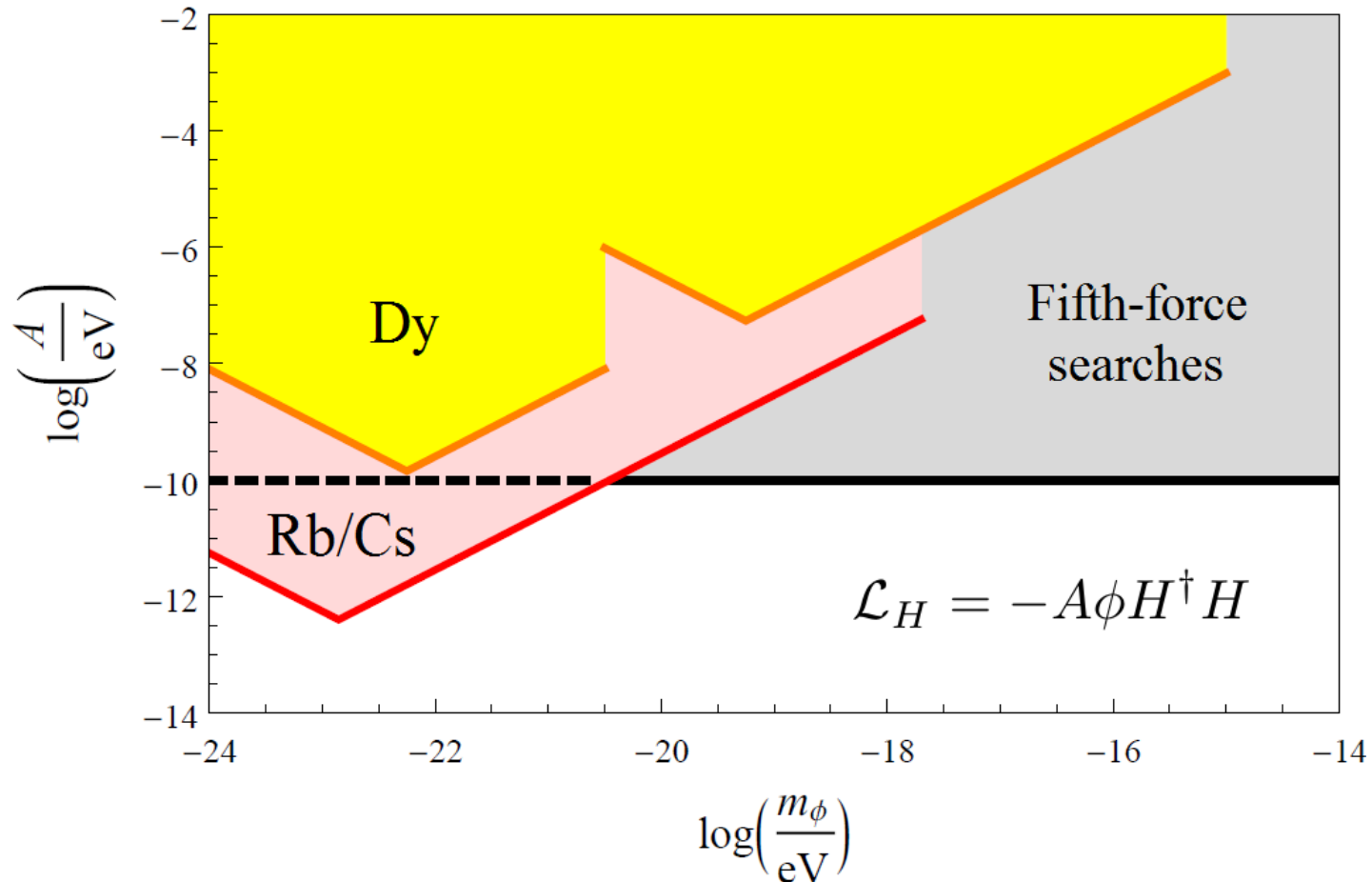


# Constraints on Linear Interaction of Scalar Dark Matter with the Higgs Boson

**Rb/Cs constraints:**

[Stadnik, Flambaum, *PRA* **94**, 022111 (2016)]

**2 – 3 orders of magnitude improvement!**

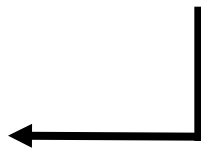


# BBN Constraints on 'Slow' Drifts in Fundamental Constants due to Dark Matter

[Stadnik, Flambaum, *PRL* **115**, 201301 (2015)]

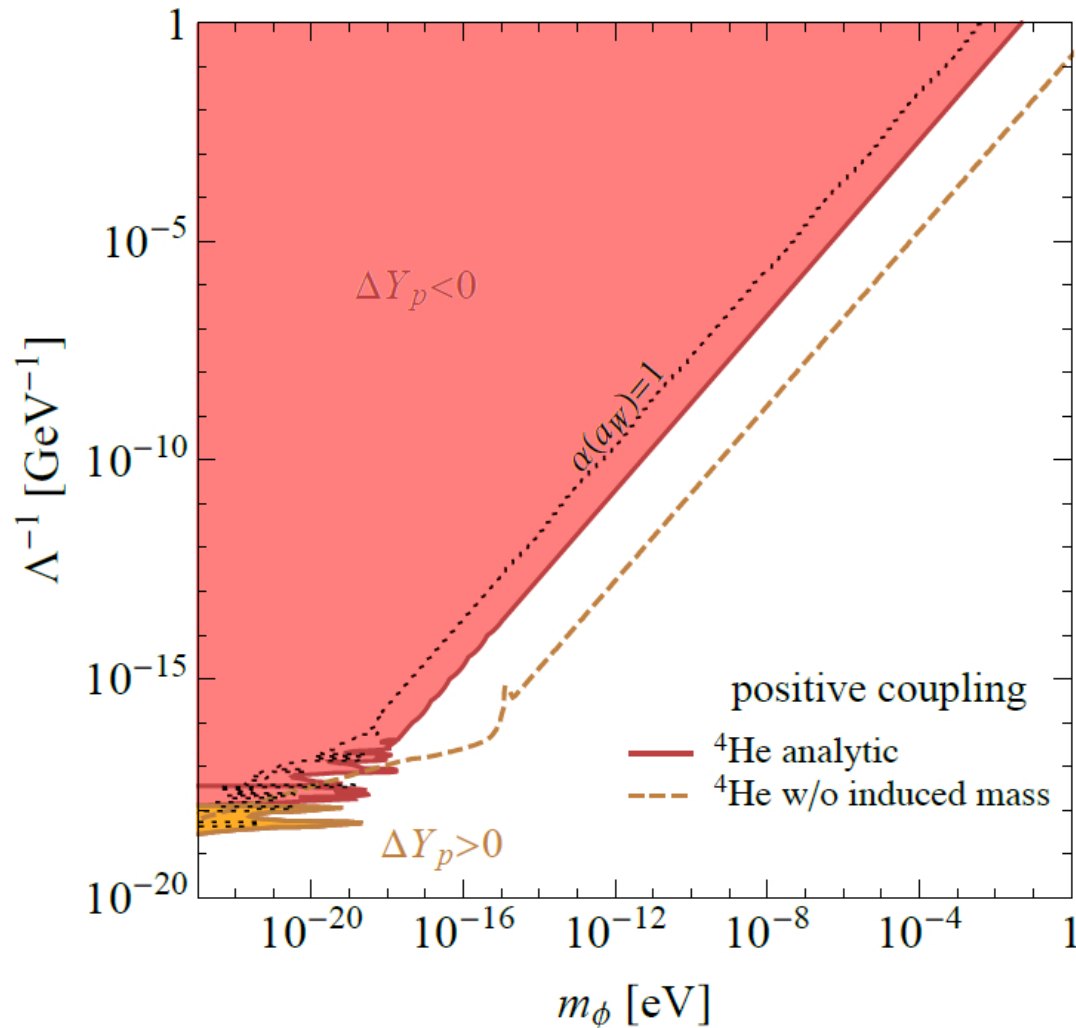
- Largest effects of DM in early Universe (highest  $\rho_{\text{DM}}$ )
- Big Bang nucleosynthesis ( $t_{\text{weak}} \approx 1 \text{ s} - t_{\text{BBN}} \approx 3 \text{ min}$ )
- Primordial  ${}^4\text{He}$  abundance sensitive to  $n/p$  ratio (almost all neutrons bound in  ${}^4\text{He}$  after BBN)

$$\frac{\Delta Y_p({}^4\text{He})}{Y_p({}^4\text{He})} \approx \frac{\Delta(n/p)_{\text{weak}}}{(n/p)_{\text{weak}}} - \Delta \left[ \int_{t_{\text{weak}}}^{t_{\text{BBN}}} \Gamma_n(t) dt \right]$$



# Back-Reaction Effects in BBN (Universal $\varphi^2$ Coupling)

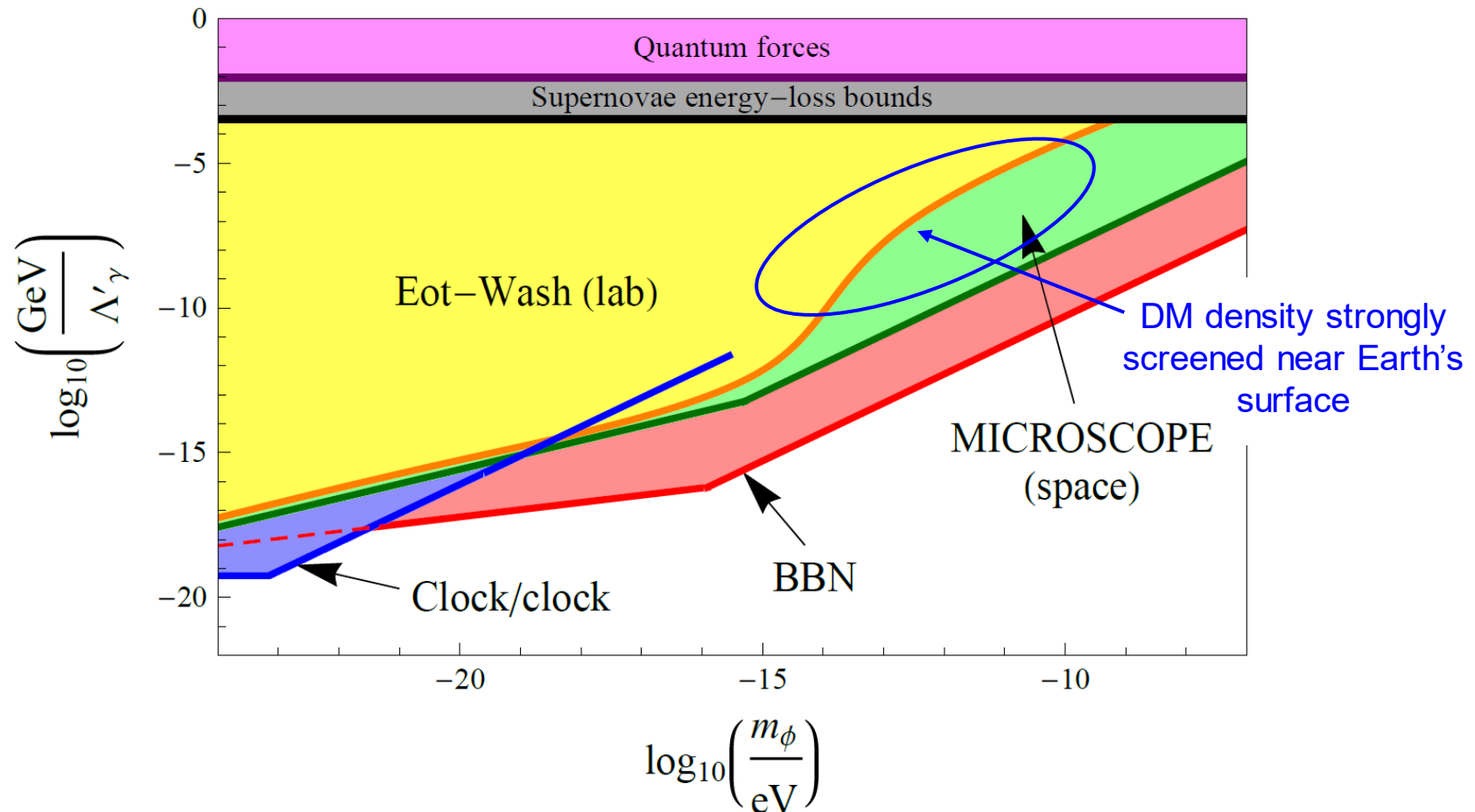
[Sibiryakov, Sørensen, Yu, arXiv:2006.04820]



# Constraints on Quadratic Interaction of Scalar Dark Matter with the Photon

**Clock/clock + BBN constraints:** [Stadnik, Flambaum, *PRL* **115**, 201301 (2015); *PRA* **94**, 022111 (2016)]; **MICROSCOPE + Eöt-Wash constraints:** [Hees *et al.*, *PRD* **98**, 064051 (2018)]

**15 orders of magnitude improvement!**



# Low-mass Spin-0 Dark Matter

**Dark Matter**



*More traditional axion detection methods  
tend to focus on the **electromagnetic**  
coupling*

**Pseudoscalars  
(Axions):**

$$\varphi \xrightarrow{P} -\varphi$$

*Here I focus on relatively new  
detection methods based on  
**non-electromagnetic couplings***



**Time-varying spin-  
dependent effects**

- Co-magnetometers
- Particle g-factors
- Spin-polarised torsion pendula
- Spin resonance (NMR, ESR)

# Oscillating Electric Dipole Moments

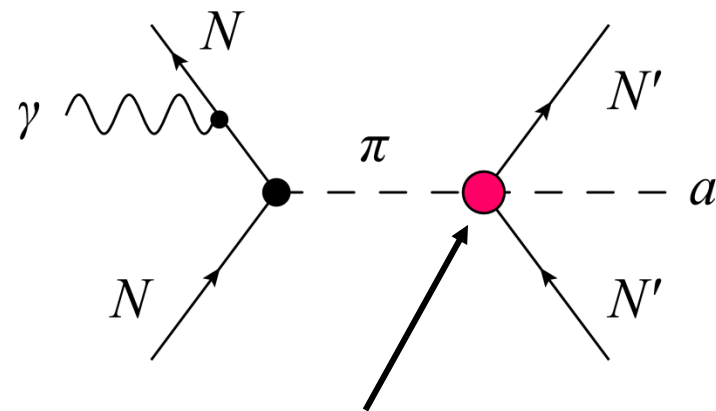
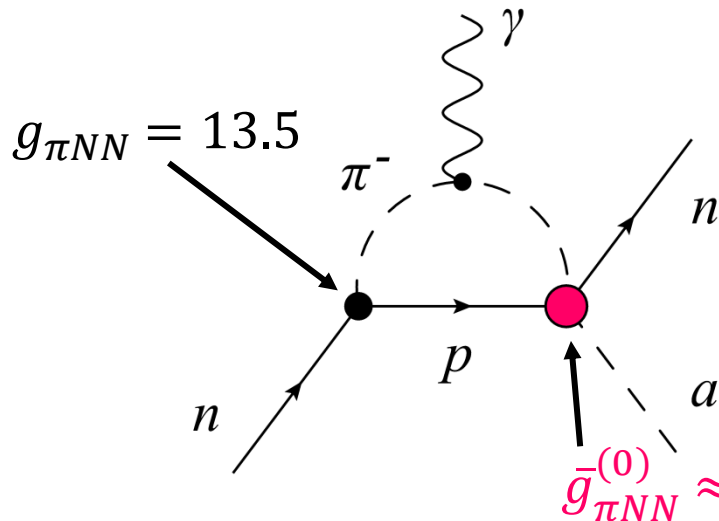
**Nucleons:** [Graham, Rajendran, *PRD* **84**, 055013 (2011)]

**Atoms and molecules:** [Stadnik, Flambaum, *PRD* **89**, 043522 (2014)]

$$\mathcal{L}_G = \frac{C_G g^2}{32\pi^2 f_a} a_0 \cos(m_a t) G \tilde{G} \Rightarrow \begin{aligned} H_{\text{EDM}}(t) &= \mathbf{d}(t) \cdot \mathbf{E}, \\ \mathbf{d}(t) &\propto \mathbf{J} \cos(m_a t) \end{aligned}$$

**Nucleon EDMs**

**CP-violating intranuclear forces**



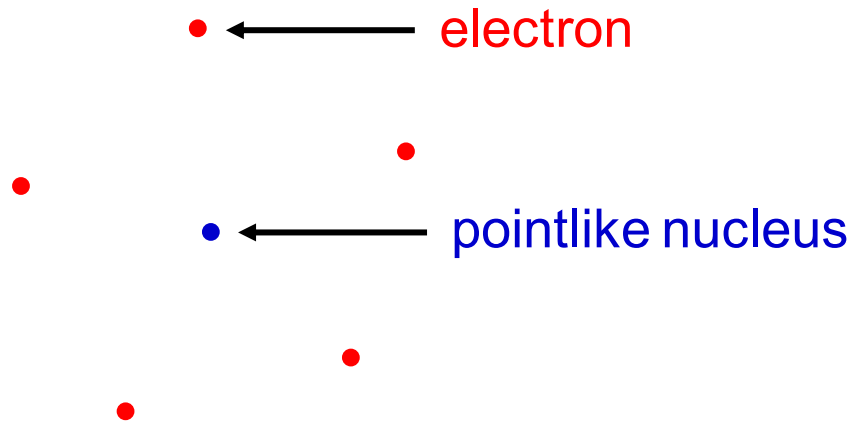
$$\bar{g}_{\pi NN}^{(0)} \approx 0.016 C_G a_0 \cos(m_a t) / f_a$$

In nuclei, **tree-level** CP-violating intranuclear forces dominate over **loop-induced** nucleon EDMs [loop factor =  $1/(8\pi^2)$ ].

# Schiff's Theorem

[Schiff, *Phys. Rev.* **132**, 2194 (1963)]

**Schiff's Theorem:** “In a neutral atom made up of point-like non-relativistic charged particles (interacting only electrostatically), the constituent EDMs are screened from an external electric field.”

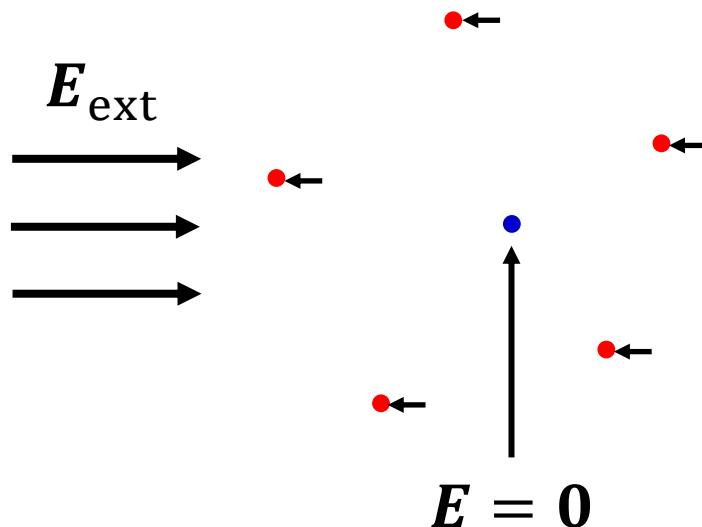


**Classical explanation for nuclear EDM:** A neutral atom does not accelerate in an external electric field!

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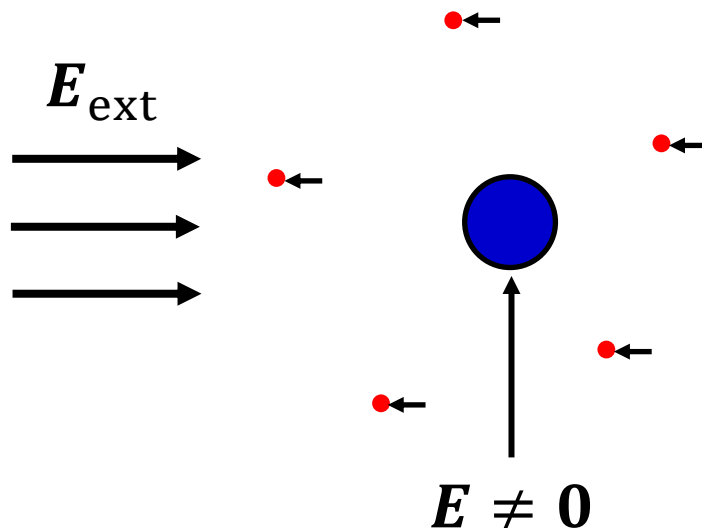


# Lifting of Schiff's Theorem

[Sandars, *PRL* **19**, 1396 (1967)],

[O. Sushkov, Flambaum, Khriplovich, *JETP* **60**, 873 (1984)]

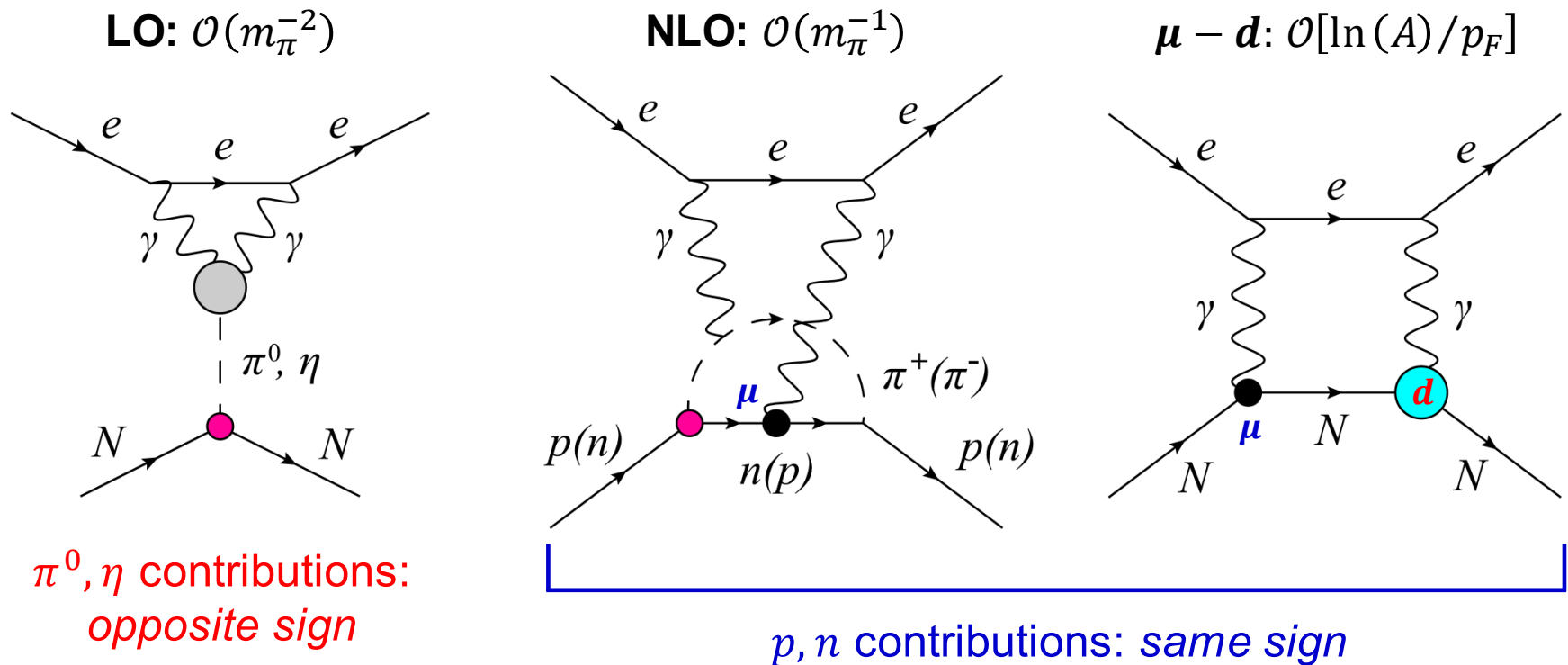
**In real (heavy) atoms:** Incomplete screening of external electric field due to finite nuclear size, parametrised by *nuclear Schiff moment*.



# Hadronic CP Violation in Paramagnetic Molecules

[Flambaum, Pospelov, Ritz, Stadnik, *PRD* **102**, 035001 (2020)]

Hadronic CP-violating effects arise at 2-loop level,  $\mathcal{O}(A)$  enhanced  
 Interaction of one of photons with nucleus is *magnetic*  $\Rightarrow$  no Schiff screening



Example –  $\bar{\theta}_{\text{QCD}}$  term [ $\bar{\theta} \leftrightarrow C_G a_0 \cos(m_a t)/f_a$ ]:

$$\text{For } Z \sim 80 \text{ \& } A \sim 200: C_{\text{SP}}(\bar{\theta}) \approx [0.1_{\text{LO}} + 1.0_{\text{NLO}} + 1.7_{(\mu d)}] \times 10^{-2} \bar{\theta} \approx 0.03 \bar{\theta}$$