

# Causal Symmetry Breaking

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# Based on

[2008.02271] with: Alexander Altland (Cologne) the spectrum

[2012.aabbc] with: Alexander Altland,  
Pranjal Nayak operators  
Manuel Vielma (Geneva)

[2012.xxyyz] with: Alexandre Belin (CERN)  
Jan de Boer (UvA) OPE  
Pranjal Nayak (Geneva)



**SwissMAP**

The Mathematics of Physics  
National Centre of Competence in Research



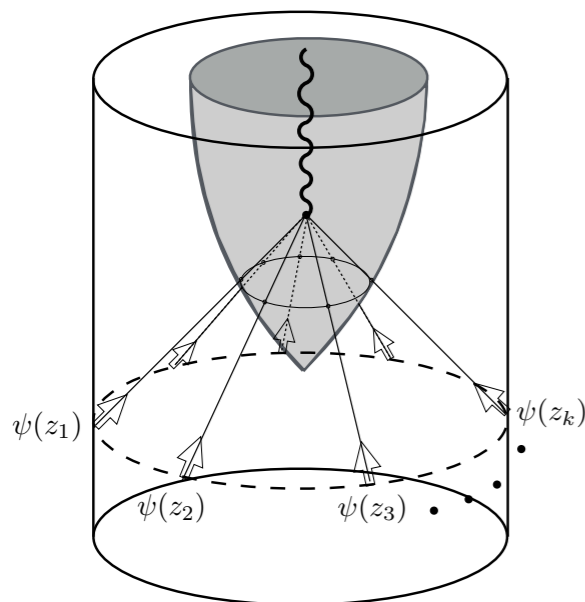
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# Introduction

Quantum mechanical unitarity and gravitational physics have long had a fraught relationship. Examples:

- Black hole information problem (e.g. the Page curve)
- Long-time behaviour of observables (e.g. 2-pt functions)

Such paradoxes arise when attempting to interpret black holes as thermodynamic entities [Bekenstein, Hawking,...]



**Strategy:** study quantum thermalisation at all relevant timescales

→ Quantum chaos, quantum ergodicity

# Gravity as an ensemble average

Both of our examples have recently enjoyed spectacular new progress, but also generated new kinds of fascinating questions

One of the most intriguing and important ones concerns the **role of the ensemble:**

Gravity contains contributions (wormholes) that strongly suggest an average over an ensemble of quantum systems

To my mind, we can have two attitudes:

1. The ensemble is fundamental: bulk theory  $\cong$  boundary ensemble
2. The ensemble is emergent: disorder models, quantum chaos,...



# Unus pro Omnibus, Omnes pro Uno

Here we develop a framework that allows us to understand the emergence of an ensemble using a universal EFT approach:

## Causal Symmetry Breaking

The EFT of quantum chaos

### Conceptual

Explains role of ensemble  
in individual theories

Wormholes in individual  
theories

### Technical

Efficient tool

Makes specific  
quantitative predictions  
(RMT, ETH, OPE)

# Contents

## 1. Introduction

*context and motivation*

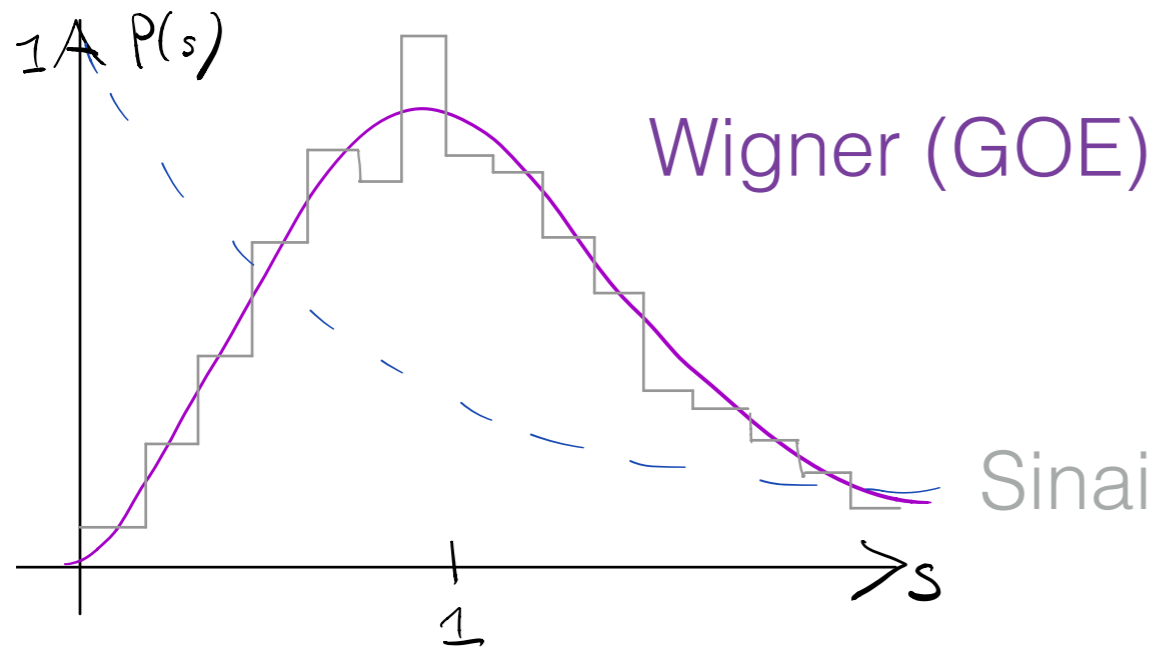
## 2. The effective field theory of quantum chaos

*causal symmetry breaking and sigma model*

## 3. Applications

*(i) spectral correlations; (ii) wave-function statistics*

# Quantum Chaos

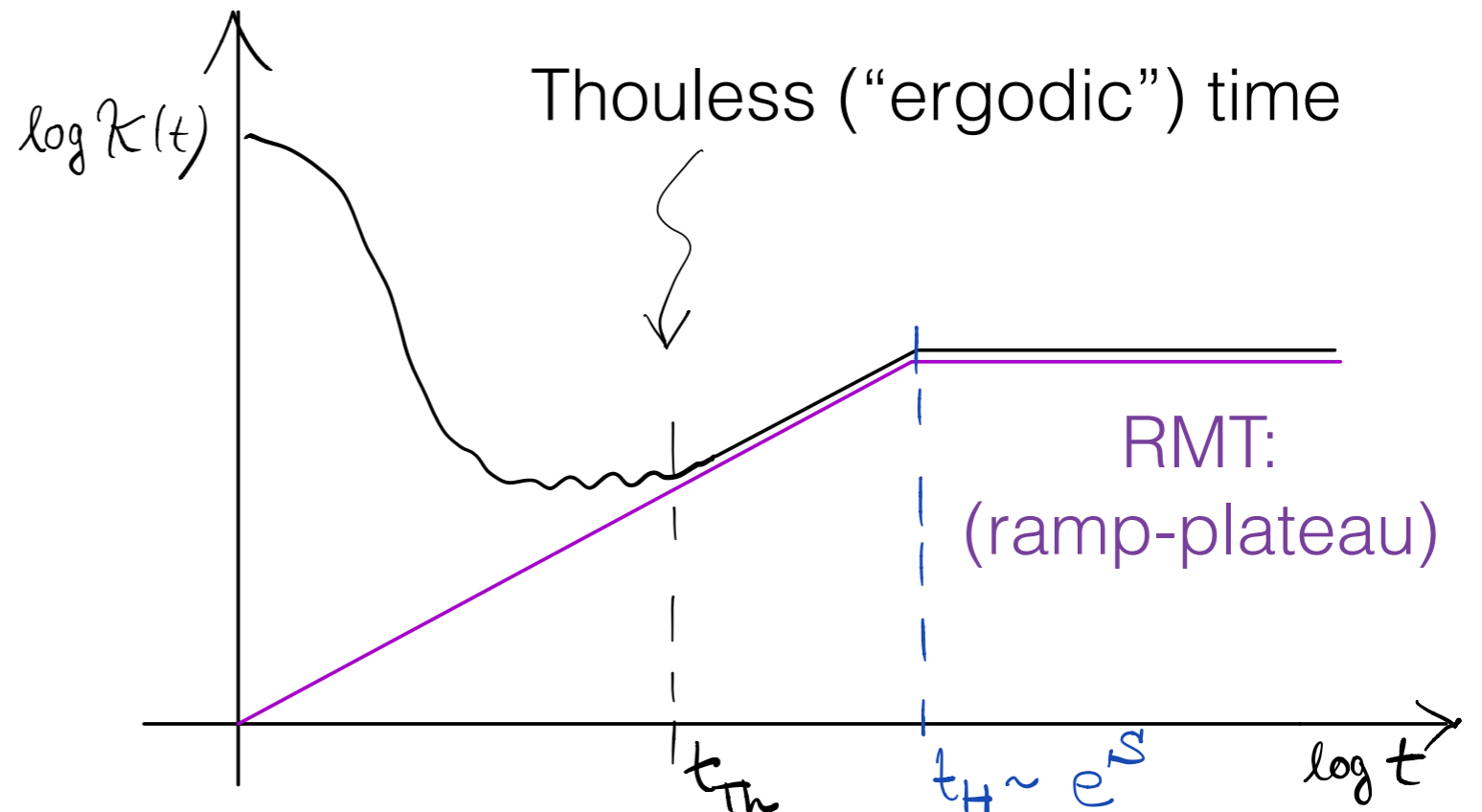


Energy levels follow RMT law

(on scale of a few  $\Delta$ )

Related quantity:  
spectral form factor

(= Fourier transform of two-level correlation  $R_2(\omega)$  )



# Causal Symmetry and its breaking

Let us illustrate the main idea of causal symmetry breaking

$$\rho(E) = G^+(E) - G^-(E)$$

A non-zero spectral density along a finite interval (cut):

$$\rho(E) \neq 0 \quad \Leftrightarrow \quad G^+(E) \neq G^-(E)$$

**Key idea:** can understand this as a spontaneous symmetry breaking

$$\overline{G^+(E)} \neq \overline{G^-(E)}$$

$\overline{(\cdot)}$

Denotes average w.r.t.

- Eigenstate ensemble (c.f. Sinai)
- small set of parameters ('t Hooft coupling, SYK, ...)
- coarse graining

# The emergent ensemble

Point of departure: the generating functional of spectral resolvents

$$\mathcal{Z}^{(4)}(\hat{z}) = \frac{\det(z_1 - H) \det(z_2 - H)}{\det(z_3^+ - H) \det(z_4^- - H)} = \int d(\bar{\psi}, \psi) e^{i\bar{\psi}(\hat{z} - H^{\otimes 4})\psi}$$

“Weyl symmetry” under  $z_1 \leftrightarrow z_2$

$\psi$  is a  $(2L | 2L)$  supervector ( $L = \dim(\mathcal{H})$ )

This has an exact  $U(2|2)$  causal symmetry, weakly explicitly broken by energy differences  $z_i - z_j \neq 0$

$$\rho(E) \neq 0 \Rightarrow U(2|2) \longrightarrow U(1|1) \times U(1|1)$$

Strong spontaneous breaking of causal symmetry by saddle point(s)  
(stabilised by  $L \gg 1$ )

[Wegner], [Efetov]

# The geometry of the ensemble

→ Goldstones of this symmetry breaking = EFT of quantum chaos

Reproduces physical content of RMT (i.e. an ensemble!)

The Goldstone physics = geometry of coset [CCWZ]

$$\int dQ e^{-S[Q;\omega]} \quad \text{where} \quad Q \in \frac{U(2|2)}{U(1|1) \times U(1|1)} := \mathcal{M}(Q)$$

Cf pion EFT within QCD:

$$\begin{aligned} \text{chiral condensate } \langle \bar{q}_i q_i \rangle &\leftrightarrow \text{causal condensate } \overline{\bar{\psi}_i \psi_i} = \bar{G} \\ \text{quark mass } m &\leftrightarrow \text{energy difference } \Delta z = \omega \sim e^{-S} \end{aligned}$$

# A tale of two saddles

Key point: there are two symmetry breaking saddles



Perturbative expansion of EFT in  $s^{-n}$   $\left(s := \frac{\omega}{\pi\Delta}\right)$



Non-perturbative expansion of microscopic theory in  $(e^{-S})^n$

Second saddle contributes  $e^{-ce^S}$



Doubly non-perturbative effects in microscopic theory

# EFT expansion $\leftrightarrow$ topological expansion

Perturbation theory in “pions” gives fat-graph expansion

$$R_2(s) = e^{s \times 0} \left( \begin{array}{c} \text{Cylinder} \\ s^{-2} \end{array} + \begin{array}{c} \text{Sphere with 2 handles} \\ s^{-4} \end{array} + \dots \right) \text{ “standard” saddle}$$

$$\text{“Andreev-Altshuler” saddle} + e^{2is} \left( \begin{array}{c} \text{Cylinder} \\ s^{-2} \end{array} + \begin{array}{c} \text{Sphere with 2 handles} \\ s^{-4} \end{array} + \dots \right)$$

[A. Altland, JS]

Each topology predicts coefficient of leading singular term  
(e.g. as computed from JT)



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# Applications, a summary

## (I) Spectral Correlations

- Ramp-plateau  
(and comparison to leading singularities from wormholes)
- Comments on SYK

[Altland, Bagrets ('17), Altland, JS ('20)] [Altland, Nayak, Vielma, JS ('20)]

## (II) Wave-function statistics

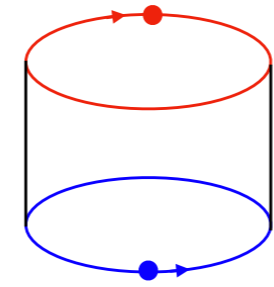
- Operators correlations and ETH
- OPE statistics and genus-2 wormhole

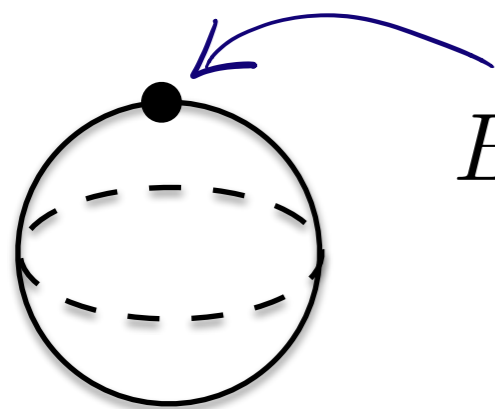
[Altland, Nayak, Vielma, JS ('20)] [Belin, de Boer, Nayak, JS ('20)]

# Spectral correlations: the leading singularity

Recall:  $\mathcal{Z}^{(4)}(\hat{z})$  is generator of spectral resolvent,  $R(E)$ , correlations

Let's evaluate  $\overline{\rho(E)\rho(E')}$  correlations with the EFT (leading diagram)

$$\left\langle \overline{\text{str}(B\tilde{B}P^f)\text{str}(\tilde{B}BP^f)} \right\rangle = \text{Diagram} = -\frac{1}{2s^2}$$




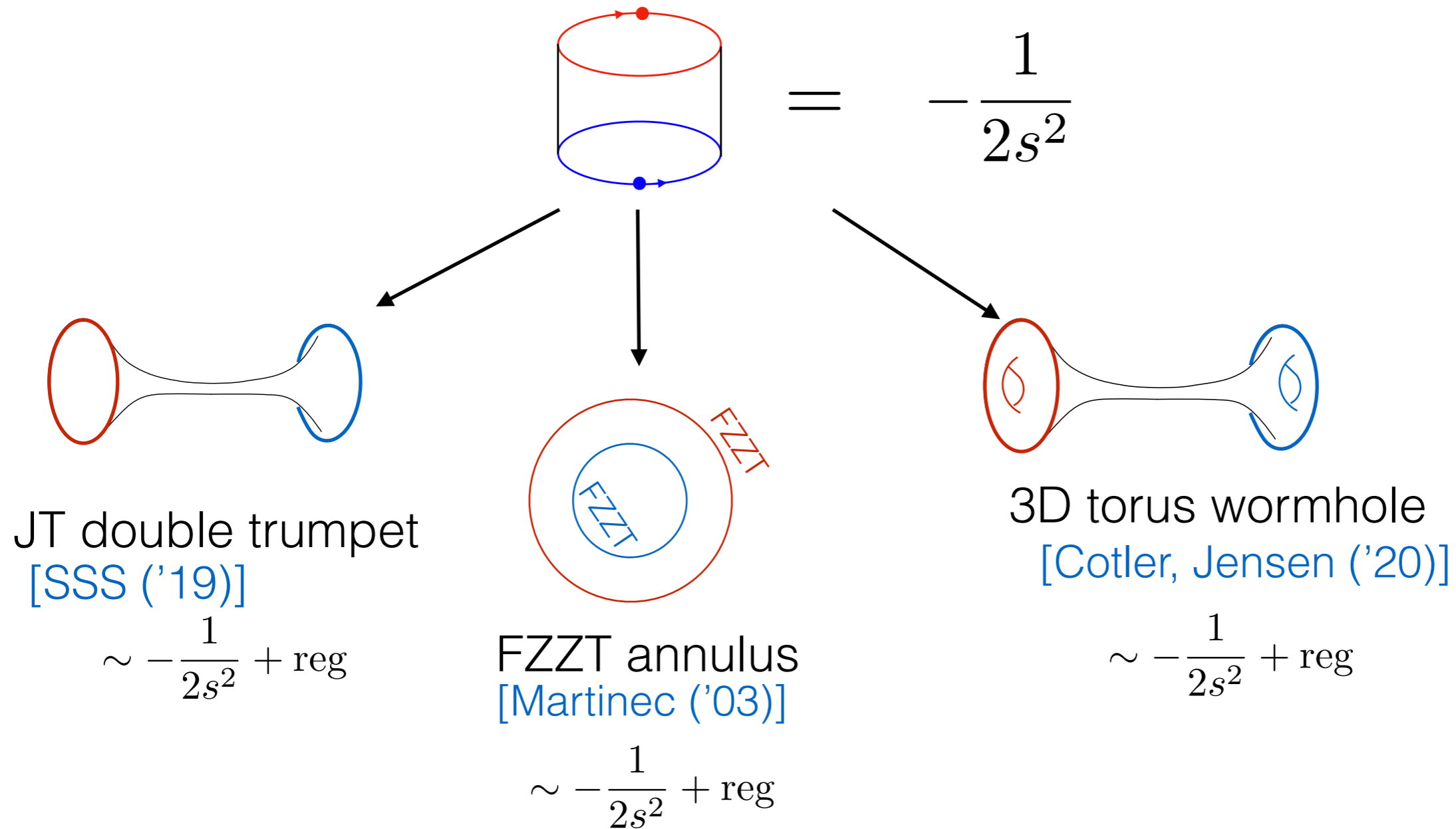
$B, \tilde{B}$

Are causal pions around the north pole (SS) with

propagator  $\overline{B\tilde{B}} = s^{-1}$

In real time this gives the linear ramp  $K(t) = \begin{cases} \tau & \text{unitary} \\ 2\tau & \text{orthogonal} \end{cases}$

# Spectral correlations: bulk manifestations




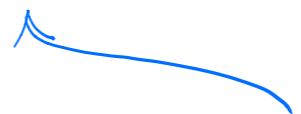
Leading EFT diagram is dual to bulk wormhole

# Microscopic origins: SYK

SYK: a rare example where we can explicitly derive the chaos EFT (via random coupling average)

Generically have massive contributions in addition to Goldstones

$$S_{\text{SYK}}^\sigma = S_{\text{hom.}} + S_{\text{massive}}$$

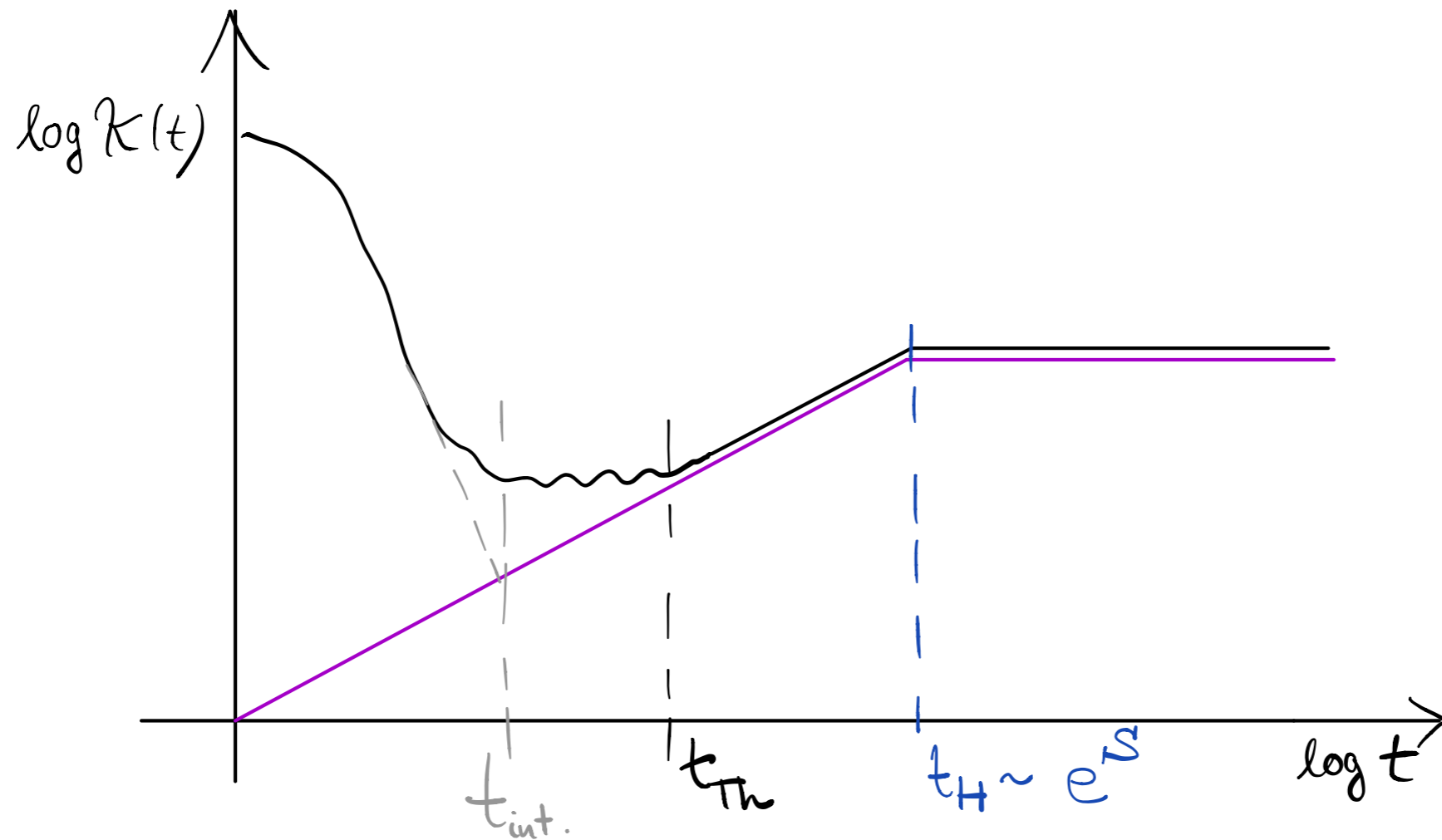
RMT physics   Early-time corrections

$$\left. \begin{matrix} R^{(2)}(\omega) \\ R_{\mathcal{O}}^{(2)}(\omega) \end{matrix} \right\} = \left\{ \begin{matrix} R_{\text{RMT}}^{(2)}(\omega) \\ R_{\mathcal{O},\text{RMT}}^{(2)}(\omega) \end{matrix} \right\} + \frac{1}{2} \left( \frac{\Delta}{\pi} \right)^2 \sum_{k \neq 0} \text{Re} \frac{1}{(i\omega + m(k))^2}$$

RMT dominates if  $\omega \sim \Delta N^2 \sim N^{3/2} e^{-N}$  (q=4 SYK)

# SYK Thouless physics

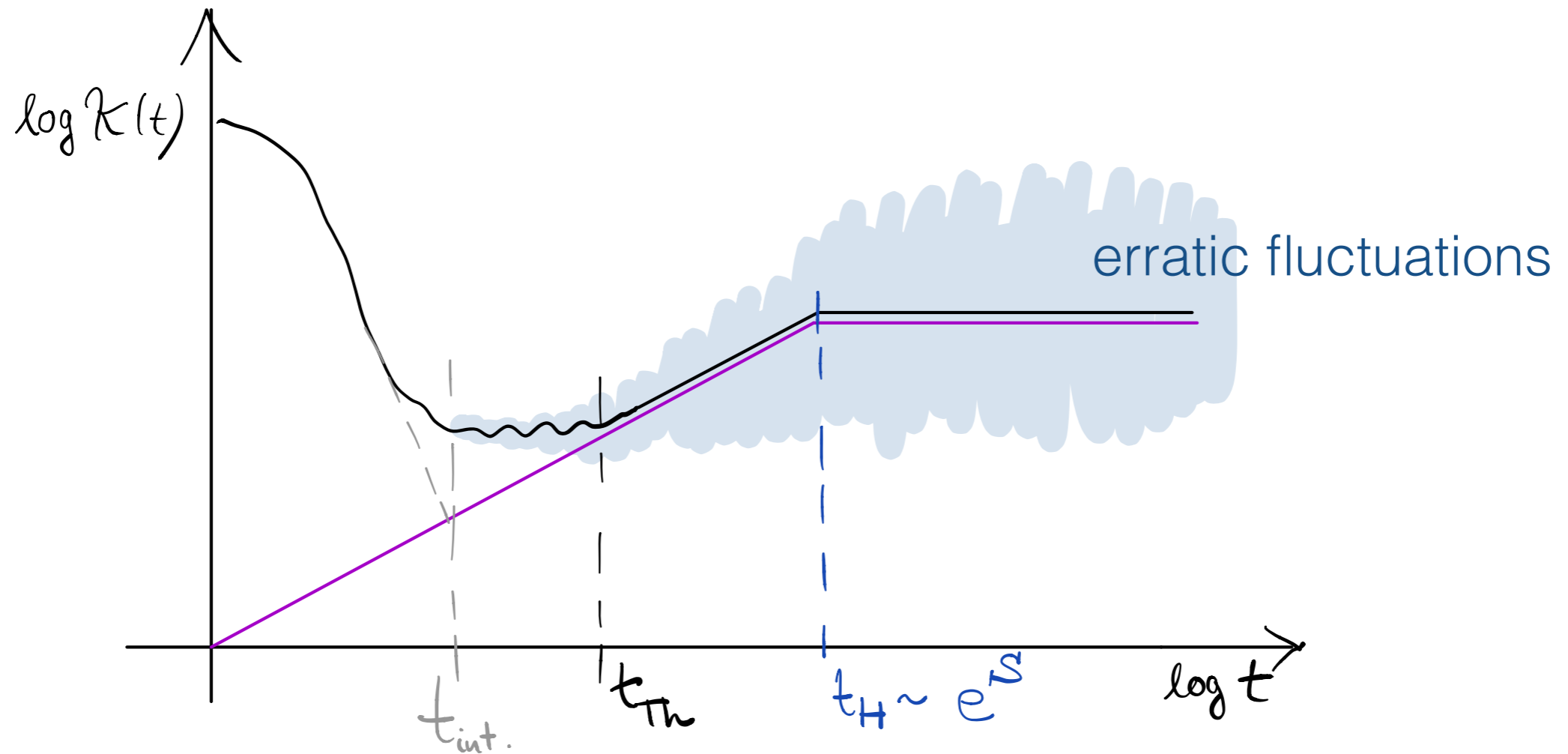
This results in a Thouless time  $t_{\text{Th}} \sim N^{-3/2} e^N$



Intersection time:  $t_{\text{int.}} \sim \log N$

# SYK Thouless physics

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# Wave function statistics

Another class of observables of interest are matrix elements

$$\mathcal{O}_{ij} = \langle \psi_i | \mathcal{O} | \psi_j \rangle$$

The EFT implies not only  $E_i$  statistics but also that of the associated  $|\psi_i\rangle$   
These induce  $\mathcal{O}_{ij}$  correlations

$$R_{\mathcal{O}}(\omega) = \sum_{i,j} |\langle \psi_i | \mathcal{O} | \psi_j \rangle|^2 \delta(E_i - E_j - \omega)$$

“operator resolvent”

Computable by adding sources to the EFT, again governed by causal symmetry



# Universal operator correlations

An analysis that parallels that of spectral correlations results in

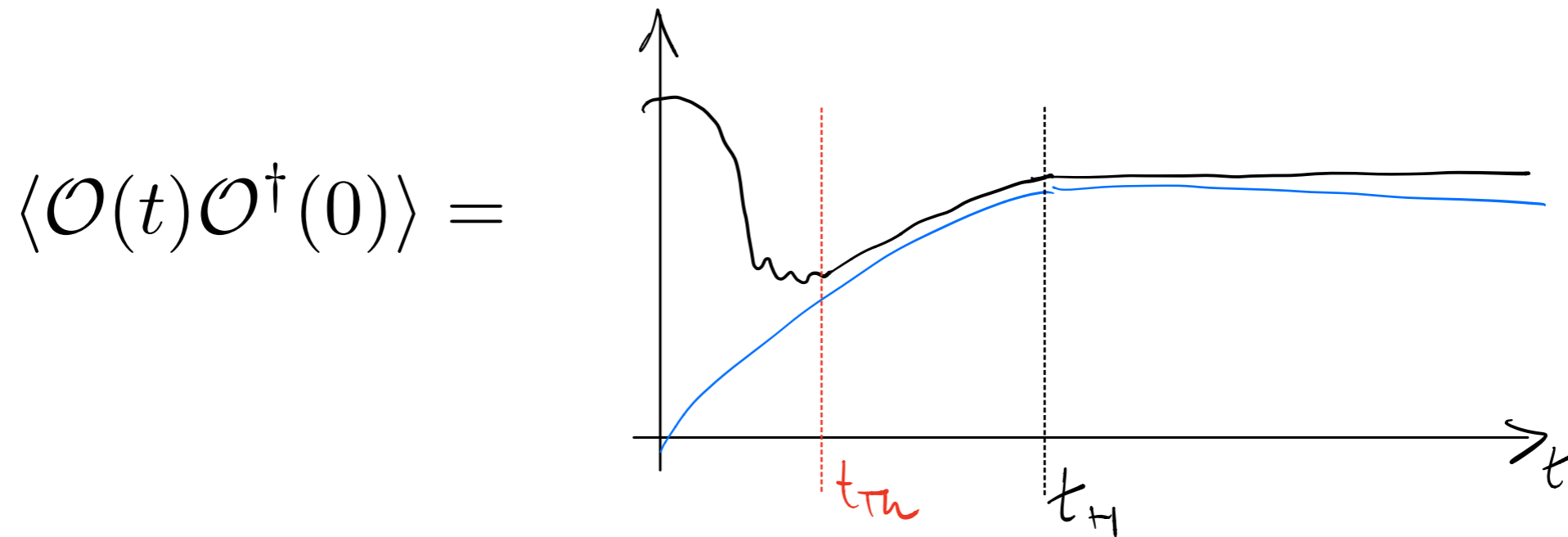
$$R_{\mathcal{O}}(s) = \delta(s) [\text{tr}\mathcal{O}\mathcal{O}^\dagger - \text{tr}\mathcal{O} \text{tr}\mathcal{O}^\dagger] - \left(1 - \frac{\sin^2 s}{s^2}\right) \text{tr}\mathcal{O}\mathcal{O}^\dagger$$

“operator sine kernel” (OSK) [Altland, Nayak, JS, Vielma ('20)]

“tr” =  $\left\{ \begin{array}{l} - \text{canonical ensemble} \\ - \text{any micro canonical window} \\ - \text{eigenstate projector} \end{array} \right.$

# Operator ramp-plateau

Fourier transforming into the time domain we get



Recall ETH ansatz for operator statistics

$$\langle \psi_i | \mathcal{O} | \psi_j \rangle = \overline{\mathcal{O}(E)} + f(E_i, E_j) e^{-S(E)/2} R_{ij}$$

OSK gives a universal contribution to  $f(E_i, E_j)$

→ Invites comparison of our EFT to ETH correlations as wormholes

[Blommaert, Mertens, Turiaci, Verlinde] [Pollack, Rozali, Sully, Wakeham ('20)]

[Saad ('19)]

# OPE correlations

In a CFT we have the OPE coefficients

$$\langle \mathcal{O}_i \mathcal{O}_j \mathcal{O}_k \rangle = \langle \psi_i | \mathcal{O}_j | \psi_k \rangle = C_{ijk}$$

Thus, wave-function statistics  $\Rightarrow C_{ijk}$  randomness

Such an OPE randomness conjecture is implied in gravity [Belin, de Boer ('20)]

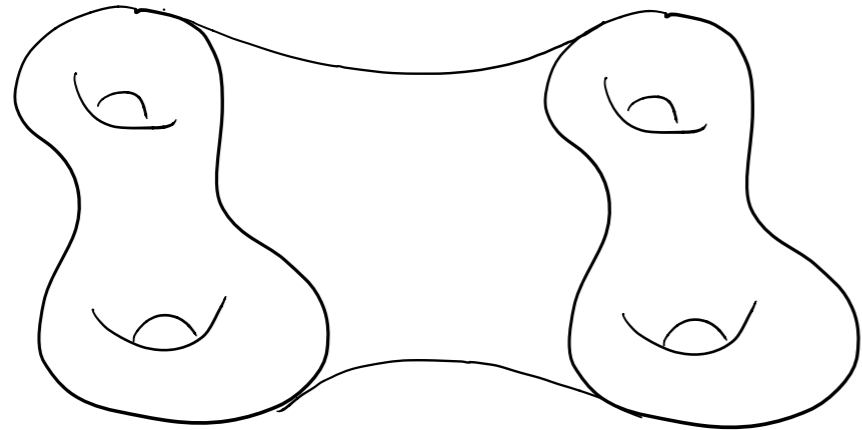
The motivation comes from the genus-two wormhole  
[see also: Cardy, Maloney, Maxfield ('17),...]

$$[Z_{g=2 \times g=2}]_{\text{gravity}} \neq [Z_{g=2}]_{\text{gravity}}^2$$

$$Z_{g=2} = \sum_{i,j,k} C_{ijk} C_{ijk}^* q_1^{\Delta_1} q_2^{\Delta_2} q_3^{\Delta_3}$$

# Genus-two non-factorization

Non-factorisation on the gravity side: genus-2 wormhole:



3D gravity solution:

$$ds^2 = \ell_{\text{AdS}}^2 (d\tau^2 + \cosh^2 \tau d\Sigma_{g=2}^2)$$

This causes non-factorisation of the bulk answer

$$\frac{\text{genus-2 wormhole}}{(\text{genus-1 wormhole})^2} \sim 1 + c_{\text{grav}} e^{-3S}$$

If OPE coefficients are random, this comes from a variance

$$\overline{\left| C_{ijk}^* C_{lmn} \right|^2} \neq 0$$

# Universal OPE statistics

We can make this precise using wave-function statistics [Belin, de Boer, Nayak, JS]

$$\mathbb{O} = C_{ijk}^* C_{lmn} (|\psi_i\rangle|\psi_j\rangle|\psi_k\rangle) (\langle\psi_l|\langle\psi_m|\langle\psi_n|)$$

We build chaos EFT with sources for  $\mathbb{O} \in \mathcal{H}^{\otimes 3}$ . This computes

$$\overline{\text{Tr}\mathbb{O}\text{Tr}\mathbb{O}^\dagger} = \partial_h^2 \mathcal{Z}^{(4)}(\hat{z}, h) \Big|_{h=0}$$

Using our well-established sigma-model expansion we find indeed

$$\frac{\overline{\text{Tr}\mathbb{O}\text{Tr}\mathbb{O}^\dagger}}{\overline{\text{Tr}\mathbb{O}\text{Tr}\mathbb{O}^\dagger}} = 1 + c_{\text{EFT}} e^{-3S}$$

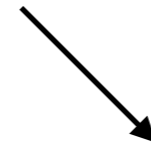
I.e. a non-zero variance as required by the gravity “prediction”

# Summary: chaos EFT

- Causal symmetry breaking  $\implies$  EFT of quantum chaos



Ensemble av. from  
chaotic dynamics



Powerful calculational  
framework

- Fully non-perturbative framework allows to control ramp and plateau analytically
- Simple geometric principle: coset-space sigma model; allowed cosets classified by Cartan (= Altland Zirnbauer)

Showcased applications to: SYK, eigenvalue statistics, wave function statistics; many more?

# Some open issues

- Can we add erratic fluctuations in a controlled way, i.e. is there some degree of universality to these?
- What is the bulk picture of causal symmetry and its breaking?

Some level of understanding in minimal strings [[Altland, Sonner \('20\)](#)]  
and in JT gravity [[Saad, Shenker, Stanford \('19\)](#)]

- Fat-graph expansion of chaos EFT works in higher-dimensional boundary theories. How to capture leading singular diagrams in the bulk?

$10^6$  € question: what is the AA saddle in higher-dimensional bulk spacetimes?

thank you very much  
for your attention